



# ROTARY CLUB OF ASCOT

Chartered 26 February 1969

District 9465

We meet at **Belmont Tavern**

174 Wright Street, **Cloverdale**, Western Australia, 6105

On 2<sup>nd</sup> and 4<sup>th</sup> **Tuesday's at 7:00 am for 7:30 am start** and finished by 8:30 am.



## BOARD MEMBERS 2018-19

**President:** Aidan Wood

**Vice Pres.:** Ron Alexander

**Pres. Elect:**

**Secretary:** Roma Gehringer

**Treasurer:** Joanna Kendall

**Foundation:** Hugh Langridge

**Exec Secretary:** Hugh Langridge

**Membership:** Aidan Wood

**Club Service:** Rosslyn McLernon

**International:** Christine Goss

**Youth:** Dianne Reed

**Vocational:** Dianne Reed

**Community:** Stephen Kendall

**Bulletin Editor:** Michelle Kendall

**Attendance:** Gren Courtland

## WEB LINKS:

**Club website:** [www.ascotrotary.org.au](http://www.ascotrotary.org.au)

**Club Facebook page:**

[www.facebook.com/AscotRotary](https://www.facebook.com/AscotRotary)

**Bricktober website:**

[www.bricktober.info](http://www.bricktober.info)

**Bricktober Facebook:**

[www.facebook.com/Bricktober.Perth](https://www.facebook.com/Bricktober.Perth)

**District 9465:** <http://rotary9465.org.au>

**Rotary International:**

<https://www.rotary.org>

## BULLETIN 2018 – 19

**Volume 50 – 7      28 August 2018**

What's happening at Ascot:

The  
**Rotary**   
Club of ASCOT (Inc.)

Tuesday 28 August 2018 President Aidan welcomed five guests to the meeting, Gabriella, Gail and Kaleb Fitzpatrick, Alan Thompson and Gerry McLernon. Gabriella (Gabby for short) is Ascot's successful candidate for the National Youth Science Forum 2019. Gabby gave a short to the members about herself and thanked Ascot for their support.



## PROGRAM 2018-2019 - CLUB ROSTER

Please note the following dates and advice Michelle Kendall of details of your Guest Speaker and Topic or advice promptly if the dates are unsuitable.

Date	Welcoming	Event	Host Chair	Speaker and Topic
4 Sep 2018		No Meeting		
11 Sep 18	Bev Poor	Club Meeting Belmont Tavern	Christine Goss	Bricktober Briefing Meeting
18 Sep 18		Social TBA	Club Service	
25 Sep 18	Michelle Kendall	Club Meeting Evening	President Aidan	DG Robyn Hayes
2 Oct 18		Club Meeting Belmont Tavern	Joanna Kendall	
9 Oct 18		No Meeting		
16 Oct 18		Club Meeting Belmont Tavern	President Aidan	Ascot Club AGM
23 Oct 18		Social TBA	Club Service	
30 Oct 18		Club Meeting Belmont Tavern	Ron Alexander	
6 Nov 18		No Meeting		
13 Nov 18		Club Meeting Belmont Tavern	Di Reed	
20 Nov 18		Social TBA	Club Service	
27 Nov 18		Club Meeting Belmont Tavern	Peter Richardson	
4 Dec 2018		No Meeting		
11 Dec 18		Club Meeting Belmont Tavern	Mike Bermann	
18 Dec 18		Christmas Meeting Belmont Tavern	President Aidan	

## MORE DATES FOR YOUR DIARY

6 -7 October 2018	Bricktober 2018 at Curtin Stadium, Bentley
14-20 January 2019	International Assembly, San Diego, California, USA
12-18 March 2019	World Rotaract Week

## MEMBERS IN FOCUS

### BIRTHDAYS:



### WEDDING ANNIVERSARIES

Joanna &  
Stephen Kendall      16 Years      27 Sep 2002

### ROTARY ANNIVERSARIES:

Stephen Kendall      16 Years      14 Sep 2002

### CLUB BANK ACCOUNT:

BSB: 036-078      ACCOUNT NO: 494404

### COMMUNITY BANK ACCOUNT:

BSB: 036-078      ACCOUNT NO: 494420

### CHARITABLE TRUST ACCOUNT:

BSB: 036-046      ACCOUNT NO: 156996

### DISTRICT GOVERNORS

WHO HAVE	Norm Bell	1970 – 1971
COME FROM	Hugh Langridge	2004 – 2005
	Paul Gianatti	2006 – 2007
ASCOT ROTARY CLUB:	Jodie Sparks	2011 – 2012

## Club Member Di Reed was the guest speaker with her topic - LET'S GO CRUISING

My fascination with cruising goes way back.

When I was a child I visited a cruise ship in Fremantle that my grandmother was going for a cruise on. We were allowed to go on board and have a look around. To me it looked like so much luxury. She loved that trip and it has been something that I thought I'd like to do too – one day.

### SEALINK FERRIES



In 1977 I spent 12 months travelling through Europe. During that year, my girlfriends and I had a couple of ferry trips across the English Channel and I loved being on the sea.

I decided then and there that when I returned to Australia at the end of the year it would be by ship. It was back in the days before they were called cruise liners – they were ships that took you somewhere – in reality they were a SHIP first and a CRUISE second – unlike today where they are a CRUISE first and SHIP second. The ship I sailed on was a CTC Cruises ship – the MV Leonid Sobinov. Yes a Russian ship.

### LEONID SOBINOV



The cabin that I could afford was down below the bilge line, but when the staff realised that I was a female, and they'd put me in a cabin with 3 other men, I was shifted to another cabin – above the water line, with a porthole to look out of. I shared the cabin with 3 other girls as we travelled from Southampton to Fremantle. It took 28 days, and what we had then was vastly different from what we get now. We had to walk the corridor to the communal bathroom – where we used somewhat salty water for washing – we had all been given specially formulated soap to make sure we could get a lather from it. The entertainment was what you created for yourself – lots of dress ups, lots of crew talent shows. During the cruise we stopped only 4 times: Naples; Port Said; Colombo and Fremantle. It was about a week between each land excursion. I'm not sure if they had stabilisers fitted to the ships in those days, but I do remember one particular evening when we were up dancing and you didn't really need to know any of the steps because the rocking of the ship kept you moving.

It intrigued me that people could live on the seas for such extended lengths of time.

### BC FERRIES





### BC FERRIES

My next opportunity to go cruising wasn't really a cruise at all. In 1984 – while I was in Canada on a teaching exchange - I wanted to go from the tip of Vancouver Island, at Port Hardy, to Skagway in Alaska. I could go on one of the cruise ships, but they were way too expensive for me, so I opted, instead to catch the local ferry service along the "Marine Highway". No bed for me – just a seat in the sit up section for the 2 nights and 3 days that the journey took. I did have my sleeping bag with me, so after a couple of hours sitting up the first night, I decided that the area I was in was sufficiently empty that I could lay down between my allocated seat and the row of seats in front of me – which I did for both nights. I noticed too that others in this area took up the idea for the second night. We didn't really have a lot of entertainment on the ferry, but there was a marine biologist on board who gave talks about specific things we saw as we travelled north. I went to a few, but missed the one she was doing at midnight as I felt I needed my beauty sleep. Not sure what I missed out on, but I did miss it.

Looking at the cruise ships docked at Ketchikan and Juneau on the way up, got me thinking that there had to be more comfortable ways of making that journey!!

### HOLLAND AMERICA – WESTERDAM



### P&O – PANAMA



Now I was getting more and more interested in cruising, so was delighted when Art suggested we do the Panama Canal from Vancouver to Fort Lauderdale as a couple, so off we headed. This was before we were married, so either he would come and visit me when he could, or I would head back to Canada to spend time with him. This cruise was only a month or so after the 911 attacks so it had quite a different feel to it. My luggage and I were parted at Singapore Airport and it was touch and go as to whether it would catch up with me before we boarded the boat in Vancouver – I didn't know whether to go out and buy a whole new wardrobe, or just a few items in the hope that it would turn up. I decided on the few items, so fortunately it did turn up in time. At one point while we were cruising past San Diego a USA air force plane flew over us – twice – many of the people ran inside as they were not comfortable being outside. Me – I wanted to be outside so I could see what I needed to deal with!! The captain of the ship came on the PA and let us know that the plane was friendly and that they would not be flying over us again – as per the rules of maritime law. Despite some inclement weather which forced us to modify where we ended up sailing to, we had a great time.

Art had at that time been on many cruises including the Caribbean and Alaska so I had some catching up to do.

### PRINCESS CRUISE



Once we had settled in Thornlie we continued to look for cruises that we might be interested in doing. The ones we love the most are those that leave and return from Fremantle as it means you don't have to worry about flights, and weight restrictions – not that we take all that much luggage with us! Most of our cruises out of Fremantle were either Princess or P & O.

#### CELEBRITY



Over the years we have picked out some interesting cruises that we have done -

- Up the west coast of WA – there is some stunning scenery that can be seen from the boat or from the tours you can take whilst in port
- through South East Asia - we have been on a couple of them – one of them had to be cut short when my Mum passed away. We had just berthed in Singapore – about half way through the cruise when I got the phone call to come home so we raced about, packed up, got flights home to deal with the funeral.
- around New Zealand and Tasmania; - this one was for my birthday – in January – during the summer time. At the last moment I decided to take a polar fleece with me – I wore it every day except the first day and the last day! I was surprised at how cold it was there. We were able to spend a day with a couple I met whilst travelling in the Europe in 1977. We'd kept in touch ever since then, but Art had never met them before. Our day trips out to the many locations where Lord of the Rings was filmed was great too.
- from China to Sydney on another repositioning cruise; We had taken up the opportunity to do a pre cruise trip to Shanghai, Xian and Beijing where we met 4 other couples who were also doing the same thing. We got along so well that when we got on the ship we made sure to catch up every day – usually at the quiz event – prior to heading off to dinner. We did pretty well and won one of the quizzes – on the very last day.
- South Pacific - there are many places to visit and we had a wonderful time swimming in amazing oceans/bays including one called Champagne Bay.
- And around the northern parts of Australia from Sydney back to Fremantle.

These are just a few of the cruises we have done over the years

#### VIKING RIVER CRUISE



We have not been constricted to just ocean cruising. In 2013 we decided to try out a river cruise – travelling from Budapest to Amsterdam on a Viking longship. That was quite a different experience from ocean cruising. Every day you would be in a new port during the day – so you could get off and explore, then back on the ship and move to the next port overnight. On one occasion our longboat broke down so we were all bussed into Vienna where we were put up in the Sofitel for the night and then taken out and entertained at a concert that we would otherwise have had to pay for as an additional expense. The next day we travelled on by bus to the next location; Melk; where the longboat eventually caught up with us.

We were fortunate that there was the right amount of water in the river because we met others who have told us that they had to do their trip by bus because there was either too much water in the river (and the longboats could not fit under the many bridges) or too little water in the river and the longboats could not navigate the obstructions.

The reasons we like cruising:

- You get to unpack once only – and you come home to the same bed each night you are on the boat.
- You get to meet some really interesting people – we generally pick the 'anytime dining' because it means you can sit with new people every night. If you decide you like spend more time with particular people you can always agree to meet at the dining room at a certain time.
- They have fantastic entertainment each night – it is really an eclectic mix of all sorts of different types of entertainment from magician shows to high energy dance and revues

- They provide lots of activities for you to get involved in during the day – or not get involved in during the day – whichever you prefer
- The library on the ship usually provides you with some new books that you can find interesting to read.
- You don't have to worry about doing the dishes or cleaning your room as it is all done for you
- I enjoy meeting other crafting people at 'craft and chat' sessions that are run during the days we are at sea.
- You can usually find a pool somewhere on the boat that is not too crowded.
- Food is always amazing and way more than you really need – but lots of choice.
- The opportunities to go and visit places that I'd not considered before is always a drawcard.

We have enjoyed a number of different cruise lines, but we keep coming back to one that we have done most of our cruising with.

#### PRINCESS AND TENDERS



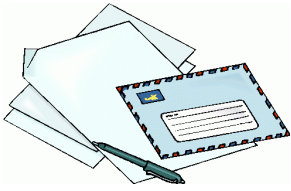
They all offer some kind of loyalty program – and the Princess one has us almost at the top of the tree – where we get to have our washing done for us, rather than having to fight the masses in the laundromat/s on the ship. Stories have been told of some people needing to be removed from the ship because of what has gone on in the laundromat!! I don't know how true they are, but fortunately I have avoided being caught up in such incidents.

We have a couple of cruises lined up for 2019 - so we are not done with cruising yet – one in South East Asia to visit a few of the places we might have seen except that we suddenly had to return home when my Mum passed away a few years ago; and another from Singapore to London - another repositioning cruise which has been on Art's bucket list for awhile – so I'm happy to tag along as it goes to some more places I've not been to yet.

We are also looking at another river cruise – although that one hasn't been booked yet. My school friend and I are wanting to celebrate the fact that we've been friends for over 50 years. She thinks she can get her husband to come on a river cruise – he's not interested in ocean cruising – so I said 'Why not!' We are looking at a river cruise that will go up either the Mekong River or the Irrawaddy - so that is another one to look forward to.

While we are both still healthy and able we will continue to 'go cruising'.





#### Letters to the Editor:

Dear Editor

I agree with Mr Edison and as well adding salt is an insult to the chef. Come to think of it how did the stupid habit start anyway?

Cheers

Michael M

#### What's coming up

No Meeting this Tuesday 4 September next breakfast meeting is on 11 September at the Belmont Tavern Ascot. Christine Goss will be giving members a briefing on Bricktober.

News:



**PLASTIC SURGERY  
REGISTRAR JOINS  
INTERPLAST IN LAOS**

Dr Carly Fox, an Australian plastic surgery registrar, is deeply motivated to help stamp out preventable disability in the communities in which Interplast works. She recently joined Interplast as an observer during a surgical and training program to Laos.



Interplast volunteer surgeons performed Sri Lanka's first microvascular free groin flap transfer, boosting four-year-old Chathura's chance for a more fulfilling, engaged life ahead. But Chathura isn't the only one to benefit from this surgical breakthrough.



# BECOME A CHANGING FUTURES FUND PARTNER



Our Changing Futures Fund donors are special Interplast supporters who give monthly or quarterly. Whether you give \$30, \$50 or another amount of your choice, each donation will go towards repairing bodies and rebuilding lives for hundreds of people every year.

Sign up once and receive special invitations to Interplast supporter events, regular updates on how you are impacting the lives of others and be assured that your regular support is ensuring we can continue our work across the Asia Pacific.

It's easy, it's fully tax deductible and it's life changing.

## Interplast celebrates 5 years in Masbate



Nelly Hartley, a perioperative nurse who has volunteered on this program every year, said continuity is beneficial for the surgical team, local partner hospital and patients.

"Everything flows much better, and the more you work with the same team, the more you understand each other," she said.

"This also applies to our working relationship with the staff at the hospital. We watch them grow professionally and become more confident as we help them with complex cases.

"We also develop trust with the patients because they too get to know us over the years."

Nelly recalls the case of a young woman called Rosemarie, who was badly burned as a young child. She developed severe contractures on her left leg, left elbow, left wrist and hand. She could not straighten her leg, making walking very difficult.

She was hunched over and walked with a limp. Her injury was so severe, she was unable to go to school and she had little hope for her future.

The latest edition of our supporter newsletter, Inside Interplast, is now available. Stories in this edition include:

- Interplast volunteers celebrate a milestone in the Philippines.
- Discover why treatment and training go hand in hand.
- Learn about Interplast's first South Asia regional training workshop in Kathmandu, Nepal.
- How burn contracture surgery is helping Houphan rebuild her life.
- [Help us to change futures across the Asia Pacific](#)
- Your donation will enable us to continue sending surgical and medical teams to countries throughout our region, along with training local medical professionals.

**SUPPORT INTERPLAST  
BY DONATING TODAY**

If you would like more information about our work please

Email [contactus@interplast.org.au](mailto:contactus@interplast.org.au)



#### **INVITE FROM THE INNERWHEEL CLUB OF MELVILLE**

AIRING of the QUILTS BY THE INNERWHEEL CLUB OF MELVILLE

SELECTED WORKS BY HELEN EDINGER, ROBYN METCALF, HELEN PARROTTE,  
CATHERINE WHITELAW

The Innerwheel Club of Melville invites you to view our Beautiful QUILTS

Enjoy a Devonshire Tea, perhaps win a fabulous quilt in the raffle, and purchase a gift or two.

WHEN Over two fabulous days

SUNDAY 16 th SEPTEMBER 12pm to 4 pm

MONDAY 17 th SEPTEMBER 10am to 2 pm

VENUE RIVERSIDE APARTMENTS

RECREATION CENTRE

10 ROEBUCK DRIVE

SALTER POINT

Parking in the car park or street, entry and lift off the car park

COST \$ 25 includes entry, Devonshire Tea, and ticket in the raffle

COME AND JOIN US WITH YOUR FRIENDS AND FAMILY

All Proceeds to Charity

Meheret our sponsored child

School of St Yared, Ethiopia



### Bricktober October 6<sup>th</sup> – 7<sup>th</sup>

Mike Bermann reminded Rotarians will be required to assist with Bricktober. Session times are listed below. If you can't be there the whole weekend please make sure you nominate the session you are able to do. Every little bit of assistance helps make the event run smoothly. Also make a note of the dates and time in your dairies.

**Times:**

Bump-in	Friday - 5 October	
Saturday	8.00 am – 12.30 pm	12.00 pm – 4.30 pm
Sunday	8.00 am – 12.30 pm	12.00 pm – 4.30 pm
Bump-out	Sunday	4.30 pm

**IMPORTANT INFORMATION:**

Rotarians are required to complete the Volunteer Application Form on line the link is:

<https://www.surveymonkey.com/r/friendsofbricktober>.

For Bump-in on Friday can Rotarians please indicate if you will be free on the Friday to assist if required and be sure to advise Mike Bermann.

Rotarians please have your Volunteer Application completed on line by the next Rotary Meeting Tuesday 14 August 2018.

