



ASCOT ROTARY CLUB BULLETIN

2022 – 2023

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September 27th, 2022

October is *Economic & Community Development* Month

The Rotary Club of ASCOT meets at the DOME CAFÉ
237 Knutsford Ave Cloverdale (opp Belmont Forum)
on the 2nd & 4th Tuesday of each month at 7am for a 7.30am start,
finishing by 8.30am.
for information, please contact the Bulletin Editor, Peter
Richardson, on 0419948417.
If you are unable to attend, please send your apologies to Jodie
Sparks on 0412329859.



Thought for the week

*If you try & fail,
CONGRATULATIONS,
most people won't even try.*



BRICKTOBER 22 8-9 OCT
bricktober.info

APOLOGIES: Roma Gehringer, Michael Metcalf.

DG's Visit: This is a joint meeting with Mill Point Club, was held at Royal Perth Golf Club on Friday 23rd September

President Dianne

President Dianne welcomed 10 members to our meeting at Dome, along our Guest Speaker, Maggie Byrne, Clinical Hypnotherapist.

Another welcome visitor was Ann Bermann, Honorary Member of Ascot Satellite Club, and Bricktober Organiser extraordinaire, who was present to give out the new BRICKTOBER shirts.

Thank you to all those members who joined the Mill Point meeting to hear what DG Ric had to say about planning for the future. President Veronica was delighted that we'd been able to join them and passes on her thanks to those who were able to go.

If anyone is free **on Saturday 22 October** and can help, I would greatly appreciate it. I have double booked myself. My niece reminded me that I'd promised to be at her school's 100th anniversary (which my grandfather was instrumental in having built in Kendenup) that day and I had also said Ascot would host a stall at the Belmont Mental Health Week event on Saturday afternoon at the Skateboard Park. I can't be in 2 places at once so would really appreciate if one or two members of our club could do the Belmont event while I attend the other. It is from 12.00 noon until 3 pm (with set up prior to that time). I have the marquee and will have all the pamphlets required.

I have a spare ticket to the Australian Rotary Health Indigenous Health Christmas Celebration on Thursday 8 December from 6.30 pm. If anyone is interested in coming with me, they can have that ticket.

CONGRATULATIONS to US

We have been nominated for the Belmont Small Business Awards – in the category of Community Spirit. I was asked to complete an application form, so that has been handed in. The awards night is 26 October with ticket sales closing on 10 October if anyone wants to go.

WHO IS DOING WHAT AT OUR NEXT MEETING

Oct 11: Welcoming : Peter Richardson
Host Chair : Gerry McLernon
International Toast : Roma Gehringer
Letter F
Oct 25: Welcoming : Hugh Langrige
Host Chair : Peter Richardson
International Toast : Gerry McLernon
Letter G
Nov 01: Welcoming : Roz McLernon
Host Chair : Gerry McLernon
International Toast : Dianne Reed
Letter H

Dates to Remember

Oct 1 : Bricktober Display @ Carousel
Oct 7-9 : **BRICKTOBER**
Oct 11 : Club Meeting BRICKTOBER review
Oct 18 : Satellite Club Meeting
Oct 25 : Club Meeting @ Belmont City
College
Nov 01 : Melbourne Cup Breakfast @ Roz
& Gerry McLernon's.
Nov 04 : Satellite Club "Fred Rae Memorial
Quiz Night @ Belmont Sports and
Recreation Club.
Dec 04 : Christmas Celebration Breakfast
Venue To be advised

CLUB WELLNESS

ROZ confirmed that our Melbourne function will be held at her house on Tuesday November 1.

Our Family Christmas function will be held on Sunday 4th December, as a breakfast, venue to be advised.

PROJECT DIRECTOR

The 2nd Fred Rae Memorial Quiz Night has been confirmed for Friday November 4. Start organising your tables, &, if possible, source some prizes.

See Flyer Attached

Applications for Camp Opportunity (you may remember Handicamp), for both participants & carers are now open. Please contact Jodie.

MEMBERSHIP

Remember Membership is the responsibility of every member, please keep aware of anyone you think could be interested & would enhance our Club & benefit by joining us.

We will be inducting SHABNUM RASHID soon.

CONSIDERATION

I was with an acquaintance when he received a text from his wife, which said,

"I wish you were here."

I asked if she was holidaying somewhere nice.

He replied, no, she does this every time she walks through a Cemetery.

TREASURER aka MONEYBAGS

Mike advised that all financials are up to date.

BRICKTOBER

Currently we have 97 volunteers however Bricktober Volunteers are still required, Please register at:

<https://www.surveymonkey.com/r/BricktoberVolunteers>

Currently Over \$25,000 of tickets have been sold, which is a great start.

Ann Bermann proceeded to give the briefing to the Club, advising of the protocols that need to be followed.

Other volunteers will receive a briefing on the day of the event.

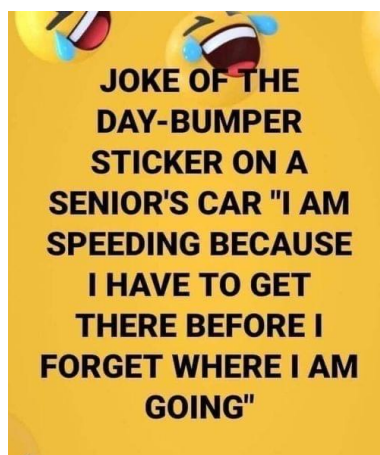
Please ensure that you are there so you can **sign in** & be where you need to be on time. Without us there is no Bricktober.

Thanks to everyone who took home wristbands, separated them, & returned them.

YOUTH

Applications are open for RYLA Camp 18–28-year-olds.

Ain't This The TRUTH



INTERNATIONAL TOAST

Past District Governor Hugh Langridge proposed today's International Toast to the

Rotary Club of Edinburgh D1020 email secretary@edinburghrotary.org

Meet at The Scotsman Hotel, North Bridge, Edinburgh on Thursday at lunch time

President, Ian Spence

Founded in 1912, it is a current membership of 84 active members from many walks of life who aim to have fun and make friends while helping others.

Members enjoy a wide range of social activities and are also actively involved in the local community - they support those who have been homeless, the aged and youth, they also work to make our environment more attractive. Through their international programmes they help those less fortunate than themselves.

The Club is well accustomed to welcoming visitors from all corners of the world to its Thursday lunch meetings, especially during the summer months.

The Rotary Club of Edinburgh is Rotary International Club number 62 and was a founder Club of Rotary International Britain and Ireland (Club number 6)

Club History

After a preliminary meeting on September 4th 1912 attended by 14 gentlemen, the first meeting of the Rotary Club of Edinburgh was held on September 23rd 1912. 39 Founder members were present. The Club was formally chartered on 1st May 1913.

The RC Edinburgh has sponsored 5 Rotary Club's since its inception

In 1913, RW Pentland was the first President of the Rotary Club of Edinburgh. He conceived the idea of uniting the eight clubs that then existed in Great Britain and Ireland, Dublin, London, Belfast, Manchester, Glasgow, Edinburgh, Liverpool and Birmingham into a British Association "that would be beneficial to all". The British Association of Rotary Clubs was formally constituted on May 4th, 1914. Pentland was elected its first President and Tom Stephenson of the Edinburgh Club as Honorary Secretary.

The first Rotary International Convention outside North America was held in Edinburgh in June 1921 at the invitation of the Edinburgh Club.

Paul Harris, who founded Rotary in Chicago in 1905, came to a meeting of The Rotary Club of Edinburgh in 1928 and again with his wife in 1934. Jean Thomson Harris, the wife of Paul Harris, was born in Edinburgh and returned to Edinburgh after the death of her husband and is buried in Newington Cemetery, Edinburgh.

His Royal Highness Prince Philip, Duke of Edinburgh, was an Honorary Member of the Edinburgh Club since 1952 when he invited Officers of the Club to the Palace of Holyroodhouse, the Queen's residence when she was in Edinburgh. He visited the Club on several occasions most notably for the Dinner to celebrate the Club's 75th Anniversary on June 30th 1987 and more recently in July 2007.

A note has been sent to the Rotary Club of Edinburgh

GUEST SPEAKER

Maggie Byrne, Clinical Hypnotherapist, was introduced by Michelle Kendall



One of my roles was caring for mom until recently when she passed at the age of 94. I was able to care for her in her own home with the support of carers I trained so they understood mom's needs, particularly with Alzheimer's and dementia.

I had hypnosis to help me with overwhelming stress and depression, by moving into a state of mind where I could relax & focus.

It was suggested I take up hypnosis as a career so I continued training with Rich Collingwood, achieving my Diploma in Clinical Hypnosis and Psychotherapy.

The type of symptoms that I find I am treating include, Eczema, Foetal Alcohol syndrome, smoking & general stress related problems.

A summary of what a Clinical Hypnotherapist does is help clients “GET BACK IN BALANCE.”

I am now located at 41a Old Perth Road Bassendean (Clinipath Building next door to the doctors) and really feel close to the community. I'm a member of PHA and other bodies of Hypnosis following a strict code of ethics.

I really feel Clinical Hypnotherapy chose me.

Should you like to know more please have a look at Maggies Website

[Maggie Clinical Hypnotherapist](http://www.idesignmylife.com.au)

(Margaret Byrne)

www.idesignmylife.com.au

[I design my life](http://www.idesignmylife.com.au)

0403498082

Maggie was presented with a memento of her talk & was thanked in the usual manner. Thank you Maggie.

HAVE A CHUCKLE

Nicknames for my colleagues

Wicket keeper - puts on gloves and stands back

Harvey Norman - 3 years no interest

Sensor light - only works if someone walks past

Noodles - thinks all jobs take 2 minutes

Blister - appears when the hard work is done

Showbag - full of shit

Lantern - not very bright and has to be carried

Deck chair - always folds under pressure

Perth - 3 hours behind everyone else

G-spot - you can never find him

Bushranger - holds everyone up

Wheelbarrow - only works when he's pushed

Limo - carries about 8 people

Cordless - charges all night but only works for 2 hours

oooooooooooo

Have a fabulous week
See you at Dome on 11th October
Cheers
Richo