# **ASCOT ROTARY CLUB INC**



# **MEETING DETAILS:**

# We meet twice per month

Where: Ingot Hotel, Belmont

When—2nd AND 4th Tuesday of each month

What time: 7.00 for 7.30 am start. All over

by 8.30 am

# **NEXT MEETING:**

Will be at The Dome Café, Knutsford Street,

Belmont

On May 25: 7.00 am for 7.30 start

Host Chair: Dianne Reed

**Guest Speaker: Tyana Orlando** 

**Topic: Stories from NYSF** 

On Welcoming: Chris Merton

# **MAY AT A GLANCE:**

May 6: Bricktober committee meeting

May 11: Meeting at Ingot Hotel

May 25: Meeting at The Dome, Belmont

# **BIRTHDAYS/ANNIVERSARIES—**

# **MAY**

#### **BIRTHDAYS**

Christine Goss 15 May Fiona Beermier 22 May Mike Bermann 23 May

# **ANNIVERSARIES:**

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# **ROTARY ANNIVERSARIES**

Gren Courtland 1 May 1969 Chris Merton 5 May 2020

**President:** Michael Metcalf; **Immediate PP and Foundation**: Hugh Langridge;

Admin Secretary and Community Services: Michelle Kendall; Minutes Secretary: Roma Gehringer; Treasurer: Joanna Kendall; Club Services: Ros McLernon; International Services: Mike Bermann;

Vocational/Youth: Stuart Rutter.

# WE LOVE DOING THIS:

At this morning's meeting we provided 2 Play Tubs full of Lego bricks to the Lego Club of Swanbourne Primary School. To accept the gift was Kylie Pedler from the school.

We hope your students have a lot of fun playing with the Lego.

Hopefully we will see members of the club at Bricktober?



GUEST SPEAKER: Kim Wedge

Ngala—Reflective Practice in Action



Thank you Kim, a very informative talk; and on something that we could all do more of.

Our guest speaker this morning was Kim Wedge from Ngala. She works with their front line workers to ensure that they have the support to be able to give the best type of service that they possibly can.

Looking after the staff is a key part in ensuring that they provide great services to their community. One of the things they do to support their staff is by using the tool of "Reflective Practice".

It is a strategy that is taught to their staff to enable them to really be present to the needs of the people they are working with. It is a core competency skill that enhances their work, increases their job satisfaction and reduces the chance of burn out in staff.

They believe that every child deserves the opportunity to be their best. To enable this to happen, Kim works with staff to encourage them to step back from the busy-ness of the day to day work with children and reflect on the child's behavior through asking themselves the question:

What does this incident tell me about the child; their family; and how I am dealing with it?

They run seminars for staff to provide ongoing support for their work. They also have a program called Reflective Supervision which encourages, and allows the space for, people to process why they are feeling what they are feeling; and how the connections they are making to those feelings have impacted upon them.

#### MEMBERS PLEASE TAKE NOTE

Please make sure you either send in your apologies before the meeting commences, or attend the meeting each time we meet (twice monthly). The hotel we meet at bills us for a minimum number (sometimes more than who attends!). This means that funds that we could be using to donate to Rotary are being diverted to paying for that minimum number. If this continues we will run out of funds!! Please make sure you either phone Jodie to offer your apologies, or attend. Don't make us go back to the days where you had to pay if you didn't attend AND didn't offer an apology for not attending.

# **NOTES FROM OUR 11 May MEETING:**

Welcome Kylie Pedler from Swanbourne Primary School - representing their school Lego Club

Welcome Bev Harvey—Ngala staff member

Welcome to our guest speaker: Kim Wedge who spoke about Reflective Practice at work

# **Committee Reports:**

- Club Services: Ros indicated that the room at the Ingot is not available for our next meeting so she has arranged for us to meet at The Dome Café in Knutsford Avenue, Belmont in their Board Room. She has asked that we pre-order breakfast, so in the next week or so she will provide us with a list of options to respond to.
- **Community:** Michelle is collecting tea bags, sugar, small jars of coffee and UHT (long life) milk to donate to the Perth Homeless Support Group which is based in Bassendean. She thanked all the people who have donated items so far. If delivering any items to Joanna please make it this week, as she and Stephen are taking a well earned break after that.
- **Community:** Michelle indicated that she is looking for preloved handbags for the annual Handbag project. If you have items that can go into the handbags, she will gladly receive them as well.
- **Bricktober:** The dates for Bricktober 2021 have been released. Please put them in your diary now and keep that weekend free. October 8 is set up day; with October 9 and 10 running of the event.
- **Foundation:** Hugh indicated that applications for District Grants (up to \$3000) are now open and we need to consider what new projects we would like to get involved in. Applications close June 30.
- From the President: The Incoming District Governor for 2022—23 is Max Bird from the Kwinana Rotary Club; and Rick McDonald is the DG for the following Rotary year. He is from the Southern Districts Rotary Club

# **MEMBERSHIP**

Increasing our membership is everyone's business. Look out for people who might be interested in joining out club and let Hugh know so he can follow up on that lead. If they can't make it to our breakfast meeting, let Jodie know so she can invite them to the satellite club we are working on setting up.

We can increase our membership. Let's see if we can grow our membership by a minimum of 3.

#### **APOLOGIES IN ADVANCE PLEASE**

If you know you are not going to be able to make it to the meeting, please can you let Jodie, our Attendance Officer know ahead of time. She can be contacted on 0412329859.

# **HOST CHAIRS**

Can you please let me know as far in advance as possible who your guest speaker will be so that I can put that information onto the website Calendar.

If a date doesn't suit you find someone who can swap with you and then let me know what the swap is please.

Thanks. Dianne

# **BRICKTOBER 2021**

# DATES FOR THE EVENT:

9 AND 10 October

# Our Club turned 52 on 26 February

2020.

More details about the event will be provided as the amended date gets closer—so

# **WATCH THIS SPACE!**



#### **ROTARY INTERNATIONAL**

#### What is it?

Rotary International is a global network of 1.2 million neighbours, friends, leaders and problem-solvers who see a world where people unite and take action to create lasting change—across the globe, in our communities, and in ourselves.

Solving real problems takes real commitment and vision. For more than 110 years, Rotary's "people of action" have used their passion, energy, and intelligence to take action on sustainable projects. From literacy and peace to water and health, we are always working to better our world and we stay committed to the end.

#### What are we working towards?

Our 35,000+ clubs work together to:

- ♦ Promote peace
- ♦ Fight disease
- Provide clean water, sanitation and hygiene
- Save mothers and children
- ♦ Support education
- ♦ Grow local economies
- ♦ Protect the environment

#### How can we get involved?

If you haven't already joined Rotary, find a club near you and get involved in projects, partnerships and activities that will help locally and globally. Check out our website and 'contact us' to find out more.

www.ascotrotary.org.au

# WANT TO KNOW WHAT OTHER ROTARY CLUBS ARE UP TO?

Check out Rotary BlogSpot to find out:

https://rotaryoutwest.blogspot.com/2021/05/464-blazeaid-1000-day-challenge-t-we.html

Check out our Facebook page for photos and updates: <a href="https://www.facebook.com/AscotRotary/">https://www.facebook.com/AscotRotary/</a>

Check out our Ascot Rotary Webpage for further articles, calendar items and updates: <a href="https://portal.clubrunner.ca/7992/">https://portal.clubrunner.ca/7992/</a>
Page/ShowHomePage

Check out Bricktober's website: www.bricktober.info and Facebook page: www.facebook.com/Bricktober.Perth