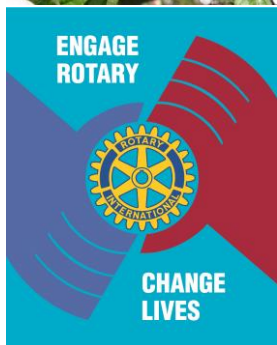


The Appleknocker *Sebastopol Rotary Club's Weekly Bulletin* **Naomi Tickle - Face Pattern Recognition**



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Photography: Karen Daniels/ Jack Dunlap
Co-Editors: Jack Dunlap /Tom Boag
Club President 2013/2014: Bob Rogers



"All the News that Fits We Print"



"Come Fly with ME, let's fly, let's fly away....." **Capt. Bob's** signature theme song was heard and enjoyed by the audience..... such a great song, an icon of musical history, from "Old Blue Eyes" himself..... a few bars into the song, and **Capt. Bob**, unable to Ring the Bell (because there isn't a bell - when did THAT happen?)..... **CB** decided to use a whistle.....no, not a low, sweet, intonation from his own lips..... OH, NO-O-O-O-O-O....



Suddenly, an ear-piercing high metallic whistle echoed through the room..... as though from the lips of a Basketball Coach..... My guess is that it was his deliberate attempt to urge the scofflaws to return his bell.

Unfortunately, our dear **Capt. Bob** forgot that a whistle fully blown is pretty loud already..... but when pushed through a microphone-enhanced AV-system it's WA-A-A-A-Y LOUD!!

AND -- it signaled the beginning of the meeting.



As we stood, with a new sympathetic understanding for those who have tinnitus, **Mike Long** managed to get us through the Flag salute. As our ears started to recover, **CB** asked **Keller** (nope, he wasn't there) – asked **Karen** to lead us in song, and she happily led us in singing the sometimes forgotten "other National anthem" – *America the Beautiful*.... It was lovely, and isn't it nice to be able to hit all the notes?

Rick Williams reminded us that, especially as Rotarians, we should "Do something nice today for someone." And, to remember the other half of the reminder, "And don't tell anyone that you did." Especially relevant as we head into a Holiday weekend, when we get to give ourselves a whole day off!



Future Programs

Speaker: Susan Hirschfield
Program: Mindful Life Transitions

Speaker: Kendall Haven
Program: We are Hard-Wired to Learn Through Story
– The Art of Communication

Speaker: Tim Zahner
Program: Who's been sleeping in our Sonoma County Beds

Speaker: Jack Demeo
Program: There's Something About the Outside of a Horse That is

Program: Lobster Feed Setup

Speaker: Alena Wall
Program: Sonoma County Wellness

Future Events

Lobster Feed
Saturday, October 5

Handy Links

Pinot for Polio Form
Scribes and Photogs
2013 Lobster Feed Tickets Form

Miscellany

Next Board Meeting

Date/Time: Tuesday, Sept. 17th, 5:30 p.m.

Location: President Bob's Home (Address in C/R)
 (Normally 3rd Tuesday of month, except October 8th.)

MAKEUP NOTIFICATIONS – Send to Jack BLASCO
jcblasco@comcast.net

On-line Make-Ups: www.RotaryEClubOne.org

INTERACT MAKE-UPS – HAVE YOU TRIED

IT?

(Committee Member to call to confirm)

Analy High: 12:40 Most Wednesdays In Choir Room
 (Check with Bob Hirsch, Jack Dunlap, Ted Baggett)
Brook Haven: 12:10 First & Third Thursday, Room 4
 (Check with Pauline Pellini, Mike Carey)
Hillcrest: 12:20 Every Third Tuesday, Room 6
 (Check with Troy McAdams, Bill Cole, Tony Given)
Orchard View: Different meeting times
 (Check with Mike Carey, Ken Jacobs)
Twin Hills: Different meeting times
 (Check with Dan Rasmus)
SunRidge: Different meeting times
 (Check with Les Crawford)

For all Interact Mtgs.: CALL AHEAD TO CONFIRM MEETINGS
CHECK IN AT SCHOOL FRONT OFFICE FIRST !!!

As we enjoyed our lunch, and visited with those sitting near us, we all were worried as we saw **Bob** return to the podium to start the “business” part of the meeting..... many of us leaning backward as if to get away, and many others instinctively reaching for our ears.

Visiting Rotarians and Guests

Capt. Bob tried to whistle more softly this time, but still into the mic.....AAARRGGGHH! Keep trying, **Bob**!

Mike Ferguson, standing in for **Bud Daveiro**, introduced our visiting Rotarians – the always welcome Linda Johnson from the Sunrise Club, occupational therapist.



The other guest was Elisa Chieffo (pronounced KEFO), from the new Evening Club of Santa Rosa. She asked us to see the flyers on the table for a new event to raise funds for the RI Foundation – and held in honor of Heidi Zimmer, daughter of our own **Dick and Barbara Zimmer**, and mother of Jay Zimmer, Rotaract member through SRJC. This is a lovely tribute to Heidi, who recently passed after a valiant struggle with breast cancer. (A copy of the flyer is attached at the end of the AK.)



Also joining us was **Julie Cugini**, standing in for husband **Bob**, to make sure he still has perfect attendance, even though his attention has been focused on his own recovery. **Bob** has been progressing nicely, and stood up for the first time since his stroke.... For 12 minutes the first time, and 15 minutes just yesterday. Sounds very promising, especially since his sense of humor appears to be intact and unaffected! **Bob** is at the Apple Valley Post-Acute Rehabilitation, across the street from El Coronel Restaurant (corner Hwy 116 & Corline Ct.) Please contact **Julie** if you are interested in visiting or getting more up to date info about **Bob**.

🍎 Announcements 🍎

Bob Reeves and family are still grieving the loss of **Betsy**. He has asked that **Richard Peterson** be the main contact for information and support at this time. [At the end of the meeting, **Bob** stopped in, but AK has no additional info from his visit. –**Scribe**]

Karen reported that **Tom Farrell** is currently is Spring Lake Convalescent, but is expected to be back with us soon.

Capt. Bob congratulated **Troy McAdams** for his new role as District 5130 Interact Chair. We know with **Troy** at the helm, that program will see changes and growth in the upcoming years.... Congratulations **Troy**!

He also announced that we will be having Flu Shots available at our meeting on Sept. 27th. **Yvonne Thielen** and Sutter Care @Home will be delivering the pain..... but they're really good, so there won't be much! If you are on Medicare, the shots are free, and \$25 donation for anyone else. The money goes to local community organizations.



Speaking of community organizations.....there was a short bit of repartee with **Mike Long**, concerning the Sebastopol Rotary Ed Foundation (SREF). **Mike's** baby blues were flashed on screen, and he was fined \$20 for taking shots at **President Bob** (but apparently not **Capt. Bob**.....) This banter was so fast, and so focused, that your dear **Scribe** was totally lost! I guess I'll get "recognized" for that at a future meeting.....

Harry Simms was recognized for sharing a buzzard story.....something about selling the eggs for \$10/ dozen that hooked him a \$15 fine. [Story printed in AK for August 23, –**Ed**] And, in the "insult to injury" category, he was also fined \$10 for new hearing "protection", and another \$10 for still being a Green Badger..... since May of 2011 !! C'mon **Harry**..... when will you decide to be a Red Apple? Total of \$35.



Announcement that the next club Happy Hour event will be Friday, Sept. 6th, at the El Coronel Restaurant, starting at 5:30 pm. It is a no host event..... come out and have fun and fellowship!

Bob also announced that his daughter, Amy, who is in Ecuador, has an osteo, or bone tumor, inside her skull, which she has been dealing with for some time. The doctors believe it is benign, but she will be having some surgery next week to excise it. **Bob** will not be here next week, as he will be going to Ecuador to be with Amy. Our best thoughts and healing love go out to you and your family, **Bob**. Travel safely!

Lobster Feed 2013



JT is recording the sale of tables and tickets at the back table every week. He thanked the team for producing a new-look flyer for this year, one that features a photo of the band, and looks a little more "informal" than the prior year design and colors. [It can be viewed at the end of the AK –**Ed**]

JT also emphasized that, as you are selling individual seats and tables, please let him know the names of people who will be IN those seats..... He congratulated **Richard Power** and team for signing up 16 sponsors for the event so far! Each of those sponsors also gets a free seat, and those have to be allocated among tables that have open seats. He will be handing out revised Table Guest lists soon.



Greg Jacobs is seeking bottles of wine for the Wine Collection Item.... each member should donate one bottle with a value of \$20 and over. **Dan Rasmus** and **Pauline Pellini** are also soliciting items for the Silent Auction, and **Chris O'Neill** volunteered a case of wine.....which **Greg** was eager to jump in and separate it into individual bottles! **Dan** also emphasized how important items that are services, instead of single Items, are also welcome. They usually sell very well. Get creative!



There will also be training for alcohol servers, and there will be a need for non-drinkers to volunteer to drive people home who have had a little too much fun at the event! Volunteers are being recruited and managed by **Jack Blasco** again this year, and in his absence, **Diana Rich** continues to do a creditable imitation of his enthusiastic delivery!! If you haven't done so already, please sign up!

The Lobster Feed is the event where the club raises most of the money for our charitable projects throughout the upcoming year. If we want to DO more, we have to RAISE more..... so please jump in and help wherever you can!



🍎 Recognitions 🍎

Almost as an aside, **Bob** mentioned a couple of interesting events that have been happening in town lately, and mentioned that next Weds, David LaFlamme of *It's a Beautiful Day*, will be at Ives Park. If you lived through that time, can remember the music, and are still with us (you know who you are!)..... BE there!

All right, fellow Rotarians..... **Bob** did more recognitions than I have ever seen done at one Rotary meeting at one time!! So we'll go through the Birthdays almost as quickly as he did!

Greg Jacobs, July 17th, took a trip to the Channel Islands with a naturalist, spent the night on the Queen Mary, and went to Catalina.... But that was still worth only \$5, plus \$10 for a Fall River trip. Also went fishing with **Gene** at an undisclosed location, \$10 for a total of \$25.

Mia Del Prete, who gave her stunning rookie sketch on her 32nd Anniversary, August 23rd, still needed to pay for it! That, plus \$5 for her July 18 birthday, and \$10 for her daughter Lena's recent marriage to Dave Morrison. Came to a \$20.



Harry Polley celebrated his 70th birthday on July 31st – Congrats, **Harry**, \$5. AND don't forget your fabulous trip to Black Butte Ranch in Oregon for a week with your SIX grandchildren! \$10. What an adorable photo of you holding them all up..... with help from the water in a swimming pool. What a lucky **Grampa!** But wait, there's more..... There was that Alaska Cruise with the **Warrens**, \$20, for a total of \$35. IN dispute, another \$5 for not sending a photo, but **Harry** countered that he DID send a pic.... Of **Jerry!**



Not sure if **Capt. Bob** was going to count that one or not, but he went on to capture another \$20 from **Jerry** for the same cruise, as well as \$5 for his August 20th birthday..... **Jerry** was quick to point out that he wasn't on the cruise with just **Harry**..... his lovely wife **Kay** was also along!

Meredeth Bertacco celebrated her birthday on August 7th, \$5, saw a baby gator in New Orleans, \$15 and also went to Tuscany \$20. She left a picnic early to avoid clean-up \$10, and was encouraged to pass part of her fines to her Dad..... **Tim** was also on the Tuscany trip, comparing the trip there with a similar trip to Sonoma County Wine Country.....By the time all was said and done, he was fined for \$35, with \$15 left over passed to **Dad**. **Tim** paid \$20 for Tuscany, and indicated that he was going back to do more “testing” and tasting! All in all, it sounded like the trip was well worth the fine!

Note from **Scribe**..... **Bob** had 5 more Birthdays to recognize, 9 Anniversaries, and had a list of 15 other things he is hoping to nail people with! Obviously, he has much better “intelligence” than some other Presidents..... OR he’s trying to leave behind an incredible financial legacy from his year as President!



Either way, he sure has fun with it, and we’re glad to help him through the process! But if you’ve done anything lately, start preparing yourself financially for the hit that may be coming!



The Raffle [AKA Rotarian Powered Slot Machine]



OMG! We almost forgot the Raffle! **Ted Bagget, Richard Peterson** and **Steve Beck** were the three victims, sorry, “wheels” this week. **Guy Smith** had the lucky ticket, and won \$10 when two of the veggies were a match!



The Program



Yvette Williams van Aggelen introduced us to Naomi Tickle, an interesting woman who is a world renowned face-reading expert. President of Face Language International , she was responsible for developing the Career and Personality Assessment Profile (CAPA). She has written books on the subject, the latest of which is called “What Makes People Tick – and Why”. She has also developed several decks of cards that assist in identifying personality traits based on physical features.

The science of Face Reading or Physiognomy, the study of the face, has come down from Aristotle about 2,700 years ago. Along with Phrenology, a systemized study of the lumps and bumps of the head that was popular in the nineteenth century, and later the study of three body types, or somatotypes, all lead to the current profiles that were developed by a judge in Los Angeles in the 1930’s. He observed the behavioral traits of people who appeared before him in court, and was fascinated by how much they predicted aspects of a person’s personality. The system he developed uses 68 traits, has an accuracy rating of over 90%, and is valid across all cultures. Judge Jones’ system was applicable to jury selection, personal development, understanding children, and for career assessment.

The work has been shown to be an effective tool for understanding people, helping to determine a person's interests and potential. Additionally, its effectiveness and potential is a tool that works whether someone is a child or an old person. Naomi shared a couple of anecdotes of instances where she has "read" the person's interests. In some instances, she was able to "reveal" to the person something they knew about themselves but had squashed down, thinking it was not a worthwhile or practical thing to do.

There are many traits to look at, all of which together can provide a profile of a person's personality traits, talents and dreams.

The first trait is determined by the eyes, that of Tolerance. The width between the eyes was illustrated by a Rotarian, whose eyes are close set, detail oriented, somewhat serious, and they indicate a person who is good with details, but can get overwhelmed sometimes by the amount of detail they need to work with.



The opposite trait, wide-set eyes, illustrate someone who is laid back, easily distracted, multi-taskers, usually into sports such as football or soccer. For this trait, she pulled out another Rotarian, the epitome of easy going, physical and able to handle a lot of different tasks at once.... She definitely "knew" that Rotarian!

The "Analyst" trait is determined by the eyelids.... For this, Naomi chose a Rotarian and your humble Scribe, **Barbara Beedon**. This Rotarian's eyelids indicated that he is a person of action, a "low analytical" who likes to get to the bottom line, and just get on with it. By contrast, **Barbara** is a "high analytical" person, who loves to find out how and why something works. They like to research all aspects of a situation before making a decision. Lots of agreement there!

"Administrative" or "Service" traits are indicated by the nose. A convex or Aquiline nose, that points down, indicates the person is usually good at business, good at delegating. If the nose also points down, as does another Rotarian's nose, it indicates someone who wants to know what does it cost? Can I get it for less?

By contrast, a "Ski Jump" nose indicates someone generous, who volunteers for everything, is open and trusting, and wants to know how they can help. This was illustrated to a T by another special Rotarian! [and by Bob Hope! **-Scribe**]

"Thinking Style" is observed through the angle of a person's forehead. If it leans back, it's someone who is an objective thinker, someone who allows their automatic reactions take over, based on past experiences. In contrast, the vertical forehead of a sequential thinker (pointing out **Barbara** again) indicates someone very bright who likes to take in all the detail, and go over it all until it's clear. Once they understand all the pieces, they are clear and decisive. Sequential thinkers benefit from playing music while studying a topic.

Before concluding, Naomi shared her experience on the Sharon Osborne TV show. She was supposed to "read" Sharon, but concluded that she had had so much surgery, she would not get an accurate reading, so she read Sharon's dog instead!



Naomi's presentation was thought provoking and fun and she sold many of her books after the meeting, giving a "spot" reading to anyone who purchased a book!

To contact Naomi, or to read more about her, you can find her website at <http://www.Naomitickle.com>, or send her an email Naomitickl@aol.com.

President Bob Rogers thanked Naomi for her presentation. Then he gave this year's Speaker's gift, a donation in Naomi's name to Polio Plus, to End Polio.

The Closing Bell Whistle

Next week's speaker will be Susan Hirschfield, and her talk will be on "Mindful Life Transitions".

Capt Bob adjourned the meeting with his whistle, this time softly enough that we left with our ears intact!
Fly safely, **Capt. Bob!**

THE ABC's of Rotary

(Taken from "The ABCs of Rotary", a Rotary International publication originally prepared by Dr. Cliff Dochterman who was RI President in 1992-93)

#1: Definition of Rotary

How do you describe the organization called "Rotary"? There are so many characteristics of a Rotary club as well as the activities of a million Rotarians. There are the features of service, internationality, fellowship, service, classifications of each vocation, development of goodwill and world understanding, the emphasis of high ethical standards, concern for other people and many more.

In 1976 the Rotary International Board of Directors was interested in creating a concise definition of the fundamental aspects of Rotary. They turned to the three men who were then serving on Rotary's Public Relations Committee and requested that a one-sentence definition of Rotary be prepared. After numerous drafts, the committee presented this definition, which has been used ever since in various Rotary publications:

"Rotary is an organization of business and professional persons united worldwide who provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world."

Those 31 words are worth remembering when someone asks, "What is a Rotary club?"

RI Reading: \$500,000 Emergency Grant for Somalia

[Link to RI Web Page:](#)

ROTARY APPROVES \$500,000 EMERGENCY GRANT FOR SOMALIA



A child receives the oral polio vaccine during an immunization campaign. As of 14 August, 110 cases of wild poliovirus have been reported in the Horn of Africa.

Photo Credit: Iman Morooka/UNICEF

Rotary has approved a \$500,000 Rapid Response grant to the World Health Organization (WHO) to address a recent polio outbreak in Somalia. The outbreak occurred in the Banadir region of Somalia, where a large number of children had not been vaccinated against polio due to inaccessibility.

As of 14 August, 110 cases of wild poliovirus have been reported in the Horn of Africa—100 cases in Somalia and 10 in Kenya. This is the first outbreak in Somalia since 2007 and in Kenya since 2011.

The Rotary grant will cover operational costs, including human resources, training, and transportation of health workers, aimed at immunizing children under 10 in all accessible areas of Somalia in August.

To date, five vaccination campaigns have been held in Somalia, three in Kenya, two each in Ethiopia and Yemen, and one in Djibouti. Additional campaigns are planned through the end of the year.

Drawing on lessons learned from previous polio outbreaks, the first vaccination campaign was carried out within a week after the first case was confirmed.

“Until polio transmission is interrupted in the endemic countries, outbreaks such as the one in Somalia are to be expected,” says [Dr. Hamid Jafari](#), director of Polio Research and Operations at WHO. “So long as the budget for the new [Polio Eradication and Endgame Strategic Plan](#) is fully funded, we’re well-equipped to pursue endemic and outbreak priorities simultaneously.”

Rotary’s emergency funding for responses to polio outbreaks in Somalia and other countries has been critical to ensuring that immunization activities proceed without interruption, thereby minimizing the risk of the disease’s further international spread.

In addition, the governments of the United Kingdom and Japan recently announced financial commitments of \$15.3 million and \$1.3 million, respectively, to fund similar emergency vaccination campaigns in the Horn of Africa.

The United Nations has warned that without further intervention, polio could quickly develop into an epidemic across East Africa and put countless lives at risk. The UK’s assistance will allow WHO to immunize 6.1 million people most at risk from the disease in Somalia, northern Kenya, and other countries in the region. This new funding is in addition to a \$457 million pledge to the [Global Polio Eradication Initiative](#) in April.

Japan’s emergency grant will pay for more than 5 million doses of oral polio vaccine for supplementary immunization activities in November and December, expected to reach more than 2.8 million children under 10.

- Find out how your donation can [triple in impact](#)
- [Donate](#) to the fight to end polio
- [Become an advocate](#) for polio eradication

ROTARY CLUB OF SEBASTOPOL

LOBSTER FEED

live and silent auction



4:30PM SATURDAY
October 5th

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Dance
under the big tent

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(at O'Reilly Media)

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\$100 per person.

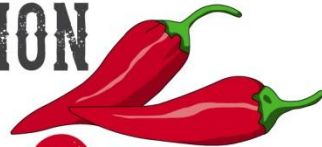
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