



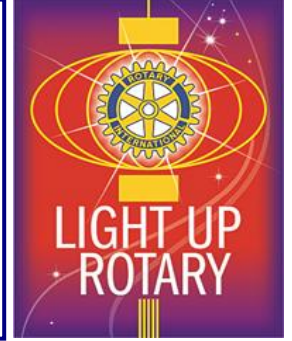
# ***The Appleknocker***

## ***Sebastopol Rotary Club's Weekly Bulletin***

### **Larry Ford – The Speech Contest**



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**Scribe:** Tony Given  
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**Co-Editors:** Jack Dunlap /Tom Boag ☒: The Dilleys  
**Club President 2014/2015:** Ron Puccinelli



*"All the News that Fits We Print"*



**At The Bell**



**Prez Pooch** brought the gavel down at 12:15 P.M. sharp.



**Richard Power** started us off by pledging allegiance to the flag.

This was followed by the master of song, **Keller McDonald**, leading us in singing *America the Beautiful*.



**Linda Irving** provided us with the thought for the day.

"Flexibility is the key to mental health".



## Future Programs

March 27, 2015

Speaker: **Ron Lindenbusch, Lagunitas Brewery**

Program: **Community Involvement**

April 3, 2015

Speaker: **Dennis Wick, Planning Director Sonoma County**

Program: **Challenges Facing the County Today**

April 10, 2015

Speaker: **Rick Nowlin, Executive Director**

Program: **Wells Fargo Event Center: A Historical Perspective**

April 17, 2015

Speaker: **Community Leaders and Youth**

Program: **Overcoming Obstacles Awards**

April 24, 2015

Speaker: **A Team of Rotary Presenters**

Program: **Updates on Rotary Intl Foundation Projects**

## Future Events

Friendship Dinners

March 28

District Conference

April 23<sup>rd</sup> – 26<sup>th</sup>

Sebastopol Golf Tournament

April 27, 2015

## Handy Links

Pinot for Polio Form

Sebastopol Rotary Website

Teacher Mini-Grants Application

## Miscellany

Next Board Meeting

Date/Time: Wednesday, Apr. 9<sup>th</sup>, 5:15 p.m.

Location: New!! Vanguard Properties Office  
The Barlow in Sebastopol  
6790 McKinley Street Suite 120

MAKEUP NOTIFICATIONS – jcbiasco@comcast.net

On-line Make-Ups: www.RotaryEClubOne.org

INTERACT MAKE-UPS – HAVE YOU TRIED IT?

Analy High: 12:40 Most Wednesdays In Choir Room (Check with Bob Hirsch, Jack Dunlap, Ted Baggett)  
Brook Haven: 12:10 First & Third Thursday, Room 18 (Check with Pauline Pellini, Mike Carey)  
Orchard View: Different meeting times (Check with Mike Carey)  
Twin Hills: Every Other Tuesday 12:45pm - 1:20pm (Check with Dan Rasmus)

For all Interact Mtgs.: CALL AHEAD TO CONFIRM MEETINGS  
!!! CHECK IN AT SCHOOL FRONT OFFICE FIRST !!!

## Visiting Rotarians & Guests

For the second week in a row there were no visiting Rotarians. Dan Bornstein where the heck are you?



**Bob Cugini** introduced his care giver Willie.

**Jackie Moreira** introduced her daughter Molly.

**Ted Baggett** introduced his son Henry.

**Richard Power** introduced his wife **Trish** and **Larry Ford's** wife, **Gerry**.



**Jack Dunlap** introduced his friend Ruth Loy.

The speakers, instructors, judges and committee will be introduced at the completion of the program.

## Announcements

**Harry Simms** thanked everyone for the great reception he was given on the presentation of his program, Metabolic Syndrome last week. **Harry** mentioned that he is in the middle of working out a program with the Cleveland Clinic

that will address these issues and offer local classes and seminars. **Harry** is concerned about the 40"+ waistlines, high blood pressure, high glucose, high cholesterol of himself and others.

**Prez Pooch** asked for a show of hands by anybody who is planning to attend the Rotary Conference in Sao Palo, Brazil June 6, thru June 9. The Mayhews are the only ones attending so far.





**Prez** announced that Efren Carrillo's BD is today so we all sang him *Happy Birthday*. Efren is a frequent guest of our club, and today he is here as a judge of the Speech Contest [that he was a judge. was only shared after the contest concluded –Ed.]



**Greg Jacobs** mentioned that we are still substantially short of the number of instructors that we need to conduct our *Learn to Swim* Program. What we really need is 1 instructor for every 5 students. What we have now is 1 instructor for every 14 students. We need to look at this with the same sense of urgency and commitment that we do our major fund raisers. This is really a great program. This year we will be giving over 300 Sebastopol area third graders the opportunity to learn to swim.



## The Speech Contest

Before departing to Ukiah to handle the A/V for the District Training Assembly, **Prez Pooch** turned the podium over to our speech contest moderator -- our very own **Larry Ford**. Three local high schools were invited to nominate contestants, Analy, El Molino, and Laguna. Analy and El Molino responded with each providing three competitors. The topic of today's speeches is Authority: Respect, Question, Defy. To avoid being penalized, the speeches must be given in no more than 6 minutes 15 seconds, and no less than 5 minutes 45 seconds. Penalties are assessed if they do not fall within these parameters.

The scoring criteria are:

- (1) Clear organization; a clear beginning, middle and end, and roadmaps - an outline of the main points,
- (2) Content and language; a clear purpose and appropriate language for the audience and topic,
- (3) Physical expression; eye contact, posture, gestures, and movement,
- (4) Vocal Expression; variance in rate and volume, articulation and pronunciation, and
- (5) Overall impact; energy and enthusiasm, sincerity, originality, and creativity.

The Prizes:	1st Place	\$125
	2nd Place	\$ 75
	3rd Place	\$ 50
	4th thru 6th Place	\$ 25

**Moderator Larry** asked the audience to refrain from clapping until the speakers have finished.



Speaker #1 Dhrua Jacobs, Analy HS  
Quoted Thomas Jefferson "The tree of liberty must be refreshed from time to time with the blood of patriots and tyrants."



Speaker #2 Gillian Barrio, El Molino HS  
 “Defy the unjust, respect your mom, question others.”



Speaker #3 Gabriel Staniford, El Molino HS  
 “Authority is necessary to maintain a functioning society, but we need to keep it in check.” “Know the reasons behind your actions.”



Speaker #4 Roxanne Salked, Analy HS  
 “Silence can be effective ... [to communicate your point] but sometimes it takes more.”



Speaker #5 Taylor Ramalia, El Molino HS  
 “There is a time and place to question and/or defy authority.”



Speaker #6 Mark Murakami Analy HS  
 “Wholesome justice is subject to check and balances.”

A little meeting business is conducted while the judges are judging and the runners are collecting scores and tallying the results.

## The Raffle



**Jim Passage** was lucky winner and won an ample supply of Baby Ruth mini candy bars plus a complementary gift card full of discount tickets to some of Sonoma County's finest restaurants.

Bon Appétit, **Jim**.

## Recognitions

**PP Bob** thanked **Robin Maybury** and **Les Crawford** for taking over the duties of running the Cool Kids Camp. They are doing this in conjunction with Libby Fitzgerald with the Petaluma Club. The Cool Kids Camp was started by **Tom Farrell**.

## The Speech Contest Results

**Larry** introduced Ginger Riley, El Molino Speech Teacher and Lynette Williamson, Analy Speech and Debate Coach. He thanked and introduced the judges; Steve Rogers, retired Twin Hills School Teacher, Chris Smith, Press Democrat Columnist, and Efren Carrillo, Sonoma County Supervisor. He thanked members of his committee, **Barbara Bickford**, **Pauline Pellini** and **Tony Given**, and the runners and score tabulators, **Richard Power** and **Dan Rasmus**.

### The Winners!!

Honorable mentions:	Roxanne Salked Analy Junior	Speaker #4
	Mark Murakami Analy Junior	Speaker #6
Third Place	Dhrua Jacobs Analy Senior	Speaker #1
Second Place	Gillian Barrio El Molino Senior ,	Speaker #2
First Place (Tie)	Gabriel Staniford El Molino Senior	Speaker #3
	Taylor Ramalia El Molino Sophomore	Speaker #5



**Rick Wilson** complemented and thanked **Larry Ford** for putting a great program.

## The Final Bell

Since our fearless leader had taken off to Ukiah to perform his AV duties for District Training Assembly in Ukiah, **Past President Bob Rogers** took over the duties of finalizing the meeting.

The March 20, 2015 meeting of The Rotary Club of Sebastopol was rung to a close by **PP Bob Rogers**.



## 🍏 After the Final Bell 🍏

### Teacher Mini-Grants

Since its inception in the fall of 2002, the Sebastopol Rotary has distributed nearly \$210,000 in Mini-Grants to local teachers.

Grant Size: \$50 to \$500 maximum.

Qualifications: Any teacher working in a public or tax-exempt private school located within the boundaries of the West Sonoma County Union High School District.

Deadline: April 17, 2015.

Submit application using this [link](#) for consideration.

Questions can directed to Michael Hixson at [mikehixson@comcast.net](mailto:mikehixson@comcast.net)

**RI READING: Rotary Weekly**  
**[CLICK HERE TO GO TO RI WEBSITE](#)**



20 March 2015 | A roundup of Rotary news



### [Rotaractors enjoy special convention registration rate](#)

Rotaract members will receive a special convention rate of \$70 if they register for

rate goes up to \$130, the regular price for Rotaractors. Rotary members have until 31 March to register for \$50 off the price at the door. Plan your trip today, and take advantage of these great rates to join members from around the world as they connect for good in São Paulo.

- [Register now](#)
- [Learn about the Rotaract Preconvention Meeting](#)
- [Get the latest updates on the 2015 Convention Insider](#)

**REGISTER NOW**

## Disease prevention

### Rotary AIDS documentary wins Telly awards

A documentary film produced by Rotary staff that features Rotary member Marion Bunch and her work to prevent the spread of HIV/AIDS in underprivileged African communities has won two 2015 Telly Awards. “Rotary Family Health Days” received a Silver Telly, the highest honor, in the online video-documentary category, and a Bronze Telly in the online video-branded content and entertainment category. The documentary was shown by the South African Broadcasting Corporation throughout Africa.

- [Read more about the award](#)
- [Learn about Rotary Family Health Days](#)
- [Support a project for AIDS orphans in Africa](#)

## End Polio Now

### No child should have to suffer from polio

Rotary polio ambassador Isabelli Fontana is in India, participating in immunization activities. The Brazilian supermodel went to St. Stephen’s Hospital in New Delhi, and is visiting a special ward that treats children who’ve had polio. “Seeing the children in St. Stephen’s reminded me that the fight is not over,” remarks Fontana, in a post for our blog Rotary Voices.

- [Read Fontana’s post](#)
- [Learn how you can help us end polio](#)
- [Browse polio awareness efforts on Rotary Showcase](#)
- [Join a discussion on ending polio](#)

## REGISTER FOR CONVENTION BY 31 MARCH & SAVE

Don't miss your last chance to save on registration fees for the Rotary Convention, happening 6-9 June in São Paulo.



- [Register by 31 March to save](#)
- [Buy your tickets to the Rotary Carnival](#)
- [Get others to join you with these social media promotions](#)

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## SEE WHAT HAPPENS WHEN WE WORK TOGETHER

Rotary's 2013-14 annual report shows what we can accomplish when members are active in their clubs and service projects.

- [View Rotary's 2013-14 annual report](#)
- [Download the report](#)
- [Learn how to engage your members](#)

## Rotary's online tools

### Search by skills and interests

Did you know that you can now use My Rotary to search for members of Rotary, Rotaract, and verified Rotary alumni who have particular skills and interests? Simply navigate to Exchange Ideas and Search People to check it out. Only users who have unlocked their user profiles and listed their skills and interests will show up in searches, so modify your profile today.

- [Modify your profile and begin connecting](#)
- [Join a discussion group](#)

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### Resources & reference

[Rotary Voices: Stories of service from around the world](#)

[Rotary Leader: Helping club and district officers achieve success](#)

[Rotary Images: Download photos to use in your club or district publications](#)

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Send questions to [website@rotary.org](mailto:website@rotary.org). Share comments on [Rotarians Worldwide discussion group](#).



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