



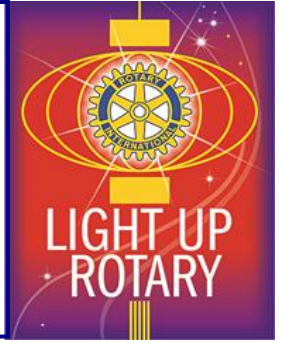
The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin

Chris Bingham – Local Programs for Veterans



Date: November 7, 2014
Volume: 2014/15—Issue E13-18
Scribes: Bob Rogers, Barbara Beedon
Photogs: Richard Power, Bob Rogers
Co-Editors: Tom Boag / Jack Dunlap ☑: The Dilleys
Club President 2014/2015: Ron Puccinelli



"All the News that Fits We Print"



Before TheBell



As I walk from my car to Memorial Hall to attend today's meeting, I am again made aware of how blessed we are to live in such a magnificent area...the sun is shining, the temperature is not too hot, and not too cold...but just right!!! You can't help but smile ☺

I am greeted by **PE Ricky** and **President Ron** as I pull badge number 72 out of the box (Gee, I was #100 when I joined the club 7 ½ years ago). Making my way around the tables, I am confronted/greeted by all the usual suspects...**Treasurer Mark**, **Secretary Jack**, **Foundation Rep Dorothy** sitting behind the Rotary raffle drum, **Bristol Hassler** by the Great Gatsby Easel...**Bristol Hassler**??? She's back!!! Not as a Great Gatsby worker this time, but as a guest of **Brendon Houston**...and her name is now **Bristol Lopes**...yes, she's married now...actually 2 years ago...and she is beaming with a wide grin because she is carrying some extra baggage, **Dominic Bruce (after Bristol's Dad) Lopes** to be exact, and he is due to arrive on December 17th. Congratulations **Bristol**. She'll continue to work for **Brendon** "until my water breaks", then take a few months off before returning to help out with tax season. It is great to see her again.



At The Bell



At the bell, **President Ron** calls on **David Still** to lead us in the *Pledge of Allegiance*, followed by another rousing rendition of *God Bless America* led by songstress **Karen Daniels**.



🍎 Future Programs 🍎

SEE NEXT "FISHY" PROGRAMS IN AFTER THE BELL

November 14, 2014

Speaker: Dr. Tomio Iwamoto,
Academy of Science, SF
Program: "Climate Change & Effect on
North Coast Fisheries"

November 21, 2014

Speaker: Robert Rubin, PhD, Pacific
Manta Research Group
Program: "Flying Carpets of Ebony
Silk"

November 28, 2014

Dark

Happy Thanksgiving

December 5, 2014

Speaker: Mayor Robert Jacob
Program: The Future for Sebastopol

🍎 Future Events 🍎

Saturday, November 15
The Great Gatsby Party!!!
(See Attachment)

Holiday Party
Dec 05, 2014

Crab Feed
February 14, 2015

🍎 **Handy Links** 🍎
Pinot for Polio Form
Great Gatsby Gala Poster
Sebastopol Rotary Website

🍎 **Miscellany** 🍎

Next Board Meeting

Date/Time: **Thursday, Nov. 13th, 5:15 p.m.**

Location: **Pauline Pellini's Office**
Vanguard Properties
130 S. Main @ Burnett S, Seb.

MAKEUP NOTIFICATIONS - jcblasco@comcast.net
On-line Make-Ups: www.RotaryEClubOne.org

INTERACT MAKE-UPS - HAVE YOU TRIED IT?

Anal High: 12:40 Most Wednesdays In Choir Room (Check with Bob Hirsch, Jack Dunlap, Ted Baggett)
Brook Haven: 12:10 First & Third Thursday, Room 18 (Check with Pauline Pellini, Mike Carey)
Orchard View: Different meeting times (Check with Mike Carey)
Twin Hills: Every Other Tuesday 12:45pm - 1:20pm (Check with Dan Rasmus)

For all Interact Mtgs.: CALL AHEAD TO CONFIRM MEETINGS

!!! CHECK IN AT SCHOOL FRONT OFFICE FIRST !!!



Bill Cole supplied us with the Thought for the Day...actually it was many thoughts...10 to be exact. He confessed to being "older than most", and having been retired for several years, has compiled a list of bits of wisdom he has picked up along the way:

1. I think part of a best friend's job should be to immediately clear your computer history if you die.
2. Nothing sucks more than that moment during an argument when you realize you're wrong.
3. I totally take back all those times I didn't want to nap when I was younger.
4. There is great need for a **SARCASM FONT**.
5. How the hell are you supposed to fold a fitted sheet?
6. Was learning **curisive** really necessary?
7. MapQuest really needs to start their directions on step 5. I'm pretty sure I know how to get out of my neighborhood, so steps 1-4 are unnecessary.
8. Obituaries would be a lot more interesting if they told you how the person died.
9. I can't remember the last time I wasn't at least kind of tired.
10. Bad decisions make good stories.

Thanks **Bill**. From an "**older than most**" cohort, I really appreciate and identify with most of this list. It's always great not to see my name in the obits!

Catering at Great Gatsby

President Ron then tells us to enjoy our lunch, and I'm thinking, ok, we've got 10 minutes or so to eat, socialize, and enjoy each other's company...But not yet Grasshopper!!! At 12:20, a voice



starts emanating from the PA system. It's Christopher Ludwick, Executive Chef/Owner of Grapevine Catering, the new caterer for The Great Gatsby, extolling his company's virtues and telling us about the menu he has planned for our upcoming great event:

Hors D' Oeuvres

Baby Yukon gold potatoes stuffed with scallions and aged cheddar

Smoked Pork slider, porcini crème fraiche, onion jam

1st Course

Baby lettuce, radish, carrot ribbons, pumpkin seeds, toasted fennel vinaigrette

Main Course

Slow cooked boneless beef short ribs, caramelized onion gravy

Vegetarian

White bean and vegetable Cassoulet, mushroom streusel

Sides

Crème fraiche potato puree

Roasted seasonal vegetables

Dessert

Chocolate pound cake, Cabernet pear compote, brown sugar crème fraiche

Wow...makes my mouth water just reading the menu. I checked out his website, <http://www.grapevinecatering.com> In addition to a couple of Harvest Fair "Best of Show" awards for appetizers, there is a page on his website with accolades from wineries, individuals, and press articles. Check it out. What a GREAT addition to THE GREAT GATSBY!!!



Visiting Rotarians & Guests



Visiting Rotarians were Michael McGlothlin from Sebastopol Sunrise and Dan Bornstein from Santa Rosa.

As mentioned above, **Brendon Houston** brought Bristol (Hassler) Lopes as his guest.



Kathie Mayhew introduced retired Orange County Judge Marjorie Carter, and said, "She's been here before, and will be here for many times in the future."



Bob Cugini introduced his pal Pala.



Jack Dunlap introduced his guest, Ruth Loy, followed by **Tom Dilley** introducing his wife **Pat**.



And finally, **President Ron** introduced guest of the club, Jim Passage. Welcome everyone!



Announcements



Great Gatsby – **Gene Nelson** announced that we have 2 great new items for the Silent Auction, but if he told you what they were, then he'd have to kill you...Gee **Reverend Nelson**, isn't that a little out of your line of work? **Gene** also mentioned that because we need to give the caterer a count, you need to purchase your tickets by Monday, if you haven't already done so. So if you're not one of the 200 already signed up, better get off your "seat" and purchase your ticket(s). **President Ron** chimed in with a reminder that now that we have a meal choice, meat or vegetarian, you have to let them know, also by Monday. Hope you did it, because by the time you read this...**IT'S TOO LATE!!!**



Chili Cookoff – The Santa Rosa Evening Club is holding their 2nd annual Heidi Zimmer Memorial Chili Cookoff next Friday, November 14th, the day before the Great Gatsby. How's that for a fun filled weekend? The event will take place at the Scottish Rite Hall, 600 Acacia Lane, Santa Rosa. Doors open at 6pm. Tickets can be purchased online at <https://ti.to/evening-rotary-club/chili-cook-off-2014> for \$25 each.



Holiday Party – **Larry Ford** announced that the club's Holiday Party will be taking place on Saturday, December 6th, once again at JT & Teresa Martin's house. Thanks **JT & Teresa**, for your continuing hospitality. Bring a dish to share, such as your favorite appetizer, finger food, or dessert, but no cheese, wine or ham, as that will be supplied by the club. The party will run from 5:30 to 9:00pm.

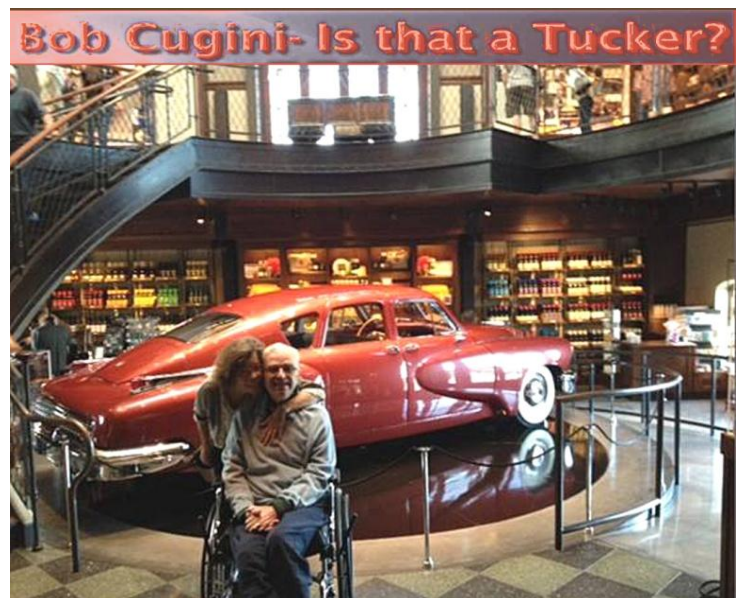
Holiday Party 12/6 J.T. Martin's



Birthdays and Anniversaries – **President Ron** said that Birthdays were taken care of last week during the chaos of the Presidential Contest...Really???

David and Nan Still celebrated their 42nd anniversary on November 4th by spending two nights in the Wawona Lodge at Yosemite, and it only cost him \$5...the fine, not the hotel room!!!

Bob & Julie Cugini celebrated their 26th anniversary on November 5th at the Francis Ford Coppola Winery in Geyserville. \$5 for the birthday, and \$10 for posing in front of Coppola's fire engine red Tucker from the movie...what else?..."Tucker."



Foundation Raffle



Yes, we have two raffles today...the Foundation Raffle, in addition to **The Prez's** "Sweet Spinner" raffle. First, the Foundation Raffle:

Dorothy Rodella was the emcee for today's drawings, and she started off with a bang. 16 prizes were offered and the winners could choose from among the goodies. If you were not in attendance, you get the leftovers. The winners were:

1. **President Ron** was the first out of the gate and he chose a bottle of wine.
2. **Tim Moore**, who was absent, so **Meredeth** chose a prize for him, took the \$100 gift certificate to the French Garden...and she whispered to me, "I'm not gonna tell my **Dad**, either."
3. **Rollie Atkinson** chose the gift certificate to Canneti Road House in Forestville.
4. **Brian Langermann** gets leftovers, as he wasn't here today.
5. **Frank Mayhew** chose the Siduri Pinot Noir.
6. **Bob Rogers, your humble scribe**, took the portable BBQ Troy Treasure home.
7. **Jack Blasco** opted for the Mill Creek Cabernet
8. **Tom Dilley** opted for 500 Paul Harris recognitions points.
9. **Jerry Warren** took the coveted Lighted Moose for his front lawn in Oakmont.



10. **Linda Johnson** scored 500 Paul Harris recognition points.

11. **Bob Cugini** also opted for the 500 Paul Harris recognition points.

12. **Yvette Williams van Aggelen** made off with a bottle of wine.

13. **Bob Boyd** will get leftovers, as he was not in attendance today.

14. **Barbara Bickford** Same situation as **Bob Boyd** and **Brian Langermann**.



15. **Bud Daveiro**...yet another absentee.

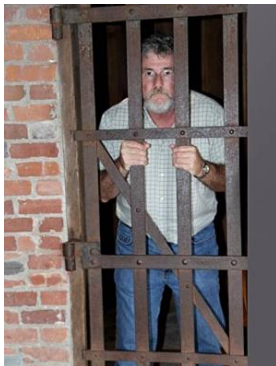
16. **Harry Polley** made off with the \$40 gift certificate to Peter Lowell's.

And these winners, along with everyone else who donated to the Foundation's annual fund or the PolioPlus fund, have a chance at another drawing, taking place at the Foundation Dinner South on Saturday night. A two for one deal...can't beat that!!!

Dorothy assured us that she and **Karen Daniels** would choose appropriately from the leftover prizes, for those who were not in attendance today. She also thanked club members for donating a total of \$10,640 during this month long drive, which was met with a huge round of applause.



Recognitions



At this point **President Ron** flashed up a picture of **Secretary Jack Blasco**, behind bars, in a jail cell. When asked for an explanation, **Jack** explained that he didn't know you had to have an account at a bank before making a withdrawal. With that explanation, **President Ron** withdrew \$15 out of **Jack's** pocket. But **Jack** got back by taking this opportunity to start begging for volunteers, by cleverly turning the "cleanup" job at The Great Gatsby Gala into a retirement plan. Pick up those \$100 bills left on the floor by the party goers and who knows, you may even find enough to pay off your mortgage and retire!!! Really???...Where do I sign up?



Paul Yeomans



Paul Yeomans was hit for 35 big ones for carrying on a family tradition and renting a house on the beach at Seaside, N.J., something his parents had done for years, and took his girl friend Suzie with him to enjoy the same. Yes, she is still his girlfriend, and yes, they had a good time.

Next slide up was a beautiful shot on the Big Island of Hawaii, taken by **Ken Silveira**. When complimented by **The Prez** on his photographic talents,



Kenny replied that he learned from the master, **HH**. **The Prez** said he couldn't hit **Kenny** up for a fine, as he's all paid up, but **Ken** reached into his pocket anyway and threw a five in **Nao's** collection box.

Ken Silveira



Congratulations are due to **Torrey Olson**, for being voted onto the Oak Grove Union School Board. He garnered somewhere around 600 votes, but he's sure it was the 5 votes from Rotarians in his school board's district that put him over the top. His first official duty was paying the \$15 levied by **President Ron**. His second duty was correcting his son Henry's spelling on the note he sent his dad saying, "I'm really looking forward to more ressess." Me too Henry...Me too!!!



At this point, **President Ron** asked for a moment of silence to honor those veterans who have served in our country's armed forces.



Sweet Spinner Raffle



Hey, don't holler at me...I didn't name it...that's what **President Ron** calls it. OK, so the first ticket is called, 144688...no response.

The next ticket is called...727...hey, I used to fly 727's, but...no response.

706...no response.

683...no response.

Hey, do we have the right ticket bucket?

731...no response

737...Hey, I flew those too, but...no response.

753...finally...**Frank Mayhew's** got the winning ticket...7th time's a charm...or not!!! **Frank** spins a Milky Way and draws a Butterfinger...Awww!!!...Too bad...Better luck next time ☺



The Program

President Ron introduced our speaker today, Chris Bingham, who heads up the County's Veteran Service Office. Chris, himself a vet, flew P-3 Orions for the Navy, and later transferred to the Air Force, finishing his career flying C5A Galaxys, the military's largest transport.

The County Veterans Service Office is NOT a branch of the Federal Government's VA office, but a service offered by the Human Services Department of Sonoma County. Their goal is to help veterans and their families obtain benefits and services that are available to them, including some they may not even be aware of. Many times clients will visit their office for assistance with one issue, only to discover that they may be eligible for other benefits as well.

Their service is completely free to veterans, and they are a full service office, walking you through the total process from beginning to end. While pension claims typically take from 30 to 60 days, disability claims can take anywhere from 3 to 6 months. Chris said dealing with the VA on your own can be like defending yourself in court without an attorney. Not the best thing to do. Their office knows how to deal with the Federal backlog at the VA, knowing how to cross all the T's and dot the I's to expedite the process to as fast a resolution as possible.

When some folks think of disabilities, they think of missing limbs...but a disability can also be a disfiguring scar, a hearing loss (#1 item they deal with) or post-traumatic stress. Benefits can range from a monthly stipend, hearing aids, or access to mental health services for these issues. Stipends can be as high as \$8,000 per month, depending on the severity of the disability.

Many may also be eligible for healthcare if their annual income is \$50,000 or less. Although VA healthcare has been in the press a lot lately, 90% of those who do receive these services are very happy with the care.

Chris told us of WWII vets with missing limbs who say, "I'm fine, I don't need help. Give it to someone who needs it more than me." But with our aging vet population from WWII, Korea, and now Vietnam, many are in need of caregivers, and they may be eligible for monthly caregiver benefits ranging from \$1,700 for a vet, \$1,130 for his dependent survivor, or up to \$2,085 for a married couple, depending on their net worth.

Other benefits range from burial benefits, if you are getting disability benefits, to student tuitions for dependents at a State or Community College. Many may also be eligible for Cal Vet Veterans Homes.

To find out more about their services, go to <http://scvets.org>. Their offices are open Monday through Thursday, from 8am to 5pm. They will see drop-ins from 8:30 to 10am, but recommend making an appointment, which you can schedule by calling (707) 565-5960. They are located at 3725 Westwind Blvd, in Santa Rosa.



The Final Bell

President Ron thanked Chris for his informative talk today and informed him the club would be making a donation to The Pathway Home, an organization dedicated to helping Iraq and Afghanistan vets reintegrate into civilian life, in his name. He then rang the bell, ending the meeting, promptly at 1:30pm

President Ron thanked Chris sharing his stories and presented him with a donation in his name to The Pathway Home. He then rang the bell at approximately 1:30 p.m., ending the meeting.

After the Bell

During our November 14 meeting, **Tom Farrell's** sons will give a short talk about what Rotary meant to **Tom**. (Note 11/14 is not a memorial but a statement from **Tom's** family as they have arranged a private service.)

The Foundation Dinner South – was held on Saturday night, November 8th at the Hilton Hotel in Santa Rosa. Attendees from our club were:



Dorothy & Ron Rodella, Jim & Rosemarie Pacatte, Yvette Williams van Aggelen, Rick Wilson & Cindy Carter, Ron and Lynda Puccinelli, and Bob and Peggy Rogers.



The purpose of the event is to celebrate the successes of the District's previous



year's giving to the Rotary Foundation. The theme was Blues & Jazz, and the place rocked with music supplied by "Rotten Tomatoes". A few pounds were lost on the dance floor!



But not to be outdone, The Rotary Club of Sebastopol ROCKS as well. We were recognized for our total contributions to PolioPlus, highest in the district at \$57,323.42, total contributions to The Rotary

Foundation of \$113,193.40, again the highest in the district, and per capita giving of \$295.87. This is something that we can all be proud of. Congratulations to you all.

And as mentioned earlier in this newsletter, raffle ticket holders from the club raffle were again eligible for another drawing that took place at the Foundation dinner. Winning prizes were **Richard Power, Tom Dille, Henry Alker (2) and Mia Del Prete**. Congratulations to you all...Hey Tom, I'll help you drink some of those magnums!!!

THE ABC's of Rotary

(Taken from "The ABCs of Rotary", a Rotary International publication originally prepared by

Dr. Cliff Dochterman who was RI President in 1992-93)

#60: Still More Rotary Firsts

- Rotary first presented Significant Achievement Awards in 1969 to clubs with outstanding international or community service projects.
- Rotary's first Interact club was organized in Melbourne, Florida, USA, in 1962 to become the pioneer for about 8,600 Interact clubs in 110 countries.
- Rotary's first convention held in the Southern Hemisphere was in Rio de Janeiro, Brazil, in 1948.
- Rotary's first community service project took place in 1907 when Chicago Rotarians led a campaign to install a public "comfort station" in the city hall.
- The first year the Rotary Foundation received total contributions of a million dollars in a single year was 1964-65. Today, more than \$70 million is given annually. Contributions since 1917 total more than \$1.3 billion.
- Rotary's first appeal for aid to disaster victims was in 1913 when \$25,000 was given for flood relief in Ohio and Indiana, USA.

Next “Fishy” Programs (provided by Barbara Beedon):

November 14, 2014 Program

Speaker: Tomio Iwamoto, Ph.D., Curator Emeritus, California Academy of Sciences, Dept. of Ichthyology

Program: “Climate Change and Its Effect on North Coast Fisheries”



Dr. Iwamoto worked at the Cal Academy for almost 40 years before retiring in 2011. The Department of Ichthyology there is home to one of the largest, most significant collections of fishes in the world. He will tell us about his studies of “grenadiers”, a group of more than 400 deep-sea fishes related to the codfish. Grenadiers (Family Macrouridae), also known as “rattail fish” are found in all oceans, but 80-90% are found in tropical and subtropical seas. Most importantly,

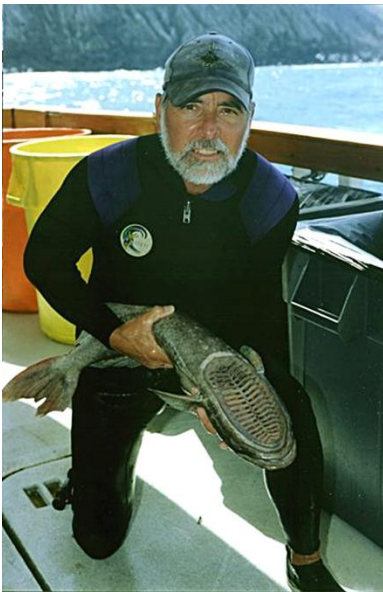
because of their wide distribution, they can also be a marker for changes in the ocean due to climate change -- and how those changes may affect our vital North Coast Fisheries. Dr. Iwamoto will tell us about his studies and why we should be interested in what he has learned about the humble Grenadier fish.



November 21, 2014 Program

Speaker: Robert Rubin, Ph.D, Marine Biologist; Director, The Pacific Manta Ray Research Group

Program: “Flying Carpets of Ebony Silk”



Dr. Rubin recently appeared at the TEDx Sonoma County event, where the audience was spellbound by stories about his encounters with Manta Birostris, the large and docile giant Manta Rays he studies.

Dr. Rubin’s work has been documented on The Discovery Channel, Animal Planet, BBC, and National Geographic. The recipient of numerous awards for teaching excellence, he is currently teaching at Santa Rosa Junior College.



Pacific Manta Research Group is a conservation and research organization that studies the manta rays of the Eastern Pacific, focusing on the Gulf of California, Banderas Bay, and Islas Revillagigedo, under consideration as a UNESCO World Heritage Site.

Dr. Rubin will share some of the incredible experiences he has had while working with the giant manta rays, and some of the amazing things he and his team have learned about them in their studies. Here is a link to a very basic video about Mantas:

<https://www.youtube.com/watch?v=yfgJx-ShRGI>

The Great Gatsby Gala –November 15, 2014



ROTARY CLUB OF SEBASTOPOL
PRESENTS:

THE GREAT GATSBY GALA

A GLAMOROUS EVENING WITH DINNER, DANCING AND AUCTIONS

➤ JOIN US ➤

SATURDAY • NOVEMBER 15, 2014 • 5:00 - 10:30 PM
Sebastopol Community Center • 390 Morris St., Sebastopol

TICKETS AND SPONSORSHIPS:
rotarygreatgatsbygala@gmail.com

Attire:
Roaring 20's

RI READING: Rotary Weekly

[CLICK HERE TO GO TO RI WEBSITE](#)



7 November 2014 | A roundup of Rotary news



[Polio infrastructure helps combat Ebola in Nigeria](#)

Rotary's investments in polio eradication infrastructure in Nigeria has helped the government stop the Ebola outbreak there. The polio surveillance network, which is used to monitor incidence of polio, is now also being used to identify and track suspected Ebola cases. To learn how you can support the fight against Ebola:

- [Read the Board's statement on Ebola](#)
- [Support the efforts of Rotarians in Monrovia on Rotary Ideas](#)
- [Read a news report on polio and Ebola in Nigeria](#)
- [Join a discussion group on fighting Ebola](#)

GIVE

Polio eradication

Ironman competitor Minda Dentler on living with polio

Rotary's World Polio Day Livestream event on 24 October featured many inspiring speakers, including polio survivor and Paralympian Minda Dentler. Dentler contracted polio as a child in India, was adopted by an American family, and took up athletics much later. In 2013, she became the first woman handcyclist to complete the Ironman World Championship. If you missed the Livestream, you can still see her story:

- [Watch the video of Dentler](#)
- [View the entire Livestream](#)
- [See a photo gallery of World Polio Day events](#)
- [Support the Miles to End polio team](#)

Getting social

Five things you must do with social media

Australian Rotarian Susanne Rea is a fan of eating. She also loves Rotary. Through the power of social media, she developed a fundraising campaign that combined the two, encouraging clubs to host a meal to raise money for polio eradication, Rotary's top priority. Elevate your next fundraiser by following this list of social media musts:

- [Read more](#)
- [Read how Rotary Ideas is changing crowdsourcing](#)
- [Discuss how to use social media in Rotary clubs](#)
- [Get more advice on using social media from Rotary members](#)

SUPPORT MILES TO END POLIO

Join General Secretary John Hewko and six Rotary staff members as they bike in El Tour de Tucson to raise funds for the fight to end polio.

- [Support Miles to End Polio](#)
- [Advocate for polio eradication](#)
- [Give to End Polio Now](#)



GET THE LOWEST RATES ON THE SÃO PAULO CONVENTION: 6-9 JUNE 2015

Register for the Rotary International Convention in São Paulo by 15 December to get the lowest rate.

- [Register today](#)
- [Save on travel to the 2015 convention](#)
- [Order tickets for exciting Host Organization Committee events](#)

Announcements

Rotarian's daughter wins the 2014 Nobel Peace Prize

Malala Yousafzai, the Pakistani teenager shot in the head by the Taliban for speaking out in support of girls' education, is one of two Nobel Peace Prize winners for 2014. Yousafzai's father, Ziauddin Yousafzai, is a member of the Rotary Club of Mingora Swat. Read more about the award and catch up on these other Rotary announcements:

- [Read about the Nobel Peace Prize](#)
- [Read more of Yousafzai's story in *The Rotarian*](#)
- [Enter the Interact video contest for a chance to win \\$500](#)
- [The Rotary Foundation earns coveted 4-star rating](#)

Resources & reference

[Rotary Voices: Stories of service from around the world](#)

[Rotary Leader: Helping club and district officers achieve success](#)

[Rotary Images: Download photos to use in your club or district publications](#)

Rotary Weekly brings you the latest Rotary news, features, and resources. Use this content in all of your Rotary communications, including club or district newsletters and websites.

Send questions to website@rotary.org. Share comments on [Rotarians Worldwide discussion group](#).

GET MORE NEWS