



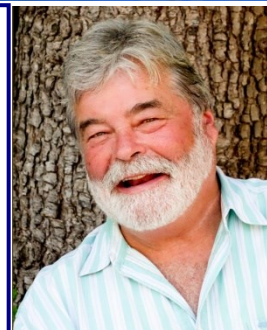
# *The Appleknocker*

## *Sebastopol Rotary Club's Weekly Bulletin*

### Bill Sauber – The Appalachian Trail



**Date:** May 13, 2016  
**Volume** 2015/16—Issue E14-42  
**Scribe:** Tom Campbell  
**Photogs** Robin Maybury  
**Co-Editors:** Jim Raffini, Tom Boag / Jack Dunlap  
**Club President 2015/2016:** Rick Wilson



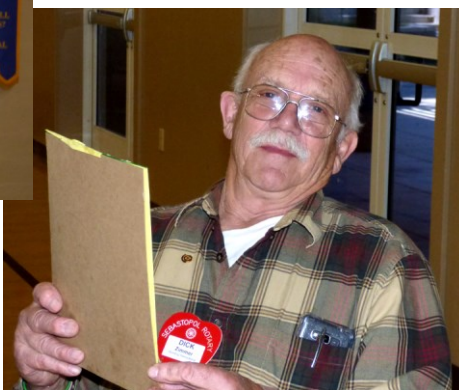
"All the News that Fits We Print"



### At the Bell



Undaunted by the impending gloom of this Friday 13<sup>th</sup> 2016, our **Fine President Rick** struck the bell on time, Jean Boal – soon to be a new member – led the flag salute and pledge. **Keller McDonald** chorused our membership through two verses of "*The Happy Wanderer*" and ever-thoughtful **Dick Zimmer** provided the day's thoughts:



"Once the word flies out, you can't catch it."  
(Russian proverb)

"The best leaders are those who know how to follow." (Anon.)

The best side of a saloon is the outside." (Anon.)

"You don't get to choose how or when you will die. You can only choose how you are going to live." (Joan Baez).



### Visitors, Guests, and Friends



**President Rick**, who regaled members (and our speaker, close to His Podium) with college exploits in his pre-Corvette years jamming "Who" and "Lead Zeppelin" before being detained by three CHP, again interrupted our fine lunch (tortillas, chicken stewed with veggies & cilantro salad, and beverages) for introduction of Guest Rotarians by **Bud Daveiro** – including Dale Knight, insurance, Rohnert Park-Cotati; Chris Ranney, business consultant, Petaluma;







## Future Programs



May 20, 2016

Speaker: **Michael Pritchard**

Program: **The Shortest Distance Between Two People is a Good Laugh**

May 27, 2016

Speaker: **Joe Hasson, VP-GM Graton Casino**

Program: **Secrets of How a Casino is Run**

June 3, 2016

Speaker: **Dennis Mulligan, GM, Golden Gate Bridge, Highway, and Transportation District**

Program: **An Overview of the Golden Gate Bridge, Highway, and Transportation District**

June 10, 2016

Speaker: **Dan Howard**

Program: **Cordell Bank National Marine Sanctuary**

June 17, 2016

Speaker: **Wendy Trowbridge**

Program: **Laguna Foundation**

June 24, 2016

Speaker: **Bill Braga – Sebastopol Fire Chief**

Program: **DEBUNKING – of President Rick Wilson -- Evening**



## Future Events



**Interclub Bocce Ball Tournament**  
**BBQ and Family Day**

**June 11, 2016, 9:30 am – 4:00 pm**



## Handy Links



[Pinot for Polio Form](#)

[Sebastopol Rotary Website](#)



## Miscellany



### Next Board Meeting

Date/Time: **Tues, June 14<sup>th</sup>, 5:30 p.m.**

Location: **Rick Wilson's Home**

**MAKEUP NOTIFICATIONS – [icblasco@comcast.net](mailto:icblasco@comcast.net)**

**On-line Make-Ups: [www.RotaryEClubOne.org](http://www.RotaryEClubOne.org)**

**INTERACT MAKE-UPS – HAVE YOU TRIED IT?**

**Analy High:** 12:40 Most Wednesdays In Choir Room (Check with Dan Rasmus, Mark Stevens, Jack Dunlap)

**Brook Haven:** 12:10 First & Third Thursday, Room 18 (Check with Pauline Pellini, Mike Carey)

**Orchard View:** Different meeting times (Check with Mike Carey)

**Twin Hills:** Every Other Tuesday 12:45pm - 1:20pm (Check with Dan Rasmus)

**For all Interact Mtgs.: CALL AHEAD TO CONFIRM MEETINGS**

**!!! CHECK IN AT SCHOOL FRONT OFFICE FIRST !!!**

Bud also introduced Linda Sinkay, Sebastopol Sunrise and ADG for District 5130; and Peter Kalibbala, President of The Rotary Club of Jinja, Uganda, Trust Administration.



Jeff Boal introduced Jean Boal.



Someone introduced Cheryl and Patrick Thomas, who recently hiked the Camino de Santiago in Spain, -- attending especially for today's spkr.

David Mark-Raymond introduced our exchange student, **Bruna**.



**Bob Rogers** introduced his wife **Peggy**.

**Mia Del Prete** introduced **Sue Engle**.



**Larry Ford** introduced his wife, **Gerry Reilly-Ford**.



## Announcements



Our **President Rick** announced sadly that our **Previously Present And Irreplaceable John Blount** was absent for a dental emergency (putting a potential dent in fundraising) but that guest, Peter Kalibbala, would provide us with a report on the Lords Meade Vocational School. He is visiting from Uganda and he thanked those who had assisted him including the Anthill Foundation, and reported for the TOFTA educational trust and from his own personal experience. In 1988, he was going to drop out of school, his parents were gone, but he was allowed to complete school along with his 13 siblings. The school provides academic and vocational training – the vocational he thought was most beneficial. (As a guest, he was not fined.)

Next, we were shown a picture of a dinner from our fundraiser with **Chef Pierre Lagourgue** and Sous Chefs' **Brad** and **Steve**, with T-shirted **JT Martin** and **Mia Del Prete** serving as Pearl Divers. When asked the definition of Pearl Diver, **Mia** demurred, and was only fined \$15 by **Pres. Rick** for not knowing. "Pearl Diver is dishwasher, my dear," responded our **President**.



**Sally Ewald** reported that the Rotary International Fundraiser is still open, and that four of our members are being honored for their Paul Harris Awards including **Mia Del Prete**, **Bob Cugini**, **Linda Johnson**, and **Yvette Williams van Aggelen**.

**Dorothy Rodella**, as chair of our Rotary International Fundraising Committee, reported that previous prizes, auction items, bottles of wine are being accepted (Bring to her bank.) as credit for \$25 donations to RIF and that tickets can still be purchased for next week's meeting and prize drawing.







**Pres. Rick** reported that the Learn to Swim Program has finished another successful year, producing 380 new second grade swimmers, including one young lady who sent a note that, in part, read "Thank you for teaching me how to float on my back and giving me the courage to do it."

The 380 proud T-Shirted swimmers, thankful for Learn to Swim, included Jack Jacobs, **Ken's** son.

**President Rick** extended thanks for help from

**Brendon Houston** and especially from **Mario Ramos** for his second year of helping at every session. Standing ovation)



**Aldean Noethig** is selling tickets to the Debunking.



## Recognitions



**John Blount**, who had returned earlier, was to become **Pres. Rick's** main man for fundraising today starting with \$10.



Calistoga Fund Raiser photos included Rumsey Ribs, some of our members enjoying the fun, and Diane Barrett (from Calistoga Rotary) who bought dinner for all (\$2,500) and celebrated her 75<sup>th</sup> or was it 57<sup>th</sup> Birthday with cake.



**Steve Prandini** was recognized for his new grandson Danilo and fined \$25 that he quickly converted to a \$100 contribution toward a Paul Harris Award.

**Meredeth Bertacco** was recognized for sending in photos of her lovely trip to Rio. When asked her opinion (non-professional) whether the Brazilians would be ready for the Olympics, she answered diplomatically that "It looks like they have their work cut out for them" and was fined \$55 – "with heavy heart."

**Dick Zimmer** sent in a sweeping view of the Caribbean from a cruise with 2,000 jazz lovers... that cost him \$60. He responded, "Wait until the Debunking."

This seems to be the only response to the **President's** plea for ticket purchases and his comment, "My term is so short that I can barely see over the podium."





## LET's PLAY ROTARY TRIVIA



**Dennis Judd** was asked, "Who created Rotary?" Response: "A guy named Harris." Correct. "That will be \$70."

**Jack Blasco's** question: "Who was Larry Duffield?" Answer: "The Grand Puba." "No"

**John Blount**, "Who was 2<sup>nd</sup> President here?" "No, Mecham Rich, that will be \$45."

"**Patti Blount**, "Who was President when I came in?" Answer. "**Bob Carey?**" "NO, **Richard Power**, \$37.50."

"**Aldeen**, why is it called the Rotary Club? Answer from **President Rick**, "Five guys got together in Chicago" and they rotated meeting locations. Thank you, \$70."

"**Diana Rich**: Who is on the latest cover of Rotary Magazine?" Answer, "**Mia Del Prete?**" "No, The Edge, \$70."

"**Les Crawford**: How many clubs in our district?" Answer: "48." "No, you are close, 47."

Les pleaded "That should be \$1". **President Rick**: "No, \$70." **John Blount**: "Should be \$46."

**President Rick**: "**John**, that will be \$10."

"**Bob Cugini**, where was Rotary founded?" Bob: "Chicago." **President Rick**: "Correct. It HURTS ME to fine you \$55."

"**Michelle Kimble**", how do you pronounce Rotary President Robie's last name?"

Answer from **Pres. Rick**: Ra-vin-dran. From **John Blount**: "No, Rav-in-dran." President Rick: "That will be \$20 from you **John**, and that will be \$35 from you **Michelle**."

"**Mario Ramos**: Who is the District Governor here? Answer: "**Bob Rogers**", "No Wolff Reinhold." "**Mario**, that will be \$45."

"**Cindy Carter**: Who is the incoming Rotary International President?" No Answer. "John Germ". That will be \$35.

"**Jack Dunlap**: Where is club Number 2?" Answer: "Detroit". "No, San Francisco, that will be \$50."

**Jack Blasco**: "I have a question for you, **President Rick**, when was our club started?" Answer: "1925." **Jack**: "That's correct, \$20."



## The Raffle



Cash, \$225 on this Friday 13<sup>th</sup>. Guest Speaker, Bill Sauber, drew the winning ticket first – no answer -- then drew another ticket for **Cindy Carter**... that was not a winner.



## The Program



Linda Sinkay, Sebastopol Sunrise member and Assistant District Governor, introduced speaker Bill Sauber.



Bill lived in California most of his life and, after serving in the Air Force and graduating from Cal. Poly, he worked 40 years in Farm and Construction Sales – mostly in California but more recently in North Carolina and Pennsylvania. He retired in Nov. 2014 and moved back to Sebastopol with his wife Maxine. He is a member of Sebastopol Sunrise Rotary, and President Elect Nominee for 2017/2018. He has been a runner for 44 years, running hundreds of road races, 18 full marathons, including New York City and Boston. He has competed in numerous triathlons including full Ironman events in

Louisville, KY and Kona, HI. He lived in Ashville, NC from 2003 to 2013 and in Carlisle, PA.

Bill and his son, Pete, hiked parts of the Appalachian Trail (AT) while living in PA. He also read Bill Bryson's book "A Walk in the Woods" and knew that this trip was not just a sojourn along a grassy path to Maine.

He and Pete started walking on February 21, 2015 at Mt. Springer, Georgia. They walked 7.6 miles uphill, to get to the start of the trail and then an additional .2 miles on the trail. (Snow!)





They had assembled backpacks with essential equipment weighing 45 lbs. that they would continuously replenish along the way. The hike would cover 2,189 miles to Mt. Katahdin, Maine, their final destination, located at an elevation of 5,287 ft. The trip would require a change in altitude of over 500,000 vertical feet, and would take them through parts of 14 states. The year before, they undertook their journey, about 2,500 hikers had started it and about dropped out by Harpers Ferry, PA – That is about halfway. About one in four hikers, or about 26%, completed the trip.

Bill and Pete were hit by a heavy snowstorm in GA. After slogging through, and at times having to sleep on snow, they had a 62-degree warm spell before leaving GA.

Bill calculated that they were burning over 5,000 calories per day, and during the duration of the trip Bill lost over 40 lbs. and Pete about 100 lbs.



Bill describes a delightful trip, slipping and falling on mossy rocks with cuts and strains, reaching viewpoints at Max Patch and Rocky Top with no view through the fog. They had to hang their packs to avoid the most dangerous creatures on the trail, ticks carrying Lyme disease while riding the backs of mice. They also had to hang their food to avoid bear, including 5 or 6 bears they saw in New Jersey. Bill showed a photo of an exceptionally large bear taken with his iPhone.

Some of their memorable highlights included Pizza at a Hostel, sleeping at a City Park in Unionville NY, viewing Luray Caverns in VA, and drinking Manhattans in Manhattan.

Bill injured his knee in PA and required medical care. He had to take three weeks off in the care of friends, while Pete continued on, as Bill did not know if he would be able to finish. He was able to rejoin Pete and after the grueling end in Maine, he had to return to finish the 67 miles that he had missed since he was committed to completing all of the 2,189 mile journey.

The entire trip took about 180 days. Bill finished the trek exhausted in the dark after a short trailside nap in Boiling Springs, PA. When he undertook this trip he felt doubly blessed to be able to avoid the ravages of Polio in his youth and to be able to complete the trip with his son and good health. So he had vowed and contributed \$1 per mile that he hiked on this trip to the Rotary Polio Plus Program.

After running late from many questions, **Bob Rogers** contributed about 4.5 cents per mile and encouraged others to join him.

### 🍎 **The Final Bell** 🍎

**President Rick** gifted our speaker with a bottle of Pinot for Polio wine and the meeting was adjourned.

### 🍎 **New Member Proposal** 🍎

**Jack Blasco** Secretary, Rotary Club of Sebastopol emailed the following notice to all members on May 13, 2016:  
Sue Engle has been proposed for membership by **Mia Del Prete** with the classification Florist. If no objections are received within seven days of this message, she will be inducted into the Rotary Club of Sebastopol.



## After The Bell



Scribe Tom Campbell did some more research on the previous quotation in memory of a friend, the late Peter DePetra – a poem called Die Slowly. Apparently the poem is attributed not to Pablo Neruda but to a Brazilian poet, Martha Medeiros.



## PROGRAM FOR MAY 20, 2016

**Michael Pritchard, Comedian, Motivational Speaker**  
**"The Shortest Distance between Two People is a  
Good Laugh!"**



**May 20, 2016**

Our speaker today, Michael Pritchard, is a youth activist, humorist and Public Television host who is known by audiences across the United States for his ability to help young people gain real insight into themselves and the choices they make. For more than 25 years, Mr. Pritchard has traveled the country, thrilling his youthful audiences while spreading his message of good choices, personal responsibility and respect for others.

He has been recently featured in Time magazine and on CNN, and he also had the unique distinction of winning the San Francisco International Comedy Competition while he was California Probation Officer of the Year!

Join us today for a fun-filled program delivered with wisdom and lots of laughs!

## PROGRAM FOR MAY 27, 2016

### Joe Hasson, VP & GM, Graton Resort & Casino "Secrets of a How A Casino Is Run"



May 27, 2016

*A 30-year veteran in the casino industry, Joe has spent the past decade as part of the Station Casinos team, which is the gaming and hospitality company retained by the Federated Indians of Graton Rancheria, to develop and manage Graton Resort and Casino. He will join us today to enlighten us on how he oversees a team of 2,000 members as they manage 144 table games, 3,000 slot machines and 13 restaurants!*

*His vast experience has included general manager for entertainment destinations in the Las Vegas area, enabling him to be a great asset in the construction of the Graton Resort and Casino. Come today and get the inside "scoop" on how a Casino is built, managed and most of all seeking to make exceptional guest services its Number 1 priority!!!*



**"An Overview of the Golden Gate Bridge,  
Highway & Transportation District"**



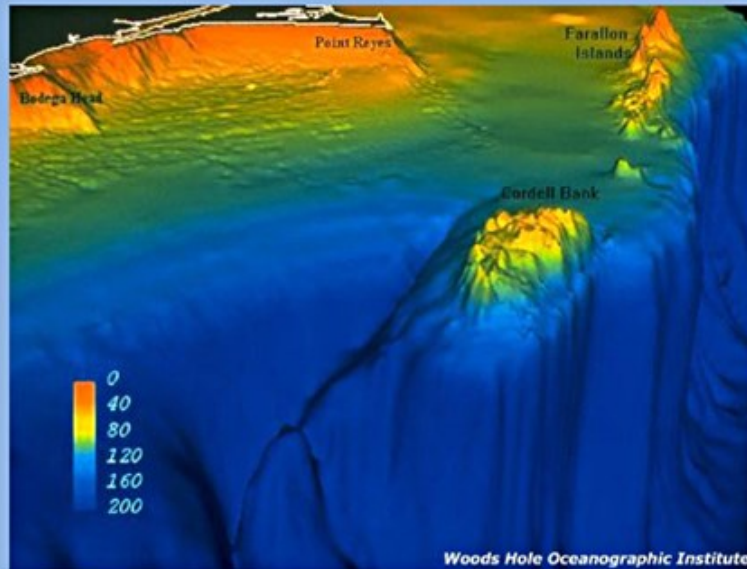
**Denis Mulligan, GM Golden Gate Bridge & Hwy  
June 03, 2016**

Have you ever wondered who was responsible for all of the highways, buses, ferries and bridges traversing the Bay Area? Well our speaker today has that distinction! Denis Mulligan, only the ninth General Manager and CEO since the Golden Gate Bridge opened in 1937, was selected for this position in September, 2010.

Denis had 28 years of experience in the transportation field with nine years as the district's Chief Engineer prior to his selection. His accomplishments include the construction of the Safety Railing Project protecting sidewalk users from the roadway, the management of the Seismic Retrofit design and the preliminary engineering to the Golden Gate Bridge Suicide Deterrent Project.

Come and hear Denis today share how he manages these systems when last year 9 million customers rode the transit systems and 38 million vehicles crossed the Golden Gate Bridge!

## **"The Cordell Bank National Marine Sanctuary"**



**Dan Howard, Superintendent  
Cordell Bank National Marine Sanctuary  
June 10, 2016**

Coastal California had an unknown mystery hidden beneath the waves for many years! It was not until the late 1800's that the Cordell Bank was discovered. It is an undersea granite and rocky reef about 4 1/2 miles by 9 1/2 miles, located 23 miles west of the Point Reyes Lighthouse. It sits on the edge of the continental shelf and rises abruptly from the soft sediments of the shelf to within 115 feet of the ocean surface.

This underwater adventure will be brought to us today by Dan Howard, Superintendent of the Cordell Bank National Marine Sanctuary. He manages all site activities and staff, policy development and all interaction with local, state and federal agencies. His focus of study since 1980 has been on kelpbed ecology, predator/prey relationships and juvenile rockfish recruitment.

**Come today and see the amazing treasures hidden beneath our coastal waters!!!**



***"Exploring the Secrets of the Wetlands of  
the Laguna de Santa Rosa"***



***Wendy Trowbridge, PhD, Director of Restoration  
Laguna de Santa Rosa Foundation  
June 17, 2016***

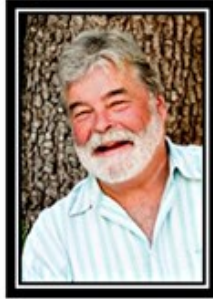
***Lying beside Sebastopol are the amazing waters, wetlands,  
endangered animals and plants of the Laguna de Santa  
Rosa! Have you ever wondered who lives there and how  
do these animals and plants survive?***

***Today we are honored to have Dr. Wendy Trowbridge, the  
Director of Restoration and Conservation Science  
Programs, from the Laguna Foundation tell to us about  
these secrets! She is a wetland plant ecologist and has  
done research on invasive species, wetland communities  
and aquatic webs.***

***Even if you haven't explored the trails and waters of this  
special gem located so near us, come and have this expert  
share her experiences and knowledge of a very active and  
enchanting part of our own Sonoma County!***

PROGRAM FOR JUNE 24, 2016

"The Debunking of our Club President"



June 24, 2016

*Come to an evening of delicious food, great friends and  
our club's premier Debunking for our President Rick!*

*Friday, June 24, 2016*

*5:00 P.M.*

*Community Church Courtyard*

*Tickets Cost \$35.00*

