



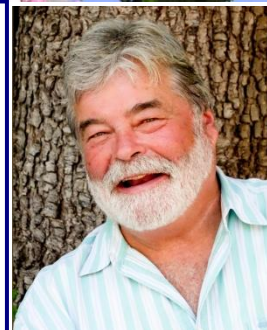
The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin

Jimi Connors – TEDx



Date: October 16, 2015
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Scribe: Jim Passage
Photogs Karen Daniels, Robin Maybury
Co-Editors: Tom Boag / Jack Dunlap ☑: The Dilleys
Club President 2015/2016: Rick Wilson



"All the News that Fits We Print"



Before the Bell

Irony and humor were in short supply at this routine Friday meeting. Hardly a chuckle could be heard in the hall.

At the Bell



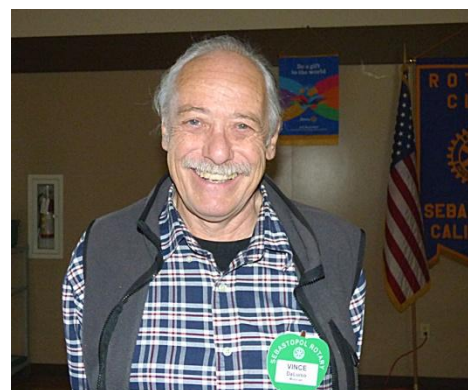
The meeting started with a sharp loud ringing of the Rotary Bell by **President Rick Wilson**. **Donna Pantzer** was looking proud in her new RED name tag – red must be her color! **Vince DaLuiso** came forward to lead the *Pledge of Allegiance*. Well done **Vince**. Good sounds do issue forth from **Vince** even when he isn't holding a guitar! No sooner had **Vince** retaken his seat than

Karen Daniels came forward to lead a rousing and most patriotic, well-sung version of *America The Beautiful*; and beauty does surround us here in Sebastopol!

Sitting next to our guest from Hamilton Ontario, **Your Scribe** learned that – had we been at her regular meeting – we we would have sung *God Save the Queen*. Do Canadians have something akin to our "*pledge of allegiance*", your scribe wonders. [-Ed. replies: Yes, but not used like ours. It is an oath of allegiance to Her Majesty the Queen taken with oath of public office, and citizenship.]



Next to hold the microphone was **Guenter Meiburg** – He recited a catchy, yet true, utterance of our beloved Benjamin Franklin. Something like this - To "fail to prepare" is to "prepare to fail". That should prod us into action! And that certainly wasn't the case with the 2015 FANTASMAGORIA!



🍎 Future Programs 🍎

October 23, 2015

Speaker: Tony Linegar, So Co Ag Comm.
Program: Agriculture in Sonoma County & the Crop Report

October 30, 2015

Speaker: Cindy Gillespie, VP HR
Program: Amy's Kitchen and their New Drive Thru Restaurant

November 6, 2015

Speaker: Erin Dunn, DG District 5130
Program: District Governor Visit Exploring Rotary

November 13, 2015

Speaker: Bob Boyd, Rick Wilson
Program: Veteran's Day Program

November 20, 2015

Speaker: TBD
Program: TBD

November 27, 2015

DARK - for Thanksgiving

December 4, 2015

Speaker: Bob Rubin
Program: TBD

🍎 Handy Links 🍎

[Pinot for Polio Form](#)
[Sebastopol Rotary Website](#)
[Fantasmagoria - Resources](#)

🍎 Miscellany 🍎

Next Board Meeting

Date/Time: Tues, Nov. 10th, 5:30 p.m.
Location: Rick Wilson's Home

MAKEUP NOTIFICATIONS – jbblasco@comcast.net
On-line Make-Ups: www.RotaryEClubOne.org
INTERACT MAKE-UPS – HAVE YOU TRIED IT?

Analy High: 12:40 Most Wednesdays In Choir Room (Check with Dan Rasmus, Mark Stevens, Jack Dunlap)
Brook Haven: 12:10 First & Third Thursday, Room 18 (Check with Pauline Pellini, Mike Carey)
Orchard View: Different meeting times (Check with Mike Carey)
Twin Hills: Every Other Tuesday 12:45pm - 1:20pm (Check with Dan Rasmus)

For all Interact Mtgs.: CALL AHEAD TO CONFIRM MEETINGS
!!! CHECK IN AT SCHOOL FRONT OFFICE FIRST !!!

🍎 Visitors, Guests, and Friends_ 🍎



and

Mikel Cook – Chief Cook and bottle washer of the local Wednesday morning club, Sebastopol Sunrise.

Continuing...**Bob Rogers** introduced his wife **Peggy** – Hey wait, we already know her!



Mike Carey proudly made known the names of the three smiling high school kids in his entourage

Niko Schoffer (president),

Max Peinkofer (treasurer) and Taylor Hirsch (secretary). I suppose that they were happy to have a break from their academic classes.



Scott Briggs – a future member of this club, was introduced by **Harry Polley**.



Barbara Beedon rose to introduce our speaker, Jimi Connors, and associate, Julia Hochberg – More about them later.



Green Badge to Red Badge



Vince DaLuiso was immediately summoned forward. With a paint brush and a small can of red paint, our resourceful **President Rick** soon had **Vince's** badge redecorated. Well done **Vince!** Red suits **Vince** too!



Business Tag Team - Paul Thielen_



The agenda was now in full swing. **Dr. Paul Thielen** entertained the club with fables related to his youth and former lives. First, we learned that he is actually part of a witness protection program and his remarks today were complete fabrication. Then we learned that, being late to focus on a specific direction in his working life, he meandered from science and math in high school, to art and English Literature in Pasadena City College. Then there was night school, and somewhere on his journey, he discovered that he liked Biology. [A professional student! -Ed.] **Paul** was an orderly at Huntington Hospital, involved in studying people that were, or were not, using a variety of drugs. This was a high point of student economy as he was sleeping and dining at the Hospital while pursuing college work. His remarkable accomplishment was that he did NOT pass out while poking needles in to sleepy drug addicts. With this experience, he drifted in to dentistry – his real calling. Now the story must bob a bit. **Paul's wife, Yvonne**, the love of his life, is in some manner, related to **John Blount's** wife. **Paul** didn't go in to deep detail about this family tie, I am certain it can be sorted out in time. Perhaps at a large wedding one of these men may have married the maid of honor by mistake.



Paul tried and tried to move to Sebastopol; and there even were direct appeals to a higher power! Actually, it sounded like his new father in law dragged him up here and tied him down! **Paul** joined our club in April of 1982. He has two daughters. "This is an opportunity to change your life," **Paul** affirmed. His entire story was a true inspiration.

Next month the speaker will be **Pauline Pellini**. How did she progress to become a most successful realtor? (Did she start out selling Chevys for father-in-law **Hal Pellini**?) In addition, what about those quilts? Stay tuned for **Pauline's** story.



Announcements



Keller McDonald will soon be presented with the Jesse Williams National Outstanding Eagle Scout Award. Way to go **Keller**! No doubt, **Keller's** excuse for not being at this Rotary meeting involved alterations to an old boy scout uniform!

Yvette Van Aggelen is now at home in Sebastopol after successful knee surgery. **Jackie Moreira** and **Katy Spyrka** are coordinating volunteers to bring her meals at her home while she is non-ambulatory. Best Wishes to **Yvette**!

Ann Hill is also at home, recuperating after a stay in the hospital and will soon be ready to receive callers.



Recognitions



President Rick turned our attention to the matter of vacations and birthdays. **Meredith Bertacco** and her husband **William** have recently celebrated 5 years of wedded bliss. To do so they played with many monkeys in BALI. What fun!

Mike Long was fined \$10 for skipping out early! [Actually wasn't it \$20? – It should have been – Does saying it in the AK make it so? -Ed. (&BR,DGN)]



More Announcements



On a more serious note, **Mike Carey**, at the podium, discussed the needs of the community of Cobb Mountain, which was devastated by the recent wildfire. In conference with **Keller**, they have listed the following real needs:

1. Athletic equipment for high schools sports
2. Replace Class photographs
3. Outdoor Education – specifically camp tuition
4. School Assemblies to boost spirits.



The student representatives of INTERACT at Brookhaven School came forward. They have organized a WALKATHON to raise money for programs to help fire victims. The walk will be next Wednesday during school hours at the school track. It is called "Run for your life". (Or is it a RUNATHON?) Sebastopol Rotarians are encouraged to contribute to this effort. (It is understood that if you donate money you will NOT have to run around the track in a brief costume.)

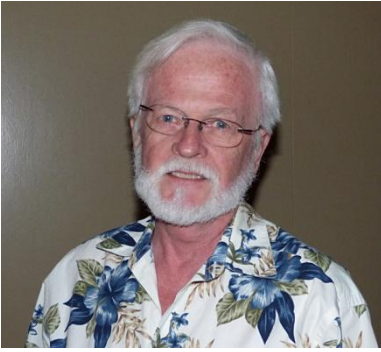
Tickets are available for the RAFFLE at the upcoming FOUNDATION SOUTH DINNER. See **Dorothy Rodella** about this. **Dorothy** reported these figures:

Foundation – Goal is \$28,000. So far received, \$1,300

Polio – Goal is \$10,000. So far received, \$18,000

Raffle tickets are available this week and next, so do bring money next Friday! Contributions count towards Paul Harris Awards. These goals can be and will be met!





🍏 The Raffle_ 🍏

Raffle winner **Bill Cole** (\$ 50 prize money!) quickly rolled the winnings to the Education Fund!

🍏 The Program_ 🍏

Barbara Beedon introduced speaker Jimi Connors, representing TEDx. She explained that two recent Rotary speakers have come to our club through the TEDx program. Jimi is a Sebastopol resident and currently on the staff of the Country Day School.

Jimi explained that since 1984 TED talks have been held at exclusive retreats in Monterey, invitation only, where participants give brief talks about their ideas. The underlying drive is to make good ideas available to the community.

T stands for technology

E stands for education

D stands for design

The lower case "x" was added as the program has expanded to communities around the country. TEDx was launched in Sonoma County in 2012. These are meant to be transformative talks - to change the way that people think! The underlying issue is how we live our lives in a new world of technology. The talks are readily available on line – go to TEDx.com. TEDx is a non-profit organization. No honorariums are paid. The program is funded by fees charged to conference attendees.



🍏 The Final Bell 🍏



With a few minutes available, the club enjoyed singing "*Happy Birthday*" to **Guy Smith**. Then, **Mark Fink** and **Ken Silveira**, having each left early were each fined \$20 in absentia! **President Rick** disgustingly rang the bell, closing the meeting.

ROTARY READING - CLICK HERE TO GO TO RI WEBSITE

Rotary Weekly

16 October 2015 | A roundup of Rotary news



Use district funds to propel Miles to End Polio across the finish line

Rotary General Secretary John Hewko and a team of staff members aim to raise \$3.4 million for polio eradication by cycling 104 miles in El Tour de Tucson. Your district could earn a visit from Rotary International President-elect John Germ by contributing district designated funds (DDFs) to support the effort. Get the [contribution form](#) and [meet the team](#).

GIVE

Providing clean water

Enhance your next school water project

Sandy Forster's first visit to a Rotary-led water and sanitation project at a school in Africa left an indelible mark on her. Now on the board of the Water and Sanitation Rotarian Action Group, Forster is promoting a series of free webinars designed to help clubs make a bigger impact through their water projects.



- [Read Forster's blog post](#)
- [Sign up for the second webinar, Tuesday, 20 October](#)
- [Learn more about the Water and Sanitation Rotarian Action Group](#)

Disaster relief

Rebuilding smiles in earthquake-torn Nepal

Roshan Maharjan was finishing a lecture to his college class at Lalitpur, Kathmandu, Nepal, when the region was rocked by a violent earthquake 25 April. In the days that followed, as aftershocks kept everyone on edge, Maharjan and his club decided to band together and help survivors, by building shelters and distributing basic necessities.



- [Read more about the effort](#)
- [Read a report from a ShelterBox response team member](#)

SUPPORT MILES TO END POLIO

On 21 November, Rotary General Secretary John Hewko and a team of Rotary staff members will bike in El Tour de Tucson to raise funds for polio eradication. The Miles to End Polio team goal is \$3.4 million. Districts can support the team with Designated District Fund donations. The district that gives the most will get a visit from Rotary President-elect John Germ. Donate today!



- [Support Rotary staff riders with a contribution](#)
- [Learn more about Miles to End Polio and meet the team](#)

UPDATED LEAD YOUR CLUB SERIES NOW AVAILABLE

Check out the updated manuals in Rotary's Lead Your Club series, which provide vital information about the role and responsibilities of the club [president](#), [secretary](#), [treasurer](#), and recommended [committees](#).

Announcements

Rotary's president invites you to a presidential conference

Find new and innovative ways to improve your community at one of five presidential conferences hosted by RI President K.R. Ravindran and Foundation Trustee Chair Ray Klinginsmith this Rotary year. The conferences, to be held around the world from January to March, will highlight Rotary's areas of focus. Learn more about the [presidential conferences](#).

"Agriculture in Sonoma County and the Crop Report"



October 23, 2015

Tony Linegar, Sonoma County Ag Commissioner

Back in 1881 an act was passed in the state to promote the horticultural interests of California. Do you know what it's purpose was and who protects us today? Come and meet the lively and entertaining Tony Linegar, the Sonoma County Ag Commissioner, who will be sharing what he does for us today!

Tony possesses eight licenses and oversees the Agricultural Commissioner Division, the Weights and Measures Division and the Fish and Wildlife Commission! He will share with us how he promotes and protects our agriculture, the environment and our public welfare through the enforcement of local, state, and federal laws and regulations.

Our own agricultural expert, Torrey Olson, will be doing the honors of introducing us to Tony!!!

"Amy's Kitchen and their new Drive Thru Restaurant"



October 30, 2015

Cindy Gillespie, Vice President, Human Resources "Amy's Kitchen and their new Drive Thru Restaurant"

In the summer of 2015 a brand new Drive Thru Restaurant opened in Sonoma County! Not only was it a huge success, but it debuted as a unique idea with a tasty healthy, vegetarian menu! The origins date back to 1987 when the Berliner's daughter, Amy was born. Unable to find healthy frozen meals, they founded Amy's Kitchen, which today employs over 2200 people! In the heart of enemy territory just off the freeway stands their new drive thru bordered by In-N-Out to the right, Arby's to the left, Mc Donald's in nearby Walmart and Taco Bell across the street. Just a field away stands the sprawling Graton Casino!

Our speaker today is Cindy Gillespie, VP of Human Resources for Amy's for over 13 years. She will share the story of how this family-owned business, committed to producing top selling natural and organic convenience foods, has charted a course against the American diet of 70 pounds of red meat and 54 pounds of poultry a year!

Who says healthy food can't taste great!!!

