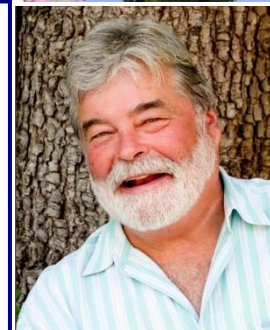




Date: October 30, 2015
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Scribe: Jim Passage
Photogs Karen Daniels
Co-Editors: Jack Dunlap / Tom Boag ☑: The Dilleys
Club President 2015/2016: Rick Wilson



"All the News that Fits We Print"

🍏 Before the Bell 🍏



This was another busy luncheon meeting – good fellowship, lots and lots going on, and a newly selected slate of officers for NEXT year. Of course this meeting was the day BEFORE Halloween, but **Linda Johnson**, already feeling the Halloween spirit, came sporting pumpkin ear rings and a Halloween shirt.

🍏 At the Bell 🍏

Yvette Williams van Aggelen led us in the pledge of allegiance. Welcome back **Yvette**! Immediately thereafter, **Karen Daniels** was leading us in a rousing song – *God Bless America*. The rafters may still be ringing!

Donna Pantzer, mike in hand, shared interesting quotations from three giants of the last century:

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle." ... Albert Einstein

"Life isn't about finding yourself. Life is about creating yourself." George Bernard Shaw

"I am so clever that sometimes I don't understand a single word of what I am saying." Oscar Wilde.

🍏 Visitors, Guests, and Friends 🍏



Soon after we had resumed eating our lunch, another tasty meal, the bell sounded and the business meeting continued. **President Rick** called on **Secretary Blasco** to introduce visiting Rotarians.

Well, our revered President may regret that he did so. After introducing visitor **Cindy Gillespie** of the Santa Rosa Sunrise Club, **Jack**, citing chapter and verse (perhaps real or perhaps hastily concocted imaginary references), called **President Rick** to task for hypocrisy.



Future Programs



November 6, 2015

Speaker: Erin Dunn, DG District 5130
Program: District Governor Visit
Exploring Rotary

November 13, 2015

Speaker: Bob Boyd, Rick Wilson
Program: Veteran's Day Program

November 20, 2015

Speaker: Efren Carrillo, Supervisor
Program: TBD

November 27, 2015

DARK - for Thanksgiving

December 4, 2015

Speaker: Bob Rubin
Program: TBD

December 11, 2015

Speaker: Dennis Mulligan, - G.M.
Program: An Overview of the
Golden Gate Bridge, Highway
and Transportation District



Future Events



Crab Feed

February 13, 2016



Handy Links



[Pinot for Polio Form](#)
[Sebastopol Rotary Website](#)



Miscellany



Next Board Meeting

Date/Time: Tues, Nov. 10th, 5:30 p.m.
Location: Rick Wilson's Home

MAKEUP NOTIFICATIONS – icblasco@comcast.net
On-line Make-Ups: www.RotaryEClubOne.org

INTERACT MAKE-UPS – HAVE YOU TRIED IT?

Analy High: 12:40 Most Wednesdays In Choir Room (Check
with Dan Rasmus, Mark Stevens, Jack Dunlap)
Brook Haven: 12:10 First & Third Thursday, Room 18
(Check with Pauline Pellini, Mike Carey)
Orchard View: Different meeting times
(Check with Mike Carey)
Twin Hills: Every Other Tuesday 12:45pm - 1:20pm
(Check with Dan Rasmus)

For all Interact Mtgs.: CALL AHEAD TO CONFIRM MEETINGS
!!! CHECK IN AT SCHOOL FRONT OFFICE FIRST !!!

President Rick had, as was known, skipped out early last week in order to catch an airplane flight, thus missing the final portion of the weekly meeting. We remember, the previous week, **President Rick** fined two members who were not in view when their names were called at about 1:29:30 PM.

Further, those fines were levied in an unconventional (some might call it sneaky) manner! Will **President Rick** pay the fine levied by **Jack** – will there be a rebuttal? Will there be a duel? Maybe **Jack Blasco** will himself be fined on some pretense. Stay tuned!



Linda Johnson
introduced guest
Lou Frazier.



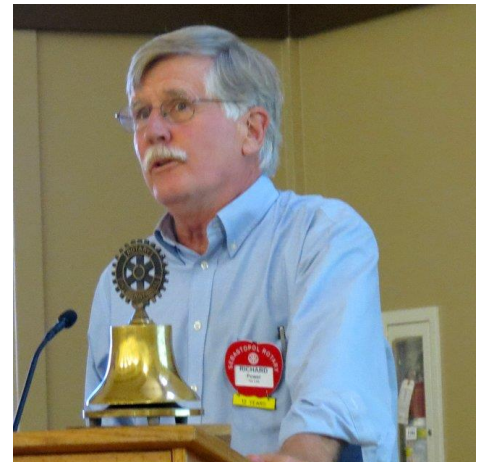
Jack Dunlap,
recently returned
from a honeymoon
vacation, introduced
his wife **Ruth**, and
also a very young
granddaughter– Zöe.



Announcements



Richard Power, accompanied by **Aleia Coate**, came up to the podium. Representing the five past presidents of the Sebastopol Rotary [**Edwin Wilson** and **Ron Puccinelli** along with **John Blount** and **Ken Jacobs** are providing AV services for the Zones 25 & 26 Institute in Waikaloa, Hawaii, and **Bob Rogers** is attending. –Ed.] **Richard**, chair of the nominating committee, proceeded to formally announce names for club offices in 2016 through 2017.



The nominations are as follows:

President..... **David Schreibman**

Past President..... **Rick Wilson**

There was applause and a standing ovation recognizing **Jack Blasco's** contributions after **Richard** announced that **Jack** would be stepping away from the secretary's office at the end of this year!

Secretary **Jack Dunlap**

Treasurer **Mark Fink**

Directors **Jerry Warren** (a past president)

Mia Del Prete

Rick Williams (a green badger)

Jackie Moreira

Frank Mayhew

President Nominee..... **Jack Blasco**

Jack will serve as President-elect next year under **David Schreibman** and as President in the year 2017-2018.

The club applauded and rose in unison upon hearing **Jack's** name called out!

In accord with the by-laws, a formal meeting was convened, a quorum being present, it was moved and seconded that the proposed slate be approved. The club quickly approved with a hearty "AYE". Done.

The Program Next Week

President Rick announced that District Governor Erin Dunn will be coming to Sebastopol next week. Note:

- a. There will be a reception at Lua Viet Restaurant from 5 until 6:30 pm next Thursday, November 5th.
- b. The Club Board will meet at 10am next Friday, the 6th, at the meeting room here at the Community Church. Members are welcome to attend.
- c. Erin will address the club at the regular club luncheon meeting next Friday November 6th.

Foundation News

Moving right along, **Dorothy Rodella** accompanied by **Sally Ewald** came front and center as a recent picture of Dorothy in full Halloween regalia, was projected. The nature of this business meeting was in serious jeopardy as **Dorothy** personified the truly frightful witch on the screen!

Dorothy announced that three club members had won prizes at the recent "Monster Bash" foundation dinner.

The really good news is that this club has already contributed over \$25,000 dollars this year to the Rotary Foundation, the largest share being for the eradication of polio. The polio dollars are being matched (two for one) by the Gates Foundation! There will be another drive to raise money in the spring. This club is the number one club in this district so far as fundraising is concerned.



Recognitions

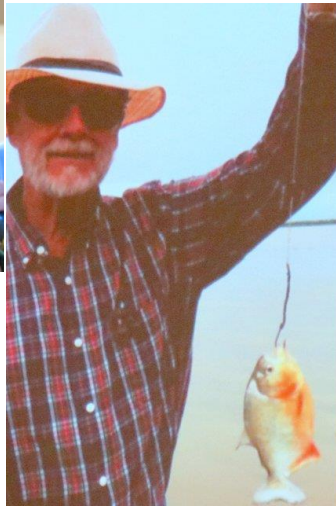


Bob Cugini's baby grandson cost **Bob** \$10! **Bob** pointed out that new babies are close to God. The new guy is known as "Keen Adler Thomas".

The **Jim Pacatte** family posed for a picture while vacationing in Hawaii. The clan includes two great grandchildren! A fine of \$15 was levied.



We were treated to a photo of a shiny new Mercedes sedan – four doors, silver, fancy wheels. Surprise – the owner is none other than **Aleia Coate**. She has yet to get a speeding ticket, but, she suspects that occurrence is just a matter of time. Her fine is \$5 per wheel. A delegation will be appointed to verify the number of wheels – 4, 5, or 6!



The next photo, blown up on the big screen, was **Steve Beck**, showing off a fish, reportedly a fierce and deadly piranha caught on the Amazon River in Peru. The fish was at least a few inches long and looks somewhat like a sunfish, very common if from a shallow eastern or mid-western lake. But this club took him gracefully at his word. Let's agree that it really was a fierce piranha from Peru. Ring up \$10 for the birthday and another \$10 for the Peruvian piranha!

Mel Davis admits to being a year older. And, double the pleasure – **Mel's** anniversary was also last month. The Davis clan celebrated in style with a family dinner at the French Garden. Well done Mel. \$15 please.



Barbara Bickford – her turn in the spotlight. **Barbara** explained that her husband has been working on the East Coast this year so Barbara flew to visit a friend in Baltimore in order to celebrate her significant birthday (she said that her birthday involves the digit five) . And wasn't she surprised to find her husband there too! So a jolly time was had by all. Fine – sure, \$10 will cover it. Happy Birthday Barbara!



OK – moving along, the next Rotarian on the birthday list was **Richard Power**. Well we only heard generalities from **Richard**, but it sounded like a four day bash – a humdinger of a grand celebration that just wouldn't end! And he lives to savor the memory but his lips are sealed. Add \$10 to the club kitty.



Harvey – there you are. **Harvey** came with his inactive leg riding by itself on a three wheel cart. [The leg is still attached and works just fine but the Dr. says not to use foot for another few weeks –**Ed.**] Seems that **Harvey** and his wife **Beverly** paid no attention to his Doctor's recommendations – they crashed several parties to celebrate seventeen years of wedded bliss. Ring up another ten dollars for the club.



Ah – the serenity of the meeting was interrupted as **President Rick** called out the name of **Ken Silveira**. Today **Ken** was in good form as he lashed back at **President Rick**. **Ken** didn't like the fact that for several members the duration of married life as shown on the big screen is exactly ten years. **President Rick** was accused of favoritism, concealing relevant information and other nefarious actions. Also, **Ken** wanted to know if all of the fines being levied today had been approved by any higher authority. Our fearless President might have reminded **Ken** that there is no higher authority than Club President! And the durations are right off of the club website. So there. Ah the meeting was one jolly confrontation after another!



The Raffle



Rick Williams held the winning raffle ticket– but alas there was no bonanza for **Rick**. Try again next week.



The Program



It being now one o'clock, **Patti Blount** introduced today's speaker Cindy Gillespie. Cindy is Human Resource Director for Amy's Kitchen. She has been with the management of Amy's Kitchen for 13 ½ years. She is a member of the Santa Rosa Rotary Sunrise Club.



We learned that Amy's Kitchen is owned by a local couple Andy and Rachel. The enterprise was launched some years ago as Andy sought in vain for good organic veggies for Rachel while she was pregnant. Dissatisfied with the veggies that were available at that time, they were motivated to start their own business. Their focus is convenience, ***natural, organic and taste.***

Their first product was frozen pot pie. Now they are producing 250 products. They have 2,200 employees, have facilities in three states (California, Oregon, and Idaho), and are growing nationally (New York State – 3 or 4 years away) and internationally (will build a plant in Portugal and distribute in Great Britain). Already they are the Number One brand for frozen organic foods in the US.

Amy's Kitchen is focusing on convenience for busy people, and also on high quality. Rather than employ chemists or industrial engineers, they employ a staff of chefs to develop their products.

Now, in 2015, they have expanded their business by opening their first restaurant. It is a “fast food” restaurant in Rohnert Park. Cindy told how they first focused on a potential site in Sebastopol, but immediately ran into the new prohibition of drive-through business in Sebastopol. They were welcomed in Rohnert Park on a site near the casino and also near several other fast food restaurants.

Their mission is to provide a healthy alternative for consumers of “fast food”. They avoid GMO foods, are mostly organic, and are gluten free. They use fresh ingredients. They must prepare the orders quickly, as is expected in “fast food”. There is a full restaurant with both indoor and outdoor seating. Their restaurant was designed with sustainability in mind – solar panels, a living roof, and reclaimed materials. Tables are made of old auto parts.

The public response has been very positive. Their clients include families, older people and vegetarians. Customers come for the flavor and for the taste. Yet, the goal is to make this somewhat like a burger joint experience. They serve French Fries made with a specially selected variety of round potatoes. They also serve both dairy and non-dairy milk shakes, salads, pizzas, and macaroni & cheese.

Amy's Kitchen will probably be expanding their restaurant business. They are a family business, so will not be setting up franchises. Sales at their Rohnert Park restaurant far exceed their expectation, so much so that food preparation for the restaurant is now off-site. They might possibly add breakfast foods. They are definitely looking at other locations (not Sebastopol any time soon). They are still growing.

Responding to questions from the audience, Cindy stated that they do try to source their foods locally where possible. Further they are planning to reduce the quantity of wrapping and packaging materials. All of their paper products are reusable and compostable. They pay their employees competitive wages – above the minimum wage but not a living wage. In their large facilities they have on-site family health centers to provide medical services for employees and their families.

Allotted time having run out, **President Wilson**, thanked **Torrey** for ringing the bell last week, and the closing bell was sounded on time to conclude this meeting.



The Final Bell



Rick Wilson thanked our speaker, Cindy, and presented her with a gift bottle of Pinot for Polio. At exactly 1:30 pm, **Rick** gave the bell a final ring to conclude this meeting.



After the Final Bell



Membership Proposal

Chris O'Neill, a former Sebastopol Rotarian, has been proposed for membership by Linda Johnson. If no objections are received within seven days of October 31, the date of the original announcement, he will be inducted as a member of the Rotary Club of Sebastopol.

"EXPLORING ROTARY"



NOVEMBER 06, 2015

ERIN DUNN, DISTRICT GOVERNOR 5130, 2015-2016

OUR DISTRICT GOVERNOR, ERIN DUNN, LIVED IN WASHINGTON D.C. AND NEW YORK CITY FOR MANY YEARS WORKING AS A THEATRICAL PRESS AGENT. HER FIRST JOB WAS AT THE JOHN F. KENNEDY CENTER FOR THE PERFORMING ARTS. AS A NATIVE OF OREGON AND DESIRING TO MOVE WEST, ERIN SETTLED ON THE NORTH COAST IN 2003. SHE JOINED THE ROTARY CLUB OF FORTUNA SUNRISE AND HAS BEEN VERY ACTIVE AS A MOTHER TO EXCHANGE STUDENTS AND A MEMBER OF A ROTAPLAST MISSION TO INDIA. IN 2010 SHE WAS AWARDED DISTRICT ROTARIAN OF THE YEAR!

HER VISIT TO OUR CLUB WILL GIVE YOU AN OPPORTUNITY TO MEET THIS ACTIVE LADY AND HER EQUALLY ACTIVE PARTNER ROSS ROWLEY! SHE WILL BE USING HER THEATRICAL BACKGROUND TO SHARE WITH US THE FASCINATING SUBJECT OF "EXPLORING ROTARY!"

"TO HONOR THOSE WHO HAVE SERVED"



November 13, 2015

Bob Boyd, Rick Wilson and Judy Barbieri

Our meeting today is dedicated to the club members and their family who have served our country!!!

Enjoy special presentations by Bob Boyd, who served in Vietnam, and Rick Wilson who served in Turkey. Mia's Del Prete's mother, Judy Barbieri, will share a story of her father who served in intelligence in Asia. Their impressions and experiences of what they will share, serve as a reminder of how much we appreciate their sacrifices for our freedom today!

We have an enormous collection of pictures of our own who have served us proudly. Make sure you come and enjoy this day with us as we celebrate Veterans Day 2015!!!



ROTARY READING - CLICK HERE TO GO TO RI WEBSITE



30 October 2015 | A roundup of Rotary news



[Watch our World Polio Day update](#)

Celebrities like Emmy Award-winning actress Archie Panjabi and Grammy Award-winning singer Angélique Kidjo joined health officials like Anthony Lake, executive director of UNICEF, in celebrating recent progress in the fight to end polio during our World Polio Day update 23 October. You can still [watch the update](#) and help us end polio by supporting the [Miles to End Polio team](#).

GIVE

Growing local economies

Changing Detroit one entrepreneur at a time

A little over two years ago, Rotary members in Detroit, Michigan, USA, began an ambitious program to help entrepreneurs launch or expand their businesses by providing microloans and pairing them up with Rotarian mentors. Since then, LaunchDetroit has helped dozens of small businesses, like Willie Blake's All About Technology computer shop.

- [Read LaunchDetroit President Lawrence Wright's blog post](#)
- [View videos about the program](#)
- [Learn about a microcredit project in the Philippines](#)

Supporting young entrepreneurs

Rotary changed her career trajectory

Cynthia Salim was walking picket lines as a student activist at Loyola Marymount University when she heard about and applied for a Rotary Scholarship. The opportunity to pursue advanced studies exposed her to the concept of vocational service and changed her career trajectory. Today the dynamic entrepreneur is founder of Citizen's Mark, a line of professional clothing for socially conscious women.

- [Read Salim's blog post](#)
- [Learn about Rotary Scholarships](#)

SUPPORT MILES TO END POLIO

On 21 November, Rotary General Secretary John Hewko and a team of Rotary staff members will bike in El Tour de Tucson to raise funds for polio eradication. The Miles to End Polio team goal is \$3.4 million. Districts can support the team with Designated District Fund donations. The district that gives the most will get a visit from Rotary President-elect John Germ. Donate today!



- [Support Rotary staff riders with a contribution](#)
- [Learn more about Miles to End Polio and meet the team](#)

UPDATED LEAD YOUR CLUB SERIES NOW AVAILABLE

Check out the updated manuals in Rotary's Lead Your Club series, which provide vital information about the role and responsibilities of the club [president](#), [secretary](#), [treasurer](#), and recommended [committees](#).

Saying thanks

When it comes to gratitude, children often express it best. The Rotarian magazine asked Rotary members to share their favorite thank-you notes, and essayist Steve Almond reflects on what it means to be grateful in the [November issue](#).

Resources & reference

[Rotary Voices: Stories of service from around the world](#)

[Rotary Leader: Helping club and district officers achieve success](#)

[Rotary Images: Download photos to use in your club or district publications](#)

Rotary Weekly brings you the latest Rotary news, features, and resources. Use this content in all of your Rotary communications, including club or district newsletters and websites.

Send questions to website@rotary.org. Share comments on [Rotarians Worldwide discussion group](#).

GET MORE NEWS