



The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin

Dr. Gary Johansen –End Of Life Decisions



Date: December 2, 2016
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Scribe: Keller McDonald
Photog: Richard Power
Editors: J Raffini, S Kellner, T Boag, D Still
President 2016/2017: David Schreibman



"All the News that Fits We Print"



AT THE BELL



President David welcomed Friend of Sebastopol Rotary Ann Hill to lead the Pledge of Allegiance

Keller McDonald led the room in "Jingle Bells" to get us in the mood for the Club's annual Holiday Party on Friday evening, December 9, at **JT** and Teresa Martin's home.



ANNOUNCEMENTS



Club Holiday Party will be Friday, December 9 from 6-9 PM at **JT** and Teresa Martin's home (3555 Thorn Road, Sebastopol.) No cost ... bring an appetizer or dessert to share!



Our next Redwood Empire Food Bank volunteer day will be Wednesday, Dec 7 from 9:30-11:30.

Fireside Chat for new members will be Tuesday, December 6, 6:30-8 PM at **Mayhew's** home.

Tour de Sebastopol Huge Success!

🍎 Future Programs 🍎

December 9, 2016

Speaker: Laurel Anderson
Program: School Gardens in Sonoma County
and their importance to Education

December 16, 2016

Speaker: Marianne McBride
Program: Council on Aging

December 23, 2016

DARK

December 30, 2016

DARK

🍎 Future Events 🍎

Christmas Party December 9 Home of JT Martin
6p

🍎 Miscellany 🍎

Next Board Meeting

Date/Time: Tues. December 13, 5:30 p.m.

Location: David Schreiber's Home in Windsor

MAKEUP NOTIFICATIONS—Jack Dunlap@gmail.com

On-line Make-Ups: www.RotaryEClubOne.org

INTERACT MAKEUPS

Analy High: Check Day, Time with
Dan Rasmus or Donna Pantzer

Brook Haven: Check Day, Time with
Pauline Pellini or Mike Carey

Orchard View: Check Day, Time with Lisa Jacobs

Twin Hills: Check Day, Time with Dan Rasmus or
Monica Kretschmer

For all Interact Mtgs.: CALL AHEAD TO CONFIRM
MEETINGS

!!! CHECK IN AT SCHOOL FRONT OFFICE
FIRST!!!

LINKS: [Pinot for Polio](#) [Sebastopol Rotary](#)
[Website](#)

The stationary bike paddle for Polio Plus raised over \$15,000 last week, capping off a \$23,157 fall fund drive for The Rotary Foundation. We exceeded our fall Foundation giving goal! Congratulations to all!

🍎 VISITING ROTARIANS AND GUESTS 🍎

President David introduced visiting Rotarian Bill Sauber from Sebastopol Sunrise. Bill urged volunteers to sign up to donate warm clothes, food or time and energy to the Community Christmas Dinner at the Community Church



Frank Mayhew

introduced Dorina Bird, who recently moved to Sebastopol from Orange County and attended today to learn more about the Rotary and this club.



Linda Johnson introduced Tom Stone, local realtor.



We were pleased that a number of spouses attended our Club meeting today: Jerry **Warren's** wife, Kay; Jeff **Boal's** wife, Jean; David **Still's** wife, Nan; and Bill **Lippert's** wife, Charlie



Raffle Time



JT Martin had the winning raffle ticket, and correctly identified **Keller McDonald's** classification as School Administrator (retired). JT walked away with a wad of green in his pocket.

Elevator Speeches

Ruthie Dunlap shared her career path as a physical therapist in acute care and home health.



Alain **Serkissian** shared his career path as a physical therapy instructor and practitioner, an assisted living facility operator, and as a restaurateur (Cape Fear Café in Duncan's Mills)



New Member Induction

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Membership Committee Chair **Jeff Boal** introduced and inducted new member **Jorgen Holst** (Writer Communicator). **Jorgen** was joined by his wife, Cordelia, who is an Analy graduate and former Analy Interact President! **Jorgen** was born in Oslo, Norway. **Jorgen's** sponsor is **Jim Pacatte**, and **Jim Passage** is his Rotary mentor. **Jorgen's** introduction spurred some good-natured heckling from fellow Scandinavian **Harvey Henningsen**, who cheered **Jorgen** on from the audience. Welcome, **Jorgen**!



RECOGNITIONS

President David recognized **Jerry Warren** for his recent trip to Florida and up the south Atlantic seaboard to the Blue Ridge Mountains. **Jerry** also announced the birth of a new grandson, Wesley Warren, and honored Wesley by making him a Paul Harris Fellow like his mom and dad!



Linda Johnson celebrated her birthday today! The gang sang "Happy Birthday" and it was revealed that her birthday is "somewhere more than 29 and less than 70."



Robin Maybury and wife Jean celebrated their anniversary today! What better way than coming to Rotary? "Perfect," said Robin!



Foundations and Foundations

President David gave a quick primer on the similarities and differences between the Rotary Club of Sebastopol Foundation (responsible for charitable giving for the current Rotary year), the Sebastopol Rotary Education Foundation (an endowment fund to provide ongoing support for students in and from West Sonoma County students), and the Rotary (International) Foundation (to support high-value international service, with Annual Fund, Polio Plus and Endowment Fund branches of funding



Keller McDonald presented the Sebastopol Rotary Education Foundation (SREF) annual report to the Club. Some key points

- SREF trustees are volunteer Club members selected by Club and SREF leadership
- SREF has over \$800,000 and sights are set on \$1,000,000
- Donations to SREF remain in the endowment;

interest is used to support education projects for students in and from West Sonoma County

- SREF has provided over \$125,000 to our Club over the past 4 years in matching grants to support education projects for West County kids
- SREF has its own education projects including the Teachers of the Year awards
- SREF is asking Rotarians and community members to consider leaving a legacy gift by naming SREF in one's will or trust, or as a beneficiary of an IRA or insurance policy
- Of course, SREF will also graciously accept a donation while you're still breathing!
- SREF is 24 years young ... the best is yet to come!

THE PROGRAM:

SPEAKER: Dr. Gary Johanson

Dr. Johanson opened a family practice in Sebastopol with Dr. Shubin in 1978. Over the span of his career, he has been active in end-of-life care in Sonoma County. With a board certified specialty in Hospice and Palliative Medicine, Dr. Johanson is a leading expert in the field. He gave an overview of the various aspects of palliative care, including Hospice, comfort care, and alternatives available through the California End of Life Option Act.



Gary emphasized the importance of a well-planned advance directive to help the patient, family and doctor in decision making and management. Dr. Johanson is extremely knowledgeable on this subject, and very aware and sensitive to patient and family wants and needs. He offered to speak to faith based organizations and other community groups that our Rotarian audience may know of, in order to help inform Sonoma County of the various local options and the evolving landscape of palliative care.

THOUGHT FOR THE DAY

Jerry Warren presented the Thought for the Day by Pat Conroy regarding the works of Thomas Wolfe

"Look Homeward Angel was my spawning ground, my birth place, and my cradle. While reading that fabulous book, I learned that there was a connection between literature and ecstasy.

I had been waiting my whole life for Wolfe to present himself to me. My writing career began the instant I finished Look Homeward Angel. Thomas Wolfe taught me that the great books change you immediately and forever."

Pat Conroy

AFTER THE BELL

President David rang the bell at exactly 1:30pm

Future Programs

December 9, 2016 School Garden Network

Speaker: Laurel Anderson

Laurel Anderson was raised in rural VT. While weeding the garden was not her favorite childhood chore she later in life became an avid gardener.



She attended the Univ. of Rhode Island where she studied Early Childhood Education.

She is a founding member of the School Garden Network and is on the board of directors.

Laurel is currently the Schoolyard Habitat Coordinator for the county in partnership with US Fish and Wildlife which provides funding for the projects. This partnership has funded over and has worked with over 15 schools projects in the past 5 years..

Laurel was the Garden Coordinator/ Teacher at Salmon Creek School for 14 years. During her tenure at this 50 acre campus, she designed and built an award winning school garden with a straw-bale greenhouse, pond with solar powered pump,

rainwater cachment and production beds for the cafeteria. Laurel developed a vibrant garden program with weekly classes for all students.

Laurel also enjoys working with adults and through SGN has offered many professional workshops to teachers in the bay area on a variety of topics such as "Seed Saving with Children" and "Hands on Nutrition Education in the Garden". Laurel has been a long time instructor at Occidental Arts and Ecology's "School Garden Teacher Training".

Laurel continues to be inspired by the possibilities of the real life learning and wonder that garden programs provide.

December 16, 2016 Council on Aging

Speaker Marianne McBride

A fifth generation Sonoma County resident, Marianne McBride, President & CEO of Council on Aging since August 2009, was previously the organizations Development Director with the responsibility of raising up to four million dollars annually. In 2006 and 2007 she put together the strategic plan and led the effort to raise an additional 3.5 million to build the new Meals on Wheels Kitchen.

Prior to Council on Aging, she was with United Way of Sonoma – Mendocino – Lake serving as Vice President of Resource Development with the responsibility of running a four to five million tri-county annual campaign. From 1992 – 2001 Marianne also served as the Executive Director of the Boys and Girls Club of Cloverdale, rebuilding the clubhouse after a 1995 fire and running the capital campaign to add a full size gymnasium.

Marianne is a 2012 recipient of North bay Business Journal's Nonprofit Leadership Award and Council on Aging was chosen by North Bay Biz magazine as the "Best Nonprofit for 2013. In addition to running Council on Aging, with a budget of \$5 million and 84 employees, Marianne is a seated member of Sonoma County Health Action and was chosen as one of a five-member team from Sonoma County to the 2014 National Leadership Academy for the Public's Health to create a "Healthy Aging" plan for Sonoma County.





ANNUAL REPORT 2015-2016

Sebastopol Rotary
EDUCATION
SREF FOUNDATION
seed money for growing minds

Funds contributed to the Foundation during the past year amounted to \$19,845. They included contributions from individual members of the Rotary Club of Sebastopol, attendees at the Fantasmagoria fundraiser, and others members of the general public interested in supporting education in the West County. Total interest and dividend income was \$66,822.

Grants were made in the amount of \$36,801 to fund various Community Grants from the Club, Teacher Mini-Grants, Read To Me, Dictionaries, RYLA students, SRJC Scholarship Program, Learn To Swim, Interact, Kool Kids Camp, Vocational Awards, and the Communication Contest.

In addition, a special grant of \$700 was made to the Brook Haven School Project Make for their vinyl printing materials.

The total fund value at the end of the fiscal year was \$807,125; a decrease from 2014-15 due to market fluctuation.

The Foundation continued its Teacher Recognition Awards for elementary, middle school, and high school educators in the West County. Each teacher attended a special Rotary Club meeting and received a \$1,000 check for their superior efforts in working with students. The recipients were Nicole Ellwood, Special Education teacher at Twin Hills Middle School, Katya Robinson, grade K-2 teacher at West Sonoma County Special Education Consortium and Walt Hayes, Math, Project Make, Computer Programming and AP Computer Science teacher at Analy High School.

MISSION STATEMENT

The mission of the Sebastopol Rotary Education Foundation is to secure and annually distribute funds in the form of grants, scholarships, and educational equipment or materials. These philanthropic activities are exclusively provided for the benefit of students from Western Sonoma County. The Foundation was established as an ongoing Endowment Fund from which it directs funds each year for educational gifts. It is a non-profit, tax-exempt Foundation.

Trustees are appointed by the President of the Rotary Club of Sebastopol for staggered 4-year terms. Trustees are all active members of the Rotary Club of Sebastopol.

The Foundation accepts and encourages donations and bequests from the Rotary Club, its members, and from the community.

In April 2016 the Foundation partnered with the Rotary Club of Sebastopol and the Rotary Club of Sebastopol Sunrise on an entry in the annual Sebastopol Apple Blossom Parade that highlighted Rotary's impact on education with a theme of "Rotary - Changing the Face of Education in the West County". Participants also included Analy and Brook Haven Make classes, and Interact students. The 2016 SREF Teacher of the Year award winners rode in a 1940's-era convertible and an animated apple sculpture mounted on a red 1912 Auto-car owned and operated by Rotarian Harvey Henningsen followed. The entry garnered the first place trophy in the non-profit division.

Over the last decade the Sebastopol Rotary Education Foundation has funded numerous educational programs for El Molino, Laguna and Analy High Schools by providing band instruments, computer equipment and financial support for their



Project Graduations. Support has also been given for educational programs serving students in grades K-8 across West County, including presentations by the Sonoma County Repertory Theatre, the Hallberg Butterfly Gardens and other local educational programs. Numerous scholarships have been made to individuals including funding the AVID program sponsored at Brookhaven School.

2015-2016 TRUSTEES OF THE FOUNDATION

Edwin Wilson, President Keller McDonald, V.P. Jackie Moreira, Secretary Barbara Bickford, Secretary Mark McDonell, Treasurer Henry Alker John Blount Mike Carey Aleia Coate Chris Dawson Sally Ewald Ron Puccinelli David Schreibman



2015-2016 Honor Roll

Patti & John Blount Barbara Bickford Steve & Terry Beck Renata Brillinger Jeff & Jean Boal Tom & Susan Campbell Heather Cleland Aleia Coate & Matt Munson Terry & Joanne Dale Karen Daniels Dan & Robbin Davis Mia & Jim Del Prete Tom & Pat Dilley Molly Dillon Jack & Ruthie Dunlap Sally & David Ewald Larry & Gerry Ford Todd & Dawn Graveson Peter & Jane Hamel Lynda Kanzler Monica Kretschmer & John Zwart Hal Kwalwasser Sally & Tom Lambert Amy Lieberfarb Simon & Ann Lowings Carleen & Dave Madsen Kathleen & Frank Mayhew Keller & Marcia McDonald Michele & Mark McDonell Joe & Jackie Moreira Aldean Noethig Rosemarie & Jim Pacatte Donna Pantzer Jim Passage Hal Pellini Harry & Jean Polley Steve & Roseanne Prandini Ron & Lynda Puccinelli Daniel & Diana Rich Peggy & Bob Rogers Steve & Andrea Schmitz David & Carolee Schreibman Harry & Susanna Sims Larry & Savana Turley Paul Thielen Kay & Jerry Warren Ricky Williams & Mary Taylor Edwin & Diana Wilson Rick Wilson & Cindy Carter

ASSETS

Investments: Mutual funds Fixed income securities Cash and cash equivalents

LIABILITIES AND NET ASSETS Liabilities Accounts payable

Net assets (deficiency)

2016

\$794,636 1,694 10,795

\$807,125

0

2015

\$821,856 2,270 0

\$824,126

0

51,716 772,410

824,126 \$824,126

2014

\$857,968 3,138 362

\$861,468

0

110,483 750,985

861,468 \$861,468

2013

\$786,291 4,359 1,406

\$792,056

0

59,569 732,487

792,056 \$792,056

2012

\$739,881 7,312 1,899

\$749,092

0

31,825 717,267

749,092 \$749,092

**SEBASTOPOL ROTARY EDUCATION FOUNDATION, INC. STATEMENTS OF FINANCIAL
POSITION June 30, 2016 - 2012**

Unrestricted 14,869 Permanently restricted 792,256

Total net assets 807,125 \$807,125
