



The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin

Madeleine O'Connell – Domestic Violence-It's Cause and Cure



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"All the News that Fits We Print"



AT THE BELL

Steve Beck was impeccable in leading us in the flag salute. It is rumored that in the future we will be required to face in the direction of Trump Tower.

President David shared with us a poignant and eloquent speech by Martin Luther King, "*Let Freedom Ring*". This recognition of MLK was followed up by **Keller McDonald** leading the club in singing *My Country tis of Thee*.



Future Programs

January 27, 2017

Speaker: **Cynthia Boaz, Prof.**, Sonoma State
Program: Global Governance: People, Power and
Non-Violent Solutions

February 3, 2017

Speaker: **Terese Drury**
Program: Using the Music Toolbox in the Classroom

February 10, 2017

Program: Valentines Day Program
Org.: Gene Nelson

February 17, 2017

Speaker: **Sarah Hart, President, Hartcom**
Program: Leadership for a Thinking Environment

February 24, 2017

Speaker: **Alan Silow, SR Symphony**
Program: Update and Search for a New Conductor

March 3, 2017

Program: Analy Jazz Band
Coord. Dawn Johnson

Future Events

CRAB FEED - SATURDAY FEB. 11

SEB. HOLY GHOST HALL, 7960 Mill Station Rd.
TICKETS ON SALE (\$70 SEE CLUB WEBSITE).

Miscellany

MAKEUP NOTIFICATIONS—[Jack Dunlap@gmail.com](mailto:Jack.Dunlap@gmail.com)

On-line Make-Ups: www.RotaryEClubOne.org

INTERACT MAKEUPS

Analy High: Check Day, Time with
Dan Rasmus or Donna Pantzer

Brook Haven: Check Day, Time with
Pauline Pellini or Mike Carey

Orchard View: Check Day, Time with Lisa Jacobs

Twin Hills: Check Day, Time with Dan Rasmus or
Monica Kretschmer

For all Interact Mtgs.: CALL AHEAD TO CONFIRM
MEETINGS

!!! CHECK IN AT SCHOOL FRONT OFFICE FIRST!!!

LINK: Sebastopol Rotary Website

Visiting Rotarians and Guests

Bud Daveiro introduced several Past District Governors, Helaine Campbell, Marty Lay, Terry Clark, and Bill Sauber. Dan Bornstein was also a visiting Rotarian. Dan visits our club

frequently, which is a good thing, but fines should be levied to make him feel at home.



Guests included **Harry Simms'** wife, **Suzanna**, **Guy Smith's** young wife,

Michelle, **Bob Reeves**, **Nancy** and **Patrick Dirden**. **Patrick** is interested in becoming a member, as is **Nancy**. Hey Rotarians, please make a point to introduce yourself to **Nancy** and **Patrick** next week and make them feel welcome.





ANNOUNCEMENTS



President David proclaimed attending the memorial service for Hal Pellini as an *Official Rotary Make-Up*. Hal was a great Rotarian and loved his community. **President David** shared a photo and article of a newspaper add Hal placed in the local paper in 1972. The add reflected the genuineness of a caring person.

Greg Jacobs and **Rick Wilson** did a pitch for our club's award winning Learn to Swim program. Greg, who is the father of this program [with **Jeff Boal -Ed.**], related that in the program's 33 years, approximately 10,000 Sebastopol area kids have been given the opportunity to learn to swim. **Greg** claims to remember all 10,000, which is huge. The kids receive, absolutely free, 8 and half hours of lessons. Without question, lives have been saved by this program. **Greg** and **Rick** asked for volunteers. Approximately 100 are needed. Contact **Greg** or **Rick** to sign up to help. **Harvey**, you must have at least one good story about lves pool.



NEW PAUL HARRIS RECIPIENTS

Dan Rasmus-Harris introduced the most recent Paul Harris-Rasmus recipients. Those recognized for the Paul Harris Awards are, **Jim Passage**, 1+2, **Harry Simms**,+2, **Dorothy Rodella**, +2, **Karen Daniels**, +4, **Tom Lambert**, +5, **Tom Dille**, +5, **Jim Pacatte**, +5+6, **Harry Polley**, +6, **Mark Fink**, +7, **Larry Ford**, +7 and **Les Crawford**, +1. For new Rotarians the Paul Harris Awards are recognition for donations to Rotary International. Each plus number represents



\$1,000 in donations. These donations benefit projects all over the world and our club has been extremely active in making donations, as well as in receiving matching monies from International Rotary to enhance our club's projects.

CRAB FEED – NEED VOLUNTEERS

President Elect Jack Blasco gave an impassioned speech, or perhaps more eloquently, a call to arms. He didn't mention "*waiting until we see the whites of their eyes*", or "*we will meet them on the beaches*", nor any mention of "*don't give up the ship*". He did however, appeal with utmost rhetoric, and a great sense of humor, that the Crab Feed is just around the corner and all Rotarians are needed to "*man battle stations*". **Jack**, what New York borough are you from? And, do you know a con when you see one?



THE RAFFLE

JT Martin had the lucky number but came up short on the question. Nice try **JT**.

RECOGNITIONS



Pauline Pellini for trip to Santa Barbara for a wedding. Also, for an Adopt a Family pic. **Pauline** has been an anchor in this program since 1999. Way to go **Pauline**. Isn't **Pauline's** energy and enthusiasm awesome?

Steve Beck for Mohave Desert pics. Steve shared that he got to see the old Borax wagons that went down his street as a kid. That comment, by the way, does not meet the 4 way test.

Meredeth Bertacco was recognized for family vacation to Puerto Vallarta. Great pics on beach. Also, pics from snow time in the mountains.



Greg Jacobs was recognized for his fishing trip on the lower Sacramento River. **Greg** also got to spend time with his grandkids in Michigan. Fishing and grandkids. Now we're talkin' retirement pleasure. Yea Greg.





THE PROGRAM – Domestic Violence-It's Cause and Cure



Cory Maguire had the honor of introducing our guest speaker, **Madeleine O'Connell**, Director of the YWCA. **Cory** was brief, poised, and professional. Some of us are still working on that.

The topic was Domestic Violence-It's Cause and Cure. The YWCA runs a shelter program for abused women and their children and has a "safe house" that houses up to 27 women and children at a

time. Madeleine informed us that they receive 3,000 calls a year on their 24-7 crisis hot line and that abuse occurs in one in four families in America.



The local YWCA has a 90% success rate with abused women, that is, women that do not return to the abusive situation they were in. of the 3,000 callers Madeleine reported, "Not everyone comes into our safe house, but everyone gets help." We were also enlightened about the Special Place preschool run by the YWCA. This is

a one of a kind preschool in Sonoma County as it is for at risk children and is free. The preschool is staffed by professional counselors. Madeleine invited all Rotarians to visit the preschool and shelter. It is a confidential program so call first for an appointment.



THOUGHT FOR THE DAY



Last, and certainly not least, was the *Thought for the Day*, delivered by **Barbara Beedon**. Sadly, try as she might, **Barbara** was bit prophetic. Her quote, "*Rain, Rain, Go away, come back another day.*" turned out to be all wet. Nice idea though **Barb**. After years of drought, are we tired of the rain yet? Cheer up, it looks like Ireland.



THE FINAL BELL



President David rang the bell, bringing – on time – the meeting to a close.

Sebastopol Rotary's Annual **CRAB FEED**

Saturday, February 11, 2017

First Seating: 5:00 p.m.

(Bar Opens & Music Starts at 4:00 p.m.)

Second Seating: 7:00 p.m.

Holy Ghost Hall, 7960 Mill Station Road, Sebastopol

**Get your tickets
NOW!!**

**Seating is
LIMITED**

**This event sells out
EARLY**



**Tickets are
available in
Sebastopol from**

**EXCHANGE
BANK**

**All You Can Eat Fresh Cooked Crab,
Clam Chowder, Salad, Bread,
Dessert & Wine
\$70 Donation**

**For Tickets or Information, go to:
www.SebastopolRotary.org
or call 823-4087**

**All proceeds of this event will be used to fund
Sebastopol Rotary's Education Grant Programs**

**\$226,000 in Teacher Mini-Grants
Awarded to Date**

**! BUY
TICKETS
NOW !**

Apple Blossom Elementary	Monte Rio
Journey H.S. - TLC Child & Family Services	Laguna High School
West County Special Ed Consortium	Parkside Elementary
Willowside Middle School	SunRidge Charter School
Gravenstein Elementary	Harmony Elementary
Sebastopol Rotary Teacher Mini-Grant Awards – Fall 2016	Summerfield Waldorf School
	Fort Ross Elementary
Electronic Tuners	Android Tablets
Marching Drum Head Covers	Desk Cycles
Standing Classroom Tables	Classroom Dishes
Digital Projector	3 Standup Desks
Journalism Camera	6 Cameras for 4th Grade
Non-Fiction Book Set	Kitchen Aide/Cuisinart
K'Nex Construction Sets	Garden Watering Timers
Shortwave Antenna	Phys-Ed Team Spots
Volleyball Uniforms	Bal-A-Vis Visual Exercise
Greenhouse Roof Panels	OSMO Genius Kits
LED Stage Lights	4 Kindles for Library
Sensory Integration Tools for Spe Need Kids	
Laguna Literary Magazines (200)	
Bal-A-Vis Auditory Exercise	
Phys-Ed Velcro Catch Sets	
Phys-Ed Run-and-Spell Game	
Collaboration Table for Maker Class	
Reading Progress Monitoring Program	
Earphones for Computers	
30 Book Set for Special Ed Class	
Speakers & Recorder for Radio Program	

Future Programs

January 27, 2017: Global Governance: People, Power and Non-violent Solutions

Speaker: Cynthia Boaz



Dr. Boaz is an Academic Advisor to the International Center on Nonviolent Conflict, a Washington DC- based human rights foundation that collects and disseminates knowledge on civil resistance. Her work with ICNC has sent her to conferences in India, Australia, Chile, Spain, and around the United States, including the annual Fletcher Summer Institute for Advanced Study of Nonviolent Conflict, at Tufts University, where she has served as an instructor on four occasions (2008, 2009, 2011, 2012). She considers her interview with Nobel Laureate Dr. Shirin Ebadi of Iran to be a highlight of her work in this field. Dr. Boaz continues to work alongside notable veterans of the struggles in South Africa, Serbia, Burma, and the US Civil Rights Movement, including Rev. James Lawson. Dr. Boaz is a prolific writer and contributes analyses regularly to several news and commentary-based media, including Truthout, Huffington Post, Common Dreams, Waging Nonviolence, and Open Democracy.

At Sonoma State, Dr. Boaz is the Faculty Advisor for the award-winning Model United Nations club and class, which every Spring participates in the National Model United Nations conference in New York City, and is department Internship Coordinator for placements with non-profits and local advocacy groups and organizations. Dr. Boaz is also an affiliated scholar with the UNESCO Program in Peace, Conflict and Development Studies at Universitat Jaume I in Castellon, Spain, where she has taught courses in 2001, 2003, 2007, 2011 and advises graduate students. She is founding board member of the Sonoma Independent, a grassroots media organization. She spent her Fall 2015 sabbatical in West Cork, Ireland.

February 3, 2017: Using the Music Toolbox in the Classroom

Speaker: Terese Drury



Terese Drury is a kindergarten and first-grade teacher at Oak Grove School in Graton. A graduate of Cal Poly, San Luis Obispo, Terese and her husband Dennis moved to Sebastopol thirty years ago and she has been teaching at Oak Grove ever since, using music in all aspects of teaching. Terese is the president of the Mr. Music Foundation which is dedicated to bringing and keeping music in the schools. Terese has been on the ground floor in the development and implementation of The Toolbox, a character development program for children created by Mark Collins, MFT. She is excited to share with you how The Toolbox music, composed and produced by Jim Corbett, has enhanced The Toolbox program, sending a deep and important message for kids.

February 17, 2017: Leadership for a Thinking Environment

Speaker: Sara B. Hart



Dr. Hart earned her Ph.D. from Northwestern University and then taught at Queens College in New York City before joining Pfizer Inc. During her 20 years at Pfizer, she was responsible for a wide range of HR activities, including building and managing the learning and development function for the research division in the US, helping to develop strategy for process redesign, and launching the change with the organization. She also was the Head of HR at Pfizer's research center in the UK. Subsequently, Sara served as the Executive Director of the Anita Borg Institute for Women and Technology, Palo Alto, CA.

Sara is the founder and President of Hartcom, a consulting company, which specializes in building effective groups, developing supervisory and leadership excellence, enhancing presentation skills, and maximizing employee effectiveness. In some of her work, Sara focuses on the importance of developing a Thinking Environment™ in which each of us can do our most creative and brilliant thinking. Sara also is actively engaged in her Sign of Enough™ campaign, which asks all of us to consider the question "How will I know when I have enough?" Dr. Hart is a certified coach from the Hudson Institute of Santa Barbara, HeartMath Inc., and from the world renowned Time to Think, Inc. She is an experienced consultant to organizations and professional speaker.