



The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin

Discovery of the lost Civilization of the Maya



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President 2016/2017: David Schreibman



"All the News that Fits We Print"



AT THE BELL



President David tolled the bell at 12:15, then told **Harry Simms** to lead the flag salute. **Karen Daniels** took **Harry's** lead and led the group to the tune of "America the Beautiful."



Our Prez ordered the annual survey be completed regarding our Friday meals. The din of knives and forks was a pretty good indicator that all is well at the trough...and early survey seemed to back that up.



VISITING ROTARIANS AND GUESTS



Our visiting Rotarian, via the Sunrise Club, was David Mark-Raymond, currently serving as this year's District 5130 Endowment Chair.

Jeff Boal and better-half **Jean** introduced **Jean's** brother and sister-in-law, Glen and Vivian, who were visiting from Ohio.

Pauline Pellini brought along two of Brook Haven School's Interact Club members, Taylor and Evelyn

The students noted that the club is planning a jog-a-thon, with the proceeds going to the Sebastopol Rotary's AntHill Project (club members first heard of this program last spring and early this fall when further information regarding details of the program were shared by **Kathie Mayhew** and **Jeff Boal**.)

Harry Simms managed another day out of the dog house by sharing the meeting and meal with spouse **Susanna**.



Future Programs

November 4, 2016

Speaker: Tom Thorfinnson

Program: Rotary Foundation Month

November 11, 2016 - Veterans day

Speaker: Sally Ewald

Program: WW-II – The POW Experience

November 18, 2016

Speaker: Karen Ricketts

Program: North Bay Teacher Shortage

December 2, 2016

Speaker: Dr. Gary Johnson

Program: Choices for End of Life Care

December 9, 2016

Speaker: Laurel Anderson

Program: School Gardens in Sonoma County
and their importance to Education

December 16, 2016

Speaker: Marianne McBride

Program: Council on aging

December 23, 2016

DARK

December 30, 2016

DARK

Future Events

November 1, 2016

REDWOOD EMPIRE FOOD BANK – VOLUNTEER
9:30 – 11:30 AM

Miscellany

Next Board Meeting

Date/Time: **Tues. November 8th., 5:30 p.m.**

Location: **David Schreibman's Home in Windsor**
MAKEUP NOTIFICATIONS–Jack Dunlap@gmail.com

On-line Make-Ups: www.RotaryEClubOne.org

INTERACT MAKEUPS

Analy High: Check Day, Time with Dan Rasmus or
Donna Pantzer
Brook Haven: Check Day, Time with Pauline Pellini or
Mike Carey
Orchard View: Check Day, Time with Lisa Jacobs
Twin Hills: Check Day, Time with Dan Rasmus or
Monica Kretschmer

For all Interact Mtgs.: CALL AHEAD TO CONFIRM MEETINGS

!!! CHECK IN AT SCHOOL FRONT OFFICE FIRST!!!

LINKS: [Pinot for Polio](#) [Sebastopol Rotary Website](#)

ANNOUNCEMENTS

President David reminded people that the next Food Bank drive/collection/distribution is scheduled for **NOVEMBER 1, 2016**. **Jerry Warren** is always looking for help on this worthiest project—and the month of November is an especially important time for the community.

Our exchange student, **Malene**, is learning how people in this country take the “bull by the horns” (all thanks to her sidekick,



Aleia Coate, 'though **Aleia** modestly might deny such collaboration).

Malene has created two lists: “THE BIG TO DO”, which includes a trip to L.A., attending a football game (Go Tigers! Go Lions!), go to a basketball game (if those Warriors can get their act together!), go to a baseball game (ditto, Giants or A's), go to the east coast (and leave the driving to **Aleia**), go to New York City (does that count as the east coast? Two for one?), see the White House, and... drum roll please...go to Portland (OK, there must be a story behind this surprise entry).

Malene's more modest wish list includes Six Flags, a visit to the redwoods, ditto for the Walt Disney family museum, a hike on the Mount David Trail, a peak at Lake Tahoe, same for the Santa Cruz Boardwalk, and/or a Safari West adventure in Santa Rosa.



Three cheers for this enthusiastic, creative teen; three cheers for **Aleia's** upcoming road trip.

THE EVER-LASTING ELEVATOR SPEECHES

Barbara Bickford recounted her career in education (still going strong) ...beginning with a classroom assignment, followed by working with special education students and working with Gifted and Talented boys and girls. This was followed by stints as a school principal and, most recently the title of superintendent of the Twin Hills Union School District. What's her secret to success? She's a great 'meditator.

Nao Noguchi is on board with a lot of things: gardening, back-packing, travel and other hobbies. He is also a self-described food-taster (ready to take the task on at a moment's notice). However, the frequent travel trips seem to have taken a back seat once the five (5) grandchildren came along. Still, he is hardly complaining about those opportunities.



FRIENDSHIP DINNERS



Peggy Rogers and **Ruthie Dunlap** shared how these gatherings can be successfully planned and how successful they can be for Rotarians. All it takes is a willing host plus a few couples. It can be built around a lunch, breakfast, or dinner. A spontaneous strategy (can those words actually be put back-to-back?) might be to simply draw names out of a hat. Or wear a hat.

The hope is that everyone in the club can participate either as a host or a guest. Option A is a traditional four couples, one host preparing the main dish, and assigning the other three couples provide complimentary dishes. Option B is to sign up to host with another Rotarian whom you know and invite one or two Rotarian couples you don't know very well to a lunch or dinner or breakfast three times during the year. (Invite different couple(s) each time. The Friendship Dinners Committee will help by drawing names of the newbies out of a hat to make sure all the

new folks are included.)

The Committee wants to keep track of all the friendship dinners throughout the year so they want everyone to commit to when and with whom they are breaking bread and to send the Committee pictures of the group(s). The requirement is that you must have at least one couple you don't know well at your table. The Committee will ask for hosts to sign up and they plan to call everyone personally and then draw names to fill tables. The goal is to make our club as inclusive and friendly as possible and to be a big welcoming committee to all the newbies. If we all focus on friendship with everyone in our club, we can't help but draw many more movers and shakers into our club. Share your Rotary stories and feel the excitement." At least one couple should be someone or two you don't know! We want this to be friendly and inclusive!

Sign up soon by calling Peggy (823-8384) or Ruthie (823-8580). January is "Get to Know You" month!



DOMESTIC VIOLENCE PREVENTION

This recently-formed committee, in partnership with the Sebastopol Sunrise Rotary Club, aims to raise awareness of the domestic violence realities that are happening here as well as around the world.

The timing of John Namkung's presentation last week and the message that making a difference in just one person's life can have a huge difference for many --it all ties together.

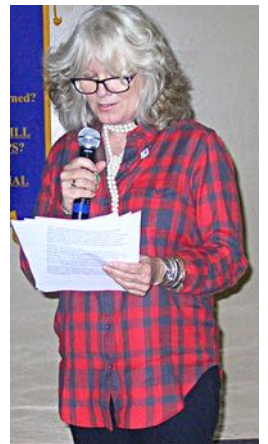
Peggy Rogers and **Cory Maguire** have expanded their search for examples and lessons far beyond Sebastopol. They have visited the Family Justice Center, Verity, and the YWCA --all located in Santa Rosa. Jeff Weaver, Sebastopol's Chief of Police, has been a major participant on many levels.

This team has already identified common, serious issues with domestic violence. Police officers lose their lives answering domestic violence calls. When choking is involved, the likelihood of the abuser killing his victim or others is very high. More than just a random burst of anger, many abusers intentionally work to isolate their partner from their family and friends, and persist at beat down and eroding the well-being, esteem, and resistance of the victim.

The 24 hour-a-day crisis phone number can become a major intervention: **707-546-1234**.

Future programs and meetings will soon be announced in the AppleKnocker and on the Rotary Club webpage.

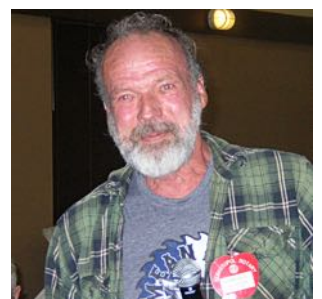
Committee members/Rotarians are **Peggy Rogers**, **Kathie Mayhew**, **Ruth Dunlap**, **Cory Maguire**, **Sebastopol Sunrise President Scott Hensley**, **President-elect Bill Sauber** and **Elaine Campbell**. If you are at all interested in joining please call **Peggy**, **Kathie** or **Ruth**.



VENTURES FAR AND NEAR



Ken Silveira and **Harvey Henningsen** took a six-day road trip via motorcycle....no, they are not the duo in today's pro- gram about two men exploring the lost civilization of the Maya --this team is just plain lost. Fined \$20 apiece.





Fortunately, **Bob Hirsch** did not run into this pair on his own motorcycle venture --leading to a stay at a clown motel in Tonopah, AZ. But Bob did have high praise for the Turlock Rotary Club he visited; he was still fined \$25.



Jim Pacatte took the biggest trip hit of the day for a visit to his Midwest roots....stopping at a Mennonite community (from the 1720's). \$35!!! It might have had something to do with the fact that Jim was holding two microphones and was not going to be denied the opportunity to get his two

cents in.



President David gave special recognition to **Monica Kretschmer** who had her photo taken by HH and it looked as if she and her dog were staring in an avant-garde car commercial. .Well done!

THE PROGRAM:

“Discovery of the Lost Civilization of the Maya”

William Carlsen



Tom Lambert welcomed today's speaker, WILLIAM (BILL) CARLSEN, author and journalist, Pulitzer Prize finalist in 1999, and U.C. Berkeley School of Journalism instructor. He is a west Sonoma County resident.

Carlsen's book JUNGLE OF STONE (2016) covers lost civilizations of the Maya and the incredible cities of palaces, monuments, and pyramids they left in the jungles of Central America. Their civilization began in 600 B.C. and lasted for

1500 years, during which time they built 40-plus cities.



Two men who made an extraordinary journey of discovery in the Mayan ruins were hardly alike in their backgrounds. John Stevens was a New York attorney with strong political connections and a prolific writer. Frederick Catherwood, the illustrator, was an architect and artist from London. Throughout their connections, Stephens referred to his traveling companion as “Mr. Catherwood.”

Together, they published two books: INCIDENTS OF TRAVEL IN CENTRAL AMERICA, CHIAPAS AND THE YUCATAN (1841) and INCIDENTS OF TRAVEL IN THE YUCATAN (1843). Their ventures began in 1839 and their travels took them to locales no one could have imagined (the theory –proved false by the duo—was that an earlier European or Mediterranean civilization was responsible for the artifacts and immense structures). The 'locals' built over 40 cities and within this area there were over 20 languages.

The lands were known as “jungles of stone,” based on the discovery of stone pyramids and temples among the forests. How the two survived the jungles, insects, the climate, and civil war is an amazing true story.

THOUGHT FOR THE DAY: from Les Crawford

“Even if I was certain I was going to Heaven; I would pray God to let me go by the longest possible route.”

Nikos Kazantzakis, author of ‘Zorba the Greek’

President David rang the bell to end the meeting at exactly 1:30 pm

Future Programs

November 4, 2016 Rotary Foundation Month

Speaker: Tom Thorfinnson



Thomas Thorfinnson is currently serving a four-year term as a Trustee of the Rotary Foundation (2015-19). He was Vice President of Rotary International in 2010-2011, and served on the Board of Directors for Rotary International from 2009 to 2011. In 2013 Tom completed a four-year term on the Strategic Planning Committee for Rotary International. He is now serving as the trustee liaison to that committee.

In addition, Tom is currently Chairman of the Steering Committee of the RI/USAID International H2O Collaboration to jointly fund US \$6 million in water, sanitation and hygiene projects for three countries in Africa. He has made 19 volunteer trips to developing countries including numerous trips to Haiti. Almost all of those trips centered on fund development for water and sanitation Tom is a Level II Major Donor to The Rotary Foundation and a Level 4 Charter Member of the Bequest Society of the Rotary Foundation. He is a recipient of the Service Above Self Award from Rotary

International; and the Distinguished Service Award and the Citation for Meritorious Service Award from The Rotary Foundation.

For more than 30 years Tom has been engaged in the private practice of corporate law in the greater Minneapolis area, and for 16 years was a lecturer at the University of Minnesota Carlson School of Management. Tom is President and owner of Thorfinnson Law Office PLLC and is on the Board of Directors of First Minnetonka City Bank.

November 11, 2016: World War Two: The POW Experience

Speaker: Sally Ewald

Sally (Hatcher) Ewald's undergraduate degree was in History and Political Science. She spent her "gap year" exploring Mexico then attended Stanford University where she earned her MA in Latin American History and subsequently a CA teaching credential at San Jose State. While getting these degrees she started working for Western Airlines rising to "City Manager" for WA – retiring 14 years later after completing her MBA to start a management consulting business.

Her passion to learn more about WWII in Europe stems from a desire to know more about her father who was killed in a military plane crash in New Mexico in January 1947 just a few days after her 6th birthday. In WWII he commanded the 351st Bomb Group, one of the early B17 Bomb Groups stationed near Peterborough, England. The Group's first mission was May 13, 1943. Col Hatcher flew 12 missions and was shot down not far from Bordeaux, France on Dec 31, 1943. His parachute dropped him just outside the German command compound - he was captured immediately and remained a POW until May 1945 when Germany surrendered.



November 18, 2016: North Bay Teacher Shortage

Speaker: Karen Ricketts



Karen Ricketts is currently the Executive Director of the North Coast School of Education at Sonoma County Office of Education. In this role, she oversees faculty and staff as they provide innovative professional development, coursework, support, and coaching for new teachers, mentors, and interns in the programs.

Prior to becoming the executive director, Ricketts worked as a director of human resources in the Windsor Unified School District, a director of curriculum and special education in the Piner-Olivet School District, a school administrator in Healdsburg Unified School District and a teacher and coach in grades 4 through college. She earned her Master of Arts degree from Sonoma State University, her administrative credential from Sonoma State University, and her Bachelor of Arts degree from Chico State University.

As a seasoned educator, administrator, and former coach, she loves supporting next generation teachers as they enter the profession with new innovations and educational best practices that lead to student growth and success.

HALLOWEEN PARTY

The joint Halloween Party with the two Sebastopol Rotary Clubs was held at Holy Ghost Hall on Friday night, October 28, 2016. It can be seen from the accompanying photos, a good and scary time was had by all.

Chairperson for the event was Ellen Harrington and she sent the following note to the AppleKnocker:

"I would like to add my thank you to the team for their excellent support.

To Peggy Rogers for being co-webmaster with me on cutting a couple dozen cobwebs,

To Lu Frazier and Sue Engle for helping with setup and dealing with creepy items, and finally,

To Ron and Lynda Puccinelli for being judges for the various contests.

