



BE THE INSPIRATION

**Date:** February 15, 2019  
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**Photog.** Karen Daniels, HH  
**Editors:** P.Dirden, D.Still, J.Holst, T.Boag, HH  
**President 2018/2019:** Larry Ford



"All the News that Fits We Print"



## BEFORE THE BELL



Friday was a great day to drive to Rotary with Intermittent sprinkles & sunshine changing the light and the landscape. We are blessed to be midway through February with twice the rain we had last year at this time. The official un-official rain-count on Cherry ridge is 37 inches of rain.

Stepping through the massive palace doors your scribe see Roto-greeter **Bob Cugini** extending a welcoming handshake to go with his now famous "Welcome to Rotary! Picking up #6 Roto-badge from the top tier of death-row section of the badge-box, your scribe move up the line to Past Prez and current secretary **Kenny Jacobs** so he can fleece your scribe of an unknown amount of \$\$\$ for what appears to be a great lunch of POLENTA & Pork. Two slices please.

Turning around your scribe sees a ghost from years past, former Rotarian Dr. Craig Campbell. Craig is alive, well and looking in great shape. Thanks Craig for returning to the palace and thanks for putting me back together many times,.... and for my new knees.

Before leaving the \$\$\$-fleecing line your scribe pick up 3 ladder-ball tickets. Ladder-ball has its historical origins from early Western cattle-men who at the seasonal docking time would wager small sums of money on taking two balls tied together with a 2 ft leather lace and tossing them at their ranch's fencepost rails. These cattlemen would stand exactly 18 ft. from a fence and would wager which fence-post rail they could wrap those balls around. Youe scribe's historical musings were interrupted as a friend Daniel Shanahan made a surprise visit to the lunch line. Your scribe was surprised because he invited Daniel to lunch at the crab-cracken meeting last week and he didn't come.



## AT THE BELL



Daniel & your scribe find a seat next to Bob Cugini. and get our first taste of delicious POLENTA lunch and **CA-LANG** we were rudely interrupted right on [**President Larry's**] schedule at 12:17. **Jim Pacatte** led us in the flag salute. Past President **Rick Wilson** led us in song with a nod towards a just past Valentine's Day. **Ricky's** voice, one of the few Rotarians in the palace choir that needs no amplification led us in the song "**Love Potion #9.**"

"She bent down & turned around and gave me a wink..... She said I'm gonna mix it up right here in the sink.....It smelled like turpentine and looked like India-Ink." Nice change **Rick**. **Tony-Tony-ba-boney-fee-fi-fow-moany.....Tony Given** shared his thoughts for the day.



**Sonoma County YWCA Domestic Violence Hotline 707-546-1234**

## 🍏 Future Programs 🍏

**February 22, 2019**

**Deborah Ramelli  
Ceres Community Project**

**March 1, 2019**

**Neysa Hinton  
Mayor of Sebastopol**

**March 8, 2019**

**Lee Rink  
Treating Stroke Victims**

**March 15, 2019**

**Jo Sletbak  
Norwegian Consular General**

## 🍏 Events 🍏

**Golf Tournament  
April 29, 2019**

## 🍏 Miscellany 🍏

**MAKEUP NOTIFICATIONS—[JackEDunlap@gmail.com](mailto:JackEDunlap@gmail.com)**

**On-line Make-Ups:**

**[www.RotaryEClubOne.org](http://www.RotaryEClubOne.org)**

**Domestic Violence Hotline:**

**707-546-1234**

**[sebastopolrotary.com](http://sebastopolrotary.com)**



#1 The trouble with life is that you're halfway through it before you realize it's a do it yourself thing.

#2 Never wrestle with a pig: You will both get dirty and the pig likes it.

**President Larry** announced with sadness that long time Rotary member Russ Tighe has transitioned from earth. Russ was a no-nonsense type guy who belonged to our select Roto-sub-group called "Getter-Done-Now Guys!"

Most of the time Russ was a no-B.S.-type of guy. But, there were times like 25-30 yrs ago on the Roto-Family-Bike-Ride up Coleman valley Road. to Willow Creek Road to Duncan's Mills on the Russian River. Russ was supposed to give all the bike riders & their bikes a ride back to Sebastopol in the back of his 24ft. long flatbed truck. We had picnic benches in the back of Russ's truck for the riders to sit on.....no seat-belts, with the bikes piled up wherever there weren't people. **Mike Ferguson** had a date that evening that he had to be on time for.

Russ obliged **Mike** by driving that 24 ft. flat-bed truck like a race car up Bohemian Highway with 30 + Rotarians and their families in the back of Russ's truck sloshing around from one side of the truck bed to the other.....dodging the constantly moving piles of bicycles. Russ got **Mike** to his date on time and gave everyone in the back of the truck a ride they will never forget. Russ's memorial service is Friday March 1 at 11am Pleasant Hill Cemetery. **Russ Tighe was a good guy! God's speed Russ!**





## ROTARIANS & GUESTS



**Larry** asked the **Bud-Man Daveiro** for visiting Rotarians. We had two. Twenty + year visitor SR dentist Dan Bornstein & Sunrise Rotarian Nick Randell who was wearing a special red cap that looked like a T-Pee on his head. Nick looked like a lonely Tibetan bachelor who had wandered aimlessly through the flat-lands of Sebastopol looking for love. Anyway, Nick started guilting the male members of the temple audience with something about if you forgot Valentine's day with your sweetheart then you could make it up by bringing her to their Sunrise club's "A Parisian Rendezvous" at the Sebastopol Center for the Arts On March 23, 6-10pm. For information call 707-861-0009. The sad truth is that if any of you in the audience forgot Valentine's day.....It won't make any difference what you do.



Yikes! There's lots of guest today and I only print.....very slowly.

**Jim Passage** = Lance Morgan

**Yvette Williams van Aggelen** = Our outgoing exchange student for 2019-2020 Fay

**Pauline Pellini** = Aliyah & Noemi both interactors

**Ellen Harrington** = past member Michael Hixon

**H.H.** = Daniel Shanahan



## ANNOUNCEMENTS



**Scott Briggs, Nao Noguchi, and Patrick Dirden** were given a hearty ovation for chairing the Rotary Crab Feed. **Scott** gave a partially-complete rundown of another successful fund raiser for the Teacher's Mini-Grants. **Scott** gave special thanks to **Kenny Silveira** saying you can't have an event like this without **Kenny**.....it can't be done. A big thanks to all of the club members who stepped up and volunteered for the Crab Feed. It takes a village!

**David Schreibman** continued the interesting series where we get to meet local businesses in our community. **David** called Rebecca Pate of Sonoma Media's Press Democrat newspaper.



Rebecca gave a presentation about our local county newspaper, the Press Democrat.

\* The North Bay has 525,400 adults

\* Each week 380,000 N. bay adults reads one of their publications



- \* One out of 4 print readers is Millennials, nearly equal to the number of Pre-Boomers.
- \* Sonoma County residents read daily newspapers in print.....more that the rest of the nation. It's a fact.
- \* The Press Democrat has the largest news gathering staff between San Francisco & Portland
- \* The P.D's North Bay Fire Relief fund raised \$32,280,981 from 41,134 generous donors

Rebecca ended her presentation with a shout out to local businesses. For every \$100 spent locally \$48 returns to the community.

**President Larry** called **Dana Moises** to the pulpit to talk about the local school district grant to implement Tool Box to preschools. The toolbox covers the following.

TOOLBOX Tool for Learning \* Tools for Life

Breathing Tool = I calm myself and check in

Quiet/Safe Place Tool = I remember my quiet safe space.

Listening Tool = I listen with my ears, eyes & heart.

Empathy Tool = I care for others. I care for myself.

Personal Space Tool = I have a right to my space & so do you.

Using Our Words Tool = I use the "right" words in the "right" way.

Garbage Tool = I let the little things go.

Taking Time Tool = I take time-in and time-away.

Please & Thank You Tool = I treat others with kindness & appreciation.

Apology & Forgiveness Tool = I admit my mistakes and work to forgive yours.

Patience Tool = I am strong enough to wait.

Courage Tool = I have the courage to do the "right" thing.

Those are all great tips for Rotarians to live by.

Your scribe would like to encourage **Dana** to print up that power-point slide with those 11 guide-line-reminders for all of us to post somewhere where we can take an occasional look reminding how us to be better people.



## 🍎 RECOGNITIONS 🍎

There was only one Birthday-Girl present and that was **Diana Rich** who celebrated her 60<sup>th</sup> with her hubby having a fabulous dinner out. There were no were no Rotarians with anniversaries today.

## 🍎 RAFFLE 🍎

Your scribe's guest Daniel Shanahan had the winning ticket. **Pres. Larry** carefully measured off the 18ft. distance and Daniel proceeded to throw 3 misses & walked away with a \$5 consolation prize.







## THE PROGRAM



Dr Lance Morgan is a marine biologist who came to the Marine Conservation institute in 2000. He has explored the deep sea corals in the British Columbia waters ocean floors as a scuba diver and submarine pilot. As president of the marine Conservation Institute he oversees their largest initiatives, the Global Ocean Refuge System and the Atlas of marine protection.

### **Some pearls of information from Lance's program:**

\*Our planet is 95% ocean.

\*Marine biodiversity is threatened throughout the world's oceans by: overfishing, Habitat destruction, pollution, alien species, and climate alteration.

\*Marine Conservation Institute was founded in 1996 to bridge the gap between marine science & policy to protect marine biodiversity.

\*They successfully advocate for global protection of deep-sea corals and "Vulnerable marine ecosystems."

\*Accelerating industrialization of the ocean threatens marine ecosystems.

\*Some coral systems are 4,000 years old.

\*Most of the heat from global warming is going into the oceans.

\*It is estimated that we would save \$500-\$900 BILLION dollars a year by protecting our oceans.

\*Oceans need 30% protection to Marine Protected areas by the year 2030.

\*To keep the planet flourishing, 30% of the earth needs protection by 2030.

\*Are we headed towards our 6<sup>th</sup> mass extinction?



## THE FINAL BELL



As the palace time-piece on the Southern wall edged closer & closer towards the 1:30pm dismissal time, our leader glided along the side wall with the hook..... which he used at 1:31 closing another interesting program & meeting.

Because of last week's crab filled edition, we weren't able to give attention to one of our annual hallmark projects, the dictionary program. On February 6<sup>th</sup>, **Dana Moises**, **Kelly Back**, and **Ruthie Dunlap** delivered new dictionaries to the third graders at Parkside School.



# Rotary **MEMBERSHIP MOMENT**

**Where I've lived and when:**

- Northwest Indiana-While Growing and for undergrad and law school (early to late 80's)
- Boston, MA- Army (1985-86)
- Chicago (1989-93)
- San Francisco (1993-2013)
- Guerneville (2013-2018)
- Sebastopol (2018-Present)

**Family:**

Partner, Jim, Father, Sister and Brother are in IN. A cousin in Banning, CA

**Education/Career History:**

2 BAs, psychology and forensic studies, MBA, JD and LLM in Health Law

Lawyer in Chicago, SF Public Defender and now low income Domestic Violence and Criminal Law in the SF/Bay Area

**Personal Interests, Hobbies, Passions:**

Social Justice work and anything outside

*Stephen Zollman*

# A PARISIAN RENDEZVOUS



Saturday March 23  
6:00-10:00  
Sebastopol Center for the Arts

🗼 French Cuisine 🗼 Wine Tasting 🗼 Silent & Live Auctions 🗼



Special appearance by

**TRANSCENDENCE**  
THEATRE COMPANY

*\$75 per person \$750 for a table of 10*

*For information:*

707-861-0009

[www.sebsunriserotary.org](http://www.sebsunriserotary.org)

[email: sebsunriseevents@sebsunriserotary.org](mailto:sebsunriseevents@sebsunriserotary.org)

*For Tickets*



<https://bpt.me/4044890>

## Upcoming Meetings

### **February 22, 2019: Deborah Ramelli, CERES Community Project**



Deborah Ramelli is a senior member of Ceres' staff, having helped it grow from its Sebastopol roots to an organization making a difference both locally and nationally. She has a diverse background which includes working for corporations and not-for-profits in addition to running her own small business as a yoga instructor and Certified Nutrition Educator. Deborah holds a BA in Political Science. She is also an enthusiastic gardener and cook, and loves bringing people together over a table of great, healthy food.