



The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin

The Honorable Tomochika Uyama, Consul-general of Japan



Date: May 10, 2019
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 Photog. Jack Dunlap
 Editors: J Holst, D.Still, P Dirden, T.Boag, HH
 President 2018/2019: Larry Ford



"All the News that Fits We Print"

 BEFORE THE BELL 

It was a gorgeous day in the old Seb-town, and the crowd gathered early, with lots of familiar and new faces, to enjoy a delicious lasagna.



 AT THE BELL 

Sebastopol Rotary's very own Tooth Fairy, AKA Prez Larry, brought the hammer down on the May 10, 2019 meeting of the Sebastopol Rotary at 12:15 on the dot. **Rick Wilson** got things moving by leading us in the pledge to Old Glory, **Big Mac** kept things rolling by leading us in the singing of "Oh, What a Beautiful Morning". **Hal Kwalwasser** then supplied us with the thought of the day, one he borrowed from Mark Twain "*If we were meant to talk more than listen we would have two mouths and one ear.*"



🍎 Future Programs 🍎

May 17, 2019

DARK – District Conference

May 24, 2019

**Larry Robinson –
The Center for Climate Protection**

May 31, 2019

The Buck Foundation

June 7, 2019

**Andrea Schmitz –
The Adolescent Brain**

June 14, 2019

Sonoma County Humane Services

June 21, 2019

**Sonoma County Winegrowers
Association**

June 28, 2019

DARK – Debunking

🍎 Events 🍎

FRIENDSHIP DINNERS

JUNE 15 and 22

Debunking: June 29th

Fall Fundraiser: October 26th

🍎 Miscellany 🍎

MAKEUP NOTIFICATIONS–JackEDunlap@gmail.com

On-line Make-Ups:

www.RotaryEClubOne.org

Domestic Violence Hotline:

707-546-1234

sebastopolrotary.com

🍎 ROTARIANS & GUESTS 🍎

Sebastopol Rotary's very own **Budman** introduced former Sebastopol Rotarian and incoming President of the Petaluma Valley Rotary **John Burns**. **John** was former editor of the Petaluma Argus Courier, and at the present is retired and serving Rotary, and is the new incoming President of his club.



Nao Nogucchi introduced his sister inlaw and brother in law **Patty** and **Steve Levenburg**, he also introduced **Daryl Yagi**. **Cory Maguire** introduced her guests **Rebecca** and **Tom Kisaichi**. **Jim Passage** introduced the Honorable **Tomochika Uyama** and his assistant **Aono Ryo**. **Jim** also introduced **Val Churma** and **Meg Mizutani**. **David Schreiber** introduced **Anjana Utarid**, Executive Director of the Sebastopol Center for the arts. **Anjana** is here as part of our Chamber of Commerce Moment Program.



Pauline Pellini introduced two Brookhaven interactors, **Brooklyn** and **Betsy**. **Torrey Olson** introduced his wife **Lucy** and son **Henry**. **Henry** will take the mic later and tell about his donation to Teacher Mini Grants.

ANNOUNCEMENTS

Ellen Harrington took the mic to let us know about the Joint Rotary Work Day on May 11. We will be joining with The Santa Rosa East Club in the clean-up of property located at 1117 Hahman Drive in Santa Rosa. We will be cleaning up weeds and laying weed cloth. We will need 3 weed wackers, 2 wheelbarrows, shovels and rakes. You all come--see you there.

Jerry Warren mentioned that we are having another work session at the Redwood Empire Food Bank on May 23 from 9:30 to 11:30. Contact **Jerry** if you plan on coming.

Rick Wilson arose and let us know that the 'Learn To Swim' Program this year was a tremendous success that we had over 105 attendees and that we had sufficient help. He expressed appreciation to **Mario Ramos**, who has been dedicating his time for many years-- **Mario** stood to a standing ovation. Good work, **Mario!**

Prez Larry thanked **Rollie Atkinson** for publishing a commentary in the May 9th edition of Sonoma West Times and News. The article was one that **Prez** wrote himself and it told about the value of Rotary's Overcoming Obstacles Program. **David Schreibman**, **Hal Kwalwasser**, and **Tom Boag** will co-chair the OOA program next year.

Torrey Olson stepped to the podium along with his wife **Lucy** and son **Henry** to talk about a project that **Henry** undertook to supply funds for the Teacher Grant Program.



Henry is an 8th grade student at Sonoma County Day School, and the school and the school requires every 8th grader to perform a service project to benefit the community. **Henry** chose to paint 20 paintings and sell them at the Entrepreneur Fair at the school.

Over a period of 2 months **Henry** made \$300 which he chose to donate to the teacher mini-grant program. (In your scribe's humble opinion, **Henry** is quite a humanitarian but a great public speaker)

David Schreibman stood to mention that we are honoring The Sebastopol Center for The Arts for this Chamber of Commerce Moment.



Anjana Utarid is Executive Director of Center and she came to the podium to tell us a little bit about it. The Center is located 282 South High Street (Veterans Building) and its web site is sebart.org.

The Center has an Award Winning Art Gallery, Local Artisan store, Ceramics Studio, Art Classes and Open Studios.

During the year they have 17 Exhibitions, 20 Concerts, 15 Events 78 Films, and 180 Classes. In addition, they have open studio tours. Phone: 707 829-4797

Cindy Carter stepped forward to let us know that the tamales sales have been so successful that we need more, so keep your eyes and ears functioning for dates and times.

So, you say you really, really love tomatoes? Well, you should talk to **Harry Simms** he has more than he can eat and will sell them to you cheap-- and all the proceeds will go to Rotary projects.

RECOGNITIONS

Richard and **Debra Peterson** were dinged \$5 for enjoying another year of wedded bliss-- their 39th

Diana Rich and hubby **Daniel** parted with \$5 for a boat trip they took on Austrian Viking River Cruises. Looks like **Diana** is really enjoying retirement. **Nao Noguchi** was dinged a fiver a trip he and his children took to Japan to visit family.

🍎 THE RAFFLE 🍎

Jack Dunlap had the lucky number and nailed his first attempt at ball toss. He bombed out on his next two attempts and walked away a measly fiver. Better luck next time, **Jack!**



🍎 THE PROGRAM 🍎

This is the second time in just a few months we have had the honor of hosting a general consul here at the ol' community church. The Honorable Tomochika Uyama started off his presentation by giving us some information on his career.

He began his with the Ministry of Foreign Affairs of Japan in 1986 and has been involved in the diplomatic services for over 30 years. His assignments overseas have included postings in Egypt, the Philippines, the Republic of Korea, and the Permanent Mission of Japan to the International Organizations in Geneva. His domestic assignments in Tokyo have included positions at the Economic Affairs Bureau, and in the Ministry of International Trade and Industry.

He then proceeded to give us a deep dive into the complex and rather dusty of world of international trade negotiations, with a special focus on the World Trade Organization and how they manage all the intercontinental trade that is happening every single day.

Although neither the scribe or the editor this week got all the details of the current or the desired state of Japan's foray into negotiations on international trade, we can say that the honorable Uyama seemed above and beyond interested in the field – the right man in the right place.

Asked by our own honorable **Hal Kwawasser**, the consul admitted that our own Presidents ongoing trade war escalation with China will also affect Japan in some ways, though exact results are unclear as of yet.



🍎 THE FINAL BELL 🍎

With a clang of the bell, **President Larry** called it all to end.

FUTURE PROGRAMS:

May 24, 2019: Larry Robinson – The Center for Climate Protection

Larry served twelve years on the Sebastopol City Council. As co-chair of the city's Energy Committee, he helped bring Sebastopol to the forefront on solar power. He was also a leader in affordable housing and green buildings while on the council. He is a retired psychotherapist and a published poet.

The Center for Climate Protection creates model programs for communities to reduce greenhouse gas emissions. Their mission is to inspire, align, and mobilize action in response to the climate crisis. They partner with business, government, youth and the broader community to advance practical, science-based solutions for significant greenhouse gas emission reductions.



May 31: Dr. Abhijit Kale - The Buck Foundation

Originally from Pune, India, Dr. Kale did his undergraduate studies in microbiology at the University of Pune. He started his research career at Tata Institute of Fundamental Research in Mumbai, India, where he studied endocytosis in metazoans under the guidance of Dr. K. S. Krishnan. He received his master's and PhD degrees from the Albert Einstein College of Medicine in New York, where he studied the role of cell competition during development of an organism in the lab of Dr. Nick Baker. He is currently a SENS postdoctoral fellow in the Campisi lab, where he is studying the interaction of senescent cells with immune cells. In his free time, he likes to hike and travel. Novato's Buck Institute is the largest independent scientific institute



June 7: Andrea Schmitz – The Adolescent Brain

Understanding what goes on inside the teenage brain has been a preoccupation of parents from time immemorial, but over the last 20 years, neuroscientists have made real progress in understanding how the adolescent brain differs from the brains of both younger children and adults. Two local teachers, Andrea Schmitz and Mary Fitch, are on a mission to bring this knowledge to local parents and teens in hopes of increasing their understanding of the promise and vulnerability of the teenage brain.

They've been offering a class, "The Care and Feeding of the Adolescent Brain," at Twin Hills School once a month for almost a year. The class is open to all parents and teens, regardless of where the children go to school. The class consists of two simultaneous one-hour classes — one for parents and one for middle-schoolers (fifth, sixth and seventh graders). Both groups learn about "the power, promise and pitfalls of the adolescent brain," as the flyer says, but the lessons are tailored to fit the different audiences.

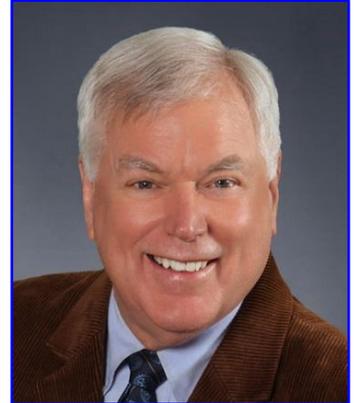


Rotary Club of Sebastopol – Board Report Summary – May 09, 2019

The Rotary District Conference, called the 4-Way Fest, begins Friday in Reno and combines our district with three others to celebrate and promote the ideals of Rotary. For the first time, a Hall of Friendship will showcase the accomplishments of each club with individual exhibits describing how to implement these projects. Where to begin? Our club is outstanding in the number of service projects, grants, and programs to make our community and the world a better place. We will share our enthusiasm and offer guidance with a slide series highlighting Learn to Swim, Overcoming Obstacles Award, Teacher of the Year, Eliminating Domestic Violence, and Learn With Me. Imagine the reward of seeing these programs embraced by other clubs! Rotary International's theme this year is "Be the Inspiration" and we are heading east to share the magic that makes membership in our club so fulfilling.

I look forward to seeing you there!

Larry Ford, President 2018-2019



[You can see the full Directors' reports at ClubRunner| Member Area| MyClubRunner| ViewClubDocuments| BoardMeetingMinutes| 2018-2019. –Ed.]

COMMUNITY SERVICE AREA – DIRECTOR PEGGY ROGERS:



FAMILY SAFETY / DOMESTIC VIOLENCE AWARENESS COMMITTEE (Co-Chairs: **Cory Maguire, Les Crawford**) – We supported the one-day Analy High school Coaches and Athletes diversity training. The District Grant for \$2,350 is in the final stages of filling out the report forms. The project, "The Toolbox" for pre-K students has been completed. Club presentations by **President Larry** and **Dana Moises** as well as a one-hour learning session by the creator, Mark Clement, for 20 plus Rotarians and educators was held. Many meetings with pre-K teachers and administrators asking their input on program modifications for the pre-K children has been completed by the Dovetail staff. **Peggy** attended a 4-hour training of all the teachers and counselors and administrators from the YWCASC therapeutic preschool for possible fall implementation.

MARK SELL ROTARY TEACHER GRANT COMMITTEE (Chair: **Jack Blasco**) – Spring round of Mark Sell Teacher Grant checks were mailed yesterday. **Ken** – as always, thanks for your help in preparing the checks. I even managed not to launder them. **Peg** – consider this my Board report for the May meeting (which I will miss). There won't be any further activity from this committee this Rotary year. **Larry** – I would appreciate 5 minutes of podium time at a future meeting to report to our members on how their crab feed dollars were spent during this Rotary year.

DICTIONARY COMMITTEE (Chair: **Paul Yeomans**) – No new report.

LEARN WITH ME COMMITTEE (Chair: **Linda Irving**) – No new report.

CRAB FEED FUNDRAISER (Co-Chairs: **Scott Briggs** and **Patrick Dirden**) – **Patrick** writes: "We're proud to say that the Crab Feed raised over \$24,000 for the Mark Sell Rotary Teacher Grants Program. I will be meeting with **Scott Briggs** and **Nao Noguchi** before the end of the summer to start planning the 2020 Crab Feed. We plan on selling tickets by November. We will be working with the sponsorship committee to get some of our overhead costs underwritten."

LEARN TO SWIM COMMITTEE (Co-Chairs: **Greg Jacobs** and **Rick Wilson**) – **Greg** reports: "We are in the second week of Learn to Swim. All is going well. We ended up with over 100 volunteers."

COMMUNITY GRANTS COMMITTEE (CHAIR: **Linda Johnson**) – "Community Grants are finalized and checks sent. I would like to present to the club the grants that were approved and how they can assist by sharing dates of open grants."

COMMUNITY VOLUNTEER PROJECTS COMMITTEE (Co-Chairs: **Steve Beck, Diana Rich**) – **Diana Rich** reports: "I've just been talking to **Jim Pacatte**. He's on board to oversee the two library projects. We'll settle on a date, but at the moment it looks like it will likely be the week of May 20th. As to budget, we need \$400 for the repair and refinishing of the benches around the fountain, and \$300 for the installation of the new benches. That's \$700 total. **Jim** will need 4 helpers for the repair and refinishing job and 2 helpers for the installation task. He would like to do both in one workday: benches in morning and refinishing in afternoon. I'll be in touch once I get the final go-ahead from the city. The sound booth project (for teens to interview seniors about their lives) is off our list. Rosalie Abbott was not able to get the project approved by County Library administration...."

PEACE AND CONFLICT RESOLUTION: (Chairs: **Henry Alker, Steve Zivolich**) – No activity this month.

GALA (FALL FUNDRAISER) 2018 (CHAIR: **Keller McDonald**) – Event happened, a great success.

REDWOOD FOOD BANK VOLUNTEERS (Volunteer Coord.: **Jerry Warren**) – No new report.

TOOLBOX DISTRICT GRANT (**President Larry Ford** and **Keller McDonald**, Responsible Assignees) – [See also above under FAMILY SAFETY / DOMESTIC VIOLENCE AWARENESS COMMITTEE]: No new report.

PEACE GARDEN (Chair: Julie Cugini) – No new report.

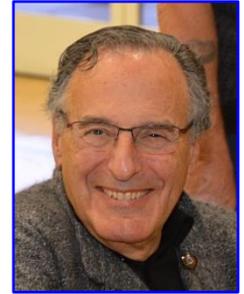
MAP YOUR NEIGHBORHOOD DISTRICT 5130 COMMITTEE (Contact: **Tom Boag**) – Contact **Tom Boag** for assistance with your neighborhood.

VOCATIONAL / YOUTH SERVICE AREA – DIRECTOR HAL KWALWASSER:

INTERACT (Chair/Coordinator: **Barbara Bickford**):

Pauline Pellini reports Brook Haven Interact Club is having an ice cream sale after school this coming Friday, and they hope to have another before the end of the month. After the last fundraiser, the club will vote on what charities and non-profits to donate to. They will make presentations to the selected organizations at the last assembly of the school year, in front of the entire school. Officer elections are scheduled for May 23rd.

Dan Rasmus reports Twin Hills Interact is having a Popsicle sale on Friday, May 10 at lunch. The cause to be funded is TBD.



OVERCOMING OBSTACLES AWARD (Co-Chairs: **Tom Boag, David Schreiber, and Hal Kwalwasser**) – **Tom Boag** reports that we had a highly successful luncheon with our six honorees. Moreover, the morning session speakers were well received, and they generated considerable emotion from the students. The objective of healing, as well as recognizing, seemed quite evident this year. With five extra Sponsors and additional generous contributions, the scholarship amounts were raised to \$1,600 for all students and \$2,600 for one selected student. A Commentary: “*There are extraordinary children in our community who need our help*” was published in the Sonoma West Times and News edition for 5/9. Scholarship checks have been distributed to the three high schools and several OOA Committee members will make presentations at the high school awards events.

YOUTH EXCHANGE (Co-Chairs: **Jackie Moreira, Katy Spyryka, Aleia Coate**) – **Jackie** reports there is not much to update. Inbound student Laura is winding up, and our outbound student, Natasha, will be home soon. The next inbound student is from Finland, and the committee is still in the process of lining up housing for her.

SRJC SCHOLARSHIPS (Chair: **Scott Briggs**) – **Scott Briggs** reports that we have received applications from SRJC and they are being distributed to the committee for review. The committee should complete candidate selections by end-April/first week May and then conduct interviews to select three winners by end of May. Interviews of the selected students are scheduled for 5/14 and 5/16.

CAREER FAIR ANALY HS (Chair: **Tom Lambert**) – No new report.

COOL KIDS CAMP (Chair: **Robin Maybury**) – No new report.

FINANCIAL LITERACY (Co-Chairs: **Tim Moore** and **David Schreiber**) – No new report.

HIGH SCHOOL SPEECH CONTEST (Chair: **Richard Power**) – No new report.

INTERACT ADOPT A FAMILY (Chair: **Pauline Pellini**) – No new report.

ROTARY YOUTH LEADERSHIP AWARDS (RYLA) (Chair: **Cindy Carter**) – The camp has been cancelled for 2019 to allow for restructuring.

TRADE PATH (VOCATIONAL) AWARDS (Chair: **Rick Williams**) – In lieu of the traditional Trade Path Awards, the SREF working group on finding its significant project put together a luncheon to honor the five students from WSCUHSD who are currently enrolled in the North Bay Builders Construction Corps. The students were not only recognized; they received tools and tool belts they will need in their trades. The students were enthusiastic about the recognition and the tools and belts, and the club members in attendance seemed to appreciate the students’ enthusiasm. SREF supported the cost of the three of the sets of belts and tools, the Trade Path money covered one, and **Rick Williams** gave the money necessary for the fifth set. Going forward: If SREF winds up deciding to support bringing Construction Corps to West County, I think that we will convert our traditional recognitions into some form of annual recognition for those participating in the program.

CLUB SERVICE AREA – DIRECTOR JIM PASSAGE:



AUDIO VISUAL COMMITTEE [Chair: **Ron Puccinelli**] – The A/V Committee is getting ready to be in Reno for the 4WayFest District Conference. The group is also fermenting ideas for the debunking of **The Larry** on June 29th.

PUBLIC RELATIONS COMMITTEE [Chair: **Hal Kwalwasser**] – No new report.

MEMBERSHIP COMMITTEE [Chair: **David Schreiber**] – **David** reports: “We’ve received a sponsor application who is ready for Rotary Information – but **Her Sponsor** is about to leave for a European vacation. **Michael Hixson** has requested a sponsor application for an attendee of our OOA event who asked to join. Still another attendee of our OOA meeting has asked to join.

Harry Polley is continuing his effort to solicit members for “Membership Moments”, new and more seasoned alike. He coordinates with the **AppleKnocker Editor** for publication. There have been some excellent ones getting to the hear of what it means to be a member.

Frankly, if anyone interested in joining didn’t come away impressed by our club after witnessing Overcoming Obstacles Award, that’s a great timesaver.

APPLEKNOCKER COMMITTEE [Chair: **David Still**] – No new report
CLUB HISTORY COMMITTEE [Chair: **Tom Boag**] – No new report.
BIRTHDAY CALLER [Chair: **Lu Frazier**] – No new report.
GREETERS [Chair: **Rick Wilson, Robin Maybury**] – No new report.

PHOTOGRAPHY ROTO-PHOTO COMMITTEE [Chair-Wrangler: **Harvey Henningsen**] – All covered for the remainder of President Larry's term.

SCRIBES COMMITTEE [Chair-Wrangler: **Patrick Dirden**] – There are two slots yet to be assigned, May 10 and June 7. (**Tony Given** stepped up for May 10.)

PROGRAMS COMMITTEE [Chair: **Jørgen Holst**] – **Jørgen** reports: "Only missing one speaker, June 14th... working on it.

SERGEANT AT ARMS [Chair: **Nao Noguchi**]: No new report
SPONSORSHIP COMMITTEE [Chair: **Linda Johnson**] – No new report
Happy Hour Committee [Chair: **Meredeth Bertacco**] – No new report.
SUNSHINE COMMITTEE [Chair: **Cory Maguire**] – No new report
WEBSITE COMMITTEE [Chair: **Robin Maybury**] – No new report

CLUB ACTIVITIES AREA – DIRECTOR ALEIA COATE: -



CLUB PICNIC (Co-Chairs: **Bob Cugini** and **David Still**) – No new report. Picnic happened
GOLF TOURNAMENT COMMITTEE (Chair: **Richard Petersen**) – No new report.
TOUR D'ORGANICS REST STOP (Chair: **Torrey Olson**) – *Tour D'Organics* cancelled this year.
HAPPY HOURS (WAS ROTARY AFTER HOURS) (Chair: **Meredeth Bertacco**) – No new report.
APPLE BLOSSOM PARADE FLOAT (Chair: **Jack Blasco**) – No new report. Float happened.

DEBUNKING (Chair: **Richard Power**) – Debunking is June 29th.

FRIENDSHIP DINNERS COMMITTEE (Co-Chairs: **Julie Cugini, Cindy Carter-Flamm, David Still**) – Friendship Dinners are scheduled for June 15th and June 22nd. Last day to sign up to host or attend is [was] at the May 10th meeting.

HOLIDAY PARTY (Chair: **Cindy Carter-Flamm**) – No new report, event occurred.

SUPER BOWL BOARD (Co-Chairs: **Aleia Coate** and **Torrey Olson**) – Super Bowl Board happened.
VETERANS DAY PROGRAM (Chair: **Mike Ferguson**) – No new report.
CLUB PHOTO (Chair: **Harvey Henningsen**) – No new report. Club Photo is finished and posted on website.
PEDAL 4 POLIO (Chair: **Bob Rogers**) – No new report.
SANTA ROSA SYMPHONY GROUP (CHAIR: **Jim Passage**) – No new report.

INTERNATIONAL SERVICE AREA – DIRECTOR LU FRAZIER:

ROTARY INTERNATIONAL FOUNDATION (Chair: **Dan Rasmus**) – The April raffle raised \$3,860 for TRF and \$1,025 for Polio Plus. That brings the TRF raised to \$80,639. Goal for the fiscal year for TRF is \$32,000. That puts Sebastopol Rotary \$48,639 over goal. Goal for Polio Plus is \$15,000. So far, \$13,580 has been raised. We need another \$1,420 to make the goal.

WORLD COMMUNITY SERVICE (WCS) (Chair: **Bob Rogers**) – Changes to the World Community Service Board Report for Rotary Club of Sebastopol, dated May 9, 2019 include the following:

2) Senegal Cervical Cancer Screening – 5/5/19 – Received email from Andrew Dykens requesting funds, as TRF has approved project and it is now ready for funding. However, email states we pledged \$3,000 when the board only approved \$2,000. Also, a 5% overhead was not approved by Board (\$150 for \$3K, or \$100 for \$2K). Have requested Board to address these issues at their May meeting in an email sent today to **President Larry**. [Discussed at Board Meeting.]

6) Puerta Vallarta Sur Water Filter Project – 5/5/19 – Announcement was made by **President Larry** about date change of the project, but no one has responded about attending the distribution with new date as of today (5/5).



PROGRAMMA DE Becas (Chair: **Dorothy Rodella**) – No new report.