



The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin

Richard Power's Trip to the South Pole



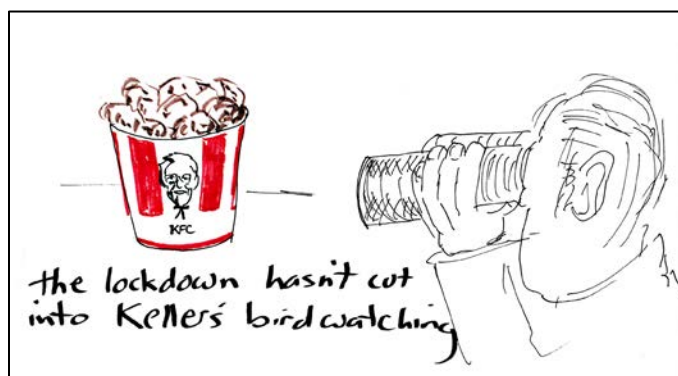
Date: April 17, 2020
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Photog: David Schreiber
Editors: J. Holst, D. Still, P. Dirden, T. Boag, HH
President 2019/2020: Keller McDonald



"All the News that Fits We Print"

BEFORE THE BELL

A bit of a late start today. A lip reader was required as **President Keller** struggled with our zoom audio. On second thought, perhaps it was better not to be able to read our beloved **President's** lips. Finally, with the guidance of experts and, no doubt, a little divine intervention, the audio was up and running and so was our meeting.



Here's a quick recap of our club activities, as of Saturday, April 18th

All in-person Rotary meetings, including committee meetings through April 24th - CANCELLED

Virtual club meetings will be held via Zoom on Internet or phone April 17th, 24th

Friendship Dinners – POSTPONED

Speech Contest (at Friday meeting) – POSTPONED

Anal Career Fair – CANCELED

West County Construction Corps - SUSPENDED

District Training Assembly – POSTPONED

Apple Blossom Parade –CANCELED

ANONYMOUS PLATINUM SPONSOR - \$5,000

GOLD SPONSORS - \$2,500

SILVER SPONSORS- \$1,000

BRONZE SPONSORS - \$500



John & Patti Blount
for "Learn With Me" program



Mark McDonnell, CPA



EYE CARE
INSTITUTE
Daniel Rich



Sonoma County YWCA Domestic Violence Hotline 707-546-1234

Future Programs

TBD until further notice

Events

**Friendship Dinners
Canceled**

**Golf Tournament
TBA**

**DeBunking
June 27**

Miscellany

MAKEUP NOTIFICATIONS–JackEDunlap@gmail.com

On-line Make-Ups:
www.RotaryEClubOne.org

Domestic Violence Hotline:
707-546-1234

sebastopolrotary.com

Learn to Swim – CANCELED (May have sessions in Fall 2020 and Spring 2021)

Super Playground Dismantle/Installation – May 2nd to 16th

Overcoming Obstacles Awards (at Friday meeting) – Will happen, possible date is May 22nd

District Conference – POSTPONED

Club Golf Tourney – CANCELLED

2020-2021 Board Retreat – Sat., May 30

Rotary International Convention, Hawaii - CANCELLED

Rotary Youth Leadership Activity (RYLA) – CANCELLED

Debunking – Sat., June 27 (no meeting Fri., June 26)

AT THE BELL

We began with a brief tribute to Santa Rosa resident, Captain Crozier, and the stand he took to protect his crew. **President Keller** celebrated the freedom we have to speak honestly and hold diverse opinions. Our thought – and Greek lesson –for the day came from past **District Governor, Bob Rogers**. These are days that call for philanthropy and did you know that our word comes from two Greek words: Philos, which is loving and Anthropos, which is humankind. Thus, Philanthropy is nothing less than loving humankind. Remember that as you write a generous check to the Rotary Foundation.

THOUGHT FOR THE DAY **Cap't. Bob Rogers, PP, PDG**

PHILANTHROPY

From the Greek words, "**philos**,"
which means loving, and
"**anthropos**,"
which means humankind.

What can be more powerful than that?

Paul Poblete
Editor in Chief
San Francisco Magazine



The song for the day was provided via video by **Gene Nelson**'s daughter, Bethany, and her son, twelve-year-old Ben. The played the song "Bare – Bear – Necessities" on guitar and trumpet, then while Bethany sang the words, Ben showed off some necessary necessities in these

days of sheltering at home, such as hand sanitizer, paper towels, toilet paper, wine and, of course, chocolate. Thanks Bethany and Ben.

**Gene Nelson,
Song Meister**

“The Bare Necessities”

With a whole lotta help from
Daughter Bethany
and
Grandson Ben

Bethany even starts off
With a “Hi, Rotary Club”
shoutout!



ANNOUNCEMENTS



President Keller then shared some humorous takes on our current situation: Videos from M.A.S.H of washing hands and social distancing, other videos made by folks with way too much time on their hands – long hair as a horse’s tail, for instance - and pithy words such as: “It’s like being 16 again. Gas is cheap and I am grounded!”

There were also photos remembering Pete Pellini. He shared many Rotary occasions with us and was a great friend to us and to Sebastopol.

There will be a Virtual Happy Hour next Wednesday, the 22nd, from 5:30 – 6:00. Wear your best face mask! And, with the cancellation of the District Conference, we will have a “regular” meeting of our club on Friday, May 15th.





GUESTS AND VISITING ROTARIANS



It was at this point that **President Keller** remembered visitors. And so, he introduced:

District Governor, Kathy Flamson. What a year to be District Governor! Indeed, what a year to be a Rotary President!

Dr. Dan Bornstein

Marin Webb and Marnie Tattersall from the morning club.

Your scribe also thought he saw Michael McGloghlin from the morning club, but could be mistaken.



MORE ANNOUNCEMENTS



Coronavirus News: R.I.

Global Impact Group – Volunteer Surge

R.I. has begun an effort to train one million volunteers to fill Telehealth positions. These volunteers will provide information, follow-up and support for people facing a variety of health issues. District Governor Kathy shared more information and said there is an information video available from R.I.

R.I. has also made available grants up to \$25K from the Rotary Foundation for the fight against Covid-19. A Disaster Response Group has formed with the goal of partnering with clubs and districts, particularly in areas of the world with limited health care facilities.

Coronavirus and District 5130:

The District has made a \$500 grant to each district club to use for local disaster relief.

Clubs around the district are reaching out to their communities in a variety of ways. Some examples:

- Cash donations to food banks
- Paying caterers and restaurants to fix meals for health care workers and those in need
- Providing N-95 masks
- Supporting senior center meal programs
- Providing gift certificates for groceries
- Providing computers and internet connections for schools

Sebastopol Rotary response to the coronavirus:

- The Sebastopol Rotary Board of Directors has voted to form a Community Crisis Committee in our club. \$25K has been set aside from our foundation to help meet needs in our community during this crisis. The committee, led by Jack Blasco and Richard Power, will work in partnership with community groups to determine needs and how best our club can respond. And yes, you are invited to contribute to this effort.

To date we have raised \$370 as a gratuity for the Trends catering staff who serve at our meetings. Let's help these folks out! Checks can be made out to Sebastopol Rotary and sent to Ken Jacobs who can also take credit card info over the phone.

And we are now going to work with Mario at Mexico Lindo restaurant to provide meals for front line workers. \$200 has been raised so far, but obviously much more is needed. This is a project of our local foundation, so make your check out to The Sebastopol Rotary Foundation and make a note it is for the Mexico Lindo outreach.

🍎 RECOGNITIONS 🍎

Anniversaries:

4/11 – **Dan and Fran Rasmus:** They celebrated by sharing yard work. Ah...romance!

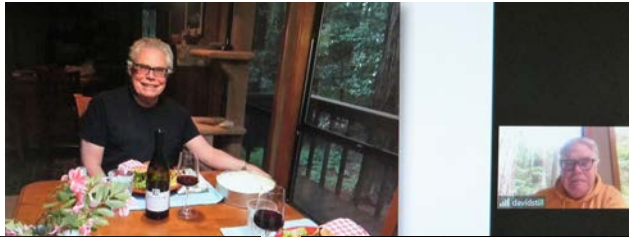
Birthdays:

4/11 – **Tony Given:** Take out from Mario's always works.

4/11 – **Mete Senocak** – Nothing like a zoon celebration with family

4/15 – **David Still** – Birthday boy can't enough of those onion rings.

4/16 – **Tom Boag** – No comment. Shelter at home birthdays just don't cut it.



🍎 THE PROGRAM 🍎

“Help! I’m Trapped in South America and Can’t Get Home!”

Richard Power shared his and **Trish’s** Antarctic adventure. Did you know that Antarctica is the driest and highest continent? It holds 72% of the world’s fresh water, with ice that is in some places 8000 feet thick. Here is an interesting global warming thought...if the continent were to melt, sea levels would rise 200 ft. Warming water is already melting glaciers there. Better buy that beach front property in Fresno!



Richard and **Trish** visited the continent aboard a 200-person ship and did most of their exploring in smaller zodiac craft. They visited with a variety of seals and penguins. Did you know that except for mating and molting – perhaps not in that order – they spend their entire lives in that cold water. And whatever you do...DON'T TOUCH THE PENGUINS!!!



Richard had some great slides, but also wanted to talk about a memorable trip home. Can't have too much fun being thousands of miles from home when a worldwide pandemic breaks out. Remind me never to use his travel agent. They were first quarantined on the ship, where food and, of course, toilet paper were delivered. The ship operators finally arranged a chartered flight which took them to Buenos Aires, a great city to visit



expect that they were confined to their hotel room. Then they made it to Santiago, Chili, where they enjoyed numerous delays and flight cancellations. The journey from Santiago to San Francisco was a tidy 50 hours.

But, thankfully, with all that travel and not much in the way of social distancing, both are healthy and well. Instead of washing their vacation clothes, I believe they burned them

THE FINAL BELL

With that, at 1:15, we were adjourned. On Zoom next week, be prepared to compare homemade haircuts, and we may begin to learn about folks' true hair color. Is it the truth?

COVID 19 RESOURCES

During this time, finding accurate information is of most importance. Your AppleKnocker team has assembled a cadre of reliable resources for you, so you can stay abreast of the latest news and health information regarding COVID 19.

Johns Hopkins University Corona update:

<https://coronavirus.jhu.edu/> This is considered the best and most updated tally and information page of all.

World Health Organization – Stay informed on the worldwide spread of COVID 19. Includes resources on how to slow the spread.

<https://www.who.int/health-topics/coronavirus>

Centers for Disease Control – Updates on the national response, and resources for businesses, schools, travelers, etc.

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

California Department of Public Health – Updates on the state response.

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

SoCo Emergency – Updates on the county-wide lockdown, the county response, and local resources.

<https://socoemergency.org/emergency/novel-coronavirus/>

Press Democrat – Local coverage of the COVID 19 pandemic.

<https://www.pressdemocrat.com/topics/?t=Coronavirus>

EDD – Resources for dislocated/impacted workers

https://www.edd.ca.gov/about_edd/coronavirus-2019.htm

CA Office of Business & Economic Development – Resources for businesses impacted by COVID 19

<https://business.ca.gov/coronavirus-2019/>

Redwood Empire Food Bank – Where to find or donate food.

<https://getfood.refb.org/>

Catholic Charities – Where to find food resources

<https://www.srcharities.org/distributions/?filter=food>

AARP – Wide array of resources regarding COVID 19 <https://www.aarp.org/health/?CON-HEALTH-COVID19-031220>

Virtual Museums – Virtually visit some of the World's best museums from your couch.

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

2-1-1 Sonoma Information & Resource Hotline is a number for the public to call for information and resources on the County's response to the Coronavirus. In addition to calling, people can call 2-1-1 or text their zip code to 898-211 to be connected with a call taker.

Mental Health Support - Reduce stress and anxiety and practice self-care. For support, call the National Disaster Distress Helpline at 1-800-985-5990 Or text "TalkWithUs" to 66746 Or TTY at 1-800-846-8517. Services available in English and Spanish.

Stay connected via Social Media – If you are on Facebook and/or Twitter, consider subscribing to our local government agencies. These feeds are updated 24-7.

County of Sonoma

Facebook: <https://www.facebook.com/CountyofSonoma/>

Twitter: <https://twitter.com/CountyofSonoma>

City of Sebastopol

Facebook: <https://www.facebook.com/CityofSebastopolCA/>

Twitter: <https://twitter.com/SebastopolCity>