



The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin



Getting Together Online

Date:	March 20, 2020
Volume:	2019/20—Issue E18-33
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President 2019/2020:	Keller McDonald



“All the News that Fits We Print”

🍏 NOTE FROM PRESIDENT KELLER 🍏

Club Members and Friends,

Our virtual meeting last Friday, March 20, was a big success, with 55 members participating! Zoom software allowed folks to connect by computer or phone. It was great to be able to share laughs and good times with Rotary friends! Our virtual meeting helped me realize that we're not alone as we adjust to “new normal” ways of working, playing, living, and serving during the coronavirus pandemic. Many thanks to **Tom Boag** for getting us up and running on Zoom. I anticipate our club will use this means of communicating more and more as time passes.

Our virtual club meeting was such fun that we're going to have a “Virtual Happy Half-Hour” this coming Wednesday, March 25, 5:30-6 pm. You'll receive a ClubRunner email announcing how to join the Zoom platform for the Virtual Happy Half-Hour. Grab your favorite beverage and some snacks, cozy up with your computer or phone, and share a bit of Rotary club fellowship on Wednesday.

We'll also have club meetings via Zoom on Fridays, March 27, April 3 and April 10. Again, you'll receive ClubRunner emails announcing the Zoom links for those meetings.

Keep watching ClubRunner emails and the AppleKnocker for updates on Rotary club, district and international activities continue to change quickly.

Here's a quick recap, as of Saturday, March 21:

All in-person Rotary meetings, including committee meetings through April 10 - CANCELLED
 Virtual club meetings will be held via Zoom on Internet or phone March 27, April 3 and April 10
 Virtual board meeting via Zoom, Tues., March 24, 5:30 pm
 Club “Happy Half-Hour” via Zoom; Wed., March 25, 5:30-6 pm
 Friendship Dinners – POSTPONED
 Speech Contest (at Friday meeting) – TO BE DETERMINED
 Analy Career Fair – TO BE DETERMINED
 District Training Assembly – POSTPONED
 Teacher of the Year (at Friday meeting) – TO BE DETERMINED
 Apple Blossom Parade – POSTPONED



Sonoma County YWCA Domestic Violence Hotline 707-546-1234

Future Programs

TBD until further notice

Events

**Friendship Dinners
Canceled**

**Golf Tournament
TBA**

**DeBunking
June 26**

Miscellany

MAKEUP NOTIFICATIONS–JackEDunlap@gmail.com

**On-line Make-Ups:
www.RotaryEClubOne.org**

Domestic Violence Hotline:

707-546-1234

sebastopolrotary.com

Learn to Swim – TO BE DETERMINED
SuperPlayground Installation – TO BE DETERMINED
Overcoming Obstacles Awards (at Friday meeting) – TO BE DETERMINED
District Conference – CANCELLED
Club Golf Tourney – CANCELLED
2020-2021 Board Retreat – Sat., May 30
Rotary International Convention, Hawaii - CANCELLED
Rotary Youth Leadership Activity (RYLA) – CANCELLED
Debunking – Sat., June 27 (no meeting Fri., June 26)

Thanks to **Dan Rasmus** for creating an informal online forum that we can use to communicate questions, ideas and suggestions. **Dan** sent out a notice regarding how to access the forum. Contact **Dan** or me with questions.

Also, many thanks to the AppleKnocker team for keeping our Rotary club connected through our club newsletter. In the opinion of many, the AppleKnocker is the BEST CLUB NEWSLETTER IN DISTRICT 5130 AND PERHAPS IN THE ROTARY WORLD! We'll keep evaluating club activities based on updated advisories and information from official sources, and keep you posted via ClubRunner emails and AppleKnocker. The AppleKnocker and ClubRunner emails are the best way to get the official word about what's happening with Rotary.

Here's wishing you and your entire network of family and friends all the best in these challenging times. Please contact me if you have any questions or concerns. Stay well!

Yours in Rotary Service,
-Keller

COVID 19 RESOURCES

During this time, finding accurate information is of most importance. Your AppleKnocker team has assembled a cadre of reliable resources for you, so you can stay abreast of the latest news and health information regarding COVID 19.

Johns Hopkins University Corona update:

<https://coronavirus.jhu.edu/> This is considered the best and most updated tally and information page of all.

World Health Organization – Stay informed on the worldwide spread of COVID 19. Includes resources on how to slow the spread.

<https://www.who.int/health-topics/coronavirus>

Centers for Disease Control – Updates on the national response, and resources for businesses, schools, travelers, etc.

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

California Department of Public Health – Updates on the state response.

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

SoCo Emergency – Updates on the county-wide lockdown, the county response, and local resources.

<https://socoemergency.org/emergency/novel-coronavirus/>

Press Democrat – Local coverage of the COVID 19 pandemic.

<https://www.pressdemocrat.com/topics/?t=Coronavirus>

EDD – Resources for dislocated/impacted workers

https://www.edd.ca.gov/about_edd/coronavirus-2019.htm

CA Office of Business & Economic Development – Resources for businesses impacted by COVID 19

<https://business.ca.gov/coronavirus-2019/>

Redwood Empire Food Bank – Where to find or donate food.

<https://getfood.refb.org/>

Catholic Charities – Where to find food resources

<https://www.srcharities.org/distributions/?filter=food>

AARP – Wide array of resources regarding COVID 19 <https://www.aarp.org/health/?CON-HEALTH-COVID19-031220>

Virtual Museums – Virtually visit some of the World's best museums from your couch.

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

2-1-1 Sonoma Information & Resource Hotline is a number for the public to call for information and resources on the County's response to the Coronavirus. In addition to calling, people can call 2-1-1 or text their zip code to 898-211 to be connected with a call taker.

Mental Health Support - Reduce stress and anxiety and practice self-care. For support, call the National Disaster Distress Helpline at 1-800-985-5990 Or text "TalkWithUs" to 66746 Or TTY at 1-800-846-8517. Services available in English and Spanish.

Stay connected via Social Media – If you are on Facebook and/or Twitter, consider subscribing to our local government agencies. These feeds are updated 24-7.

County of Sonoma

Facebook: <https://www.facebook.com/CountyofSonoma/>

Twitter: <https://twitter.com/CountyofSonoma>

City of Sebastopol

Facebook: <https://www.facebook.com/CityofSebastopolCA/>

Twitter: <https://twitter.com/SebastopolCity>



THE MEETING



In the first ever online meeting for the Sebastopol Rotary club, there were all of 55 participants who joined in one way or the other. That is not half bad, and would be pretty good for a regular Friday lunch at the church, even though this way, people had to take care of their own lunch.

First **President Keller** wished us all a welcome to the internet (is It here to stay?), before we talked us through all the activities that have been postponed or cancelled due to the extraordinary events we are seeing in the world. This is the second dramatic event that throws a spanner in **Keller's** plan (It's not you, **Keller**, really, you're a great guy, it's not your fault), and though we did manage to get back on our feet and arrange both Tropical Getaway AND a Crab Feed within a few weeks, this one might pose more challenges than we expected.

Dan Bornstein was not present.

The "rendition" *When Irish Eyes Are Smiling* was.... Something else. Two points for effort, let's blame the signals lag of all the broadband, not being as broad as it could have been. Today's very topical Thought of the Day is posted here in its entirety:

TO BE ARRANGED ... Special Raffle to help send our exchange student, Anni, on Rotary-sponsored trip across western US this summer (Hollywood, Grand Canyon, Yosemite, Vegas, etc.)

FINLAND THEME DINNER PARTY FOR 10!



Rotary
Club of Sebastopol

THOUGHT FOR THE DAY

Centers for Disease Control

Wash Hands.

Don't Touch Face.

Keep Social Distance.

Wash Hands.

Don't Touch Face.

Keep Social Distance.

Repeat for weeks on end until further notice.

Rotary
Club of Sebastopol

President Keller then told us about the Raffle to raise funds for our exchange student Anni to roam around and the west this summer. Hopefully travel will be allowed by then.

There was some good cheer and compliments for the hairnets of the guys and gals who volunteered at the Redwood Empire food bank, as well as the delicious looking donuts. It'll be a while before we all get to go back there, so look for other ways to support and participate.



Rotary
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Lots of love for **Diana Rich** and **Jim Pacatte**, who were in the group guiding city council member Sara Gurney around to show of the Rotary project benches they have put up around town, such as at the library.

City Council member Sarah Gurney leads Sebastopol Walks group on 5-mile walk around town, with visit to Rotary project benches



(Btw, the library is closed at the moment, but you can still enjoy ebooks and audio books from our local Sonoma County Library through the apps Hoopla and Libby and borrow movies in the app Kanopy. All you need is your regular library card. Great for people in quarantine!)

Keller also sent some love to **Paul Yeomans**, **Amee Sas** and **Ruthie Dunlap**, who were among those on the dictionary committee who made sure this year's second graders got their dictionaries. Keller even played a video of some grateful ones.



Whether it was for a need of club funds or general boredom from his out of town hideaway, we don't know, but **President Keller** dove right into sharing members' stories and events, followed by some hardy fining.

His first victim was **Bob Rogers**, anyone wondering where the TP is?



Dan Rasmus and **Jack Blasco** were caught jail breaking, while **Ken Silveira** proved himself right and showed off his love for the snow. No knee surgery could hold him back.

Who is this masked man on the slopes near Whitefish, Montana?



Our own Kenny Silveira, who – just months ago – was working hard to rebound from knee surgery!



And **your editor** right here spent two weeks digging out his car and cabin in Norway, practically snowing in and just making it back before they closed the borders.




LETTER TO THE EDITOR



There will be a multitude new needs for assistance in our community as a result of the current virus crisis and these will become clearer as time goes on. However, one need that is clear and very close to home is the sudden and profound loss of business for local restaurants and caterers. Weddings and other celebrations have been cancelled and restaurants are closed except for takeout. Most of us are prudently staying home to slow the spread of the virus but this is devastating to the earnings of the restaurants and caterers and their employees.

One way our family is helping, is to donate to the Sebastopol Rotary Club Foundation. The Club Foundation is a 501 (c) 3 charity so donations are tax deductible and the disbursements are decided locally. We can designate how we want our donation to be used or we can leave it to the board to determine the best use for the donations. Our family has decided to donate at least the cost of our meals for the four Rotary meetings that will not be held at the usual Roto-Hall (Memorial Hall at the Sebastopol Community Church to many.) We

will designate that the donation be for the caterer who consistently provides yummy and reasonably priced lunches for our meetings. Our small donation won't be much help to the caterer but if others in the club make a similar donation the assistance can be significant. We expect the board to contact our caterer to discuss her needs, and if for some reason a donation is not needed, that the donation be used to help another Sebastopol business suffering a severe loss of income.

Donations to the Sebastopol Rotary Club Foundation are now very easy. Simply go to the Club Webpage <https://sebastopolrotary.com/>, click on "Donate" in the Red Stripe near the top of the home page, and finally click the  button at the bottom of the page. This takes you to a PayPal site and the rest is pretty much like making any other online purchase (you don't need a PayPal account.) Except you can add a note about how you want the donation to be used, and there are no shipping costs. One minor irritation is you get a note the transaction is Pending for some reason, but it eventually goes through.

Of course you can always write a check to the Sebastopol Rotary Club Foundation, add a note about how you want the donation to be used, and mail it to:

Rotary Club of Sebastopol
PO Box 213
Sebastopol, CA 95473

YIRS
Jack Dunlap



[A JOURNEY TO THE INTERNET](#)



“How I learned to stop worrying and love that laptop” by David Still

March 19, 2020

10:32 am

I am playing golf with my friend Michael McGlothlin and he tells me that the Sebastopol Sunrise Club held their March 18 meeting on Zoom. I don't know what Zoom is.

1:18 pm

I read an email from **President Keller McDonald** that the Sebastopol Rotary meeting of March 20, 2020 will be virtual and it will utilize Zoom. I am thinking that I don't want to do this. I am of the generation that remembers rotary phones and was baffled by the high tech brilliance of the fax machine. I could binge watch old Rick Steves Europe episodes instead.

2:01 pm

I take a telephone call from **Jorgen Holst**. Now that's a technology I get. Pick up phone, press button, talk. During our discussion the subject of the Zoom virtual meeting comes up. I tell him I am going to log in. This could be a violation of the four-way test

5:01 pm

Speak to my son and discover that my eleven year old granddaughter will be taking some instruction at home on March 20 via Zoom I slip up and tell him we are having a Zoom meeting as well. Now I have to log in.

7:53 pm

Received an email from **Tom Boag** about the Zoom virtual meeting. Luckily Tom never uses fifty words when a hundred will do. I decide to read it later as I am very busy watching Survivor ReRuns.

9:12 Pm

My wife Nan tells me that a friend got onto a Virtual Happy Hour via Zoom today and had a great time drinking and socializing. Maybe there is something to this?

March 20,2020

8:20 am

I carefully read the email from **Tom Boag** and it appears deceptively simple. He said to log in early. Maybe I should do it now? No, think I will go binge watch eight or nine old Seinfeld episodes instead.

11:30 am

Receive an email from **Tom Boag** that the meeting is up and running

11:50 am

I go on line, open **Tom's** email-hit the Link and I'm In

12:15 pm

President Keller McDonald calls the Virtual Meeting on Zoom to order. Lots and Lots of Rotarians join in, even old guys. This is great. Might have to cut down on my binge watching.

🍎 IN THE END 🍎

Tom Boag let us all know that he would let the line be open in case people wanted to keep chatting, but this editor had to call it a day. See you all on Friday!

