



The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin

Gravenstein Health Action Coalition + Derby Day!!



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President 2020/2021: Dan Rasmus



"All the News that Fits We Print"



BEFORE THE BELL



Rotarians zooming in early were treated to some interesting conversation as usual. **Tom Boag** – in the cockpit and running the virtual show – noted that his office and desk appeared cluttered. He then stated that he has heard that a cluttered desk is a sign of high intelligence. This goes directly against the old adage – “a cluttered desk is a sign of a cluttered mind.” How you come down on this probably depends on what your desk looks like.



AT THE BELL



And then, through the magic of Zoom, the Audio-Visual crew, and **Tom Boag**; Zoomers were transported virtually to the *Russian River Vineyards* where a (relatively) giant crowd had assembled for the Friday meeting of the Rotary Club of Sebastopol. Yes, almost forty lively people were there for the meeting – more than were online which was likely a first. If you have not been to a meeting at the RRV and if you are comfortable with gathering, it is time to go there.

At 12:15 **President Dan Rasmus** rang the bell. First order of business took precedence on this day. **President Dan** noted that **Mark Fink** was wearing

an ASU cap. Despite several warnings from the podium, **Mark** had come so garbed. A clear violation of something. Anyway, he was fined \$10 on the spot.



That out of the way, **Bob Rogers** led the group in the Pledge of Allegiance.



Sonoma County YWCA Domestic Violence Hotline 707-546-1234

Future Programs

May 7, 2021

Teacher of the Year

May 14, 2021

TBD

May 21, 2021

From prison to homeless
to Zimbabwe

Coming Events

May 15, 2021

Adopt a Road

June 25, 2021

Debunking of President
Dan

Miscellany

MAKEUP NOTIFICATIONS: scottbriggs50@yahoo.com

On-line Make-Ups:
www.RotaryEClubOne.org

Domestic Violence Hotline:
707-546-1234

sebastopolrotary.com



Katy Spyрка provided the thought for the day from the sage Tom Bodett –

*They say a person needs just
three things to be truly happy in
this world:*

*Someone to love,
Something to do,
And something to hope for.*



VISITING ROTARIANS

Visiting Rotarians included Brian Bauer and Michael McGlothlin, both from the Sebastopol Sunrise Rotary Club.

No Guests stepped forward.



Derby Day Raffle

The Rotary Club of Sebastopol has a long tradition of innovative and exciting Raffles. Who could forget drawing a colored marble from an old sock during **Keller McDonald's** year? Or **Jack Blasco's** famous Bag O'Crap. And what about pulling that huge squash out of the bag during **Bob Rogers** year?

Well, this is Rotary Raffle **Dan Rasmus** style:

DERBY DAY May 1 Derby Day May 1 Derby Day May 1, 2021.

Yes the tickets are little more expensive but the prizes.....

There wasn't a Trip to New York in **Kellers** old sock. Or a Trip to Montana in **Jack's** Bag O'Crap.

The real deal drawing is May 1 at the *Russian River Vineyards*. Who will win? Stay tuned. How much money will be raised? Next week. Which team will sell the most tickets? Find out next week. This Raffle will fund most of the great Rotary projects for the community and internationally. Committee Chair **Aleia Coate** teased the crowd with a few facts – could there really be \$75,000 in ticket sales already?



ROOKIE SKETCH



Kathy Schwartz took the microphone to present her rookie sketch. **Kathy** spent decades in the San Diego area. She had several different careers including teacher, policy advisor, budget analyst and career counselor. She even dabbled in politics, serving many years on the school board. When her husband passed in 2015, she decided to head north and settled in Sebastopol.

She joined the Santa Rosa Rotary Club and later met **Les Crawford** who convinced her to give this club a try. **Kathy** has two adult children who live in Utah and Colorado. Both outdoor fanatics, she expects to be dragged on forced hikes, through slot canyons and over large boulders whenever they get together. Sounds like fun.



ANNOUNCEMENTS



Cindy Carter took the floor. She noted a great turnout at the Food Bank volunteer opportunity. She gave a shoutout to **Sue Engle** and **Mete Senocak** for their hard work. She also noted that **Steve Beck** goes to the Food Bank twice a week to volunteer. Thanks **Steve**.

The Rotary Club has adopted a road. This little bundle of joy will be getting to know us on May 15 when we all head out there and give it a good cleaning. So, if it has been a while since you changed diapers, [disavowing this metaphor **Ed.**] here's a chance to pitch in. The road is Mill Street Station. The meetup is at O'Reilly Media starting at 8:30 am. **Cindy** does not expect everyone to put in four hours, just come on out and do your part for however long you can. The more people that show up, the less time it takes.

Hal Kwalwasser announced the upcoming Community Needs Summit on May 12. This will be a ZOOM meeting and will bring together service clubs and other interested parties in surveying the needs of West County. **Hal** would like everyone to not only join the summit but send the zoom link to ten others so they too can join in. It is hoped that Service organizations will join in a council and a big audience is needed.



RECOGNITIONS



Bob Rogers, live and in person at a Rotary meeting for the first time since March 2020, was given the microphone. **Bob** inducted several members of the Club into the District 5130 Polio Plus Society. The new inductees have all pledged to contribute at least \$100 a year until the scourge of Polio is behind us. And it's so easy – 10 bucks a month on your credit card. So Painless. Again, this year, IF Rotary raises 50 million dollars, Bill and Melinda Gates will match it with 100 million. Wow. Give one dollar, raise 3.



Bob inducted charter members of the Polio Plus Society **Steve Beck, Tom Boag, Ruth and Jack Dunlap, Larry Ford, Lu Frazier, Tony Given, Pam Graber, Linda Johnson, Hal Kwalwasser, Robin Maybury, Keller McDonald, Nao Noguchi, Laura Victor VanGorder, Jim Passage, Pauline Pellini, Dan Rasmus, Bob Rogers, and David Still.**

After the ovation, it sounded like **Bob** was rounding up a few new members. The guy is always closing.

🍎 BIRTHDAYS AND ANNIVERSARYS 🍎

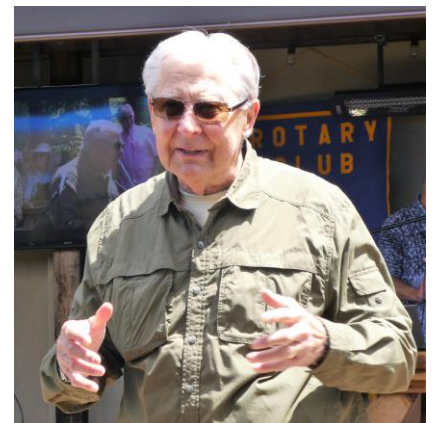
Looks like times are a changing. A few weeks ago, everybody was celebrating their birthdays and anniversaries by taking a drive to the coast. Today it's all about Restaurants.

Dave Madsen went to Salt and Stone in Sonoma.

Harry Simms celebrated at Terrapin in Bodega Bay.

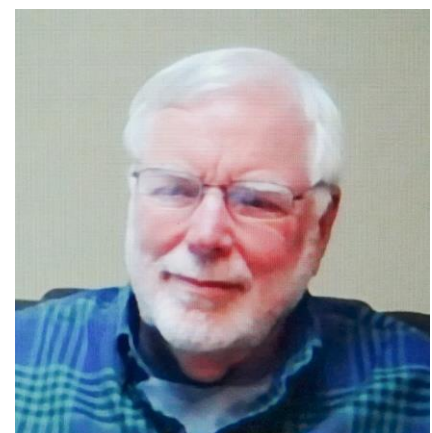


And **Larry and Gerry Ford** broke the bank celebrating their anniversary at Handline.



President Dan congratulated several Rotarians for their years of service.

Tom Dilley 23 years
Jim Pacatte 13 years
Pauline Pellini 24 years
Ellen Harrington 5 years.





THE PROGRAM



Gene Nelson introduced our presenters Sandra Bodley and Ellen Bauer. These two definitely fit the Service above Self profile.

Sandra Bodley introduced the new Gravenstein Health Action Coalition. Sandra has been the chief of West County Health Centers. The GHAC is in its third iteration. It originated as a program with the Police Department and others to fight drug abuse among young people. In 2016 it became

the Health Action Committee of the Community Service Commission of Palm Drive Hospital. It continued to work with youth and included anti bullying programs. It began to do more with seniors and became an advocate for seniors.



Some projects included blood pressure screening at the Farmer's Market and Map Your Neighborhood. In May 2020 with the dissolution of Palm Drive, the new GHAC was formed as a 501©3 nonprofit to carry on the work. The GHAC works with many organizations in West County including the Community Clinics, the Graton Fire Department, Map your neighborhood and the Graton Labor Center.

Ellen Bauer discussed health issues with an emphasis on root causes. It has been determined that Adverse Childhood Experiences correlate directly with poor health outcomes in later age. Looking at numbers of ACEs can be instructive when searching for root causes. Addressing issues from ages one to five can be key to later healthy outcomes. Early experiences clearly affect biology.

President Dan thanked our speakers and said the club will make a \$50.00 donation to the Learn to Swim program in their names.



THE FINAL BELL



Rang the bell at 1:15pm.



DERBY DAY CELEBRATION AND DRAWING



The excitement and anticipation for May and the May Day – Derby Day Raffle was palpable at the *Russian River Vineyards*. The day was as glorious as a May Day can be and the combined talents of many Rotarians were on display.

Edwin and **Diana Wilson** planned the party, **Meredeth Bertacco** gave a huge assist, and Rotarians and guests converged on the *RRV* with party and raffle in mind.



Mario Ramos set out the taco lunch and it was good! **Chris O'Neil** gave over his lower deck for us to set up a party and the wonderful *Russian River Vineyards* wine flowed. Was that wine from the **Prandini** vineyard in everyone's glasses? Yes, it was. The weather could not have been better. People dressed for the occasion.

The Raffle drawing for the Rotary Club of Sebastopol's BIG Fundraiser was due to go right after the race. The race was due to go at 3:58 PST. The race did not go but the drawing did. [The race was run at 4:00 pm as advertised but the YouTube presentation was delayed **Ed.**]



Aleia Coate and **President Dan Rasmus** dug deep and picked the winners.

The First Prize, a trip to New York, went to **Alain Serkissian**. Nice.

The second prize of a trip to Bourbon country was won by Ben Polley. The Big Sky trip went to Carolyn Acker. The Turley Wine trip went to Tate Birnie.

Fifth prize of a wine cooler stocked went to Ann Harris. Sixth prize \$1,000 at Sebastopol Hardware was taken by Jim Flack. Seventh prize was won by Bob Cary – a party at *Russian River Vineyards*. Eighth prize made our own **Tom Boag** a winner. What to do with all the merch from Harmony Farms? Only **Tom** knows.

After the big drawing they finally ran the Kentucky Derby – something of an anti-climax. Two minutes? Okay, we are supposed to get excited right?

The final count on the money raised will be coming soon. The announcement will be at the next Rotary meeting on May 7. But it was obvious that Committee Chair **Aleia Coate** was walking on air. Your humble scribe got some inside information about the final amount of \$\$\$\$ raised. All I can say is "WOW".

President Dan shouted out several thank yous to those who worked so hard to make the event and the raffle a success. Stay tuned for the critical information about which team had the most sales and the final tally of money raised to continue the good works of the Rotary Club of Sebastopol.

Sebastopol Rotarians were back to doing what they do best. Getting together for fun and doing good in the community and the world.





FUTURE PROGRAMS



May 7, 2021 - Teacher of the Year

The Sebastopol Rotary Education Foundation has been recognizing outstanding teachers since 2007 with a cash award and a luncheon banquet in their honor. Students, alumni, parents, community members, and educators from across West Sonoma County submit nominations for the "Teacher of the Year" recognition program, which is open to teachers from public schools (including charter schools) and private schools located in West County. We recognize teachers in each of these categories: New Teacher, Innovative Teacher, and Career Service Teacher. Each "Teacher of the Year" receives a \$1,000 cash award and is recognized, along with their guests, at a Sebastopol Rotary Club meeting. Join us to help honor these stars in West County education.

May 14, 2021 – To be announced.

The Program Committee is keeping this one under wraps, but leaks here and there indicate it will be enjoyed by all.

