



The Appleknocker

Sebastopol Rotary Club's Weekly Bulletin

Community Leaders



SERVE TO CHANGE LIVES

Date: September 3, 2021

Volume: 2021/22—Issue E20-09

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President 2021/2022: Ellen Harrington



“All the News that Fits We Print”

🍏 **BEFORE THE BELL** 🍏

The Bell slightly delayed today. This is not a major issue as Sebastopol Rotarians gather and talk and just generally have a socially good time. Why the delay? The new caterer is setting up for the first time. We are a patient group and sure it will be worth waiting for.

🍏 **AT THE BELL** 🍏

President Ellen Harrington rang the meeting to order as most of the assembled had secured what appeared to be a delicious lunch.



Gunther Meiberg led us in the Pledge of Allegiance.



🍏 Future Programs 🍏

Sept 10, 2021
Henry Kaku

Sept 17, 2021
Dr. Charlie Evans
A walk thru Kenya

Sept 24, 2021
DG Dustin Littlefield

Coming Events

September 11

Club Picnic

September 18

Apple Blossom Parade

🍏 Miscellany 🍏

MAKEUP NOTIFICATIONS: scottbriggs50@yahoo.com

On-line Make-Ups:
www.RotaryEClubOne.org



Robin Maybury informed us with the thought for the day.

...Thought for today...

From Robin Maybury

Nature is the source of all true knowledge. She has no effect without cause, nor invention without necessity.

-Leonardo da Vinci



🍏 VISITING GUESTS 🍏

Ruthie Dunlap introduced grandchild Dylan who would have a role later in the meeting.

President Ellen then paused the meeting while Rotarians and guests enjoyed a terrific meal from stand in caterer Kyla Lam. Kyla is head chef at *Kyla Kitchen*. Good Food – Kyla



INDUCTION OF NEW MEMBER



David Schreiber took the lectern to introduce and welcome the newest member of the Sebastopol Rotary. **Carl Tennenbaum** is a resident of Sebastopol having moved here from his prior home in the Sunset district of San Francisco. Probably a refugee from the fog.

Carl retired as a Sergeant in the San Francisco Police Department. He spent a good number of years as Field Training Officer. He lives with wife Angela and kids. His late father was a Rotarian in Albany. He is anxious to help make our community a better place.



David also introduced Past President **Rick Wilson** as Carl's sponsor. **Richard Power** and **Jack Dunlap** will serve as mentors to **Carl**. Everyone rose to greet our newest member with a standing ovation.



RECOGNITIONS



Birthday celebrators didn't make the meeting this week but **President Ellen** gave props to **Bob Cugini** and **Katy Spryka** who both celebrated on the very day, September 3.

Ellen rounded up a photo array of **Katy** pix which she will send along to **Katy** with a fine notice.



Tom Boag and Ralph recently celebrated 53 years together. Sept 2 is the exact date but **Tom** and Ralph plan to enjoy some more celebrating on Labor Day Weekend.



🍎 ANNOUNCEMENTS 🍎

The Rotary picnic is happening on September 11 at the home of **Bob and Peg Rogers**. Please carpool if you can. This is a really great event every year and you don't want to miss it. Make sure **Cindy Carter** knows you are coming.

President Ellen announced an exciting new project to be accomplished by the Rotary Club of Sebastopol with the Rotary Club of Sebastopol Sunrise. The joint project has received a district grant to do some upgrade work on the Ives Park playground.

Joint Rotary Club Project
Sebastopol Rotary & Sebastopol Sunrise Clubs

A photograph of several children sitting on a wooden bench in a playground. There are trees and a building in the background.

Ives Park Project
September 13th & 14th
9:00-noon

- Repair stage steps
- Install wheelchair ramp to stage
- Playground fence construction

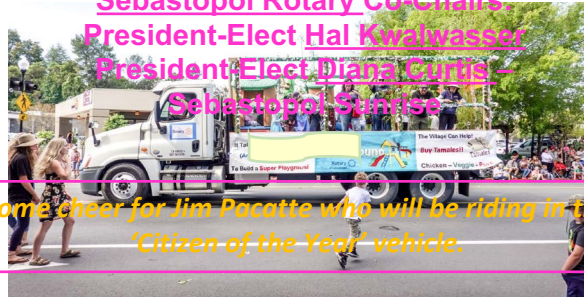
Jim Pacatte is acting as honcho for our club and Michael McGlothlin is rounding up the Sunrise crew. The work will consist of a ramp rebuild on the stage and some boundary work on the playground. Work Days are Sept 13 and 14. Contact **Jim** if you would like to pitch in on this worthy project.

In another joint project, our club and the Sunrise folk are working on the Apple Blossom Parade this coming September 18. Let **Hal Kwalwasser** know if you can help work on the float or march in the parade.

Apple Blossom Parade

September 18, 2021

Sebastopol Rotary Co-Chairs:
President-Elect Hal Kwalwasser
President-Elect Diana Curtis -
Sebastopol Sunrise



Come cheer for Jim Pacatte who will be riding in the
'Citizen of the Year' vehicle.



PAUL HARRIS FELLOWS



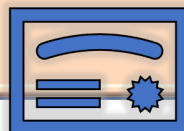
Dorothy Rodella welcomed **Jack and Ruthie Dunlap** to the front along with grandchild Dylan Sundvold. Dylan is now a Paul Harris fellow thanks to **Ruthie and Jack**.



Other honorees included Pam Graber, Nao Noguchi, Jim Passage, Linda Johnson and Mark McDonell

Paul Harris Awards

PHF - Dylan Ray-Anne Sandvold
Granddaughter of Jack & Ruth Dunlap
PHF+2 - Mark McDonell
PHF+3 Pam Graber
PHF+5 - Nao Noguchi
PHF+6 - Linda Johnson
PHF+6 - Jim Passage



THE RAFFLE

The winning raffle number was held by **Rick Wilson**. He spun the wheel and landed on **Edwin Wilson**. Not literally but **Edwin's** photo. The prize was five bucks.



THE PROGRAM



Dan Rasmus introduced today's program highlighting the work done in the community by several non-profits. The Rotary Club of Sebastopol supports these groups and the program was to give an update on various projects.

The first speaker was from the *Ceres Community Project*. The Ceres project trains youth to prepare nutritious meals. The meals are then delivered by volunteers to mainly seniors who have suffered health setbacks. These meals are often specifically designed for those with special dietary needs.



Deborah Ramelli is the Community Director for Ceres. Also with her was Alisa Gibbs. Deborah has spent many years with Ceres. She noted that Ceres began right there in Memorial Hall of the Sebastopol Community Church kitchen. They have since expanded to three locations. Teens learn about growing food, harvesting food and preparing food in the Ceres kitchens. In 2020, Ceres delivered over 180,000 meals to over 1500 clients. The Ceres motto is “ Nobody’s perfect, but everyone can be awesome.”

The next community representative was Ricardo Freitas. Ricardo is the head honcho at the *Ives Pool*. Ives Pool is where the Rotary Club of Sebastopol teaches second graders to swim every year at the Learn to Swim Program. It is also the home of many swim teams, adult swim, water polo competitions, and **Greg Jacobs**. Not really, he doesn’t live there. Does he?

A quick photo of **Greg** was flashed on screen and it turns out that **Greg** is now so old, they have to replace the picnic tables that he sat on as a young man. The Rotary Club of Sebastopol is kicking in some community funding to help with the table project.



The final representative was Katy Davis. Katy is the Executive Director of the *Sebastopol Senior Center*. The Center is in an old house that was rehabbed into a Center. The Rotary Club of Sebastopol has given a major assist in some of the updating and upgrading work in recent days. Katy gave a specific shout out to **Jim Pacatte** for his hard work around the place.



The Senior Center provides a meeting place and classes for area Seniors including Zoom Classes. Covid required major rethinking of how the services were delivered but the Senior Center never stopped. Tai Chi is really popular these days and the Center is very grateful to our Club for the new flooring.

The Center now has a new food venue “The Harvest Café” serving lunch on Tuesday, Wednesday and Friday. They are hoping for a major kitchen remodel and an expansion of service. Katy is also working on a HOP program. HOP stands for “Helping Other People” and offers volunteer opportunities to help seniors with minor projects around the house to enable them to stay in their homes.

THE FINAL BELL

President Ellen Harrington thanked our guests and noted that the Club will make a donation to the Overcoming Obstacles scholarship fund in their names. Then she rang the bell.



AFTER THE BELL

Don't forget to sign up for the picnic. It's going to be great fun.

Sebastopol Rotary Annual Picnic.....

Saturday, September 11, 2021

Noon to 4pm

Great food, swimming, good company, and of course a bit of fun. Hope you can join us.



**Children always
welcome as long
as they are fully
vaccinated.**

*Carpool where possible
for easy parking*

Details:

- Bob & Peg Rogers' home
- 1230 Garden Lane, Sebastopol
- BBQ chicken, Chile rellenos, salads, margaritas, water, sodas, and beer provided. BYOB wine.

\$20 per person. RSVP to cindycarterflamm@yahoo.com or in person at a Friday Rotary Club meeting.





FUTURE PROGRAMS



September 10, 2021



Henry Kaku, a third generation Japanese American, will be speaking to our club on Asian Hate Crimes dating back from WWII to present day.

His entire family was incarcerated during WWII for 4 years. At the end of the War, they were deported and had their US Citizenship taken away because Henry's Father spoke out against being sent to Prison. When Henry was born in Japan, he was Stateless. He became US Citizen in 1956 when his family was reinstated

as US Citizens.

Henry graduated from SJSU with a degree in Psychology. He was a High School teacher/Counselor as well as a Human Resource Director in Banking for 30 years. Currently, Henry is a Substitute Teacher and Martial Arts and Origami Instructor in Petaluma.