



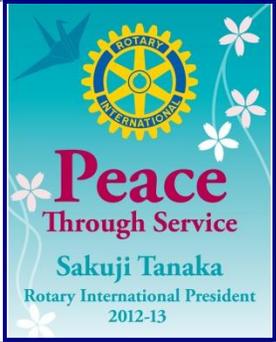
# The Appleknocker

## Sebastopol Rotary Club's Weekly Bulletin

**Jafar Yaghoobi, Let Us Water the Flowers  
The Memoir of a Political Prisoner in Iran**



<b>Date:</b>	<b>January 25<sup>th</sup>, 2013</b>
<b>Volume:</b>	<b>2012/13—Issue E11-27</b>
<b>Scribe:</b>	<b>David Still</b>
<b>Photography:</b>	<b>Jerry Warren, HH</b>
<b>Editor:</b>	<b>Tom Boag</b>
<b>Club President 2012/2013:</b>	<b>Edwin Wilson</b>



*"All the News that Fits We Print"*

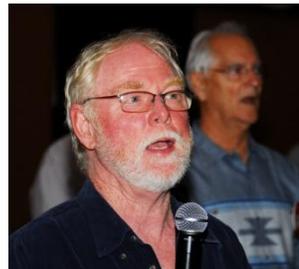
🍏 **Before the Bell** 🍏

A warm winter day puts one in mind of the coming spring and the words of the immortal Mark Twain  
 "It is unsportsmanlike to pick up lost golf balls while they are still rolling."

🍏 **At the Bell** 🍏



The meeting opened at 12:15 for some special memorial moments in honor of **Bruce Harding**. **Tom Dille**y led the *Pledge of Allegiance*, **JT Martin** led the group in *God Bless America*, and **Nao Noguchi** gave the thought for the day.



**Memorial Comments for Bruce Harding:**



**President Edwin** announced the recent passing of Sebastopol Rotarian **Bruce Harding**. **Bruce** was a member since 1980, a past president (1988-89) and held badge number 9. During his presidential year, Sebastopol Rotary took on the end polio campaign and became a leader in the fight where it remains today.

**Bruce Harding's** family decided to hold a private family only memorial service. In place of a more formal service, **Harvey Henningsen** was called upon to share some memories of **Bruce**. **Harvey** said that **Bruce** was one of three brothers, two of whom were strapping young men. One brother played professional football. **Bruce** was an early adopter of the gym idea, going to Jack LaLanne in the 1950s, something few others did. **Bruce** led a full life of travel and adventure. **Harvey** called him a seeker and a hero. **Bruce** built several cabins for hideaways that he generously allowed others to use. During **Bruce's** presidential year, **Harvey** served on his board and made the club activities portion memorable. When **Bruce** was found to be seriously ill, he threw a party for himself and paid for everyone's dinner. He ended up living another ten years.





## Future Programs



### February 1

Speaker: Randy Ullom, wine maker  
Program: **Wine - TBD**  
Host: **Rollie Atkinson**

### February 8

#### **CRAB FEED SETUP – NO PROGRAM**

(: But there is a meeting :)

### February 15

Speaker: **Jack Dunlap**  
Program: **Natural Gas: Fuel with a Future**  
Host: **Ken Jacobs**

February 22, March 1 TBD

### March 8

Program: **VOCATIONAL AWARDS**  
Host: **Sally Ewald**

### March 15 TBD

### March 22

Speaker: Merle Avila  
Program: **Sebastopol: Good for Tokens**  
Host: **TBD**

### March 29

Program: **Speech Contest**  
Host: **Larry Ford**

### April 5

Speaker: Dr. Phil Rasori  
Program: **Village Hope Core Update**  
Host: **Kent Seegmiller**

### April 12

Emcee: Efren Carrillo  
Program: **Overcoming Obstacles Award 2003**  
Host: **Tom Boag**



## Future Events



### Crab Feed

**Saturday, February 9<sup>th</sup>**

**BUY TICKETS BY FEBRUARY 1 – See Attached**



## Miscellany



### Next Board Meeting

Location: **Sebastopol Senior Center**  
Date/Time: **Wednesday Feb. 20<sup>th</sup>, 5:45 p.m.**

**MAKEUP NOTIFICATIONS – Send to Jack BLASCO**  
[jcbiasco@comcast.net](mailto:jcbiasco@comcast.net)

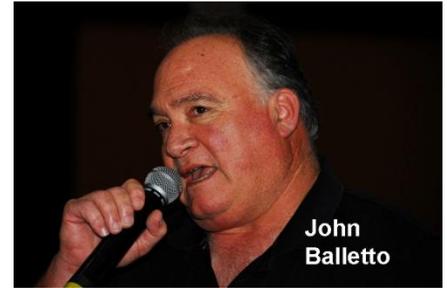
**On-line Make-Ups:** [www.RotaryEClubOne.org](http://www.RotaryEClubOne.org)

**INTERACT MAKE-UPS – HAVE YOU TRIED IT?**  
(Committee Member to call to confirm)

**Analy High:** 12:40 Most Wednesdays In Choir Room  
(Check with Bob Hirsch)  
**Brook Haven:** 12:10 First & Third **Thursday**, Room 4  
(Check with Pauline Pellini)  
**Hillcrest:** 12:20 Every Third Tuesday, Room 6 (Che  
with Cole / Given / McAdams)  
**Orchard View:** Different meeting times  
(Check with Coate / Ken Jacobs)  
**Twin Hills:** Different meeting times  
(Check with Coate / Crawford / Carey)

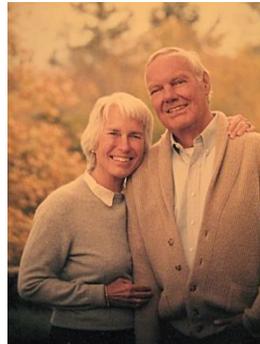
**For all Interact Mtgs.: CALL AHEAD TO CONFIRM MEETINGS**  
**CHECK IN AT SCHOOL FRONT OFFICE FIRST !!!**

John Balleto, of the Sebastopol Sunrise club, then spoke about his friend **Bruce Harding**. John met **Bruce** when he was still a freshman in high school and received help and guidance from **Bruce** ever since. He helped him in business and in life. **Bruce** even allowed John to have his bachelor party in his basement. John suggested that we all drink lots of wine in **Bruce's** memory and assured us that he has plenty.



John Balleto

**President Edwin** led a toast to **Bruce Harding** and to a life well lived.



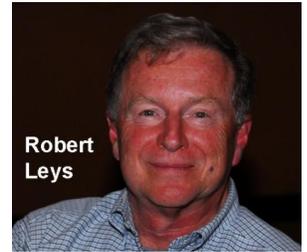
“Life should NOT be a journey to the grave with the intention of safely arriving in an attractive and well preserved body, but rather to skid in sideways, chocolate in one hand, **WINE** in the other, with the body thoroughly used up, totally worn out and screaming-- WOO HOO--what a ride!!!”



🍎 **Visiting Rotarians and Guests** 🍎



Visiting Rotarian Jeff Boal of Weaverville, California was introduced. Jeff took some time to introduce his "first wife" Jean. Jeff also made a plea for a Sebastopol Rotary Community Grant for his little town of Weaverville - no doubt they are looking for some banjos and corn likker. **President Edwin** would not commit on a community grant but suggested the Jeff talk to some of the dentists in the club and see if they had any extra teeth he could take back with him. Robert Leys of Rancho Cotati Rotary, Architecture, was visiting.



**Tom Campbell** introduced his brother Craig. Several comments were made including: "He must be the smarter brother."; "He is the good looking brother.", and "Mother must have liked him best."



**Bill Lippert** introduced his wife and favorite employee, Charlie. Who says it doesn't pay to sleep with the boss?

**Matt Fritzing** was introduced. He is Elizabeth (Tiarks) Fritzing's new better half.



**Bob Reeves** introduced his wife Betsy.

Cynthia Louise Henningsen-Bourdon was present to wish her father Harvey a happy birthday.



🍎 **Announcements** 🍎

The fund raiser for the young Interactor from Elsie Allen High School is scheduled for this Sunday at the Finley Center.



**Dorothy Rodella** announced that Community Grants application period will close on January 31. Requests may be made by email this year. The Sebastopol Rotary is planning to award \$28,000 giving back directly to the community.

**Bob Rogers** announced that 57 Sebastopol Rotarians have taken the Club Survey thus far. He is still looking for more input. It is painless, anonymous, and important.



**President Edwin** gave a shout out to all of the **volunteers** who put out the flawless and fascinating AppleKnocker newsletter each week. [*\*Well, almost. -Ed.*] "**Tom Boag** can take credit for the best darn newsletter in the whole darn world. Great writing, great photography, great coverage, need I go on? [*Yes Please. -Tom.... Not supposed to ask! -Ed.*] You can be a part of this all-star team by volunteering to be a photographer in May and June." [Thanks **Edwin**. -Ed.]



**Les Crawford** announced that his grandson was the proud recipient of a Sebastopol Rotary dictionary this year. His class also received a teacher mini grant allowing the purchase of jump ropes. **Les** showed a very cleverly designed thank you letter wherein each child in the class wrote special note of gratitude.

Super Bowl Board Number One to benefit the SREF is completed and number two is filling up fast. Those who received their lucky numbers came to the realization that the board is not gambling - it is a charitable contribution. Final payout will be slightly reduced this year to channel more money to the SREF but only the **luckiest of the lucky** need worry about that.



**Rick Wilson**, fresh from two weeks of rest in Hawaii to help him get through the final push to the Crab Feed took the floor. No microphone necessary. 57 tickets for the 5pm feeding remain. All monies need to be turned in by Feb 1. Another clue to the "Aleia Costume Contest" was announced, only slightly less helpful than the last two clues. This clue was as follows – "I love a good theme party." (????) Take your chance to guess **Aleia's** costume and win big. This **Scribe** is guessing it's not Tom Brady but who knows? **Troy** is still looking for bottles of wine for the auction. Bring something unusual - a Jeroboam, a Nebuchadnezzar, a barrel. Go big.



**Jack Blasco** gave a polite reminder that help is still needed for various tasks, especially clean up. His appeal this week was to pride and self-respect. Good luck with that, **Jack.**

**President Edwin**, as he is wont to do, honored a past president of Sebastopol Rotary. This week's journey to the past was all the way back to 2003 and President Mark Sell. **Mark** was still a banker when **Edwin** joined Rotary but he soon got into the lucrative hardware game. During **Mark's** presidential year, he came up with the idea of a Crab Feed and teacher mini grants. He hoped to create a program that could be sustained for a year or two. Now in its tenth year, the Crab Feed has returned over \$165,000 to the community through teacher mini grants.



🍎 Recognitions 🍎

Birthdays:



Due to the length of the meeting to this point, only two birthdays were recognized. Both **Harvey Henningsen** and **Bob Reeves** were in attendance and share a January 25th birthday. A close inspection did reveal that they may be twins separated at birth but that wasn't verified.



After a rousing chorus of *Happy Birthday* a fine of \$5, each, was imposed.

**President Edwin's** fine totals for the meeting were very low, it is suggested that everyone bring their wallets next week.



🍎 The Raffle 🍎

**Bob Cary** had a one in four chance but the odds weren't good enough. **Bob** won the chance to go to Harmony Nursery and sort the PVC fittings. The bags of fertilizer must already be stacked. Next week's odds improve.

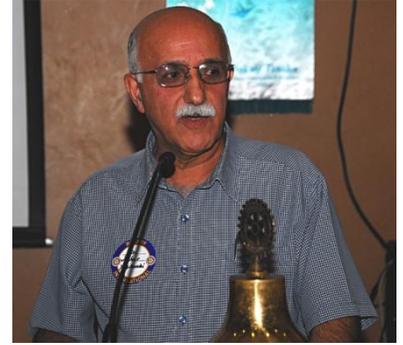
The West Side
Rotary Club of Sebastopol
<b>HARMONY FARM SUPPLY</b>
--- RENT ---
Sort PVC pipe fittings for Rick Williams



## The Program – Dr. Jafar Yaghoobi – “Let Us Water the Flowers: The Memoir of a Political Prisoner in Iran”



**Yvette Williams van Aggelen** introduced our guest speaker, Jafar Yaghoobi. Dr. Yaghoobi was born in Tabriz, Iran. In 1973, he traveled to UC Davis to do graduate work in his field of Genetics where earned a Ph.D. During this time, he met and married his wife Ketty. He returned to Iran after the Shah was deposed in 1979. He has written a book about his experiences called *Let Us Water the Flowers: A memoir of a Political Prisoner in Iran*.



Dr. Yaghoobi explained that he had high hopes for a new type of reform rule after the Shah was deposed. He taught at the National University in Tehran. Seeing that the Islamist rulers of Iran were taking power, he joined a secular opposition group in 1980. The power in Iran was held by the clerics. The clerics began to consolidate power and repress any dissent. Eventually opposition was crushed. Additionally the Iran-Iraq war broke out sending millions to a senseless death.

Dr. Yaghoobi was arrested during a massive crackdown in 1984. He was interrogated and tortured while being held incommunicado for several months. Eventually he was tried and sentenced to fifteen years detention along with thousands of other political prisoners. In 1988, the superpowers pressured Iran and Iraq to cease hostilities. The Iranian regime was stuck with thousands of political prisoners. The regime determined that they could not hold them nor let them go. The solution was a brutal Catch-22 for the prisoners. They were individually interrogated. If they said that they were not good Muslims, they were held for execution. If they claimed they were good Muslims, they were held for execution for going against the regime which felt it was empowered by God. Thousands of political prisoners were executed.

Dr. Yaghoobi was lucky enough to be held in the portion of the prison last interrogated. By the time they were reached, the prison grapevine had passed the word on how to escape the Catch 22 by claiming devotion to Islam and asking for mercy. In 1989, he was placed under house arrest and was eventually smuggled to Turkey, then Germany and finally to the USA. Dr. Yaghoobi was able to teach at UC Davis and he retired in 2005. He now works to expose the international crimes of the present Iranian regime. He believes that the present difficulties can be resolved peacefully.



### The Closing Bell



**President Edwin** thanked our speaker, Dr. Jafar Yaghoobi, for his presentation with a donation in his name to The Pathway Home, a residential treatment program in Napa that serves members of our armed forces who have served in areas of the world such as Afghanistan and Iraq.

He then thanked all visiting Rotarians and guests for attending and also thanked Harvey Henningsen and John Balletto for their memorial comments for Bruce Harding. He then stated that there would be a quick Board meeting after the meeting and reminded all that next week's program will be by the winemaster at Kendall Jackson, Randy Ullom.

He then closed with the thought for the week: “Sunday, January 27<sup>th</sup> marks the anniversary of the death of Rotary founder, Paul Harris, back in 1947. From the club founding in 1905, Paul saw it grow from one club to 5,638 clubs in 75 countries with more than 259,000 members. Quote from Paul:”

The best way to win the esteem of others is to observe the simple rules of give and take. If they don't accomplish the desired results, nothing will. President Edwin then rang the bell, closing the meeting.



### After the Bell



**\* ERRATUM:** -Ed. would like to apologize to **Jim Pacatte** for the misspelling of his name in last week's edition. We had spelled his name Paquette which sounds like something the other side of the Channel. (The Microsoft Word spellchecker custom dictionary has been cleared.)

## **The ABC's of Rotary**

**(Taken from "The ABCs of Rotary", a Rotary International publication originally prepared by Dr. Cliff Dochterman who was RI President in 1992-93)**

### **#50 Intercountry Committees**

In 1931, Rotarians in France and Germany organized the *petit corn ite*, a small group with the goal of fostering better relations between the people of these two neighboring nations. Since that time, Rotarians throughout Europe have led the way in creating Intercountry Committees to encourage contacts between Rotarians and Rotary clubs across national boundaries.

Intercountry Committees have now been established in many parts of the world to promote friendship as well as to cooperate in sponsoring World Community Service projects, student exchanges, and other activities to improve understanding among nations. Frequently, the Intercountry Committees sponsor visits of Rotarians and their families across national borders and arrange intercity meetings and conferences.

In some instances, Intercountry Committees are created between countries separated by great distances in an effort to encourage goodwill and friendship with matched or partner areas of the world. The Intercountry Committees coordinate their efforts with the district governors of their countries and always serve in an advisory capacity to districts and clubs.

Intercountry Committees provide an additional means for Rotary clubs and Rotarians to fulfill the responsibilities of the fourth Avenue of Service international understanding, goodwill, and peace.

# Sebastopol Rotary's 11th Annual

# CRAB FEED

**Saturday, February 9, 2013**

**First Seating: 5:00 p.m.**

**(Bar Opens & Music Starts at 4:00 p.m.)**

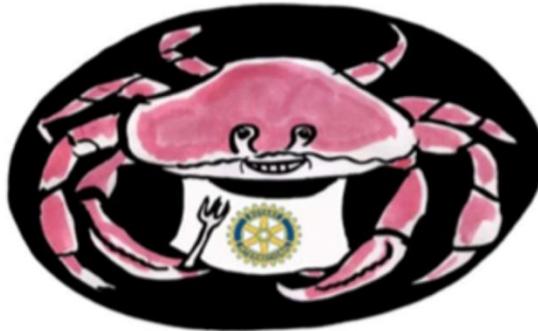
**Second Seating: 7:00 p.m.**

**Holy Ghost Hall, 7960 Mill Station Road, Sebastopol**

**Get your tickets  
NOW!!**

**Seating is  
LIMITED**

**This event sells out  
EARLY**



**Tickets are  
available in  
Sebastopol from**

**EXCHANGE  
BANK**

**All You Can Eat Fresh Cooked Crab,  
Clam Chowder, Salad, Bread,  
Dessert & Wine  
\$50 Donation**

**For Tickets or Information, go to:**

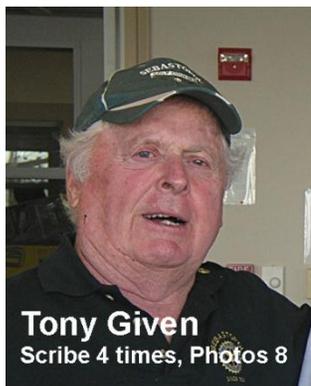
**[www.SebastopolRotary.org](http://www.SebastopolRotary.org)**

**or call 823-4087**

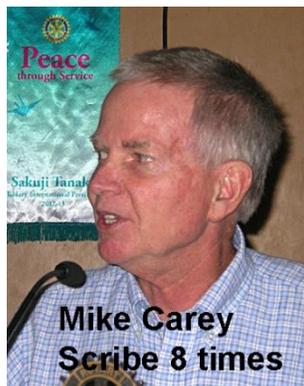
**All proceeds of this event will be used to fund  
Sebastopol Rotary's Education Grant Programs**

**Over \$165,000 in Teacher Mini-Grants  
Awarded to Date**

**Special Thanks to the 2012 AppleKnocker Team - Scribes and Roto-Photo-Shooters from Co-Ed..'s and Herder**



**Tony Given**  
Scribe 4 times, Photos 8



**Mike Carey**  
Scribe 8 times



**-Ed., Past-Ed, Co-Ed/Herder**  
**Tom Bob HH** Scribe 5 times, Photos 7



**Gene Nelson** Scribe 7 times



**Jerry Warren**  
Photos 7 times



**David Still**  
Scribe 6 times



**Dorothy Rodella**  
Scribe 3 times, Photo 3 times



**Richard Power**  
Photos 5 times



**David Schreiban**  
Photos 5 times



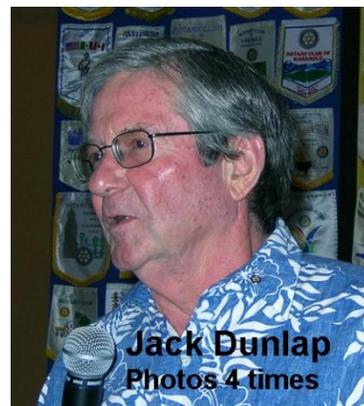
**Diana Rich**  
Scribe 4 times



**JT Martin**  
Photos 4 times



**Chris Dawson**  
Photos 4 times

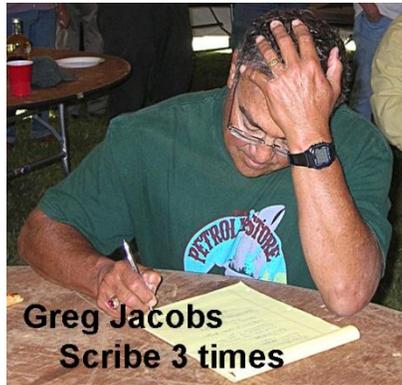


**Jack Dunlap**  
Photos 4 times

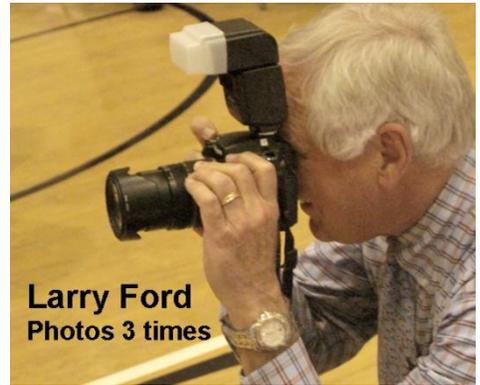
**Special Thanks to the 2012 AppleKnocker Team - Scribes and Roto-Photo-Shooters from Co-Ed.'s and Herder**



**Liz Schott**  
Scribe 3 times



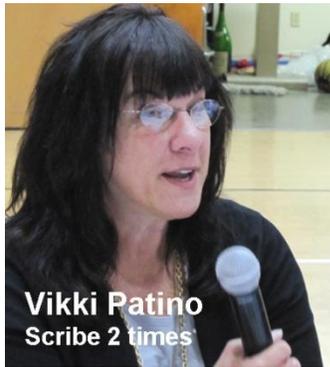
**Greg Jacobs**  
Scribe 3 times



**Larry Ford**  
Photos 3 times



**Rollie Atkinson**  
Scribe 2 times



**Vikki Patino**  
Scribe 2 times



**Maureen Doerken**  
Scribe 1 time



**Les Crawford**  
Photo 1 time



**Edwin Wilson**  
Photos 1 time



**Barbara Beedon**  
Scribe 1 time



**Mel Davis**  
Scribe 1 time



**Pauline Pellini**  
Photos 1 time



**Carlene Ferguson**  
Photos 1 time



**Aleia Coate**  
Photos 1 time

68% HAVE COMPLETED THE CLUB SURVEY --

**ONLY 3 MORE DAYS TO COMPLETE THE CLUB SURVEY !**

From: "Charles Rogers" <[mailservice@clubrunner.ca](mailto:mailservice@clubrunner.ca)>

## Subject: Club Survey

Date: January 10, 2013 12:25:57 PM PST

To: [crobertrogers@comcast.net](mailto:crobertrogers@comcast.net)

Reply-To: "Charles Rogers" <[crobertrogers@comcast.net](mailto:crobertrogers@comcast.net)>

**To: Bob Rogers, Rotary Club of Sebastopol**

Dear Sebastopol Rotarians,

I know you all love our club and what it stands for, otherwise you wouldn't be a member of this great organization. We also realize that there is always room for improvement. Are there things you like and/or dislike about our club? Do you see ways that we could improve?

We are inviting you to participate in a short survey (5 to 10 minutes) about your experience in Rotary and our club so that you can share your opinions.

This survey is sponsored by Rotary International and they will compile the results and make them available to us to help make our club even better. Rest assured that responses are confidential and anonymous. The results will contain only statistical summaries of all responses.

To take the survey, simply click on this

link <http://tinyurl.com/MultiDistrictSurvey> or type this link into your web browser.

Please know that we are interested in your honest opinions. We ask that you complete the survey before Friday, February 1.

We look forward to sharing the results with you in April. Together, we will act to make our club better and more successful!

Sincerely,

President Edwin & PE Bob

Rotary Club of Sebastopol

# RI Reading: Weekly Update

# – ADD YOUR PHOTO SAVE A CHILD FROM POLIO

## CLICK HERE:

<http://echo4.bluehornet.com/hostedemail/email.htm?CID=21793385005&ch=3FC5763AC89A25E91A6756CDE985C578&h=5e87de343868e1ddb20bf25fd7a1d11&ei=7o2cHLrNV>

 ROTARY INTERNATIONAL

25 January 2013

## Weekly Update A roundup of Rotary news

[f](#) [+](#) [in](#) [t](#) [v](#) [s](#)



### [Add your photo, save a child from polio](#)

More than 4,500 people have taken part in the World's Biggest Commercial, a campaign to raise public awareness about polio eradication, since its launch in October. Pharmaceutical Research and Manufacturers of America (PhRMA) recently donated US\$50,000 to the PolioPlus program to encourage participation in the commercial.

- [Add your photo today](#)
- [Read more about the PhRMA donation](#)
- [Read blogs from polio survivors](#)

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#### In other news

**[District grant projects meet multiple needs in India](#)**  
Impact on communities' quality of life is significant, says Rotary district leader.

**[Rising to the challenges of water management at UNESCO-IHE](#)**  
Rotary Scholar Kaycee Okoli is having the time of his life and learning new skills in Delft, Netherlands.

**[Rotarians team up with students to provide clean water](#)**  
Middle school class project in Illinois, USA, becomes a platform for clean water efforts.

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#### Announcements

[Plan and track your service activities on Rotary Club Central. Find out how in the January Issue of Rotary Leader](#)

[Read a blog post from Paralympic athlete João Correa about ending polio and prejudice](#)

[Get 2013 International Assembly resources](#)

[Follow the Rotary Global Peace Forum in Honolulu, Hawaii, on Twitter](#)

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#### Resource guide

	<b><a href="#">Effective Public Relations: A Guide for Rotary Clubs</a></b> Learn the secrets to a successful public relations campaign.
	<b><a href="#">Rotary Media Center</a></b> Your online resource for public service announcements, videos, and more.
	<b><a href="#">Rotary Video Magazine Collection 6</a></b> Includes six inspiring videos on one DVD.

Weekly Update brings you the latest Rotary news, features, and links to resources that will equip you for all your Rotary activities. Use this content free of charge in any of your Rotary communications, including club or district newsletters and websites. Download free photos at [Rotary Images](#).

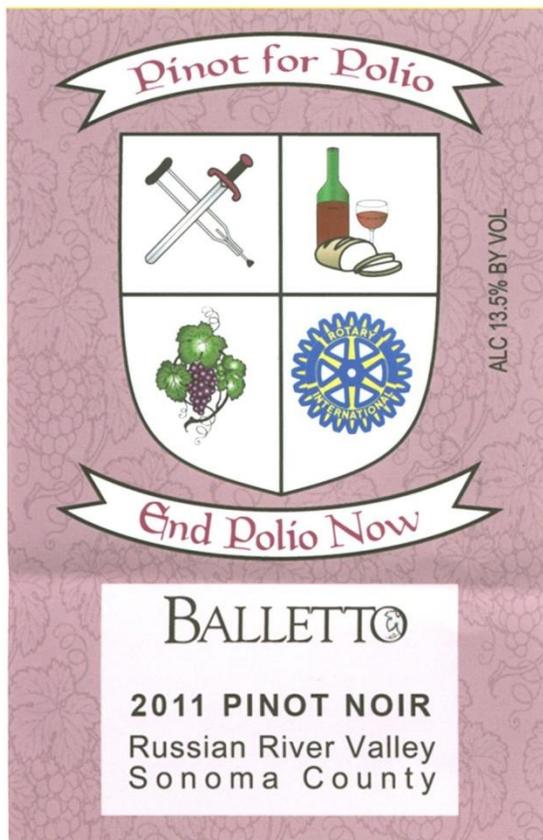


Rotary District 5130 presents

# Pinot for Polio



## Raising Money for PolioPlus ~ one Case at a Time



Pinot for Polio is a Rotary District 5130 fundraising project for PolioPlus.

Increase your Paul Harris credits, contribute to PolioPlus, and drink great wine at the same time..

### What could be better?

Your cost per case of 12 bottles of *Balletto Vineyards 2011 Russian River Valley Sonoma County Pinot for Polio* is:

<b>Cost per case</b>	<b>\$305.00</b>
<b>Sales tax</b>	<b>\$27.00</b>
<b>Total cost</b>	<b>\$332.00</b>

**\$150.00** from each case will be sent in your name to PolioPlus. You will receive Paul Harris credits and it will also count towards your club's annual Foundation giving.

What a simple, effective and delicious way to raise money for PolioPlus.

### We're This Close..All We Need is You

#### Pinot for Polio Order Form

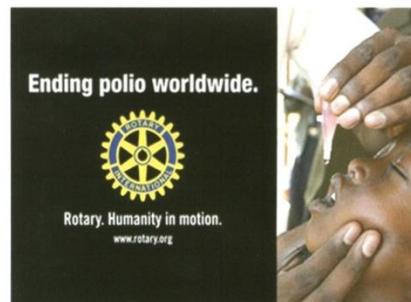
Cases of Pinot for Polio at \$332/case = \_\_\_\_\_
  Check  Credit Card  
 Winery Pickup (Balletto Vineyards)
  VI  MC  AX  DS  
 Ship to me - \$30 inside CA.

Number \_\_\_\_\_

Rotary Club \_\_\_\_\_ Exp: \_\_\_\_\_ CVC \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_



Fax to 707-829-3184 or Mail to: Pinot for Polio - P.O. Box 2481 Sebastopol, CA. 95473  
For more information contact Michael McGlothlin at 707-829-3529 or michael.mcglathlin@gmail.com