

The Appleknocker *Sebastopol Rotary Club's Weekly Bulletin* Pgm.: Nina Arbour – Taking the Mystery out of Hospice



Date: March 23rd, 2012
Volume: 2011/12—Issue E10-35
Scribe: Diana Rich
Photography: Dorothy Rodella, HH
Editor: Tom Boag
Club President 2011/2012: Aleia Coate



There is no font too small or margin too narrow to fulfill our credo that "All the News that Fits We Print"



Before the Bell



Bill Facendini, assisted by Rick Wilson, welcomed Rotarians and guests to the meeting. Big smiles and warm greetings set the tone for the day.



New CLUB GROUP PHOTO – APRIL 13th IS THE DAY

Do you have on your schedule?



To allow time for the Speech Contest, we're asking all to **arrive a little early**, get through the food line, and **start eating by Noon**, then we'll start heading outside for the photo around 12:15. If everyone is on time and we move fast then we'll be back in our inside seats around 12:35. While you are finishing your dessert, the Speech Contest will start about 12:45, allowing us to finish up on time at 1:30. **Don't forget to wear a blue shirt/blouse, darker pants/skirt.**



At the Bell



President Aleia began the meeting with a tap of the gavel at 12:15. Harry Simms led us in the *Pledge of Allegiance*, then Rick Wilson led us in a dramatic rendition of "God Bless America" (All present were especially impressed by the virtual cymbals Rick used to embellish the song). The thought for the day was offered by Barbara Beedon, who shared with us a story about a monk named AachanCha [Achaan Chah/Ajahn Chah Subhaddo, ..., Thai Buddhist monk, 1918-1992. –Ed.] who had an insightful response to another monk who was fond of complaining about the (perceived) failings of others. AachanCha turned to the complaining monk and said "You are like someone raising chickens, who goes out in the morning to pick up the droppings instead of the eggs." Better to have eggs to take home than droppings, right? A rather memorable way to suggest we all focus on the good rather than the bad in others....



🍎 Future Programs 🍎

March 30th
Speaker: Lori Austin
Program: **Prison Healthcare Services, CA**
Host: **Kent Seegmiller**

April 6th
Speaker: Jay Youngdahl
Program: Religious Lives of the Navajo Workers
Host: **Bob Cugini**

April 13th
Program: Speech Contest
Host: **Larry Ford**
& April 13th GROUP PHOTO BE EARLY !

April 20th
Speaker: Efen Carrillo and more
Program: Overcoming Obstacles Award
Host: **Tom Boag**

April 27th
Program: Rotary Foundation Program
Host: **Mike Ferguson**

May 4th
Program: Vocational Awards
Host: **Katy Spyrka**

May 11th
Speaker: Michael Ruppert
Program: Collapse
Host: **Mike Ferguson**

May 18th
Speaker: Paul Voissen
Program: Recent Trends in Sonoma County Agriculture
Host: **Henry Alker**

🍎 Future Events 🍎

District 5130 Assembly,
March 30th - 31st (*See Attached*)
Hillcrest Interact Club – Rummage Sale March 31
(*See Attached *)

Club Group Photograph, Fri. April 13th
Friendship Dinners, April 14th and 21st
HAPPY HOUR AT GTO's Seafood House
(3rd Friday of the Month), 234 South Main, Seb.
NEXT HAPPY HOUR @ GTO's—APRIL 20th, 2012
Wine Valley Cycle for Sight, April 21st (*See Attached*)
Learn to Swim Program Starts, April 23rd - June
Polio Music Benefit, April 27th
District 5130 Conference, June 15th – 17th

🍎 Miscellany 🍎

NEXT Board Meeting (3rd Wednesdays)
Location: Mike Long Office, 7724 Healdsburg Ave, Seb.
Date/Time: **Wednesday April 18th, 5:30 p.m.**
Web Site for Make-Up Locations
www.rotary5130.org/meeting_locations.shtml
MAKEUP NOTIFICATIONS – Send to JOHN BLASCO at
jcblasco@comcast.net
On-line Make-Ups: www.RotaryEClubOne.org
Interact Make-Ups
Analy High: 12:35 Wed. In the Choir Room
Brook Haven: 12:40, 1st & 3rd Thurs., Rm. 4
(Check-in @ Front Office first)
Hillcrest: 12:20, Every 3rd Tues., Rm. 6
CALL AHEAD TO CONFIRM MEETINGS

🍎 Visiting Rotarians and Guests 🍎



Jack Blasco introduced our visiting Rotarians: Our District 5130 Governor Nominee for 2013/2014 Year, Helaine Campbell, Pam Davis from the Santa Rosa West Club, and two members of the Rotaract Club of Southern Sonoma County – Jessica Deas and Teresa O'Grady. (For those of you who don't know about Rotaract, as was the case with this **scribe**, it is a Rotary-sponsored service club for young men and women ages 18 through 30. Rotaract clubs are a program of RI, under guidance of a local Rotary club – in this case Rohnert Park-Cotati and Petaluma Valley.) [See ABC's of Rotary #59. –Ed.]



President-Elect Edwin Wilson introduced our guest speaker Nina Arbour. **Ken Silveira** introduced his guests Meredeth Bertacco and her husband BJ Bertacco. **Tim Moore** (father of Meredeth) introduced his guest, his wife Mary Ann.

Charlie Lippert was introduced by **Greg Jacobs**, acting as proxy for Charlie's husband **Bill Lippert**.

Lucy Barnett, from the Development Office, Sutter Care and Home (known to many of us as Sutter VNA), was the guest of **Tom Boag**.

Richard Power introduced his guest, Jim Galsterer, the executive director of TLC Family and Child Services. **Mark Stevens** introduced two guests: Kate Crigler, Community Outreach Coordinator for Global Student Embassy, as well as Angelica Nunez (who **Mark** was kind enough to introduce, but, as he explained to this **scribe**, she actually showed up uninvited to the meeting and then departed early in the meeting).

David Still introduced his guest, Jim Fox, who he described as a dedicated community volunteer [Stewards of the Coast and Redwoods. –Ed.].



Bob Rogers introduced Andy Russell, present as a guest of the club. Andy leads Physical Therapy at Palm Drive Hospital. Kristi Doden was introduced by **Bob Hirsch**, as his guest.



Announcements



General Announcements

July 23 Debunking: **Pauline Pellini** announced July 23 as the date for **President Aleia's** debunking. Mark your calendars! The event will be held at the Holy Ghost Hall.

April 13 Club Photo: **President Aleia** reminded us all that April 13 is the date for our group club photo.

Don't miss it, and remember to wear a **blue shirt** (Rotary shirts or other blue shirts are fine.)

April 7 Forget Me Not Farms Gazebo: **President Aleia** also encouraged one and all to join in on April 7 to help build a gazebo for Forget Me Not Farms, an incredible organization that connects sweet fuzzy animals with troubled kids for therapy purposes. (This is a special project of **President Aleia's** – this **scribe** hopes we'll all be there to help.) This is an all-day, behind the Humane Society on Highway 12. In response to **President Aleia's** announcement, both **Sally Ewald** and **David Still** raised their hands to volunteer to help build the gazebo.

March 30 District Assembly: **President-Elect Edwin** encouraged all who are interested to attend the Rotary District 5130 Assembly meeting in Ukiah.

March 24 Rotaract Texas Hold'em Fundraiser: Rotaract representatives Teresa O'Grady and Jessica Deas invited everyone to attend the Rotaract Club fundraiser on March 24 at Lucchesi Park in Petaluma.

April 21 Apple Blossom Festival – Float: **President Aleia** called for volunteers to help with the Apple Blossom Float that is being built as a joint project between our club and Sebastopol Sunrise.



April 23 Learn to Swim Orientation: **Jack Blasco** announced he's been retained as marketing consultant by **Greg Jacobs** and **Rick Wilson**, to increase volunteer participation in the Swim Program. **Jack** encouraged all to sign up as swim coaches for this program, and to do so in time for the April 23 orientation. His speech was embellished with something about the "ship being about to sail" and "not being left at the dock" and similar water-related phrases. (One thing about **Jack** – he keeps it entertaining, which certainly makes our meetings (and this **scribe's** note-taking) much more fun.)



April 28 Rebuilding Together: **Gene Nelson** announced that our club will do repair and rehab work on a local home, as part of the Rebuilding Together program. Skilled volunteers needed, but also those who are unskilled but willing workers – there will be plenty of yard work and similar needs in this project.



Community Grants Committee Announcements: \$50,000 Awarded

Dorothy Rodella, Chair of the Community Grants Committee, presented a summary of grants awarded by the Committee this year. **Dorothy** informed us that the Committee received 51 applications for funding totaling \$135,000. The final awards went to 28 applicants, and totaled \$50,000. The \$50,000 distributed was from profits made at our 2011 Lobster Feed. **Dorothy** pointed out that \$100,000 was made at that event, with half going to international interests and half to our Community Grant Program. **Dorothy's advice:** We should make sure we all put this year's Lobster Feed on our Calendars: October 20th!

Global Student Embassy Thank You for \$900 Grant: **Dorothy** then introduced Kate Crigler of GSE. Kate thanked Rotary for the \$900 Community Grant awarded to GSE, and took a few moments to describe the GSE program. She described GSE as a youth leadership exchange program, founded by Sebastopol young people. GSE works with local high school students, facilitating

discussions into ways the students can improve their world. The community garden at Village Trailer Park was established and is maintained by Analy High School GSE members who wanted to provide low cost or free produce to needy individuals and nonprofits. It has provided 1,500 pounds of produce to Village Park residents and to nonprofits. This is the garden that the \$900 grant from our club will benefit. GSE also has two groups of Sonoma County students abroad at the moment – one group installing a community garden in Nicaragua and another group in Ecuador doing a reforestation project.



President Aleia then introduced Jim Galsterer of TLC Family and Child Services. Jim thanked Rotary for the grant, and said a few words about TLC, which provides foster and adoptive care services. This includes the campus outside Sebastopol, across from Andy's Produce on Highway 116. That location provides residential care for about 20 youth, most of whom have complex mental health issues. Length of stay is generally 7 to 9 months. TLC also operates at that site a licensed high school that provides services to the youth residing at the facility, as well as day students from the area. The school has about 48 students and 6 teachers. Jim reported that TLC's adoptive services in Sebastopol are very active, and that it completed 41 adoptions in 2011. TLC also operates a transitional housing unit in Santa Rosa for youth up to age 25, provides foster and adoptive services out of an office in Ukiah, and oversees all foster homes for kids removed from their homes for abuse or neglect in Mendocino County. In all, TLC has 120 employees.



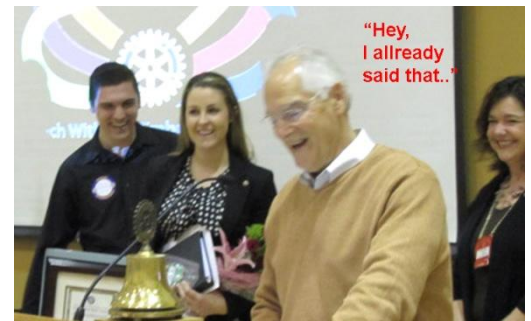
New Member Induction: Meredith Bertacco



Ken Silveira took the podium to announce the induction of Meredeth Bertacco as our newest club member. **Ken** proposed Meredeth as a member. He has known her since she was a child, has seen her grow up, go off to school, and then come back to work in the office of her father, member **Tim Moore**, owner of Edward Jones in Sebastopol. **Ken** spoke highly of Meredeth and her many assets. He also recognized Meredeth's parents, **Tim and Mary Ann Moore**, for their many contributions to Rotary, and closed his comments by thanking them for their greatest accomplishment – “their daughter Meredeth”. (Very sweetly put, from this **scribe's** perspective.)

At **Ken's** invitation, the following were called to the front of the room for the formal induction: Meredeth Bertacco; her husband BJ Bertacco; Meredeth's father, **Tim Moore**; her mother, **Mary Ann Moore**; **President Aleia**; and Membership Committee Chair, **Harry Polley**.

Harry spoke about Meredeth's background in Finance (a BA) and her recent decision to join her father at Edward Jones in Sebastopol. He commented that, just as there will be high expectations of Meredeth in her new financial advisor role at Edward Jones, there will be equally high expectations of her as a member of Rotary – where service above self is the guiding philosophy. **Harry** encouraged Meredeth to be proactive about her role in Rotary, and urged her to remember that “the more you give, the more you'll receive”. **Harry** announced that Meredeth's mentor will be **Ken Silveira**. Meredeth was then formally inducted to Rotary of Sebastopol. **President Aleia** then presented **Meredeth Bertacco** with her Rotary pin, her badge, membership directory, and plaques. **Meredeth's** category is “Investment: Securities.”



Meredeth's induction was met with enthusiastic applause from all present.



Recognitions and Fines



No recognitions or fines at this meeting. (As **President Aleia** explained to this **scribe** when asked after the meeting, there simply wasn't time. “Don't worry; we'll have ton\$ for next meeting.”)



The Raffle



The winning raffle number was 498346....but no-one had it...so another was pulled – 498288. Oddly enough, it was claimed by two Rotarians, but **Ken Silveira** won out...only to spin the wheel and only win \$10. (**Dorothy Rodella** then stepped up to the wheel uninvited, spun the wheel, and hit the jackpot! Or course it didn't count, but it sure was fun nonetheless.)

PROGRAM

President-Elect Edwin introduced our speaker Nina Arbour. Nina works for Memorial Hospice, Hospice of Petaluma, and North County Hospice, all of which are programs of the St Joseph Health System. She is the Community Education, Volunteer, and Grief Services Manager. Over the course of a 29-year career in hospice, Nina has trained thousands of volunteers to help patients and their families. She is also passionate about educating the community about end of life choices. She has served on the Sonoma County End of Life Care Alliance, educating people about hospice and grief support services.

Nina began her presentation with a thank you to those present and an observation that the mission of Rotary rings true for her also. She spent some time addressing the need to break through the fear people have of discussing death and dying. As was said by Woody Allen: "I'm not afraid of death. I just don't want to be there when it happens." Nina suggested that we see death and dying as a validation of life, and recognize that dealing with death can leave a person with a true appreciation of life. She spoke some about her disappointment in the relatively limited use Americans make of Hospice services.

Hospice services are available to everyone (through Medicare, as this **scribe** happens to know), and are intended to provide care during the final six months of a person's life. Nina reported that statistics show that, at best, most people get about 2 months of hospice care. She believes that patients and their families are seeking hospice services too late, because of their reluctance to deal with the issues of death and dying. This is an unfortunate situation, from Nina's perspective, because she's found that hospice services really do enhance the quality of life for patients and their families. She also observed that hospice care can go beyond six months, as is the case with a patient currently under hospice care with St. Joseph's, who is now going on three years of hospice care.

Nina then talked about the philosophy of hospice care, which approaches end of life care with concern for the whole person – mind, body, and spirit. This philosophy extends not just to the patient, but also to the family. She pointed out at this point that hospice does not just serve the aging population – it serves also the young who die, such as Nina's brother, who died at the age of 39, and was the beneficiary of hospice services. She observed that cancer was originally the most common diagnosis of hospice patients, but now there are four major diagnoses: heart conditions, "medically unspecified", dementia, and lung disease. Hospice services involve a team of professionals and volunteers: nurses, social workers, doctors, home health aides, chaplains, and, of course, volunteers. This team does its best to give the patient and family a sense of normalcy – the goal being to provide them with whatever they want, and to be there in the best of times and the worst of times. She pointed out that hospice will go wherever the patient calls home (even a boat on the river or a car converted to a living space...if that's home for the patient). Similarly, "family" can mean many different things and hospice accepts and facilitates any relationship that can support the patient (e.g. neighbors can be "family"). (Nina took a moment to recognize a Rotary guest here, Lucy Barnett, who does hospice care with Sutter. She explained that they both have been involved with hospice for about 30 years, and expressed her pleasure at having Lucy present.)

Nina gave an overview of hospice services in the U.S. today, reporting that there are about 500 hospice agencies in the U.S., and that at this point 58% are for profit. She encouraged anyone seeking hospice care to be selective about choosing an agency, and to ask questions about each agency, such as: (1) How many patients do you serve each year; (2) How long have you been providing hospice services; and (3) What is your volunteer ratio to staff? She also emphasized the importance of raising the question of hospice care with physicians earlier rather than later, to ensure that patients and their families receive the benefits of care as quickly as possible. She urged us all to not be shy about discussing death and dying issues with our loved ones. Nina shared a story about a conversation she had with her father at the Christmas dinner table. She asked him what would be important to him in the last stages of his life, as he was dying. To her surprise, he told her he'd always liked tulips. She never would have guessed that about him. This end of life conversation has helped her during the last two years, as her father has been deteriorating as he suffers from dementia.

Nina commented that it was important to remember that hospice also offers grief support, and recognizes that grieving is a normal human experience (that doesn't get resolved with three days off of work...). St. Joseph's provided 1,000 people last year with grief services.

Nina answered a number of questions, focused on how hospice views certain patient beliefs. In each case, she responded that hospice encourages patients and their families to talk about their beliefs and preferences, and seeks to support them in any way they need to be supported.

President Aleia thanked Nina for her presentation, and presented her speaker gift – a donation to PolioPlus in her name.



The Closing Bell

President Aleia rang the meeting to a close at 1:30 pm.

New Member Proposal

Membership Proposal

Andrew Russell has been proposed for membership by **Bob Rogers** with the classification of Physical Therapy: Management. This proposal has been approved by the Membership/Classification Committee and the Board of Directors. Any objections to this proposal must be submitted in writing to the Board within 10 days of this notice. If none is received, the Club Secretary will notify the Club President to proceed with the induction of the new member.

The ABC's of Rotary

(Taken from "The ABCs of Rotary", a Rotary International publication originally prepared by Dr. Cliff Dochterman who was RI President in 1992-93)

#10: Paul Harris – First but Not First

Was Paul Harris the first president of a Rotary club? No

Was Paul Harris the first president of Rotary International? Yes

There is an easy explanation to this apparent contradiction. Although Paul Harris was the founder and organizer of the first Rotary Club in Chicago in 1905, the man selected to be the first president was one of the other founding members, Silvester Schiele.

By the year 1910 there were 16 Rotary clubs, which linked up as an organization called the National Association of Rotary clubs. Two years later the name was changed to the International Association of Rotary Clubs, as Rotary was organized in Winnipeg, Canada and then in England, Ireland, and Scotland. In 1922 the name was shortened to Rotary International.

When the first organization of Rotary clubs was created in 1910, Paul Harris was selected as the first president. He served in this position for two years, from 1910 until 1912. Thus the founder of the Rotary idea, who declined to be president of the first club, became the first president of the worldwide organization, Rotary International.



ROTARY CLUB OF SEBASTOPOL

www.sebastopolrotary.org



SERVICE Above Self

Thank you West County for your support of Rotary's Lobster Feed!

Through your generosity we have just funded **\$50,000**
in community grants to 28 local organizations.

Save The Date! This year's Lobster Feed is October 20, 2012.

- Analy Theatre Arts Dept
- Analy High School Project Graduation
- Analy High School Track & Field
- Analy Parent Participation Nursery School
- Brook Haven School
- Graton Day Labor Center
- Ceres Community Project
- City of Sebastopol Fire Dept/CERT Program
- El Molino High School Mountain Bike Club
- Food for Thought-Sonoma County AIDS Foodbank
- Forget-Me-Not Farms Childrens Services
- Global Student Embassy
- Hallberg Butterfly Gardens
- Kid Scoop News
- Laguna de Santa Rosa Foundation
- Mr. Music Foundation
- Orchard View School
- Park Side Elementary School
- Sebastopol Community Cultural Center
- Sebastopol Little League
- The REACH School Independent Charter
- TLC Child & Family Services
- Teen Counseling Project of Sonoma County
- Verity - Compassion Safety Support
- West County Community Services
- West County Health Centers
- West Sonoma County Historical Society
- West Sonoma County Swimmers/Ives Pool



Reach Within to Embrace Humanity

Register Today!



Rotary District 5130 - Assembly
Register online at www.Rotary5130.org

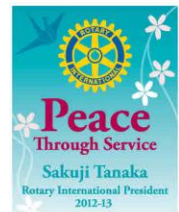
Saturday, March 31, 2012

District Assembly check-in 8:00 am

Mendocino Junior College

1000 Hensley Creek Road, Ukiah

Breakfast - 8am :: Sessions begin - 9am



Friday, March 30, 2012

Celebration Gala for French GSE Team

Cocktails at 6pm - Dinner Starts at 7pm

Barra of Mendocino Winery

7051 North State Street, Redwood Valley

Save \$10 when registering for both events by March 19, 2012
Combined registration discount only applies when paid for concurrently
\$45 per person - per event

For more details call Sandie Krutz: (707) 837-5210

CLICK HERE TO REGISTER AT: www.rotary5130.org/district_assembly_2012.shtml

Hillcrest Interact Club Rummage Sale

**Saturday, March 31, 2012
9 am – 4 pm**

Front Acre of Discount Alley

1382 Gravenstein Highway S.

Donations Wanted

Call or Email:

**Troy McAdams
331-0208, dalleyinc@aol.com**

**All Proceeds benefit CASA
(Court Appointed Special Advocates for Children)**

www.cycle4sight.com

WINE VALLEY
Cycle For Sight
ROTARY RIDE FOR VETERANS



50
25
AND 15
MILE BIKE RIDE

A silhouette of a cyclist riding a road bike, positioned behind the text.

Wine Festival

Wine Tasting • Restaurants
Live Entertainment featuring

"Pride & Joy"



"ENJOY SPRINGTIME IN THE BEAUTIFUL NAPA VALLEY"

APRIL 21, 2012

Napa Valley, California

presented by:



The Rotary Club
of Napa

TRINCHERO
Family Estates

20 YEARS BACK -- APPLEKNOCKER FOR FEBRUARY 21, 1992

March 28, 1992

Sebastopol

Rotary Bulletin

Scribe: Brian Langermann

Last Week's Meeting...

March 21, 1992

This week's meeting started with the absence of the Stars and Stripes. Rumor had it that the Japanese perhaps had bought our flag. JOE GAZDOWICZ led us in the flag salute, with everybody picking out their own flag from the front of the room to salute to. LARRY DUFFIELD led us in a chorus of "My Country 'Tis of Thee." JIM COREY gave the invocation, reminding us that this was indeed the last day of the winter season. DOUG PERKINS did a great job in introducing the day's visiting Rotarians. LOU SCHAFER was docked \$1 for showing late. BILL MCCASLIN, who was a member of our club up until seven or eight years ago, died recently. LARRY DUFFIELD reminded us that BILL was a member when we had good Presidents. LARRY DUFFIELD returned a dollar that he had borrowed from PAST DISTRICT GOVERNOR JOHN WINTERS, for a parking ticket he received at last year's District Assembly. JOHN, in true Rotarian spirit, graciously donated that dollar to our Youth Services. At that time, JEFF noticed that we had a rather slim crowd; however, he did not want to discuss the reason why. LINDA FRANCIS showed up very late and in trying to excuse herself talked herself from a \$1 fine to a \$5 fine. BILL BOURNS and HAL KAGAN introduced a visiting Rotarian together. KAGAN was quoted as saying that his latest play got a questionable review and passed his \$5 fine onto BILL. JIM WISEMAN, in his Sunshine Report, reported that DON HALLBERG was present at the meeting, and DON received a rousing applause. Since DON's last visit he has a new grandson, also he noticed that we had several new members, and could not name any who were sitting around him. PRESIDENT JEFF felt \$5 was in order for BILL's poor memory. BOB WAHL announced that Project Graduation is looking for a building for their activities for the upcoming Project Graduation. Anyone that has a vacant building should contact BOB. VICE PRESIDENT MIKE FERGUSON announced that the District Assembly will be in Santa Rosa on April 24th and 25th. He also passed out next year's

committee sign-up sheets. It was noted that on that form, he forgot to provide a space for a member's name. At this, members suddenly realized that things could get worse next year. VICE PRESIDENT MIKE was again asked to stand up to take fingerprints off our Rotary bell because the probable suspect in snatching our bell from last year's District Conference was in attendance. Eureka Rotarian, JEFF YARNELL, was read his rights by MIKE and was appropriately given a \$10 fine by PRESIDENT JEFF for his criminal act.

JOE GAZDOWICZ unveiled the new swim program bags for this year's upcoming Rotary Swim Program. The bags are red with white trim. The program will start on April 22, and last through June 4. Joe is asking for help in either the boys' or girls' locker room. He is also asking for any members who wish to be involved in the pool. Joe did state that UNCLE HAL KAGAN, the kiddies' pal, is not being asked this year to help out in either locker room.

HELAINE CAMPBELL announced that a raffle of the District \$130 Rotary quilt will occur at this year's District Conference. Tickets are \$5 and will be on sale at next week's meeting. PRESIDENT JEFF asked PAST PRESIDENT PAUL THIELEN about his recent Mexico visit and asked him to describe it in three words. PAUL's response was, "It was great." Birthdays included HAL KAGAN, TOM GLOVER, NORM STUFFEL, LINDA FRANCIS and TIM MOORE. Anniversaries were acknowledged for RAY TANQUARY and BILL BLANCHARD. TIM MOORE got recognition as being next year's Chamber of Commerce President. TIM, describing his election, stated that he was out of town on a trip and had asked BRAD BENEDETTI to take care of him for which BRAD nominated him for President. PRESIDENT JEFF asked DAN BROGAN how his TV was working, the one he had won at the pancake breakfast, at which DAN said he had not turned it on because this TV contained no box of Wheaties with DAN's picture on it for being the contestant winner. At this point, DAN was happy he was not placed on other cereal boxes which might include DON BASILE on Fruit Loops and BOB

...continued

WAHL on a Quaker Oats package. MIKE FERGUSON, apparently, will be a future radio star and was served a \$10 fine for a tape that was heard. JOHN BURNS was docked for a recent trip to Mexico as well as an award for an editorial in a recent *Sebastopol Times*. GENE NELSON paid \$10 for a picture of his daughter in the *Sebastopol Times*. BILL BOURNS was not lucky in picking out the right marble in today's raffle.

SUPER PLAYGROUND

This week, March 25-29, the Sebastopol Super Playground will be built in Brookhaven Park. We have donated \$500 to the project. The project needs volunteers to help with building. Please contact Wanda Cardiff at 823-1260.



Share a copy of *The Rotarian* with a neighbor or friend.

FUTURE PROGRAMS

May 27 Sebastopol Teen Center update
April 3 Annual All-Service Youth Ambassador Program Luncheon Meeting
April 10 District Rotary Russian Trip Presented by Bill Perchudoff
April 17 Dark - Good Friday

PROGRAM

Today's speaker was Dan Schurman, Executive Director of the Sonoma Land Trust. Mr. Schurman has been Executive Director of the Sonoma Land Trust since July of 1990. Sonoma Land Trust is a local non-profit organization that sets land aside for preservation from developments. It started 16 years ago and currently has 32 projects and some 6,000 acres in permanent habitat away from any potential of future developments. A slide show accompanied by a taped message was shown, describing various citizens who have donated lands to the Sonoma Land Trust for conservation of the natural beauty and habitat of that land. It described that this is the way for the elderly to keep future owners from developing the land. Public access to these lands is not mandated as part of the project.

Other areas of natural conservation of lands include the Nature Conservancy, which is a national organization mainly dealing with properties which contain endangered species. There's also the Coastal Conservancy, which is a California state agency. The county also, through Prop A and C of the recent election, provides a one-quarter cent sales tax for acquisition of the Sonoma County Open Space District. This initiative will bring eight to twelve million dollars into this district to buy buffer zones between metropolitan areas for green belts.

Sonoma Land Trust Projects



PRESERVE PLANET EARTH

Treat the earth well.
It was not given to you
by your parents.
It was loaned to you
by your children.
—Kenyan Proverb

Membership Roster

Revised January 1992

Agnew, Susan (Arthur)	Community Banking	B 545-8080	Lowe, Tom (Linda)	Insurance Casualty	H 829-5227
Anderson, Bruce 1 (Holly)	Well Drilling	H 823-9780	Masfurland, Gary 1	Vet. Med., Small Animals	H 823-8332
Anton, Steve (Cindy)	Travel Agent	B 829-5630	Madsen, Dave 1 (Carleen)	Real Estate Development	B 545-4220
Bartel, Ken (Cheryl)	Physical Therapy	B 823-7413	McHugh, Ken (Marilyn)	Fire Safety Consultant	B 829-1684
Basile, Don (Donna)	Retail Drug Store	H 829-3367	Meiberg, Guntler (Elaine)	Pro-Cont Concrete	H 525-0598
Benedetti, Brad (Kathy)	Automotive Service Center	H 539-9545	Moore, Tim (MaryAnn)	Stock Broker-Securities	B 823-4708
Bernard, Jack 2-x (Jim)	Savings & Loan	H 539-8431	Myers, Carl (Pat)	Residential Construction	H 874-3553
Blakey, Bob (Annette)	Screen Printing	H 544-2023	Nelson, Gene 1 (Betty)	Ministry, Protestant	B 823-2484
Blanchard, Bill 2-x (Olive)	Electroplating	H 874-3257	Nunn, Herb 1 (Beryl)	Custom Electrical	H 867-1145
Bloom, John 1 (Patti)	Restorative Dentistry	B 823-3560	Pellasoni, Dick (Linda)	R.E. Mortgage Broker	B 823-5475
Boal, Jeff (Jean)	Life Insurance	B 578-5555	Pellet, Hal 2-x (Mille)	Auto Retailing	B 823-4700
Burns, Bill (Carol)	Sign Painting	B 823-4666	Perchudoff, Bill (Elsa)	Restaurateur	H 539-1487
Burns, John (Jayne)	Newspaper Publication	B 823-7845	Perkins, Douglas (Linda)	Real Estate Brokerage	B 823-0170
Campbell, Bruce (Helaine)	Apple Grower	B 823-3580	Pucelli, Harry 1-2 (Jean)	City Finance	B 823-7863
Campbell, Craig (Anne)	Orthopedic Surgery	H 829-0901	Riley, George 1-2 (Mary)	Architect	B 823-3093
Campbell, Helaine (Anne)	Nursing Facilities	H 823-3580	Rose, Roger	Psychotherapy/Children	B 829-1788
Carroll, Al 1-2 (Lenore)	Hospital Administrator	H 823-2857	Schaller, Lou (Annie)	R.E. Mortgage Appraisal	B 823-8223
Cary, Bob (Rae)	Steel Building Contractor	B 823-4222	Schander, Louis (Patricia)	School Supt. Secondary	B 829-3240
Carroll, Dwight (Helen)	Microwave Engineer	B 887-1525	Scott, Don 1-2-x	Civil Law Practice	H 545-2167
Corey, Jim (Jean)	Commercial Printing	B 829-1018	Sell, Mark (Lena)	Hardware	H 823-5443
Cornie, Scotty (Jeralyn)	Appliance Dealer	B 823-0916	Shawcross, Weslee 2	Anesthesiologist	H 823-3003
Crotcher, Arnon (Lillian)	C.P.A.	H 527-9969	Shone, Bob 1-2-x (Claire)	Egg Production	H 544-7948
Cutler, Ron (Renee)	Floor Covering	B 829-8210	Smith, Ron	Supermarket	H 823-9735
Daniels, Bill (Karen)	Civil Law	B 823-7666	Smith, Becky	Bed & Breakfast	H 887-3300
Daveiro, Bud 1	Floor Covering	H 829-0680	Smith, George 1-2-x	Secondary Education	H 823-4139
Dowd, Don 2-x (Norma)	General Eng. Construction	B 546-6960	Starbird, Susan (Masha)	Advertising Agency	H 823-3419
Duffield, Larry 1-2 (Josephine)	High School Administrator	H 823-9149	Stewart, Tim (Carol)	Accounting/Auditing	B 829-2808
Dunn, Merrill (Sandy)	Trial Law	H 823-3549	Suif, Pat	Accounting/Corporate	H 823-1714
Ferguson, Mike	Law Enforcement-County	H 823-1122	Stupfel, Norm 1-2 (Judy)	Dry Goods Retail	B 823-6443
Fink, Mark (Elaine)	Insurance Property	H 823-3346	Tanquary, Ray 2-x (Dorothy)	Optometrist	B 829-3986
Ford, Larry (Christine)	Preventive Dentistry	B 823-6481	Thiele, Paul 1 (Yvonne)	Banking Loans	H 527-0250
Francis, Linda (John)	Business Consultant	H 433-3701	Tighe, Russ (Valora)	Fibre Glass Spec. Mfg.	H 823-5463
Gazdowicz, Joe (Patty)	Heavy Equipment Sales	H 823-2558	Tomei, Joe 2-x (Grace)	Investments/Securities	B 823-3125
Gil, Greg (Jill)	Landscape Contractor	H 829-7724	Torger, Ed 1-2-x (Adam Mae)	Real Estate Agency	H 823-6107
Given, Tony (Gloria)	Dist. Account. Systems	B 829-2223	Tuttle, Kathleen	Business Banker	H 571-8511
Glover, Tom (Sandy)	Special Education	H 887-2812	Wahl, Bob	Truck Tires Retail	H 829-5286
Hallberg, Don 2-x (Marcia)	Fruit Canning	H 823-2435	Waterman, Howard (Pam)	Video Stores	H 538-5960
Hardenbrook, Robert (Roseanne)	Payroll Service	H 823-5508	Whitlatch, Kevin 2 (Bernice)	Dairy Farming	H 545-1696
Harding, Bruce 1 (Carola)	Real Estate Appraisal	H 823-7388	Wiseman, Jim (Virginia)	Chemical Engineer	H 874-3651
Hemmingway, Harvey (Linda)	Portrait Artist	B 829-0561	Zimmer, Dick (Barbara)	Building Remodeling	H 823-7210
Hinton, Neysa (Dwight)	Radio Advertising	H 829-7591			
Hirsch, Bob (Judy)	Metal Fabrication	H 823-0708			
Kagan, Harold	Psychotherapy	H 823-1166			
Kendall, Phil 2-x (Carol)	Accounting Service	H 823-3336			
Klines, Gary 1 (Harriet)	Cemeteries	H 823-6363			
Kneisler, Terry (Carrie)	Primary Educ. Superintendent	H 823-5907			
LaGeorge, Pierre (Rosemarie)	Restaurant (French)	B 823-1262			
Langermann, Brian (Kathleen)	Chiropractor	H 829-5189			
Long, Michael (Vick)	Financial Planner	H 823-8043			



THE FOUR WAY TEST
of the things we Think, Say or Do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

(1) Former President
(2) Senior Active
(3) Non-Counters
Paul Harris Sustaining Members
Paul Harris Fellow

For Your Make-Up Convenience

MON HEADS-BURG - Jacob Horner - 12:15pm
TUES SANTA ROSA WEST - Los Robles Lodge - 12:15pm
TUES GUERNEVILLE - Buck's Restaurant - 6:30pm
TUES SANTA ROSA EAST - Flamingo - 12:15pm
TUES ROHNERT PARK/COTATI - Red Lion Inn - Noon
WED WINDSOR SUNRISE - Windsor Bowling Lanes - 7:15am
WED SANTA ROSA - Flamingo - 12:15pm
WED PETALUMA VALLEY - Petaluma Community Center - 12:15pm
THURS SONOMA VALLEY - Sonoma National Golf Course - 12:15pm
THURS SANTA ROSA SUNRISE - Doubletree Hotel - 7:15am
THURS PETALUMA - Petaluma Vet's Building - 12:10pm
THURS CLOVERDALE - Vet's Building - 12:15pm

Officers 1991-1992

Rajendra K. Saboo, Rotary International President
Dave Dillon, District Governor
Jeff Boal, President
Mike Ferguson, Vice-President
Larry Duffield, Secretary
Ron Puccinelli, Treasurer
Paul Thiele, Past President

Directors

INTERNATIONAL SERVICE - Harry Polley
CLUB SERVICE - Bill Bourns
CLUB ACTIVITIES - Howard Waterman
COMMUNITY SERVICE - Mike Long
VOCATIONAL SERVICE - Bob Wahl

PUBLISHED WEEKLY BY
ROTARY CLUB OF SEBASTOPOL, CALIFORNIA
FOUNDED 1972
483 HANSEN LANE
SEBASTOPOL, CA 95472
SUBSCRIPTION RATE \$10.00 PER YEAR
SECOND CLASS POSTAGE PAID
AT SEBASTOPOL, CA 95472
FORM 352 SHOULD BE SENT TO
P.O. BOX 28, SEBASTOPOL, CA 95472

Apple Knocker

Larry Duffield
493 Hansen Lane
Sebastopol CA 95472

MEETING TIME: FRIDAY 12:15 PM
VETERANS MEMORIAL BUILDING
263 HIGH STREET, SEBASTOPOL