



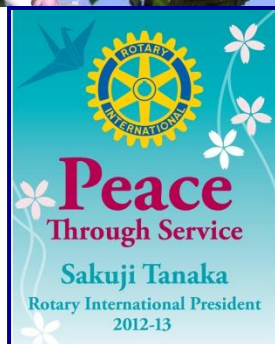
# *The Appleknocker*

## *Sebastopol Rotary Club's Weekly Bulletin*

### **Larry Ford "Sebastopol Rotary 2013 Speech Contest"**



**Date:** March 29, 2013  
**Volume:** 2012/13—Issue E11-36  
**Scribe:** Mike Carey  
**Photography:** Richard Power/HH  
**Co-Editors:** Tom Boag / Jack Dunlap  
**Club President 2012/2013:** Edwin Wilson



*"All the News that Fits We Print"*



### **Before the Bell**



[There is no **Before The Bell** this week. –Ed.]

[There is, however, **A BELL** this week. We'd like to say that the Bell has been on "vacation" ... but then, that would not be The Truth.]



### **At the Bell**



**President Edwin** opened the meeting with a history lesson, reminding the audience that Sebastopol Rotary has been serving the community for the past 88 years.

**Harry Simms** led the flag salute, **Keller McDonald** paced the group to the tune of "*America the Beautiful*" and **Guy Smith** provided a quote from actress Billie Burke (known by many as Glinda, the Good Witch of the North, in THE WIZARD OF OZ):



"People are too busy trying to find something to worry about..." (at which point the scribe became so worried that the final words of wisdom somehow disappeared -sorry, **Guy!**) [...that they forget to worry about what they should be worried about. –Ed.]



### **Visiting Rotarians and Guests**



Linda Johnson (Sebastopol Sunrise; Occupational Therapist) was the lone visiting Rotarian this day.

**Torrey Olson** introduced Brittany Heck, executive director of the Gold Ridge Restoration District. It was noted that Brittany's great-grandfather was a Rotarian for over 75 years in Texas.



Heck

**Charlie Lippert** was the first to test the new "Rotary Make-up" guideline by standing in for **Bill Lippert** (this may start a trend; one that calls for her to be a regular stand-in for Bill....all those in favor.....)



## Future Programs 🍎

**April 5**

**Speaker:** Dr. Phil Rasori  
**Program:** Village Hopecore Update

**April 12**

**Speaker:** PRID K.R. "Ravi" Ravindran  
**Program:** Rotary's Legacy in Sri Lanka

**April 19**

**Speaker:** Edwin Wilson  
**Program:** Club Event

**April 26**

**Speaker:** David McCuan  
**Program:** Politics

**May 3**

**Emcee:** Efren Carrillo  
**Program:** Overcoming Obstacles Award  
**Host:** Tom Boag

**May 10**

**Speaker:** Jessalyn Nash  
**Program:** Restorative Justice in Iraq

**May 17**

**Speaker:** Casey Shea  
**Program:** Project Make Demonstrations

## Future Events 🍎

### District 5130 Assembly Mtg.

**April 6<sup>th</sup>, Mendocino College, Ukiah**

### District 5130 Conference

**May 31 - June 2, Santa Rosa Hyatt**

**(in lieu of regular Friday Meeting)**

### Rotary International Convention

**June 23-26, Lisbon, Portugal**

## Miscellany 🍎

### Next Board Meeting

**Location:** Sebastopol Senior Center

**Date/Time:** Wednesday Apr. 17<sup>th</sup>, 5:45 p.m.

**MAKEUP NOTIFICATIONS – Send to Jack BLASCO**

[jcblasco@comcast.net](mailto:jcblasco@comcast.net)

**On-line Make-Ups:** [www.RotaryEClubOne.org](http://www.RotaryEClubOne.org)

### INTERACT MAKE-UPS – HAVE YOU TRIED IT?

**(Committee Member to call to confirm)**

**Analy High:** 12:40 Most Wednesdays In Choir Room  
(Check with Bob Hirsch)

**Brook Haven:** 12:10 First & Third **Thursday**, Room  
(Check with Pauline Pellini)

**Hillcrest:** 12:20 Every Third Tuesday, Room 6 (Check with Cole / Given / McAdams)

**Orchard View:** Different meeting time  
(Check with Coate / Ken Jacobs)

**Twin Hills:** Different meeting times  
(Check with Coate / Crawford / Carey)

**For all Interact Mtgs.: CALL AHEAD TO CONFIRM MEETINGS**

**CHECK IN AT SCHOOL FRONT OFFICE FIRST !!!**



**Kathleen Mayhew** (standing in for **Frank**, and don't give him the microphone, please) introduced **Larry Rhodes** (Eugene, OR) and **Debbie Lafontaine** (Modesto), both supporters/volunteers for the Uganda projects.

**The Prez** introduced **First lady Diana**.



**Les Crawford** introduced first-year Twin Hills Union School District Superintendent **Barbara Bickford**, a long-time west county resident.



**Dan Rasmus** twisted the mike from **Les'** hands to introduce the school advisor **Nicole Ramondo Ellwood** and the officers of the first year Twin Hills Charter School Interact Club: **Ben Rasmus** (treasurer), **Natalie Lester** (secretary), **Cameron Ramirez** (vice-president), and **Koa Lua** (president). Koa noted that the club has already had two successful fund-raisers, has more activities on the docket, and sent \$250 to help Elsie Allen High School Interact student Alexis Vargas in her recovery.



**Keller McDonald** introduced **Mia Delprette**, HR Director of WSCUHS.

Analy High School Speech & Debate coach **Lynette Williamson** was also a guest of the club.



## Announcements



**Bob Hirsch** announced that the Analy High School Interact Club was sponsoring a Diabetes Walk on Saturday, March 31, beginning at 11:00 am. The Interact students have done a good job planning this day, including visits to a few other Interact clubs seeking participation.

**President Edwin** also reminded the audience of the upcoming **April 12** meeting with guest speaker Past Rotary International Director RAVI RAVINDRAN. The **Prez** is encouraging a big turnout, expects as much, and asked that members give the Club advance notice regarding their guests so that extra meals, seating can be arranged. Some of Ravi Ravindran's many worldwide accomplishments have been highlighted in previous Apple Knockers.

Flyers were available at the tables regarding the program formerly known as COOL KIDS CAMP (originally founded by **Tom Farrell** and **Brad Benedetti**). The camp deals with various abuse situations; the renewed program is seeking volunteers to be part of a steering committee. See **President Edwin** if you have an interest.

**Kristi Doden** hyped the Rotary Learn-to-Swim Program, which begins on April 22. Rotarians are asked to give 30 minutes to two hours at Ives Pool to teach 300 third graders these live-saving skills. It is a great way to GET ENERGIZED!

REMINDER: First Friday food drive, April 5....Also, Hillcrest Interact Club is still seeking donations, from socks to tooth brushes, to benefit those less fortunate.

**Gene Nelson** reminded us all of the upcoming (APRIL 27) "Rebuilding Together" project. This year it will consist of building ramps, paths and some garden restoration to brighten the life of one person's residence. **Jim Pacatte** and **Tom Dille** will be furnishing sandwiches this day --and could use a little help.



## Recognitions



Another fine mess.... **Secretary Jack** caused **The Prez** some consternation, having been the first such officer to misplace (lose) the secretarial briefcase in countless years; it cost Jack \$20.



**Pierre Lagourgue** was tagged \$20 for several ports of call --from Africa (?) to Hawaii to Arkansas (???) ...the Hawaiian trip was a long-overdue venture Pierre picked up at a Rotary event two years ago...Arkansas was the site of his daughter's birthday celebration.

**Ted Baggett** cleared out his lungs by running the Los Angeles Marathon recently....and was fined a dollar per mile, \$26 and change (but who is counting pennies?).





## 🍎 The Raffle 🍎

**Richard Power** had the winning ticket (again???) and while he didn't select the \$25 winner he now has the opportunity (let's see how long this takes) to brighten **Meredeth Bertacco's** office by hanging her ground-bound Rotary plaques.

The South Side

Rotary Club of Sebastopol

**Meredeth Williams  
Rotary Plaques**

--- RENT ---

**Hang "Ground-Bound"  
Rotary Plaques**

## 🍎 Program – Sebastopol Rotary's 2013 Speech Contest 🍎



**Larry Ford** (Open your mouth wide -and spit; NO, open your mouth wide and speak clearly) once again did a stellar job with the Annual Rotary Speech Contest, open to students from Analy, El Molino and Laguna high schools. **Larry's** committee consisted of **Jim Pacatte, Mel Davis and Tony Given** (timer). **Tony's** role was particularly emphasized...anyone who went over the allotted six-minute time limit would be penalized; going past 6:30 meant the dreaded "**FRANK MAYHEW PENALTY AWARD**".



The guest judges were Peaches Henning, Dr. Katherine Kendall, and Greg Reynolds. Each of the judges was seated separately [ummm?... **-Ed.**], with

This year's Rotary topic: "IT'S 2033 --WHERE ARE YOU AND WHAT ARE YOU DOING?"



[In order of presentation: Dillon related a mixed, positive and negative picture, with receding hair line [You would never know now. **-Ed.**], no options but kids and a home. Alexandra looks forward to getting out from a sheltered life. Sasha, a drama queen, looks forward to London and impacting people with her acting. Sarah said she was going to concentrate on helping people avoid bullying. Michael announced – yea really, like a TV newscast – future events. Robert spoke last. **-Ed.**]



Scoring was based on (1) organization, (2) content and language, (3) physical expression, (4) vocal expression, and (5) overall impact.

The first place award totaled \$125; second, \$75; third, \$50, and the remaining three finalists received \$25.

### THE RESULTS

First Place - SASHA WALKER (El Molino Senior)

Second Place - DILLON GOSS-CARPENTER (Analy Freshman)

Third Place - SARAH BROWN (Analy Freshman)

Honorable Mention to: Analy Freshman, Alexandra Everson; and El Molino Seniors, Robert Woodward and Michael McDonnell.



### The Wrap (of The Bell) Up



**President Edwin** concluded the meeting with a Mark Twain analysis:

"Monday, April first, this is the day upon which we are reminded of what we are the other three hundred and sixty-four."



### After The Bell



#### **AFTER THE BELL**

Both **-Ed's**, **Boag** and **Dunlap**, and **Roto Photo Herder HH** would like to thank **March Scribe Mike Carey** (stepping... well, scooting right in after a little repair) and **March Photographer, PP Richard Power** (recently returned from Africa) for their fine service this last month. Yes, thanks also to **Dennis Judd** and **Jerry Warren** for serving as substitute photographer-extraordinaire while **Richard Power** was recovering... from his trip, that is.



**-Ed. Boag** is very thankful that he now has **-Ed. Dunlap** in place and quickly trained to put the AppleKnocker together. **-Ed. Boag** has been testing **-Ed. Dunlap** for the last several weeks... giving him more than his share to do. **-Ed.**

[Have you ever noticed that **"-Ed."** [with dash and period – and authority (There are rewards!) to use square brackets] refers to the active Editor in this publication, while **"Ed"** is a name, as in **Edwin**? Well now, you know. **-Ed.**]

### **The ABC's of Rotary**

(Taken from "The ABCs of Rotary", a Rotary International publication originally prepared by Dr. Cliff Dochterman who was RI President in 1992-93)

#### **#59: Rotaract**

After the success of Interact clubs for high-school-age youth in the early 1960s, the RI Board created Rotaract in 1968. The new organization was designed to promote responsible citizenship and leadership potential in clubs of young men and women, aged 18 to 30. The first Rotaract club was chartered by the Rotary Club of Charlotte North in Charlotte, North Carolina, USA. In 2002, there were 170,000 members in more than 7,300 Rotaract clubs in 153 countries.

Rotaract clubs emphasize the importance of individual responsibility as the basis of personal success and community involvement. Each club is required to complete at least two major service projects each year, one to serve the community and the other to promote international understanding. Rotaract also provides opportunities leading to greater leadership and professional development. Rotaractors enjoy many social activities as well as programs to improve their community. A Rotaract club can exist only when continuously sponsored, guided, and counseled by a Rotary club.

## Future Speaker – April 12 – PRID K.R. “Ravi” Ravi Ravindran



Sri Lanka (previously Ceylon), known as the pearl of the Indian Ocean, is located 17 miles from the south eastern tip of India. It's best known for the tea it produces, considered by experts to be the finest and the most expensive tea on earth. K. R. "Ravi" Ravindran's association with that industry began immediately after his college graduation. With a degree in commerce he was employed as a tea plantation manager in a family-owned tea company.

Due to land reform laws enforced by the socialist government of that time, his family lost all their tea estates and assets so Ravindran started over in a family printing business and later establishing Printcare Ceylon Ltd (now Printcare PLC) in 1982 in partnership with his good friend – the founder of world famous 'Dilmah' tea. From a garage sized space, he drove these small beginnings into a global leader in packaging for the tea industry. Now a diversified packaging group, Printcare with plants in Sri Lanka and India, has a significant presence in the telecom, tobacco and digital media solutions industries and exports its production to nearly 45 countries.

In the same way that Ravindran's company is built on high ethical principles, he has had an extraordinary impact on the country of Sri Lanka. Among other accomplishments thru Rotary, he founded and served as President of the nation's first and now largest Anti-Narcotics Association; he chaired the Schools Re-Awaken Program that built 25 new schools (at a cost of over US \$ 12m) following the devastating tsunami in 2004; and he led efforts of a partnership between Rotary, UNICEF and the Govt of Sri Lanka to eradicate polio from Sri Lanka. Sri Lanka became the first country in South Asia to become free from the crippling polio disease.

Ravindran is a globally respected leader of Rotary International, one of the largest service organizations in the world, having served as a Director and Treasurer of Rotary International and a Trustee of the Billion Dollar Rotary Foundation.

He also serves on the Board of several other companies and charitable Trusts and Foundations.

Ravi is a member of the 84 year old Rotary Club of Colombo , Sri Lanka.

# RI Reading: Sharing Your Skills

[Check out these links:](#)  
[JOIN US IN LISBON](#)



ROTARY INTERNATIONAL

29 March 2013

## Weekly Update *A roundup of Rotary news*



### [Join us in Lisbon](#)

Meet community, business, and professional leaders from all over the world and broaden your understanding of Rotary by attending the 2013 RI Convention in Lisbon, Portugal, 23-26 June. Register by 31 March, to save off the onsite registration fee.

- [Register now](#)
- [See what's planned](#)
- [Watch a video](#)

### In other news

#### [RI presidents receive honorary degrees for Rotary's good works](#)

IIS University in Jaipur, India, recognizes the work of thousands of Rotarians contributing to the welfare of society.

#### [Sisters share a passion for peace](#)

Summer and Katrina Lewis are Rotary Peace Fellows working to build a better world.

#### [See Rotary in action](#)

Our photo gallery shows Rotary leaders and Rotarians coming together to exchange ideas and take action.

### Announcements

[Learn how to find potential Rotary Peace Fellow candidates in Rotary Leader](#)

[Rotary clubs target dengue fever](#)

[Read the RI president's message for April](#)

[Read the Trustee chair's message: Will you do your part?](#)

### Resource guide



#### [2012-13 Rotary Global Peace Forums brochure](#)

Learn about the forums and find ideas for planning your own club or district peace activity.



#### [Rotary Media Center](#)

Your online resource for public service announcements, videos, and more.



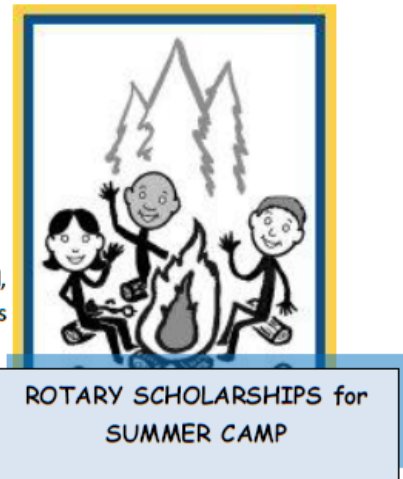
#### [Rotary Video Magazine Collection 6](#)

Includes six inspiring videos on one DVD.

Weekly Update brings you the latest Rotary news, features, and links to resources that will equip you for all your Rotary activities. Use this content free of charge in any of your Rotary communications, including club or district newsletters and websites. Download free photos at [Rotary Images](#).

## Rotary Scholarships for Summer Camp at Cloverleaf Ranch

Rotary District 5130's "Cool Kids Camp", created by the Rotary Club of Sebastopol, was first held in August 2000. This 6-day resident camp for youths ages 8-12, was originally held at Westminster Woods Camp and Conference Center in Occidental, California. The camp was moved to Cloverleaf Ranch in Santa Rosa, California, in 2007, where it continues as an annual event.



The concept for the project was introduced by Rotarian Tom Farrell, who felt it was important to create a program to aid in the healing for children who have been abused sexually, physically, emotionally, or have been exposed to family violence. Children who have experienced sexual abuse or family violence are put at additional risk for depression, anxiety, suicidal feelings, and future substance abuse. Over 90% of incarcerated criminals were exposed to family violence as children.

### IT'S FOR THE KIDS !

To qualify for the camp, children and their families must currently be involved in a recovery or therapy program. The program works in partnership with local non-profit agencies who offer recovery and therapy programs for families. The camp experience does intentionally not offer therapy or counseling. Rather, it is intended to provide children a break from a stressful life, where they could just be kids, to play, and have fun in a healthy environment. In addition, the camp is intended to develop resources and skills to improve the chance that the campers will be well-adjusted, productive, and non-violent members of society.

### CLOVERLEAF RANCH

Through the generous donation and significant reduction of registration fees (\$450 per camper) by Cloverleaf Ranch owner, Shawna DeGrange, the camp continues as an annual respite for these children who, through no fault of their own, have seen or experience significant adverse situations in their young lives. Campers participate in such activities as craft projects, environmental studies, horseback riding, swimming, archery, and hiking.

Counselors and therapists, working with these campers, have reported great improvements to the campers' self-esteem, confidence, ability to interact with peers and family members; and perhaps most importantly, the campers' ability to address the past abuse in a manner that moves them toward healing and growth.

THANK YOU TO THE NUMEROUS ROTARY CLUBS AND MEMBERS THROUGHOUT DISTRICT 5130 who generously support the summer camp scholarships, for recognizing the importance of this project, and providing these children a week to experience an incredibly special time and to develop a sense of hope about their future.

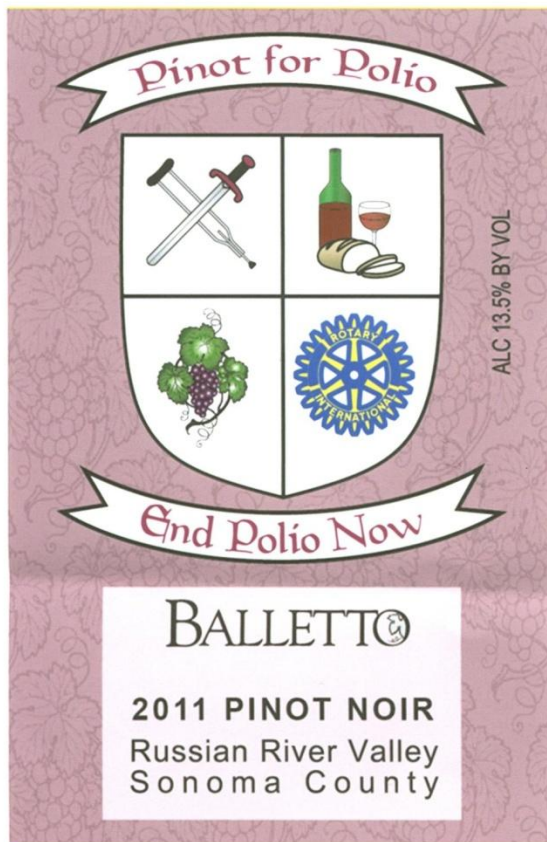


Rotary District 5130 presents

# Pinot for Polio



## Raising Money for PolioPlus ~ one Case at a Time



Pinot for Polio is a Rotary District 5130 fundraising project for PolioPlus.

Increase your Paul Harris credits, contribute to PolioPlus, and drink great wine at the same time..

What could be better?

Your cost per case of 12 bottles of *Balletto Vineyards 2011 Russian River Valley Sonoma County Pinot for Polio* is:

|                      |                 |
|----------------------|-----------------|
| <b>Cost per case</b> | <b>\$305.00</b> |
| <b>Sales tax</b>     | <b>\$27.00</b>  |
| <b>Total cost</b>    | <b>\$332.00</b> |

**\$150.00** from each case will be sent in your name to PolioPlus. You will receive Paul Harris credits and it will also count towards your club's annual Foundation giving.

What a simple, effective and delicious way to raise money for PolioPlus.

**We're This Close..All We Need is You**

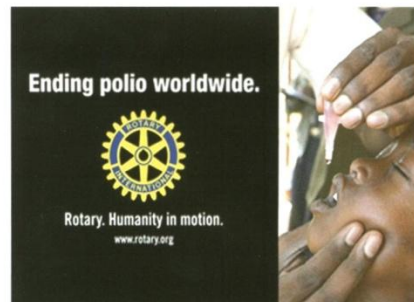
### Pinot for Polio Order Form

Cases of Pinot for Polio at \$332/case = 
                    
  Check     Credit Card  
 Winery Pickup (Balletto Vineyards)
                    
 VI  MC  AX  DS   
 Ship to me - \$30 inside CA.
                    
 Number

Rotary Club  Exp:  CVC

Name  Signature

Address  City  Zip  Phone



Fax to 707-829-3184 or Mail to: Pinot for Polio - P.O. Box 2481 Sebastopol, CA. 95473  
For more information contact Michael McGlothlin at 707-829-3529 or michael.mcglathlin@gmail.com