Date:October 14th, 2011Volume:2011/12—Issue E10-15aScribe:Mel DavisPhotography:Larry FordEditor:Tom Boag	COLOR STARK	Sebastopol Ra	pplekno otary Club's Wee BSTER FEED Pre	kly Bulletin
Club President 2011/2012: Aleia Coate Reach Within to Embrace Humanity		Volume: Scribe: Photography: Editor:	2011/12—Issue E10-15a Mel Davis Larry Ford Tom Boag	

All the News that Fits We Print





President Aleia called the meeting to order almost on time, at 12:20 p.m. She was presiding over a meeting being held under "The Big Top", behind O'Reilly's on North Grav. Sebastopol Rotary was slated to hold it's big fund raiser, The Lobster Feed" there on Saturday.

Aleia hoisted a small American Flag, while David Schreibman led the club in the *Pledge of Allegiance*.



Dave Madsen rendered the *Thought for the Day*, citing: "Never ask someone to do what you wouldn't do for [sic.] Yourself."

"God Bless America" was wonderfully led by Karen Daniels, her soprano voice easily rising up through the Big Top.



Visiting Rotarians

The only Visiting Rotarian noted was from Santa Rosa, <u>Judge Owen Noel</u>. Sebastopol Rotarian, Bob Hirsh, kept His Honor engaged in conversation (until Greg Jacobs could find the bottle... -Ed.).





President Aleia adjourned the meeting at 12:25 p.m., noting the members now needed to break up into crews to set up the Big Top and equipment for the Lobster Feed Fund Raiser.

A Pizza lunch was offered to the members. If you haven't yet paid Ron Puccinelli your \$10, for the Pizza, please do so next Friday.



The ABC's of Rotary

(Taken from "The ABCs of Rotary", a Rotary International publication originally prepared by Dr. Cliff Dochterman who was RI President in 1992-93)

#70: Health, Hunger, and Humanity (3-H) Grants

In 1978, Rotary launched its most comprehensive humanitarian service activity with the Health, Hunger and Humanity Grants program. The 3-H Grants program is designed to undertake large-scale service projects beyond the capacity of individual Rotary clubs or groups of clubs.

Since 1978, more than 320 different 3-H projects had been approved and undertaken in 74 different countries, with an appropriation at more than US \$85 million. The objective of these projects is to improve health, alleviate hunger, and enhance human, cultural, and social development among peoples of the world. The ultimate goal is to advance international understanding, goodwill, and peace.

The first 3-H project was the immunization of six million children in the Philippines against polio. This was the birth of what we now know as the PolioPlus program. As 3-H progressed, new programs were added to help people in developing areas of the world. Now, in addition to the mass polio immunization of more than two billion children in various countries, 3-H has promoted nutrition programs, vocational education, food production enhancement, polio victim rehabilitation, and other activities that benefit large numbers of people in developing countries. All 3-H projects are supported by the voluntary contributions of Rotarians through The Rotary Foundation.



<u>Membership Moment</u>

Tom Boag



Many of you, with many more years of Rotary service, did this before; but I'll relate how editing the AppleKnocker (and chairing a new program) is <u>helping me</u> – more than my efforts are assisting others. An involved new Rotary member gets back <u>more</u> than they put in. You all know that – but what about a person with "*special needs*"?

Some 10 years ago, I retired. A couple of years were not good. I really missed my career and, yes, the power/association I had with many S/C Industry leaders. It's called depression and, for an "up and down" kind of person, a lot was missing. Somebody suggested I pour myself into volunteer work. Discovering the Sebastopol Fire Department's new C.E.R.T. Program, I became an advisory board member, worked hard, and it seemed to work for me! I learned new skills - how to operate in a volunteer organization without "paycheck power" over people, where 1:1 relationships are more effective than "group beatings". So then I met **Frank** and he introduced me to Rotary. (...warning that "They'll keep getting you to do things....".)



So **what's "good education"** for a new, introverted (:but compensating:) *engineer-type*, new to an established club, encountering super-capable and -influential people, when I even have trouble memorizing people's names and faces? How to learn what is going on? How to have frequent contact with the "*movers & shakers*" and how to respect and enjoy the "*moved & shook and still*..."? Chairing a committee and, especially, editing a weekly newsletter is an experience many should have / have had. Lots of work (getting faster) — but **Creative opportunity** is there: to amplify what's happening; add a little personality and humor; make the newsletter interesting, neat – get the pictures sharp, schedules right, names spelled; and even meet the weekly deadline, <u>mostly</u>! You make decisions (often at "Oh-Dark: Thirty" too late to call somebody) and have to be right, <u>mostly</u>! You can even take some chances, carefully! I appreciate the nice comments—but I'm following great teachers (**Bob**, **Harvey**, and **others**) and years of AppleKnockers to sample for style and flavor. Recently I had the opportunity to thumb through some **AppleKnocker Archives** – from the 1960's(!). Quite a collection of tradition, style, and content.

With vacation time off, "-Ed." is the full time employee. "-Ed." gets to interact with a different Scribe and "Photo-Shooter" each month, combine creative talents, and keep pretty much to a standard. Ask, not demand – They are volunteers too.

So did you have this experience? – **Thanks for the fun I'm having, the stability, and exposure**. If you want/need a great learning experience then sign up to help, or offer advice... or line up after me. **Tom Boag**, "-Ed."