



As the month of November comes to a close so are our club visits, with only two official visits left. During the past month, Suzanne and I have had the very good fortune to attend a few Rotary events, these include the District Final of the 4-Way Test Speech Contest with contestants Elise Hilder (Rossmoyne SHS), Reef Liddington (Mandurah Catholic College), Maddilyn McGinder (Esperance Anglican College) and Ella Hutton (Bunbury). Congratulations to Elise as the winner and Reef as the runner up. Both Elise and Reef represented the District in the State Final on 12th November with Elise coming in as the State runner up. Congratulations to Pat Schraven for organising both of these events.

Suzanne and I were guests at the Rockingham Beach Cup opening function. This community event, run by the Rotary Club of Palm Beach, is a massive undertaking and a great draw card for the City of Rockingham. I also attended the outbound briefing for our Short Term Exchange Students (STEP) who embark on their 6 to 8 week exchange in December and January.



## December is Disease Prevention and Treatment Month

**We believe good health care is everyone's right. Yet 400 million people in the world can't afford or don't have access to basic health care.**

Disease results in misery, pain, and poverty for millions of people worldwide. That's why treating and preventing disease is so important to us. We lead efforts both large and small. We set up temporary clinics, blood donation centers, and training facilities in underserved communities struggling with outbreaks and health care access. We design and build infrastructure that allows doctors, patients, and governments to work together.



Our members combat diseases like malaria, HIV/AIDS, Alzheimer's, multiple sclerosis, diabetes, and polio. Prevention is important, which is why we also focus on health education and bringing people routine hearing, vision, and dental care.

To fight disease prevention and treatment, the goals are:

1. Improve the capacity of local health care professionals
2. Promote disease prevention programs, with the goal of limiting the spread of communicable diseases and reducing the incidences of non-communicable diseases and their complications
3. Enhance local communities' health infrastructure
4. Educate and mobilize communities to help prevent the spread of major diseases
5. Prevent physical disability resulting from disease or injury
6. Support studies for career-minded professionals related to disease prevention and treatment

## District Conference 2020

Tickets for the District Conference 20th to 22nd March 2020 in Rockingham are now on sale.

The Trybooking link is <https://www.trybooking.com/562113>

Tickets are all inclusive of event and dinner and cost \$295

The District Conference team is hard at work to provide an informative and enjoyable Conference experience for all Members of Rotary, their families and interested members of our community. Conference sessions will be held at the Gary Holland Centre with Saturday Night Beach Party Dinner Dance also held at the same venue. Morning teas and lunch will be at the Clipper Hotel. The Clipper Hotel will also hold our Rotary Exhibition, which will be open to the public. More information to follow.



## Rockingham Western Australia



# ROYCE and JEAN ABBEY ENDOWMENT GLOBAL GRANT SCHOLARSHIPS

Royce Abbey was one of five Australian Rotarians who have served Rotary International as World President in 1988-89.

Following Royce's Presidential year in Office two USA District Governors had been so impressed with Royce's leadership style they conceived the idea that some lasting memorial should be established in his name. The two Governors were Alfred Slaggert and Richard Wallace.

At the time in 1989 when the concept of establishing a lasting recognition for Royce was raised no particular memorial was suggested. But clearly a reserve of cash must first be established. Governors from the 1988-89 year were contacted by either Alf or Richard and invited to contribute to the best of their individual capacity to do so. Soon a corpus or capital fund of US\$150,000 was in hand. But what best to do with this fund of cash. Informal meetings were convened during International Conventions by those Past Governors who happened to be in attendance. It was Royce who suggested that the fund provide short term three monthly Scholarships for Agricultural farm managers and agriculture university graduates from developing countries.

To administer, develop and promote the Scholarship a managing committee was set up in Melbourne with members drawn principally from the Rotary Club of Essendon, D9800 Victoria, Royce's home rotary club. It was early recognised that US\$150,000 would be insufficient capital to fund ongoing scholarships by using only the income being generated from investments. So in 1993 two actions were initiated.

Firstly a method to increase capital was conceived. This was to be achieved by establishing the Royce Abbey Award. This Award is available to Clubs wishing to recognise Rotarians showing enthusiasm and commitment to the ideals of Rotary. By doing so the club contributes AUD\$1,000 to the Royce and Jean Abbey Endowment Fund.

The second initiative was to embed the funds so raised in the Rotary Foundation Permanent Fund of Rotary International. The funds would be identified as a sub account held separately from the principal Foundation reserves. The Royce Abbey funds were to be managed and invested by the Foundation Trustees financial advisers. To date some 400 Australian Rotarians have been recognised with a Royce Abbey Award.

This arrangement has been extremely successful. As of June 2019 the asset value of the original contributions together with invested dividends now stands at US\$595,000. Say about AD\$850,000. The income from this fund allows the managing committee to award two or more Grants each rotary year. This year we are awarding four scholarship grants.

The increase in capital value from US\$150,000 up to US\$595,000 has been achieved while at the same time some twenty four USA\$10,000 scholarships have been awarded using earnings from the fund.



Lee Ming Lee and her husband Tng Chin Kok from Malaysia

Moving forward to 2019, the original agricultural vocational scholarship has morphed into an all embracing programme covering the six focus areas approved by the Rotary Foundation Trustees. I will identify each of those six rotary focus areas as together they say a good deal about the Rotary Foundation of Rotary International objectives.

- ~ Peace and Conflict Prevention and Resolution (United Nations)
- ~ Disease Prevention and Treatment (Polio)
- ~ Maternal and Child Health
- ~ Water and Sanitation (Potable water-Hygienic sanitation)
- ~ Basic Education and Literacy
- ~ Economic and Community Development

In May of this year a three month US\$10,000 Grant Scholarship was awarded to an Indian National, farm manager Ishwar Dass to study sustainable agriculture in Western Australia. This successful award has been followed by an Educational Scholarship being granted to Lee Ming Lee and her husband Tng Chin Kok.

The endowed scholarship that we have today evolved from the germ of a shared dream between two Rotarians. This dream being brought to fruition with gifts provided by generous donors in honour of Past RI President Royce Abbey. The spendable earnings from the endowment supports vocational and other training grant programmes.

For more information and where to go for the Grant please contact:

PDG 947 Terence A Barritt OAM  
email : [jebarritt@bigpond.com](mailto:jebarritt@bigpond.com)

# Rwanda Laughter Yoga Grant

## Rwanda Project Appeal

Looking for contributions to a Global Grant

Due to an unforeseen reason a major external partner has had to withdraw from a proposed Global Grant to Support "Laughter Yoga Facilitators Training in Rwanda", for the healing of P.T.S.D after the 1994 Genocide.

There are 2 Rotary clubs in Rwanda that will support us financially to obtain an International Grant. Here in WA we have Wanneroo and Scarborough and of course Victoria Park supporting us with their generous donations

Over the last 7 years Laughter Yoga has been embraced by teachers, students, families, health professionals, government officials, disabilities organizations, hospitals, schools. There has even been a 6 week, 15min segment on national television. There are now several villages and schools with Laughter Clubs meeting weekly to overcome P.T.S.D, depression, grief, loneliness, H.I.V and to bring peace and reconciliation into their lives.

Last year, with the support of Victoria Park Rotary, we trained 10 ladies from the district of Huye, one of the worst affected areas in Rwanda, to become Laughter Yoga Leaders. The district psychologist chose these women for their high levels of P.T.S.D , to see how much of an impact laughter would have on their mental wellbeing.

Eighteen months later this village has a strong Laughter Club called "The Laughter for Healing Club" that meets twice a week. The laughing together promoted motivation and vision for the future and they decided to collect what small amount of money they could each meeting.

The villager's bought themselves a pregnant cow, who had a bull calf which they can hire out to other villages for a stud fee. Everyone drinks fresh milk every day. All made possible from the benefits of laughter.

Our project is to generate the same results in 29 more villages over a period of 2 years. The Rwandan government have supported us by making Laughter Yoga an official Commemorative activity during the 100 days of Remembrance beginning April 7th each year. This is an outstanding sign of recognition for Laughter Yoga as very few activities are permitted during this time.

In Rwanda the project is ready to begin but we are \$15,000 Aus short of receiving a Global Grant. I am calling out to other Rotary Clubs for financial support to begin a project which facilitates self sufficiency, sustainability, reconciliation, forgiveness, motivation and optimism for a prosperous and healthy future filled with opportunities for all Rwandans.

I would love to present at any club that would be interested to learn more about the incredible results Laughter Yoga has brought to the people of Rwanda.

Kimmy O'Meara  
Rotary Club of Victoria Park  
Mob. 0404732324





## 2019 OSCAR CONTENDER

AN SOS FROM ACROSS THE WORLD

"A potent documentary... It's an important story, made more intense by its tight focus... well-told."  
- *New York Times*

*Note: This is not a Rotary project, but could be of interest to members*

# LETTER FROM MASANJIA

STATE LIBRARY THEATRE

25 FRANCIS STREET, PERTH WA

Monday 9 December 2019

6:30pm for 7:00 - 9:00pm

including a Q&A session after the film of 77 minutes.  
(Refreshments and registration at 6:30pm)

Booking: [masanjia-perth.eventbrite.com](http://masanjia-perth.eventbrite.com)



An Oregon woman finds an SOS message from a Chinese dissident in a package of Halloween decorations from Kmart, setting off a chain of events that would shut down the entire labor camp system in China and ignite the letter-writer's dangerous quest to expose a deadly persecution.

[www.LETTERFROMMASANJIA.com](http://www.LETTERFROMMASANJIA.com)

**A report from Eddie de Pina which highlights the contribution our Club has made to the high school in Letefoho Timor Leste. It is a wonderful story.**

— From Mike Bermann, International Director via Ron Alexander, Bulletin Editor

Dear Mike. I hope both you and Ann had a pleasant and enjoyable trip to us this year.

I attach a photo of Letefoho School, and results of years gone by, plus the current status of the school and students.

As you all know the school starts operating in 2014, with (80) students. 2018, we had 181 Students in rolled at the High school.

The results in my opinion, excellent, (34) of the students went on to the National University of Timor Leste, which guarantee the students with 80 per cent chance of working for the state once they finish the course at the University.

High school of Letefoho also finished 2nd in Ermera District. Which is very good in my opinion, considering, they only been around for (4) years.

Now for 2019, we have (256) students in rolled for the current school year, majority are girls. Again it's a great result, all of you should be very proud.

We have (19) teachers.  
(7) Classrooms.  
(1) Computer room.  
(1) Science lab.

Throughout all schools in Timor, there recently was a maths competition with the top 5 students winning a trip to Japan. It was pleasing to note that 2 of the 5 students came from the school at Letefoho. It proved that if it was not for the water being provided directly to the school, where previously these students spent hours walking to fetch water and would not have been able to study.

Hopefully we can count on you to continue your support for the youth of Letefoho.

Be for I go, I would like to thank you and every one of you that are members of the Rotary Club of Ascot, true your organization and groups for your support in making the school a reality for so many.

Hope and Dignity.

God bless all of you.  
Eddie.



## ROTARY CLUB OF ROCKINGHAM



The Rotary Club of Rockingham has donated a defibrillator to the Safety Bay Tennis Club. Pictured here is Rowan Lambert, Secretary of the Rockingham Rotary Club, and Terry Fraser, President of the SBTC.

Sudden cardiac arrest is the main causes of death in Australia and it can strike anyone. The first four minutes are vital, that's well before an ambulance can respond. For every minute that passes, the chance of survival reduces by 10 per cent. A shock to the heart from a defibrillator is the only definitive treatment so having one on hand can save a life. Defibrillators, cost around \$3000, are now automated, easy to use and maintain, require no training, and the machine talks the operator through it.



The Rotary Club of Rockingham fed the hungry hoards at the Rockingham City Council's Melbourne Cup lunch



District Governor Wayne Milnes and Assistant Governor Peter Warren were our guests at the dinner meeting this week. Wayne shared the Rotary International President's vision for the coming year and talked about the need for Rotary to be more visible within our local communities and to be a more family friendly organisation. Rotary is the largest service organisation in the world

with 1.2 million members but we need to share our stories and develop our public image to better serve our community.

We also had Isiah and his parents, George and Kerry, as guests. Isiah is part of the Rotary STEP (Short Term Exchange Program) and will be travelling to Germany over the Christmas break. Isiah briefed us on what was involved in the program and how his involvement in RYPEN (Rotary Youth Program of Enrichment) had assisted him.





The Rotary Club of Rockingham inducted two new members last week, Sara Abbott and Kirsten Junge. This was the first members our new Membership Director, Linley Lambert, has inducted. It was great to see their families at the meeting to be part of the induction process.

## ROTARY CLUB OF ROCKINGHAM



Membership Director, Linley Lambert, Mentor Allie Humphreys, Kirsten Junge, Sara Abbott and Mentor Donnah Francome

Membership Director, Linley Lambert, President Beth Philipps, Kirsten Junge and Sara Abbott

## ROTARY CLUB OF KOJONUP

Hi Rotary Club of Kojonup,

At the end of September I went to another city to help at an exchange outbound training. This was fun as we got to meet some of the future exchange students and talk to them about our countries and any queries and questions they have about exchange or our countries. The following week we also had a Rotary presentation in my city for the police force in Martinopolis, recognizing them for the great job they do with keeping our city safe.

I went on another excursion with my school to see a possible university for them to go. Its been really great learning about universities and how people can enter into university in Brazil.

At the start of October I was lucky enough to be invited to a 15th birthday party. Now when I say this, I don't mean any ordinary party. In Brazil, 15th birthdays are a really big milestone, especially for girls. At this party, the girl presents herself to all her family and friends as a woman, and depending on how much the parents are willing to pay, these can be really fancy. The one I was invited to was so incredibly elaborate, the whole thing was way more flash than my Year 12 ball and I could only compare the whole thing to a wedding. We were advised to dress formally, so all females were in heels, dresses and make-up, and the men in suits. The birthday girl had a total of five dresses over the whole event, three that she actually wore on the night and the other two were for the professional photos before the event. There were professional photographers throughout the whole night, as well as a DJ, dance floor, open bar, 3-course meal with people waiting on us, a photo booth, sandals for the girls when their feet got sore from dancing, and a chocolate fountain at the exit for a light snack before home time. The party started at 9pm and finished at 5am and I honestly had the best time - it was so fun to experience yet another part of Brazilian culture. Yet another thing to tick off my bucket list for this year.

On the 12th of October, Brazil celebrates "*Dia das Crianças*" (Children's Day) and also the "Feast Day of our Lady Aparecida". As it fell on a Saturday this year, my school celebrated Children's Day on the Friday and we had the last three classes off for a mini party where everyone dressed up in costumes. There was food, music, and even a bouncy castle. Then on Saturday morning, Martinopolis had a walk to commemorate this day that left from the city and went to the lake that is 14km from the city. There were more than 5,000 people walking. We left at 5:30am and arrived at 9:30am as the day was very hot.

Today, I am leaving to go on Brazil's "Big Trip" where we travel to the Amazons and Brasilia and the North East of Brazil. I leave today (12th November) and return on the 3rd December. When I return I will update you on my travels.

Kind regards

Kate Trezise





The Australian Rural Leadership Foundation is partnering with the Regional Australia Institute to deliver the Leadership **For Our Regions** program in South West WA in February and April 2020.

We are seeking applications from individuals who reside in this region who want to challenge themselves, develop their collaborative networks and explore the role of leadership in shaping the prosperity of the region.

#### What does it involve?

This is an experiential program for a group of 24 participants across this region who wish to consider behaviours, conversations and actions to engage in the incredible opportunities presented in the region.

We look forward to working with a group of people demonstrating commitment and service to the region.

#### When?

Two residential\* sessions over eight days.

**Session 1:** 24-28 February 2020

**Session 2:** 29 April -1 May 2020

#### Contact

02 6281 0680

info@rural-leaders.org.au

#### What does it cost?

There are funded positions for 24 successful candidates.

Participants will be required to get themselves to and from each session.

\*Please note that it is a residential program. The group will be accommodated together.

#### Apply

Apply online until 29 November 2019. To submit your application, please visit:

[RURAL-LEADERS.ORG.AU](http://RURAL-LEADERS.ORG.AU)



We are about to commence a session of the Australian Rural Leadership program in Perth and would greatly appreciate it if you could distribute the attached flyer to your networks.

This eight-day, two-session residential program will explore the incredible opportunities for leaders working and living in the South West Region of Western Australia and will provide a network for collaborative leadership in the future.

This is the second LFOR program to be rolled out and we have had fantastic feedback from the pilot program which was held in the Wide Bay/Burnett region in QLD.

*"We had so much to talk about post-LfoR and everyone seems to be still riding a wave of enthusiasm since the program. In my opinion, there is certainly great value in place-based programs like LfoR"*

*"It's hard to explain how grateful I am for the opportunity to participate in ARLF's Leadership For Our Regions program. It has been a transformational process for me in so many ways and I have come away with new skills, far more self-awareness and a very special new network of people, located right here in my part of the world."*

We have 24 funded positions to offer to suitable candidates who are able to satisfy the requirements of the program, and we are seeking applications from individuals who are interested in or currently influencing regional initiatives, organisations or industries. We are looking for a diverse group of participants representing government, business, not for profit, primary production, politics, industry to form the cohort.

If you have any questions please contact Program Manager, Andrea Hogg [andreah@rural-leaders.org.au](mailto:andreah@rural-leaders.org.au).

Kind Regards,

**Amanda Ryall | Coordinator, Leadership Programs**

0449 267 244 | (02) 6281 0680

[amandar@rural-leaders.org.au](mailto:amandar@rural-leaders.org.au) | <https://rural-leaders.org.au>

3/24 Napier Close Deakin ACT | PO Box 298 Deakin West ACT 2600



**AAIC** Australian  
Anti Ice  
Campaign  
Putting the *Freeze* on Ice



INVITES MEMBERS OF THE COMMUNITY TO ATTEND

# ICE & OTHER DRUGS COMMUNITY FORUM

Wednesday 11 December 2019 - 6pm to 8pm

Platinum Room at Peel Thunder  
David Gray's Arena, 21 Dower Street, Mandurah

RSVP by 10 December

[www.trybooking.com/BGSAR](http://www.trybooking.com/BGSAR)

This is a free event, however a gold coin donation would be appreciated on the night

## Keynote Speaker

**Andre'a Simmons** – AAIC Founder and CEO

To Hell and Back – An Inspirational Story of Addiction and Recovery.

Also presenting a shortened version of the AAIC Schools Workshop

## MC

**John Ditchburn** – Peel Thunder CEO

## Other Speakers

**Wayne Milne** – Rotary District Governor 9465

**Jay Birch** – AAIC Western Australia State Manager

**Glenn Ivers** – AAIC Business Development Officer

Speakers Panel available for questions

Local Service Providers available if you need help

Light Refreshments Provided

**DOORS OPEN 5.30PM FOR 6.00PM START**

**Rotary**

Club of Mandurah  
Club of Mandurah Districts



**SUBSTANCE ABUSE &  
MENTAL HEALTH INTERVENTIONS**  
Living Life Without Drugs

**DUAL  
DIAGNOSIS  
TRAINING**





# DISTRICT 9455



**P**ERTH ROTARY is running the Golden Ticket Raffle to support the work of The Salvation Army in Western Australia. The winner of the Golden Ticket gets a double pass to each event at the RAC Arena for the whole 12 months of 2020. Events range from the ATP Cup, Wildcats, Michael Bublé to Disney on Ice.

To see what's coming up at the RAC Arena in 2020, go to <https://www.racarena.com.au/>

The proceeds of this year's Golden Ticket Raffle will assist The Salvation Army in providing urgent care and long term support to transform the lives of people experiencing hardship and disadvantage in WA.

**Sales ends 30/11/2019.**

**To purchase your \$10 ticket, visit:**

<https://rotaryperth.org.au/page/golden-ticket-raffle-2019/>



**Rotary Means Business Fellowship- Every first Tuesday of the Month**



## REMINDER

Join us for our **Christmas Networking Drinks**



**Date:** Tuesday 3<sup>rd</sup> December, 5:30pm – 7:30pm  
**Venue:** WEMBLEY HOTEL (344 Cambridge Street, Wembley)

**COST \$10 per person**  
**REGISTRATION ON LINK BELOW**

<http://www.trybooking.com/BGOVW>

(Book EARLY to avoid disappointment)

BUSINESS NETWORKING EVENT FOR ALL ROTARIANS & their guests

HOT SNACKS PROVIDED (Cash Bar)

FREE PARKING

HAPPY HOUR DRINKS PRICES

GREAT DOOR PRIZES



# December is Disease Prevention and Treatment Month



## Rotary CLUB CHARTER ANNIVERSARIES

### NOVEMBER

- 04 South Bunbury
- 06 Melville
- 09 Southern Districts
- 24 Como

### DECEMBER

- 17 Harvey
- 21 Armadale
- 22 Baldivis
- 24 Bunbury Leschenault

## CONNECTIONS

Governor's Monthly Newsletter

Wayne Milnes, District Governor  
District 9465 Western Australia

To submit an article, please email Newsletter Editor [Giovanna McKay](#) short stories and photos (no more than three) of new members and/or club projects undertaken.

For upcoming events, please email eDigest Editor [Bob Phipps](#)

