



Brightwater

Brightwater Care Group

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**Oats St Wish List-
Giving the Gift of
Independence**
Our Gift Registry



Oats St Wish List – Giving the Gift of Independence

Life doesn't stop after a brain injury, but it does become uncharted territory for most people. Brightwater's work at Oats Street is about people learning to live their lives regardless of the impact of their brain injury. People don't come to Oats St having ended their journey from brain injury, people come here to start living their lives again.

If you would like to support Oats Street, even a small donation can make a difference. Your donation is 100% tax deductible and will provide vital equipment for the expansion of Oats St.

Our Gift Registry

○ Jelly Bean Switch and Universal Adaptor for Call Bell System

These switches are adapted for people who are unable to press the call bell with their hands. It is adapted so clients can call for assistance by pressing the 'jelly bean' with their cheek or shoulder.

\$1,200

○ Motomed

A Motomed is a motorised movement therapy device and is suitable for all clients though is specifically developed for people with high muscle tone (spasticity) and mobility restrictions.

\$8,000

○ Pilates Reformer

A Pilates Reformer will allow physiotherapists to assist clients to improve trunk stability and end of range hip extensions which is essential in walking.

\$4,180

○ Alternating Air Mattress

The mattress consists of cells that are pumped up with air and released in a pattern that relieves pressure and increases comfort for those people who are unable to move in bed.

\$8,000

○ A Set of Long Parallel Bars

The parallel bars will allow for more effective gait retraining with clients. Most of the clients admitted to Oats Street have the potential to walk, however have either not started working on walking, or only just started taking a few steps in their hospital based physiotherapy. Physiotherapists at Oats Street focus on gait retraining with most clients admitted.

\$1,400

○ Bed Sensor Pads

These pads are placed under a clients mattress and alert carers if a client who is unable to get out of bed independently, starts to get out of bed. In this way falls are prevented. Oats St clients often forget that they are unable to stand independently.

\$200 each

○ Spiked Chopping Boards

The boards are used by clients who have the use of only one hand. The spikes hold fruit and vegetables in place whilst they are chopped. The boards increase the client's ability to prepare their meals and therefore increase their independence.

\$100 each

○ Anti Slip Foot Plates for Recumbent Bike

With given unilateral stroke (one sided weakness), the positioning and security of the foot is paramount due to decreased strength and movement control in clients.

\$145

○ Large Triangle Wedge

This item support clients who are in a prone position which allows therapists to work on supported proximal shoulder control while giving increased proximal support to the shoulder joint.

\$329

○ Weight Belt or Weight Vest

This item allows for an increased load to be put through the lower part of the body in a weight bearing position without the need to use hands to hold a weight. Also for use with ataxic clients to assist with trunk control.

\$169

○ Karaoke Machine

The weekly singing group is popular with clients and provides a positive and uplifting environment, a karaoke machine will add to the fun of the experience.

\$300

○ Replacement of Inbuilt BBQ

During spring, summer and autumn evenings, there is often a Friday night BBQ. The current BBQ is past it's best and several gas burners are not working, despite professional cleaning. This event allows clients to build on positive connections through social activity and communication.

\$2,000