Rotary Western Australia

No. 20 28 February 2025

Rotary

February

PEACEBUILDING AND CONFLICT PREVENTION MONTH

"It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it."

Eleanor Roosevelt

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PRIVACY

IMPORTANT NOTICE

Please remember the use of any member information within the District's membership records is for members' internal use **ONLY**.

Do not release member data to anyone outside our Rotary Membership.

Members provide their personal information on the understanding it is kept confidential from external players.

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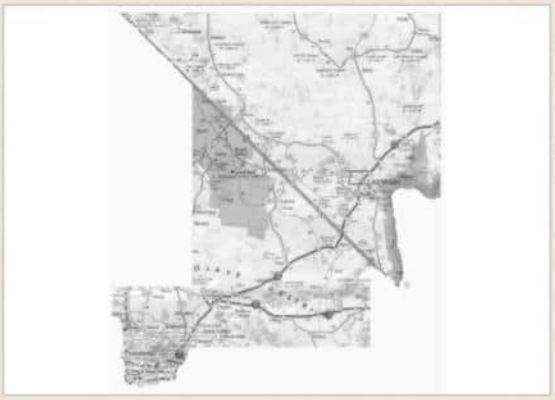
Rotary

DISTRICT 5300

VOCATIONAL TRAINING TEAM



District 5300 extends from Pasadena, California to northern Los Angeles County, and from California's High Desert to Southern Nevada. It is made up of 58 clubs and more than 1,800 members, who, as people of action, are deeply engaged in service to local, regional and global communities.

Here's your chance to meet the D5300 Vocational Training Team and hear team members speak Human Trafficking

Rotary WA Conference - Sunday 30th March

Swan Rotary - Monday 10th March
(link will email David Uhe for more info)

Willetton Rotary - Monday 17th March

Perth Rotary - Friday 21st March

Rockingham Rotary - Monday 24th March

Click on the links for more information & to book

Click here for more information about the Vocational Training Team

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Rotary

Club of Belmont

65th Birthday Celebration

Date: Tuesday, 13th May

Time: 6:00 PM

Venue: Royal Perth Golf Club

Dress Code: Smart & Blue

Tickets $40

Join us as we celebrate **65 years of service, fellowship, and making a difference!**

All members—past and present—are invited for an evening of reflection, connection, and celebration.

RSVP by 1st May 2025 to James at elloyj1510@gmail.com

We look forward to celebrating this milestone with you!

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Rotary Magic @ Margaret River

Rotary Western Australia Conference

Rotary Western Australia Conference
Margaret River
28th—30th March 2025

Cat Levine—Mental Wellbeing Educator —Keynote Speaker

Cat has been speaking for 20+ years about well-being in schools and workplaces and how taking care of your mental wellbeing is an excellent tool from our youngest members of communities, right through to our most experienced! Cat has spoken to over 10,000 children to convey the crucial message that taking care of our mental health and well-being by understanding feelings *will set us up for life* .

Our children are struggling.....

In our complex and changing society, the mental health and wellbeing of our children shapes their success in life.
Young people face an increasing number of issues which can seriously impact their wellbeing

Our children need us now more than ever

What if we could prevent mental health issues right from the start?
***Think and Be Me** programs and education equip children with essential skills for lifelong resilience.*
As Educators, Parents/Caregivers and Community we can help guide them on their mental health journey towards emotional wellbeing for life.

Schools & Educators

Think and Be Me programs provide teacher training and mental wellbeing education for children.
Our programs equip teachers & schools with training & resources they need to help tamariki build essential skills for lifelong resilience.
Developed by a team of experts including teachers, psychologists, and counsellors.

Parents & Caregivers

We know that raising children that are emotionally healthy is important...but unlike finding healthy lunchbox ideas, tools for teaching our kids emotional resilience are not quite as easy to find!
With our fun characters, stories songs and videos and activities you can learn together about all of the BIG feelings and how we can navigate them.

Community

Imagine a world where we all learned to prioritise and nurture our mental wellbeing from a young age...

What would the impact be in your family, workplace & community?

Find out more about getting involved in our children's futures, equip them with essential skills for lifelong resilience.

Cat will also be delivering a public presentation after the conference concludes on Sunday 30th March

Check the draft program here.....Book NOW.....Click here or scan the QR code.

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Interested in running your own Duck Derby?

Heirisson Rotary has ceased running its Duck Derby and is giving away the following to any interested Rotary Club:

- 15,000 yellow plastic ducks in 6 hoppers
- Flotation barrier to corral the ducks during the race
- 2 barbeques

If interested, please contact Don Burnside on don.burnside@iinet.net.au

Heirisson Rotary

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Please join Rotary Means Business (RMBWA) for an enjoyable evening of Sundowner, Discovery and Networking with Chairperson of RMBWA Steven Stanbrook. Get your tickets here:

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https://events.humanitix.com/sundowner-discovery-networking-meeting-another-rmbwa-event

Rotary
Southern Districts

Invitation to all Rotary Clubs in Western Australia

Rotary Southern Districts has been communicating with a Young Man in Ghana for some time. Rashid Alhassan

Rashid is 29 years old, married to Ayisha and lives in Tamale in Ghana.

He is keen to learn more about Agriculture so he can help train others in sustainable Agriculture.

He is Founder of National Youth Integrated Farming Association of Ghana.

He is university educated with good English

He is an involved member of Rotaract having served as President 2018 to 2021

He was Rotaract District representative for Ghana 22 to 23

Rotary Southern Districts are planning to bring him to Western Australia from April to November 2025 and are looking for opportunities from him to work in agriculture during this time,

We need a variety of agriculture experiences for him from Vegetables, Poultry, Fruit and Cereal growing.

Please can any Rotary clubs with members or contacts in All forms of Agriculture be able to help find placings for this young man while her is in Australia.

Our club can only fund his air fares to au and assist with logistics. , there is also an opportunity for any enterprising club to assist to finance his wife to come to Australia .

Air fares are in the vicinity of $4000 return.

Aiyisha is skilled in Finance and Accountancy and seeks to learn more about Accountancy and Finance.

She is

- Analytic, hardworking and a team player in and outside office environment
- Creative and adoptive to new knowledge
- Technical Skills: Microsoft word and android application usage
- Experience working with Ummy Farms an Agritech and Agribusiness company as Financial Assistant
- Language : English (Fluent) Dagbani (Native) Mampruli (Intermediate)
- Hobbies : Riding, playing football and Walking

For further information contact PDG Ric McDonald 0429 080 444 ricmcd46@gmail.com

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Don't miss your chance to win!

Now is the perfect time to save your spot at the biggest Rotary gathering in our region.

The 2025 Rotary South Pacific Conference is an amazing opportunity to expand your Rotary network and learn from inspiring speakers. All Rotary and Rotaract members, and alumni of Rotary programs, are welcome to attend.

If you register before 30 June 2025, you'll not only pay a reduced early bird rate for the conference, you'll automatically go in the draw to **win two free tickets to the Gala Dinner on Saturday 1 November**.

One lucky person will have the cost of their Gala Dinner ticket – and that of another attendee – reimbursed or covered. **That's almost $200 worth of tickets for free!**

Register now for your chance to win.

Good luck!

Register now

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Rotary Club of Karrinyup

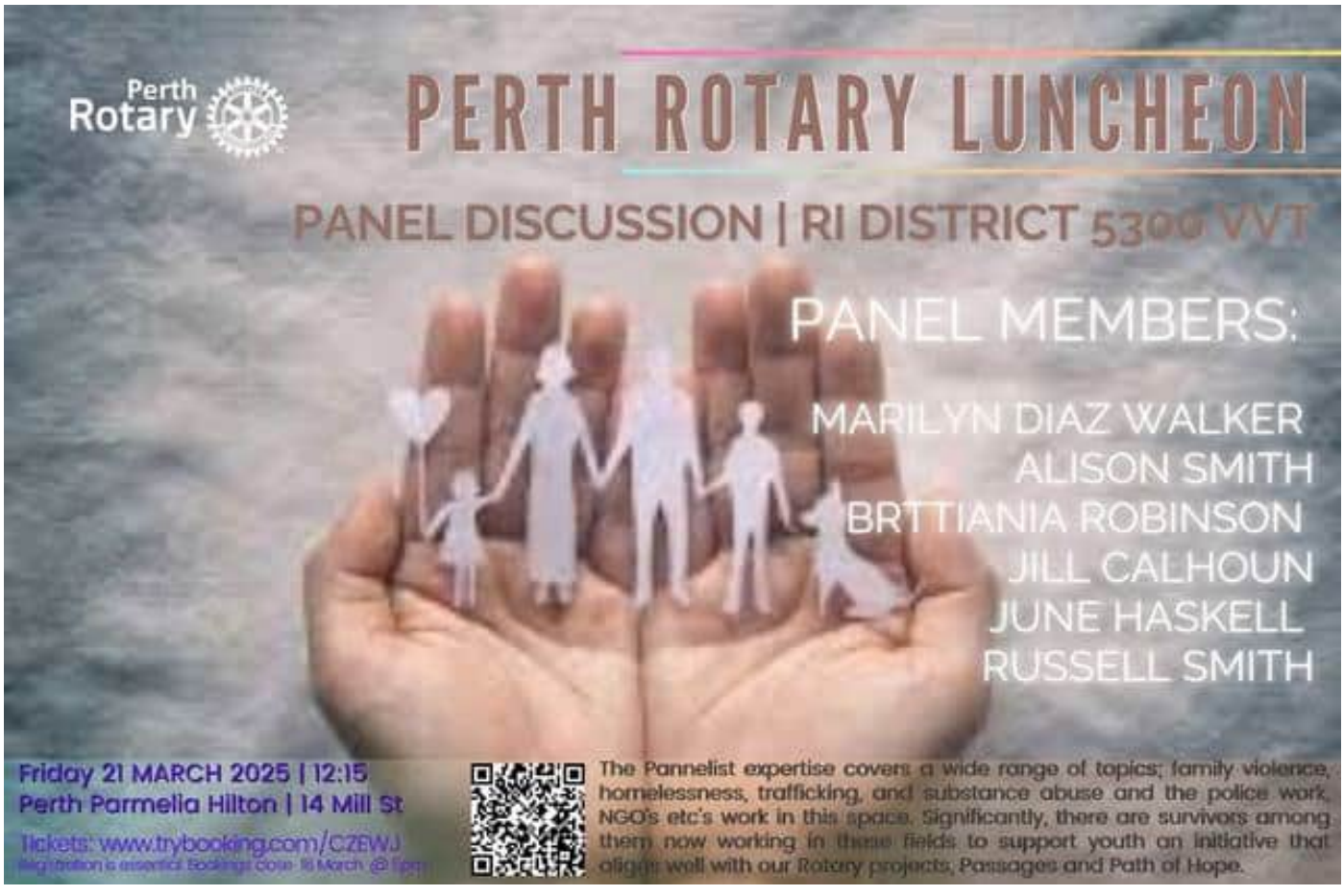
Michael Chin Humanitarian Award 2025

Do you know an amazing person, who inspires others and deserves to be recognised? If so we would love to hear from you.

Nominations are called for the Karrinyup Rotary 2025 Michael Chin Humanitarian Award. Individuals living or volunteering in humanitarian activities within the City of Stirling area may be nominated with the intent that the recipient or activity be local to the Rotary Club of Karrinyup. Read more and download the nomination form from the Karrinyup Rotary website or scan the QR code. Nominations close 28 March.

Read more about the Michael Chin Humanitarian Award 2025

Download the Nomination Form



RYPEN

Rotary Western Australia

CAMP DETAILS

- **2nd - 4th May 2025**
- **Rotary Sponsorship:**
- $340 per participant

RYPEN (Rotary Youth Program of Enrichment) is a weekend camp for 14 to 17 year olds, with a focus on "Fun with a Purpose".

- Communication
- Problem Solving
- Leadership
- Make Friends
- Have Fun!

CONTACT DETAILS

RYPEN Chair: Roy Philbin
Email: rypen@rotarywa.au
Phone: 0418 948 847

fb.com/rylawa

A project of Rotary in Western Australia

Click here for application form and information

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CAN ANYONE ASSIST?

DO YOU HAVE ANY PHOTOS OF ROTARY EVENTS HELD AT FONTY'S POOL

I'm researching my Fontanini family history and wonder if any of your members may have old photos of Fonty's Pool, Manjimup Especially of the Rotary Carols by Candlelight events held there 1960, 61 & 62. The Manjimup Branch don't have any photos of this. The Rotary State Conference was held in Manjimup 1964 and an evening meal was provided at Fonty's Pool 15 March where colourful water fountains were used as a backdrop, like in the C by C events. Fonty's Pool will be 100 years old this year, since first opening and we are writing a book on the history of my grandfather.

Please contact Lee—lfontanini@westnet.com.au

WHERE IT ALL BEGAN:
FONTY'S POOL

Fonty's Pool has been a gathering point for the Manjimup community for almost 100 years

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The Rotary Club of North Perth are excited to welcome you back to Perth longest running free community event, the Hyde Park Festival 2025!

For the 37th year, the Festival is set to bring all your favourites along with some new and exciting activations for families to enjoy. The Hyde Park Festival is free for every family member including your four-legged friends, with over 50 food stalls, 200 market stalls, rides for all ages, and free activations for families to get involved in (including your favourite animals).

This year's Festival is raising money for Australian Rotary Health with a major focus on mental health.

2025 Highlights:

- Free Yoga to start your day, each day!
- Live entertainment including Talent in the Park
- Show bags
- Rides for all ages
- Free activations for the kids
- Handmade stalls
- Food from across the globe
- Adventure obstacle courses for the kids
- The favourite Rotary Sausage Sizzle and Rotary Cafe

Rotary North Perth

Did you know we are offering a free shuttle bus? Feedback from last year's event has helped us to provide this initiative. See the website for more information.

A huge thank you to our sponsors who continue to support this free community event:

Lotterywest	Road Safety Commission
City of Vincent	Bendigo Bank North Perth

www.hydeparkfestival.com.au

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Rotary North Perth | HYDE PARK FESTIVAL – FAMILY • FOOD • FUN

Australian Rotary Health | Rotary Districts of Australia | LIFT THE LID on mental illness

HYDE PARK FESTIVAL 2025 – Prototype Mental Health Fair

"BE KIND TO YOUR MIND" Happiness Hub

North Perth Rotary has agreed to ARH WA prototyping a mental health fair within Hyde Park Festival this year (Labour Day long weekend - Sunday 2-Monday 3 March 2025).

At its core this 'pop-up' fair will comprise up to 12 one-hour panel sessions, over mornings and afternoons of the two days. **Panelists are invited** from local service providers, support groups and advocacy bodies, people with lived experience, and Rotarians, who have understanding of the latest best practice and research in each session topic. Panel sessions* proposed include:

- Perinatal & Infant Mental Health
- Parenting & Growing Childhood Resilience
- Family & Community Trauma
- Teen Mental Health
- Men & Boys Mental Health
- Building Mental Health Awareness
- Local, Support, Therapy, Advocacy & Service Providers
- Ageing & Mental Health
- Option/s Open …

We will also be holding a one-hour community mental health open forum on each day, and a closing networking session. One session has yet to be resolved, so if you have suggestions please let us know.

We **welcome relevant speakers** for panels on each of these family and community mental health sessions, and any local groups in the mental health space can be involved. If you are passionate about family and community mental health, or know people with expertise in these areas, please contact us at ARHWAteam@gmail.com before Australia Day.

We also need **relevant children's activities** (and responsible supervisors for children), so parents can attend and engage with panels, for up to an hour each session, without undue distractions. All ideas and volunteers are welcomed (adults should have a current Working With Children card).

CALL TO ACTION!

Thanks!

Jerry Pilcher & Warwick Smith
for ARH WA team

** Please note that some of these topics have been covered by research funded by Australian Rotary Health – others have not.*

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February was an absolute legend Cockburn Rotary Fun Quiz at BARC. The questions were challenging, the raffles fantastic, the friendly fun atmosphere outstanding. The winners loved their prize. ENJOYABLE fun night. So save the date March 6 is the next Fun Quiz night.

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COLLIE ROTARY ADVENTURE RACE 2025

15 MARCH 2025

MINNINGUP POOL, COLLIE

Kayak 10km MTB 23km Swim 1km Run 11km

Entry Fees: Individual $160 Team $200

For entry and further information go to:

www.collierotaryadventurerace.com

Collie Rotary

#Have a Go. Take the Challenge.
Be part of the Adventure.

Proudly sponsored by

Community Bank Collie Bendigo Bank

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MANAGED BY THE YANCOAL AUSTRALIA GROUP

T&R CONTRACTING

Adventure Connections · Betta · Collie Chiropractic · CRVMC · Collie Trails Retreat · Crank'n · CTEC Mechanical · Ian Guppy & Co Smash Repairs · Rick Wilson MP · Dr Steve Thomas · White Building

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Brighten up your garden with some flowering bulbs. Funds raised are donated to one of our Rotary Club of Western Endeavour community projects. Watch this space for an update of which project after 18th February.

Catalogue link **https://bit.ly/4jObbc2**

Editable order form link **https://bit.ly/42IvF00**

How to order link **https://bit.ly/4gsxhOC**

Contact Judy by phone of 040 3173040 or email judyrotary9455@gmail.com if you have any queries.

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THANK YOU ROTARY WA

3,000+ Hampers ($150K+) in 2024

$1.1+million (or 38.4K hampers) since 2012, or

Over 150,000 people in dire need helped

Rotary community groups, clubs and Rotarians, *Give a Feed* is available to talk in April-May, about the 2025 festive season campaign. Please include it in your planning for the coming Rotary year. This is a great project for engaging with local businesses and those working in the professions and trades across our local communities.

Warwick Smith

Rotary WA *Give a Feed* Coordinator

Warwick.GAF@gmail.com

www.giveafeed.com.au

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REGISTRATIONS NOW OPEN

Rotary
Canning River

walk

for LIFELINE WA
&
Rotary Projects

Rotary Walk is administered by
Rotary Canning River inc.

Sunday 6 April 2025

There are two Walks to choose from and both will start and finish at McCallum Park in Victoria Park.

The Narrows Circuit commences at 4pm and the Langley Park Circuit commences at 4:30pm and both finish by 6pm.

The Rotary Walk for Lifeline is a fundraising and awareness initiative by Rotary Canning River.

We welcome participation from Individuals, Families, Friends, Community Groups, Sporting Organisations, Schools & Businesses.

Registration Fees

Online Registration Only

Adult $20
Child (U16) $15
Child (U5) Free
Family $40

* Family is 2 adults + 2 children

walk
For LIFELINE WA and other Rotary Projects

Start and Finish at McCallum Park

10km Walk
Starts 4pm

5km Walk
Starts 4.30pm

LEGEND
5km walk
10km walk
Toilets
Water Stations

www.rotarywalk.org.au

Sponsors: Rotary Canning River, Square18.com.au

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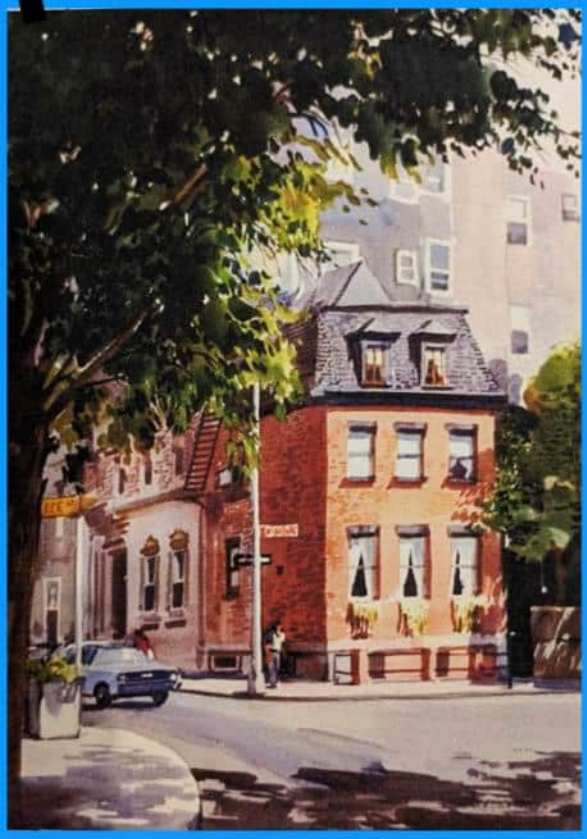
Presented by The Rotary Club of Melville

Rotary Melville

Online ART SALES



Artists

No cost to list your art

Commission on sales goes directly to Rotary Initiatives

Buyers

Snap up the next Mona Lisa

Sign up now

rotaryartmarket.com.au

THE MAGIC OF ROTARY

Enquiries and help

hello@rotaryartmarket.com.au

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Rotary

Rotary Club of Mt Lawley

QUIZ NIGHT

Raising Funds for Local Community Projects and Bali's Hope Children's Home Orphanage

Saturday 3rd May

Location: The Rise, 28 Eighth Ave, Maylands.

Tickets $160 per table - organise a table of 8 today!

Win great raffle prizes, plus purchase a bargain in our silent auction!

Bring gold coins for loads of fun games on the night.

Help raise funds to support Rotary Community Projects.

Doors Open 6:30PM
Starts at 7:00pm
BYO Snacks. Drinks Sold from Bar
Ticket Queries: hello@rotarymtlawley.org.au

Buy tickets at: http://bit.ly/4gaRw3a

Or scan the QR code to buy tickets

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ROTARY RIDERS

11 & 12 October 2025

RIDE TO CONQUER CANCER

HARRY PERKINS INSTITUTE OF MEDICAL RESEARCH

Vale Booragoon Rotarian Sue McKay. Have you lost friends or family to cancer?

Team Rotary Riders is once again gearing up to raise funds for the Harry Perkins Cancer Research Institute. In 2024, combined teams successfully raised an impressive $10.3 million!

In 2025, the Booragoon Rotary Club will continue to coordinate Team Rotary Riders, both in preparation and during the 200 km ride. We invite you to share this message with your members, encouraging them to join the ride or make a financial contribution. Last year, Booragoon Club generously donated $1,000. Contributions from individuals and clubs are greatly appreciated in 2025.

The big ride is in October 2025. I will be riding again, proving that age is no barrier to making a difference. It's a ride, not a race.

https://www.cancer200.org.au/join/RotaryRiders2025

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Rotary Booragoon

Register here:

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