



**Rotary**  **The Rotary Club of Kwinana Inc.**  
**District 9465 Western Australia**  
**Chartered: 22 April 1971**

**Team 2018-19**

**President**  
**Stephen Castelli**

**Secretary**  
**Brian McCallum**

**Treasurer**  
**Bob Cooper**

**Attendance this week**

**Total Members** 26  
**Apologies** 1  
**Make-up** 0  
**Attended** 22  
**Honorary Member** 1  
**LOA** 4  
**Guests** 2  
**Visitors**  
**Partners**

96.%

**Facts & Figures**  
**Raffle**  
**Lee & James**

**Heads & Tails**  
**Ian C**

**Birthdays:**  
**Carol Adams 15<sup>th</sup>**

**Anniversary:**  
**Barry & Sam 11<sup>th</sup>**  
**Winmar**

**Club Anniversary:**

**If you had any we hope**  
**you had a good day**



Meets Monday  
 6 for 6.30pm  
 At Rotary Hall

Brownell Crescent, Medina

Visitors always welcome



**President Stephen**

**Bulletin**  
**No 02 9<sup>th</sup> July 2018**



Tonight was President Stephen's first meeting of the new Rotary Year, we wish Stephen all the best and pledge our support throughout his year.

We welcomed Ross Grafton from the Rotary Club of Rossmoyne and Lisa Hercock former exchange student originally from Manjimup, now living in Golden Bay. Ross is the very passionate and current District 9465 Youth Exchange chair. Ross and Lisa were visiting us to promote the Youth Exchange program. Most of our older club members were fully aware of the benefits of hosting an overseas student over the year they are in our care. Over time our club would have hosted up to 15 students from all corners of the globe.

We recently had a visit from a former Japanese student Shineya Matsuo and his wife Yuko, Shineya was hosted by our club in 1976. Our last student would have been Justine Piette from Belgium who left us in July 2006, we have not hosted since that time.

This week on Thursday 12<sup>th</sup> we have one of our regular 'Sausage Sizzles' at Bunnings, PP Max and Diane and PP Ed and Anne are currently dragging their respective caravans' around Australia, we wish them safe travels.



**Rotary International President**  
**2018/19**  
**Barry Rassin**  
**Rotary Club of East Nassau**



**District Governor**  
**9465**  
**2018/19**  
**Robin Yates**

**Coming Events July 2018**  
**Start of the new Rotary Year**

**July 2018**

Thu 12<sup>th</sup> Board Meeting Rotary Hall 6pm  
 Board meetings to be held on 2<sup>nd</sup> Thursday each month

Mon 16<sup>th</sup> Club Meeting

Mon 23<sup>rd</sup> Club Meeting

Mon 30<sup>th</sup> Club Meeting

**Attendance Officer:**  
**Greg Williams 0435 083 069**  
**Apologies by Saturday pm please**



Rotary 

PRESIDENT  
2018-2019

**Stephen Castelli**

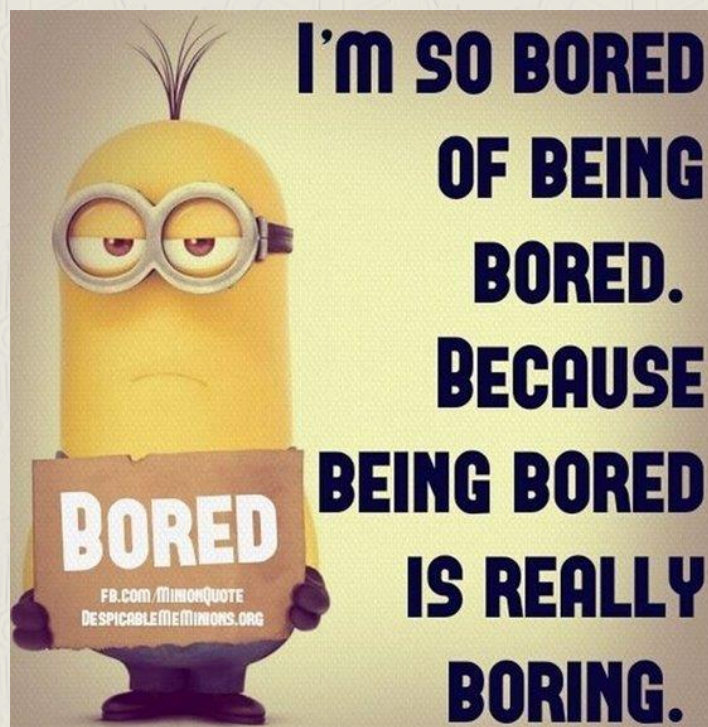
President's Pen



1<sup>st</sup> July 2018

### President Report

- Welcome back Bevan Piper. Good to see your smiling face back on-deck
- DG's visit – Monday the 3<sup>rd</sup> of December. This is the day after the Club's Christmas Party at the Adventure Playground
- Board Meeting – Reminder that the board will meet this Thursday 12<sup>th</sup> of July at 6pm. Please advise Secretary Brian of any agenda items
- I am impressed by the 95% attendance at my 1<sup>st</sup> meeting. Is this just to test me to see if I will bring a bottle of Port?



**Adult: A person who has stopped growing at both ends  
and is now growing in the middle**



## President Elect Wendy Cooper



- Congratulations Steve on your first meeting that run smoothly and was enjoyed by all.
- Successfully completed my first bread run on Friday.
- It was pleasing to see Ross Grafton and Lisa at the meeting to refresh our interest in Youth Exchange.  
Have you thought about whether you would host a student? If you haven't, please do give it some thought. The rewards outweigh the limiting factors. Maybe we could share with a country club and have only 6 months.

### *Wendy's Weekend Wanderings*

Sunday 5<sup>th</sup> August

1:15 pm meet at the carpark behind Woolworth's on the Strand, Wellard Village.(that is the south side)

1:30 pm Carpool (if necessary due to limited parking) for a short trip of 2 minutes to the corner of Ebrington Rd and Somerford Prom.

1:35 – 2:30pm walk through the bush of Leda Reserve

2:30 pm return to parking area

2:35 pm meet at Bliss Momos for fellowship.

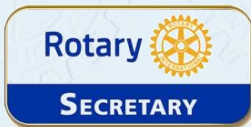
### Changing of the Guard



DG Robin meets with RI President Barry Rassin & Esther



PDG Bruce Lynch with DG Robyn Yates



## PP Brian McCallum



### Inward Correspondence.

- Rotary Down Under. Pro-Rata Subscriptions. Diane Brown.
- The Rotary Foundation. Annual Fund Share.
- Government of WA. Vehicle Licence 1TBK183.
- Bendigo Bank Statement. A/C 133557108.

### Outward Correspondence.

- Four Way Speech Contest Letters forwarded to 3 Local High Schools.
- Letter forwarded to Gavin Denz. Acknowledgement of Resignation as Member.

Would members please note that any correspondence received or posted by yourself, please ensure a copy is forwarded to your Secretary.



## PDG Bob Cooper



Bills paid, money in the ban

Club Invoices have been sent to all members, please pay at your earliest convenience.

The club Profit & Loss Statement will be shortly be available for members to view on ClubRunner. See Club Documents.

**Friendship is like money, easier made than kept**



Club Projects Director  
PDG John Iriks



PP Ian Critchley  
Foundation Dir.



PP Edd Samut  
Membership Dir.



PP James Sharkey  
Public Relations Dir.

### Project Director's Report.

Standing Orders 2018/19 were accepted with a unanimous vote at our club meeting Monday 09/07/2018.

Members are able to view document on ClubRunner.  
(see Club Documents)



Rtn. Michael Metcalf  
Community

### Community

- The future of Wellard Markets continue to be debated.
- The World Cup Sweep. Semi Finals.  
Mike Nella – France, Dave Brown – Belgium  
Norm Mc – Croatia, Lee-Mike Metcalf – England



PP Bob Thompson  
Vocational

### Vocational

- Letters forwarded to local High Schools re: 4 Way Speech Contest. Training will be offered, outside school hours.



PP. Max Bird  
International

### International

- Awaiting outcome of application for another global grant.



PP Genevieve Carr  
Youth

### Youth

- Will be seeking candidates for RYPEN, RYLA and Handicamp, some possibilities already.

**Visit your club webpage.**  
<http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106>  
or type Kwinana Rotary Club into 'Google'



**Fine Session: Sgt. Norm Mulcahy**

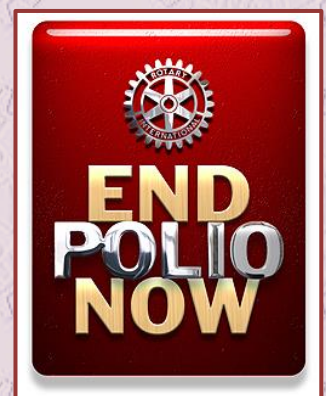


- Bob & Wendy: Seen holding hands out the back??
- Brian Mc: Moving chairs around the Top Table.
- Mike Nella: Seen having 4 beers at his last meeting as President, drinking water tonight???
- Brian Mc: Got Norm Mc's name wrong on his certificate.
- Bob & Wendy: Recently purchased a new bed, (could be associated with fine 1?)
- Norm MC: Wore a 'skirt' to changeover, and also left the wooden spoon behind.
- James S: Dinner tonight, seen out to lunch as well today.
- Chris O: Chris fined himself, while on the Santa Lolly Run last year an elderly lady gave the team a Christmas Card, inside was a \$10 note, Chris has only just found it and passed it on tonight.
- Mike and Cyril: High tailed it up to Alcoa Booragoon to pick up some cabinets donated to our club, the person to meet, nowhere in sight. That person was President Stephen.

**Polio This Week July 2018**

Polio this week as of 03 July 2018 Tens of thousands of Rotarians met last week in Toronto, Canada, for the annual Rotary International Convention. Polio eradication was again front and centre at this year's event Addressing the Convention. WHO. Director-General Dr Tedros Adhanom Ghebreyesus thanked Rotarians for their leadership in bringing the world to the brink of being polio-free, and asked for a doubling of efforts to cross the finish line once and for all. On the convention's final day, Justin Trudeau, Prime Minister of Canada, was presented with Rotary's Polio Eradication Champion Award in recognition of his leadership and Canada's contributions to polio eradication.

Summary of new cases this week: An advance notification has been received of one new wild poliovirus type 1 (WPV1) case in Afghanistan. Three new WPV1 positive environmental samples have been reported from Pakistan. One circulating vaccine-derived poliovirus type 2 (cVDPV2) positive environmental sample has been reported from Nigeria. An advance notification has been received of one new cVDPV2 positive contact in Somalia.





Guest Speaker: Ross Grafton & Lisa Hercock



What is Rotary Youth Exchange?

Reciprocal Student Exchange between two Countries, Students 15 – 18 years of Age  
Sponsored & Hosted by Rotary Local Clubs.

Host Families

You do not need to be a Rotarian or have a sibling participating in the program to be considered as a suitable host family.

There is no typical family structure required. An acceptable family might have small children, older children or no children living at home. All that is expected is that a caring and friendly family and home atmosphere is provided.

Exchange students are between the ages of 15 years and 18 years and will be attending a secondary school in the area of the host club. Host families voluntarily open their homes to these students for periods of approximately three to four months. This time provides an opportunity for everyone to develop a lifetime of friendships, to learn a different culture and to gain many other rewarding experiences.

As Rotary Youth Exchange Student you will have:

An Opportunity to develop your personal self-confidence and maturity, a lifetime of international friendships, a real understanding of many different cultures, new language skills, a base for future education and career goals and an opportunity to develop in many ways.

There are many club benefits also, the ability to connect with the students overseas family and sponsoring Rotary Club, network with other host clubs in our District, attend events and functions for outbound and inbound students. Gain personal satisfaction in student change and growth.

Lisa Hercock told us something of her experiences as an Exchange Student to Belgium some years ago, Lisa originally from Manjimup went to Belgium sponsored by the Rotary Club of Manjimup. Lisa said she was very excited to be chosen, thoroughly enjoyed her time there, also said it took a couple of months to gain some grasp of the French language. She stayed with some amazing families in a small town near Liege. Lisa still corresponds with ex Rotary Exchange students she met during her year away.



Ross Grafton, Lisa Hercock with Kwinana President Stephen Castelli

# 1000 km Challenge South Bunbury Rotary



## The Team Tony Critchley, Jo & Dave Castro

The Challenge: To cycle 1000 km around the South West of WA, to raise \$20k for Solaris Cancer Care and Australian Rotary Health, Lift the Lid on Mental Illness visiting Rotary Clubs across the South West.

- Day 1: Bunbury to Busselton
- Day 2: Busselton to Margaret River
- Day 3: Margaret River to Nannup
- Day 4: Nannup to Manjimup
- Day 5: Manjimup to Rocky Gully
- Day 6: Rocky Gully to Mt. Barker
- Day 7: Mt. Barker to Albany
- Day 8: Albany to Stirling Range
- Day 9: Stirling Range to Broomehill
- Day 10: Broomehill to Kojonup & Katanning
- Day 11: Katanning to Wagin
- Day 12: Wagin to Collie
- Day 13: Collie to Bunbury

Altogether they cycled 1011km, climbed 5337metres, total cycle time 49hrs 52 minutes.

Tony Critchley President 2018/19

Rotary Club of South Bunbury

Footnote: Tony is Brother to our PP Ian Critchley





## AUSTRALIAN ROTARY HEALTH WELCOMES SUPPORT FROM HBF FOR LIFT THE LID ON MENTAL ILLNESS: YOUNG MINDS MATTER FORUM

Australian Rotary Health is pleased to announce that health fund [HBF](#) will be joining our mission to [Lift the Lid on Mental Illness](#), by supporting our upcoming [Young Minds Matter Mental Health Community Forum](#) and cocktail and networking event with special guest **WA Governor Kim Beazley**.

We'd be delighted if you would to join us on **Wednesday July 25 2018** at **UWA Club Crawley** for an evening that focuses on the importance of research into youth mental health.

### Why is this important?

Every year 1 in 5 Australians suffer a mental illness, with **suicide being the biggest killer of young Australians**. **Through research, we hope to change these figures.**

Our key note speaker Associate Professor David Lawrence (Principal research fellow in the Graduate School of Education, UWA) says mental disorders are among the most common and disabling health conditions affecting children and adolescence today.

"Young Minds Matter surveyed over 6,000 families with children aged 4-17 years around Australia. We examine how mental disorders impact children's development and learning, and what types of help children need, and receive," Associate Professor David Lawrence said.

You can help continue the conversation about mental health by attending the ***Lift the Lid on Mental Illness: Young Minds Matter*** and be inspired just as those who attended last year were.

### Here are the details:

When: Wednesday 25<sup>th</sup> July, 2018  
Time: 6pm for 6.30pm start  
Where: UWA Club Crawley  
Tickets: \$40 Adults, \$20 Students

To book your tickets, click on this link  
: <https://www.trybooking.com/VUTX>

It will be a great and informative night!

Yours in Rotary Service

David Honeychurch  
ARH Representative  
RI District 9465

DISCUSSING MENTAL HEALTH TREATMENT OPTIONS FOR YOUNG PEOPLE

WHAT ARE AUSTRALIAN ROTARY HEALTH RESEARCHERS DOING FOR YOUTH MENTAL HEALTH

TICKETS AVAILABLE VIA TRYBOOKING  
\$40 ADULT  
\$20 STUDENT

KEYNOTE SPEAKER  
A/PROFESSOR DAVID LAWRENCE  
University of Western Australia

LIFT THE LID ON MENTAL ILLNESS:  
**YOUNG MINDS MATTER**

AUSTRALIAN ROTARY HEALTH ADDRESS & COCKTAIL PARTY  
6.30PM WEDNESDAY JULY 25TH 2018  
THE UNIVERSITY CLUB, UWA

Book tickets here: <https://www.trybooking.com/VUTX>

hbf Making healthy happen

Rotary Districts of Australia

LIFT THE LID ON MENTAL ILLNESS

An **Old man** had **8 hair** on his head.

He went to a Barber shop.

**Barber in anger** asked:

shall I cut or count ?

**Old man smiled** and said:

"Colour it!"

**LIFE** is to enjoy with whatever

you have with you,



**Geezer  
Punches!**

I was unfaithful to you once.  
With some redhead. In the  
men's room of a pool hall in 1971.  
I was drunk.

That  
was me.



I now pronounce you  
husband and wife!  
You may update your  
Facebook status!



inheritthemirch.com ©2011 Cuyler Black

An elderly woman went into the doctor's office. When the doctor asked why she was there, she replied, "I'd like to have some birth control pills."

Taken aback, the doctor thought for a minute and then said, "Excuse me, Mrs. Smith, but you're 75 years old. What possible use could you have for birth control pills?"

The woman responded, "They help me sleep better."

The doctor thought some more and continued, "How in the world do birth control pills help you to sleep?"

The woman said, "I put them in my granddaughter's orange juice and I sleep better at night."

### Makeup opportunities

Rockingham  
Palm beach  
Baldivis  
Cockburn  
Byford & Districts

Monday  
Wednesday  
1<sup>st</sup> & 3<sup>rd</sup> Mon  
Thursday  
Monday

6pm for 6.30  
6pm for 6.30  
6.30pm for 7.00  
7.15am for 7.30  
6.15pm for 6.45

Rockingham RSL Club  
Ocean Clipper Inn  
Peel Manor House  
Cockburn Seniors Centre  
Byford Tavern, South W Hwy

Rotary Club of Kwinana Inc  
Contributions welcome: [eblogg@bigpond.com](mailto:eblogg@bigpond.com)