



Team 2016-2017

President
Max Bird
Secretary
Brian McCallum
Treasurer
Bob Cooper

Attendance this week

Total Members 29
Apologies 8
Make-up 4
Attended 17
Honorary Member
LOA
Guests
Visitors 3
Partners
72.4%

Facts & Figures
Raffle
Edd and Lee

Heads & Tails
Marilyn Martin

Birthdays
Ian C – 23 Nov
Deryl W – 4 Dec

Anniversary
Bevan & Trish – 22 Nov
Rob & Gabriella – 22 Nov

If you had any we hope
you had a good day



Meets Monday
6 for 6.30pm
At Rotary Hall
Brownell Crescent, Medina

Visitors always welcome



The Rotary Club of Kwinana Inc.

District 9465 Western Australia
Chartered: 22 April 1971



President Max

Bulletin

No 19 21 November



Greetings to all,

Whilst 2016 is steadily drawing towards an end, our club remains very busy with the range of upcoming events. This Saturday will be the Combined Zone 4 Meeting at Cockburn, where we will have the opportunity to meet with Rossmoyne, Willeton, Fremantle and Cockburn. Since the establishment of this new group arrangement, we have developed good friendships with these clubs, despite our initial disappointment at no longer being grouped with Rockingham and Palm Beach Clubs. AG Barry Berger has done a lot to enhance fellowship and support within the clubs in Zone 4, and so Saturday should be a very enjoyable occasion.

In December we have the Restaurant Meeting at the Steel Tree Restaurant in Baldvis (good choice of venue). After some fine dining here, we will then be rolling up our sleeves for more BBQs, markets, and preparing for Christmas Day lolly run. In between all of this activity, the regular bread run and breakfast club at Gilmore College will still be occurring.

Leading us through all of this activity will be Acting President Mike Nella. President Max Bird and Diane will be away for three months as they will be caravanning across the country. Max has been giving regular updates of their exploits via Facebook. (This one-time opponent Facebook has now discovered that it has its advantages!)

Very pleased to hear that Jo Thompson will be home from hospital this week. Our best wishes to her and Bob during this time.



Rotary International President
2016-2017
John F Germ

Rotary Club of Chattanooga

District Governor
9465
2016-2017

Linda McLerie



Coming Events

November – Foundation Month

Sat 26 Nov Zone 4 Combined Meeting

Mon 28 Nov No Meeting

December – Family Month

Mon 5 Dec Restaurant Meeting

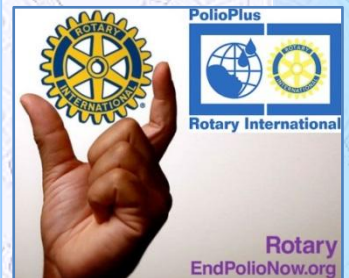
Fri 9 Dec BBQ @ Calista Oval

Sat 10 Dec Twilight Village Markets @ Wellard

Mon 12 Dec BBQ Meeting

Sat 17 Dec Christmas Meeting

Attendance Officer: Greg Williams 9419 5834
Apologies by Saturday pm please



THE ROTARY 4 WAY TEST

of things that we think, say or do.

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERNED?

Club President 2016 – 2017 Max Bird



President's Pen



President's Report

1. The Combined Zone 4 dinner is fast approaching. This is the annual dinner of the clubs and should be a great night; details are on ClubRunner, and we need to let Cockburn know numbers attending from Kwinana very shortly. I have passed around the club registration sheet. I have also advised them of 14 people from our club will be attending at this stage.
2. C.O.K is hosting a pop up activation event on Calista Oval on Friday 9 December from 3pm – 7pm. They are hoping for crowds of about 1500. They are looking for a food vendor (hopefully Rotary) to sell some food.
1. Please support James Sharkey and Bob Thompson with the Bunnings sausage sizzles, and John Iriks with the Wellard Markets.
2. The Rotary Club of Rossmoyne has asked for help with the upcoming Job Seekers' Workshop at Kennedy College on Tuesday 29 November. An e-mail has been sent to all members.



International

The international Committee has carried out the following:

- Good news: GG1639026 has been approved by Foundation. I have already submitted the Rotary Club of Kwinana Foundation bank account details and signed the legal agreement. The President of the Rotary Club of Dili Lafaek should also authorise the legal agreement on Sunday 20th November. Hopefully we will then have the monies in the bank in a couple of weeks.
- GG 1640204 has been submitted to Foundation and we are still answering questions. I have resubmitted a couple of documents, and hopefully will have an answer shortly.
- Latest report from Timor-Leste is on ClubRunner for all to see. Please log onto ClubRunner; go to Club Documents/Project Management/International/East Timor and open (Report 12th September to 31st October 2016).

Max Bird



Club Service: PP Mike Nella



- There will be no meeting on Monday 28 November due to the Combined Zone 4 Meeting on Saturday 26 November.
- Monday 5 December will be a restaurant meeting at the Steel Tree Restaurant in Baldvis. There is a special on for that evening: if guests bring a partner, the partner will be charged 50% of the cost of the meal!



Secretary: PP Brian McCallum



Inward Correspondence

- Tax invoice from North Parmelia Primary School! (We have already sent them a donation cheque.)
- Invitation from KIC for representatives from our club to attend the Annual Christmas Dinner for managers
- Second invitation from Median Primary School to attend their Year 6 Graduation.

Outward Correspondence

Would members please note that any correspondence received or posted by yourself, please ensure a copy is forwarded to your Secretary.



Treasurer: PDG Bob Cooper



No report

November is Foundation Month

ROTARY FOUNDATION NAMED WORLD'S OUTSTANDING FOUNDATION FOR 2016

The [Association of Fundraising Professionals](#) has recognized The Rotary Foundation with its annual Award for Outstanding Foundation.

The award honors organizations that show philanthropic commitment and leadership through financial support, innovation, encouragement of others, and involvement in public affairs. Some of the boldest names in American giving — Kellogg, Komen, and MacArthur, among others —are past honorees.

“We are honored to receive this recognition from the AFP, which gives us even more reason to celebrate during our Foundation’s centennial year,” says Rotary Foundation Trustee Chair Kalyan Banerjee. “The continued strong support of Rotary members will help us keep our promise of a polio-free world for all children and enable the Foundation to carry out its mission of advancing world understanding, goodwill, and peace. We look forward to another 100 years of Rotary members taking action to make communities better around the world.”

The announcement came on 15 November, known to industry professionals since the 1980s as National Philanthropy Day. The award will be presented in early 2017 at the AFP’s annual conference in San Francisco.

Rotary Foundation Trustee Chair-elect Paul Netzel is set to accept the award on Rotary’s behalf, and Eric Schmelling, director of fund development at Rotary, will speak at the conference. The event is expected to draw more than 3,400 senior-level fundraising professionals from 33 countries.

“While almost everyone is familiar with Rotary, not everyone may realize just how much of an impact Rotary and The Rotary Foundation have had on countless people and communities across the globe,” says Jason Lee, AFP president and CEO. “On behalf of the entire charitable sector and people around the world, all of us at AFP are honored to be able to recognize The Rotary Foundation as our 2016 Outstanding Foundation.”

AFP’s committee of judges cited Rotary’s comprehensive campaign to eradicate polio as a major driver of the selection. They also mentioned that Rotary applies a methodical, purposeful approach to support a wide variety of causes, from providing clean water to educating the next generation of peace professionals.

Rotary News
15-Nov-2016

- www.rotary.org



PDG John Iriks
Club Projects Director

Club Projects Director PDG John Iriks



PP Ian Critchley
Foundation



PP Edd Samut
Membership



Michael Metcalf
Community

Project Director's Report Community

- We have a number of upcoming BBQs. A big thanks to PP James for agreeing to take on the role of manager for these BBQs, whilst the Community Service team will organize the events.
- On Friday 9 December the COK is organizing a "Pop-up Activation Event" at the Calista Oval. This event is scheduled to run from 3pm until 7pm. They are wanting us to run a BBQ with a view to feeding up to 1500 people.
- The Twilight Village Markets at Wellard will be held on Saturday 11 December from 5-8pm. As the Rotaract crew will not be available to run a BBQ, seeking Rotarians to do the job. Please see John Iriks if available.
- No further news on the Classic Car Show, other than confirmation that the Kwinana Motorplex will permit us to run the event at their venue.



PP Genevieve Carr
Vocational

Vocational

- No report



Pres. Max Bird
International

Youth

- Have application forms for RYLA and Handicamp; looking for suitable candidates.

Membership

- We have another two new members in the pipeline – Nick Edwards and Barry Winmar.



Lorraine Lucas
Youth

Foundation

- See report on Page 4.
- Swimathon 2017: still awaiting confirmation from Kwinana Recquatic Centre for approval to run the 2017 Rotary Swimathon on Sunday 26 February 2017.
- See further information about post-polio syndrome on Page 9.

Public Relations

- We have appeared again in this week's issue of *Rotary Out West!*



PP James Sharkey
Public Relations

Visit your club webpage.

<http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106>

or type Kwinana Rotary Club into "Google"



Fine Session

As we were minus a Sergeant for this week, there were only a few cross-fines which included:

Bevan: Dressed very smartly!

Mike N: John Iriks contacted the Italian Embassy to make a query about his visa, and received an answer in Italian!!!

Edd: Trying to lead Cyril astray!

All members for letting our three guests sit alone at their table!!!

Ann Samut's post on Facebook:

Edd being a pain and trying to tempt Cyril with his desert while Cyril is being good on his diet



"There have been 32 polio cases worldwide this year — four in Nigeria, 16 in Pakistan and 12 in Afghanistan. Of the Afghan cases, four — Khaksar and three others — are from this half-a-square-mile cluster of farming villages, home to about 1,000 people." Via [Los Angeles Times: http://lat.ms/2q26YEI](http://lat.ms/2q26YEI)



Personality of the Week

Edd Samut

Name: Edgar (Eddie) Samut

Place of Birth: Malta

Favourite food: Maltese baked pasta and rice

Favourite movie/TV program: *Avatar*

Hobbies: Caravanning, caravanning, caravanning, and lawn bowls

Who I admire: My daughter Rhonda (a breast cancer survivor)

Best present ever received: My three children

What I dislike most in life: Animal cruelty

Most exciting/memorable day of life: My wedding night (hee hee)

What I know now that I wish I knew at 16: Too much to mention!!!



A very versatile fellow!





Guest Speaker

This week we were pleased to welcome back Pauline Hardidge. Amongst her many duties in her role as an Anglican minister, Pauline acts as a support crew for the organisation known as Grandparents Raising Grandchildren. Pauline subsequently introduced speakers Kathy Webb-Doyle and Marilyn Martin, who gave us an insightful account of the sensitive issue of grandparents raising grandchildren.

Children may be living permanently with grandchildren for a variety of reasons. Kathy quoted 95% of cases being drug-related issues, whilst 5% of cases were due to family deaths and mental illness. It has been noted that men often struggle more with the situation.

There are numerous issues surrounding the situation of grandparents taking on the role of raising grandchildren in place of the children's parents. One such issue is in relation to finances. Some grandparents find themselves having to give up jobs in order to look after the grandchildren. Many others are having to draw into their pensions and/or superannuation funds in order to provide for the children. Grandparents in this situation do not receive the same financial help from the government that foster parents and Department of Child Protection (DCP) cases receive. *Kathy made a point of mentioning that if DCP have removed a child from a parent and placed him/her directly in the care of a grandparent, then the grandparent will receive government funding; in contrast, if the arrangement is "voluntary", then no financial government help is available to grandparents other than a one-off annual payment of \$450 for one child, and approximately \$250 for each subsequent child.

The prospect of ill health is another major concern for grandparents raising grandchildren. If they are not physically fit or well enough to look after children adequately, then they have the worry that the child/children's needs are not being met. The fear of passing away whilst the children are still young creates stress for the grandparents as they have to worry about who will in turn take on the care of the children.

Education is another matter of concern, which is closely tied in with finances. Grandparents find themselves having to decide whether to have the children educated in the government school system (and hence deal with a range of social problems) or whether to face the expense of private education. With education, grandparents often have the problem of not being "tech savvy" enough to deal with modern methods of education.

A support group for grandparents raising grandchildren has been established in Kwinana. The group runs a monthly morning tea at the Red Cross Centre. As a group members aim to help each other with babysitting. Another major aim is to fundraise via raffles and other means to raise money for specific needs. To date the greatest needs identified have been respite and holidays.

Further information is available at Relationships Australia WA, Parenting WA service, and www.wanslea.asn.au.



Acting President Mike Nella, together with Kathy Webb-Doyle, Marilyn Martin, and Pauline Hardidge

Lingering Effects of Polio

The Australian Physiotherapy Association's monthly publication recently had an article titled "The Lingering Effects of Polio". The article focussed on the issue of post-polio syndrome. The following information from neurological physiotherapist Ann Buchan was included:

"...Polio is rightfully feared. The highly infectious viral disease can cause paralysis, which is often permanent. In Australia, the introduction of polio vaccines curtailed the last of the epidemic outbreaks that continued into the 1960s. However, in the years following initial infection, an increasing number of polio survivors have developed debilitating biomechanical and neurological symptoms ...

...In the three decades leading to the 1960s, children who were paralysed and disabled as a result of the highly infectious poliomyelitis virus invading their nervous system were isolated in hospital wards and strapped into rigid frames or wheeled around on barouches in an attempt to support paralysed limbs. Some people were still living in respirators or at least sleeping inside "those awful boxes", ...

...Before vaccines brought polio under control in Australia, thousands of children were removed and isolated from their families ...people were scared of "catching it", even two years post-original infection. ...When they did return to families, younger children who recovered well were often denied being told they had had the virus because of the guilt and stigma it cast on families, mothers in particular. For some, life went on as "normal" and they only became aware of their brush with polio in later life. ...

...it was in the 1980s when some post-polio patients started to report having symptoms of fatigue, new weakness and pain in other joints and limbs. Secondary disabilities such as problems breathing, short-term memory loss and concentration problems, word-finding and sleep issues were also a concern. However, 30 years on, some GPs are still failing to acknowledge these as post-polio symptoms.

...'When GPs or therapists are dealing with pain management, they need to handle matters carefully because post-polio syndrome is tricky to diagnose,' ... 'About one-third of pain problems reported as post-polio symptoms are not linked to the earlier virus. ...

*...'When we first started seeing polio people there wasn't acknowledgement of how many people actually had the active form of it, as well as the undiagnosed, which is complicating the diagnosis of some of the issues coming up now,' ... 'We have a resilient generation who don't ease up and rest, so they could be masking problems and ultimately making them worse. **Evidence says 15 minutes rest twice a day works. ...**'*

Reports such as the above help to justify and strengthen Rotary's commitment to completely eradicating polio worldwide.

Makeup opportunities

Rockingham:	Monday	6pm for 6.30	Ocean Clipper Inn
Palm beach:	Wednesday	6pm for 6.30	Ocean Clipper Inn
Cockburn	Thursday	7.15am for 7.30	Cockburn Seniors Centre
Fremantle	Wednesday	6pm for 6.30	Villa Roma 12 High Street Fremantle
Byford & Districts	Monday	6.15pm for 6.45	Byford Tavern, South W Hwy

Rotary Club of Kwinana Inc
Contributions welcome: gendam@bigpond.net.au