



# The Rotary Club of Kwinana

Rotary  District 9423 Western Australia  
Chartered: 22 April 1971 

Team 2023-24

President  
**Bob Cooper**

Secretary  
**Genevieve Carr**

Treasurer  
**Karen Zabiela**



President Bob

## Bulletin

No 26 12/2/2024



Rotary Club of Kwinana is 52 years' old 1971/2023

### Facts & Figures

Attendance this week

- Total Members 29
- Apologies
- Make-up 2
- Attended 20
- Hon. Member 1
- LOA 2
- Guests
- Visitors
- Partners

79.0%

### Raffle

**Mike & James**

### Heads & Tails

**John M**

Another year, another birthday, they seem to come around so quickly, however I'm grateful to have reached my 81<sup>st</sup> and still in reasonably good health.

Good meeting tonight, guest speaker was our Treasurer Karen Zabiela telling us about the Kwinana Senior Citizens Centre where Karen has held the role of President since last May.

Karen highlighted some of the many activities that are available daily.

Again, we are faced with an age-old problem, that is members not lodging an apology when not turning up for a meeting, consequently a meal has been ordered for them, which we are quite rightly charged for by our caterer.

The latest suggestion is that members pay for their meals 1 week in advance then if they don't lodge an apology their meal is paid for, ring in an apology and you receive a credit. Will it work? Time will tell, what is certain is that as a club we cannot continue to pay for meals that we've ordered for someone who doesn't bother to lodge an apology.

AG James Sharkey recently visited the RC of Armadale, one of its members was recognised for completing 50 years' service.



Rotary International President  
2023/24  
**Gordon McNally**

Rotary Club of South Queenferry  
Lothian Scotland

District Governor  
9423

2023/24

**Ineke Oliver**



### February 2024 Peace Building & Conflict Resolution

#### February 2024

Mon. 5 <sup>th</sup>	Club Meting	Rotary Hall	
Mon. 12 <sup>th</sup>	Club Meeting	Rotary Hall	Karen Zabiela
Mon. 19 <sup>th</sup>	Club Meeting	Rotary Hall	
Mon. 26 <sup>th</sup>	Club Meeting	Rotary Hall	Gary Edwards & Rod Tenardi

Attendance Officer: **Kertrina** 0401 632 749



Meets Monday  
6 for 6.30pm  
At Rotary Hall  
Brownell Crescent,  
Medina

Visitors welcome  
contact us

Rotary



PRESIDENT  
2023-2024

President's Pen



Bob Cooper

12<sup>th</sup> February 2024

CREATE HOPE  
in the WORLD



No report this week

Bob Cooper  
President 2023/24

Club meeting at Rotary Hall Monday 12<sup>th</sup> February 2024



Our guest speaker tonight, Karen Zabiela, Subject: Kwinana Senior Citizens





President 2024/25

Terry Evans



12<sup>th</sup> February 2024

Notification for BBQ shed clean-up to be sent out when weather cools down a bit.

Next Monday's meeting to be the first of our new system on meals payment. We pay \$50 being for 2 meals whereby each dining member will be 1 meal in credit. If not attending and member has failed to notify our attendance officer, the credit will be forfeited.

The following Monday said member will be required to pay \$50 to get back into credit again. Please advise our attendance officer in advance if you are coming or not.

Alternatively make an arrangement to commit to being present every week and advising if you are not coming.

This was well accepted by the vast majority of members.

Thanks for your cooperation.

PE Terry Evans



2023/24

PP Genevieve Carr



12<sup>th</sup> February 2024

Inward Correspondence.

- Invitation to World Rotary Day Family Picnic, to be held Friday 23 February at South Perth foreshore.
- ShelterBox Gaza Appeal notification
- Rotary WA District Newsletter #30
- Invitation to ARH WA Mental Health PhD Awards ceremony – to be held Thursday 22 February at Kings Park

Outward Correspondence  
None



2023/24

Rtn. Karen Zabiela



Bills paid, money in the bank.

Bring your empty drink containers, we have collection bins.



1. **Camp Opportunity:** Our sponsored camper, Matilda Clement, will be attending Club meeting on Monday 11 March with her mother Leonie so that she can speak about her experiences at Camp Opportunity 2024.
2. **RYPEN:** Looking to sponsor a suitable young person aged 14 – 17 years to attend the next weekend camp which will be held Friday 3 May – Sunday 5 May.
3. **Youth Exchange Program:** Have received an expression of interest for an outbound student for next year.

We understand the traditional Anzac Day Breakfast is off the agenda this year.  
A bit like Australia Day, the funding has dried-up.

Newspaper article below is from 2015/16

# Rotarians gear up for Anzac breakfast

■ David Salvaire

Dedicated members of the Rotary Club of Kwinana are gearing up to serve more than 500 hungry residents a free gunfire breakfast on Anzac Day.

With solemn hearts and empty stomachs, Kwinana dawn service attendees will flock to the breakfast in their masses.

The breakfast has been a major event in the local Rotary club's calendar for more than 20 years.

According to Rotary member John Iriks, organising a big event like the Anzac Day breakfast is no easy task but the Rotarians are a well-oiled machine.

"The most important thing for us is that we've got it organised to a point where the caravans, tables and the food are running like clockwork," he said.

"It's like a major production line with every one of our Rotarians, their partners and family members helping out.

"It's bigger than Ben Hur.

"We just tell everyone what their jobs are and away we go.

"All the members back each other, which is great to see."

Preparation for the event starts two weeks early and on the day, volunteers will fire up the burners before the dawn service even begins. This year's menu



James Sharkey of the Rotary Club of Kwinana is getting ready for a big Anzac Day breakfast. Picture: David Salvaire

will feature a plate of sausage, eggs, baked beans and bacon

While the breakfast is free for the public, funding is provided by the City of Kwinana through the Kwinana RSL.

Rotary Club of Kwinana president Max Bird said the proceeds were poured back into helping the community.

"The funds that are raised by these major days go back to the local community or sometimes for overseas projects, so they are dollars well spent," he said.

"Everybody on the day just

knows what to do and it's amazing to watch.

"If there's a dish that's empty it just materialises again."

The dawn service is planned for 5.50am at the War Memorial on Pace Road in Medina on Anzac Day.

The gunfire breakfast will start at 6.30am at the Medina Hall.

There will also be a parade starting from 10.20am at the corner of Hoyle Road and Medina Avenue, finishing with a commemorative service program.



DISTRICT 9465  
Rotary Club of Kwinana Inc  
PO Box 118 Kwinana WA 6966



12/2/2024  
International and Foundation  
The Rotary Projects Timor-Leste East, Committee are carrying out



## **Providing safe drinking water to improve health and eliminate plastic waste.**

Clean, potable drinking water is vital to reduce sickness, especially in children.

Where clean water is not readily available from a tap, water in plastic drinking bottles needs to be brought in, which is expensive and leads to an enormous waste problem. Another issue is that boiling 1,000L of unfiltered water requires 77kg of firewood, which contributes to deforestation.

### **The Rotary Projects Timor Leste East (RPTLE) team,**

led by Rotarian Max Bird at the [Rotary Club of Kwinana](#), have been assisting the people of Timor Leste by installing [SkyHydrant](#) water filter systems and tanks at orphanages and schools. These simple and reliable systems are highly effective at removing bacteria without chemicals, have a moderate initial cost and minimal ongoing costs.

Their most recent trip to Timor Leste in [October 2023](#) saw the installation of 3 new SkyHydrant water filters, directly helping over 8,000 students. Data from schools in India with SkyHydrant installed indicates that this access to clean water provides an 88% reduction in illness.

Timor-Leste now has 17 water filters thanks to this Rotary project: 13 Max SkyHydrant Water Filters installed, and 4 smaller Gem SkyHydrant water filters installed at orphanages. Each unit can provide 10,000L of clean filtered water; this has also saved 13,090kg of firewood been harvested from the forest to boil water ensuring its safety for cooking and drinking.

Thanks to their support, by March next year 26,000 students will have access to clean filtered water, which is also saving 50,000 plastic bottles from ending up in the jungle, ocean or landfill.

A further 5 units will be installed in the near future, with the consultations and feasibility studies been carried out during the teams visit in March 2024 bringing the total numbers of filters installed to 23 units

This valuable work is able to be conducted thanks to the West Australian Rotary Clubs of [Albany Port](#), [Bridgetown](#), [Bunbury](#), [Byford & Districts](#), [Cockburn](#), [Esperance](#), [Esperance Bay](#), [Kojonup](#), [Kwinana](#), [Manjimup](#), [Mount Barker](#), [Palm Beach](#), [South Bunbury](#), plus the Rotary Club of [Phillip Island & San Remo](#) in Victoria, and Timor Leste Rotary Clubs of [Dili Lafaek and Dili](#), in partnership with [Water for Hungry Months](#) (Doncaster Victoria), [East Timor Roofing](#), [Rotary Australia World Community Service \(RAWCS\)](#), [Disaster Aid Australia](#) and the [Don Bosco community in Comoro, Timor Leste](#)

### **Want to help?**

- **Make a tax-deductible donation** to this project
- **Contact Max Bird** at the [Rotary Club of Kwinana](#)

RPTLE will be installing at least three units in March 2024 and scoping and carrying out consultation on a further 6 units.

Max Bird



Projects Director  
Rtn. Tony Miller



PP Max Bird  
Foundation Dir.



PP Edd Samut  
Membership Dir.



PDG John Iriks  
Events Manager

### Project Director's Report:

Furniture-On-Line, going well, Mike wishes to thank everybody for their ongoing assistance.

Bunning's BBQ, aiming at doing three this year.

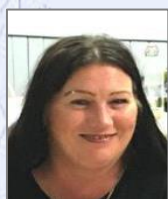
**Sat. 24<sup>th</sup> February:** BBQ 1pm - 8pm at Edge Skate Park Kwinana for the Kwinana/Rockingham council. It's a skate/BMX event with a trophy presentation and they want us to put on a BBQ. I was hoping we could get a few members to put in 1- or 2-hour shifts for this event.

**Sun. 25<sup>th</sup> Feb:** 11am - 1pm Bob & Jo Thompson are organising a BBQ for the St Vinnies charity auction at St Vinnies church in Parmelia. If anyone is interested in joining Bob, Jo, and Edd please contact Bob or Jo for further details.

**13<sup>th</sup> April (Saturday)** 9:30 - 11:30am Medina Hall for a morning tea put on by the Medina Historical Society. Anyone who can help the ladies with this event please let me know.

**27<sup>th</sup> April (Sunday)** This year's first sausage sizzle at Bunnings volunteers are needed, even if you can only come for an hour that's great, please let me know. *NOTE this date is to be confirmed.*

**On Saturday 13th April 2024, at The Rise, Maylands, District is holding a Rotary Action Day,**



Kertrina Riordan  
Community



Peter Schulz  
Vocational

### Public Relations:

Kim will continue to assist in this role, thank you Kim.



### Membership:

PP Ed Samut takes on the role for 2023/24  
Communicating with three prospects.

PP. Max Bird  
International

### Community:

Bread Program underway for 2024  
Breakfast Club always in need of more assistance.  
PP Greg recently took a quantity of used car batteries to the recycler.



PP Genevieve Carr  
Youth

### International:

See report.

### Youth:

Report above.

Visit your club webpage.

<http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106>

or type Kwinana Rotary into 'Search'



**Fine Session: Sergeant Cyril Bennett**



Stand-in: Norm



Deputy Bill Rowe



PP Stephen Castelli stands-in when required.



Poor Genevieve cops a fine almost every week because she is usually last to arrive.

Chris O: Fined for showing OCD tendencies.

Terry, Bob T and Karen: For doing repairs to the Vacuum cleaner during dinner.

All members who had two servings of desert. John M, Tony M and Kertrina R.

Terry E: Doing only half the job, for cleaning vacuum cleaner and not putting it back together properly.

John M: For not turning his phone off during the presentation by Karen.

Norm: For being confused over heads and tails, so decided one of each

**Water might not be wet.** This is because most scientists define wetness as a liquid's ability to maintain contact with a solid surface, meaning [that water itself is not wet](#), but can make other objects wet.

**A chicken once lived for 18 months without a head.** Mike the chicken's incredible feat was [recorded back in the 1940s in the USA](#). He survived as his jugular vein and most of his brainstem were left mostly intact, ensuring just enough brain function remained for survival. In the majority of cases, a headless chicken dies in a matter of minutes.

**All the world's bacteria stacked on top of each other would stretch for 10 billion light-years.** Together, [Earth's 0.001mm-long microbes](#) could wrap around the Milky Way over 20,000 times.

**Wearing a tie can reduce blood flow to the brain by 7.5 per cent.** A [study in 2018](#) found that wearing a necktie can reduce the blood flow to your brain by up to 7.5 per cent, which can make you feel dizzy, nauseous, and cause headaches. They can also increase the pressure in your eyes if on too tight and are great at carrying germs.

**The world's oldest dog so far, lived to 29.5 years old.** While the median age a dog reaches tends to be [about 10-15 years](#), one Australian cattle dog, 'Bluey', survived to the ripe old age of 29.5.

**The world's oldest cat lived to 38 years and three days old.** Creme Puff was the [oldest cat to ever live](#).



Guest Speaker: **Karen Zabiela: President, Kwinana Seniors**



Karen has been their President since last May 2023.

The building which accommodates the Kwinana Senior Citizens Centre was built in 1955 as the pub for the new community at Medina. Specifically, it was a 'wet' canteen for the workers from BP refinery.

In 1963, the business of the pub was handed over to the Shire of Kwinana who continued to operate the place as a pub, or 'canteen' and it proved to be a valuable source of revenue.

In 1972, the new Kwinana Lodge Hotel was completed and opened, and the Shire lost a significant source of revenue.

The Shire resolved to purchase the building from the state government and repurpose the place as a Senior Citizens Centre. The new centre was opened in 1972 after refurbishments.

This is a place for people aged 55 and over to meet.

The centre has appx. 160 members, membership cost: \$25 pa.

Activities include:

Monday: Darts and Snooker, Line Dancing, Tai Chi.

Tuesday: Carpet Bowls, Morris Art, Friendship Group, Mah-jong.

Wednesday: Snooker, Line Dancing, Bingo.

Thursday: Carpet Bowls, Karaoke.



Kwinana  
Senior  
Citizens  
Centre  
Today



Kwinana Senior  
Citizens Centre  
Official opening.  
1972

## Birthdays and Anniversaries February 2024

### Birthday Congratulations:

Cathy Sharkey: 2<sup>nd</sup>  
Diane Bird: 7<sup>th</sup>  
Eric Blogg: 12<sup>th</sup>  
Wendy Cooper: 18<sup>th</sup>  
Tish Evans: 24<sup>th</sup>



### Wedding Anniversaries

Chris and Carol: 21<sup>st</sup> 21 years  
Brian & Ann Thompson: 22<sup>nd</sup> 60 years  
Peter & Karen Zabiela: 25<sup>th</sup> 35 years



### Club Anniversaries:

Max Bird: 1<sup>st</sup> 25 years  
Tony Miller: 18<sup>th</sup> 1 year  
Norm Mulcahy: 26<sup>th</sup> 18 years

*Congratulations!*

## Polio this week

12<sup>th</sup> January 2024

Integration involves using polio tools, staff, expertise, and other resources to deliver important health interventions alongside polio vaccines – from measles vaccines and other essential immunizations to birth registration, counselling on breastfeeding, hand soap and more. It also includes incorporating polio vaccines into other planned health interventions when possible, delivering more services with fewer resources. [Read more...](#)

The only life Huma Ashraf has known outside her home is of a health worker. That's what made her step out on September 11, 2023, when she was verifying microplans in a slum behind a railway track. Hours later, in a moment that would redefine her life, she was rushing to Karachi's Jinnah Hospital in an ambulance all by herself, following a train accident. [Read more...](#)

### Summary of new polioviruses this week, cases and positive environmental isolates:

- Pakistan: 30 WPV1-positive environmental samples
- Chad: one cVDPV2 case
- Côte d'Ivoire: two cVDPV2-positive environmental samples
- DR Congo: one cVDPV2 positive environmental sample
- Egypt: two cVDPV2 positive environmental samples
- Nigeria: three cVDPV2 cases and six positive environmental samples
- Zimbabwe: three cVDPV2-positive environmental samples





# What happened this week in history?



Feb 11<sup>th</sup> to Feb 17<sup>th</sup>



11<sup>th</sup>

809: Robert Fulton patents steamboat  
1826: University College London founded; known until 1836 as London University  
1852: First British public female toilet opens (Bedford Street, London)  
1929: Vatican City, the world's smallest country, is made an enclave of Rome

12<sup>th</sup>

1502: Vasco da Gama sets sail from Lisbon, Portugal, on his second voyage to India  
1554: Queen of England for nine days, Lady Jane Grey is executed for treason  
1777: Captain James Cook arrives at Queen Charlotte Sound, New Zealand, aboard Resolution  
1938: 3rd British Empire Games close in Sydney, Australia

13<sup>th</sup>

1692: Glencoe Massacre: about 38 MacDonalDs killed early in the morning by rival Campbell clan  
1832: First appearance of cholera in London  
1861: Abraham Lincoln declared US President in Washington, D.C.  
1895: Moving picture projector patented

14<sup>th</sup>

1349: 900 Jews are burned alive in Strasbourg after being blamed for the spread of the Black Death  
1895: Oscar Wilde's play "Importance of Being Earnest" premieres at St James's Theatre in London  
1899: US Congress begins using voting machines  
1900: Date of events in Australian movie "Picnic at Hanging Rock"

15<sup>th</sup>

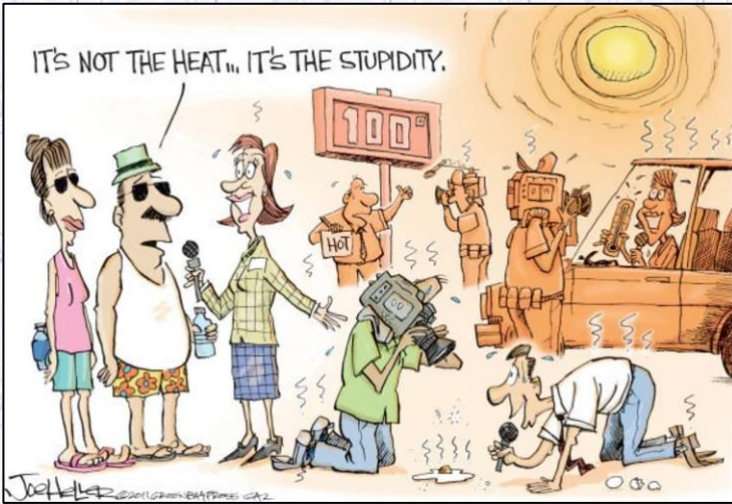
399: Philosopher Socrates is sentenced to death by the city of Athens for corrupting minds of youth  
1764: St. Louis, Missouri founded as a French trading post by Pierre Laclède  
1867: Johann Strauss' "Blue Danube" waltz premieres in Vienna  
1882: SS Dunedin leaves New Zealand for Britain with the first cargo of frozen meat.

16<sup>th</sup>

1659: 1st known cheque written (£400), now on display at Westminster Abbey  
1852: Studebaker Brothers wagon company established - precursor of the automobile manufacturer  
1917: 1st synagogue in 425 years opens in Madrid  
1937: DuPont Corp patents nylon, developed by employee Wallace Carothers

17<sup>th</sup>

1854: Britain recognises independence of Orange Free State (South Africa)  
1883: A Ashwell patents vacant/engaged toilet lock in London  
1904: Giacomo Puccini's opera "Madama Butterfly" premieres at La Scala in Milan, Italy  
1917: In Australia, Nationalist Party takes over a coalition government



**Group 9 Rotary Clubs, Meeting Times**

Rockingham  
Palm beach  
Baldvis  
Cockburn

Monday 6pm  
Wednesday 6.30pm  
Tuesday 6.30pm  
Wednesday 6pm

Armadale  
Mandurah Districts  
Pinjarra  
Byford & Districts

Tuesday 7pm  
Tuesday 6pm  
Thursday 6.45pm  
Monday 7pm

**Rotary Club of Kwinana**  
Contributions welcome: [eblogg@bigpond.com](mailto:eblogg@bigpond.com)