



The Rotary Club of Kwinana Inc.

District 9465 Western Australia

Chartered: 22 April 1971

Team 2019-20

**President
Wendy Cooper**

**Secretary
Diane Brown**

**Treasurer
Bob Cooper**



President Wendy

Bulletin

No 28 10th Feb 2020



Attendance this week

- Total Members** 27
- Apologies** 1
- Make-up** 7
- Attended** 20
- Honorary Member** 1
- LOA**
- Guests** 4
- Visitors** 1
- Partners**

100%

Facts & Figures

Raffle

Stephen C & Brian T

Heads & Tails

Corrine W

Birthdays:

Brian Mc 10th
Eric B. 12th

Anniversary:

Brian & Colleen 7th

Club Anniversary:

If you had any we hope you had a good day

Meets Monday
6 for 6.30pm

At Rotary Hall

Brownell Crescent, Medina

Visitors always welcome

Busy meeting tonight, we welcomed Baldvis RC President Mark Chaston along, Mark was here to present a certificate to our club and to promote an International Women's Day function they have planned for Saturday 7th March 2020 at the Mary Davies Library, Baldvis. (see flyer below).

We also welcomed our two RYLA attendees, Tiffiny Lewis and Kai Best who came along to tell us how much they enjoyed and benefited from their experience.



Our newest member Veronica Burns brought along her friend Corrine Whatley to check us out.

Another successful Sunday at Bunnings, many thanks to the two teams who gave up their Sunday to assist.

9465 District Conference is only 5 weeks away, I would recommend to anyone who has not attended a District Conference to consider registering for this one.

The highlight always for me is the sessions where you get to listen to some very knowledgeable and interesting guest speakers, a further bonus is the opportunity to catch-up with other District Rotary Club members some of whom you only see at a conference. This year our Conference is hosted by DG Wayne Milnes, a member of our group club Rockingham RC.

Please support Wayne by considering attending this year's Conference, you won't be disappointed.

| | | | |
|---|---|-----------------------------------|---|
|  | Rotary International President 2019/20 | District Governor 9465 |  |
| | Mark Daniel Maloney | 2019/20 | |
| | Rotary Club of East Nassau | Wayne Milnes | |

Coming Events January 2020
Vocational Service Month

Feb 2020

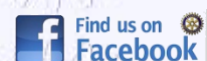
Mon 10th Club Meeting RYLA attendees. Tiffiny & Kai

Mon 17th Club Meeting

Mon 24th Club Meeting

Attendance Officer:

Greg Williams 0435 083 069
Apologies by Saturday pm please





**PRESIDENT
2019-2020**

Wendy Cooper



President's Pen

10th February 2020

The hall was a buzz of activity last night with a total of 5 guests. The two RYLA candidates returned to tell us of their experience and the valuable lessons they learned. Tiffany Lewis and Kai Best certainly showed us that our commitment to the program is well worth it. Each of them presented well and shared some fun moments of their time at camp.

Thanks to Genevieve for the part you play in organising everything RYLA.

President Mark Chaston from the Rotary Club of Baldvis visited us to present a Certificate of Appreciation for our participation in a combined Australian Rotary Health program.

Thank you for your attendance Mark.

Our "official" guest speaker for the evening Justine Martyr spoke on the topic of care for the elderly and advocacy to assist with solving problems that may be encountered.

Her presentation was valuable as it applies to some of the members themselves or those they may be caring for.

Then there was Yvonne/Veronica/Corrine!!!! In fact member Veronica introduced us to her friend Corrine Whatley after the confusion they caused the President. One suspects that we will share a lot more fun with these two should Corrine decide to visit more. So glad you came to meet us Corrine and look forward to a return visit soon.

BBQ's galore continued on Sunday even though James was the next member to become unwell. We hope we did him proud as we served up in excess of \$1600 of sausages in a bun.

It was great to have Edd and Brian at the meeting so that we could see that they are slowly improving from their ailments.

We have a Board Meeting this Thursday with an agenda covering lots of issues.

Thanks for the reports that have been received.

President Mark presents Kwinana President Wendy with a Certificate of Appreciation from ARH





President 2020/21.

PDG John Iriks



Club Service Report: 10th February 2020

Progressive dinner 22nd February 2020 30 + attending
Venue's: Entrée at Williams, Mains at Iriks, Sweets at Chris Oughton.

Guess who is coming to dinner 2020. TBA

The following Office bearers were endorsed for their respective positions for the 2020/2021 Rotary Year:

| | |
|---------------------------|----------------|
| President | John Iriks |
| Vice President | Wendy Cooper |
| President elect | Bob Thompson |
| Secretary | Diane Brown |
| Treasurer | Steve Castelli |
| Project Director | Michael Nella |
| Public Relations Director | James Sharkey |
| Foundation Director | Max Bird |
| Membership Director | John Iriks |

Membership Committee: Lee Davis, Bob Thompson and Eric Blogg

Our sincere thanks to all who will take on a role in 2020/21, not only on the executive but the many other important responsibilities that is necessary to run such a successful club such as ours.

Bill wakes up at home with a huge hangover.

He forces himself to open his eyes, and the first thing he sees is a couple of aspirins and a glass of water on the side table. He sits down and sees his clothing in front of him, all clean and pressed. Bill looks around the room and sees that it is in a perfect order, spotless, clean. So's the rest of the house.

He takes the aspirins and notices a note on the table "Honey, breakfast is on the stove, I left early to go shopping. Love you." So he goes to the kitchen and sure enough there is a hot breakfast and the morning newspaper. His son is also at the table, eating.

Bill asks, "Son, what happened last night?"

His son says, "Well, you came home after 3 A.M., drunk and delirious. Broke some furniture, puked in the hallway, and gave yourself a black eye when you stumbled into the door." Confused, Bill asks, "So, why is everything in order and so clean, and breakfast is on the table waiting for me?" His son replies, "Oh that! Mom dragged you to the bedroom, and when she tried to take your pants off you said, "Lady leave me alone, I'm married!"



10th February 2020
International

1. Global grant GG 2095275 has been submitted to Foundation. we are now in the hands of the Rotary Gods.
Transferred AUD \$16,605 to the Foundation account today assuming the Rotary Gods will approve the Global Grant Shortly
Why am I going thru the blood, sweat and bloody tears again?
2. My associate RPTLE member in Melbourne is updating at least 3 Rotary Clubs that have shown an interest in RPTLE future projects, we have already had one Skyhydrant water filter and AUD \$7,000.00 donated already
3. That will be enough money to start at least one modified sea container with a Skyhydrant Water Filter and storage tanks, while we wait on an answer from Foundation
4. RPTLE have also been invite to join Timorese Rotarians and Rotaractors at the inaugural Zone 8 Rotary Timor-Leste Project Expo in Dili, at the Timor Plaza Hotel on the 14th -16th of August 2020.

Tiffany and Kai are presented with their RYLA participation certificates by PP Genevieve Carr





Rtn Diane Brown



No Report

Secretary Diane is currently recovering from recent surgery, club members wish you well,
Speedy recovery in order.

Inward Correspondence.

Outward Correspondence.

Would members please note that any correspondence received or posted by yourself,
please ensure a copy is forwarded to your Secretary.



PDG Bob Cooper



Bills paid, money in the bank.

Treasurer Bob just wished to point out that one of the downsides of having the luxury
of our own hall etc, is that we are charged for electricity and water at commercial
rates, when in fact where water is concerned we use very little !!!

Members are requested to ensure they contact PP Greg Williams by Sunday am with
any apology for the next meeting. We are having to pay for meals ordered for you and
not used because of non-attendance.

Baldivis President Mark Chaston, President Wendy and our guest Corrine Whatley.

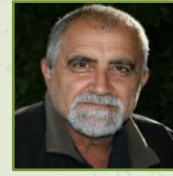




Projects Director
PP Mike Nella



PP Max Bird
Foundation Dir.



PP Edd Samut
Membership Dir.



PP James Sharkey
Public Relations Dir.

Project Director's Report.

Gentle Road premises now open for business, business steady.



Rtn. Norm Mulcahy
Community

Public Relations:

We continue to receive exposure on Rotary Out West.
Please continue to advise James of any stories or activities within our club which may be submitted to the local media.

Membership:

Ed back to Rotary but still recovering from his recent health scare.



PP Bob Thompson
Vocational

Community:

Helpers a little short for the Bread Project, please feel free to come along.
Another successful Bunnings BBQ, thanks to all concerned.

Vocational:

PP Bob T is looking into the possibility of a local grant via Madeleine King MP member for Brand.
Suggestion made that we apply for a grant to install a Defibrillator at Rotary Hall plus a club First Aid Training Course.
Also noted that our existing 'First Aid Kit' needs upgrading.



PP. Max Bird
International

International:

Latest meeting minutes available to view on ClubRunner.
View a complete review of my recent trip to Timor on ClubRunner.

Youth:

Tiffany Lewis and Kai Best attended tonight's meeting and told the members how much they enjoyed and appreciated the opportunity to attend RYLA.



PP Genevieve Carr
Youth

Visit your club webpage.

<http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106>

or type Kwinana Rotary Club into 'Search'



Fine Session: Sgt. Cyril Bennett



Deputy Bill Rowe.

Chris O & Bob T: No Badge.

Wendy C: Stuffing-up the visitor's introductions.

Brian Mc)
Ed Samut) Welcome back.
John Iriks)

Bob T, Eric & John W: Wearing 'table-cloth' shirts

Barry W: Owned up to wearing a 'LOUD' shirt.

John I, Bob T & Brian T: Fined for 'nodding-off during the 'Guest Speaker' spot.

Bob C: Fined for 'Flashing' Barry at the Hub, by turning on his LED bitumen burner.

Dockers: Claiming a victory, in AFLW

Eagles: Didn't do that well in their first AFLW game.

Max B: His new 'Name Badge' has been uncollected for 'YEARS'

Bevan P: Marge W walking past Coffee Club, saw group of guys she recognised, let out a 'Wolf Whistle' the only male that reacted was Bevan.

Greg W: Car wouldn't start, Ed came to the rescue, head under the bonnet, turn-her-over said Ed, which Greg did. Only problem it wasn't in neutral, Ed making a quick exit.



Holger Knaack,
A member of the Rotary Club of Herzogtum
Lauenburg-Mölln, Germany,

Has been selected to serve as President of
Rotary International in 2020-21.



RI President-elect Holger Knaack's theme for 2020-21, *Rotary Opens Opportunities*, asks Rotarians to create opportunities that strengthen their leadership, help put service ideas into action, and improve the lives of those in need.

Polio This Week 05th January 2020

The WHO Executive Board is currently holding its 146th session at the WHO headquarters in Geneva.

Among many others, polio is one of the topics of discussion, [take a look](#) at the report by the Director-General on polio eradication.

cVDPV2 confirmed in Kinshasa: a number of new cVDPV2s cases have been confirmed in DR Congo which may have significant implications on the current outbreak response activities.

While none of the newly-confirmed cases are new emergences, the virus has now been detected in the mega-city of Kinshasa which is the first case in the city.

Summary of new viruses this week (AFP cases and environmental samples):

Pakistan: eight WPV1 cases

Democratic Republic of the Congo: five cVDPV2 cases

Somalia: one cVDPV2 positive environmental samples

Angola: eight cVDPV2 cases

Burkina Faso: one cVDPV2 case



Rotary Club of Baldvis presents
International Women's Day
Mary Davies Library
17 Settlers Ave, Baldvis WA 6171
Saturday 7th March 2020
11.00am - 2.30 pm

International Women's Day is a day when women are recognised for their achievements without regard to divisions



Advocare

Empowering People



Justine Martyr: Advocare Aged Care Navigator

Justine has 12 years of experience in all aspects of aged care, As an Aged care navigator for the last 4½ years.

Advocare is an independent, community-based, not-for-profit organisation that supports and protects the rights of older people in Western Australia through advocacy, information and education.

Our mission is to provide an independent voice on behalf of older people, informing service delivery and influencing practice.

Are you're looking for independent advice on your rights?

Advocare is an independent, community based, not-for-profit organisation who supports and protects the rights of older people and people with disabilities. They provide advocacy, information and education to:

- people who receive aged care services and have a concern about their service
- older people (50 years old for Aboriginal and 60 years old for non-Aboriginal) who are victims or potential victims of abuse from family or friends.

Home Care, Residential Care, Elder abuse. Contact Advocare.

If you are experiencing an issue with your home care service or would like help accessing information on home care services, we can help you.

While in residential aged care, you have the right to make decisions about your own care and lifestyle. We will support you to understand your rights and to address concerns you may have.

Elder abuse can happen anywhere - in residential aged care, home care and in families. We are here to listen to you and work with you to resolve the situation.

Our services are free and confidential. Contact us for a chat and see how one of our experienced advocates can help you.

Our services are directed by you, to help you understand your rights and achieve a better outcome to your situation.

We are fully confidential and will always seek your permission before discussing your situation or concerns with anyone else.

All of our services are free. Talk to us over the phone, email us, or drop into our office and chat to one of our advocates.

we provide a range of advocacy and information services especially designed to assist seniors and their families and carers. We aim to help you to be able to make choices that suit you, understand your rights, resolve any issues with aged and community care service provision, and access the right supports and protections available.

**Rotary District 9465
Conference : Rockingham**

**20th March
4pm
22 March
2pm**

SPEAKERS

Cam Calkoen – TedX Speaker
Reggie Lau - Global Hand
Wendy Protheroe - Past DG
Andrea Simmons and/or Glen
Ivers AAIC
Frank Zhao – Refugee



**OUR AGENDA for the
Rotary District 9465 Conference Rockingham**

Friday 20th March 2020

Friday 20th March 2020

Registrations Open

Welcome Sundowner

Opening Ceremony

Introduction by Master of Ceremony
Welcome to Country

Opening by
Governor/Premier/Mayor

Introduction of International
Representative

Closure by MC and details of next
day

Drinks in the foyer with nibbles

Saturday 21st March 2020

Registrations Open

Session One

Morning Tea

Session Two

Lunch

Local Projects x 3, Free Time,
Tours or sight seeing

Pre-Dinner Drinks
Beach Party Dinner

Sunday 22nd March 2020

Registrations Open

Session Three

Morning Tea

Session Four and Closing

Lunch provided on site or takeaway

TICKETS ON SALE VIA:

Via <https://www.trybooking.com/562113>

Bookings close 29th February
All-inclusive price of \$295

Bunnings Sausage Sizzle Fundraising BBQ



The Bunnings Sausage Sizzle is a popular fundraiser for schools and community groups because they're low cost to set up, easy to organise and fairly straightforward to run. But there are sausage sizzles and then there are Bunnings sausage sizzles, where the concept is turned up to satisfy a captive audience of hungry do-it-yourself-ers. It's such a classic, it now even has its own meme!

Anyone who's visited a Bunnings on a weekend has no doubt seen a community group out the front manning the sausage sizzle. As far as venues go for a sausage sizzle, the high volume of foot traffic can easily lead to a high turnover of snags, drinks and dollars raised.

However, the phenomenon that is the **Bunnings Sausage Sizzle BBQ fundraiser** is highly sought after by community groups and can book out months in advance. Jessica from NSW says her local Bunnings has a three-year waiting list, however for Suzanne in Grafton the wait is more likely measured in weeks than months.

To apply you will need to contact the person in charge of activities at your local Bunnings. Often, the process involves a written request on your organisation's letterhead, then, if you are successful in securing a date, you will be provided with an information pack.

- Items that Bunnings will provide (normally BBQ, gas, and shade cover)
- Items that you need to provide (such as gloves, serviettes, wipes, disinfectant spray, BBQ tools etc)
- Catering requirements (suggested amounts of sausages, bread, sauce and drinks) and
- Logistical needs (OHS guidelines, council food handling requirements, insurance)

Bunnings do their best to make it easy for you to hold a sausage sizzle, however, they may put a limit on the number of people who can safely work in the BBQ area, plus they may set prices for sausages and drinks so that regular shoppers have a fair expectation of what to pay.

So, how much can you expect to raise at a Bunnings Sausage Sizzle?

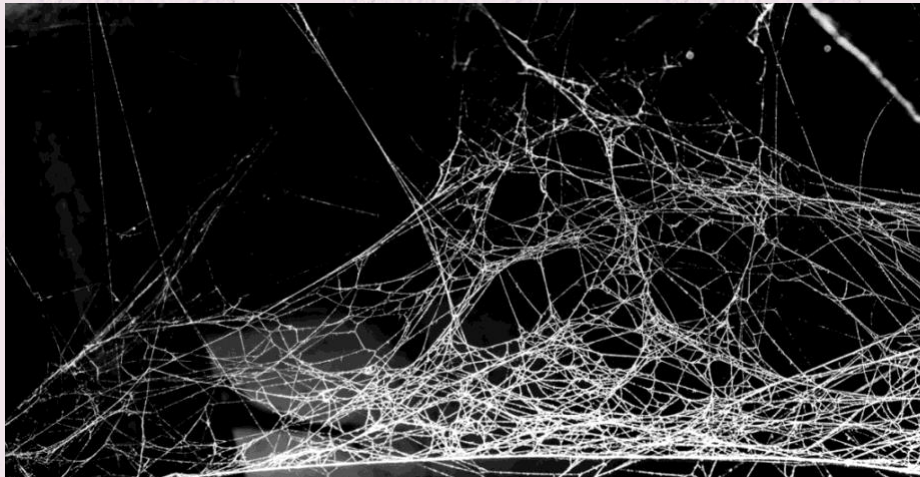
The success of your sausage sizzle can be impacted by the weather, the season, and the size of the Bunnings store; as such the amount your sausage sizzle will raise will vary between locations.

Melanie, from Poowong in VIC, made \$1,700 one year and \$700 the next from their group's sausage sizzles, and whilst other groups have raised just a couple of hundred dollars, there are rumours of some groups raising over \$2,700.

Jane in VIC knows that the amount of funds raised can also vary depending on how much of the food you are able to get donated, so as soon as you have a date finalised then it's a good idea to approach your local supermarkets, butchers and bakeries and ask them if they will donate some (or all) of the goods you need.

It's also important to remember to ask your local Bunnings if there are any council restrictions or OH&S requirements you will need to meet (just to be on the safe side).

Trivia: Spider webs were used as bandages in ancient times.



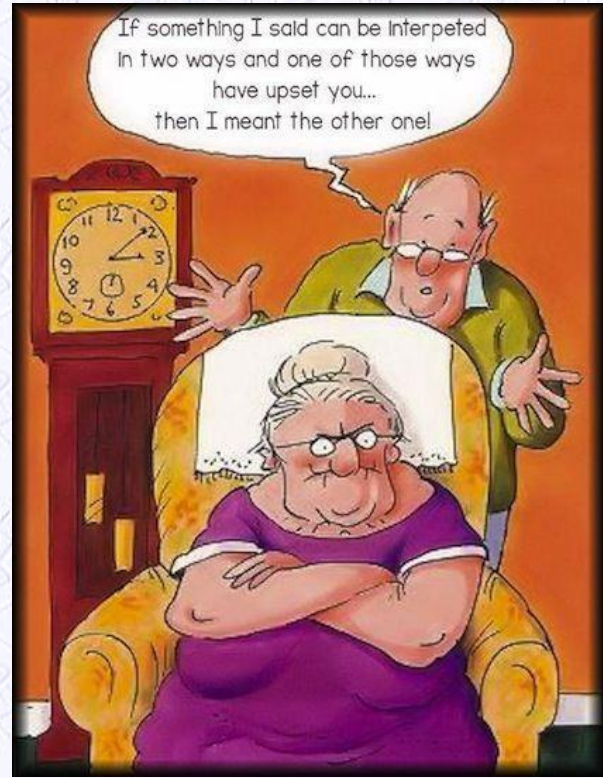
In ancient Greece and Rome, doctors used spider webs to make bandages for their patients. Spider webs supposedly have natural antiseptic and anti-fungal properties, which can help keep wounds clean and prevent infection. It's also said that spider webs are rich in vitamin K, which helps promote clotting. So, next time you're out of Band-Aids, just head to your attic and grab some "webicillin."

Trivia: A woman who lost her wedding ring found it 16 years later on a carrot in her garden.



A woman in Sweden lost her wedding ring while cooking for Christmas in 1995. She looked everywhere for it, and even had her kitchen floor pulled up hoping she could find it. But she wouldn't see it again until 2012.

While gardening 16 years later, the woman found the ring around a carrot that was sprouting in the middle of it. The only explanation was that the ring must have been lost in vegetable peelings that were turned into compost. Clearly, composting isn't just good for the environment.



Makeup opportunities

| | | | |
|--------------------|---------------|-----------------|----------------------------|
| Rockingham | Monday | 6pm for 6.30 | Rockingham RSL Club |
| Palm beach | Wednesday | 6pm for 6.30 | Ocean Clipper Inn |
| Baldivis | 1st & 3rd Mon | 6.30pm for 7.00 | Peel Manor House |
| Cockburn | Thursday | 7.15am for 7.30 | Cockburn Seniors Centre |
| Byford & Districts | Monday | 6.15pm for 6.45 | Byford Tavern, South W Hwy |

Rotary Club of Kwinana
Contributions welcome: eblogg@bigpond.com