The Rotary Club of Kwinana Inc.

District 9465 Western Australia

Chartered: 22 April 1971

Bulletin

No 29 29 Feb. 2016

Be a gift to the world

President Max

Greetings from the Stand-In Bulletin Editor,
To all those people who were born on 29 February, wishing you a very happy birthday. The date is also renowned for supposedly giving the woman the right to propose to the gentleman instead of vice versa! One such couple who lay claim to this is a significant couple within Rotary District 9465. They are looking forward to celebrating their 20th wedding anniversary this year.

Our guest speaker Rhett Holt gave us a very interesting insight into his café, The Green Barista, which is located along the Pace Road Shopping Centre in Medina. Hopefully we shall see more of Rhett in the future.

It's always a pleasure to welcome AG Barry Berger to our meetings. Barry has done an outstanding job as Assistant Governor, providing great support to all clubs in his group and their respective activities. The participation of Rotarians from Rossmoyne, Willeton, Booragoon and Cockburn in our recent Swimarathon can be directly attributed to the influence and encouragement of Barry.

Public Holiday next Monday – no meeting!

Rotary International President

K.R. (Ravi) Ravindran

Rotary Club of Colombo

District Governor 9465

2015/16

Melodie Kevan

Coming Events February 2016

Peace & Conflict Prevention Month

March 2016

Sat 5th	City Markets
Mon 7th	No Meeting Public Holiday
Sun 13th	Wellard Markets
Mon 14th	Club Meeting BBQ meeting Rotary Hall
Wed 16th	Board Meeting
Sat 19th	City Markets
Mon 21st	Club Meeting
Mon 28th	No Meeting Easter Monday

April 2016

Mon 4th	Partners' Night

Attendance Officer: Greg Williams 9419 5834
Apologies by Saturday pm please

THE ROTARY 4 WAY TEST
of things that we think, say or do.

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERNED?

Team 2015-16

President
Max Bird
Secretary
Brian McCallum
Treasurer
Bob Cooper

Attendance this week

Total Members	24
Apologies	2
Make-up	5
Attended	15
Honorary Member	
LOA	2
Guests	1
Visitors	
Partners	

83.3%

Facts & Figures Raffle
Bevan &

Heads & Tails
Lee Davis

Birthdays:
Bevan 7 March

Anniversary:

Club Anniversary:

If you had any we hope you had a good day

Meets Monday
6 for 6.30pm
At Rotary Hall
Brownell Crescent, Medina

Visitors always welcome

ShelterBox already has pre-positioned aid in Fiji, which includes tents, water purification units, ground sheets, mosquito nets, tools, and other essential supplies. Additional will be deployed based on the outcomes of the assessments currently underway.

ShelterBox is working to facilitate its response with partner, **Sea Mercy**, a charity which provides volunteer fleets of vessels and yachts that are already stationed in the South Pacific and which stand ready to conduct assessments and deliver emergency aid to the affected islands. Additionally, the ShelterBox Response Team is in touch with the local **Rotary** network in Fiji.

Club President 2015/16 Max Bird

President's Pen

29th February 2016

President Report

1. Thank you to Michael Nella and fellow Board members for holding the fort while I was away.
2. Swimathon was a great success, and I believe the **Kwinana Seals** have raised over $2,175.00 already and swum over 31.67 km on the day - what an effort.
3. It is time again for all the incoming Service Managers to submit their Budgets for the Rotary year 2016/17 to the Projects Director for Board approval and inclusion into the Club 2016/17 Budget .
4. District Conference is also going to be on us before we know it. Wendy Cooper is working on a package where we all stay together at the Discovery Caravan Park in Bunbury, either in cabins or caravans/tents. Why not make this a club social event?

International

The international Committee has carried out the following:

- Our application for GG 1639026 has been authorized by the Dili Rotary club and ourselves including both District Foundation Chairs authorizing their portions; now it's up to Foundation and Rotary International.
- A small working party consisting of Michael Le-Cocq (Palm Beach) and Max Bird returned from Timor-Leste Saturday 27th February, with all work we set out to do completed and a few more as well.
- Full report is in Club Documents under subheading International East Timor.
- Budget for International committee Rotary year 2016/17 has been submitted to the Projects Director.

Club Service: PP Mike Nella

Please consider helping out with the bread project.
Bread is continuing to be picked up and distributed around Kwinana, please help out with this worthy project if are able, please see Mike or Lorraine to be placed on their roster.

We need a Club Secretary commencing July 2017. Members please consider becoming part of our executive team.

Secretary: PP Brian McCallum

Inward Correspondence:

- Anglicare request for support for lady in Malaysia
- Cheque for $1476 from COK for the Neighbourhood Day event on 3 April 2016.
- Post office box renewal notice from Australia Post
- Synergy account
- Water Corporation accounts
- Information from Government of WA, Department of Training, regarding nominations for Training Awards

Outward Correspondence:

- Letter (through Bob Thompson) regarding sausage sizzle proposal

Would members please note that any correspondence received or posted by yourself, please ensure a copy is forwarded to your Secretary.

Treasurer: PDG Bob Cooper

Bills paid, money in the bank

- A timely reminder that the Treasurer is responsible for issuing invoices for bills!

The following information is from Lyn Leeder:

Dear Chris and all the Ladies of Kwinana Rotary,

Please read below and mark your calendar, that I'm having a Fundraiser Morning Tea.....
Do hope you can come and hear my 2016 Commitment to help Dilla reach her Dream.....
Also attached is a flyer for "Dads Army" Movie Fundraiser.....good for the men also this one.
All details on flyer. I can organize to get tickets to you...just collect money and give me numbers..... More info on the 18th... xxxx Lyn x

Fundraiser for Dilla to reach her Dream.

Easter Morning tea.

Frid 18th March 10 am

@ Lyn's.....155 Rockingham Beach Rd,

Rockingham

Corner of Roe St , Parking at the Beach Car Park.

RSVP lyn.g.leeder@gmail.com or 0407 170 762

As its one week before Easter.....

A Prize for Best Easter Bonnet.

All Donations will pay for Dilla to train as a midwife for Bumi Sehat.

Come and hear more of my plan to help Dilla reach her Dream.

My Bags will be for sale on the day.

MOVIE FUNDRAISER: 1/5/16 @ 3pm
Ace Cinemas Rockingham

Movie: Dad's Army

A comedy starring Catherine Zeta-Jones

Tickets $15 each

Our aim is to fund a midwife to be trained for the Bali Birthing Clinic Ubud

Please gather your friends, grab some tickets and join us.

contact:

Lucy Cotton 0423 165 086
or
Lyn Leeder 0407 170 762

Pre sales only

Limited numbers

No ticket sales on day of event

Rotary Global Swimarathon 2016
20/21 February

Just as we were preparing for our swimarathon, other clubs around the world were also in action!

Rotorua, New Zealand

India

Empangeni , South Africa

Mtunzini, South Africa

Tuzla, Bosnia

Riddarfjarden, Sweden

Club Projects Director
PP Ian Critchley

PP Bob Thompson
Foundation Dir.

PP Matt White
Membership

PDG John Iriks
Community

PP Genevieve Carr
Vocational

Pres. Max Bird
International

Lorraine Lucas
Youth

PP James Sharkey
Public Relations Dir.

Project Director's Report.

Guest Speaker Monday 4th April, Morgan Gillham will bring us up to date on our $5 million Children's Playground. This evening will be a partners' night.

Anzac Day breakfast, finalising details with RSL.

District 9465 Conference in Bunbury 18th to 20th March. Registrations are open, look at the 9465 ClubRunner website and choose your method of registering.
See Wendy for accommodation advice, whether caravan site or chalet.

Next Sausage Sizzle at Bunnings on Thursday 25th March 2016

Next City Markets Saturday 5th March 2016.
Usual crew will be on hand to officiate.

The next Wellard Village Markets to be held on
Sunday 13th March 2016.

Swimarathon Update
PP Genevieve wished to thank everyone involved last Sunday for their contribution towards making Swimarathon 2016 a resounding success. The online fundraising page is still up and running – will be open until Monday 7 March. Credit card donations can be made by clicking on the link below (Note: you may need to press "Control" first!). All donations are tax-deductible. Please share the link with family and friends if possible.
https://www.mycause.com.au/page/118064/rotary-club-of-kwinana-swimarathon

Lorraine & Mike still looking for assistance with the bread project, anyone able to help please see either Lorraine or Mike.

RYPEN applications are open, Gilmore College approached.

Opportunities have become available to raise funds at the Motorplex by having our moneyspinner there..
Next dates are Fri 11th & Sat 12th March 2016 . To date Ian has four volunteers ready and willing!

An article has been sent to Rotary Down Under regarding the recent trip to Timor.

Visit your club webpage.
http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106
or type Kwinana Rotary Club into 'Google'

Fine Session **Sergeant:** **PP Stephen Castelli**

Chris	Going to the wrong destination!
Genevieve	Usurping the role of Bulletin Editor
Chris	Saying some choice words to Steve!
AG Barry	Checking his hands for rings
Edd	Implying Max wears a dress
Max	Whilst in Timor was invited as a VIP guest to dinner with the Bishop where there were many "odd" priests.
Ian, Mike M, Sam	Ignoring the two minute bell
Brian	Shirt-fronted the sergeant as a West Coast supporter
Chris	What was the cause of damage to his face?
Chris	Using strange New Zealand language
John Iriks	Recently signed a modeling contract
Max	While preparing a sausage sizzle, gave "a little" onion as per request
Lee	Giving a torn $5 note
Greg	Gave Steve a dodgy two-up ticket last week
John Iriks	Sending disparaging emails regarding his golf equipment
Greg	This week was $1 up on the raffle
Steve	What will the mouth look like without a moustache???

Polio This Week 17th February 2016

- Environmental surveillance is playing an increasingly important role in ensuring that the poliovirus is found, wherever it continues to circulate
- There are nine weeks to go until the globally synchronized switch from the trivalent to bivalent oral polio vaccine, an important milestone in achieving a polio-free world

This Week in History

45 B.C.	The first Leap Day is recognized by proclamation of Julius Caesar
1461	Henry IV is deposed and the Duke of York is proclaimed King Edward IV of England
1692	Sarah Goode and Tituba are accused of witchcraft in Salem, Massachusetts, sparking the hysteria that started the Salem Witch Hunts.
1776	Americans begin shelling British troops in Boston
1780	Pennsylvania becomes the first US state to abolish slavery
1845	Florida becomes the 27th US state
1853	Giuseppe Verdi's *La Traviata* premieres in Venice
1905	Russians begin to retreat from Mukden in Manchuria, China
1915	The Allies announce their aim to cut off all German supplies and assure the safety of the neutrals
1918	The Soviets move the capital of Russia from Petrograd to Moscow
1923	The first issue of *Time* magazine is published
1932	The Lindbergh baby is kidnapped from the Lindbergh home near Princeton, New Jersey
1935	Germany officially establishes the Luftwaffe
1939	In India, Gandhi begins a fast to protest the state's autocratic rule
1940	Hattie McDaniel is the first African-American to win an Academy Award (Best Supporting Actress) for her performance in *Gone With The Wind*.
1942	Japanese troops land on Java in the Pacific
1952	The first Walk/Don't Walk signs are installed at 44th St and Broadway in Times Square, New York
1956	France grants independence to Morocco
1965	The US announces it will send 3,500 troops to Vietnam

Guest Speaker: **Rhett Holt**

Tonight's guest speaker was a very pleasant fellow named Rhett Holt. Rhett recently opened a new business in Medina known as **The Green Barista**. The Green Barista is a specialised coffee lounge/cafe/eatery located at 19 Pace Road Medina. Eighteen months ago Rhett opened his first cafe known as **The Pond**, which is located in Penguin Road, Safety Bay. The Pond and The Green Barista both specialise in serving "intolerance" foods – food which can be consumed by people with significant food allergies/intolerances.

Rhett's journey with dealing with intolerance foods began approximately six years ago. At this time Rhett was working for the Queensland Government in a job which required extensive travelling. During the course of his travels he developed a virus which caused him to be hospitalised and subsequently diagnosed with coeliac disease. In addition to being intolerant to gluten, Rhett also became intolerant to foods with sulphides, which included tomatoes, citrus fruits, egg plant, potatoes, capsicum. (Italian food is not an option!).

Having a food intolerance has far greater implications than simply the annoyance of having to eat bland food whilst watching family and friends enjoying cakes and biscuits. Socialising away from home can be very difficult as the special catering requirements become an obstacle. Eating food from crockery on which food containing gluten/other allergens has also been served can cause an unpleasant reaction due to foods coming into contact with each other. Dishwashing is another matter – crockery used by a person with food intolerance needs to be washed separately from other dishes. A huge issue is the cost factor, with many intolerance foods being approximately seven times more expensive than ordinary food. (A friend recently informed me that the chief motivation for her to invest in a $2000 Thermomix was so that she could make bread for her husband who had coeliac disease, instead of constantly having to purchase expensive bread.)

With his businesses, Rhett aims to source "pure" food, i.e. foods containing no chemicals or additives, from local suppliers. Eggs, nuts and wheat are avoided. The businesses also serve "pure" water, which is produced through reverse-osmosis technique.

We wish Rhett every success with his businesses, and look forward to sampling his coffee/dishes. The reviews on the *Urban Spoon* website have been very favourable!

World's Greatest Shave
March 2016

Guys & Gals,

I am taking my mo off on 10th March for "Shave for a cure"
This is a mo that is almost older than me (which by the way is having a major milestone in April this year)

We have a team going at work, which is based on the 3 Stooges, Larry, Mo and Curly. I am pretty sure that I am Mo.

Anyway, if you wish to make a donation, then please click on the link below and donate. All monies are tax deductible and go to a great cause. (The cause being - cause I asked).

http://my.leukaemiafoundation.org.au/larrykinmoandcurly

Thanks in advance
Stephen Castelli Capital Procurement Officer Peel Regional Office

The **Leukaemia Foundation** is an Australian nonprofit organisation caring for and curing patients afflicted with leukaemia, lymphoma, myeloma and related blood disorders.
Established in Queensland, Australia in 1975, the Foundation now has offices in all states and territories of Australia.

It supports patients and family members by providing counselling, educational services and accommodation for families who need to relocate while patients receive care.

The Leukaemia Foundation invests millions of dollars per year in blood cancer research to improve treatments and find cures. It also supports thousands of Australians every year by providing free services including information, emotional support and advocacy, educational programs to help patients afflicted with blood diseases, safe transport to and from hospital treatment and access to fully furnished, 'home away from home' accommodation for regional families required to relocate to the city for as long as necessary.

One of the foundation's fundraising events is "World Greatest Shave", in which participants have their heads shaved in support of leukaemia patients.

A wife asks her husband, "Could you please go shopping for me and buy one carton of milk and if they have avocados, get 6".

A short time later the husband comes back with 6 cartons of milk. The wife asks him, "Why did you buy 6 cartons of milk?"

He replied, "They had avocados."

WIFE: "There is trouble with the car. It has water in the carburettor."

HUSBAND: "Water in the carburettor? That's ridiculous "

WIFE: "I tell you the car has water in the carburettor."

HUSBAND: "You don't even know what a carburettor is. I'll check it out. Where's the car?

WIFE: "In the pool"

A man asks a farmer near a field, “Sorry sir, would you mind if I crossed your field instead of going around it? You see, I have to catch the 4:23 train.”

The farmer says, “Sure, go right ahead. And if my bull sees you, you’ll even catch the 4:11 one.”

HE MUST PAY...

Husband and wife had a tiff. Wife called up her mum and said, "He fought with me again, I am coming to live with you."

Mum said, "No darling, he must pay for his mistake. I am coming to live with you."

Today's Short Reading from the Bible...

From Genesis: "And God promised men that good and obedient wives would be found in all corners of the earth." Then he made the earth round ... and He laughed and laughed and laughed!

Makeup opportunities

Rockingham:	**Monday**	**6pm for 6.30**	**Ocean Clipper Inn**
Palm beach:	**Wednesday**	**6pm for 6.30**	**Ocean Clipper Inn**
Cockburn	**Thursday**	**7.15am for 7.30**	**Cockburn Seniors Centre**
Fremantle	**Wednesday**	**6pm for 6.30**	**Villa Roma 12 High Street Fremantle**
Byford & Districts	**Monday**	**6.15pm for 6.45**	**Byford Tavern, South W Hwy**

Rotary Club of Kwinana Inc
Contributions welcome: eblogg@bigpond.com