



The Rotary Club of Kwinana

Rotary District 9465 Western Australia
 Chartered: 22 April 1971



Team 2022-23

- President**
James Sharkey
- Secretary**
Genevieve Carr
- Treasurer**
Stephen Castelli



President James

Bulletin

No 30 20/3/2023



Rotary Club of Kwinana is 51 years' old 1971/2022

Facts & Figures

Attendance this week

- Total Members** 28
 - Apologies**
 - Make-up** 2
 - Attended** 20
 - Hon. Member**
 - LOA** 2
 - Guests** 1
 - Visitors**
 - Partners**
- 84.0%**

Raffle

Peter & Bob C

Heads & Tails

John

We welcomed, (White-Carded) potential new member Pam Brookes back tonight. Pam has attended a number of meetings previously and returned tonight after some time away.

Tonight's guest speakers were PDG John Iriks and Tony Miller. Tony talked a little about the Bendigo Bank Walk and Mental Health.

PDG John wound the clock back to 2003/4 and told us about when he was DGE and a driving force behind the Cord Blood Project, a project suggestion that came from Inner Wheel WA as a Rotary Centennial Project.

It has all turned full circle and now the Cord Blood project has a new name and will continue to be an innovative influence in WA.

See below for a look at the history of the WA Cord Blood Project.

PP Max Bird and Tom Hoyer are currently in East Timor overseeing a number of projects, we receive reports from Max via Facebook. The Jakarta crew led by Mike Nella will be heading off in May to continue their great work.

Congratulations John & Deryl Wallhead on 60 years of marriage.



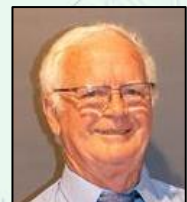
Rotary International President
2022/23
Jennifer E Jones

Rotary Club of Windsor-Roseland
Ontario Canada. 6400

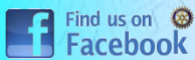
District Governor
9465

2022/23

Ric McDonald



STAY SAFE



Meets Monday
6 for 6.30pm
At Rotary Hall
Brownell Crescent,
Medina

**Visitors welcome
contact us**

March 2023: Water and Sanitation Month

March 2023

- Mon 6th No Meeting Public Holiday
- Mon 13th Club Meeting Courtney Marsh from Animal Rescue.
- Mon 20th Meeting John Iriks/Tony Miller FMT/ Rotary Walk
- Mon 27th Club Meeting

Attendance Officer: Paul Durant 0402 794 323
Meals: Kertrina 0401 632 749





James Sharkey

President's Pen

20th March 2023



District Assembly

Sunday 2nd April the District Assembly for our area will be held at the Leederville Function Centre from 9.00am until 2.00pm.

The District Assembly is required training for incoming Club officers however all Club members are invited to attend.

This assembly is particularly important this year as we prepare to become Rotary in Western Australia, district 9423 from 1st July 2023.

I would encourage all members who can, to attend, as you will gain a great insight into the World of Rotary.

Australian Rotary Health Lift the Lid Walk

Kwinana Rotary and the Bendigo are organizing a Lift the Lid Walk planned for Sunday 7th May to raise Funds and to promote awareness of Children's mental health research, being Australian Rotary Health prime research focus.

Tony Miller will be our Club coordinator for the Lift the Lid Walk so please let Tony know if you or your partner will be taking part in the walk.

James Sharkey
President 2022/23

Rotary Club of Kwinana meeting Monday 20th March 2023 at Rotary Hall





President 2023/24

Bob Cooper



To order or cancel a meal for the next Monday meeting: **Kertrina 0401 632 749**

A selection of soft drinks and bottled water is available from the kitchen fridge. Cost will be \$1.00 per can or bottle.

President 2023/24 Bob Cooper
Club Service Report:



2022/23

PP Genevieve Carr

20th March. 2023



Inward Correspondence.

- Notification regarding Zone 8 Regionalisation Pilot update
- Email from David Redpath regarding Valk Scholarships for 2023 for Gilmore College students.
- Notification of new membership candidate
- Invoice and badge from Imprint Plastic
- Certificate of Appreciation from Rotary International for our contribution to End Polo Now during 2021 – 2022
- Rotary Out West
- Synergy bill

Outward Correspondence

- Sympathy card sent to Karen and Norm Mulcahy

Would members please note that any correspondence received or posted by yourself, please ensure a copy is forwarded to your secretary.



2022/23

PP Stephen Castelli



Bills paid, money in the bank.

We have donated \$1,000 to the NZ Flood Appeal.

Rotary Down Under Magazine now comes to you electronically.
Bring your empty drink containers, we have collection bins.



2022/23

PP Genevieve Carr



Youth Services Report

20th March 2023

1. RYPEN: The next weekend camp will be held 19-21 May at the Serpentine Camping Centre. If anyone knows of a suitable young person aged 14-17 years, please let Genevieve know.

2. Youth Exchange Program: We are due to host a female student from Norway, who will be arriving in late July 2023. Currently in the process of negotiating with Gilmore College about the student attending school there during her stay with us. Thanks to John and Chris Iriks for volunteering to be a host family. Keen to hear from anyone else!

Rotary Youth Exchange (RYE) is a Rotary International student exchange program for students in secondary school.

Since 1929, Rotary International has sent young people around the globe to experience new cultures. Currently, about 9,000 students are sponsored by Rotary Clubs every year. Typically, students are sent to another country for a year-long stay, generally living with multiple host families during the year and being expected to perform daily tasks within the household as well as attend school in the host country. Short term exchange programs are also quite common. These typically involve direct student exchanges between two families arranged through Rotary to coincide with major school holiday periods.



History

The Rotary Club of Copenhagen, Denmark initiated the first Rotary exchange in 1927, and the Rotary Club of Nice, France followed suit soon after in 1929. Although exchanges today usually last ten months, the first exchanges took place during school vacations for only a couple of weeks. The year-long Rotary Youth Exchange program was created in 1958 in Lake Placid at a Rotary Governors assembly. Here, many rules and procedures were established that still exist today. The first year-long exchange conducted by Rotary under this new framework involved a student leaving from Scottsbluff, Nebraska to live in Myrtleford, Australia for 10 months, and two Australians from Myrtleford arriving in Grand Lake, Colorado. In the following years more and more countries became involved in the program. In 1962 the first involving Japan and Germany were arranged after tense relations between them and other Rotary International Clubs following World War II. Since its conception 80 years ago, the Rotary Youth Exchange program has expanded rapidly to exchange 9,000 students annually between 80 countries.

Through the Rotary Youth Exchange, Rotary International hopes to create a more interconnected and understanding world. One of Rotary's primary goals is promoting peace around the world, and through the Rotary Youth Exchange, it aims to make the world a more peaceful place one exchange at a time. This rationale follows the logic that if a student's experience different cultures and meet people from all around the world, they will be more understanding of foreign people and countries in the future. Rotary expects that this understanding will lead to a more interconnected and peaceful world.

https://en.wikipedia.org/wiki/Rotary_Youth_Exchange



Projects Director
PP Mike Nella



PP Max Bird
Foundation Dir.



PDG John Iriks
Membership Dir.



Kim Beciri
Public Relations Dir.

Project Director's Report.

Furniture-On-Line, going well, my sincere thanks to all who are assisting.

Planning to renovate 2 schools, Jakarta, progressing well.

We plan to flyout 12th May for 3 weeks.

Calista Oval has been booked for the Kwinana Fair on Saturday
11th November 2023.

5 Portable toilets have been booked for the fair.

Calista Oval and The Patio are booked for Australia Day 2024
pending discussion about the date.



Kertrina Riordan
Community

Public Relations:

We continue to receive exposure on Rotary Out West.

Kim is promoting our club on Facebook.



Peter Schulz
Vocational

Membership:

Anthony Miller is now officially a member of our club.

We have a 'Whitecard' for Pam Brookes.

Bendigo Bank Walk to support ARH, couple of helpers needed.

Still working on Jennifer Jones Challenge, almost complete.

Community:

Bread Program, ongoing. All welcome to assist.

Breakfast Club always in need of more assistance, see Stephen if you can help.



PP. Max Bird
International

International:

Youth: Report above.



PP Genevieve Carr
Youth

Visit your club webpage.

<http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106>

or type Kwinana Rotary into 'Search'



Guest Speaker: PDG John Iriks and Rtn Tony Miller



Tony gave us a rundown on the suicide problem facing us in Australia.

These statistics are based on 2021 data which was released by the ABS on 19 October 2022.

- Suicide was the 15th leading cause of death overall (the same as in 2020), accounting for 1.8% of deaths.
- 3144 Australians died by suicide in 2021, which represents an age-standardised suicide death rate of 12.0 per 100,000 people.
- The number of suicides has increased slightly, with 5 more deaths in 2021 (compared with 3139 deaths in 2020). However, taking into account Australia's changing population the rate of suicide has decreased slightly from the 12.1 age-standardised suicide death rate reported for 2020.
- Over the previous ten years the age-standardised suicide death rate per 100,000 people has increased from 11.2 in 2012 to 12.0 in 2021, an increase of 7%
- The median age of death by suicide was 44.8 years, compared to 82.0 years for all causes of death. Because suicide frequently occurs at a younger age than other causes of death the potential years of life lost are high.
- As in previous years, in 2021 suicide was the cause of death resulting in the highest number of potential years of life lost: 107,068 years. This was nearly half again as many years higher as the next most significant cause (Ischaemic heart diseases)

Younger Australians

- As in 2020, suicide was the most common cause of death for young people aged 15-24 years. 402 young people aged 15-24 died by suicide, representing 13.0 deaths by suicide per 100,000 people.
- However, this is a decrease from the 454 suicide deaths for young people aged 15-24 in 2020
- Almost one quarter of deaths in those aged 15-44 are due to suicide, the leading cause of death for this age group.

Men

- Consistent with previous years, males are around 3 times more likely to die by suicide than females. Males accounted for 75% of deaths by suicide (2358 deaths), while females accounted for 25% (786 deaths).
- Men aged 50-54 are particularly impacted with 9.1% of suicides of males. They had the highest rates of those aged under 80 years.

Aboriginal and Torres Strait Islander People

- In 2021 there were 219 Aboriginal and Torres Strait Islander peoples who died by suicide across Australia). The age-standardised rate of deaths by suicide amongst Aboriginal and Torres Strait Islander people over 2012 to 2016 and 2017 to 2021 was double – compared to the rate for non-Aboriginal and Torres Strait Islander peoples in the same period.
- The median age of death by suicide of Aboriginal and Torres Strait Islander peoples Australia was 30.2 across Australia, more than a decade younger than the median age of death by suicide for the general population of 44.8 years.

**Sunday, 7th
May 2023**

11:00 am

**Starting at The
Bendigo Bank**

**\$30 early-bird
tickets**

(more details below)

(more details below)

WALK FOR MENTAL HEALTH RESEARCH

The Rotary Club of Kwinana are hosting their inaugural **LIFT THE LID WALK** in 2023!

These walks are a great way to spread awareness of the 1 in 5 Australians who are suffering from a mental illness. Help us **Lift the Lid on Mental Illness** this summer by walking with us!

All proceeds go into mental health research through **Australian Rotary Health**.

LIFT THE LID WALK for Mental Health – KWINANA 2023

**Sun 7th May 11:00 AM
Bendigo Bank**



LIFT THE LID WALK for Mental Health will get you walking and get us all talking while we raise vital funds for Australian Rotary Health.

What: A WALK not a race and only just over one kilometre, about twenty to thirty minutes. Starting from the Bendigo Bank Branch at 4 Challenger Avenue, the walk finishes at Kwinana's highly awarded Adventure Playground at Calista Oval. The walk will take place on footpaths and crossing at traffic lights. The event finishes with a free BBQ sausage sizzle provided by the Rotary Club of Kwinana, a coffee van will be on site.

Who: Anyone who has been impacted by or cares about Mental Health – dogs on a lead are welcome.

Entry fee: \$30 for adults which includes an event t-shirt. Kids 16 and under walk for free. You can purchase t-shirts for kids via the ticket site. Early bird adult ticket sales before April 21st will receive a FREE t-shirt!

Registration: Registration online, with t-shirts available for collection from 10 am before the walk which commences at 11 am on 7th May 2023. Late registrations can be made on the day with credit card facilities, but t-shirts may not be available.

Thanks to our community partners Rotary Club of Kwinana , Kwinana Community Bank – Bendigo and the City of Kwinana.

Click on the link: <https://www.liftthelidwalk.com.au/kwinana>

Fecal microbiota transplantation (FMT)

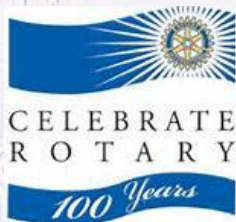


Microbiome

Lifeblood is providing life-changing faecal microbiota for transplant to patients Australia wide. It's a donation that most people flush away. That's right – we're talking about poo.

- Fecal transplantation is also called fecal microbiota transplantation (FMT), stool transplant, bacteriotherapy or intestinal microbiota transplant.
- FMT is mainly used to treat persistent infections with *C. diff*.
- The procedure works by taking healthy bacteria (microbiota) from the feces of a carefully screened donor and transferring them to the colon of the recipient.
- A fecal transplant is typically performed through a colonoscopy; however, it can also be performed with upper endoscopy.

See link: <https://www.lifeblood.com.au/microbiome>



Rotary WA Cord Blood Bank



In the Rotary year 2004-2005 Rotary Celebrated 100 years of Service to the Community. The celebration included a Multi District Conference at the Perth Convention Centre and also provided a Centennial gift to the people of Western Australia in the form of the Rotary Cord Blood Bank.

The events were managed by a number of committees set up by the three Centennial Governors of the day and as Kwinana's PP John Iriks was the District Governor at the time and Chairman of the Centennial Committee our Club members were involved in many of the events and managing committees.

The Cord Blood Bank proposal was nominated by Inner Wheel and was chosen from a number of suggestions from Inner Wheel, Rotary, Rotoract and other interested associations within Rotary.

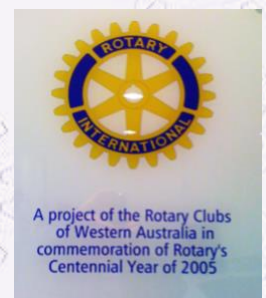
The project raised \$6.5 million to establish a facility which would collect and store stem cells from umbilical cords donated by mothers at Sir Charles Gairdner Hospital.

The project was completed, received Therapeutic Good Administration approval and was opened on 12th December 2011.

Over the next ten years the facility was handed over to the Australian Red Cross, as initially agreed, but due to advances in medical science it's use solely as a Cord Blood Facility was surpassed, the facility was repurposed and now operates as the **Rotary WA Health Innovation Centre**.

Axel Handevitt-Haar 9450 - John Iriks 9460 - Hugh Langridge 9470
Centennial Governors.

<https://www.hopkinsmedicine.org/health/treatment-tests-and-therapies/fecal-transplant>





Fine Session: Sergeant Cyril Bennett

Stand-in: Norm

Deputy Bill Rowe



No Badge: The 'Two Bob's' copped a fine.

Eagles and Dockers fined for their losing performance last weekend.

Paul: Managed to stand on and break Kim's big toe!!!

Paul: 'Throwing' money on to the floor, James fined for assisting.

Bob C: Chris reckons Bob's 'home brew' has enough foam on top to put out a fire.

Karen Z: Fined by Chris for holding a conversation with his wife, for 3 hours!!!

Birthdays and Anniversaries March 2023

Birthday Congratulations:

- Bevan Piper 7th
- Barry Winmar 12th
- Bob Cooper 16th
- John Maskell 23rd
- Brian Thompson 25th



Wedding Anniversaries

- John & Deryl 16th 60 years
- Greg & Marge 26th 57 years



Club Anniversaries:

Congratulations!

One day, a man came home and was greeted by his wife dressed in a very sexy nightie.

'Tie me up,' she purred, 'and you can do anything you want..'

So he tied her up and went to play golf!!

Polio this week

15th March 2023

The GPEI celebrated International Women's Day last week, highlighting the important and integral roles women play at all levels of the global polio eradication effort. [More](#).

At a high-level event at the House of Commons in London, UK, Andrew Mitchell MP, Minister of State (Development & Africa) announced he will be taking on the role of [gender champion](#) for the Global Polio Eradication Initiative and pledging the Government's continued support for the campaign. Rotary International President Jennifer Jones warned against polio 'fatigue', insisting that the world has never been closer to winning the fight against the disease, calling on all stakeholders to deliver on its promise to [deliver a polio-free world](#).

Eastern Mediterranean health leaders call for redoubled efforts for a defining year for polio. Ministers and high-level delegates from across the Region participated in the seventh meeting of the Regional Subcommittee for Polio Eradication and Outbreaks. [More](#).

The Global Commission for the Certification of Poliomyelitis Eradication (GCC) met recently in Amman, Jordan, to review progress towards interrupting wild poliovirus type 1 (WPV1) transmission in polio-endemic Pakistan and Afghanistan, implementation of the Global Surveillance Action Plan, and to hear from the six regional certification commissions on current regional priorities and issues. [More](#).

The GPEI has received confirmation of the detection of cVDPV2 in Burundi and Democratic Republic of the Congo (DRC), originating from novel oral polio vaccine type 2 (nOPV2

Summary of new polioviruses this week:

- Pakistan: one wild poliovirus type 1-positive environmental sample
- Benin: one circulating vaccine-derived poliovirus type 2 (cVDPV2) case
- Burundi: one cVDPV2 case and five cVDPV2-positive environmental samples
- Chad: two cVDPV2 cases
- Democratic Republic of the Congo (DR Congo): six cVDPV2 cases
- Niger: one cVDPV2 case





What happened this week in history?



Mar 19th to Mar 25th



19th

1571: Spanish troops occupy Manila
1644: 200 members of Peking imperial family and court commit suicide in loyalty to the Emperor
1911: 1st International Women's Day sees over 1 million men and women attend rallies.
1932: The Sydney Harbour Bridge is opened in Sydney, Australia

20th

1525: Paris' parliament begins pursuit of Protestants
1800: Alessandro Volta reports his discovery of the electric battery.
1819: London's famous Burlington Arcade opens, the world's 1st shopping arcade.
1920: 1st flight from London to South Africa lands (took 1½ months)

21st

1788: Fire destroys 856 buildings in New Orleans, Louisiana
1824: Fire at Cairo ammunitions dump kills 4,000 horses
1844: The original date predicted by William Miller for the return of Christ and end of the world.
1943: Assassination attempt on Adolf Hitler fails

22nd

1349: Townspeople of Fulda, Germany massacre Jews, blaming them for the Black Death
1565: Turkish Armada leaves Constantinople bound for the siege of Malta with about 193 ships
1622: First American Indian (Powhatan) massacre of Europeans in Jamestown Virginia, 347 killed
1888: English Football League established

23rd

1657: France & England form alliance against Spain; England gets Dunkirk
1839: 1st recorded use of "OK" [all correct] (Boston's Morning Post)
1857: Elisha Otis installs his 1st elevator at 488 Broadway in New York City
1901: Australian opera star Dame Nellie Melba reveals secret of her now famous toast

24th

1837: Canada gives its black citizens the right to vote
1877: University boat race between Oxford & Cambridge ends in a dead heat
1882: German scientist Robert Koch discovers the tubercle bacillus which causes tuberculosis.
1906: "Census of the British Empire" shows Great Britain rules 1/5th of the world

25th

31: 1st Easter, according to calendar-maker Dionysius Exiguus
421: Friday at 12 PM - city of Venice founded
1609: Henry Hudson embarks on exploration for Dutch East India Company, find a passage to Asia
1807: British Parliament abolishes slave trade throughout the British Empire.

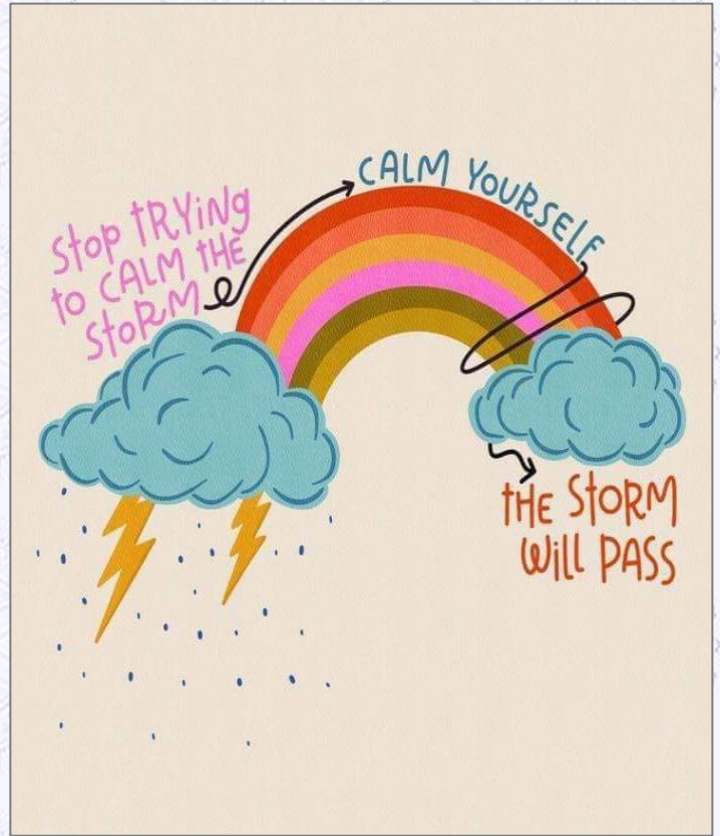
Blast from the Past:
BBQ meeting held outside at Rotary Hall on

17th November 2014





1956, A (State of the Art) 5-megabyte hard drive being loaded on to an aircraft



Makeup opportunities

Rockingham
Palm beach
Baldivis
Cockburn
Byford & Districts

Monday
Wednesday
Mon/Fortnightly
Thursday
Monday

6pm for 6.30
6pm for 6.30
6.30pm
7.15am for 7.30
6.45pm for 7.15

Rockingham RSL Club
Ocean Clipper Inn
Peel Manor House
Cockburn Bowling & Rec. Club
Byford Tavern, South W Hwy

Rotary Club of Kwinana
Contributions welcome: eblogg@bigpond.com