



Team 2015-16

President **Max Bird**
Secretary **Brian McCallum**
Treasurer **Bob Cooper**

Attendance this week

Total Members
Exempt
Apologies
Make-up
Attended
Honorary Member
LOA
Guests
Visitors
Partners
92%

Facts & Figures
Raffle
Chris O, Bevan

Heads & Tails
Stephen C

Birthdays:

Anniversary:

Club Anniversary:
See below

If you had any we hope
you had a good day



Meets Monday
6 for 6.30pm

At Rotary Hall

Brownell Crescent, Medina

Visitors always welcome



The Rotary Club of Kwinana Inc.

District 9465 Western Australia

Chartered: 22 April 1971



President Max

Bulletin

No 36 9 May 2016



Be a gift to the world

Greetings from the Stand-in Bulletin Editor,

At present Eric and Gladys, together with Greg and Marge, are enjoying a cruise through Europe. We shall look forward to hearing of their travels upon their return.

Travel appears to be featuring strongly within our club at the moment, with President Max being in Timor, Vice-President Mike Nella travelling to Indonesia this week, our above-mentioned European travellers, and Edd and Ann caravanning in Australia; in addition both myself and Ian have just returned from overseas travel. As it happened, this week's guest speaker was our very own Stephen Castelli speaking about his travels along the Kokoda Track!

Towards the end of my recent trip, I travelled to Grantham in the UK to meet Paul Wilson, the mastermind behind Rotary Global Swimarathon. Having communicated regularly with Paul over the past few years since our early involvement with swimarathon, it was wonderful to meet him in person. Whilst in Grantham I had the opportunity to take part in a mini-swimarathon for End Polio Now at the Grantham pool together with Rotarians from the Rotary Club of Grantham-Sunrise. Following the swim, we enjoyed fish and chips for dinner, thereby participating in World's Greatest Meal! The Rotarians from Grantham were most interested to hear about our club.



Rotary International President

K.R. (Ravi) Ravindran

Rotary Club of Colombo

District Governor
9465

2015/16

Melodie Kevan



Coming Events May 2016 Youth Services Month

May 2016

Mon 16 Club Meeting Recycle Bike Project
Wed 18 Board Meeting
Mon 23 Club Meeting Restaurant Meeting Marri Park Tavern
Mon 30 Club Meeting Joint Peel Meeting @ Ocean Clipper Inn

June 2016

Mon 6 Public Holiday: no meeting

Attendance Officer: **James Sharkey 9592 4987**

Apologies by Saturday pm please



THE ROTARY 4 WAY TEST

of things that we think, say or do.

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERNED?



Club President 2015/16 Max Bird



President's Pen



Club Meeting 9th May 2016

President Report

Past President Michael Nella had the job of chairing tonight's meeting as our President Max is currently in Timor.

- Welcome to visiting Rotarian, PDG Brian Foley of the Rotary Club of Mordialloc. Brian and wife Helen are currently holidaying in Perth, staying with daughter Genevieve Carr. Brian is President of the Rotary Club of Mordialloc for 2015-2016.
- Welcome to John Kollias, and to partners Deryl Wallhead and Ruth.
- As PP Michael is due to travel to Indonesia this week, PP James Sharkey will be chairing next week's club meeting.

International



President Max is currently in Timor! Departed on Sunday 8 May, and will be returning on Wednesday 25 May. We shall look forward to hearing of his activity in Timor following his return.



Club Service: PP Mike Nella



- Club Service Director Mike will be away in Indonesia for the next ten days. Hence the need to appeal to members for assistance with the bread project, especially this Friday afternoon's pick-up from Baldivis bakery. Huge thanks to Michael Metcalf for stepping forward.
- Monday 23 May: club meeting at the Marri Park Tavern. As we will need to confirm numbers shortly, please respond appropriately to invitation sent via ClubRunner.
- Monday 30 May: joint meeting with Rockingham clubs at the Ocean Clipper Inn – please respond via ClubRunner invitation.

Rotary Worldwide
Rotary International is a global network of 1.2 million community volunteers from all walks of life who provide humanitarian services, encourage high ethical standards and help build goodwill and peace in the world.

Trade Aid
Grantham Rotarians Club-developed Trade Aid Boxes providing tools to help and help people, especially after disasters or to enable them to start work for the first time. Many boxes are available for builders, carpenters, mechanics and even teachers. They are filled with new tools and equipment and have been sent all over the world.

Rotary Swimarathon
The Rotary Club of Grantham started this event in 1990. Swimmers take part to raise money for local charities and good causes. The Air Ambulance, Marie Curie and MacMillan Nurses have benefited. Vehicles have been purchased for the care of the elderly and the disadvantaged along with boats for handicapped sailing. By 2011 over £500,000 had been raised. The Grantham event has inspired a Rotary Global Swimarathon using only social media in support of Rotary's End Polio Now campaign. A Guinness World record was created in February 2012 when 4,546 swimmers took part in the world's biggest simultaneous charity swimming event at 64 locations in 25 countries.

Shelter Boxes
At the heart of each Shelter Box is a disaster relief tent. It is custom made and designed to withstand extreme temperatures and weather conditions. Survival equipment is included such as a pack for children who have lost most if not all of their possessions. Small gifts of drawing books, crayons and pens become treasured possessions.

Rotary in Grantham
There are two clubs in 2020 in the town. The Rotary Club of Grantham, founded 1911, and the Rotary Club of Grantham Rotarians, founded 1982. In Grantham ROTARY strives to help the community by work with schools and youth groups, local charities and other support groups. ROTARY clubs are non religious, non political and open to men and women of every race, culture, creed and all ages. ROTARY membership seeks to embrace the diversity of the community in terms of professions and occupations. Membership gives men and women an enjoyable and organized way to make a contribution to their community. By using their skills and expertise members also enhance their professional network, career development and cross cultural understanding.

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Paul P Harris
Paul Harris first movement's for people who help

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Service Above Self

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The presence of Rotary within the town of Grantham in the UK. The information above is located on a special plaque within the centre of the town.



Secretary: **PP Brian McCallum**



Inward Correspondence.

- Australian Rotary Health. Donation of End of Rotary Funds.
- Bendigo Bank. Statement A/C 135557108.
- City of Kwinana. Community Development Fund 2016/17.
- Wellard & Districts Probus Club. 1 Letter &

Outward Correspondence.

- Letter of appreciation & thanks to Ian Parker. For Inspection & Tagging of Electrical Cables.

Would members please note that any correspondence received or posted by yourself, please ensure a copy is forwarded to your Secretary.



Treasurer: **PDG Bob Cooper**

Bills paid, money in the bank



Make sure when you provide me with your banking details for a payment, etc. that the details are correct!!

I'm so good at sleeping I can do it with my eyes closed.

Life is like riding a bicycle.
To keep your balance, you must
keep moving.
— Albert Einstein



"Success Always Hugs you in Private...!" But "Failure Always slaps you in the Public...!" Thats Life...



Club Projects Director
PP Ian Critchley



PP Bob Thompson
Foundation Dir.



PP Matt White
Membership



PDG John Iriks
Community



PP Genevieve Carr
Vocational



Pres. Max Bird
International



Lorraine Lucas
Youth



PP James Sharkey
Public Relations Dir.

Project Director's Report.

Membership

- No report

Community:

- Sending a bill to Residents' Association of Wellard.
- Thanks to those folks who assisted at the Village Markets at Wellard on Sunday; unfortunately there were only 13 stalls this month. John is due to have a meeting with Peet this Friday morning. The licence for VM@W is due to expire on 30 June 2016.
- NAIDOC Week will be during the first week of July; we have offered to do the BBQ for \$200 payment.
- After much negotiations, John has organized for our club to run a BBQ at the Aldi opening on Wednesday 8 June from 7 am until 6pm. Shall be looking for volunteers to assist; likely to have three possible shifts – morning, mid-day, afternoon.

Youth

- Lorraine Lucas and James Sharkey delivered 30 microscopes to Leda Primary School last Friday. The school was most appreciative.

Vocational

- 25 books delivered this morning to the Clinic Nurse at the Kwinana Community Health Centre for distribution to appropriate families as part of the *Books for Babies* program.

Public Relations

- Article appeared in *Rotary Out West* last weekend covering our club's presentation of microscopes to Leda Primary School.

Visit your club webpage.

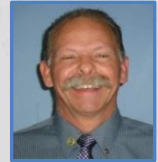
<http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106>

or type Kwinana Rotary Club into 'Google'

Fine Session



Sergeant: PP Stephen Castelli



All members who haven't yet purchased a Bowelscan kit!

John Iriks: lounging under a street light in Wellard

Sam: chatting to Antoinette!!!

Lorraine: making life difficult for Attendance Officer James

Lee: the lady in purple!

John Iriks: understanding the Federal budget

Ian: watering down his wine to make it last longer!

Brian Mc: drinking Eaglehawk wine

Sam: questioning the sergeant!

Mike Nella: travelling to Indonesia to see the locals!

James: appeared in a selfie in Rotary Out West

Chris Oughton, Wendy: no badge

Raffle winners

Stephen: answered his phone during the meeting!!!



Lorraine Lucas and James Sharkey presenting microscopes to students at Leda Primary School. The picture has subsequently appeared in *Rotary Out West* and the *Weekend Courier*.

"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."

- Albert Einstein



Guest Speaker: Stephen Castelli

THE KOKODA TRACK

Our very own Stephen Castelli did the honours at this week's club meeting, with a fine presentation on his experiences trekking along the Kokoda Track in Papua New Guinea.

Steve's journey took place during 2008 whilst he and his family were living in the Northern Territory. At that time Steve's younger son had set out to achieve his Duke of Edinburgh Gold Award, of which part of the criteria was undertaking the challenge of the Kokoda Track. As a number of parents were required to support and supervise students with their endeavours, Steve stepped up to the talk and volunteered to take part in the activity (the things we do for our children!). In all a total of 27 participants took part in the trek – 11 students and 16 adults. The month of July was chosen for the trek as it was during the dry season.



Prior to the trek, Steve and his cohorts spent six months training for the event. Given that participants needed to carry backpacks weighing 16kg (including four litres of water), a high level of fitness was required. After a flight to Port Moresby, participants were transported by bus to Ower's Corner. From here they spent the next nine days hiking along the 96 km track. As the trek entailed much uphill and downhill activity, the use of hiking sticks proved invaluable. Much of the terrain was lush, green and very hilly.

Cont.

This Week in History

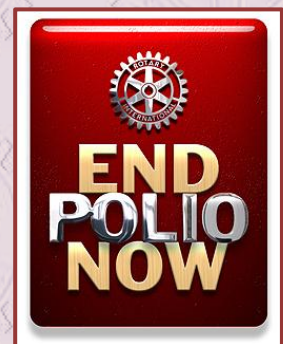


- 9 May 1502: Christopher Columbus leaves Spain on his final trip to the New World
- 9 May 1915: German and French forces fight the battle of Artois
- 10 May 1869: The newly constructed tracks of the Union Pacific and Central Pacific Railways were first linked at Promontory Point, Utah
- 10 May 1994: Former political prisoner Nelson Mandela was inaugurated as president of South Africa
- 11 May 1573: Henry of Anjou becomes first elected king of Poland
- 11 May 1857: Indian mutineers seize Delhi
- 12 May 1937: King George VI was crowned at Westminster Abbey in London following the abdication of his brother, Edward VIII
- 13 May 1981: Pope John Paul II was shot twice at close range while riding in an open automobile in St Peter's Square, Rome
- 14 May 1607: The first permanent English settlement in America was established at Jamestown, Virginia.
- 14 May 1796: Smallpox vaccine was developed by Dr Edward Jenner, a physician in rural England.
- 15 May 1768: By the treaty of Versailles, France purchases Corsica from Genoa.

Polio Update



What polio used to look like in our society



Those who say it can't be done need to move out of the way of those who are doing it.

The Kokoda Track cont.

Assisting the trekkers were twenty locals acting as porters carrying food for everyone. These porters were often either barefoot or wearing light footwear (clearly the occupational health and safety regulations are somewhat different in PNG!). Every night the group would set up camp near a water source; all water needed to be sterilized prior to drinking. Amenities were long drop toilets. At some villages, locals would bring along 300ml cans of coke which they sold to participants for \$5 each – expensive due to the effort of transporting the items. In general, the locals were very friendly and welcoming. Sleeping arrangements were either two-man tents, or single tents. Another aspect of the trip was the fact that the hot, humid weather made it impossible for folks to dry their clothes after washing.

Along the track, the group encountered numerous significant landmarks. The first stop along the track was at Immature Ridge, which was as far south in PNG as the Japanese reached during World War II. The trekkers had the opportunity to visit Banima's cemetery. Further along, a ceremony was held at Brigade Hill, where they sang the Australian national anthem, followed by a group of locals singing the PNG national anthem. At Isurava a memorial site was created by members of the Australian troops, with a theme of courage, sacrifice and mateship. Throughout the trek, the group were strongly aware of being able to feel and touch history. The homeward stretch was predominantly downhill, and featured many banana trees and palm oil plantations.

The undertaking of this event necessitated fundraising activity. Fortunately the local mining company gave support. By stripping cables and cleaning the respective copper, the group were able to raise significant funds.

In all, Steve found the experience extremely challenging, but rewarding. A major feature was the opportunity for him to enjoy quality time bonding with his son. Other memorable aspects were the importance of taking anti-malarial pills every morning (unfortunately one student contracted malaria at the end of the trip), and the regular request to “pass the vaseline” to coat feet and toes, thereby preventing blisters.



Duke of Edinburgh Award

The Award is a leading structured (non-formal education) youth development program, empowering all young Australians between age 14 to 25 to explore their full potential regardless of their location or circumstance. The Award is a fully inclusive program and has no social, political, or religious affiliations.

How is an Award Achieved?

Each young person who takes part in the Award learns a skill, improves their physical well being, volunteers in their community and experiences a team adventure in a new environment. All participants are supported by a network of adult Award Leaders, Assessors, Supervisors, and mentors.

The key elements of our program are:

- Open to all between the ages of 14 to 25.
- Three levels: Bronze, Silver, and Gold, each progressively more challenging.
- Four Sections: Physical Recreation, Skill, Service, Adventurous Journey plus Residential Project (Gold Level only).
- Achieving an Award recognises individual goal setting and self-improvement through persistence and achievement.

A longstanding global network

Today over 143 countries have adopted The Duke of Edinburgh's International Award program and more than 8 million young people have participated worldwide. Locally over 700,000 young people have completed the Award in Australia in the past 57 years, with on average 40,000 very diverse participants annually working towards achieving an Award.

The Fundamentals of the Award

- Regular participation in activities is required to meet the time requirements of each Award Section and Level.
- Focuses on capacity building by encouraging all young Australians to make independent decisions and to negotiate priorities through participation.
- Provides a framework that works with all young people in any conceivable situation. This includes youth at risk, Indigenous youth, new refugees, marginalised youth, young people in regional and remote communities, and young people with disabilities.
- Assists with the provision of social infrastructure in the community and draws together and connects people, institutions and generations with the common purpose of youth development and inclusion.

[-www.dukeofed.com.au/doing-the-award/](http://www.dukeofed.com.au/doing-the-award/)

Makeup opportunities

| | | | |
|-------------------------------|------------------|------------------------|--|
| Rockingham: | Monday | 6pm for 6.30 | Ocean Clipper Inn |
| Palm beach: | Wednesday | 6pm for 6.30 | Ocean Clipper Inn |
| Cockburn | Thursday | 7.15am for 7.30 | Cockburn Seniors Centre |
| Fremantle | Wednesday | 6pm for 6.30 | Villa Roma 12 High Street Fremantle |
| Byford & Districts | Monday | 6.15pm for 6.45 | Byford Tavern, South W Hwy |

Rotary Club of Kwinana Inc
Contributions welcome: eblogg@bigpond.com