



The Rotary Club of Kwinana

Rotary District 9465 Western Australia
 Chartered: 22 April 1971



Team 2021-22

**President
Bob Thompson**

**Secretary
Genevieve Carr**

**Treasurer
Stephen Castelli**



President Bob

Bulletin

No 38 02/05/2022



SERVE TO CHANGE LIVES

Rotary Club of Kwinana is 51 years' old 1971/2022

Facts & Figures

Attendance this week

- Total Members** 29
 - Apologies**
 - Make-up**
 - Attended** 21
 - Hon. Member** 1
 - LOA** 3
 - Guests** 1
 - Visitors**
 - Partners**
- 78%

Raffle

Brian & Greg

**Heads & Tails
Cyril**

We're back after a 2 week break due to Easter and Anzac Day.

The power outage we experienced at our last meeting was rectified promptly by Western Power, all good.

Anzac Day Breakfast went off smoothly, we provided a much simpler option instead of our usual full breakfast we have put on in the past. With Medina Hall not open, we provided bacon and egg roll, with a sausage sizzle available for the kids, this went over very well. I believe people would have thought this was a good option instead of wrestling with a paper plate etc. Certainly, a much better option for us in all aspects.

30 years ago, on the 4th May 1987, the US Supreme Court opened membership of Rotary Clubs to women. The 1989 Council on Legislation vote to admit women into Rotary clubs worldwide remains a watershed moment in the history of Rotary.

PP Bevan Piper was invited to attend the Anzac Day March in Perth City, Bevan was picked up from home in a classic Mercedes, took part in the march and afterwards returned home.



**Rotary International President
2021/22
Shekar Mehta**

Rotary Club of
Calcutta- Mahanagar

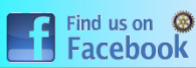
**District Governor
9465**

2021/22

Pat Schraven



STAY SAFE



May 2022: Youth Service Month Coming Events

May 2022

- May 2nd** Club Meeting Dr Menton A Healthy Lifestyle
- May 9th** Club Meeting
- May 14th** Bus trip to the Swan Valley
- May 16th** Club Meeting. David Redpath from Old Flames, Gilmore College
- May 23rd** Club Meeting. PP James Sharkey. Falkland Naval Memories
- May 30th** Club Meeting

Attendance Officer:
Paul Durant 0402 794 323
Apologies by Saturday 4 pm please





Bob Thompson

President's Pen

02nd May 2022



Anzac Day Community Breakfast

A very successful Club project that was appreciated by members of our community who attended and stayed for the breakfast. Thanks to those members and partners who attended and worked on the day. Special thanks to Kertrina, Mike, James, Eric and John I for all their behind the scenes work.

Membership Webinar

On Tuesday 26 April, I attended a membership webinar run by Kero O'Shea, the membership coordinator for Zone 8 (Australia, NZ and Pacific Islands) dealing with the problem of shrinking Club. It was advised that we have hundreds of thriving clubs in Zone 8, and that they provide lots of great lessons for us all.

The online Membership Voice library is loaded with great examples of evidence-based successful club building, based on what successful clubs and districts do. In the webinar, Kero distilled some of the key lessons from the library to help prepare for another Rotary year.

Some of the takeaway messages for me were.

- Active Clubs have acted to "modernize"
- Members need to be at the Centre of the Club by being asked what they need, being free to speak and listened to.
- Checking on relationships within the Club has to be ongoing.
- Remember that unresolved conflict destroys Clubs.
- Members should be encouraged to develop personally through the free resources available online through Rotary Learning Institute and the Rotary Learning Centre.
- It was suggested that Clubs are still setting their Club fees as "Exclusive" when we need to be "Inclusive"
- Clubs can subsidise members as NFP's can raise \$\$\$ for operational needs.
- Conducting projects for operational needs to improve and to build up the Club to assist with membership gain and retention was supported. This requires advice to the public if the funds raised are to go to the Club for operational use.
- Reduces membership annual fees through subsidizing members has proved beneficial to Clubs that have proven growth and retention stats.
- We CAN grow our club - if we act!

MOU with Befriend

Following the Board decision to allow Befriend the use of our Rotary Hall free of charge for one Saturday per month, a MOU was drawn up to cover the usage and has been reviewed by Board members and sent to Befriend for their consideration.

Kwinana Wreck Signage at Kwinana Beach

Jade McCallum the Arts and Culture Officer at the City of Kwinana contacted the Club.

Jade advised that in June, it marks 100 years since the SS Kwinana wrecked on the Kwinana Beach. Being a centenary, the City hopes to undertake a couple of activities to commemorate the occasion. One of these is to replace the sign that it currently near the wreckage that was originally made and installed by Kwinana Rotary. The sign over the years has deteriorated, the sign itself is very hard to read now, and the poles have almost rusted through due to the conditions by the beach. The City would like to replace the sign entirely with something new and wanted to check in us that that would be ok before we remove it? The City are happy to show us the design of the new sign before it is installed, and to invite Club rep(s) to attend a small coffee/cake by the beach to mark the occasion, which is likely to be in July.

The Board members reviewed the proposal and responded to the City with support for it to go ahead together with an acceptance of their offer to send us out a copy of the proposed signage details for the Club to review and comment on prior to finalisation.

Our response also included the proviso that our Club name and the Rotary International emblem be included on any new signage.

Bob Thompson
President 2021/22



President 2022/23

James Sharkey



Club Service Report: 02/05/2022

Attendance Officer

I would like to thank Greg for deputising for Paul while Paul was on holiday. Paul is now back on the front desk. A reminder to text Paul's mobile prior to our next meeting if you have any problems attending.

Leave of Absence

Ian Critchley has been granted 2 months leave of absence effective immediately.

Rotary Hall Cleaning

Bob T and Grace have cleaned the Rotary Hall, kitchen and toilets this week.
Brian T and James are on the roster for next week.

District Grants Management Seminar 2022

Our 2022 Grants Seminar was held on **Sunday 1 May 2022**, from **9.30am to 11.30am** at **Rockingham RSL**.

The Seminar covered updates to our Rotary Foundation, information on applying for District and Global Grants and Grant reporting requirements. Attendance at this Grants Seminar is one of the requirements for Clubs to apply for grants in 2022/2023 Rotary year. Genevieve and myself represented our Club at this seminar.

Bus trip to the Swan Valley

We have 27 members and partners attending the Swan Valley bus tour on Saturday 14th May. The plan is for the coach to leave the Rotary Hall at 9.00am returning at around 4.00pm. We intend to have morning tea about 10.00am at a Chocolate Company Café, before visiting a Brewery, an Art Gallery, and an Italian Nougat Factory. We will have lunch at a winery followed by a visit to the Margaret River Chocolate Factory. Thanks to Eric and Gladys for being driver and guide for the trip. Also thanks to Greg and Marge for making their own way on the day saving us the extra cost for a larger bus. Finally, my thanks to Stephen and Kertrina for all the work they have done in planning the event.

James Sharkey
Club Service Director

You can read this?

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Aoccdnrig to rscheearch at Cmabrigde Uinervtisy it deosn't mtttaer in waht oredr the lttters in a wrod are, the olny iprmoetnt tihng is taht the frist and lsat ltteer be in the rghit pclae. The rset can be a taotl mses and yuo cna sitll raed it wouthit any porbelm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe.



PP Genevieve Carr

02/05/2022



Inward Correspondence.

- Notification from Rotary Foundation about World Immunisation Week 24 – 30 April
- Message from COK regarding new signage at Wells Park for the SS Kwinana
- Notification regarding Membership leads from Rotary International
- Message from RI President Shekhar regarding Rotary’s commitment to diversity, equity and inclusion
- Rotary Down Under
- Notification from RYPEN committee regarding extension of deadline for applications
- Renewal of business registration for furniture shop
- Water bill

Outward Correspondence

- Email to COK agreeing to their proposal for new signage for the SS Kwinana, including information about new Rotary logo.

Would members please note that any correspondence received or posted by yourself, please ensure a copy is forwarded to your secretary.



2021/22

PP Stephen Castelli



Bills paid, money in the bank.

Rotary Down Under Magazine now comes to you electronically. Bring your empty drink containers, we have collection bins.

Concerns that the most recent water bill was 3 times the normal amount? Recent changes to the retic system should rectify this.



2021/22

PP Genevieve Carr



Youth Services Report 02/05/2022

1. RYPEN: Two students from Gilmore College have successfully submitted applications for the weekend 20 –22 May 2022. These students will subsequently be invited to attend a club meeting as guest speakers.

2. Four Way Test Speech Contest: currently following up with local schools.



Projects Director
PP Mike Nella



PP Max Bird
Foundation Dir.



PDG John Iriks
Membership Dir.



Kim Beciri
Public Relations Dir.

Community



Kertrina Riordan

Vocational



PP. Max Bird
International



Project Director's Report.

Furniture-On-Line, 2022 going really well, my sincere thanks to all who are assisting.

Club members encouraged to assist any time, see Mike for info.

We are in desperate need of the use of a large shed to store the donated furniture. With COVID restrictions eased, booked to fly out to Jakarta 27th May.

Public Relations:

We continue to receive exposure on Rotary Out West.

Kim is promoting our club on Facebook.

Kwinana Community Fair 2022, Saturday 5th November at Calista Oval, planning already underway, being promoted on Facebook.

To May 3rd 4165 reached, 224 last 7 days. 350 responses, 11 last 7 days

Suggestion we could promote Rotary on local Radio.

Membership:

President John Iriks is Membership Director

Committee: Bob Thompson, Ed Samut and Eric Blogg.

Still the best option to invite new members, "ask someone"

Grace Obidike was welcomed into our club Monday 25th October

Kertrina Riordan was inducted on January 17th

Community:

Bread Program running well, underway again.

Still looking for more helpers, please come along.

Stronger Communities Grant, informed, grant successful.

Vocational:

International:

Youth: Report above.

Visit your club webpage.

<http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106>

or type Kwinana Rotary Club into 'Search'



Guest Speaker: Dr. Menton



PP Genevieve Carr
Youth

Dr Menton came along at the invitation of Kwinana Rotarian Grace Obidike.
Dr Menton has been a GP for some 12 years.
His address was primarily a guide to good health longevity.

Diet: Eating the right foods.

To achieve and maintain a healthy weight, be physically active and choose amounts of nutritious food and drinks to meet your energy needs.

Children and adolescents should eat sufficient nutritious foods to grow and develop normally. They should be physically active every day and their growth should be checked regularly

Older people should eat nutritious foods and keep physically active to help maintain muscle strength and a healthy weight.

Enjoy a wide variety of nutritious foods from these five groups every day:

- Plenty of vegetables, including different types and colours, and legumes/beans
- Fruit
- Grain (cereal) foods, mostly wholegrain and/or high cereal fibre varieties, such as breads, cereals, rice, pasta, noodles, polenta, couscous, oats, quinoa and barley
- Lean meats and poultry, fish, eggs, tofu, nuts and seeds, and legumes/beans
- Milk, yoghurt, cheese and/or their alternatives

And drink plenty of water.

The 6 Core Pillars for a Healthy Life

- Medical. It's important to establish and maintain a relationship with a primary care provider who will partner with you to help you understand your specific medical risks and assess your general state of health. ...
- Fitness. ...
- Sleep. ...
- Nutrition. ...
- Mindfulness. ...
- Social Wellness.

And most important of all, maintain good mental Health

- Stay mentally active. ...
- Remain socially involved.

Keep up to date with COVID vaccine, including your booster shots, remember the Rat tests are not always accurate.

The influencer season will be more severe this year, important to get flu-shots.

Dr Menton took many questions from the floor; his professional advice was appreciated by all in attendance.



Fine Session: Sergeant Cyril Bennett

Stand-in: John Maskell

Deputy Bill Rowe.



Couple with no badge including President Bob.

Dockers fined for their great win over Gelong.

Eagles coped a fine for coping a belting, the wheel does a full turn.

John I was looking in his back and Steve said “can I have a fiddle too”

Genevieve has anger issues, for no reason at all she threw the chair across the room.

Bill for showing signs of home violence, either by intention or maybe accident.

Paul on 2 counts. 1 for giving his better half a migraine and 2, when he found out that table 1 was going to be first to eat, he changed his chair from table 4 to table 1.

Genevieve: Missing in action from the Bread the other night.

James: Reports that 2 lady admirers gave James 2 boxes of Roses Chocs, share, “no way”

Birthdays and Anniversaries

May 2022

Birthday Congratulations:

Kertrina	2 nd
Bob T	7 th
Ann Thompson.	6 th

HAPPY BIRTHDAY

Wedding Anniversary's

Bob & Jo	12th	52 years
John & Chris	20th	50 years
Edd & Ann.	27th	50 years



Club Anniversaries.

Mike Nella. 40 years since first joined Rotary

Congratulations!

Why is the man who invests all your money, called a broker?
If money doesn't grow on trees, then why do banks have branches?
You cannot live on hope alone, nor can you live without it

Polio this week

27th April 2022

This week, Global Polio Eradication Initiative (GPEI) partners launched the 'Investment Case' for polio eradication, at a virtual event. The Investment Case is the GPEI sister-document to the Polio Eradication Strategy 2022-2026, and outlines the humanitarian and economic benefits of polio eradication. During the event, the Government of Germany, which holds G7 presidency in 2022, announced that the country will co-host a pledging moment for the GPEI Strategy during the 2022 World Health Summit in October



In Pakistan, a new case of wild poliovirus type 1 (WPV1) has been reported from North Waziristan, Khyber Pakhtunkhwa, with onset of paralysis on 9 April. It is the first reported WPV1 case from the country since January 2021. The isolated WPV1 is linked to virus isolated from an environmental sample from Bannu, in the same province, collected on 5 April. Detection of low-level transmission is not unexpected at this stage in Pakistan's eradication effort, and despite reporting of these latest isolates, the country continues to have record-low levels of WPV1 transmission in the country, which must be capitalized on. Similar low-level transmission was also seen in other countries during their 'end game' of their eradication efforts, including in Nigeria, India and Egypt. In response to detection of this case, the National and Provincial Polio Emergency Operations Centres have deployed teams to conduct a full field investigation and have launched emergency immunization campaigns to prevent further spread from the area to other parts of the country or across the border.



Rotary International President Shekhar Mehta, WHO GPEI Director Aidan O'Leary and Dr Sarthak Das, Chief Executive Officer of the Asia Pacific Leaders Malaria Alliance offer their views on what lessons and experiences from polio and malaria can be drawn for existing and future pandemics, in an op-ed published in Health Policy Watch.

Comprehensive outbreak response in Tajikistan successfully stops outbreak: an outbreak response assessment concluded that a cVDPV2 outbreak that started in January 2021 has been stopped, thanks to comprehensive and rapid response with novel oral polio vaccine type 2

(nOPV2). <https://www.euro.who.int/en/countries/tajikistan/news/news/2022/4/comprehensive-outbreak-response-successfully-stops-spread-of-polio-in-tajikistan>



Summary of new polioviruses this week:

- Pakistan: one WPV1 case and one positive environmental sample
- DR Congo: four cVDPV2 cases
- Israel: 13 cVDPV3 positive environmental samples
- Nigeria: one cVDPV2 case
- Occupied Palestinian territory: seven cVDPV3 positive environmental

Worry is like a baby: The longer you nurse it the bigger it will get
He who has no opinion will seldom be wrong
Despite the cost of living, it remains fairly popular
I don't know the key to success, but the key to failure is trying to please everybody.

What happened this week in history?



May 1st to May 7th



1st

1486: Christopher Columbus proposes his plan to search for a western route to India
1598: Jacob van Neck's merchant fleet departs for Java, modern day Indonesia
1707: Acts of Union, uniting England and Scotland to form the United Kingdom of Great Britain
1840: "Penny Black", the world's first adhesive postage stamp issued by Great Britain

2nd

1194: King Richard I of England gives Portsmouth its first Royal Charter
1497: John Cabot's expedition departs Bristol searching for new lands across the Atlantic
1670: King Charles II gives royal charter to the Hudson's Bay Company
1829: Captain Charles Fremantle of HMS Challenger, declares the Swan River Colony in Australia

3rd

1830: 1st regular steam train passenger service starts
1841: New Zealand proclaimed a colony independent of New South Wales
1921: Northern Ireland is created under the UK Government of Ireland.
1965: 1st use of satellite TV, Today Show on Early Bird Satellite

4th

1776: Rhode Island declares independence from Great Britain
1878: Thomas Edison's Phonograph shown for 1st time at Grand Opera House
1896: 1st edition of London Daily Mail (halfpenny)
1904: Charles Rolls meets Henry Royce in Manchester, England. Go on to form Roll-Royce.

5th

1494: 2nd voyage to New World, Christopher Columbus sights Jamaica,
1921: Perfume Chanel No. 5 released by fashion designer Coco Chanel
1925: Afrikaans is established as an official language in South Africa.
1930: Amy Johnson takes off - first woman to fly solo from England to Australia

6th

1541: King Henry VIII orders a bible in English be placed in every church in England
1837: US blacksmith John Deere creates the first steel plough in Grand Detour, Illinois
1840: World's first adhesive postage stamp, the "Penny Black", is first used in Great Britain
1937: German airship Hindenburg explodes in flames at Lakehurst, New Jersey, killing 35



7th

1663: Theatre Royal in Drury Lane London opens
1664: Louis XIV of France inaugurates The Palace of Versailles.
1765: HMS Victory launched; Admiral Nelson's flagship at Trafalgar, 40 years later
1867: Swedish chemist Alfred Nobel patents dynamite in England

PP Bevan ready to travel to Perth for the 2022 Anzac Day March



PP Bevan giving the royal salute from the parade



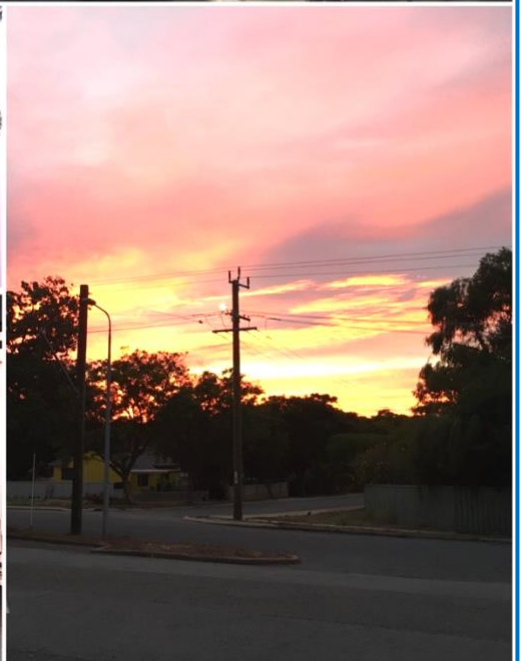
Message from PDG Bob and Wendy during their travels around Australia.

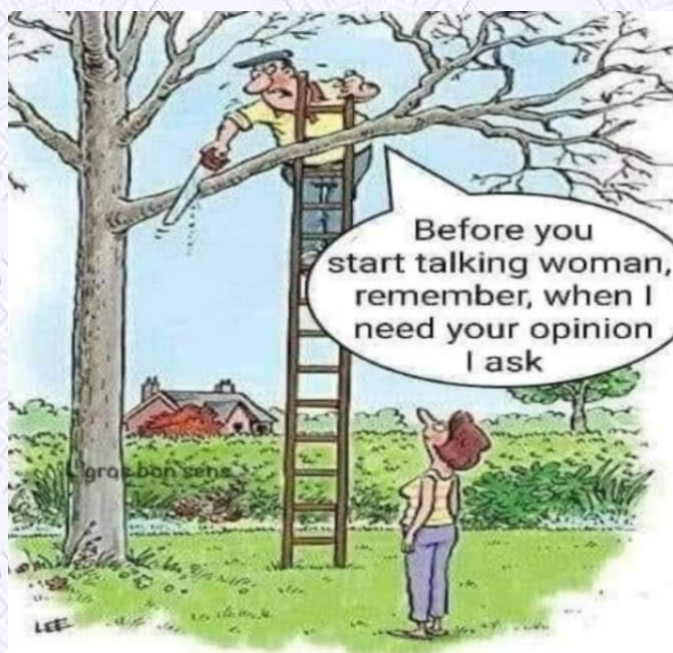
Bob and I were fortunate to share Rotary with two clubs last night. Rotary Gloucester and Rotary Walcha are towns 140 km apart that each travelled 70 kms to another town, Nowentoc, for a combined meeting. The local Women's Auxiliary provided the meal.

The amazing part for us was that the trip from Gloucester was all uphill through the Dividing Range. Members were picked up along the way with drinks and nibbles served on board. Those of you who have travelled on Victorian and NSW roads will understand our trepidation. 40-50 kmph for nearly an hour. You can imagine the trip home????!?!?

We are currently the guests of fellow PDG in Bob's year, Brian Beesley, the other Pink Suit Guy, and his wife Heather.







Makeup opportunities

Rockingham	Monday	6pm for 6.30	Rockingham RSL Club
Palm beach	Wednesday	6pm for 6.30	Ocean Clipper Inn
Baldivis	Mon/Fortnightly	6.30pm for 7.00	Peel Manor House
Cockburn	Thursday	7.15am for 7.30	Cockburn Seniors Centre
Byford & Districts	Monday	6.15pm for 6.45	Byford Tavern, South W Hwy

Rotary Club of Kwinana
Contributions welcome: eblogg@bigpond.com