



The Rotary Club of Kwinana

Rotary **District 9465 Western Australia**
Chartered: 22 April 1971

Team 2020-21

President
John Iriks

Secretary
Brian McCallum

Treasurer
Stephen Castelli

Facts & Figures

Attendance this week

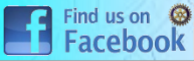
- Total Members** 31
 - Apologies** 9
 - Make-up** 4
 - Attended** 14
 - Hon. Member** 1
 - LOA** 1
 - Guests** 1
 - Visitors** 2
 - Partners** 1
- 76.0 %

Raffle

Lee & Mike N

Heads & Tails
James

STAY SAFE



Meets Monday
6 for 6.30pm
At Rotary Hall
Brownell Crescent,
Medina

**Visitors always
welcome**



President John

Bulletin

No 39 17/05/2021





Rotary Club of Kwinana is 50th year's old 1971/2021

Welcomed Sean Moring, our guest speaker telling us about the Duke of Edinburgh's Award.
We also welcomed John and PDG Cathy Roth from Geelong, Victoria, introducing us to PALZ (Professionals with Alzheimer's)

The Furniture-on-Line crew have a new (to them) truck to play with, our club board approved the purchase of a second-hand Mitsubishi Canter Van with the all-important Tail-Lift that will make life easier and more importantly very much safer to operate when loading the heavier items of furniture that come their way. Mike has again made the point that club members on-going help is required to ensure the longer team success of this project, Mike opts to not approach members for help but is making us all aware that help is needed from as little as a couple of hours per week. With stock now filling up the Naval Base warehouse Mike will be opening this site for viewing and purchase of furniture and bric-a-brac. Any member wishing to offer their time, please just see Mike for details.

Guess Who's Coming to Dinner, Bob T has everything set and organised for Saturday 22nd May.

	<p>Rotary International President 2020/21 Holger Knaack</p> <p>Rotary Club of Herzogtum Lauenburg-Mölln, Germany</p>	<p>District Governor 9465 2020/21 Colin Burns</p>	
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		May 2021	Youth Service Month
		Coming Events	
May:			
Mon 17 th	Club Meeting.	Sean Moring.	Duke of Edinburgh's Award
Mon 24 th	Club Meeting	Andrea	Brightwater Group
Mon 31 st	Club Meeting	No guest speaker	

Attendance Officer:
Greg Williams 0435 083 069
Apologies by Saturday pm please





John Iriks

17th May 2021



President's Pen

Greetings all

It was a pleasure to be able to share our meeting with my fellow Centennial District Governor PDG Cathy Roth and her husband PP John Roth. Cathy and John are from Geelong and are in Perth to launch the Western Australian Chapter of PALZ, Professionals living with Alzheimer's, see below for more detail.

The launch was well attended and although not a Rotary Project targeted senior Rotary leaders as an entrance into the WA community.

We are now moving on the "Rotary Kwinana Community Fair" and have a tentative date of 13th November 2021. A community meeting has been scheduled for Tuesday 22nd June 2021 at the Ken Jackman Hall, Darius Wells Library, time to be confirmed. All members are encouraged to attend, community groups have been invited to attend.

Congratulations to Mike and his team, our club has now purchased a Mitsubishi Canter Furniture removal van with rear lifting platform. Members who have used it are very happy and believe it will extend the project as we and the truck age. All signage has been transferred from the furniture trailer which will be placed on the market to offset the \$10,000 cost of the truck.

Congratulations to James Sharkey on accepting the position of Club Service Director for 2021-2022 and Bob Thompson for gathering together a healthy contingent to attend the Metropolitan Training Assembly on 30th May 2021.

Enjoy Rotary

John

John Roth, Chris Iriks, President John and PDG Cathy Roth





President 2021/22

Bob Thompson



Club Service Report: 17th May 2021

2021-2022 Club Service Director

Great that we have PP James Sharkey taking on the role of Club Service Director for next year.

James has held numerous positions within the Club over the years.

He was the Club President in 2013-2014 year and is a Paul Harris fellow.

Thanks James, we really appreciate and support your nomination.

Guess Who is Coming to Dinner

Happens this Saturday night 22 May 2021.

Toilet Doors

The City of Kwinana responded positively to my request for new external and internal doors on the male and female toilets.

New doors freshly painted have now been installed. On behalf of the Club a big thanks to the City officers that we have been dealing with will be passed on.

Sean Moring with Kwinana President John Iriks





PP Brian McCallum



Inward Correspondence.

Care Flight. Request for Donation.
National Youth Science Forum. Applications for 2022 Year 12 Program.
Vinnies Good Works. Request for Donation.
The Santos Science Experience. Nationwide STEM Outreach Program.
Commemorative Book – Humanity in Action. Celebrating 100 Years of Rotary.

Outward Correspondence. Nil.

Would members please note that any correspondence received or posted by yourself, please ensure a copy is forwarded to your Secretary.



PP Stephen Castelli



Treasurer Stephen was pleased to announce that all members are financial.

Bring your empty drink containers, we have collection bins.

Money Spinner at the Town Centre. \$198, unexpectedly including a \$50 note.

Birthdays and Anniversaries

May 2021

Congratulations:

Bob Thompson 7th
Lorraine Lucas. 27th
Ann Thompson 6th



Wedding Anniversary's

Bob and Jo Thompson 12th 51 years
John and Chris Iriks. 20th 49 years
Edd and Ann Samut. 27th 49 years



Club Anniversaries.

Michael Nella originally joined Kwinana Rotary Club May 1st 39 years ago



Projects Director
PP Mike Nella



PP Max Bird
Foundation Dir.



PDG John Iriks
Membership Dir.



PP James Sharkey
Public Relations Dir.

Project Director's Report.

Club members encouraged to assist any time, see Mike for info.
Furniture-On-Line, good weekend, shop almost full of stock.
Showroom status now means we can invite customers to view and purchase our stock. Help needed Thu, Fri and Saturday,
Naval Base warehouse well stocked, will be opened for viewing and sales.
My thanks to everyone who has assisted.



Rtn. Veronica Burns
Community

Public Relations:

We continue to receive exposure on Rotary Out West.

Membership:

President John Iriks is Membership Director this year.
Membership Committee: Lee Davis, Bob Thompson and Eric Blogg.
Still the best option to invite new members, "ask someone"



Rtn Barry Winmar
Vocational

Community:

Bread Program running well, 5 schools now on board.
Still looking for more helpers, please come along.

Vocational:

4 Way Test Speech Contest, February to April 2021, contacted Gilmore College, favorable response.



PP. Max Bird
International

International:

See full report below.

Youth:

RYPEN 2021, 14th -16th May. Mathew Carr attended, rewarding experience.
Meetings are taking place with King's College and Kolbe College to format the holding of the 4 Way Speaking Contest.



PP Genevieve Carr
Youth

Visit your club webpage.

<http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106>
or type Kwinana Rotary Club into 'Search'



PP Genevieve Carr
Youth

The international Committee (RPTLE) is carrying out the following.

1. Global grant GG 2095275 has been submitted to Foundation.
I have not had a reply from Foundation but I suspect I have wasted 2 Years and countless manhours.
2. Brother Adriano has one SkyHydrant Water Filter working at the Don Bosco Centre in Dili this is now servicing about 1,000 students and Villagers with clean potable water, work is been funded by the Rotary Club of Phillip Island, with the technical students at Don Bosco Comoro carrying out all the work.
3. Arranged Two Truck Loads of critical food aid to the villagers of Baguia in the central highlands of Timor-Leste, where the recent Cyclone and flooding had destroyed their crops and the only road into the town had a bridge washed away cutting the village of from the rest of Timor-Leste, this aid was supported by the Rotary clubs of Camberwell, Phillip Island and San Remo from Victoria and the Rotary Club of Sydney Cove from NSW Plus Rotary Projects Timor-Leste Cost USD 5,000.00
4. Also received a request From Father Manuel for critical food aid for two other Villagers Liaside & Ague also in the Central Highlands that have run out of food, the Rotary Club of Kwinana through the Furniture on line project and Rotary Projects Timor-Leste East, have arrange for one truck load of food to the value of USD \$2,000.00 to be delivered and distributed by Father Manuel to those most in need
5. It was announced at the DGN zoom meeting on Sunday 16th May 2021 that a New Foundation Appeal by ZONE 8 and RISPPPO "Rotary Helping India – Humanitarian Crisis" that Rotary Foundation and the Bendigo Bank have entered into an agreement and have already raised \$1.0m in funding and pledges. The Bendigo Bank, website was built in past week to collect donations
6. Monday 21st June will be attending the Changeover of the Rotary Club of Bridgetown, to present a paper on Disaster Aid Australia and representing District 9465

Max Bird

MY MOTHER TAUGHT ME TO APPRECIATE A JOB WELL DONE.

"If you are going to kill each other do it outside. I just finished cleaning."

My Mother taught me RELIGION.

"You better pray that will come out of the carpet."

My Mother taught me about TIME TRAVEL.

"If you don't stop that, I'm going to knock you into the middle of next week!"



Sean Moring: Duke of Edinburgh International Awards



About the Award:

The Award is a leading structured (non-formal education) youth development program, empowering all young Australians aged 14-24 to explore their full potential and find their purpose, passion and place in the world, regardless of their location or circumstance. The Award is a fully inclusive program and has no social, political, or religious affiliations.

To achieve an Award, each young person must learn a skill, improve their physical well-being, volunteer in their community and experience a team adventure in a new environment. All Participants are supported by a network of adult Award Leaders, Assessors, and Supervisors.

The key elements of our program are:

- Open to all young people aged 14 to 24.
- Three levels: Bronze, Silver, and Gold – each progressively more challenging.
- Four Sections: Physical Recreation, Skills, Voluntary Service, Adventurous Journey plus Gold Residential Project (Gold Level only).
- Achieving an Award recognises individual goal setting and self-improvement through persistence and achievement.
 - **Time requirements:**
 - Bronze – minimum 6 months
 - Silver – minimum 6 months if completed Bronze otherwise 12 months for direct entrants
 - Gold – minimum 12 months if completed Silver otherwise 18 months for direct entrants

Through this challenging journey of self-discovery, our Participants:

- Are equipped and empowered to achieve their personal best
- Learn to take responsibility for their goals and choices
- Become connected to and actively engaged within their immediate community
- Make a real difference to society through their positive contributions and involvement
- Learn to persevere and overcome barriers to success
- Learn important life skills
- Increase their career opportunities.
- Today more than 130 countries have adopted The Duke of Edinburgh's International Award program with over 8 million young people having participated worldwide. Locally over 775,000 young people have participated in the Award in Australia in the past 58 years, with on average 40,000 very diverse participants annually working towards achieving an Award.



Key facts:

- In Australia in 2021, there are 472,000 people living with dementia,
- In 2058, that number is predicted to be 1,076,129.
- In Western Australia, in 2019, there were 41, 630 people living with dementia.
- In 2058, that number is predicted to be 107,664.

President John Iriks, of the Rotary Club of Kwinana, believes the purpose of Professionals with Alzheimer's (PALZ) support organisation is realised in the reactions of its participants.

Established initially in Geelong, Victoria, not-for-profit PALZ aims to provide dignifying stimulation and connection for those in the early stages of dementia who have lived intellectually high-functioning lives.

It does so through the simple method of presenting corporate-style speakers at interactive bi-monthly meetings, recapturing a sense of workplace and ongoing learning for people who might otherwise retreat quickly into isolation.

“Faces reflect feelings of self-worth, when attendees are respected as peers by speakers” said PALZ founder, Mrs Cathy Roth OAM.

Because the program framework is simple, proven and with standard operating procedures and goals, it can be easily shared among communities.

This appealed to President John Iriks and his wife Chris, who will facilitate the Perth group.

“It doesn't need strong infrastructure, it just needs someone who cares and it's up and running,” he said. “PALZ aligns to Rotary's focus on service to those in both our local and international communities.”

PALZ speakers are asked to use visual, auditory, and participatory elements in their presentations and encouraged to make sessions interactive to maintain maximum stimulation.

The launch of PALZ today (Tuesday, May 18, 2021) in Perth, follows an initial contact through Alzheimer's WA, who were represented at today's launch by Samantha Stewart.” The intellectual and social stimulation, allows dignity and self-respect to be maintained for those diagnosed” she stated “Alzheimer's WA has been keen to have PALZ as an available resource”.

Associate Professor Michael Woodward, Head of Aged Care Research, and the Memory Clinic at Melbourne's Austin Hospital, is the PALZ patron. “PALZ is excellent, necessary, and world-leading” he said.

Long-time Geelong community champion Mrs Roth pioneered PALZ after her surgeon husband John was diagnosed with Alzheimer's Disease and noted the lack of suitably stimulating support for those working in similarly demanding workplaces like him.

“Professionals such as teachers, lawyers, farmers, business owners, academics, pharmacists, doctors, accountants, managers, consultants, and many more, are affected not just by the disease itself, but by the deprivation of professional acknowledgement and professional stimulation in an environment of ongoing development which has been part of their daily lives for many decades,” Mrs Roth said. “Further, they are suddenly deprived of the social interaction with high-thinking peers. The PALZ environment triggers new thinking, new conversations, and new friendships.” PALZ groups currently operate in Melbourne; Geelong; Sydney; Bateman's Bay; and Shropshire (UK)

<https://www.alzheimerswa.org.au/>

Background:

When Dr John Roth – a surgeon – was diagnosed with Alzheimer’s Disease in 2014, good governance made it necessary for him to retire from his job immediately. He has always been an intelligent, inquisitive, social, professional man, with a strong sense of personal identity. His professional environment had provided him with stimulating peer interaction, and, further, a parallel social network.



The diagnosis of Alzheimer’s Disease removed both these important components of his life, as he no longer interacted with colleagues as a peer, with the result that he was no longer part of their social network.

Where he had been active in seeking out the latest information for his profession, through conferences, journals, and meetings, abruptly there was no opportunity, or point, in him continuing with this, he felt he had lost confidence in his ability to talk to others in a social setting fearing that his memory would fail him, and it soon became obvious that intelligent insight raised the fear of embarrassment of possible memory lapses, or an inability to hold a conversation, and it was that which worried him the most.

When he attended a respite occupational therapy group, he became distressed, feeling that the simple activities which he was offered gave him no mental stimulation.

He commented that he felt that the tasks he was given to do were demeaning.

He craved the latest news of his previous career, reading journals over and over, and watching any documentaries of new developments.

He wanted to have a non-threatening workplace environment but one that would allow for the changes in memory and concentration that he was experiencing.

As a carer, the mental challenge of spirited conversation enjoyed, throughout many years of marriage, was very much missed.

Workplace and social networks became limited, and caring was increasingly demanding. In speaking with others in a similar situation, it was clear that the challenges faced were not ours alone.

It seemed logical that by re-creating a workplace environment, being in a familiar environment may lead to relaxed peer interaction again. The peers would be from different professional backgrounds, to each other, but would be used to mixing with a range of other professionals as they had done in the workplace. To be effective it would need to be a stimulating and challenging, meeting-style environment, where presentations could be made, ideas could be fostered, and interactive discussion could take place without embarrassment or fear.

PALZ was designed to allow those from similar backgrounds to again utilise their high-functioning, long-term memories, in a friendly, supportive, and familiar Board-room environment, whilst the attendees are still in the early stages of the disease.

Memory lapses need to no longer to be a source of embarrassment; partners are again able to be part of a shared, stimulating, and familiar environment; and the presenters, who are all senior executives, and who are briefed on the possible repetitiveness from those attending, are speaking to peers they respect.

To ensure that others needing this similar stimulation had the opportunity to benefit from **PALZ**, the organisation has been established as a not-for-profit body, with a younger professional Board, internationally respected dementia specialist Associate Professor Michael Woodward as Patron.



Fine Session: Sergeant Cyril Bennett

Stand-in

Deputy Bill Rowe.



No Badge: As usual a couple were find.

Veronica B: Late for Wednesday bread, Stephen and John did for her, she still wanted her 4 loaves

Mike N: Left his laptop with all his data on it at Naval Base.

John I: Rev-up from rabid Eagles supporter, wasn't game to wear his dockers jacket.

Stephen C: Don't open the truck glove-box?

Dockers lot fined again for the narrow loss.

Stephen C: Trying to steal the gavel!!

Bob T: The late!!

Terry E: Bright shirt tonight, sunglasses needed.

Bill R: Introducing our President as Stephen.

John W: Those red Sox again.

Eric B: Offloading the fines notes on to the Sergeant.

Stephen C: A Grandfather again, bottle of Port offered.

Greg W: In Kalgoorlie with a broken down truck most of the week.

John M: Doing a 'Wheelie' in the hall grounds.

Mike N: Mike an Electrical fitter, Stephen and John had to sort out the truck electrics.

John I: Managed to mention the Bendigo Bank numerous times tonight.

Chris O: Spent the week fishing at the Montebello's, proceeded to brag about how he landed a
90 kilo Marlin.

Life is sexually transmitted.

Good health is merely the slowest rate at which one can die.

Why does a slight tax increase cost you two hundred dollars, and a substantial tax cut saves you thirty cents

All of us could take a lesson from the weather. It pays no attention to criticism

Polio this week

12th May 2021

- The GPEI has released the [2021 National Emergency Action Plan \(NEAP\)](#) for Afghanistan which contains the current epidemiology and situational overview and progress on the 2020 NEAP among other contents.
- The latest issue of the new Special magazine features an article titled “Experience in eradicating polio helps COVID-19 response” which details the role that polio workers have played in fighting the pandemic.
- Last week, the GPEI and UN Foundation together with the UK and UAE Missions to the UN in New York hosted a high-level dialogue looking at the intersection of gender and immunization. The panellists made recommendations on championing women & girls in immunization, drawing on the polio programme
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- Summary of new WPV and cVDPV viruses this week (AFP cases and ES positives):

Afghanistan: two cVDPV2 positive environmental samples

Benin: one cVDPV2 case

Burkina Faso: one cVDPV2 case

Liberia: one cVDPV2 case

Sierra Leone: two cVDPV2 positive environmental samples

Tajikistan: two cVDPV2 positive environmental samples

Yemen : one cVDPV1 case



I thought I saw an eye-doctor on an Alaskan island,
but it turned out to be an optical Aleutian .

She was only a whisky-maker, but he loved her still.

A rubber-band pistol was confiscated from an algebra class,
because it was a weapon of math disruption.

No matter how much you push the envelope, it'll still be stationery.

A dog gave birth to puppies near the road and was cited for littering.

What happened this week in history?



May 16th to May 22nd



16th

1320: English King Henry lays a foundation stone for a new Westminster Abbey building in London
1792: Denmark abolishes slave trade
1860: Chicago: Republican convention selects Abraham Lincoln as candidate
1920: Joan of Arc (Jeanne D'arc) canonized a saint

17th

1536: Anne Boleyn's 4 "lovers" executed shortly before her own beheading
1590: Anne of Denmark is crowned Queen of Scotland.
1859: Australian Rules Football first 'laws of the game' published
1861: First colour photograph of a tartan ribbon shown by Scottish scientist

18th

1756: Great Britain declares war on France at the start of the Seven Years' War
1804: Napoleon Bonaparte proclaimed Emperor of France by the French Senate
1830: Edwin Budding, England signs an agreement for the manufacture of his invention, lawn mower.
1952: Professor WF Libby says Stonehenge dates back to 1848 BC

19th

1536: Anne Boleyn, second wife of English King Henry VIII, is beheaded at the Tower of London
1884: Ringling Brothers circus premieres
1975: Farm truck packed with wedding party struck by a train, killing 66 in truck, Poona, India
1982: Sophia Loren jailed in Naples, Italy for tax evasion

20th

1310: Shoes were made for both right & left feet
1830: D Hyde patents fountain pen
1840: York Minster badly damaged by fire
1873: Levi Strauss and Jacob Davis patent the first blue jeans with copper rivets

21st

1819: 1st bicycles (swift walkers) in US introduced in NYC
1881: American Red Cross founded by Clara Barton
1916: Britain begins "Summer Time" (daylight saving time)
1927: Aviator Charles Lindbergh, lands in Paris after the first solo air crossing of Atlantic

22nd

1761: 1st life insurance policy in North America issued in Philadelphia
1819: 1st steam propelled vessel to cross Atlantic (Savannah leaves Ga)
1840: The transporting of British convicts to the New South Wales colony is abolished
1897: The Blackwall Tunnel, London, under the River Thames is officially opened

Two silk worms had a race. They ended up in a tie.

A hole has been found in the nudist-camp wall.
The police are looking into it.

Atheism is a non-prophet organization

Two hats were hanging on a hat rack in the hallway. One hat said to the other: 'You stay here; I'll go on a head.'

I wondered why the baseball kept getting bigger. Then it hit me

A sign on the lawn at a drug rehab centre said:
'Keep off the Grass.'

The midget fortune-teller who escaped from prison was a small medium at large.

The soldier who survived mustard gas and pepper spray is now a seasoned veteran.

When cannibals ate a missionary, they got a taste of religion.

Two hydrogen atoms meet. One says, 'I've lost my electron.' The other says, 'Are you sure?'
The first replies, 'Yes, I'm positive.'

Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft. Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too.

Two fish swim into a concrete wall. One turns to the other and says, "Dam"

A backward poet writes inverse.

Time flies like an arrow. Fruit flies like a Apple.

I've never understood why women love cats. Cats are independent, they don't listen, they don't come when you call, they like to stay out a lot, and when they're home they like to sleep and be left alone. In other words, qualities that women hate in a man, they love in a cat.

Makeup opportunities

Rockingham	Monday	6pm for 6.30	Rockingham RSL Club
Palm beach	Wednesday	6pm for 6.30	Ocean Clipper Inn
Baldivis	Mon/Fortnightly	6.30pm for 7.00	Peel Manor House
Cockburn	Thursday	7.15am for 7.30	Cockburn Seniors Centre
Byford & Districts	Monday	6.15pm for 6.45	Byford Tavern, South W Hwy

Rotary Club of Kwinana
Contributions welcome: eblogg@bigpond.com