The Rotary Club of Kwinana Inc.

District 9465 Western Australia

Chartered: 22 April 1971

Bulletin

No 39 30 May 2016

Be a gift to the world

President Max

Team 2015-16

President
Max Bird
Secretary
Brian McCallum
Treasurer
Bob Cooper

Attendance this week

Total Members	
Exempt	
Apologies	
Make-up	
Attended	8
Honorary Member	
LOA	
Guests	
Visitors	
Partners	2

Facts & Figures Raffle
None this week

Heads & Tails
None this week

Birthdays:

June 12 Gladys Blogg

Anniversary:

Club Anniversary:

If you had any we hope you had a good day

Meets Monday
6 for 6.30pm
At Rotary Hall
Brownell Crescent, Medina

Visitors always welcome

Greetings from the Stand-in Bulletin Editor,

This week a number of members and partners had the pleasure of attending the combined club meeting at the Ocean Clipper Inn in Rockingham, which was hosted by the Rotary club of Rockingham. Other clubs in attendance included the Rotary Clubs of Palm Beach, Mandurah Districts, and Pinjarra. Always a pleasure to catch up with our friends from these clubs.
It would have been very easy to pass up doing this week's bulletin on the basis that we were on a club visit. However, given the fact that our guest speaker had driven up from Esperance on Monday to present at the combined meeting, not to mention the considerable degree of self-sacrifice she has shown through her work in Africa during the Ebola crisis, I felt it only fair and reasonable to put together a bulletin for this week. Anne Carey is a truly remarkable woman, and has proved to be a most worthy recipient of the 2016 WA Australian of the Year Award.
Welcome back to President Max, who has safely returned from his latest trip to Timor. We shall look forward to hearing of his recent progress. Also, welcome back to Greg and Marge after their trip to Europe. Sounds like they had an amazing time!

Rotary International President

K.R. (Ravi) Ravindran

Rotary Club of Colombo

District Governor 9465

2015/16

Melodie Kevan

Coming Events May 2016
Youth Services Month

June 2016

Mon 6	Public Holiday: no meeting
Mon 13	Club Meeting
Mon 20	Club Meeting

July 2016

Sat 2	District Changeover @ Garry Holland Centre
Sat 9	Club Changeover @ Darius Wells

Attendance Officer: Greg Williams 9419 5834
Apologies by Saturday pm please

THE ROTARY 4 WAY TEST
of things that we think, say or do.

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERNED?

Club President 2015/16 Max Bird

President's Pen

Club Meeting 30th May 2016

President Report

President Paul Acton (Rockingham)

- Welcome to all Rotarians, guests and partners.
- PDG John Simmons presented with a Distinguished Service to Rotary Award (owing from 2014-2015).
- Incoming AG Phil Brown presented with a pin from current AG Wayne Milnes.

President Max (Kwinana)

- See club service report regarding club changeover.

President Rob (Pinjarra)

- Update on the Waroona/Yarloop Bushfire Appeal: to date $320,000 has been raised from Rotary around Australia for this appeal. The two "big thrusts" have been trauma counselling and animal welfare. On Friday 3 June the club will be running a breakfast for the farmers; at least 60 attendees are expected to be present. President Rob expressed a sincere thanks to the Rotary Club of Rockingham for their generous contribution to the appeal, and for acting as an agent due to having tax-deductible status.
- Pinjarra Art Show this long weekend 4-6 June

President Laurie Smith (Palm Beach)

- A huge thanks to those Rotarians for supporting their recent gala dinner. In all, $12K was raised for the Telethon Institute, and $12K raised for the Cystic Fibrosis Foundation.

International

No report

Club Service: **PP Mike Nella**

- Club Changeover scheduled for Saturday 9 July at the Darius Wells (Ken Jackman Room). Cost to be $35 per head.

- Michael Metcalf is also organising another busy bee for the hall; likely to be mid-June. Tasks to be done include mowing and raking lawns, weeding, tree lopping, cleaning the caravan. In addition, re-roofing of the hall will occur soon, as will some electrical work and white ant treatment.

- Sincere thanks to those members who assisted with the bread project whilst Mike Nella was away.

Who said that running a sausage sizzle was all work and no fun???

Secretary: PP Brian McCallum

No report this week as no mail or other correspondence received.

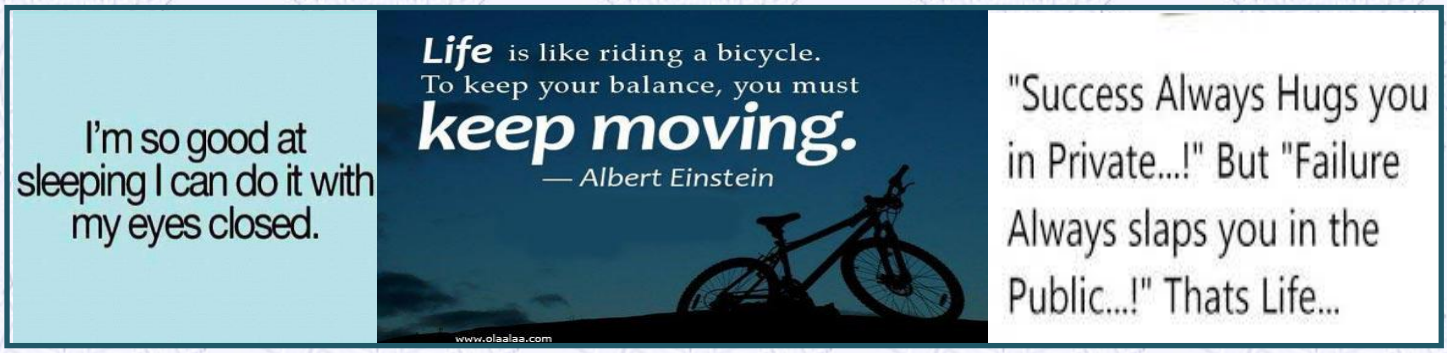
Inward Correspondence

Outward Correspondence

Would members please note that any correspondence received or posted by yourself, please ensure a copy is forwarded to your Secretary.

Treasurer: PDG Bob Cooper

Bills paid, money in the bank



Club Projects Director
PP Ian Critchley

PP Bob Thompson
Foundation Dir.

PP Matt White
Membership

PDG John Iriks
Community

PP Genevieve Carr
Vocational

Pres. Max Bird
International

Lorraine Lucas
Youth

PP James Sharkey
Public Relations Dir.

Project Director's Report.

Membership

- No report

Community:

- Bunnings sausage sizzle last Sunday was a great success – we made a total profit of $948.37. All sausages were sold by 2pm; as we were expected to stay until 4pm, shall be having some discussions with Bunnings management to rectify misunderstanding and avoid future problems.

- Opening of Aldi's scheduled for Wednesday 8 June. The following plans are in place:
  - Mike Metcalf to organize set-up on Tuesday 7 June
  - Have the following volunteers for Wednesday:
    7am-11am: Mike M, John I, Brian Mc, Eric, James
    11am-3pm: Ian, Mike N, Matt, Lorraine
    3pm-7pm: John I, John K, Mike M
    Emergencies include Bob T, Greg W, Bob C
    Max Bird to be the runner (go Max!!!).

- Village Markets at Wellard scheduled for Sunday 12 June.

- NAIDOC Week will be during the first week of July; we have offered to do the BBQ for $200 payment.

Youth

Vocational

- Currently investigating options for a club vocational visit. Have decided to delay Peel Winery until the warmer weather. Investigating the possibility of lunch at the Marri Park Tavern on Sunday 26 June, preceded by a golfing lesson from the resident professional.

Public Relations

Visit your club webpage.
http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106
or type Kwinana Rotary Club into 'Google'

Fine Session

Sergeant: PP Stephen Castelli

AG Wayne Milnes acted as Fines Master for this evening, and did his best to extract as much money as possible from folks.

Some notable fines included:

Rockingham Club:	Outnumbered by the Palm Beach attendees!
Laurie Smith (P.B.):	Bragging about how many fish he caught up north!
Alex Acton (R'ham):	Her idea of a "healthy breakfast" on Sunday was a cream cake!

All Rotarians not wearing badges

Bob Cooper:	Appearing in the local newspaper
Peter Philips (R'ham):	Causing wife Beth to leave her make-up bag behind in Dongara!
Wayne Milnes:	Phone ringing during the meeting!

All Dockers supporters!!!

"He has achieved success who has lived well, laughed often, and loved much."

- Bessie Anderson Stanley

Guest Speaker: Anne Carey

Anne Maria Carey, born in Dublin in 1958, moved with her large Irish family to Australia in 1969. Left school at 14, and after six years in the workforce joined a missionary order. She studied nursing and midwifery before going to Papua New Guinea (PNG) where she ran a remote hospital in a poor rural district.

After 18 years in the order, Anne left to work in health care in remote areas of Australia, interleaved with working with Red Cross missions in war zones overseas, and completing her Masters in Public Health and Tropical Medicine. Anne was a member of the Red Cross team that stayed in Gereida, Sudan. Gereida was the world's largest refugee camp and had come under armed attack. All the other agencies, including UN, abandoned the camp. Subsequent focus of world attention on the plight of the refugees and the Red Cross workers prevented subsequent attacks.

More recently Anne Carey became involved in the running of the Red Cross Ebola treatment centres in Sierra Leone. She was there at the height of the epidemic through to the recovery phase. Initially the world had felt overwhelmed by the devastating outbreak, with many authorities deeming it too risky for aide workers. Prior to going to Sierra Leone, Anne and other aide workers had to undergo special training in Geneva for proper preparation; the importance of personal protective equipment (PPE) was heavily emphasized. Sadly, many aide workers subsequently died due to infection.

Working in Sierra Leone was extremely difficult on both a physical and emotional level. For Anne, one of the most traumatic experiences occurred when an infant died in her arms; to date the child's mother had now lost all seven of her children and her husband to Ebola. At that point Anne recognized the need to put aside her own feelings in order to help others.

She received the Pride of Australia Care and Compassion Award 2015, and is the 2016 WA Australian of the year.

The guiding principal by which Anne tries to live is "The need for courage to promote kindness".

Currently as the Western Australian of the Year it is Anne's intention to channel the same energy that she used to tackle the bully Ebola with to raise awareness and tackle bullying in the health workforce and unkind treatment of refugees.

Anne resides in Esperance with Donald (a doctor) and Rusty (a dog).

This Week in History

30 May 1430	Joan of Arc is burned at the stake by the English
30 May 1943	After three weeks of battle with the Japanese, the Aleutian Islands off the coast of Alaska were retaken by the US Infantry division.
31 May 1678	The Godiva procession, commemorating Lady Godiva's legendary ride while naked, becomes part of the Coventry Fair.
31 May 1889	Over 2,300 people killed in the Johnstown flood in Pennsylvania
1 June 1533	Anne Boleyn (King Henry VIII's second wife) is crowned queen
1 June 1915	Germany conducts the first zeppelin air raid over England
2 June 1537	Pope Paul III bans the enslavement of Indians in the New World
2 June 1953	Elizabeth II is crowned Queen of England at Westminster Abbey
3 June 1937	Duke of Windsor (former King Edward VIII) marries Wallis Simpson
4 June 1989	The Chinese government orders its troops to fire on unarmed protesters in Tiananmen Square in Beijing
5 June 1783	The first sustained flight occurred as a hot air balloon was launched at Annonay, France, by brothers Joseph and Jacques Montgolfier
5 June 1968	Robert F Kennedy was shot and mortally wounded while leaving the Hotel Ambassador in Los Angeles

Polio Update

"The only ones among you who will be really happy are those who have sought and found how to serve." Albert Schweitzer

Enjoying some fellowship at the Ocean Clipper Inn

What is Ebola?

Ebola virus disease (**EVD**), also known as **Ebola hemorrhagic fever** (**EHF**) or simply **Ebola**, is a viral hemorrhagic fever of humans and other primates caused by ebolaviruses. Signs and symptoms typically start between two days and three weeks after contracting the virus with a fever, sore throat, muscular pain, and headaches. Then, vomiting, diarrhea and rash usually follow, along with decreased function of the liver and kidneys. At this time some people begin to bleed both internally and externally.[1] The disease has a high risk of death, killing between 25 and 90 percent of those infected, with an average of about 50 percent.[1] This is often due to low blood pressure from fluid loss, and typically follows six to sixteen days after symptoms appear.[2]

The virus spreads by direct contact with body fluids, such as blood, of an infected human or other animals.[1] This may also occur through contact with an item recently contaminated with bodily fluids.[1] Spread of the disease through the air between primates, including humans, has not been documented in either laboratory or natural conditions.[3] Semen or breast milk of a person after recovery from EVD may carry the virus for several weeks to months.[1][4][5] Fruit bats are believed to be the normal carrier in nature, able to spread the virus without being affected by it. Other diseases such as malaria, cholera, typhoid fever, meningitis and other viral hemorrhagic fevers may resemble EVD. Blood samples are tested for viral RNA, viral antibodies or for the virus itself to confirm the diagnosis.[1]

Control of outbreaks requires coordinated medical services, alongside a certain level of community engagement. The medical services include rapid detection of cases of disease, contact tracing of those who have come into contact with infected individuals, quick access to laboratory services, proper healthcare for those who are infected, and proper disposal of the dead through cremation or burial.[1][6] Samples of body fluids and tissues from people with the disease should be handled with special caution. Prevention includes limiting the spread of disease from infected animals to humans. This may be done by handling potentially infected bush meat only while wearing protective clothing and by thoroughly cooking it before eating it. It also includes wearing proper protective clothing and washing hands when around a person with the disease.[1] No specific treatment or vaccine for the virus is available, although a number of potential treatments are being studied. Supportive efforts, however, improve outcomes. This includes either oral rehydration therapy (drinking slightly sweetened and salty water) or giving intravenous fluids as well as treating symptoms.[1]

The disease was first identified in 1976 in two simultaneous outbreaks, one in Nzara, and the other in Yambuku, a village near the Ebola River from which the disease takes its name.[7] EVD outbreaks occur intermittently in tropical regions of sub-Saharan Africa.[1] Between 1976 and 2013, the World Health Organization reports a total of 24 outbreaks involving 1,716 cases.[1][8] The largest outbreak to date was the epidemic in West Africa, which occurred from December 2013 to January 2016 with 28,657 cases and 11,325 deaths.[9][10][11] It was declared no longer an emergency on 29 March 2016.[12]

Wikipedia

Makeup opportunities

Rockingham:	**Monday**	**6pm for 6.30**	**Ocean Clipper Inn**
Palm beach:	**Wednesday**	**6pm for 6.30**	**Ocean Clipper Inn**
Cockburn	**Thursday**	**7.15am for 7.30**	**Cockburn Seniors Centre**
Fremantle	**Wednesday**	**6pm for 6.30**	**Villa Roma 12 High Street Fremantle**
Byford & Districts	**Monday**	**6.15pm for 6.45**	**Byford Tavern, South W Hwy**

Rotary Club of Kwinana Inc
Contributions welcome: eblogg@bigpond.com