



# The Rotary Club of Kwinana

**Rotary** **District 9465 Western Australia**  
Chartered: 22 April 1971

**Team 2020-21**

**President**  
**John Iriks**

**Secretary**  
**Brian McCallum**

**Treasurer**  
**Stephen Castelli**

**Facts & Figures**

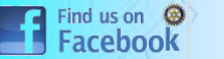
**Attendance this week**

- Total Members** 31
  - Apologies** 8
  - Make-up** 1
  - Attended** 18
  - Hon. Member**
  - LOA** 1
  - Guests** 3
  - Visitors**
  - Partners**
- 66.0 %**

**Raffle**  
**Wendy & Kim**

**Heads & Tails**  
**Bob C**

**STAY SAFE**



**Meets Monday**  
**6 for 6.30pm**  
**At Rotary Hall**  
**Brownell Crescent,**  
**Medina**

**Visitors always**  
**welcome**



**President John**

## Bulletin

**No 40 24/05/2021**



**Rotary Club of Kwinana is 50<sup>th</sup> year's old 1971/2021**



We welcomed not 1 guest speaker but three visitors, Adriana Filippou, Hayley Antipas and Nicola Bedgood from the Brightwater Group, their main theme presented by Hayley being the benefits of music in aged care.

Music helping the aged and infirmed, I can relate to that, I have always loved listening to music especially from the 50s & 60s both rock-n-roll and country music from that era.

I remember about 10 years ago taking a couple of outdated I-Pods both full of my old-time music to the Kwinana Nursing Home and asking if they would have any use for them, they were elated and commented then, that not only their Alzheimer and Dementia residents loved listening to that type of music but most of their residents would also be grateful to have access to the music.

I also noted that Hayley's group are asking for old 'smart phones' to be donated to them so that they could be loaded with music for the use in therapy for their aged clients.

Victoria appears to be in trouble again, facing another 7 day lock-down, fingers crossed they can smother this outbreak quickly.

	<p><b>Rotary International President</b> 2020/21 <b>Holger Knaack</b></p> <p>Rotary Club of Herzogtum Lauenburg-Mölln, Germany</p>	<p><b>District Governor</b> 9465  2020/21 <b>Colin Burns</b></p>	
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**May 2021 Youth Service Month**

**Coming Events**

<b>May:</b>		
Mon 24 <sup>th</sup>	Club Meeting	Adriana, Nicola and Hayley, Brightwater Group
Mon 31 <sup>st</sup>	Club Meeting	No guest speaker
<b>June:</b>		
Mon 7 <sup>th</sup>	No Meeting.	Public Holiday

**Attendance Officer:**  
**Greg Williams 0435 083 069**  
Apologies by Saturday pm please





**John Iriks**

24<sup>th</sup> May 2021



President's Pen

Greetings all

Another lively meeting with three speakers from Brightwater Care Group educating members in preparation for what we are about to encounter as we mature.

Best wishes to John Wallhead suffering a bit of a setback, chin up, hope to see you soon.

Four Way Test Speaking competition all go. Bendigo Bank is sponsoring the project with our Club Final being held 7pm on Monday 28<sup>th</sup> June 2021 at the Darius Wells, Ken Jackman Room. Both the District and State final will also be held in Kwinana. watch this space for details.

Our club will be facilitating a community meeting at the Darius Wells to discuss the Rotary Kwinana Fair. Tuesday 22<sup>nd</sup> June 2021 at 7pm.

All members encouraged to attend. The Fair date has been set for 13<sup>th</sup> November 2021, a date agreed by the City and all members of Rotary Club of Kwinana and will be held at Calista Oval.

Enjoy Rotary  
John

Hayley Antipas, Adriana Filippou, President John and Nicola Bedgood





Club Service Report: 24<sup>th</sup> May 2021

### **Guess Who is Coming to Dinner**

A big thanks to our three hosts for last Saturday night, Eric and Gladys, Mike and Kylie, Genevieve and Damien and to the members and partners who attended this successful Club partners' night.

### **Metro Assembly**

This will be held on Sunday 30 May. Thanks to the members who will be attending this annual District training.

### **Hall Chairs and Tables**

A proposal to change the current chairs and tables in the Hall is currently under consideration.





**PP Brian McCallum**



**Inward Correspondence.**

Department of Transport. Application to Transfer. 1GUW610  
Shelter Box. Details of Shelter Kits.  
Australian Alzheimer’s Research Foundation. Information on Condition.  
Epilepsy WA. Support Appeal.  
Children’s Leukaemia & Cancer Research. Support Appeal.

**Outward Correspondence. Nil.**

Would members please note that any correspondence received or posted by yourself, please ensure a copy is forwarded to your Secretary.



**PP Stephen Castelli**



Treasurer Stephen was pleased to announce that all members are financial.

Bring your empty drink containers, we have collection bins.

Money Spinner at the Town Centre. \$198, unexpectedly including a \$50 note.

*Birthdays and Anniversaries*

*May 2021*

**Congratulations:**

Bob Thompson 7<sup>th</sup>  
Lorraine Lucas. 27<sup>th</sup>  
Ann Thompson 6<sup>th</sup>



**Wedding Anniversary’s**

Bob and Jo Thompson 12<sup>th</sup> 51 years  
John and Chris Iriks. 20<sup>th</sup> 49 years  
Edd and Ann Samut. 27<sup>th</sup> 49 years



**Club Anniversaries.**

Michael Nella originally joined Kwinana Rotary Club May 1<sup>st</sup> 39 years ago



Projects Director  
PP Mike Nella



PP Max Bird  
Foundation Dir.



PDG John Iriks  
Membership Dir.



PP James Sharkey  
Public Relations Dir.

**Project Director's Report.**

Club members encouraged to assist any time, see Mike for info.  
Furniture-On-Line, good weekend, shop almost full of stock.  
Showroom status now means we can invite customers to view and purchase our stock. Help needed Thu, Fri and Saturday,  
Naval Base outlet situated at 13 Lionel Street, Naval Base, well stocked, will be opened for viewing and sales. My thanks to everyone who has assisted.



Rtn. Veronica Burns  
Community

**Public Relations:**

We continue to receive exposure on Rotary Out West.



Rtn Barry Winmar  
Vocational

**Membership:**

President John Iriks is Membership Director this year.  
Membership Committee: Lee Davis, Bob Thompson and Eric Blogg.  
Still the best option to invite new members, "ask someone"

**Community:**

Bread Program running well, 5 schools now on board.  
Still looking for more helpers, please come along.  
Kwinana Fair, date set for 13<sup>th</sup> November 2021 at Calista Oval.

**Vocational:**

4 Way Speech Contest 2021  
Our Club Final being held 7pm on Monday 28<sup>th</sup> June 2021 at the Darius Wells, Ken Jackman Room.  
Both the District and State final will also be held in Kwinana.



PP. Max Bird  
International

**International:**

See full report below.



PP Genevieve Carr  
Youth

**Youth:**

RYPEN 2021, 14<sup>th</sup> -16<sup>th</sup> May. Mathew Carr attended, rewarding experience.  
Meetings are taking place with King's College and Kolbe College to format the holding of the 4 Way Speaking Contest.

Visit your club webpage.

<http://www.clubrunner.ca/Portal/Home.aspx?accountid=8106>

[Return to Kwinana Rotary Club info \(Search\)](#)



The international Committee (RPTLE) is carrying out the following.

1. Global grant GG 2095275 has been submitted to Foundation.  
I have not had a reply from Foundation but I suspect I have wasted 2 Years and countless manhours.
2. Brother Adriano has one SkyHydrant Water Filter working at the Don Bosco Centre in Dili this is now servicing about 1,000 students and Villagers with clean potable water, work is been funded by the Rotary Club of Phillip Island, with the technical students at Don Bosco Comoro carrying out all the work.
3. Arranged Two Truck Loads of critical food aid to the villagers of Baguia in the central highlands of Timor-Leste, where the recent Cyclone and flooding had destroyed their crops and the only road into the town had a bridge washed away cutting the village of from the rest of Timor-Leste, this aid was supported by the Rotary clubs of Camberwell, Phillip Island and San Remo from Victoria and the Rotary Club of Sydney Cove from NSW Plus Rotary Projects Timor-Leste Cost USD 5,000.00
4. Also received a request From Father Manuel for critical food aid for two other Villagers Liaside & Ague also in the Central Highlands that have run out of food, the Rotary Club of Kwinana through the Furniture on line project and Rotary Projects Timor-Leste East, have arrange for one truck load of food to the value of USD \$2,000.00 to be delivered and distributed by Father Manuel to those most in need
5. It was announced at the DGN zoom meeting on Sunday 16<sup>th</sup> May 2021 that a New Foundation Appeal by ZONE 8 and RISPPPO “Rotary Helping India – Humanitarian Crisis” that Rotary Foundation and the Bendigo Bank have entered into an agreement and have already raised \$1.0m in funding and pledges. The Bendigo Bank, website was built in past week to collect donations
6. Monday 21<sup>st</sup> June will be attending the Changeover of the Rotary Club of Bridgetown, to present a paper on Disaster Aid Australia and representing District 9465

Max Bird

Remember the fine on Chris O last week regarding the Marlin he caught, here's the proof





Hayley



Adriana



Nicola

The three ladies came along to tell us about the Brightwater Group whom they all represented tonight, Nicola started by giving us a brief outline of the services provided by Brightwater, from Home Care, Residential Care, Disability Care and Retirement Villages.

Brightwater Care Group has provided care services to Western Australians for more than 100 years.

Lady Madeleine Onslow and Dr Athelstan Saw, two prominent Perth citizens around the turn of the 20th century, convened a meeting at Perth Town Hall in November 1898 to address the desperate issue of care services for the WA community.

The 'Home of Peace for the Dying and Incurable' was founded at this historic gathering.

Brightwater Care Group Ltd was established as the Homes of Peace for the Dying and Incurable in 1898, as an initiative of Lady Madeleine Onslow and Dr Athelstan Saw.

In 1997, Homes of Peace (Inc.) changed its name to Brightwater Care Group (Inc.). In the 2015/2016 financial year, Brightwater transferred its registration as an incorporated association to a company limited by guarantee and registered under the Corporations Act 2001 (Cth), allowing the adoption of an enhanced governance framework.

Brightwater Care Group Limited is a public company limited by guarantee and a not-for-profit organisation. Brightwater receives funding from, and is accountable to, three government entities:

- The Department of Health and Ageing
- The Department of Health, WA
- The Western Australian Disability Services Commission

A strong commitment to community service, which motivated the organisation's founders, continues to underpin all our activities. While Brightwater is non-denominational, the organisation maintains a strong values-based culture and promotes partnership and teamwork as fundamental working models.

Board directors are elected from subscribers, who are individual members of the company with constitutional objects, powers, rules and procedures.

The Board is responsible for governance and major directional policies and employs a Chief Executive Officer and Chief Financial Officer responsible for general and risk management and the provision of financial administrative services.

There are four Board committees: Governance, Care, Business, Audit & Risk.

Meet: Hayley Antipas.

Director of Attuned Therapy, is passionate about using music to enhance wellbeing and functioning, in particular to improve relationships and quality of life.

Hayley has a Bachelor of Music from The University of Western Australia majoring in performance and a Master of Music Therapy from The University of Melbourne. She is registered with the Australian Music Therapy Association and enjoys playing a range of music genres and instruments.

Drawing from a wealth of professional skills and knowledge Hayley is here to ensure you have a positive experience with Attuned Therapy.

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After many years away from a music based career Hayley discovered the profession of music therapy by chance through a story shared at The Ellington Jazz Club in Perth. She knew instantly this was the career for her although had never worked in healthcare so decided the first step was to get some front line experience as a disability support worker.

This experience helped Hayley to understand the everyday challenges people living with complex disabilities and their support network can face and fuelled her passion to become a Registered Music Therapist and pursue her mission of *maximising life through music*.

Hayley has designed, lead and delivered one of Western Australia's largest music and wellbeing programs. The program supports older adults and people living with neurological disease or disability in residential care facilities and those living at home.

As a Music Therapist Hayley has experience working in palliative care, brain injury rehabilitation, mental health, disability and aged care services.

She has delivered hundreds of training sessions to allied health professionals, nursing teams and professional carers to support them embed music into care.

Hayley has presented at national conferences, industry forums and community events to share her expertise in embedding music into care, the benefits of music therapy and evidence-based tips so everyone can use music to improve their wellbeing.

We believe that music is a means of expressing yourself, feeling and communicating. Your music is part of your identity.

At Attuned Therapy we do as our name says. We attune to your unique identity, needs, experiences and relationship with music as we work together to reach your health and wellbeing goals through music therapy.

Our music therapy services are professional, friendly and tailored for you.

Hayley has been talking to Rotary Clubs all over the Perth metropolitan area recently to share her music therapy experience, industry leading program and tips for individuals to maximise their everyday music use for wellbeing.



**Fine Session: Sergeant Cyril Bennett**

Stand-in

Deputy Bill Rowe.



- Chris O: Last to arrive. (was he?).
- Eagles: Fined for their loss.
- Dockers: Happy to pay-up for their win.
- Edd S: Throwing the 'Red' around.
- Eric: Changed the President's words when reporting on the truck?
- Bob C: Left a bottle of red on the table, only problem it was empty.
- Mike N: lost the keys to the truck.
- John M: Lost the diary.
- Kim B: What use is a new wine rack? When you drink the wine first.
- Stephen C: Wearing a hat while eating dinner.
- James: Stole Chris's chair.
- Chris O: Black and white squares on his socks.
- Veronica: Fined from last week, bread request.
- Mike N: Not only lost the truck keys but wanted to take-off with the Tail-Lift on the ground.
- Guess Who's Coming to Dinner hosts had to pay-up.

My wife told me the car wasn't running well, there was water in the carburetor. I asked where the car was, and she told me it was in the lake.

My wife is on a new diet. Coconuts and bananas. She hasn't lost weight, but can she climb a tree!

She was at the beauty shop for two hours. That was only for the estimate. She got a mudpack and looked great for two days. Then the mud fell off.

My wife and I have the secret to making a marriage last. Twice a week, we go to a nice restaurant, a little wine, good food... She goes Tuesdays, I go Fridays.

I take my wife everywhere, but she keeps finding her way back.

## Polio this week

19<sup>th</sup> May 2021

Come and join the virtual launch of the Polio Eradication Strategy 2022-2026, at an online event on Thursday 10 June 2021. (at 2pm, Central European Summer Time).

More information, including registration details, are available [here](#), where you will find the 'Save the Date'.

Summary of new WPV and cVDPV viruses this week (AFP cases and ES positives):

Afghanistan: five cVDPV2 cases

Pakistan: one cVDPV2 case

China: one cVDPV3 positive environmental sample

Liberia: two cVDPV2 positive environmental samples

Mali: one cVDPV2 case

Nigeria: one cVDPV2 case and one cVDPV2 positive environmental sample



What is the thinnest book in the world?  
"What Men Know About Women"

How does a man take a bubble bath?  
He eats beans for dinner.

What's a man's idea of foreplay?  
A half hour of begging.

How many men does it take to change a roll of toilet paper?  
We don't know .... it's never happened.

What is a man's idea of helping with the housework?  
Lifting his leg so you can vacuum.

If you throw a cat out a car window does it become kitty litter?

How did a fool and his money get together?

What's another word for thesaurus?

What do they use to ship Styrofoam?

What was the best thing before sliced bread?

Do hungry crows have ravenous appetites?

When it rains, why don't sheep shrink?



# What happened this week in history?



May 23<sup>rd</sup> to May 29<sup>th</sup>



23<sup>rd</sup>

1430: Joan of Arc is captured at Compiègne and sold to the English  
1568: The Netherlands declares independence from Spain  
1934: Bonnie Parker and Clyde Barrow - Bonnie and Clyde - are killed by police  
1998: The Good Friday Agreement is accepted in Northern Ireland with 75% voting yes.

24<sup>th</sup>

1689: English Parliament guarantees freedom of religion for Protestants  
1862: Westminster Bridge across The Thames opens in London, England  
1915: Thomas Edison invents telegraph to record telephone conversations  
1930: Amy Johnson becomes the 1st woman to fly solo from England to Australia

25<sup>th</sup>

1716: Great Britain and Holy Roman Empire sign the Treaty of Westminster, a defensive pact  
1844: First telegraphed news dispatch is published in Baltimore Patriot  
1868: Australian Aboriginal Cricket tour of England begins v Surrey Gentlemen  
1927: Henry Ford announces that he is ending production of the Model T Ford

26<sup>th</sup>

1647: Massachusetts disallows priest access to colony  
1805: Napoleon Bonaparte is crowned King of Italy  
1923: Inaugural 24 Hours of Le Mans endurance race starts through public roads. Le Mans, France;  
1940: 1st successful helicopter flight in US: Vought-Sikorsky US-300 designed by Igor Sikorsky

27<sup>th</sup>

1660: Denmark & Sweden sign The Treaty Of Copenhagen, ends Second Northern War  
1796: James S McLean patents his piano  
1895: British inventor Birt Acres patents film camera/projector  
1940: British and Allied forces begin the evacuation of Dunkirk (Operation Dynamo) during WWII

28<sup>th</sup>

1588: Spanish Armada under the Duke of Medina-Sidonia departs Lisbon to invade England  
1742: 1st indoor swimming pool opens (Goodman's Fields, London)  
1889: Édouard and André Michelin incorporate the Michelin tyre company  
1923: US Attorney General says it is legal for women to wear trousers anywhere

29<sup>th</sup>

1463: Constantinople, capital of the Eastern Roman Empire falls to the Turks under Mehmed II;  
1849: Lincoln says "You can fool some of the people all of the time, and all of the people some of the time, but you cannot fool all of the people all of the time."  
1886: American chemist John Pemberton begins to advertise Coca-Cola  
1942: Bing Crosby records "White Christmas", world's best-selling single (100 million copies sold)

When our lawn mower broke and wouldn't run, my wife kept hinting to me that I should get it fixed. But, somehow I always had something else to take care of first, the shed, the boat, making beer... Always something more important to me. Finally she thought of a clever way to make her point. When I arrived home one day, I found her seated in the tall grass, busily snipping away with a tiny pair of sewing scissors. I watched silently for a short time and then went into the house. I was gone only a minute, and when I came out again I handed her a toothbrush. I said, "When you finish cutting the grass, you might as well sweep the driveway."  
The doctors say I will walk again, but I will always have a limp.

After retiring, I went to the Centrelink office to apply for a pension. The woman behind the counter asked me for my driver's Licence to verify my age. I looked in my pockets and realised I had left my wallet at home. I told the woman that I was very sorry, but I would have to go home and come back later. The woman said, 'Unbutton your shirt'. So I opened my shirt revealing my curly silver hair. She said, 'That silver hair on your chest is proof enough for me' and she processed my Pension application. When I got home, I excitedly told my wife about my experience at the Centrelink office. She said, 'You should have dropped your pants. You might have gotten a disability pension too.'  
And then the fight started...

My wife was standing nude, looking in the bedroom mirror. She was not happy with what she saw and said to me, "I feel horrible; I look old, fat and ugly. I really need you to pay me a compliment.'  
I replied, "Your eyesight's darn near perfect."  
And then the fight started...

I rear-ended a car this morning...the start of a REALLY bad day! The driver got out of the other car, and he was a DWARF!!  
He looked up at me and said 'I am NOT Happy!' So I said, 'Well, which one ARE you then?'  
That's how the fight started

My wife was hinting about what she wanted for our upcoming anniversary. She said, "I want something shiny that goes from 0 to 100 very quickly  
I bought her a bathroom scale.  
And then the fight started

My friend drowned in a bowl of muesli. A strong currant pulled him in

What do you call a fish with no eyes? A fsh.

I went to a seafood disco last week and pulled a muscle.

Man goes to the doctor, with a strawberry growing out of his head.  
Doc says 'I'll give you some cream to put on it.'

#### Makeup opportunities

Rockingham	Monday	6pm for 6.30	Rockingham RSL Club
Palm beach	Wednesday	6pm for 6.30	Ocean Clipper Inn
Baldvis	Mon/Fortnightly	6.30pm for 7.00	Peel Manor House
Cockburn	Thursday	7.15am for 7.30	Cockburn Seniors Centre
Byford & Districts	Monday	6.15pm for 6.45	Byford Tavern, South W Hwy

Rotary Club of Kwinana  
Contributions welcome: [eblogg@bigpond.com](mailto:eblogg@bigpond.com)