



Rotary District 9465

The Wrap

Giftng news from District 9465

JULY 2015 | ISSUE 1

Waxing Lyrical

Words from District Governor Melodie

Rotary Friends, Welcome to this new Rotary Year! Thank you for the enthusiastic way that you and your Club worked with PDG Brian Eddy and his theme of Light up Rotary in 2014-15. I'm confident that you will now continue on your great support for Rotary International and its many programs here in Australia, and all around the world as we continue to Be a Gift to the World!

Our new World President Ravi Ravindran is a hardworking and very committed Rotarian from Sri Lanka. We will all have the opportunity to meet him at Convention in Seoul, Korea in June 2016. I invite you and your friends to join John and I there. Maybe we can organise and enjoy some additional travel together in Korea before or after Convention.

Please join me in welcoming home PP Craig Alford and his Ride to the Other Side team. What an amazing adventure this is, and for such a worthy cause. I thoroughly enjoyed following their progress on Facebook, along with many other Rotarians. Please see the report from PP Craig over leaf.

Welcome to Rotary - 50 members of the newly formed Interact Club of Willetton Senior High School. My thanks to PP Jane Lowe, and to President Simon Cubitt from the Rotary Club of Willetton on the establishment of this new Interact Club.

Donate Life

This year I am joining with the 21 Rotary Governors around Australia to encourage our 1100 Rotary Clubs across Australia to 'have the chat' about organ and tissue donation with their loved ones and registering their donation decisions during DonateLife Week, Sunday 2 - 9 August 2015.

Rotary's participation in DonateLife Week 2015 was prompted by the story of Jack Wilson,

the grandson of one of the District Governors in Australia. Jack was born with nephrotic syndrome, a congenital kidney disease which resulted in lengthy periods of hospitalisation. Jack had to return to hospital initially five days per week for four hourly sessions of protein infusion, then moving onto 10 hours home dialysis every night. From three days after his birth in mid-2013 Jack had a tube protruding from his body - no bath, no beach, no pool - until finally at the age of 21 months, Jack's life was transformed with the gift of a kidney transplant.

"For Jack, a new kidney has meant a return to normal eating, boundless energy and no more lines (with their risk of infection). It's such an incredible gift. We know that Jack will need more kidney transplants throughout his life, but for now we're excited and hopeful for his future" says his mother Tammy Wilson.

Every Rotary Club in District 9465 has received information about DonateLife, along with a personal letter from RI President Ravi. Your decision to participate is a very personal one, and I respect this.

In support of this campaign Australian Rotary Health has received funds to established the Jack Wilson Kidney Research Program - a Three Year Ph.D. Research Project aimed at improving long-term outcomes for young children who are kidney transplant recipients. The research is not limited in nature but it is hoped that one of the areas of focus might be in minimising harms of commonly used immunosuppressive drugs. By its nature of the research is likely to benefit organ transplant recipients generally.

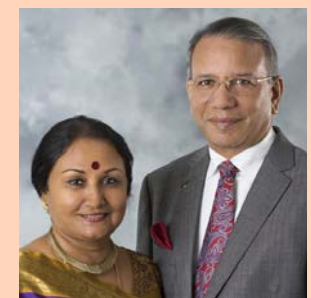
If any of our Clubs are raising money for Australian Rotary Health and they don't have a specific project in mind, you can ask for your funds to be used in support of the Jack Wilson Kidney Research Program.



Be a gift to the world



District 9465 Governor Melodie Kevan and John Rotary Club of Applecross dg@rotary9465.org.au



RI President Ravi Ravindran Rotary Club of Colombo





Words from the District Governor continued

'Flu Mitigation Hand Washing Campaign

Rotary friends, I'm keen to ask for your help with an innovative grass roots project aimed at reducing the incidence of the 'flu on our community. We want to encourage friends, family and colleagues to wash their hands more often during the current 'flu season, which is expected to peak in August 2015.

Rotary exists primarily to help bring peace to our world. One of the many practical ways we go about achieving that goal is by mitigating the effect of disease in our community. We've helped take Polio to the brink of eradication. The same effort to minimise the spread of the 'flu will make a huge difference.

If we act together, we can reduce the impact of 'flu right here in WA. Influenza causes misery and temporary disability to tens of thousands of Western Australians every year. The very young, very old and those with compromised immune systems are particularly at risk and some may die.

We can all help break the 'flu infection cycle just by washing our hands more often, particularly after handling money or before touching food. More hand washing will mean less suffering and possibly more lives saved right here where we live.

What can you do to help? Please do these things during the month of August:

- Lead by example – wash your hands more often, particularly before handling food
- Tell others why you're washing your hands more often
- Help spread the word to family, friends and colleagues
- Use email, social media and word of mouth to help spread the message

If you have any questions about our 'flu mitigation hand washing campaign, please contact Kero O'Shea on 0408 802 490.

Communicating Rotary in WA

To ensure a uniform approach to the promotion of Rotary in Western Australia District 9455 and 9465 have established a joint public image and media committee called Communicating Rotary in WA. My thanks to District 9465 District Public Relations and Media Chair John Stockbridge for taking on the lead role for this committee.

Membership Action Seminar 18th October

As I travel around our District visiting Clubs I appreciate the privilege of meeting with Club members and Board members and hearing about your many projects, and your plans for the years ahead. Many Clubs have good plans in place to grow their membership. Please do let me know when we are inducting new members. Where possible I would like to attend the induction, or at least send a personal message to

the new members. In support of membership growth we are planning a Membership Action event on the 18th October. This will be in collaboration with District 9455. Please keep the date free!

ROTARY GLOBAL REWARDS

"The good you do comes back to you"

President Ravi has introduced Rotary's new member benefits program. This program gives Rotary members access to discounts on a variety of products and services selected with their interests in mind.

DISCOUNTS & SPECIAL OFFERS: Rotary Global Rewards offers discounts on car rentals, hotels, dining, and entertainment. More products and services from companies around the world will be added throughout the year.

HOW IT WORKS: Anyone can view the offers and discounts on Rotary Global Rewards. But only Rotary club members who are signed in to their My Rotary accounts can redeem them. You can access and redeem rewards from your computer, smartphone, or tablet.

EXPLORE REWARDS

Create a My Rotary account now if you don't already have one, to take advantage of the new member benefits program. If you need help creating an account, see the How to Create a My Rotary Account quick guide

District Governor visits

This Rotary year I will be visiting most Rotary Clubs on an individual basis, unless a group of nearby Clubs has requested a combined DG visit. I will also request an individual meeting with every Club Board, and invite the Assistant Governor to attend also. Some Clubs have requested a change from the date that was initially scheduled, and where possible this change has been made.

In the lead up to the DG visit I am asking each Club President to provide me with some information about the governance of the Club, and about the programs currently supported. This information is submitted in the Club Checklist document. Thank you for taking the time to complete this document and returning it to me before the date of the visit.

Please refer to "Upcoming Events" on the District website for an up to date schedule of DG visits

Request for surplus Rotary Pins

I'm sure that most of us will have many Rotary pins that we now seldom wear. I have received a request from the Rotary Club of Cockburn for surplus pins to be donated to Claude Iannello. Please contact Claude if you can add to his collection. Email iannello@inet.net.au;

DG Melodie

Introducing our RI President



Ravi Ravindran
Rotary Club of Colombo

K.R. "Ravi" Ravindran is CEO and founder of Printcare PLC, a publicly listed printing, packaging, and digital media solutions company. It is arguably the world's largest supplier of tea bag packaging, catering to nearly every major tea brand, with manufacturing facilities in Sri Lanka and India.

Printcare is the winner of national and international awards of excellence. Ravindran also serves on the board of several other companies in Sri Lanka and India and charitable trusts, including the MJF (Dilmah) Charitable Foundation. He is the founding president of the Rotary-sponsored Sri Lanka Anti Narcotics Association, the largest such agency in Sri Lanka. During the country's civil war, Ravindran was involved in the business community efforts to find peaceful solutions to the conflict and was a featured speaker at the United Nations-sponsored peace conference in New York for the Sri Lankan diaspora in 2002.

A third generation Rotarian and a member himself since the age of 21, Ravindran has served on the Rotary International Board of Directors and The Rotary Foundation Board of Trustees and as RI treasurer.

As his country's national PolioPlus chair, Ravindran headed a joint task force of the Sri Lankan government, UNICEF, and Rotary and worked closely with UNICEF to successfully negotiate a ceasefire with the northern militants during National Immunization Days. Aided by Rotary's efforts, Sri Lanka reported its last case of polio in 1994.

He also chaired the Schools Reawakening project, in which Rotary District 3220 raised more than \$12 million to rebuild over 20 tsunami-devastated schools to benefit 14,000 children. He continues to play a role in his club's project to build a cancer prevention and early detection center in Sri Lanka. Once completed, it will be the only dedicated national facility to offer comprehensive screening and early detection services.

Ravindran is a recipient of The Rotary Foundation's Citation for Meritorious Service, Distinguished Service Award, and Service Award for a Polio-Free World.

He and Vanathy have been married since 1975, and they have two children and a recently born grandchild.

Meet the 2015-16 Assistant Governors



Llew Withers
Applecross, Attadale,
Booragoon, Canning Bridge,
Melville



Kareena Ballard
Como, Mill Point, South Perth-
Burswood, Victoria Park



John Dodman
Ascot, Bentley-Curtin,
Cannington, E-WA, Kenwick



Barry Berger
Cockburn, Fremantle, Kwinana,
Rossmoyne, Willetton



Roy Philbin
Armadale, Byford & Districts,
Gosnells, Southern Districts



Wayne Milnes
Mandurah, Mandurah City,
Mandurah Districts Palm Beach,
Pinjarra, Rockingham



Robyn Yates
Bridgetown, Collie, Harvey,
Manjimup



Fred Mentha
Albany City, Albany Port,
Mount Barker



Carolyn Webster
Katanning, Kojonupo,
Narrogin, Wagin



Geraldine Ennis
Boulder, Hannans-Kalgoorlie,
Kalgoorlie



Wes Graham
Esperance, Esperance Bay



Paul Cassidy
Bunbury, Bunbury-Leschenault, Busselton-
Geopraphe, Margaret River, South Bunbury



Meet Australian Rotary Health

Australian Rotary Health is the only Rotary Club-established and supported independent health research fund in the world. Their life-changing research began in 1985 with a famous study into Sudden Infant Death Syndrome which led to the well-known practice of babies being laid on their backs to sleep. Since then, their research focus has spanned many health areas, including Alzheimer's Disease, Malaria, and the Environment, and many age groups too; Adolescent, Family and Elderly Health.



Health Research

In 2000 Australian Rotary Health was the first non-government funding organisation in Australia to focus research into the treatment of mental illnesses. From 2013 they were the first to commit funding into the prevention of mental illnesses. They continue to fund a broad range of research into heart disease, Motor Neurone Disease, diabetes, epilepsy and many cancers; bowel, prostate, breast, brain, ovarian and childhood cancers.

Indigenous Health

From 2000, Indigenous Health Scholarships have encouraged Indigenous students to undertake tertiary training in nursing, physiotherapy, psychology, dentistry and other health related degrees at university. Over fifteen years, 200 scholars have graduated into the workforce, and these professionals are the future of a culturally inclusive healthcare system.

Rural Health

In 2007, Rural Nursing and Medicine Scholarships were introduced to address staff shortages in country healthcare services. These Scholarships provide unique experiences and challenges for students as they train, and encourage them to pursue a career in rural Australia when they have completed their studies.

Australian Rotary Health has a broad vision to improve the health of all Australians, and 100% of donations will support this cause. They prioritise high quality research and programs which will directly benefit communities.

Ways your Club can support Australian Rotary Health

Please continue championing support for our home-grown health fund:


- Use your Club events to fundraise on our behalf;
- Encouraging members to donate – remember 100% of donations will go directly to our programs;
- Tell your local communities about us;

Anyone can stay up to date with our news and events – email admin@australianrotaryhealth.org.au or phone 02 88371900 to join our electronic or posted mailing list.

The 'flu season is about to erupt
'Flu kills!
Hand washing breaks the infection cycle
Do you REALLY want the 'flu?

#WashB4Umunch

A public health reminder from Rotary in WA



5TH - 6TH SEPTEMBER
HELLENIC CLUB - CANBERRA

AUSTRALIAN ROTARY SUMMIT & ROTARY YOUTH SUMMIT
CANBERRA 2015

A CONFERENCE FOR YOUR CLUB'S BEST & BRIGHTEST TALENT

- PR CHAIRS
- PRESIDENTS
- MEMBERSHIP CHAIRS
- FUTURE LEADERS

REGISTER AT www.rotary92740.org.au/success-conference.html



SUPERHEROES WANTED



We're looking for enthusiastic Rotarians to join the District RYLA committee.

Be part of a dynamic committee that coordinates one of the District's premium youth programs.

To be part of the team, or for more information contact Jodie Sparks on 0412 329 859