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# THE ROTARWAVE



**THE ROTARY CLUB OF SURFERS PARADISE**

<http://surfersparadiserotary.org>

**PO BOX 5267, Gold Coast MC. 9726**

**Volume 60 Issue 4 19.08.24**

**Meetings – Gold Coast Tavern First Floor**

**1<sup>st</sup> and 3<sup>rd</sup> Mondays -**

**5.45pm for 6.15 pm**



RIP Stephanie Urchick    President Sheila    DG Lisa Hunt

## GUEST SPEAKER PROGRAM

Date	Speaker	Topic	Comment
September 2	Chelie King	PBF Australia	Paraplegic Benefit Fund
September 16	Jerzy Fraczek	“As I Recall”	

## DUTY ROSTER

Date	Door	Toast	Thanks	Chair
02 September Board meeting	Cheryl Gibbons	Donna Gillett-Shaw	Jennifer Johnson	Ron Derrick
16 September	Kirk Mason	Ron Los	Peter Kumnick	Ron Derrick
30 September Board meeting	Bert Shenko	Lee Peters	Adrian Smallacombe	Ron Derrick



## Club Dues

The invoices have been sent out.

Dues can be paid at our meetings with a Card. Or, they can be paid by bank transfer as per the invoice information.

## Alan Guignon

Alan alerted Members that there are only 15 tables available in the venue on Race Day. 7 currently available but we know that a couple of businesses take multiple tables.

It would seem as though the tables will fill fast and many may be disappointed if they don't book early.

### *Bottles of Wine*

Alan has asked members to donate bottles of wine (\$15 value) for the raffle.

Some arrived tonight, and we look forward to more at the next meeting.

## Bill White

Bill again requested members who know of a young person aged 18 – 29 who might gain from the experience of the RYLA Camp, to contact him with their names.

## Bert Shenko

Bert has requested any members who may assist him with the Sausage Sizzle while he and Rosi are away, please contact Bert.

## Our Guest Speaker

Rtn John Monks



John being thanked on behalf of the club by Helen Derrick

John gave a very detailed talk of his life once he got into the Queensland Public Service. Much of his business life was spent in the Lands Department.

John was promoted and transferred taking charge of many regions. He has had a very successful career,

## Australian Rotary Health



### [A/Professor Tim Slade – Mental Health Research Grant Recipient](#)

With the increase in mental health illnesses among Australian adolescents aged 13-15 years, ARH Mental Health Grant recipient Tim Slade examines the risk and protective factors associated with mental health and substance use problems. Data from the study demonstrated that mental health problems have increased over time, particularly for females, while alcohol use has decreased over time, particularly for males.

### *Who's the Joker?*



Well tonight it was Robyn Brown.  
Congratulations Robyn

## Growing Old

A doctor who had been seeing an 80-year-old woman for most of her life finally retired. At her next checkup, the new doctor told her to bring a list of all the medicines that had been prescribed for her. As the doctor was looking through these his eyes grew wide as he realized Grandma had a prescription for birth control pills.

"Mrs. Smith, do you realize these are birth control pills?"

"Yes, they help me sleep at night."

"Mrs. Smith, I assure you there is absolutely nothing in these that could possibly help you sleep!"

She reached out and patted the young doctor's knee and said, "Yes, dear, I know that. But every morning, I grind one up and mix it in the glass of orange juice that my 16-year-old Granddaughter drinks. And believe me, it definitely helps me sleep at night."

You gotta love Grandmas!

An elderly, but hardy cattleman from Texas once told a young female neighbor that if she wanted to live a long life, the secret was to sprinkle a pinch of gunpowder on her oatmeal each morning.

She did this religiously and lived to the ripe old age of 103. She left behind 14 children, 30 grandchildren, 21 great-grandchildren, five great-great-grandchildren, and a 40-foot HOLE where the crematorium used to be.