



The Racing Wheel

The Rotary Club of Bathurst East Inc NSW Australia.
Bathurst East: The Friendly Club

Building Better
Communities



Week Ending 23rd June 2015

RI President: Gary C K Huang

District Governor: David Kennedy

President: Peter Keith 0427 101 213

Secretary: Lee Rayner 0419 414 970

Treasurer: Brian Burke 0438 159 323

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Last week @ Rotary 17th May

International Toast



The International Toast was again this week presented by Sergeant Bill Dickie and was to the Rotary Club of Kingston, Jamaica in Rotary District 7020. The District has 84 clubs with 2534 members in 11 island nations in the Caribbean.

The Kingston Rotary Club received its charter on 10 October 1959 with 40 charter members; current membership is 75 and meet each Thursday at 12:30pm at the Jamaican Pegasus (pictured above right). For further details, please refer to Bill's presentation as attached.

Thank you Bill.

Stop Press

Our meeting next Wednesday (June 23rd) will be back at our usual "haunt", the BATHURST RSL CLUB, Rankin Street, 6:00 for 6:30pm.

Positions Vacant – volunteers urgently wanted

BULLETIN EDITOR. If we can't have this position filled, then no bulletin, so please take the job on. It doesn't have to be anything elaborate – however you would like it to be done. As advised Maree has been forced to step down as the Bulletin Editor for next year. It's an enjoyable, fun job and a volunteer to take over the role is needed. Kindly advise either President Peter or P.E. Tony if you would like to take this job on.

PRESIDENT ELECT 2015/16. Another vital role in our Club that must be filled. Volunteer again sought.

General Business

1. Jan Madden sent her thanks for the kind thoughts and best wishes as received by Jan in recent times.
2. President Peter advised the van profit from last weekend's auction was only \$ 180.00.
3. Peter also advised having been approached for us to have the van at the official opening of the new John Coote Furniture outlet next Saturday (9:00am to 3:00pm). 2 shifts required. Advertising for the opening on 2BS includes a reference to the fact our Club will be conducting a sausage sizzle during the opening.
4. Chris Olson advised the meeting he has 27 definite starters for the August rally, meaning the rally will go ahead. Another 8 can book in with Chris.
5. Changeover dinner – 40 persons confirmed so far, up to 50 expected. Cost \$ 45.00 per head, you can pay on the night.
6. Venue for our monthly meetings: the RSL Club confirmed as our venue for the meetings.

Club Assembly

Tonight's meeting was a Club Assembly with the main aim to discuss fund raising and other activities to be undertaken by the Club during the 2015/16 year.

While many ideas, suggestions and other matters were discussed, the main points that emerged were:

- Van sales are now very low and either an alternative fund raising activity be decided upon or another location for the van be found, but the existing auction/market day vans be discontinued.
- Fund raising ideas to be further investigated to include 12 Hour Classic Bathurst, Bathurst East Rotary Comedy Festival, Walk Around Mt Panorama, BBQs at Bunnings.
- Expansion of associate memberships, other ideas to increase membership
- Sofala markets – collecting gold coin entry fee each month
- BBQ Trailer – PP Greg Madden gave details of a trailer set up costing say, \$ 4000.00 – could be rented out to others at a fee of \$ 150.00. Greg will follow up and report back.
- International activity, possibly working in with Kelso High and our "Interactors".

The above is of course, in addition to other activities the Club is already involved in (RYDA, Bowell Scan and so on).

In all, a very constructive meeting and augers well for the coming Rotary year.

Nevertheless, if you have any other suggestion or suggestions of what else may be done, please raise them at any of our meetings. The more, the merrier.



Visit back to Bathurst by PP David Russell

David has advised he and Joan will be back in Bathurst on Friday, June 26, and while Joan will be visiting with friends, David would like to catch up with his Bathurst East associates on that day.

David has suggested that the catch up be held over lunch at the RSL Club commencing at say, 12:30pm or around that time. If you would like to see David and have something to eat at the same time, make a note in your diary.



Half Yearly Fees (\$100.00) now due. Keep our incoming Treasurer, Kathy, happy and PAY UP NOW. Your co-operation appreciated.

Next week @ Rotary 24th June

Registrar: **Bill Dickie** Guest Speaker: **Chris Olson**
Greeter/3 Minuter: **Stephanie Brown** Thought for the Week: **Celia van der Zwaag**



Guest Speaker: Chris' guest on June 24th will be the Mayor of Bathurst, Cr. Gary Rush.
Given the importance of having the Mayor at our meeting, all members are urged to be in attendance for what should prove to be an remarkable talk.

And the week after that: 1st July @ Rotary it's our

CHANGEOVER DINNER

President Peter invites all members, their spouse or any guest of their choosing to come along to the 2015 Change Over Dinner.

The dinner will be held at the Rydges Hotel, Mt Panorama, on Wednesday, 1 July at 6:00pm for 6:30pm.

DG David Kennedy will be our special guest on the night.

Cost is \$ 45.00 per head. Please advise our erstwhile Treasurer, Brian, of your attendance.

Question. Did you attend another Rotary meeting or participate in a Rotary project or activity? Please advise **all Rotary make-ups** to **Alan Petersen**.

Fellows please find a replacement if you are unable to fulfil your rostered duty.

Birthdays and Anniversaries

June 4 Jan Madden – Birthday
June 7 Terry Mahony – Birthday
June 9 Jennifer Pollard – Birthday
June 19 Doug Barnes – Birthday
June 21 Luis Hernandez – Birthday



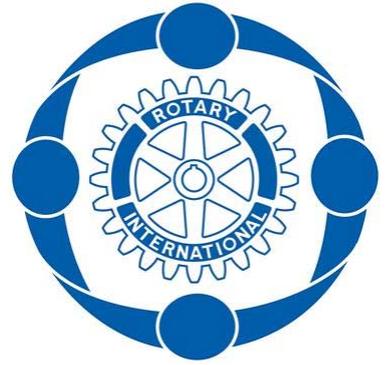
Other events and more!

Wed 01 July **Change over Dinner – Rydges Mt Panorama**
Sun 23 Aug **Observation Car Tour Around Bathurst**
Wed 09 Sept **District Governor's Official Visit & Ladies Night**



June is Rotary Fellowships

Rotary's focus this month is Fellowships and whilst Fellowship is an important element of Rotary a Rotary International Fellowship is a separate entity (or club), apart from Rotary International but approved by the Board of Directors of RI, of Rotarians in at least three countries united by a common hobby or passion or profession, such as: Doctors and Bird Watchers and Social Network users and Golfers and Snowskiers and Musicians and Stamp Collectors.



Some Fellowships ask their members to pay dues, others do not. Some have been around for many years, some have huge memberships, some only a few committed people. Why not explore your passion and seek to connect with a Rotary Fellowship and enjoy the best of both worlds?

There were 64 Fellowships officially registered with Rotary in June 2015.

[Click here](#) to access the RI Fellowships Directory

[Click here](#) to access the Rotary Fellowships page



Health department

AMAZING FACTS ABOUT THE HUMAN BODY

APPENDIX TO LIFE



The appendix gets a bad press. It is usually treated as a body part that lost its function millions of years ago. All it seems to do is occasionally get infected and cause appendicitis. Yet recently it has been discovered that the [appendix is very useful to the bacteria](#) that help your digestive system function. They use it to get respite from the strain of the frenzied activity of the gut, somewhere to breed and help keep the gut's bacterial inhabitants topped up. So treat your appendix with respect.

ATOM COUNT

It is hard to grasp just how small the atoms that make up your body are until you take a look at the sheer number of them. An adult is made up of around 7,000,000,000,000,000,000,000,000 (7 octillion) atoms.

FUR LOSS



It might seem hard to believe, but we have about the same number of hairs on our bodies as a chimpanzee, it's just that our hairs are useless, so fine they are almost invisible. We aren't sure quite why we lost our protective fur. It has been suggested that it may have been to help early humans sweat more easily, or to make life harder for parasites such as lice and ticks, or even because our ancestors were partly aquatic.

GOOSEBUMP EVOLUTION



Goosebumps are a remnant of our evolutionary predecessors. They occur when tiny muscles around the base of each hair tense, pulling the hair more erect. With a decent covering of fur, this would fluff up the coat, getting more air into it, making it a better insulator. But with a human's thin body hair, it just makes our skin look strange.

Similarly we get the bristling feeling of our hair standing on end when we are scared or experience an emotive memory. Many mammals fluff up their fur when threatened, to look bigger and so more dangerous. Humans used to have a similar defensive fluffing up of their body hairs, but once again, the effect is now ruined. We still feel the sensation of hairs standing on end, but gain no visual bulk.

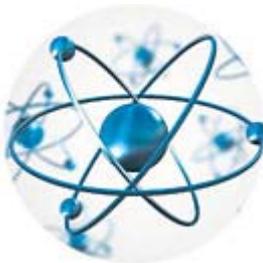
SPACE TRAUMA



If sci-fi movies were to be believed, terrible things would happen if your body were pushed from a spaceship without a suit. But it's mostly fiction. There would be some discomfort as the air inside the body expanded, but nothing like the exploding body parts Hollywood loves. Although liquids do boil in a vacuum, your blood is kept under pressure by your circulatory system and would be just fine. And although space is very cold, you would not lose heat particularly quickly. As Thermos flasks demonstrate, a vacuum is a great insulator. In practice, the thing that will kill you in space is simply the lack of air. In 1965 a test remained conscious for around 14

seconds. The exact survival limit isn't known, but would probably be one to two minutes.

STARDUST TO STARDUST



Every atom in your body is billions of years old. Hydrogen, the most common element in the universe and a major feature of your body, was produced in the big bang 13.7bn years ago. Heavier atoms such as carbon and oxygen were forged in stars between 7bn and 12bn years ago, and blasted across space when the stars exploded. Some of these explosions were so powerful that they also produced the elements heavier than iron, which stars can't construct. This means that the components of your body are truly ancient: you are stardust.

RED BLOODED



When you see blood oozing from a cut in your finger, you might assume that it is red because of the iron in it, rather as rust has a reddish hue. But the presence of the iron is a coincidence. The red colour arises because the iron is bound in a ring of atoms in haemoglobin called porphyrin and it's the shape of this structure that produces the colour. Just how red your haemoglobin is depends on whether there is oxygen bound to it. When there is oxygen present, it changes the shape of the porphyrin, giving the red blood cells a more vivid shade.

EYELASH INVADERS



Depending on how old you are, it's pretty likely that you have eyelash mites. These tiny creatures live on old skin cells and the natural oil (sebum) produced by human hair follicles. They are usually harmless, though they can cause an allergic reaction in a minority of people. Eyelash mites typically grow to a third of a millimetre and are near-transparent, so you are unlikely to see them with the naked eye. Put an eyelash hair or eyebrow hair under the microscope, though, and you may find them, as they spend most of their time right at the base of the hair where it meets the skin. Around half the population have them, a proportion that rises as we get older.

SENSORY TALLY



Despite what you've probably been told, you have more than five senses. Here's a simple example. Put your hand a few centimetres away from a hot iron. None of your five senses can tell you the iron will burn you. Yet you can feel that the iron is hot from a distance and won't touch it. This is thanks to an extra sense – the heat sensors in your skin. Similarly we can detect pain or tell if we are upside down.

REAL AGE



Just like a chicken, your life started off with an egg. Not a chunky thing in a shell, but an egg nonetheless. However, there is a significant difference between a human egg and a chicken egg that has a surprising effect on your age. Human eggs are tiny. They are, after all, just a single cell and are typically around 0.2mm across – about the size of a printed full stop. Your egg was formed in your mother – but the surprising thing is that it was formed when she was an embryo. The formation of your egg, and the half of your DNA that came from your mother, could be considered as the very first moment of your existence. And it happened before your

mother was born. Say your mother was 30 when she had you, then on your 18th birthday you were arguably over 48 years old.

Rotary Global Rewards

RI President-elect K.R. Ravindran introduced a member benefits program at the 9 June closing session of the 2015 Rotary International Convention, saying that many more hands are needed to continue Rotary's work around the world.

The program, [Rotary Global Rewards](#), aims to boost membership and enhance member satisfaction. It will debut on 1 July.

"This innovative new program will allow Rotary members to connect with hundreds of businesses and service providers from around the world -- and that number is growing," said Ravindran. "These establishments will offer Rotarians discounts and concessions on the everyday business that you do. And, in many cases, not only will you benefit, but our Foundation will as well, by receiving a contribution with each transaction."

The program will include discounts on car rentals, hotels, dining, and entertainment, giving Rotary members access to discounts on a variety of products and services selected with their interests in mind.

Rotary Global Rewards launches in July, and the program will include discounts on car rentals, hotels, dining, and entertainment. More products and services from companies around the world will be added throughout the year. Check back often to see what's new in Rotary Global Rewards.

How it works: Anyone can view the offers and discounts on Rotary Global Rewards. But only Rotary club members who are signed in to their My Rotary accounts can redeem them. You can access and redeem rewards from your computer, smartphone, or tablet.

Interesting 'photos  department



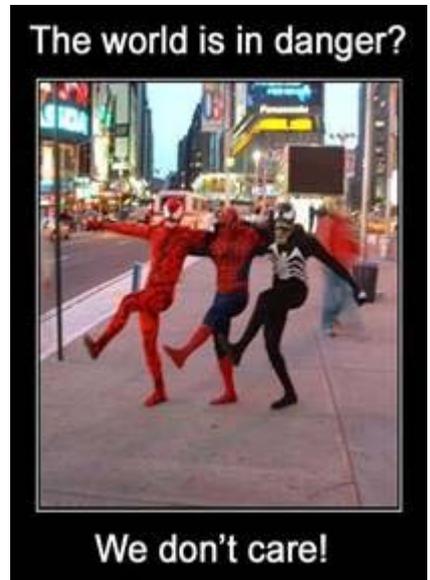
Errr, guys.....Guys, LOOKOUT!!!!



You could remove the stomach, the spleen, the kidney, 80% of the intestines and 75% of the liver and still be able to survive.



My Morning Coffee





TIME TO LAUGH, CRY, OR BE DISGUSTED

Landing at a hidden military base

You've all heard of the Air Force's ultra-high-security, super-secret base in Nevada, known simply as "Area 51?"

Well, late one afternoon, the Air Force folks out at Area 51 were very surprised to see a Cessna landing at their "secret" base. They immediately impounded the aircraft and hauled the pilot into an interrogation room.

The pilot's story was that he took off from Vegas, got lost, and spotted the Base just as he was about to run out of fuel. The Air Force started a full FBI background check on the pilot and held him overnight during the investigation.

By the next day, they were finally convinced that the pilot really was lost and wasn't a spy. They gassed up his airplane, gave him a terrifying "you-did-not-see-a-base" briefing, complete with threats of spending the rest of his life in prison, told him Vegas was that-a-way on such-and-such a heading, and sent him on his way.

The day after that though, to the total disbelief of the Air Force, the same Cessna showed up again. Once again, the MP's surrounded the plane...only this time there were two people in the plane.

The same pilot jumped out and said, "Do anything you want to me, but my wife is in the plane and you have to tell her where I was last night!"

A few thought provoking messages from PP Terry Mahony...

| | |
|--|--|
|  <p>I saw a woman wearing a sweat shirt with 'Guess' on it. So I said 'Implants?' She hit me.</p> |  <p>Marriage changes passion. Suddenly you're in bed with a relative.</p> |
|  <p>Now that food has replaced sex in my life, I can't even get into my own pants.</p> |  <p>How come we choose from just two people to run for PM and over fifty for Miss Australia?</p> |
|  <p>When I was young we used to go 'skinny dipping,' now I just 'chunky dunk.'</p> |  <p>I signed up for an exercise class and was told to wear loose fitting clothing. If I HAD any loose fitting clothing, I wouldn't have signed up in the first place!</p> |
|  <p>Wouldn't it be nice if whenever we messed up our life we could simply press 'Ctrl Alt Delete' and start all over? AMEN, AMEN!</p> |  <p>Don't argue with an idiot; people watching may not be able to tell the difference.</p> |
|  <p>Wouldn't you know it... Brain cells come and brain cells go, but FAT cells live forever.</p> |  <p>Why is it that our children can't read a Bible in school, but they can in prison? A completely brilliant question!</p> |
|  <p>Bumper sticker of the year: 'If you can read this, thank a teacher - And, since it's in English, thank a soldier'</p> |  <p>Why do I have to swear on the Bible in court when the Ten Commandments cannot be displayed outside? Another completely brilliant question!</p> |

*And remember:
Life is like a roll of toilet paper.
The closer it gets to the end, the faster it goes.*



Save the Earth...It's the only planet with accountants*!!!

Thanks Terry (*originally read "chocolate" but I think the change is for the better – Editor)

No More Nerds Allowed

A truck driver hauling a tractor-trailer load of computers stops for a beer. As he approaches the bar he sees a big sign on the door saying

"NERDS NOT ALLOWED--ENTER AT YOUR OWN RISK!"

He goes in and sits down. The bartender comes over to him, sniffs, says he smells kind of nerdy, asks him what he does for a living.

The truck driver says he drives a truck, and the smell is just from the computers he is hauling.

The bartender says OK, truck drivers are not nerds, and serves him a beer. As he is sipping his beer, a skinny guy walks in with tape around his glasses, a pocket protector with twelve kinds of pens and pencils, and a belt at least a foot too long.

The bartender, without saying a word, pulls out a shotgun and blows the guy away.

The truck driver asks him why he did that. The bartender said not to worry, the nerds are over-populating the Silicon Valley, and are in season now. You don't even need a license, he said.

So the truck driver finishes his beer, gets back in his truck, and heads back onto the freeway. Suddenly he veers to avoid an accident, and the load shifts. The back door breaks open and computers spill out all over the freeway.

He jumps out and sees a crowd already forming, grabbing up the computers. They are all engineers, accountants and programmers wearing the nerdiest clothes he has ever seen. He can't let them steal his whole load. So remembering what happened in the bar, he pulls out his gun and starts blasting away, felling several of them instantly.

A highway patrol officer comes zooming up and jumps out of the car screaming at him to stop.

The truck driver said, "What's wrong? I thought nerds were in season."

"Well, sure." said the patrolman, "But you can't bait 'em".

True Stupid people stories

DEADHEADS

A man in Orange County Municipal Court had been ticketed for driving alone in the carpool lane. He claimed that the four frozen cadavers in the mortuary van he was driving should be counted. The judge ruled that passengers must be alive to qualify.

THIS WOULD BE ME

The judge called the case of People vs. Steven Lewon Crook. The bailiff opened the door to the holding cell and called, "Crook, come forward." Five of the prisoners entered the courtroom.

LEARN YOUR LESSON

When asked for her occupation, a woman charged with a traffic violation said she was a schoolteacher. The judge rose from the bench. "Madam, I have waited years for a schoolteacher to appear before this court," he smiled with delight. "Now sit down at that table and write 'I will not pass through a red light' five hundred times."

AHH, THAT'S BETTER!

A judge in Louisville decided a jury went "a little bit too far" in recommending a sentence of 5,005 years for a man who was convicted of five robberies and a kidnapping. The judge reduced the sentence to 1,001 years.

OOPS! I BLEW THAT ONE!

A lawyer defending a man accused of burglary tried this creative defense: "My client merely inserted his arm into the window and removed a few trifling articles. His arm is not himself, and I fail to see how you can punish the whole individual for an offense committed by his limb." "Well put," the judge replied. "Using your logic, I sentence the defendant's arm to one year's imprisonment. He can accompany it or not, as he chooses." The defendant smiled. With his lawyer's assistance he detached his artificial limb, laid it on the bench, and walked out.

New chemical warfare

An instructor in chemical warfare asked soldiers in his class: "Anyone knows the formula for water?"

"Sure. That's easy," said one man.

"What is it?"

"H, I, J, K, L, M, N, O."

"What, what?" reasked the instructor.

"H to O," explained the chemistry expert.

Practical joke on his ex-girlfriend

The soldier serving in Hong Kong was annoyed and upset when his girl wrote breaking off their engagement and asking for her photograph back.

He went out and collected from his friends all the unwanted photographs of women that he could find, bundled them all together and sent them back with a note saying, "I regret to inform you that I cannot remember which one is you -- please keep your photo and return the others."



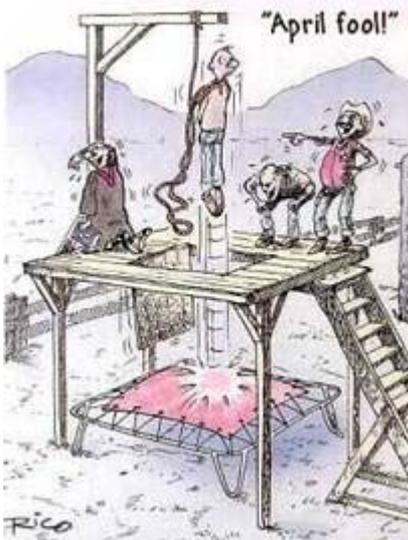
Cartoon Corner



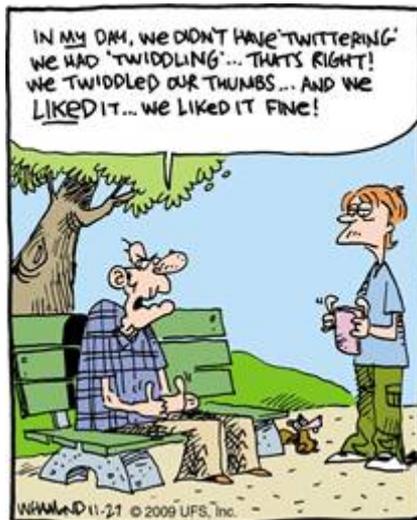
"IS THERE A LEMON LAW FOR HUSBANDS?"



BOOKS ARE STILL ESSENTIAL FOR A PROPER EDUCATION



"April fool!"



IN MY DAY, WE DONT HAVE 'TWITTERING' WE HAD 'TWIDDLING'... THAT'S RIGHT! WE TWIDDLED OUR THUMBS... AND WE LIKED IT... WE LIKED IT FINE!



off the mark

by Mark Parisi

www.offthemark.com



PILOT SCHOOL

"I'll be honest. Your chances of success are slim."

THE MESSAGE

BOOMA DOOMA
BOOMA DOOMA
BOOMA DOOMA
BOOMA DOOMA



It's from Muggaguboo, Chief! He says your son ran off with his daughter, and unless she's returned by morning, it means WAR!



Preposterous! Tell him I think he's a silly old man! I happen to know my son is home studying, and that my son wouldn't have anything to do with his ugly idiot daughter in the first place!



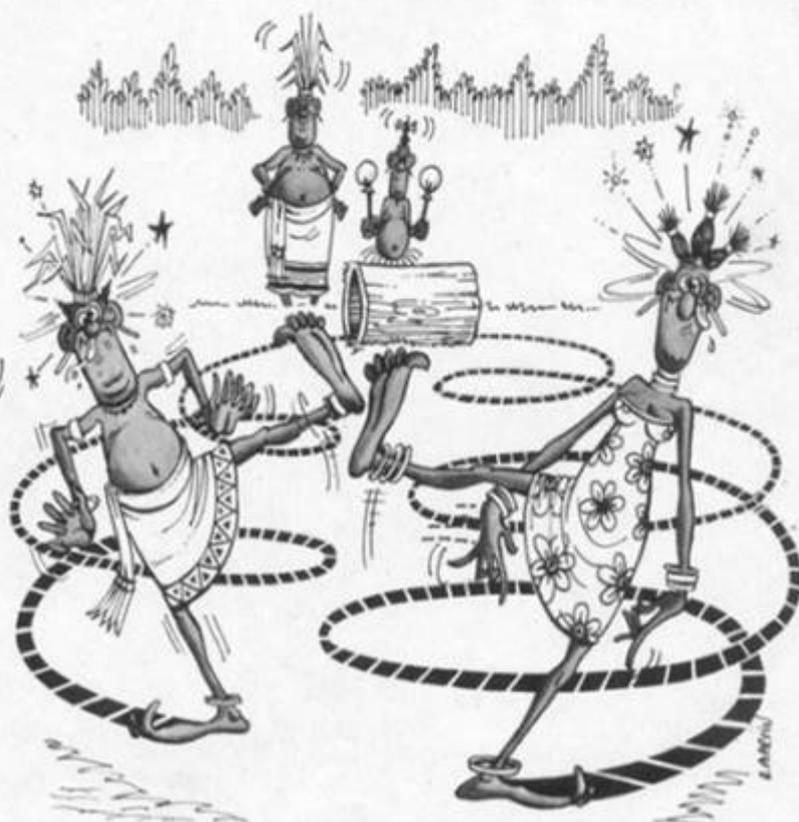
Right, Chief!

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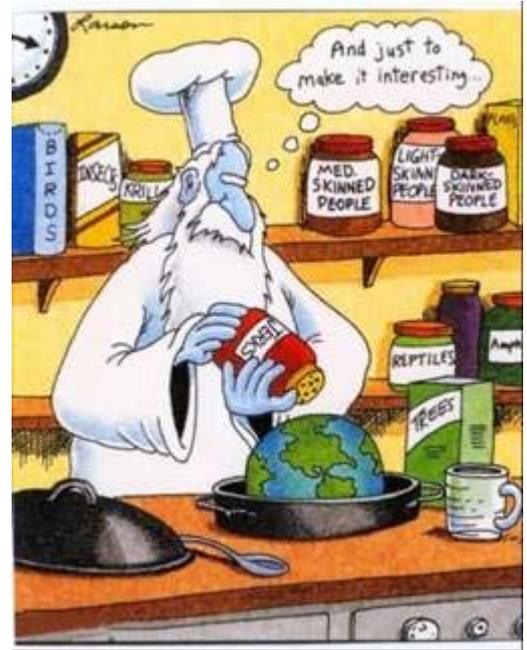
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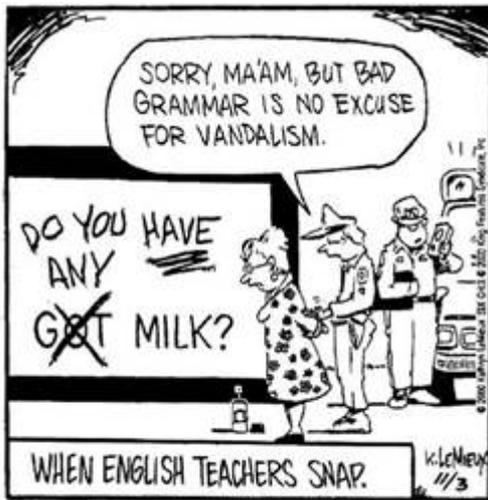
NobleWorksCards.com



"Welcome back, sir. Are you planning on being our guest for one night only, or will this be your usual extended stay?"



And just to make it interesting...



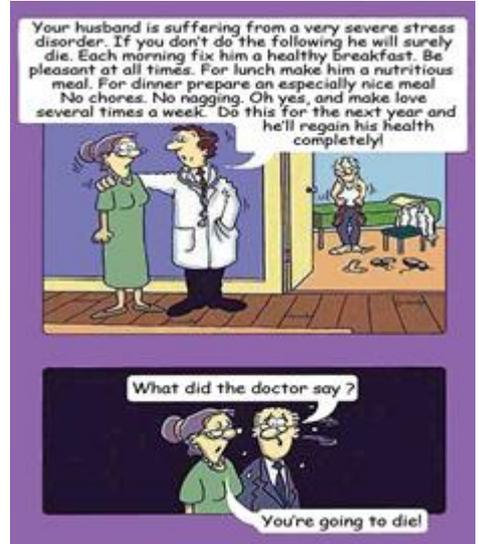
SORRY, MA'AM, BUT BAD GRAMMAR IS NO EXCUSE FOR VANDALISM.

DO YOU HAVE ANY ~~G~~ MILK?

WHEN ENGLISH TEACHERS SNAP.



"And then the printer blew up."



Your husband is suffering from a very severe stress disorder. If you don't do the following he will surely die. Each morning fix him a healthy Breakfast. Be pleasant at all times. For lunch make him a nutritious meal. For dinner prepare an especially nice meal. No chores. No nagging. Oh yes, and make love several times a week. Do this for the next year and he'll regain his health completely!

What did the doctor say?

You're going to die!



The newest Computer Model, 16 Colours, on Harddisk, including Mouse.....

You should wait, Your Majesty - In 6 months it costs only half.....

www.3Gold.com

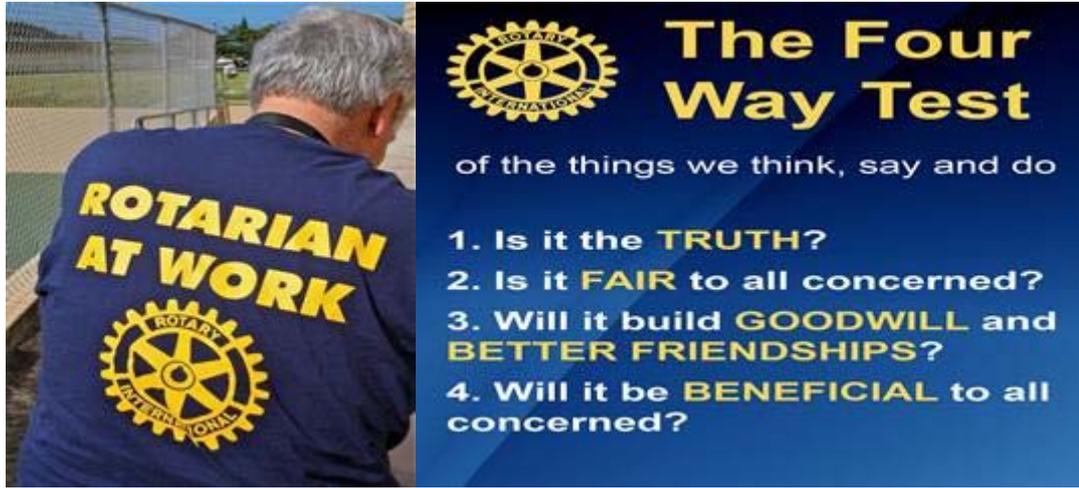


Afghanistan Terrorist School

HUMAN BOMB CLASS

Pay attention, because I'm only going to do this once, ok?

un-site.com funny-site.com qfunny-s.com



THAT'S IT FOR NOW, DON'T FORGET - NEXT WEEK'S BULLETIN WILL BE MY LAST, IT'S BEEN FUN, HOPE YOU LIKED THEM.



Tony Pollard – Editor

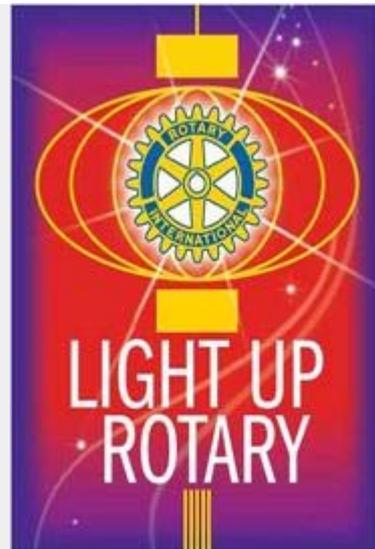
What is Rotary?

Rotary is ordinary people around the world sharing their professional skills and working together in a social environmental to build better communities.

We operate as a Club with weekly meetings developed around a guest speaker or special event where business, community and service issues are discussed in an interactive and relaxed atmosphere.

Come and join us:

Wednesday evenings 6.00 for 6.30pm at Bathurst RSL Club
Rankin Street, Bathurst, NSW 2795 Australia



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