

Club Officers

President: Sam Netzband
President Elect: Sam Netzband
Vice President: Kate Frymoyer
Secretary: Dennis Schonewetter
Treasurer: Bob DeWaine

Immediate Past President: Kyra Furman
Board Member at Large: Clark Speicher & Martha Group
Interact Advisors: Patricia Glover & Kelly Ross
Interact Liaison: Donna Schonewetter

Foundation Chair: Clark Speicher
Membership Chair: Elise Hereth
Program Chair: Martha Group & Tami Whooten

Media: Kyra Furman, Sam Netzband, Dennis Schonewetter, Kate Frymoyer



Mental Health Morsel

by: Beryl Brodsky

As we begin our new year and refresh our calendars, let's also refresh healthy happy habits. In the evening, set aside 5 minutes to reflect and write down three things that went well in your day and why they went well. Clinical research shows that reflecting and writing about positive events improves our state of mental health as we focus on the positive and savor the good events. This practice helps us to keep mindfully engaged in our lives.

Legacy Grant:

Vernon Library Repairs

In a very short time, we helped to make a lot happen. In September, we agreed to pivot our Legacy Grant project idea to help the Vernon Library repair a few spaces that had been damaged by flooding. The contractor, Rich Lagoy, completed the work in a couple of weeks - just in time for a visit from Mrs. Claus for the library's holiday party!

Trex Recycling



We are officially starting our plastic film recycling program on January 8. If our communities collect 1000 pounds of plastic in one year, we can win a free bench that will be made of the recycled materials. Spread the word to drop off recycling at the Sherrill Library!

Featured in the Rome Sentinel:

The official ribbon cutting ceremony for the Vernon Library. The library stated that the local Boy and Girl Scouts troops have already reached out to ask to use the meeting space. They also have plans to open a "Reference Room" that would be largely beneficial to the home-school students that already utilize the library.



Important Dates

Next Meetings:

- Jan 4 (PM)
- Jan 11 (AM)
- Jan 18 (PM)
- Jan 25 (AM)

Events:

- Jan 8: Trex recycling program begins

Save the date:

- Mar 23/24: Can & Bottle Drive
- Apr 6: District training @ VVS



Breakfast with Santa

Breakfast with Santa was a big hit! There was a steady stream of kids that couldn't wait to eat our breakfast and meet Mr. and Mrs. Claus.

Our high school Interact members deserve a big shout out for their participation. They served all of the food, cleared plates, and wiped down all of the tables - and they did it all with a smile!

Factoring the level of community engagement and our profits, we will look to host this event again next year!



Presentation of the plaque for the new space at the Vernon Library.

Imagination Library

There are now 205 registrants for the Dolly Parton Imagination Library. We will continue to look for ways to keep a healthy funding stream for this program.



In Memoriam

We are deeply saddened by the passing of our fellow Rotarian and friend, Sandra Corney. She was an active member in her community, but notably, our club's first female president. She worked hard to keep our club active and went to great lengths to bolster our membership. One friend said, "She did all the jobs! At one point, I think she was simultaneously the president, vice president, and secretary."

We are looking to rename one of our scholarships to honor her memory. A letter has also been sent to the family on behalf of the club to express our condolences.

Other Notes:

- Do you have ideas for guest speakers for future meetings? Please bring ideas to the next meeting.

Four Way Test
of the things we think, say,
and do.

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Doesn't it feel great to be a Rotarian? - You bet it does!