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SUBMIT CLUB NEWS

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www.BaldwinsvilleRotary.org

NEWSLETTER

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A note from your president...

New York winter is bad enough. I found out today that our gray winter days are because of lake-effect clouds. The same phenomenon that creates our famous snow. Then add a pandemic forcing us to stay inside and isolate. Not the best for our mood. So, what can we do?

1. Sleep right - you and your body need a routine. Try to make it the same time each day.
2. When you get up in the morning, repeat at least one positive affirmation.
3. Make the bed. If you don't already and think I'm kidding, Google "Graduation Speech Admiral McRaven".
4. Create a schedule of tasks and fun filled activities. Planning is a positive.
5. Accomplish a task, especially one you've put off. Finishing gives a sense of pride and satisfaction.
6. Help others. Shovel, shop, walk a dog - any good deed will suffice.
7. Move. As in exercise. It will help with flexibility and a feeling of well being.

Tomorrow after a great night's sleep, I'm going to make an affirmation about finishing one task in particular. Then make the bed and schedule the completion of the Valentines Day cards for the folks at McHarrie Life. Next after breakfast I'll finish the job, shovel the driveway, and move on down to Scott's office to drop the cards off. Perfect. My mood will be much better. Have you finished your cards?

SEND A *Valentine*

Service Chair Scott Northrup is once again taking the lead on a card-writing campaign to the seniors at McHarrie Life for Valentine's Day. Contact him now for names so you can contribute by writing some nice cards. Feel free to include your return address if you are open to being pen pals! Email Scott at srnorthrup@yahoo.com to request however many names you want.



DROP OFF CARDS BY
Feb 8th

to Scott's State Farm Office
52 Oswego Street
During business hours

BIG CHILL GOES VIRTUAL



This year's B'ville Big Chill had to innovate due to COVID so they took the event virtual. Individuals and teams were encouraged to take funny photos or videos of them doing something to brave the elements in place of jumping in the frozen Seneca River. Some were able to fundraise without freezing their tails off, others still took one for the team to attract attention from the community to support their cause. This event is a fundraiser for both our club and the chamber, but both organizations also have members that like to form teams and compete. Ann Smiley video'd in from Florida with a friend giving her a little too much ice for her cocktail. Shelley Hoffman and friends braved the garden hose while out in the snow. Our Interact Club had a team with a couple members who took a few buckets of cold water to the noggin. It was all in good fun and we can't wait to see how much was raised. On Saturday, January 30th, the chamber aired a compilation of all the fun videos and photos that were done, along with announcing the winning teams. Winnings teams raised the most money and will get a donation to their charity of choice. [Click here](#) to tune in (the video is just under four minutes) and see who won!

LIVERPOOL WELCOMES TWO NEW MEMBERS

The Liverpool Satellite Club is continuing to grow, inducting two new members in the past two months. First they welcomed Janet Polech, inducting her in December. Janet owns Inspired Prints, creating greeting cards and wall art with her photography. She has been a regular at meetings and it is fun getting to know her with the games the club has been playing. The second and most recent inductee is JJ Potrikus, who spoke to our club last month about his business, Blink Fitness. He is an energetic guy with a growing family who is very passionate about giving back.

The club is meeting Wednesdays at 7pm on zoom. Their programs are often games or fun ways to get to know one another. With their new club getting sidelined to virtual meetings after only two in-person meetings, they missed out on a lot of those little conversations we tend to have when in person where we get to know one another organically. So by focusing meetings on bonding, they are making sure everyone gets to know each other and new members feel welcome!

NEW SLATE OF OFFICERS VOTED IN

Thanks to everyone who attended the late January assembly meetings to weigh in on the club's next slate of officers. Here's who will be leading us in the 2021/22 Rotary year:

President: Bill Rosentel

President Elect: Brian Walsh

Vice President: William Day

Treasurer: Bruce Stebbins

Secretary: Lizzy Martin

BACKPACK PROJECT UPDATE

Our project to provide nutritional assistance to our community's youth is soldiering on through all the twists and turns the pandemic has presented. Chair Mary Schmutz has coordinated with St. Elizabeth Ann Seton and St. Augustine churches to get food donations and we have funding from community donations that is filling in any gaps. Below are the items that are being collected and delivered to several schools. Since not all students are in school on Fridays due to the split schedules, food is being provided in weekly deliveries to the social workers who are giving it out as needed. Kids are able to take some home with them and so far it is going smoothly. Van Buren and Baker recently signed on to receive items, so the program is growing. Mary has a great system with support from her crew: Michelle B., Bruce J., Bill and Meg. Unfortunately for many who want to help out, we have to keep the crew small for COVID safety. Some other ways you can help is through donations. Monetary donations can be mailed to the club and food donations can be dropped off at the churches Thursday-Saturday late mornings.

These are the items being collected:

Breakfast Bars/Granola Bars
Peanut Butter/Cheese-Filled Crackers
Raisins
Fruit Cups
Apple Sauce
Jiff-to-go & Pretzels
Single Serving Microwavable Meals
Wheat- and Peanut-Free Items

NEED MORE ROTARY NEWS?

Every member should be receiving the Rotary Magazine each month at your home or work. If you are not getting that, please see Lizzy. Your district newsletter will be out this weekend with several important and fun events coming up. And finally, you can log in to your [My Rotary](#) and find Newsletters under the News & Media tab. Click the Manage Subscriptions button to sign up for any topics that interest you. Their e-newsletters go out monthly or quarterly, so you won't get inundated, but you will get great info!

CATCHING UP WITH THE INTERACT CLUB

Our Interact Club has kept busy this school year despite the pandemic and all the moving parts of their own lives. The club plans a monthly service project, overseen by a different project leader each month. This gives multiple students experience in planning the project and recruiting volunteers. They have kept to their schedule and done so in safe ways. When it was nicer out in the fall, they visited Sunshine Horse Rescue to help with cleaning in the barn and learning more about how they help re-home horses. They have answered phones to take in donations at the Rescue Mission during their Movie With A Mission event. They helped the B'ville Christmas Bureau with their drive thru distribution at Christmas and collected coats to help keep people in need warm this winter. Most recently, they packed 200 lunches for people in need. Katie said the kids are learning valuable lessons about how to help others, how much projects cost and the value of giving back. We should all be so proud of these young people!



HAPPY NEWS

Member Ted Croucher and his fiancé Leslie welcomed their first daughter, Evelyn Elaine Croucher. Such a beautiful family!

Welcome Evelyn!

Happy Birthday

NORMA WIDMANN FEB 5
KISHMA ALEXANDER FEB 12
MARCIA BENSON FEB 14

Happy Anniversary

JANET & MARV JOSLYN FEB 22
BILL & LYNN ROSENTEL FEB 28

SAVE THE DATE

SATURDAY, FEB 20TH
@ 7PM
DISTRICT 7150
TRIVIA NIGHT
with Frank & Lizzy!

Watch for sign up coming soon!



Our Meetings

TUESDAY, FEB 2 at 7PM

THINK TANK DISCUSSION WITH SALLY

The Future of Philanthropy, found on pg 34 of the January issue of Rotary Magazine - or click [here](#) to read up!

WEDNESDAY, FEB 3 at NOON

SPEAKER JANET LOWER WITH SUNSHINE HORSE FARM

TUESDAY, FEB 9

5:30PM BOARD MEETING

7PM STUDENTS OF THE MONTH

WEDNESDAY, FEB 10 at NOON

SPEAKER TONI GARY, ASSIST. VP FOR COMMUNITY RELATIONS & DEVELOPMENT FOR UPSTATE GOLISANO CHILDREN'S HOSPITAL

TUESDAY, FEB 16 at 7PM

SPEAKER DR. IRA HELFAND, NOBEL PRIZE WINNING ROTARIAN, ON DE-NUCLEARIZATION

WEDNESDAY, FEB 17 at NOON

COME LEARN MORE ABOUT HOW VERA HOUSE SERVES CNY

MONDAY, FEB 22 at 7PM: YOUNG PEOPLE SPEAK

JOIN US FOR THIS MULTI-DISTRICT MEMBERSHIP EVENT - SIGN UP [HERE](#)

TUESDAY, FEB 23 at 7PM

LEARN MORE ABOUT ALL THE WAYS OUR MEMBER SHELLEY HOFFMAN SERVES B'VILLE

WEDNESDAY, FEB 24 at NOON

UPDATE FROM ROSAMOND GIFFORD ZOO

Coming up in March

Next month we will be learning about Rotary Action Groups, Harriet Tubman and enjoying more member moments to get to know each other!