March 2014 Edition

Lizzy Flinn-Brown

The Board

President

Sean Becker

Immediate Past President

Charlie Farrell

Treasurer & President Elect

Ann Smiley

Secretary

Lizzy Flinn-Brown

Board Members

Doug Tosh Bill Rosentel Sally Fedrizzi Alan Lindsay

Club Details

Looking Ahead

club events...

Tues., March 25 - Book Club Potluck

Vernon Downs

A Minute of Minutes

Notes from the latest board meeting...

-Dick Baker had to step down from the board now that he is foundation president and Sally was approved to join the board.

-Board agreed to plan another chamber mixer for late April/early May. Hopefully better turn out for spring at a new location.

-Seneca River Day Committee needs more hands on deck!

-Planning to donate a washer/dryer unit to Aids Community Resources once details on cost are determined.

-Agreed to do canal clean up again this spring.

The FOUR WAY TEST of the things we think, say and do. 1. Is it the TRUTH? 2. Is it FAIR to all concerned? 3. Will it build GOODWILL and BETTER FRIENDSHIPS? 4. Will it be BENEFICIAL for all concerned?

March



Tuesday, March 4th
7pm Cooking at Canal Walk
Omelets with Mic!

Wednesday, March 5th 12:15pm Lunch Meeting & Assembly

Tuesday, March 11th6pm Board Meeting
7pm Meeting, speaker TBD

Wednesday, March 12th
4-7pm Spaghetti Dinner
Only a couple more chances to help out with this fun fundraiser. Let Ann know if you are available to help with set up, service and clean up!



Tuesday, March 18th 7pm Post St. Patty's Party Location TBD Wednesday, March 19th 12:15pm Lunch Meeting NYSERDA Energy, speaker Vince Lumia

Tuesday, March 25th

6pm Potluck Dinner Sally's Book Club Bring a dish, discuss the book and make plans for our next book club meeting! See next page for details... Wednesday, March 26th
12:15pm Lunch Meeting
Club Runner Learning Session
Get logged in to update your
contact info with RI

February Fun

Marv planned a snowshoe hike, followed by a chili cook-off. Six cooks gave it a shot and Harlow prevailed. His prize was an \$85 donation to the foundation in his name. Thanks for a fun event Marv!

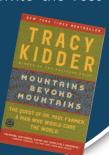


Book Club

The book to read is, "Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, A Man Who Would Change The World," by Tracy Kidder.

Join Sally for a potluck dinner at 6pm, Tuesday, March 25th to chat about the book and plan the next book club. Should we invite the rest of the

community in on the fun?
Sign up with your dish to pass at March meetings!



District Conference

April 25-27 | Vernon Downs
Register today for conference and get a chance to win free registration for 2015!
Enjoy new plenary sessions with interesting topics, fun excursions for fellowship, the hospitality room, House of Friendship and more! Book your stay with the hotel before rooms sell out and get a registration from on the district site

www.rotary7150.org!

Tips for Tasty Corned Beef

Don't Skimp - get a nice, red beef brisket and remember it shrinks as you cook when selecting a size.

Have Patience - less tender meats need slow heat over a long period of time, approx. 50 minutes for each pound of meat.

Spice it Up - add to the spice packet that's included with allspice, peppercorns, coriander, mustard seed or even fresh garlic.

Share Your Beer - pour some on your corned beef for added flavor and moisture. If you choose a bitter beer, balance it with brown sugar.

Cheers!!!