



District 5190 “Making a Difference” Newsletter

We’ve just marked the halfway point in the 2017-18 Rotary year! It has gone by so fast, and no doubt the second half of the year will do the same. Which means we only have a limited time to achieve all the goals that we set out to accomplish.

Our priorities as a District should challenge your club and be part of your plan.

Membership growth. All clubs have set their membership goals and have plans in place to see growth by year’s end. Let’s do it!

Foundation giving. Annual Fund and Polio Plus goals have been set, and only a few clubs have not transmitted their members’ gifts yet. Let’s finish strong!

Rotary Citation. Be sure someone in the club is tracking your club’s Citation achievements in Rotary Club Central. Deadline is June 30th to complete the Citation goals and receive Rotary recognition for having a well-rounded club. We should have a great number of clubs receiving this recognition.

Performance Planner. Once again, tracking achievements on a regular basis will make it easier to submit your club’s reports in plenty of time to be recognized at the District Conference.

Training. Presidents-Elect will be attending both Pre-PETS (in Sparks) and PETS (in San Jose). But all of next year’s officers, directors and committee chairs need to attend the Club Leadership Assembly in April. This is a great way to learn your role and more about Rotary, especially for new Rotarians. Also Rotary Leadership Institute will be held this winter and spring in many areas around the district.

Celebration. The District Conference in May will be the place to celebrate our accomplishments and to have fun with fellow Rotarians, spouses and partners, youth members, and friends. Don’t forget to bring your club’s entry into the Pinewood Derby race. Come to Camp Atlantis in May.

Please extend a warm welcome to the newest member of our great District Governor line. Berta Pickett of Amador Upcountry Rotary has been chosen as District Governor for 2020-21, following District Governor Elect Tina Spencer-Mulhern and District Governor Nominee Randy VanTassell. We are all working closely together to be sure our priorities and efforts are consistent, as each club should do as well.

Happy New Year! Welcome 2018 and let’s continue to Make a Difference together!



DOGS OF ROTARY

The Rotary Club of Reno Centennial Sunset had their first annual fund raiser **Dogs of Rotary** on Sept. 30th. Our objective was to raise money to provide service dogs and training for our disabled veterans whether physical or mental. Shelter dogs will be selected and trained by Mitch from G.I. Dogs and given to our local vets.

The community was very generous and provided almost 100 high-quality items for our auction. There were fun doggie contests and several informative presentations to help inform dog owners in our community. We also had entertainment provided by The Taiko Drum Corp led by our club Rotarian Rhoda Tahlman and music played by the Deckheads Band. Some of our presentations were "How My Service Dog Saved My Life" by Caryn Summers, a demonstration by the RPD's K-9 unit and more. We even had several dogs adopted from the SPCA. Many disabled veterans came to the event and shared their stories about themselves and their best friends.

We learned from our mistakes being this our first time at this type of event but had to call it a complete success. We hope you all will remember next year's date Sept. 30, 2018 at Idlewild Park, Reno, NV. Of course we have a web site, Dogsofrotary.org.

Submitted by,
Carol Hannigan
Fund Raising Committee, Rotary Club of Reno Centennial Sunset



New Tanks Provide Water During Dry Season

The Rotary Clubs of Tahoe-Incline and San Luis Obispo were the main international sponsors of a \$96,000 water project at St. Joseph Hospital at Kagondo Tanzania. Other clubs and individual Rotarians also made contributions. Our Local sponsor was the Rotary Club of Bukoba.

The rainwater collection system for St. Joseph Hospital was activated last month during my volunteer time there. A total of 13 concrete 50,000-liter tanks were constructed and located in two separate areas near hospital buildings to collect rainwater runoff from the corrugated metal roofs. The new system will provide 650,000 liters of water to cover the hospital's needs during the dry season when the existing bore hole (well) goes dry. Furthermore it has a collection capacity of up to 1.3 million liters annually due to the long uni-modal rainfall pattern.



These pictures were taken prior to application of the smooth finish and installation of the remaining dome shaped covers. The tanks were completed during my visit.

Building of the tanks introduced a new type of construction to the area that produces stronger blocks that are more economical to produce than other methods currently used. The blocks are made by collecting subsoil and dry-mixing it with a predetermined amount of cement. Water is added and the mix is mechanically compressed into its curved format by a manually powered machine and then water and air-cured. This type of construction is far superior to clay-fired bricks and does not use fossil fuels. Cement content is less than 6%





New Tanks Provide Water During Dry Season (cont.)

Prior to this year the hospital utilized stream water during the dry season which is heavily contaminated with animal and human waste. The project was designed and managed by Martin Taylor from Good Earth Trust, Tanzania (GETT) and was completed on schedule and within budget.

Boreholes are not the answer according to Martin Taylor. Multiple boreholes can drop the water table eventually and cannot be sustained. This area of Tanzania receives very heavy rainfall from October to May, but this is followed by a long dry season when it almost never rains.

We are encouraging the formation of a construction company to continue to use this new technology in the area. Two projects for construction of buildings are already in the planning stages. The new company will employ many of the workers who were trained during construction of these tanks.

Respectfully submitted,

Wend Schaefer, M. D.

Rotary Club of Tahoe-Incline

Mid-Year Messages (Reports) from District Rotary Grant Scholarship Recipients
from Karen Grosz, District 5190 Scholarship Chair

Student #1: One challenge that stands out to me this reporting period is the difficulty level of my biology and chemistry classes, which both took some extra time and effort for me to earn a respectable grade in. However, I now understand the material really well and will benefit from this in my future science classes.

Additionally, **being voted in as the Rotaract President also was a bit of a challenge seeing as I am only a freshman** and wasn't sure what I was responsible for. Because of this, though, I was able to meet a lot of stellar individuals that helped make the club better and enhanced my experience thus far.

Student #2: I am finally in my last year of my Mechanical Engineering degree, and it has been going great so far. As a senior, I am currently working on my final year project; **my team is working on a re-design of an Epinephrine auto-injector**. This could significantly benefit people who suffer from diseases like anaphylaxis. In addition to my studies, **I am involved with a co-ed professional engineering fraternity which focuses a great deal on community service and development**.

I cannot even begin to describe how much of an impact Rotarians have had on my life. I have attended RYLA, been a counselor for many REGL camps, and have now been a part of the Rotary District Scholarship program, and I could not thank Rotary enough. This scholarship has only made me more thankful. Throughout the semester, I have been able to meet more Rotarians and continue to love their devotion to the organization and their communities. **I hope to someday be a Rotarian and impact so many young individuals just as they have impacted me in my life.**

Student #3: While my main focus this semester has been to excel in my academic classes, I have also taken outside steps to prepare myself for medical school and beyond. Interviewing and conversing with practicing physicians has given me important insight about the healthcare world and how it is changing in the 21st century. In addition, I have met with my professional school advisor at UNR and worked out a plan to gain the necessary experience and skills to be accepted into medical school. I have applied to work in two research labs in the spring, and continue to expand my resume to become a holistic candidate. I have learned fluent Spanish in the last year and am currently learning Mandarin Chinese in the goal of eventually serving a diverse group of patients. My path outside of academics to become a physician is equally rigorous to my classes and now that I am in my junior year, many of those experiences are becoming a priority.

Throughout the semester I have participated in a variety of Rotary-based activities with Rotarians new and those with whom I previously had a relationship. I continue to remain active in the RYE program and interact with the same Rotarians who helped me prepare for my own exchange four years ago. Recently, **I volunteered on the interview board for potential RYE candidates and along with my Rotarian mentors, provided a country recommendation for the RYE students. I have also participated in my sponsor club's meetings and events, including the Dogs of Rotary event**. There, I was able to converse with Rotarians outside of my sponsor club and explore the diverse community that is Rotary District 5190. These interactions have been an important part of my understanding of Rotary as an organization and have heightened the importance of being a District Grant Scholar representing Rotary. I am grateful for the Rotarians who have devoted their time to my scholarship experience and who have guided me throughout the semester.

Disease prevention and treatment along with maternal and child health are both directly related to the career of a physician. While I will undoubtedly specialize in a general area of practice, both of my selected areas of focus will be achieved, regardless of my specialty. Disease prevention/treatment is the core responsibility of a medical doctor and whether I am in the Emergency Room or working abroad with a humanitarian group treating disease, I know I will have countless opportunities to engage in the areas of focus I have committed to as a Rotary District Grant Scholar. **"Service above self", Rotary's primary motto, will be an integral part of my day to day life in the future and I am honored to be part of this incredible organization's mission.**

Student #4: The Rotary goals or focuses I think of are fellowship, integrity, diversity, service and leadership. My nursing program embraces all of those goals. It fosters fellowship more than most nursing programs because it is a direct entry program. On the first day of Nursing 101, Professor Duda stood up and said “You have all competed your whole life to get here, but you are here now and it is no longer a competition. Now you get to support one another and learn and grow together.” It promotes integrity strongly. It is made very clear that if any faculty suspects a student is not upholding their academic integrity agreement (which is much stricter than any other program on campus), a student can be suspended or dismissed. The other three: diversity, service and leadership are areas our classes have focused on. Our program is designed to train nurses to be able to provide competent care to anyone and teach them how to respect, embrace and work with different clients’ cultures. The UPSNA holds monthly events that serve the community in different capacities, getting nursing students involved in elementary schools, homeless outreach and medical clinics. Leadership is emphasized in nursing from day one. We are taught to be advocates for our patients and confident in our skills and knowledge. We are taught to be active members of health care teams we work with and we are taught about all of the ways nurses have been leaders in the past and affected the world because of it.



The program aligns with rotary’s areas of focus such as disease prevention and treatment, water and sanitation, and maternal and child health because all three of those areas are crucial in health care. As nurses, we are expected to be advocates for our patients. My program will teach me all I need to know about all three of those categories so I can effectively help underserved populations who don’t have the care or education in those areas that they need.

I do not have a car at school and so am rather confined to campus as well as very busy adjusting to college life and so did not get the chance to reach out to any local groups in Portland yet. I did however get to work with Rotarians in Tijuana when I was down there and I loved it. It was really amazing to get to see their impact on people’s lives first hand. At one of the meetings I attended with Dr. Yates, the club gave the hospital two mobile dental clinics. Having just come from a day at an outreach clinic, I could easily understand how big of an impact that was going to make. It made me think, **this is a group of people I want to continue working with throughout my career.** I am so thankful for the monetary support for my education. I can’t wait to start serving as a nurse and would love to work alongside Rotary.

I hope to spend most of my nursing career serving underserved populations of the world and those are where Rotary’s areas of focus tend to be crucial. I hope to make a difference in people’s quality of life, whether it be one person at a time, or whole communities together. I hope to treat and heal people, but I also hope to educate them and give them the skills and resources necessary to care for themselves.

Student #5: How has this scholarship helped you to advance your professional goals?

This scholarship has helped immensely with just reducing my stress level with finances. It allows me to make my primary focus school and gives me a safety net if something comes up. It has also helped me network with prominent members of society and the lawyers in rotary to not only get career advice but in the future if I need anything, for instance a job, I can call any one of them.



I could not have imagined a better experience with the Rotarians. They have never not made me feel welcome, loved, and supported. There is a member who gave me tips on training my service dog, another who is attempting to help me find natural remedies for my pain, and one who is just like a grandfather and never fails to give me the biggest smile when I see him. By always being so kind and supportive, it makes going to the luncheons and other events something to look forward to. I know that the people that I met through this scholarship experience will be people that I can go to with anything for years to come.



DISTRICT GOVERNOR FOR 2020-2021 NOMINATED

Submitted by District Nominating Committee Chair—Woody Wilbanks

THE DISTRICT NOMINATING COMMITTEE MET LAST SATURDAY CHARGED WITH NOMINATING OUR DISTRICT GOVERNOR FOR THE YEARS 2020-2021. PDG WOODY WILBANKS, CHAIR OF THE NOMINATING COMMITTEE, HAS ANNOUNCED THAT ROBERTA PICKETT OF THE ROTARY CLUB OF AMADOR UPCOUNTRY (PIONEER) HAS BEEN CHOSEN TO BE THE NEXT IN LINE TO LEAD DISTRICT 5190, FOLLOWING DGE TINA SPENCER-MULHERN AND DGN RANDY VANTASSELL. OFFICIAL NOTICE WAS SENT TO CLUB PRESIDENTS YESTERDAY.

BERTA SERVED AS THE FIRST FEMALE PRESIDENT OF THE ROTARY CLUB OF FAIR OAKS IN 2006-07 AND AS A TRAINER IN DISTRICT 5180 BEFORE MOVING TO PIONEER WHERE SHE JOINED THE AMADOR UPCOUNTRY ROTARY CLUB. SHE HAS HELD SEVERAL CLUB-LEVEL POSITIONS IN THE AMADOR UPCOUNTRY CLUB, INCLUDING PRESIDENT IN 2012-13, AS WELL AS SERVING ON THE DISTRICT LEVEL AS ASSISTANT GOVERNOR IN AREA 7 AND MOST RECENTLY AS THE DISTRICT TRAINING CHAIR. SHE HAS HELD SEVERAL POSITIONS IN THE TELECOMMUNICATIONS INDUSTRY AND IS A PROFESSIONAL TRAINER AND COACH.

THE COMMITTEE INTERVIEWED FOUR DEDICATED ROTARIANS, ALL WELL-QUALIFIED AND ACCOMPLISHED. NEXT YEAR'S NOMINATING COMMITTEE CHAIR PDG VICKI PULIZ WILL BE ORGANIZING INFORMATION SESSIONS THROUGHOUT THE YEAR FOR THOSE INTERESTED IN LEARNING MORE ABOUT SERVING AS DISTRICT GOVERNOR.

District 5190 Charters Eighth RI ROTEX Club

Submitted by David Zybert

On December 11, 2017, Sam Kafle and Maddie Malone, two Rotary Youth Exchange alumni, received an email from Bill Rintz, Alumni Relations Specialist with Rotary International. The opening sentence gave them information they'd been working hard to achieve:

"Thank you for sending the membership list and the constitution. Everything is in order, so your Rotex is officially an alumni association of Rotary International. Congratulations!"

With that, District 5190 had its own Rotex Alumni Association, the eighth officially chartered by Rotary International.

So what is Rotex? While technically part of the Alumni arm of Rotary International, Rotex is made up entirely of returning Rotary Youth Exchange students, often called Rebounds, who assist RYE with the entire youth exchange process. This includes helping with interviews and orientations, giving advice to current and future exchange students, and coordinating activities for inbound exchange students throughout the year. One other very important mission of Rotex is to assist past exchange students with the transition back into home life once they've returned.

Recently, District 5190 Rotex completed their first major event: planning and executing a holiday weekend get-together for current inbound students. The weekend began with a welcome party on Friday, with Saturday reserved for shopping at the Legends Mall in Sparks, NV, a trip to the National Automobile Museum and ice skating at Greater Nevada Field. Fourteen current inbound students participated and had a wonderful time. More events and activities are planned for the future.

Rotex membership is open to anyone who ever participated in the Rotary Youth Exchange, no matter what year. Within the Rotex community some members are also active Rotarians, some are not. Rotex members can be any age, thus a person who was an exchange student 25 years ago, can be in ROTEX. For information about how to join Rotex, contact group advisors David Zybert (dzybert@gmail.com) or Claire Zybert (czybert5190@gmail.com).



The first weekend of December is the annual Rotary Youth Exchange winter gathering in Reno. The Reno/Sparks Rotary Clubs (Area 8) host the inbound students for the weekend. This year the students spent almost 4 hours shopping at the Outlet at Sparks (Legends), visiting the National Automobile Museum, and ice skating. For some of the inbound students this was the first time that they had seen an ice skating rink. And of course the students spend many hours talking to each other.

District 5190 Rotary Youth Exchange Winter Gathering in Reno by Jon Greene



SAVE THE DATE

January 3, 2018 Dinner Honoring RI President Ian Riseley, Doubletree Hotel, San Jose, CA

January 5, 2018 District Finance Committee

January 6, 2018 District Leadership Team Mtg

January 6, 2018 District Advisory Board Mtg & District Conference Committee Mtg

January 14-20, 2018 international Assembly

January 20, 2018 Rotary Leadership Institute—Auburn

January 31, 2018 RYE Short-Term Exchange Applications Due

ROTARY MONTH THEMES

July-New Rotary Year Starts

August-Membership and New Club Development Month

September-Basic Education and Literacy

October-Economic and Community Development

November-Rotary Foundation Month

December-Disease Prevention and Treatment

January-Vocational Service Month

February-Peace and Conflict Prevention/Resolution

March-Water and Sanitation

April-Maternal and Child Health

May-Youth Service Month

June-Rotary Fellowships Month



**ROTARY:
MAKING A
DIFFERENCE**

	November 30, 2017		Growth		YTD Giving Data	
	Official Start		Current # Members	Percentage Growth	Annual Giving YTD	Restricted Giving YTD
	7/1/2016	7/1/2017				
Alturas	26	30	26	-13.33%	\$1,850	\$237
Alturas Sunrise	28	25	24	-4.00%	\$1,288	\$580
Amador Upcountry	22	21	21	0.00%	\$1,940	\$571
Auburn	110	97	96	-1.03%	\$5,650	\$6,920
Auburn Gold Country	33	30	30	0.00%	\$1,850	\$2,250
Auburn Sunset	16	17	17	0.00%	\$0	\$530
Bishop	33	33	31	-6.06%	\$3,250	\$635
Bishop Sunrise	32	31	32	3.23%	\$2,040	\$420
Cameron Park	57	52	50	-3.85%	\$5,290	\$4,508
Carson City	70	68	66	-2.94%	\$5,965	\$355
Carson City - Sunset	13	12	13	8.33%	\$585	\$0
Chester	14	17	18	5.88%	\$0	\$0
E-Club of District 5190	21	22	24	9.09%	\$0	\$45
Elko	72	66	66	0.00%	\$215	\$535
Elko Desert Sunrise	34	27	25	-7.41%	\$2,442	\$3,044
Ely	30	31	29	-6.45%	\$0	\$110
Fallon	39	35	38	8.57%	\$1,735	\$400
Fernley	32	32	33	3.13%	\$855	\$212
Georgetown Divide	35	37	38	2.70%	\$0	\$360
Grass Valley	59	64	68	6.25%	\$15,966	\$504
Grass Valley South	24	32	35	9.38%	\$5,033	\$3,063
Greenville	7	12	12	0.00%	\$170	\$150
Incline Village	26	21	24	14.29%	\$0	\$0
Ione	34	31	33	6.45%	\$3,675	\$1,100
Jackson	54	52	47	-9.62%	\$5,850	\$600
Loyalton	18	17	17	0.00%	\$645	\$150
Mammoth Lakes	40	38	31	-18.42%	\$1,215	\$1,100
Minden	36	30	34	13.33%	\$90	\$590
Nevada City	31	33	34	3.03%	\$1,209	\$2,008
Nevada City 49 Breakfast	93	87	90	3.45%	\$14,227	\$1,125
Penn Valley	30	33	34	3.03%	\$2,910	\$1,100
Placerville	29	28	29	3.57%	\$1,344	\$1,101
Plymouth-Foothills	42	47	41	-12.77%	\$1,555	\$0
Pollock Pines-Camino	16	21	23	9.52%	\$400	\$0
Portola	20	21	22	4.76%	\$525	\$967
Quincy CA	45	45	46	2.22%	\$2,340	\$275
Reno	190	176	175	-0.57%	\$16,384	\$6,750
Reno Centennial Sunset	35	38	38	0.00%	\$675	\$5,156
Reno Central	67	76	80	5.26%	\$7,305	\$500
Reno Midtown	24	24	25	4.17%	\$150	\$1,450
Reno South	53	57	60	5.26%	\$2,692	\$1,475
Reno Sunrise	50	43	45	4.65%	\$3,376	\$1,080
Sierra Passport	8	28	34	21.43%	\$0	\$400
Smith Valley	29	32	31	-3.13%	\$1,991	\$795
South Lake Tahoe	32	24	24	0.00%	\$2,075	\$350
Sparks	115	107	106	-0.93%	\$12,270	\$490
Sparks Centennial Sunrise	34	27	27	0.00%	\$4,380	\$2,600
Susanville	64	60	60	0.00%	\$725	\$205
Susanville Sunrise	32	30	31	3.33%	\$0	\$447
Tahoe City	28	32	33	3.13%	\$550	\$1,350
Tahoe-Douglas	58	53	53	0.00%	\$5,568	\$20
Tahoe-Incline	50	51	50	-1.96%	\$3,105	\$3,000
Tonopah	19	19	19	0.00%	\$0	\$1,800
Truckee	91	89	92	3.37%	\$1,475	\$700
Truckee Sunrise	14	12	12	0.00%	\$0	\$1,528
Winnemucca	50	57	51	-10.53%	\$825	\$100
Yerington	42	40	41	2.50%	\$1,747	\$1,010
TOTALS	2406	2370	2384	0.59%	\$157,401	\$66,749

Submitted by District Secretary—Randy Van Tassel

MAKING A DIFFERENCE BADGE OF MERIT



This month's "Making a Difference

Badge of Merit" goes to the New District 5190 ROTEX Club and those instrumental in getting it **officially** established. This is due to the efforts of Sam Kafke, Maddie Malone, Lara Brown, Illiana Brown along with the support of David and Claire Zybert.

They received word they are the 8th Rotary Youth Exchange Alumni Group to receive official alumni association status approval by Rotary International in the world. Congratulations on your official status. Thank you for sponsoring the recent RYE Winter Gathering. Anyone who has been an RYE, no matter their age or how long ago they were an RYE, may join ROTEX.

Thank you, Sam, Maddie, David and Claire! WELL DONE!



Rotary & District Officers 2017-2018

Rotary International

President: Ian H.S. Riseley

President-Elect: Barry Rassin

Vice President: Dean Rohrs

Treasurer: Mikael Ahlberg

Director Zones 25/26: John Matthews

Non-Voting Advisory Board Members

District Governor Nominee: Randy Van Tassell

District Governor Nominee Designate: Roberta Pickett

District Conference Chairs: Lindy Beatie

District Executive Assistant: Ginny Lewis

Rotary District 5190 Advisory Board

District Governor: Doug McDonald

Immediate Past District Governor: John A. Sullivan

District Governor Elect: Tina Spencer-Mulhern

District Treasurer: Cheryl Zarachoff

District Secretary: Randy VanTassel

District Administration: Wyn Spiller

Service: Matt Cruse

Foundation: Vic Slaughter

Membership: Steve Mestre

Youth Service: Lindy & Gordon Beatie

Communication: Dave Zybert

Club Administration: Larry Harvey

Public Image: Randy Rascati

Assistant Governors

Area 1: Fred Autenrieb

Area 2: Pete Hochrein

Area 3: Sherilyn Laughlin

Area 4: Dennis Geare

Area 5: Stacy Graham

Area 6: Donna Mullens

Area 7: Richard Forster

Area 8: Joel Muller & Bret Meich

Area 9: Bill Kirby

Area 10: Mel Foremaster

Area 11: Helen Hankins

Area 12: Elizabeth & Jim Cavasso

Area 13: Ramona Delmas



The Rotary District 5190 newsletter is published monthly by District Governor Doug McDonald. Submit stories and photographs (300 dpi resolution digital images only) to Editor Barbara J. Ross at bross@njuhsd.com by the 20th of the month