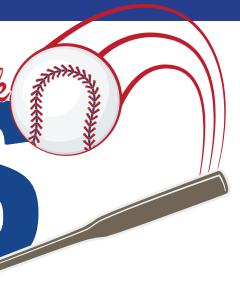




# ROTARY NEWS

*knocking it out of the park*



## COACHES CORNER

DISTRICT GOVERNOR  
TINA SPENCER-MULHERN

It is hard to believe that November is here and that there are only seven clubs left for Brian and me to visit. This last month was just as inspiring as the months passed. However, I must say when you get out to the outlying areas of Ely you really need to take some time to visit the Great Basin National Park and see the Lehman Caves. Of course, no visit is complete without having dinner in the Steak House in the Jail House Casino. On our way home, I couldn't resist the Middlegate Monster Burger Challenge. Middlegate, in case you were wondering, is in between Fallon and Austin and used to be an old Pony Express stop. If you stop by I know Rosie would love to make you a monster burger.

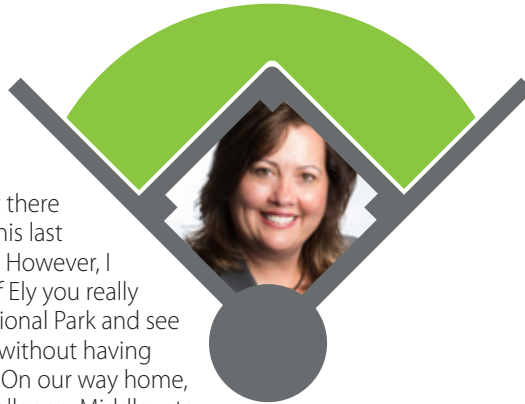
As we celebrate the Rotary Foundation this month, I am happy to report that as of October 20th our District is currently ranked 45th in the world for our total giving and 35th for our "Per Capita" giving. Thank you for your continued support of our Rotary Foundation. The dollars raised for the Polio baskets have now exceeded \$40,000 and good ole Sparky has raised over \$6,000 by changing out his cap. His last cap was a USA hat and the Rotary Club of Reno had 11 Rotarians pitch in at a \$100 apiece to take the hat off of Sparky and give it to Aimal Zabit, our Peace Scholar who just became a Citizen last month. It was truly a moving moment.

Our District is putting our Foundation dollars to work in our communities with 41 projects currently in progress. Thanks to each of you, we will continue to make lives better in our communities and around the world.

The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world. During the past 100 years, the Foundation has spent \$3 billion on life-changing, sustainable projects. To learn more about the history of the Rotary Foundation **click here:** <http://centennial.rotary.org/en/history-rotary-foundation>

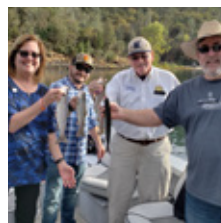
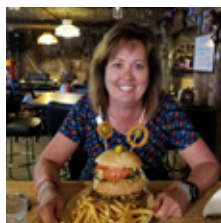
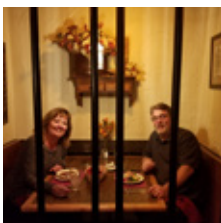
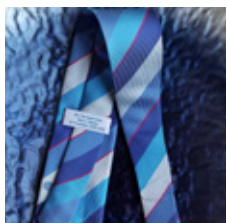
Brian and I are looking forward to visiting our 13 Areas and celebrating our Foundation at your Area Foundation dinners. You will have an opportunity to bid on the Official RI Theme tie that has been signed by RI President Barry Rassin. This tie can not be purchased anywhere else, so it is very special. I have 13 ties to auction off at each Area Foundation dinner. I look forward to seeing you there.

Wishing you all a Blessed and Happy Thanksgiving. May your time with family and loved ones bring you much joy.



## IN THE BULLPEN

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- 14 UPCOMING EVENTS
- 17 OFFICERS



*"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."*

- Melody Beattie



# FROM THE DUGOUT AREA 8

The eight Area 8 Clubs in our District continue their high level of activity with so many events and great fundraisers, it would take too long to list them all. We also have several Area wide programs with participation from several or all Area 8 clubs. These include the KNPB Young Writers Contest, Achievement Beyond Obstacles Scholarship Program, the Foundation Dinner, and support for Awaken's effort to provide awareness about human trafficking and support for its victims and Bridges Out of Poverty. Last year one very successful project was raising \$25,000 to fund one room in the newly enlarged Veterans Guest House; veterans and their families can stay at this facility when receiving treatment at the local VA Hospital. The following are highlights of Achievement Beyond Obstacles Scholarship Program and our planning for the Foundation Dinner on January 11.

The Achievement Beyond Obstacles (ABO) Scholarship Program has reached out to the schools of the Reno/Sparks area for nominations of students that meet our criteria: will be graduating high school in 2019, have had major life challenges, and could succeed at the next level of education (university, community college, trade school, etc.). The selected students are required to attend a Leadership Weekend on November 10 and 11 led by Dean and Rochelle Whellams (of REGL and RYLA fame). They are then invited to a Financial Literacy Workshop on December 8. Starting in January we hold monthly meetings with the students and the University of Nevada's Dean's Future Scholar (DFS) students, many of whom have similar backgrounds. The DFS students that support our program are college students that can help the ABO students learn more about what to expect at the next level of education. In April, the students will give a short talk at one of the four sponsoring Rotary Clubs (Reno South, Reno, Sparks and Reno Central) which helps them to further deal with their experiences and be more committed to their future education; they are awarded \$100 at this time. Based on all our interactions, ABO judges will select the students for larger scholarships. It is a great program and all Rotarians involved benefit from the students. For additional information, visit [www.abonevada.com](http://www.abonevada.com).

On Friday, January 11, Area 8 and 9 will hold their annual Foundation Dinner at the Atlantis. The speakers will be our DG Tina Spencer-Mulhern, Dr. Barry Turner and Dr. Christopher Gales on our District Project, "Smiles Without Borders". The evening will begin at 5:30. Those in Areas 8 and 9 can buy tickets through their clubs; anyone else desiring tickets can contact Bill Boon ([whboon@sbcglobal.net](mailto:whboon@sbcglobal.net)) or Bret Meich ([bret.meich@gmail.com](mailto:bret.meich@gmail.com)). It should be a great evening, and all will learn more about the great work the "Smiles Without Borders" program does for those in need.



**Rotary**  
Clubs of Reno & Sparks  
Rotary Area 8

# AREA 8 ROTARY CLUBS UNITE TO SUPPORT VETERANS GUEST HOUSE EXPANSION

Reno is the site of the Veterans Guest House, a one-of-a-kind facility for any veteran or active duty military and their family members who travel to the Reno-Sparks area to receive medical care. In recent years, this need has outpaced the size of the facility. That set plans in motion for an expansion which was opened this August.

The facility receives no government funds, and is supported entirely by the local community, including Area 8 Rotary Clubs. "Rotary has been involved with the Guest House for years," said Noreen Leary, CEO of the Guest House, and a member of the Reno Sunrise Club. "A Rotarian, in fact, was one of our founders. The local Rotary clubs' financial support of the new expansion was significant to us in making sure we are able to serve the growing needs of our veterans and their families. Over the years, Rotary has provided much support through donations, in-kind services, volunteer hours, dinners and events. Other clubs throughout the district have been supporters, as well. Our guests actually come from the communities of District 5190's clubs. Rotary is a very special partner of the Veterans Guest House," she added.

In the months leading up to the expansion, Bill Boon, president of the Rotary Club of Reno lead the effort with the Area 8 Clubs to sponsor one of the lodging rooms for a total contribution of \$25,000. A plaque outside this room now memorializes this contribution.

The 11,630-sf addition takes the bed count from 17 to 33. This equates to being able to provide more than 12,000 annual room nights. The \$4.4 million expansion was all accomplished through private funds. With the new expansion, the Guest House stands ready to provide lodging to twice as many veterans and their families, who travel to the Reno area to receive medical treatment. Veterans from all across the globe are welcome, but most of the guests come from towns such as Grass Valley, Elko, Tonopah, Alturas and Bishop—and every community in between.

There's also a good chance that you know a veteran or two. There's also good chance that Reno is the place where they are receiving medical treatment. Whether they are visiting the VA Medical Center, or any medical facility in the Reno area, all are welcome to stay at the Guest House. It is at 880 Locust St. in Reno, at the corner of Locust and Taylor streets. "Please stop by and take a tour of our exciting new expansion that will serve more deserving veterans and their families—and see how Rotary dollars are being put to great use," Leary concluded.



*Veterans Guest House expansion, opened in August.*



*One of the new rooms that will accommodation deserving veterans.*

*The Veterans Guest House Inc. is a Nevada 501(c)3 nonprofit corporation and provides United States Military service veterans and their families' temporary overnight accommodations when receiving treatment at a medical facility in the Reno/Sparks area. It also accommodates veterans traveling to Reno for outpatient medical care.*



*The old and new: the Veterans Guest House expansion is on the right, connected to the existing house on left. (the night time shot)*





## Rotary Youth Exchange Inbound Students – Enjoying U.S. Celebrations

By now, the 2018-2019 RYE Students are more comfortable in their new home. Finally, they are feeling more comfortable with their English language skills; they are finding themselves truly a part of their new family; and their fellow students are getting to know them better. Many have already traveled to San Francisco and Disney Land.

What does November bring our RYE students? Well, Halloween – or as we know it in Nevada – Nevada Day. Each year, the Carson City Sunset Rotary club and the Carson City Noon Rotary Club hosts the students from Friday to Sunday, October 26 – 28, to celebrate Nevada Day in Carson City and participate in the Nevada Day parade. This will be the second time since they arrived that they have all been together again. For them, that is the main draw. But they will have many activities to keep them busy. There is a party (costumes encouraged) on Friday night; the Nevada Day parade on Saturday and roaming through the Nevada capital in the afternoon; and a trip to Virginia City on Sunday.

Of course, November also begins our holiday season and Thanksgiving Day will be a new experience for our visitors from everywhere. Thanksgiving is such a family-oriented time for Americans, sometimes our students don't "get it" until they are surrounded by aunts, uncles, grandpa and grandma and lots of children. And, of course, the over-eating also makes the day memorable. Followed by Black Friday, this is another memory they will take home.

The Inbounds have been in country since August or late July and the time nears when they will be moving to their second host family. We are always alert to the known high-stress points in our students' exchange experience. Changing families can cause the most anxiety for many of them. It is also



*RYE students marching with Rotary at the Nevada Day Parade*

difficult for our host families because of the holidays. Now that they have bonded with their student, most families want them to stay not only for Thanksgiving but also for Christmas. We leave these decisions up to the student and their first and second host families.

Often, we are asked why the students have to move between two to three host families. This is a Rotary International policy and it is done to provide a broader range of experiences for our students. Even though finding host families can be a challenge and our host families and the student can become very attached, we have found that multiple host families offer an expanded cultural experience for our students. Returning Outbounds echo the value of this policy as well. So emotional times ahead: fun, excitement, friendships renewed, and a new family as they wave goodbye to the first family. We know it can be difficult, but we know the benefits outweigh the stress. And we tell them to remember that they are welcome to visit and stay in touch with the first family. Besides, they will probably enjoy visiting with all of their families sometime in the distant future in their own country when those families come to visit.

At the end of November, we will also be hosting all of the RYE students in Reno for a Winter Weekend from November 30 – December 2. We will have two host families for the weekend event, one for the boys and one for the girls. They will enjoy lots of activities and the chance to get together with their fellow RYE students again. More on this in the December newsletter.



*Think they look like they are having fun?*



*RYE students with their own float.*

## The Search for Outbound Candidates is Underway

As you might guess, all of us in Rotary Youth Exchange are fully committed to assuring that our Inbound and Outbound students have a successful exchange. We do this by insuring that our Inbounds are safe, happy and healthy. Now, however, we are beginning the process of selection for our 2019-2020 Outbound group.

The Outbound Briefing held in October is designed to provide enough information for our candidates to make the final decision along with their family to apply. The weekend of December 7 – 9 will be our Outbound Long-Term Exchange Interviews. We are looking for 20 to 24 students and from experience, watching our selected students grow through the eagerness of their preparation for their exchange year, the six months following their selection is transformational.

Let me end this month's newsletter by reiterating: if you want to be involved in the Rotary Youth Exchange program, you can be a host family, a club counselor, or you can explore this program for your own child. Our viewpoint is that we impact our future by preparing our young people to be World Citizens. Not only will your participation be a help to the RYE Program, but it will be a rewarding experience for you, your family and friends, and for your community.

**Join us.**

**More information:**  
Inbound Coordinator and  
Host Family Coordinator: Chesa Keane,  
chesa5190@gmail.com or (775) 691-2700.

# MEMBERSHIP

	Official Start		Growth		YTD Giving Data		
	7/1/18	10/1/18	Current #	Percentage	Annual	Restricted	Combined
			Members	Growth	Giving YTD	Giving YTD	Ave/Member
Alturas	30	27	27	0.00%	\$1,593	\$0	\$59
Alturas Sunrise	25	22	22	0.00%	\$1,010	\$0	\$46
Amador Upcountry	21	21	21	0.00%	\$801	\$0	\$38
Auburn	97	93	95	2.15%	\$4,000	\$300	\$45
Auburn Gold Country	30	27	28	3.70%	\$1,025	\$600	\$58
Auburn Sunset	17	21	21	0.00%	\$235	\$0	\$11
Bishop	33	27	26	-3.70%	\$2,865	\$1,638	\$173
Bishop Sunrise	31	32	31	-3.13%	\$590	\$0	\$19
Cameron Park	52	45	46	2.22%	\$1,310	\$2,410	\$81
Carson City	68	66	69	4.55%	\$4,695	\$3,368	\$117
Carson City - Sunset	12	9	10	11.11%	\$440	\$0	\$44
Chester	16	16	16	0.00%	\$0	\$0	\$0
E-Club of District 5190	23	23	23	0.00%	\$0	\$275	\$12
Elko	61	61	61	0.00%	\$1,598	\$1,221	\$46
Elko Desert Sunrise	27	26	25	-3.85%	\$1,682	\$1,666	\$134
Ely	31	28	28	0.00%	\$0	\$50	\$2
Fallon	35	38	38	0.00%	\$840	\$100	\$25
Fernley	32	26	25	-3.85%	\$1,930	\$478	\$96
Georgetown Divide	37	38	38	0.00%	\$0	\$0	\$0
Grass Valley	64	66	70	6.06%	\$1,355	\$275	\$23
Grass Valley South	32	35	35	0.00%	\$6,023	\$2,500	\$244
Greenville	12	14	15	7.14%	\$500	\$500	\$67
Incline Village	21	25	27	8.00%	\$0	\$0	\$0
Ione	31	33	34	3.03%	\$1,200	\$0	\$35
Jackson	52	51	51	0.00%	\$12,050	\$6,250	\$359
Loyalton	17	12	12	0.00%	\$340	\$0	\$28
Mammoth Lakes	38	25	25	0.00%	\$619	\$0	\$25
Minden	30	32	32	0.00%	\$710	\$40	\$23
Nevada City	33	33	35	6.06%	\$2,493	\$6	\$71
Nevada City 49 Breakfast	87	80	79	-1.25%	\$9,477	\$1,307	\$137
Passport to Amador		34	34	0.00%	\$30	\$0	\$1
Penn Valley	33	30	31	3.33%	\$2,786	\$878	\$118
Placerville	28	31	31	0.00%	\$845	\$38	\$28
Plymouth-Foothills	47	37	36	-2.70%	\$1,890	\$0	\$53
Pollock Pines-Camino	21	21	21	0.00%	\$200	\$0	\$10
Portola	21	27	27	0.00%	\$2,770	\$2,950	\$212
Quincy CA	45	47	48	2.13%	\$1,835	\$2,476	\$90
Reno	176	155	157	1.29%	\$19,885	\$1,340	\$135
Reno Centennial Sunset	38	34	35	2.94%	\$1,465	\$0	\$42
Reno Central	76	72	73	1.39%	\$1,480	\$0	\$20
Reno Midtown	24	27	25	-7.41%	\$92	\$1,042	\$45
Reno South	57	51	52	1.96%	\$3,570	\$1,080	\$89
Reno Sunrise	43	46	47	2.17%	\$2,496	\$600	\$66
Sierra Passport	28	23	22	-4.35%	\$10,630	\$0	\$483
Smith Valley	32	32	32	0.00%	\$1,100	\$1,435	\$79
South Lake Tahoe	24	23	23	0.00%	\$825	\$50	\$38
Sparks	107	100	98	-2.00%	\$11,151	\$580	\$120
Sparks Centennial Sunrise	27	25	26	4.00%	\$3,825	\$110	\$151
Susanville	60	53	52	-1.89%	\$535	\$0	\$10
Susanville Sunrise	30	29	31	6.90%	\$0	\$514	\$17
Tahoe City	32	33	33	0.00%	\$900	\$0	\$27
Tahoe-Douglas	53	53	53	0.00%	\$430	\$0	\$8
Tahoe-Incline	51	52	52	0.00%	\$2,795	\$1,400	\$81
Tonopah	19	15	15	0.00%	\$10	\$1,340	\$90
Truckee	89	89	89	0.00%	\$780	\$0	\$9
Truckee Sunrise	12	11	13	18.18%	\$0	\$840	\$65
Winnemucca	57	46	46	0.00%	\$790	\$0	\$17
Yerington	40	43	41	-4.65%	\$500	\$1,022	\$37
<b>TOTALS</b>	<b>2365</b>	<b>2291</b>	<b>2308</b>	<b>0.74%</b>	<b>\$132,996</b>	<b>\$40,679</b>	<b>\$75</b>

# ROTARY *DOING GOOD IN THE WORLD*

## NOVEMBER IS FOUNDATION MONTH!

Celebrate Foundation Month! You might begin by showing this short video.



Click Here: <https://vimeo.com/275895014>

A few other ideas:

- Invite several of your donors to share why they give to Our Rotary Foundation
- Use Recognition Points to Award a community or club Member a Paul Harris Fellow and share what it means
- Share one of the TRF Weekly Thoughts (click here) Here are just two samples.

## THE ROTARY FOUNDATION

Paulo Costa, Past President of Rotary International, 1990-1991, commented:

"Rotary International's masterpiece is The Rotary Foundation. It transforms our dreams into splendid realities ... it is the most generous expression of Rotarian generosity - a generosity that not only brings benefits but also brings help and cooperation to solve the problems that affect mankind. The Rotary Foundation achieves the best that mankind can possibly achieve."

**Thank you for supporting The Rotary Foundation and its work!**

## HOW THE ROTARY FOUNDATION TOUCHED ONE PERSON'S LIFE

"What we do is touch other people ... open the horizon to them ... say 'You matter.' You see, the five men who chose me to become a Rotary Ambassadorial Scholar are gone ... but they're not. They never will be. Because along the way, I will in my own way share with others - and have - what those five men and the 60 members of the Marshall (Texas) Rotary and the tens of thousands of other members of Rotary did in 1956 when they said, 'Bill Moyers, you can matter.'" Bill Moyers, TV journalist and commentator, and former Deputy Director of the Peace Corps.



## OUR GOAL THIS YEAR IS FOR 100% SUSTAINING MEMBER CLUBS!

Sustaining Members are those who give \$100 to the Annual Fund of The Rotary Foundation. Using Rotary Direct, that is just \$25 per quarter or \$10 per month!

Congratulations to our top 3 Clubs as of October 28th!

- Jackson – 78.4 % Sustaining Members
- Sparks Centennial Sunrise – 76% Sustaining Members
- Penn Valley -69% Sustaining Members



**18.4% DISTRICT-WIDE SUSTAINING MEMBERS**





# ROTARY *DOING GOOD IN THE WORLD*

## WORLD POLIO DAY LIVESTREAM EVENT

Click here to watch World Polio Day 2018

<https://youtube/02VQFm0GTC0>



## EVERY LAST CHILD STORY PROJECT LAUNCHED

New collection of 30+ multimedia stories from Afghanistan, Pakistan and India now available on GPEI website

[www.polioeradication.org](http://www.polioeradication.org)

## POEM TO END POLIO

By Lynne Tinel, Past Rotary Club President, District 5190

Mid twentieth century Polio outbreaks brought America to its knees  
No Macy's Thanksgiving Day Parade... no Boy Scout Jamborees  
Schools closed, football games cancelled, and public meetings banned  
FDR was overwhelmed with letters enclosing dimes to lend a hand  
Terrified toddlers quarantined with loud cries as they began to seethe  
Small bodies often covered by an iron lung just so they could breathe  
Tens of thousands handicapped by Polio were isolated and stigmatized  
Candles and porch lights signaled donations so a cure could be devised

The March of Dimes funded research and offered programs for patient aid  
Jonas Salk and Albert Sabin developed Polio vaccines still in use today  
As the virus passed from brothers to sisters and neighbors to nations  
Worldwide eradication became the primary goal of the Rotary Foundation

Partnering with the CDC, WHO, UNICEF, and Bill and Melinda Gates  
The Global Initiative that began in 1988 has halted Polio transmission rates  
Afghanistan, Pakistan and Nigeria, the few countries where cases still remain  
Until Polio is found only in history books, Rotary will continue their campaign

At its peak, polio paralyzed and killed nearly half million victims a year  
With no known cure, decades after the diagnosis symptoms can re-appear  
Most survivors live active lives, but are challenged by the emotional scars  
As with any highly contagious disease, the problem is not theirs, it's ours

For information on how you can help, go to [endpolio.org](http://endpolio.org)

Copyright: Lynne Tinel, October 10, 2016



## CASES TO DATE: 22

**AFGHANISTAN 16**

**PAKISTAN 6**

**NIGERIA 0**



# ROTARY *DOING GOOD IN THE WORLD*

## WITH ROTARY FOUNDATION GRANTS

### District Service Grants

Our first round of District Service Grant funding will close on Oct 31st. If there are unallocated funds, we will reopen funding opportunities for all clubs – Stay Tuned!.

To date, 45 Clubs are participating in the District Grant program.

3 REGL Scholarships Funded  
9 District Scholarships Funded  
32 Projects Funded or in Progress  
PLUS the District Sponsored Smiles without Borders!

### Smiles Without Borders Update

Phase 1 funding is complete and Phase 2 funding is underway!

Two hands-on project trips are scheduled for Feb 1-2 and March 1-2. There is still time to contribute to Smiles Without Borders and have the opportunity to travel to Ensenada.

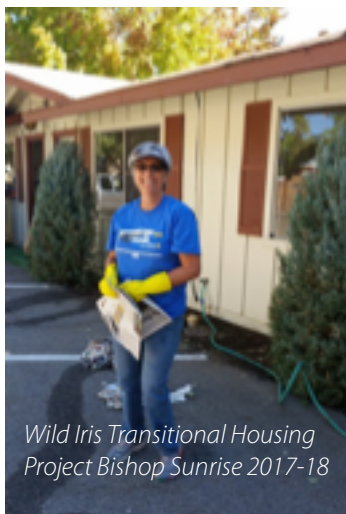
Questions? E-mail: Barry Turner at [baturner@nccn.net](mailto:baturner@nccn.net)

### Global Grants

7 In progress – D5190 Clubs as Primary Sponsors  
11 In progress – D5190 Clubs as Funding Partners  
2 Submitted  
3 Waiting Authorizations  
6 In Draft

**All of our Global Grants are current on Reporting to TRF!**

**Congratulations to our Clubs for Excellent Stewardship!**



*Wild Iris Transitional Housing  
Project Bishop Sunrise 2017-18*

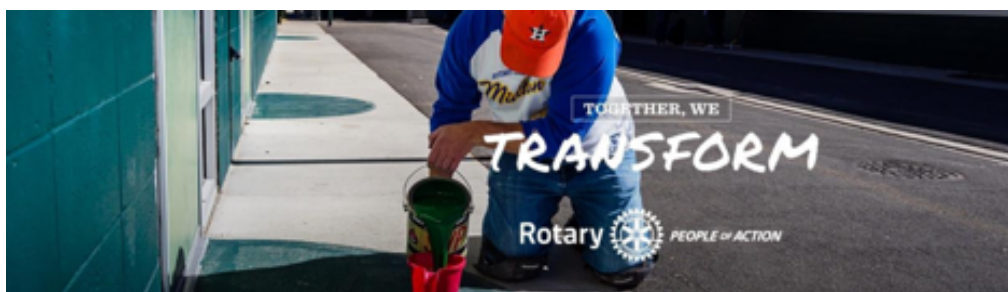
## ROTARY DIRECT - THANK YOU RECOGNITION POINTS

**Together, we see a world where  
people unite and take action to  
create lasting change – across  
the globe, in our communities,  
and in ourselves.**

Our goal in 2018-19 is for everyone to be part Our Rotary Foundation, an incredible force for good in the world.

One of the easiest ways to contribute is through Rotary Direct, the recurring gift program that allows you to make automatic withdrawals from your checking account or credit card each month, each quarter or annually. How easy is that? From now through November, when you sign up for Rotary Direct or increase your current Rotary Direct commitment, you will receive an additional 250 Foundation Recognition Points as a thank you!

To learn more,  
contact District Rotary Foundation Chair  
Wyn Spiller [wyn.spiller@gmail.com](mailto:wyn.spiller@gmail.com)





# ROTARY *DOING GOOD IN THE WORLD*

## CELEBRATING GIVING

### Worldwide 2017-18



### Top 3 in Per Capita Giving to the Annual Fund

- Rotary Club of Grass Valley \$717.27
- Rotary Club of Sparks Centennial Sunrise \$546.78
- Rotary Club of Tahoe Douglas \$370.21

### District 5190 2017-18

District Average \$183

- 100% TRF Giving Club Banners – 20!
- 100% Every Rotarian Every Year Banners – 17!
- End Polio Now Banners– 34!



### District 5190 2018-19 Year to Date as of Oct 28

- 7 new Paul Harris Society Members
- 16+ new Rotary Direct Members
- 2 New Triple Crown Members
- 3 new Major Donor Level 1
- 2 new Major Donor Level 2
- 1 new Bequest Level 2
- 1 new Bequest Level 3
- 1 new Arch Klumph Society Member

**Congratulations to Elko Desert Sunrise – our first Club Banner!** Awarded for 100% TRF Giving – Every member has given \$25 or more to any TRF designation and the Club Average is over \$100

### District 5190 in the World

#46 out of 539 Districts in Total Contributions \$227,873

#32 out of 539 Districts in Per Capita Giving \$57.36

Congratulations and a heartfelt  
Thank You to our very generous D5190 Rotarians

# ROTARY CLUB OF TAHOE-INCLINE TRF EVENT

BY MAUREEN MCCARTHY (RCTI, PAST PRESIDENT)

Demystifying The Rotary Foundation (TRF) process was the goal of our evening event with new members of the Rotary Club of Tahoe-Incline (RCTI) in Incline Village, Nevada on 20 September 2018. Jim O'Brien, RCTI Foundation Chair, Past President, and former District 5190 Area 5 Assistant Governor, hosted the event at his house. We invited RCTI new members and a few old hands to join an informal discussion about TRF. Our evening Fireside event followed Jim's formal presentation at our regular breakfast meeting that morning. RCTI is very lucky to have many long-time Paul Harris Society and Bequest Society members. A hallmark of our Club, joining PHS can be intimidating to our younger members with families and limited resources. To address this issue Jim offered the incentive for new members to participate in EREY and the Paul Harris Society (PHS) by offering matching points from older members with reserve PHS credits.

Our evening began with personal stories about RCTI global grants on water and health in Tanzania and mangrove reforestation in the Philippines. We also fielded several questions about how TRF donations make their way from individual Rotarians to Rotary International and back again to District 5190 and eventually RCTI to support projects in our community. It was clear that the connection between TRF and projects in our schools resonated with our new members. Recognizing that many of our younger members rarely handle either cash or checks, I had my computer set-up to walk them through the process of donating to TRF through Rotary Direct. The hands-on process helped three new members sign up with TRF and allowed several others to watch, observe and promise to do this at home.

For long-time Rotarians TRF is at the heart and soul of Service Above Self. For younger members balancing many personal and professional demands, donating to TRF can be a daunting prospect. RCTI is endeavoring to make donating to TRF simple for new members by demystifying the process and providing matching points to support their participation. Most importantly we want to share with all our members the important role TRF plays both in our community and the world. We succeeded in doing this thanks in large part a spectacular autumn Tahoe evening accompanied by the world's most wonderful veggie lasagna provided by Jim's wife and Rotary supporter Fi O'Brien.

## THANKSGIVING QUICHE

By Elaine Carrillo

1 ½ cups of evaporated milk (1 can)  
 4 teaspoons butter  
 ¾ c feta cheese, crumbled  
 1 can of whole cranberry sauce  
 3 eggs  
 2 scallions (green onions) chopped  
 3 teaspoons flour  
 1 deep dish pie shell, thawed  
 ½ teaspoon sage seasoning  
 1 ½ cups chopped turkey  
 Salt and pepper to taste

Prick the bottom and sides of the pie shell and bake for 15 minutes at 350 degrees. Cool. In a blender mix the milk, butter, cheese, eggs, onions, sage seasoning, flour and salt and pepper. Set aside. Spread ½ can of the cranberry sauce in the bottom of the pie shell, and spread the turkey pieces on top. Pour batter over all and bake at 350 degrees for 45 minutes.

**Recipe Note:** This is a great use for leftover turkey. Two regular size pie shells can be used in place of the deep dish pie shell.

*This Thanksgiving quiche was served at our Alturas Rotary Christmas Tea in 2008*

## HAVE A HAPPY THANKS GIVING



# CASA MANOS BENDITAS SCHOOL SUPPLY DRIVE

**Casa Manos Benditas, in coordination with the Rotary E-Club of District 5190, conducted a school supplies drive and charitable giving event.**

In Tijuana, Mexico on September 29th. Over 45 area children received a gift box with brand-new school supplies and essentials and over 30 adults received blankets and hygiene products.

Casa Manos Benditas is a start-up organization that specializes in caring for people with different disabilities or illnesses. They offer services 24 hours a day, seven days a week; including skilled nursing, childcare services and charitable giving in a family environment. It has been Frank and Marrie Smith's, founders of Casa Manos Benditas, vision to expand their charity work to serve even more of the vulnerable population in their community. They have reached out through their expanding network to solicit donations and invite volunteers to join them in service.

Tijuana is the largest city in Baja California, with over 1.6 million residents. According to the National Center for Research and Higher Studies in Anthropology, whose work focuses on poverty, 70 percent

of Baja California's population do not earn enough to cover their basic needs.

The event was held at the Casa Manos Benditas facility where we were joined by group of helpers who distributed care packages, served food and drinks, played music for the elderly residents and entertained the children with games and a bounce house.

Casa Manos Benditas would like to thank everyone who supported their effort including the Rotary E-Club of District 5190 and the many personal donations that came in through friends and family.

While we were thrilled with the success of the event, there is still much more work to be done. Everyone is welcome to follow Casa Manos Benditas on Facebook to keep up with future events.



*Frank and Marrie Smith, Founders of Casa Manos Benditas, their staff and local community volunteers.*



*School Supplies, Blankets, Clothing and other essentials were prepared and packaged to be given away during the event.*



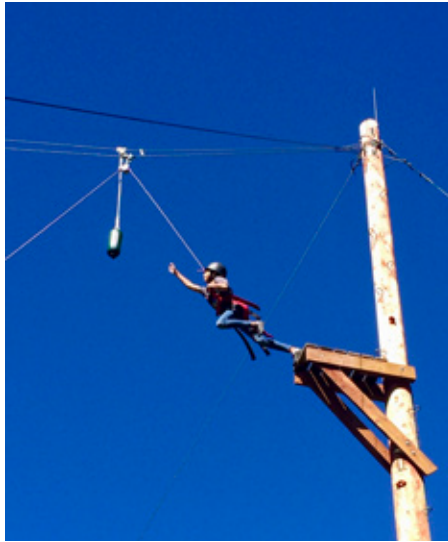
*Local children inspecting their care package and school supplies.*



*Volunteers sing with residents of Casa Manos Benditas.*



# REGL UPDATE



The purpose of the **Rotary Eighth Grade Leadership (REGL) Program** is to provide high quality leadership training with a strong emphasis on ethics to selected 8th grade students who have demonstrated leadership skills. Our aim is to provide these selected students with tools for the difficult choices they face as they move into high school.

In 2018 the District 5190 REGL program offered two residential sessions for three days each at Grizzly Creek Ranch in Portola, CA. This facility is truly an amazing facility and the Sierra Nevada Journeys staff are professional and fun.

Clubs interested and willing to sponsor a middle school for the District REGL Program at Grizzly Creek Ranch were notified in January 2018 and asked to send in their reservation form and payment to

secure a place. We had capacity for 22 middle schools during REGL I (September 14-16, 2018), and for 22 middle schools during REGL II (September 21-23, 2018). By the end of March, REGL II was full. By the end of April, REGL I was full.

Dean and Rochelle Whellams of Sparks, NV, remained universally positive with students, parents, school administrators and Rotarians. Impressive was a common word! We are so fortunate to have such talented and dedicated youth leadership program directors!

Three Rotary Clubs took advantage of the District Service Grants offered by District 5190. Seven Rotary Clubs qualified for and received Searles Foundation Grants awarded through the Sparks Community Foundation.

## Program Delivery:

- 36 Rotary Clubs in District 5190 sponsored 44 Middle School groups.
- 200 Eighth Grade Students from throughout District 5190 enjoyed a REGL experience.
- 44 Rotarians served as REGL Coordinators and provided a Rotary interface with their middle schools.
- 21 Rotarians and volunteers were Adult Mentors for the two sessions.
- 27 RYLA graduates from this summer's RYLA programs volunteered as Counselors
- 15 Rotarians were actively involved in preparing and delivering the program.

## 2019 – coming faster than you imagine!

**REGL I – September 13,14, & 15, 2019**

**REGL II – September 20, 21 & 22, 2019**



Rotary  
District 5190



**REGL**  
ROTARY EIGHTH GRADE  
LEADERSHIP PROGRAM



## You can help transform this sketch into reality

### Did you know...

- This will be our 40<sup>th</sup> consecutive entry.
- The float is completely funded by generous donations from Rotarians.
- The Rose Parade is viewed live by approximately 700,000 people.
- The Rose Parade has a television audience over 45 million viewers in the U.S. alone...and millions more worldwide.
- Volunteers donate more than 6,000 hours in preparing decorations and applying them to our Float.



This is not a project of Rotary International.

### 2019 Rose Parade Float Artist Rendering



### Why the Float?

Paul Harris said, "In the promotion of Rotary, it is important to reach large numbers and you cannot reach them privately."

When Rotary International's directors approved the first entry in the parade over 40 years ago, they saw in it an unrivaled opportunity to bring Rotary's name into public view. They reasoned that an eye-catching float would capture the interest of broadcast commentators and remind the world of Rotary's good works.

#### And so it has!

The Rose Parade is viewed by approximately 700,000 people, and a television viewing audience of over 45 million in the United States and millions more around the world in more than 200 countries. For the 40<sup>th</sup> consecutive year we proudly present our float to North America and the world. Each year, more Rotary clubs enthusiastically contribute financial support to this most important Rotary public image project.

Please join your fellow Rotarians and their friends in supporting the 2019 float **Service Rocks!**

## THANK YOU

Thank you to the clubs that have already sent in your contribution. We need to raise \$6500 in order for our District to have a walker.

Checks need to be made payable to the District and mailed to the District.



**Barry Rassin**  
Rotary International  
President 2018-2019



2019 marks 40 consecutive years of Rotary participating in the Tournament of Roses Parade. I congratulate all of the Rotarians throughout North America who have worked continuously to share Rotary's story in such a creative and beautiful way.

We know that in Rotary, amazing things happen when we mobilize and, together, become agents of change. It's important for our communities to know about our efforts and the impact Rotary is making in the world. So this year, I am asking Rotarians to take action and tell your community who we are and what we do. There are countless ways to reach the public, and the Rose Parade – with its estimated viewing audience of about 73 million people – is one of many excellent opportunities.

Let's **Be the Inspiration** and show the world what Rotary is all about. I look forward to seeing you in Pasadena!



**PROMOTING PEACE  
FIGHTING DISEASE  
PROVIDING CLEAN WATER  
SAVING MOTHERS AND CHILDREN  
SUPPORTING EDUCATION  
GROWING LOCAL ECONOMIES**

### Contact Us

**Email:**  
RoseFloat@RotaryFloat.org

**Web:**  
www.rotaryfloat.org



**Twitter:**  
@RotaryRoseFloat



**Facebook:**  
RotaryRoseParadeFloatCommittee

This is not a project of Rotary International.

You can  
help build  
our float.





# UPCOMING EVENTS



# NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Nevada City Board and Club Visit		
4	5	6	7	8	9	10
	Grant Management Training Module 3 Part II Area 3 Foundation Dinner	Minden Board and Club Visit	Board and Club Visit to Sparks	Truckee Board and Club Visit Reno Sunrise Board Meeting	Reno Sunrise Club Visit	
11	12	13	14	15	16	17
	GETS/GNATS					
		Board and Club Visit to Reno Centennial Sunset	Board and Club Visit Sparks Centennial Sunrise	Zone Institute		16th Annual Beer and Wine Tasting (Susanville Sunrise)
18	19	20	21	22	23	24
				 <b>THANKSGIVING</b>		
						RYE Outbound Applications Due
25	26	27	28	29	30	
				District Governor Interviews for 2021 - 2022		







## The Rotary Foundation 2019 Post Convention Cruise

A fundraiser for TRF

## EUROPE'S RIVERS & CASTLES

JUNE 6 - 13, 2019 | ABOARD THE AMADANTE

7-NIGHT RIVER CRUISE FROM NUREMBERG TO LUXEMBOURG

SAVE  
**\$500**  
PER STATEROOM

Sponsored by  
Rotary International  
District 5150



Reservations are exclusively available through  
Expedia CruiseShipCenters, North Bay  
877-651-7447



## EUROPE'S RIVERS & CASTLES JUNE 6 - 13, 2019

The Rotary Foundation 2019 - Post Convention Cruise



2 NIGHTS IN PRAGUE, FOLLOWED BY A BREATHTAKING  
7-NIGHT CRUISE FROM NUREMBERG TO LUXEMBOURG,  
PLUS 3 NIGHTS IN PARIS

**RECEIVE \$250 SAVINGS OFF CRUISE FARE PER PERSON**

7-night cruise starting from ~~\$5,599~~ \$3,349 per person  
Optional land programs in Prague & Paris  
from \$2,040 per person

**\$150-\$250 per person donation will be made  
on your behalf to The Rotary Foundation\***

### INCLUDED FEATURES

- 7 nights deluxe accommodation in river view stateroom
- Unlimited complimentary wine, beer and soft drinks with lunch and dinner
- Fine dining at The Chef's Table and Main Restaurant
- Sip & Sail Daily Cocktail Hour
- Captain's Gala Dinner and Cocktail Reception
- Complimentary Wi-Fi access on board
- A variety of guided shore excursions in every port
- Complimentary bicycles

### CRUISE ITINERARY

DATE	DESTINATION	ACTIVITIES
Jun 6	Nuremberg	EMBARKATION
Jun 7	Bamberg	UNESCO city walking tour and smoked beer tasting
Jun 8	Volkach	Walking tour OR Volkach bike tour OR Full-day Rothenburg
	Würzburg	City tour and Residenz Palace visit OR Würzburg to Kitzingen bike tour OR Cruise to Kitzingen
	Kitzingen	Walking tour for non-biking guests
Jun 9	Wertheim	Walking tour OR Main River bike tour OR Pretzel bakery visit and tasting OR Castle hike
Jun 10	Mainz	City tour with Chagall windows OR Mainz bike tour
	Rüdesheim	Siegfried's Mechanical Music Museum OR Gondola ride
	Rhine Gorge Lahnstein	Scenic cruising Evening walking tour
Jun 11	Cochern	Reichsburg Castle and walking tour OR Cochem Mustard Mill tour OR Moselle bike tour
	Zell	Exclusive wine festival celebration
Jun 12	Trier	"Rome of the North" tour OR "Ancient tales of the Porta Nigra" OR Petrisberg hike OR Trier bike tour
Jun 13	Luxembourg	DISSEMBARKATION

### ABOUT THE AMADANTE

INTRODUCED IN 2008, THE AMADANTE'S UNIQUE CUSTOM DESIGN AND EXCLUSIVE FEATURES PUT THIS SHIP IN A CLASS BY ITSELF

- » All outside stateroom accommodations, most with French balconies
- » Spacious staterooms & suites (170-255 sq. ft.)
- » Complimentary bottled water replenished daily
- » Unlimited red & white wines from Europe's great wine regions with every lunch & dinner
- » Main Dining Restaurant offers regional specialties using locally sourced ingredients
- » Complimentary specialty tea & coffee station available 24/7
- » Beauty salon and massage services
- » Walking track, pool and fitness room



**Terms & Conditions:** All rates are per person in USD for cruise only, based on double occupancy in a Category E stateroom. To upgrade to a higher category, please ask for details. Rate reflects \$250 savings off cruise fare per person when booked by March 31, 2018. Unless explicitly stated that single supplement is waived, solo travelers in a double occupancy stateroom must pay an additional single supplement amount before receiving any discounts. Offer is not combinable with any other promotions/discounts, is limited to availability, is capacity controlled and is subject to change or termination without notice. Port charges of \$182 per person, optional land programs, airfares, and gratuities are additional. Other restrictions apply. AmaWaterways reserves the right to revise any errors on the flyer, itinerary subject to change. Registration as a seller of travel does not constitute approval by the State of California. CST#2065452-40. VIBJAN105.

\*\$150-\$250 Donation to Rotary is per person as agreed with Expedia CruiseShipCenters, North Bay. Please provide your RI identification number at time of booking.



# Rotary 4-Way Fest

Meet Rotarians from Northern California  
and Northern Nevada!  
Exchange Ideas! Celebrate Your Success!

**Districts 5130, 5150, 5160, 5190**

## May 17-19, 2019

**PEPPERMILL**  
RESORT • SPA • CASINO • RENO

**Register at [RotaryDistrict5190.org](http://RotaryDistrict5190.org)**

**BE THE INSPIRATION**





## ROTARY LINE UP

### ROTARY & DISTRICT OFFICERS 2018-2019

#### Rotary International

President – Barry Rassin

President-Elect – Mark Maloney

Vice President – John Matthews

Treasurer – Peter Iblher

Director – John Matthews

#### Rotary District 5190 Advisory Board

District Governor – Tina Spencer-Mulhern

Immediate Past District Governor – Doug McDonald

District Governor Elect – Randy Van Tassell

District Governor Nominee – Roberta Pickett – Non Voting

District Governor Nominee Designate – Not Determined – Non Voting

Treasurer – Dave Kary

Secretary – Larry Harvey

District Executive Assistant – Ginny Lewis – Non Voting

Administration – Doug McDonald

Service – Chris Pierce

Foundation – Wyn Spiller

Membership – Steve Mestre

Youth Service – Lindy & Gordon Beatie

Club Administration – Judy Clark

Communications – Dave Zybert

Public Image – Randy Rascati

District Conference Chair – Bill Boon – Non Voting

#### Assistant Governors

Area 1: Terry Johnson

Area 2: Pete Hochrein

Area 3: Sherilyn Laughlin

Area 4: Anita Daniels

Area 5: Stacy Graham

Area 6: Vickie Christensen-Mclain

Area 7: Richard Forster

Area 8: Bill Boon & Bret Meich

Area 9: Bill Kirby

Area 10: Lorie McMahon

Area 11: Helen Hankins

Area 12: Elizabeth Cavasso & Jim Cavasso

Area 13: Jeff Gabriel