

BRIDGES OUT OF POVERTY PROJECT SUMMARY

1. Need and Intent. The Project will address poverty in the Truckee Meadows. The Project's intent is to improve self-sufficiency among individuals currently in or near poverty through Rotarian facilitated workshops and mentorship. The District Grant will be used only for the workshop portion of the Project.

2. Project Implementation. The Project will be implemented by: (i) conducting 2 workshops; and (ii) mentorship following the workshops. Each workshop runs 8 weeks with 2 classes per week. Each class is 2.5 to 3 hours. Each workshop will have 12 participants. The substance and structure for each workshop will be based on a program called "*Getting Ahead in a Just-Getting'-By World*" (Program). In each workshop, participants (called "investigators") will consider their own lives through the lens of economic class to identify resources, set goals, overcome barriers and build economic mobility and stability. The Program was developed by Ruby K. Payne, Ph.D. of AHA Process, Inc. (AHA), and is being spearheaded across the Truckee Meadows by the Food Bank of Northern Nevada (FBNN). The FBNN will administer and oversee the workshops. The workshops will be held at an office of JOIN, Inc. The FBNN will select workshop participants through FBNN collaboration with its extensive partner network (e.g., agencies/non-profits such as Safe Embrace, Community to Aid Abused Women, The Ridge House and The Women and Children's Center of the Sierra). The District Grant funds will be used to pay for costs and expenses associated with carrying out and completing the workshops. At the end of each workshop, each participant will partner with one or more mentors (also called "allies") who will assist the participant in meeting the goals set in the workshop.

3. Rotarian Involvement.

a. Rotarians will be directly involved in the Project through service as: (i) workshop instructors (called "facilitators"); and (ii) mentors following the workshops. To become a workshop facilitator, a Rotarian will need to complete the following training: (x) a one-day training (approximately 7.5 hours) held at the United Way of Northern Nevada, conducted by an instructor from FBNN, called "*Bridges out of Poverty*," which will expose Rotarians to the range of causes of poverty and the strategies that can be used to guide people to pathways out of poverty; and (y) a six-hour training (webinar), conducted by AHA, called the "Getting Ahead" facilitator training; and (z) and co-facilitation of a Getting Ahead class with a FBNN facilitator. The Bridges out of Poverty training is tentatively scheduled for October 1, 2016. The facilitator training is currently scheduled for 2 days, Friday October 14, 2016 and Monday October 17, each day from 9:00 to 12:00. Training for Rotarians serving as mentors is still being developed, as are the guidelines for this portion of the Project.

b. The Area 8 Grant Project Committee (Committee) will provide the Rotarian mentors with guidelines setting forth broad mentor expectations, and information/training on how to mentor effectively for the Program. It is anticipated that Rotarian mentors will attend a "*Bridges out of Poverty*," training (among others), and that a commitment of 1 year of post-

workshop mentorship with the participant will be expected. The specific parameters and substance of the post-workshop mentorship will be determined collaboratively by the Rotarian mentor and participant (for example, how often the mentor and participant meet, where they meet, what is discussed, etc. will be between the mentor and participant). It is anticipated that mentors may use their Rotary and business communities to provide further assistance and resources to participants.

4. Beneficiary of Grant Funds. The beneficiary of the Grant funds will be FBNN. FBNN will administer and oversee the workshops, including among other things, selecting workshop participants, purchasing supplies needed for the workshops, and facilitating transportation to the workshop for participants (through payment for bus passes for participants, if needed) (see Budget). The ultimate intended beneficiaries of the Project, however, are individuals in our community who are in or near poverty. These individuals will benefit from the Project by (among other things) obtaining and/or improving upon their understanding of their barriers to economic mobility and stability as well as the public and private resources to overcome those barriers. Rotarian will be working directly with individuals to build skills in the following areas: problem solving and critical thinking, workplace stability, financial literacy, time and plan management, social bridging capital, mediation and negotiating skills and others.

5. Sustainability. The results of the Project will be maintained in future years through the mentorship portion of the Project as described above.

6. Cooperating Organizations. Besides FBNN (whose role has already been described), the Cooperating Organizations, the role they will play, and the contact for each are below:

a. JOIN, Inc.: The workshops will be held at an office of JOIN, Inc., and JOIN, Inc. will serve as a resource for Rotarians and participants during (and after) the workshops to identify job training and placement possibilities for participants.

b. United Way of Northern Nevada: The training for facilitating the workshops will be done at United Way's offices.

c. Other Cooperating Organizations may include the Northern Nevada Literacy Council; Financial Guidance Center; Job Connect; Nevada Works; Workforce Development and Community Education-Truckee Meadows Community College; among others. These collaborations to be determined by individual needs and their barriers to economic success.

7. Publicity. The FBNN will provide a media release on the Project to all of major news media outlets including local radio stations, four major local television stations, Reno Gazette Journal, Sparks Tribune and Northern Nevada Business Weekly. A member of Rotary will be invited to participate and speak on air about the Project to KTVN Channel 2 at the annual Grand Sierra Resort Food Drive December 9, 2016 (upon review of the FBNN media and marketing team).

8. Budget. See Below.

**Rotary Area 8 Getting Ahead Program Budget
FY 2016-17 Course Costs**

Item	Description	Unit Cost	Course Cost
Course Administration	Getting Ahead Coordinator administers the participant data base, nd follow-up; grant and fiscal reporting; participant follow-up and referral; coordinating the Getting Ahead graduation (hourly rate + hourly benefit load x estimated 3 hours per participant x 12 participants)	\$ 70.00	\$ 840.00
Bus transportation	\$16.40 per 10-Ride Bus Pass x 3 bus passes x 12 participants (note: each class will take 2 rides for the round trip and there are 9 classes)	\$ 48.00	\$ 576.00
Getting Ahead Alliance	Estimated food costs; guest speaker fees (if any); materials (\$10.00 per participant for food, \$4.00 for materials and \$10.00 for guest speaker fees (if any) x 12 course participants)	\$ 24.00	\$ 288.00
Getting Ahead Workbooks	Workbooks for course participants @\$19.50 each x 12 participants	\$ 19.50	\$ 234.00
Getting Ahead Facilitator Guide	Facilitator guides @ \$38.00 each x 2 (1 facilitator and 1 co-facilitator)	\$ 6.33	\$ 75.96
Journals	Journals are provided to Getting Ahead participants \$7.00 x 12 participant	\$ 7.00	\$ 84.00
Calculators	Calculators are needed for Getting Ahead activities \$1.49 x 12 participant	\$ 1.49	\$ 17.88
Flip chart paper	1 carton per course \$79.80 x 1	\$ 6.65	\$ 79.80
Markers, pens, pencils, paper, photocopies, database fees	Markers, pens, pencils, paper, photocopies, database fees, and other miscellaneous supplies	\$ 12.50	\$ 150.00
Refreshments	\$8.50 per participant x 14 classes x 12 participants per class	\$ 119.00	\$ 1,428.00
Graduation	\$18.00 per participant x 12 participants (certificate, portfolio, refreshments, token gift bag)	\$ 19.00	\$ 228.00
Total		\$ 333.47	\$ 4,001.64

Note(s):

1. Course costs are based on a class size of 12 Getting Ahead participants.
2. Course costs may be less as not all Getting Ahead participants may need bus passes.
3. Rotary will facilitate 2 Classes in the Rotary Year 2016-17 for a total cost of

x 2 \$ 8,003.28

9. Project Financing. Financing for the Project for 2016-17 will come from the following sources:

a. The Rotary Club of Reno will contribute \$2,000 to pay for the costs and expenses associated with carrying out and completing the workshops. A District Grant submitted by the Rotary Club of Reno will contribute another \$2,000 to pay for the costs and expenses associated with carrying out and completing the workshops.

b. The Rotary Club of Reno Sunrise will contribute \$2,000 to pay for the costs and expenses associated with carrying out and completing the workshops. A District Grant submitted by the Rotary Club of Reno Sunrise will contribute \$2,000 to pay for the costs and expenses associated with carrying out and completing the workshops.

c. The Rotary Club of Reno Central will contribute any other funds necessary to cover the costs and expenses associated with carrying out and completing the workshops.