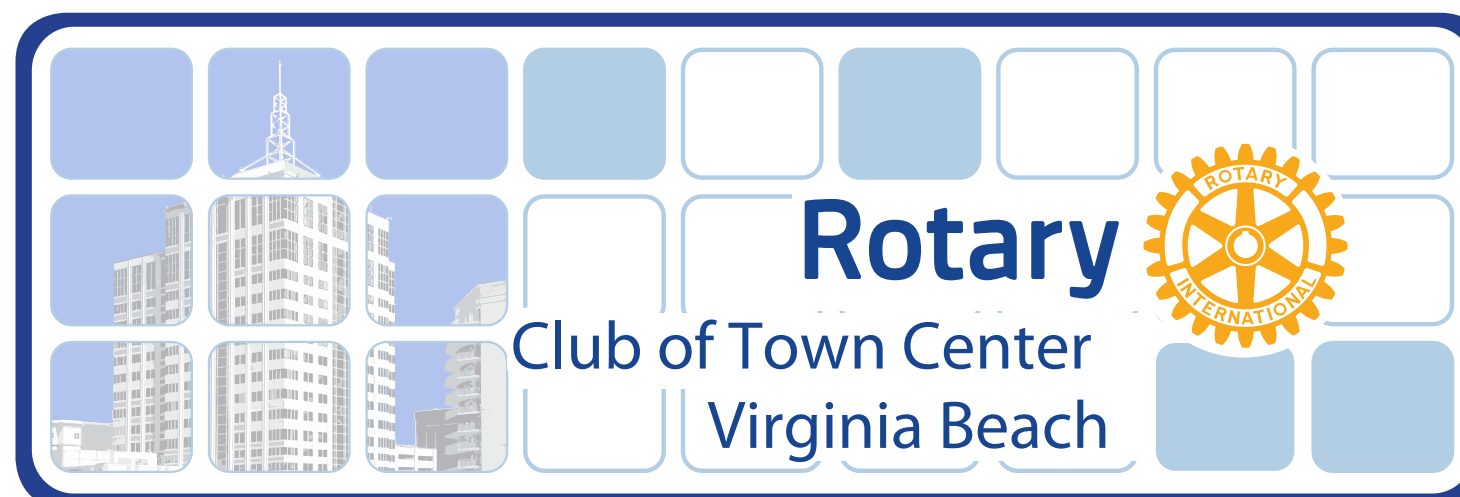
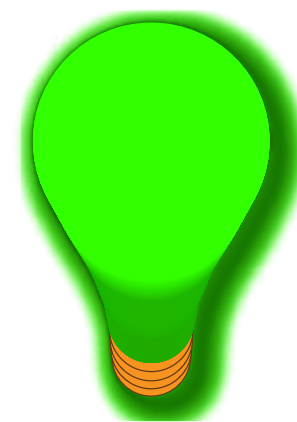


Thursday December 5, 2018

We meet the at 12:30 pm
on the first 3 Wednesdays of the month
at Gordon Biersch Brewery & Restaurant
4561 Virginia Beach Boulevard
Virginia Beach, VA 23462



- Rotary - Developing the Next Generation of Leaders -
- Providing Direction to Make the World a Better Place -
- Making Peace a Priority -

Today's Speaker
Jim Deppe, Surfrider Foundation: "Clean Water Initiatives"

2018 -19 Focus: Mental Health

December is Disease Prevention and Treatment Month

Our health is everything

Yet 400 million people in the world can't afford or don't have access to basic health care

We believe good health care is everyone's right

Disease results in misery, pain, and poverty for millions of people worldwide. That's why treating and preventing disease is so important to us. We lead efforts both large and small. We set up temporary clinics, blood donation centers, and training facilities in underserved communities struggling with outbreaks and health care access. We design and build infrastructure that allows doctors, patients, and governments to work together.

Our members combat diseases like malaria, HIV/AIDS, Alzheimer's, multiple sclerosis, diabetes, and polio

Prevention is important, which is why we also focus on health education and bringing people routine hearing, vision, and dental care
That one idea, and an initial contribution of \$26.50, set in motion a powerful force that has transformed millions of lives around the globe

How Rotary makes help happen

Disease does not prevent itself. We educate and equip communities to stop the spread of life-threatening diseases. Rotary members have hundreds of health projects underway around the world at any given time

Providing clean water

Rotary has worked with partners to provide more than 80 percent of Ghana's people with clean water to fight Guinea worm disease.

Reducing HIV infection

In Liberia, Rotary members are helping women get tested for HIV early in their pregnancies. They used prenatal care to reduce new HIV infections in children by 95 percent over two years.

Ending polio:

Rotary members have played a key role in bringing the world to the brink of polio eradication. Their efforts have not only ended polio in 122 countries but also created a system for tackling myriad other health priorities, such as Ebola.

Bert's Note

This is the first week of December and we are moving forward, creating the world's future - Stay prepared!

As we continue to remember our friend and colleague, Buddy Early, let us strengthen our commitment to what Rotary is for the world as we demonstrate our core values, how we apply them in our daily lives and see how we are a positive influence on the community around us. While acknowledging the great accomplishments Rotary has achieved, let us continue to carry this progress through our second century of service. We invite all in the community to join us in celebration of what the world has and what we can do together to make this an even greater place for all. The world is what we make it through our actions. Let us do this responsibly in ways that support each other and all life on earth that we may all prosper together.

Let us all live in the Spirit of Rotary theme for this year: "Be the Inspiration."

At our expressed level of purpose, we continue to attend to our work with Community Mental Health Issues by providing awareness and education to be reflected as a change in our interpersonal and social environments. As we explore some of the ways to make a difference raising the level of good mental health in our community, let us demonstrate a path to achieve this goal. Through the application of the knowledge we gain, let us continue building public awareness of these issues and initiate programs that support mental wellness locally, nationally and world wide. In this way we will create a valuable result.

Please continue to support our Rotaract Club on 2nd & 4th Mondays of the month at 7:00 pm at the Gordon Biersch Brewery & Restaurant, Va. Beach. Jon, Chris and Kayla will continue to attend our meetings as fellow Rotarians.

I invite you to join us weekly, bringing friends to participate in these and all of the events of the club, that we may continue to be successful in meeting our mission throughout 2018.

- Bert Poole, President, Rotary Club of Town Center

Meeting for December 5, 2018

*Today is so much another of our usual busy days
and we have so much to accomplish - so let's DO IT!*

- Prayer and Pledge of Allegiance led by Ellen Cummings, the Rotarian of the Week
- Rotary Minute: Dave Moore.
- Introduction of Guests to the Meeting
- Introduction / induction of new members
- Happy Dollars
- Announcements-Upcoming events
- We continue to meet formally on the first three Wednesdays of the month, with a fourth meeting in community locale, that is social in nature
- *This Week's Speaker is Jim Deppe, Clean Water Initiaives*
- Let's all participate with Dave Moore on Membership . . . Look for ways to bring friends as guests who might make the cut as a member and contribute through a future of service to humanity. We may even have one with us here today!
- Our *"Rotary Mental Health Initiative"* is in full swing on it's way to reality. You may assist in locating speakers and resources, please contact Bert Poole or Pat Edwards to incorporate these resources into action
- The Rotaract Club of Hampton Roads meets on the 2nd and 4th Monday of the month at 7 PM right here at Gordon Biersch Brewery & Restaurant
- The Rotary Satellite Club meets weekly at 7 PM on Monday right here at Gordon Biersch Brewery & Restaurant

Rotarian of the Week:

Ellen Cummings

Birthdays for December, 2018

Bob Gerling John Blair Fred Joslin

Ongoing Service Projects

Details (will be updated as we move forward)

December 8, 2018: Boys and Girls Club, Virginia Beach - Please look to solicit items for the event from local groups and vendors

The Silent Auction is coming once again in April. We are organizing a full club commitment to the success of this event in a town center venue. Please look to solicit sponsorship and items to use. Community Health Initiative of Haiti Clean Drinking Water Project with updates from Pat Edwards

Meetings are held at 7 PM every 2nd and 4th Monday of the month at the Gordon Biersch Brewery & Restaurant, Va Beach. Updates: Nancy Joslin

Held at Shorebreak Restaurant, Shore Drive, Virginia Beach. Every March & August with more to aid sponsored charities

Last held on May 12 - Plaza Middle School - This is an ongoing annual event. We continue to provide wonderful support for it Ongoing International Project to Stamp out Polio everywhere in the world. 12 known cases left! Pints for Polio coming Feb 23, 2019 30th opportunity was June 2, 2018 - this event has collected 6.5 million pounds of debris in 30 years Grant Project with area Rotary Clubs to work with the Soap Chips Project to make portable showers available to the community; the Elizabeth River Project; and Lynnhaven River Now oyster bed restoration

Event

Bicycle Safety

Silent Auction

CHI

Rotaract

Cashola

Special Olympics

Polio Plus

Clean the Bay Day

*District Grant with
Local Rotary Clubs*

Event Calendar

Date Event

December is Disease Prevention and Treatment Month

Dec 5 Jim Deppe, Surfrider Foundation – Clean Water Initiatives

Dec 10 Rotaract Meeting at Gordon Biersch at 7:00 pm

Dec 12 Elizabeth (Liz) Panella, Classification Talk

Dec 20 Holiday Party (Date, Location TBA)

January is Vocational Service Month

Jan 9 Jon Elliott, Classification Talk

Jan 16 Zane, Jan Big Audacious Idea – Amphibious Structures

February is Peace and Conflict Prevention/Resolution Month

Feb 23 Pints For Polio: O'Connor Brewing Company

Norfolk or Va Beach

Feb (Tent) Glenn Kellam, MBTI Practitioner/consultant, "So you think you understand?"

Club Officers

- President Bert Poole
- Vice President..... Bill Evans
- Treasurer Bill Barrett
- Secretary Ken Powell
- Past President.....Pat Edwards
- Membership.....Dave Moore
- Club Service Pat Edwards, Interim
- Club Friendship Officer..... Liz Pinella
- Public Relations..... Ken Brown
- Community Service Warren Stewart & Bob Gerling
- Vocational Service Nancy Joslin
- RI Foundation.....Pat Edwards
- International Service..... John Blair
- Sergeant at Arms George Kelley & Fred Joslin

**Rotary Meets the First Three
Wednesdays of the Month at 12:30 pm**

**Rotaract Meets the Second and Fourth
Mondays of the Month at 7:00 pm**

Satellite Rotary Club Meets Weekly at 7:00 pm

**E-Club Makeup Website for Missed Meetings
<http://RotaryEClubOne.org/makeups/howtodoamakeup/>**

Coming . . .

December 8, 2018, 8:00 am - Noon

**Bicycles: Safety Briefing and Repairs
- Community Service Event -**

**Boys and Girls Club, Rosemont Unit, 1505 Competitor
Court, VA Beach, VA 23453**

Area Clubs For Make-Up

Cape Henry <http://www.capehenryrotaryvb.org/>

Wed 7:30 a.m. Virginia Beach Resort Hotel

Virginia Beach <http://vbroatary.com/>

Thu 6:30 p.m. Crowne Plaza Hotel on Bonney Rd.

Virginia Beach Courthouse

Wed 7:30 a.m. Merged with the Cape Henry Club

Chesapeake <http://chesapeakerotary.org/>

Wed 1:00 p.m. Chesapeake Conference Center

Churchland <http://www.churchlandrotary.org/>

Tues 7:30 a.m. American Legion Hall

Great Bridge <http://www.greatbridgerotaryclub.org/>

Mon 7:30 a.m. Traditions Restaurant, Chesapeake Golf Club

Hampton Roads <http://www.rotaryhamptonroads.org/>

Fri. 7:30 a.m. Holiday Inn, Greenwich Rd, Norfolk

Norfolk <http://rotaryclubofnorfolk.org/>

Tue 12:15 p.m. Norfolk Scope Arena Meeting Room

Norfolk Sunrise <https://www.facebook.com/RotaryNorfolkSunrise/>

Tue 7:30 a.m. Town Point Club

Portsmouth <http://www.portsmouthvarotary.org/>

Thu 12:30 p.m. Holiday Inn - Waterfront

Online Makeups may also be made at


e-club website: <http://rotaryclubone.org/makeups/howtodoamakeup/>

Click on the link above to use this website

Website / Photos / Program Design




Welcome to the Rotary Club of Town Center Virginia Beach



Service Above Self

We meet Wednesdays at 12:30 pm
Gordon Biersch Brewery & Restaurant
4561 Virginia Beach Boulevard
Virginia Beach, VA 23462
United States of America



[Venue Map](#)
[Club Bulletin](#)
[Club Facebook](#)
[District Website](#)
[Rotary International Website](#)

Ken Brown, Designs of Choice

Phone: 757.575.9381

E-mail: Rotary@DesignsOfChoice.net

Mail: 214 B 55th Street
Virginia Beach, VA 23451

Rotary Club of Town Center Website:

<http://Clubrunner.ca/towncenter>



The Four Way Test

To Encourage International Understanding and Peace,
And of the Things We Think, Say and Do:

1. Is it the **Truth**?
2. Is it **Fair** to All Concerned?
3. Will it **Build Goodwill** and **Better Friendships**?
4. Will it be **Beneficial** to All Concerned?

- And . . . It Can be FUN! -

Today's Speaker: Jim Deppe, Surfrider Foundation



Clean Water Initiatives



Mission Statement

The Surfrider Foundation is dedicated to the protection and enjoyment of the world's ocean, waves and beaches through a powerful activist network.

The Surfrider Foundation staff of nearly 50 people help support our chapter network in their campaigns, champion for policy and fight legal battles for our coasts, bring awareness to the issues facing our ocean, provide critical support on stuff like accounting, technology, and HR, and raise money to make all of this happen. We have an appetite for adventure and we all share a common passion – we love and appreciate our ocean, waves and beaches.

The Surfrider Foundation of Virginia Beach

- <https://vb.surfrider.org/>
- Jim Deppe
- 757.636.1169
- deppe74usna@gmail.com

Mailing Address

- P.O. Box 66035, Virginia Beach, VA 23466

Chapter Officers

- Nick Gallegos, Chair – chair@vb.surfrider.org
- Morgan Wilds, Treasurer – treasurer@vb.surfrider.org
- James Ellis, Vice Chair – vicechair@vb.surfrider.org
- Jimmy Gallagher, Volunteer Coordinator – volunteercoordinator@vb.surfrider.org
- Trish Johnson Secretary – secretary@vb.surfrider.org

At-Large Staff

- Recep Ugraskan, Events Chair – rjep15@hotmail.com
- Ainslee Wallace, At Large – ainsleew@yahoo.com
- Charlotte K, Membership Coordinator – membership@vb.surfrider.org
- Glen Colbert – beachcleanups@vb.surfrider.org

Support Staff

- Ryan Miller, Social Media Chair- ryanrimiller@gmail.com
- Dylan White, Merchandising intern dylwhi8072@students.ecpi.edu

Connect with us on social media

- Visit and “like” us on Facebook: www.facebook.com/vbsurfrider
- Follow us on Instagram: http://instagram.com/surfriderfoundation_vb
- Follow us on Twitter: www.twitter.com/vbsurfrider



413

Pounds of Trash Removed



190

Volunteers



9

Beach Cleanups to Date



SURFRIDER FOUNDATION'S
ONE OCEAN





George Herbert Walker Bush
June 12, 1924 - November 30, 2018

Presidential Term:
January 20, 1989 - January 20, 1993
41st President of the United States

As a Republican, he had previously been a U.S. Representative, Ambassador, and Director of Central Intelligence. During his career in public service, he was known simply as George Bush; after his eldest son George W. Bush became President of the United States in 2001, he was referred to as "George H. W. Bush", "Bush 41", or "George Bush Sr".





ROTARIAN CODE OF CONDUCT



As a Rotarian, I will:

- 1. Act with integrity and high ethical standards in my personal and professional life*
- 2. Deal fairly with others and treat them and their occupations with respect*
- 3. Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world*
- 4. Avoid behavior that reflects adversely on Rotary or other Rotarians*



Rotaract Update

The Rotaract Club meets the second and fourth Mondays of the month, here at Gordon Biersch at 7:00 pm

-Sam Candelario, Rotaract President

This is a calendar of events and programs that are upcoming in the near future
Please assist us in these active programs as they will be very beneficial to needy members of our community

- **Winter Coat Drive is Now Until November 19th!**
(But YES you can bring them to the Holiday Party!)

- This drive is for gently worn winter coats
- These may be brought to Rotary meetings / Rotaract meetings / Rotary Satellite meetings

Remember, Nancy meets at Gordon Biersch with the Rotary Satellite Club every Monday evening, so you always have a

place to drop them off

- **If you cannot bring them to the meetings I can pick them up from you**

- Call me (Sam) at 757.354.0171

Thank you for your donations