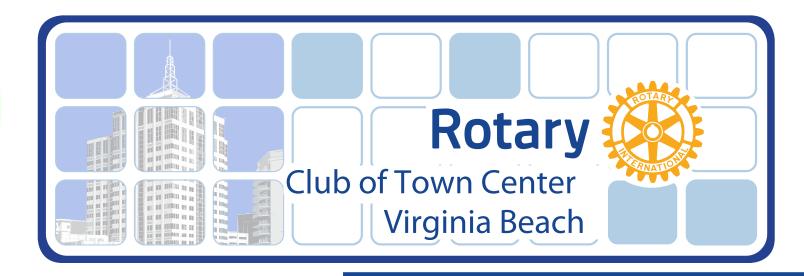
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#### Thursday November 7, 2018

We meet the at 12:30 pm on the first 3 Wednesdays of the month at Gordon Biersch Brewery & Rrestaurant 4561 Virginia Beach Boulevard Virginia Beach, VA 23462









Rotary - Developing the Next Generation of Leaders Providing Direction to Make the World a Better Place Making Peace a Priority -

Today's Speaker

GB Brewmiester, "Gordon Biersch (Beer) Brewing & Tour"

#### 2018 - 19 Focus: Mental Health

#### **November is Rotary Foundation Month**

# The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world

During the past 100 years, the Foundation has spent \$3 billion on life-changing, sustainable projects With your help, we can make lives better in your community and around the world.

#### **Our mission**

The mission of The Rotary Foundation of Rotary International is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.

#### Why should I donate to The Rotary Foundation?

Your donation makes a difference to those who need our help most. More than 90 percent of donations go directly to supporting our service projects around the world.

#### How does The Rotary Foundation use donations?

Our 35,000 clubs carry out sustainable service projects that support our six causes. With donations like yours, we've wiped out 99.9 percent of all polio cases. Your donation also trains future peacemakers, supports clean water, and strengthens local economies.

#### What impact can one donation have?

It can save a life. A child can be protected from polio with as little as 60 cents. Our partners make your donation go even further. For every \$1 Rotary commits to polio eradication, the Bill & Melinda Gates Foundation has committed \$2.

## Bert's Note

This is the first week of November and we are moving forward and the weather is still unusual - Stay prepared!

As we continue to work, we will continue to remember our friends and colleagues. Let us strengthen our commitment to what Rotary is for the world, demonstrate our core values - how we use and apply them in our daily lives - and see how we are a positive influence within the community around us. In acknowledging the great accomplishments Rotary has achieved, let us continue to carry this progress throughout our second century of service.

Let us all live in the Spirit of Rotary theme for this year: "Rotary, Making a Difference."

At our expressed level of purpose, we continue to attend to our work with Community Mental Health Issues by providing awareness and education to be reflected as a change in our interpersonal and social environments. As we explore some of the ways to make a difference in the level of good mental health in our community, let us demonstrate a path to achieve this goal. In this way we will create a measurable result.

Your continued involvement and support enables us to provide services to those we have committed to serve. Let us continue to look at the effects of mental health issues on our community, the nation and the world. Through application of the knowledge we gain, let us continue to build public awareness of these issues and initiate programs that support mental wellness locally, nationally and world wide.

Please continue to support our Rotaract Club on 2nd & 4th Mondays of the month at 7:00 pm at the Gordon Biersch Brewery & Restaurant, Va. Beach. Jon, Chris and Kayla will continue to attend our meetings as fellow Rotarians.

I invite you to join us weekly, bringing friends to participate in these and all of the events of the club, that we may continue to be successful in meeting our mission throughout 2018.

- Bert Poole, President, Rotary Club of Town Center

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## Meeting for November 7, 2018

# Today is so much another of our usual busy days and we have so much to accomplish - so let's DO IT!

- Prayer and Pledge of Allegiance led by Bill Barrett, the Rotarian of the Week
- Rotary Minute: Dave Moore.
- Introduction of Guests to the Meeting
- Introduction / induction of new members
- Happy Dollars
- Announcements-Upcoming events
- We continue to meet formally on the first three Wednesdays of the month, with a fourth meeting in community locale, that is social in nature
- This Week's Speaker is GB Brewmiester, Gordon Biersch (Beer) Brewing & Tour
- Let's all participate with Dave Moore on Membership . . . Look for ways to bring friends as guests who might make the cut as a member and contribute through a future of service to humanity. We may even have one with us here today!
- Our "Rotary Mental Health Initiative" is in full swing on it's way to reality. You may assist in locating speakers and resources, please contact Bert Poole or Pat Edwards to incorporate these resources into action
- The Rotaract Club of Hampton Roads meets on the 2nd and 4th Monday of the month at 7 PM right here at Gordon Biersch Brewery & Restaurant
- The Rotary Satellite Club meets weekly at 7 PM on Monday right here at Gordon Biersch Brewery & Restaurant

# Rotarian of the Week: Bill Barrett

## Birthdays for November, 2018

Ken Brown Pat Edwards

## Ongoing Service Projects

Event

Bicycle Safety

December 8, 2018: Boys and Girls Club, Virginia Beach

The Silent Auction is coming once again in April. We are organizing a full club commitment to the success of this event in a town center venue.

CHI

Community Health Initiative of Haiti Clean Drinking Water

Community Health Initiative of Haiti Clean Drinking Water Project with updates from Pat Edwards

Rotaract

Meetings are held at 7 PM every 2nd and 4th Monday of the month at the Gordon Biersch Brewery & Restaurant, Va Beach.

Updates: Nancy Joslin

Cashola Held at Shorebreak Restaurant, Shore Drive, Virginia Beach. Every March & August with more to aid sponsored charities

Special Olympics Last held on May 12 - Plaza Middle School - This is an ongoing annual event. We continue to provide wonderful support for it
 Polio Plus Ongoing International Project to Stamp out Polio everywhere in

the world. 12 known cases left! Pints for Polio coming Feb 23, 2019

Clean the Bay Day

30th opportunity was June 2, 2018 - this event has collected 6.5

million pounds of debris in 30 years

District Grant with Grant project with area Rotary Clubs to work with the Soap

Local Rotary Clubs

Chips Project to make portable showers available to the community; the Elizabeth River Project; and Lynnhaven River Now oyster bed restoration

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#### Event Calendar

#### **Date Event**

#### November is Rotary Foundation Month

Nov 3 Food Bank Food Drive, Kroger, Holland Road, Virginia Beach

Moved with no date: Cheryl B. Turpin, VA House of Delegates 85th District,

"Mental Wellness in Hampton Roads"

Nov 7 GB Brewmiester, Gordon Biersch (Beer) Brewing & Tour

Nov 8 Rotary Foundation Banquet Colonial Heritage Club, 6500 Arthur Hills Dr, Williamsburg, VA 23188,

Nov 12 Rotaract Meeting at Gordon Biersch at 7:00 pm

Nov 14 Pat Edwards, RI Convention Toronto De-Brief

Nov 26 Rotaract Meeting at Gordon Biersch at 7:00 pm

#### **Disease Prevention and Treatment Month**

Dec 5 Jim Deppe, Surfrider Foundation - Clean Water Initiatives

Dec 10 Rotaract Meeting at Gordon Biersch at 7:00 pm

Dec 12 Elizabeth (Liz) Panella, Classification Talk

Dec 19 Holiday Party (Date, Location TBA)

Rotary Meets the First Three Wednesdays of the Month at 12:30 pm

Rotaract Meets the Second and Fourth Mondays of the Month at 7:00 pm

Satellite Rotary Club Meets Weekly at 7:00 pm

E-Club Makeup Website for Missed Meetings http://RotaryEClubOne.org/makeups/howtodoamakeup/

## Club Officers

• President	Bert Poole
• Vice President	Bill Evans
• Treasurer	Bill Barrett
• Secretary	Ken Powell
<ul> <li>Past President</li> </ul>	Pat Edwards
Membership	Dave Moore
• Club Service	Pat Edwards, Interim
<ul> <li>Club Friendship Officer</li> </ul>	Liz Pinella
• Public Relations	Ken Brown
Community Service W	Varren Stewart & Bob Gerling
<ul> <li>Vocational Service</li></ul>	Nancy Joslin
• RI Foundation	Pat Edwards
• International Service	John Blair
Sergeant at Arms	. George Kelley & Fred Joslin

## Coming...

December 8, 2018, 8:00 am - Noon

Bicycles: Safety Briefing and Repairs
- Community Service Event -

Boys and Girls Club, Rosemont Unit, 1505 Competitor Court, VA Beach, VA 23453

4 Way Test

## Area Clubs For Make-Up

http://www.capehenryrotaryvb.org/ Cape Henry

Wed 7:30 a.m. Virginia Beach Resort Hotel

http://vbrotary.com/ Virginia Beach

Crowne Plaza Hotel on Bonney Rd. Thu 6:30 p.m.

Virginia Beach Courthouse

Wed 7:30 a.m. Merged with the Cape Henry Club

http://chesapeakerotary.org/ Chesapeake Chesapeake Conference Center Wed 1:00 p.m.

 Churchland http://www.churchlandrotary.org/

American Legion Hall Tues 7:30 a.m.

 Great Bridge http://www.greatbridgerotaryclub.org/ Traditions Restaurant, Chesapeake Golf Club Mon 7:30 a.m.

 Hampton Roads http://www.rotaryhamptonroads.org/

Holiday Inn, Greenwich Rd, Norfolk Fri. 7:30 a.m.

 Norfolk http://rotaryclubofnorfolk.org/ Tue 12:15 p.m. Norfolk Scope Arena Meeting Room

 Norfolk Sunrise https://www.facebook.com/RotaryNorfolkSunrise/

Tue 7:30 a.m. **Town Point Club** 

 Portsmouth http://www.portsmouthvarotary.org/

Holiday Inn - Waterfront Thu 12:30 p.m.

Online Makeups may also be made at

• e-club website: http://rotaryeclubone.org/makeups/howtodoamakeup/

Click on the link above to use this website

## Website / Photos / Program Design



#### Welcome to the Rotary Club of Town Center Virginia Beach



We meet Wednesdays at 12:30 pm Gordon Biersch Brewery & Restaurant 4561 Virginia Beach Boulevard Virginia Beach, VA 23462 United States of America



Venue Map

Club Bulletin

Club Facebook

District Website Rotary International Website

#### Ken Brown

Phone 757.575.9381

E-mail Rotary@DesignsOfChoice.net

 Mail 214 B 55th Street Virginia Beach, VA 23451

Rotary Club of Town Center Website:

http://Clubrunner.ca/towncenter

**Code of Conduct RCOTC Website Location Website Mail to Rotary Rotaract** 

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# The Four Way Test

To Encourage International Understanding and Peace,
And of the Things We Think, Say and Do:

- 1. Is it the Truth?
- 2. Is it Fair to All Concerned?
- 3. Will it Build Goodwill and Better Friendships?
- 4. Will it be Beneficial to All Concerned?

- And . . . It Can be FUN! -

## Today's Speaker: GB Brewmiester

### Gordon Biersch (Beer) Brewing & Tour

#### Gordon Biersch: Sophisticated gourmet food. Authentic German Lagers. Perfectly crafted.

Inspired by the Reinheitsgebot of 1516, the Gordon Biersch experience rests upon the foundations of purity, simplicity and precision.

Our philosophy is most recognizable in our selection of authentic German lagers, each crafted on-site using only malted barley, hops, yeast and pure, filtered water. This same dedication extends to our kitchen, where our chefs create fresh dishes that perfectly balance comfort and excitement.

#### How It All Began

What began over twenty years ago as a dream of bringing together fresh, handcrafted beer and made-from-scratch, world class cuisine - is today a reality at Gordon Biersch Brewery Restaurants from coast to coast and across the Pacific to Hawaii and Taiwan.

This dream of exceptional beer and delicious food became a reality on July 6, 1988 when the first Gordon Biersch opened in Palo Alto, California. Acquired by Big River Brewing Company in 1999, Gordon Biersch currently operates 35 restaurants in the United States, including Honolulu, Hawaii. Additionally, four Gordon Biersch Brewery Restaurants operate in Taiwan.

The Gordon Biersch heritage of superior beer, great food and good times are now being served up fresh daily.

#### How we brew our pure, German lagers

- 1. Weighing and milling of the malt: The kernels are cracked, maintaining coarseness of the husk while pulverizing the flour.
- 2. Holding and transferring: The milled malt is held in the grist hopper for transfer to the mash tun.
- 3. Mashing: Heating the cracked malt with water for programmed times at specified temperatures.
- 4. Lautering: Separating the liquid (sweet wort) from the solid matter.
- 5. Boiling: Boiling the sweet wort with hops.
- 6. Cooling: Cooling the hopped wort.
- 7. Primary Fermentation: The cold, hopped wort is held at 9°C for 7-9 days. The yeast converts the extract into alcohol and carbon dioxide.
- 8. Secondary fermentation: This aging process, also referred to as lagering, occurs at near freezing temperatures over a period of 4-6 weeks. By products of the primary fermentation are gradually broken down. The beer is held under pressure and natural carbonation occurs.
- 9. Filtration: Any yeast remaining in suspension is removed.
- 10. Dispensing: The beer is tapped from serving vessels.

**Gordon Biersch Brewery & Rrestaurant** 

**4561 Virginia Beach Boulevard** Virginia Beach, VA 23462 757.490.2739

https://gordonbiersch.com/locations/virginia-beach/



#### What's on Tap

Brewing meets American craft. We brew with the highest quality local and imported ingredients. Brewed on-site and expertly paired with our fresh to order food

twist. Our on site chef creates FESTBIER unexpectedly good food, crafted to complement the nuanced flavors of our beer

From cocktail parties and full corporate events to wedding rehearsals and family reunions, your local Gordon Biersch can accommodate groups in private rooms or semi-private dining areas

## JOIN THE BREWERS CLUB

#### COVAPILS

Coastal Virginia Style Pilsner brewed with the finest German pilsner malt and noble Saaz hops grown in the Czech Republic. Classic European malt flavor and spicy floral hop

**GOLDEN EXPORT** 

A Gordon Biersch classic. This classic German - Helles style lager is our lightest and most refreshing beer, delicately hopped with a clean crisp finish.

HEFEWEIZEN

**ABV** 5.5% **IBU** 12

A Gordon Biersch classic! A traditional unfiltered Bavarian (Southern German) style wheat beer. Full bodied and the yeast imparts notes of fruit and spice, (banana and clove

STARBOY IPA

**ABV 6.1%** 

Look what you've done. American IPA brewed with classic west coast hops. The perfect beer for The Weekend.

THE BUSINESS IPA

**ABV** 7.3%

Modern IPA perfect for negotiating the big sale and maximizing a profitable fourth quarter. Massive tropical hop aroma and silky smooth finish.

**ABV** 5.9% **IBU** 23

A Gordon Biersch classic! Honey colored lager with slightly sweet toasted maltiness, balanced by the subtle spice of German Hersbrucker hops.

MÄRZEN

A Gordon Biersch classic. This is an original Oktoberfest style lager. It is an extremely smooth, auburn colored Bavarian lager with a mildly sweet Munich Malt finish.

**SCHWARZBIER** 

**ABV 11.6%** 

A Gordon Biersch classic! Dark colored lager brewed with roasted black German malt.

Rich black coffee and chocolate flavors but finishes deceivingly light and crisp.

DEATHKETTLE

**IBU** 30

A beer that SHREDS! Huge Imperial Stout fermented in Knob Creek Bourbon barrels and aged for six months. Decedent dark malt and deep rich toasted flavors from premium ingredients. Pairs well with drop tuning, odd time signatures and blast beats.

**Code of Conduct Location Website RCOTC Website Mail to Rotary** Rotaract



## ROTARIAN CODE OF CONDUCT



## As a Rotarian, I will:

- 1. Act with integrity and high ethical standards in my personal and professional life
- 2. Deal fairly with others and treat them and their occupations with respect
- 3. Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4. Avoid behavior that reflects adversely on Rotary or other Rotarians

**Code of Conduct RCOTC Website Location Website Mail to Rotary Rotaract** 







## **Rotaract Update**

The Rotaract Club meets the first and third Mondays of the month, here at Gordon Biersch at 7:00 pm
-Sam Candelario, Rotaract President

This is a calendar of events and programs that are upcoming in the near future

Please assist us in these active programs as they will be very beneficial to needy members of our community

- Winter Coat Drive is Now Until November 19<sup>th</sup>!
- -This drive is for gently worn winter coats.
- -These may be brought to Rotary meetings / Rotaract meetings / Rotary Satellite meetings
- Remember, Nancy meets at Gordon Biersch with the Rotary Satellite Club every Monday evening, so you always have a place to drop them off

- If you cannot bring them to the meetings I can pick them up from you
  - -Call me (Sam) at 757.354.0171
- Thank you for your donations

## Let's Share the Warmth

# Winter Goat Drive



Donate your unwanted coats & help others



\*scarves \*gloves
\*boots \*coats \*hat

