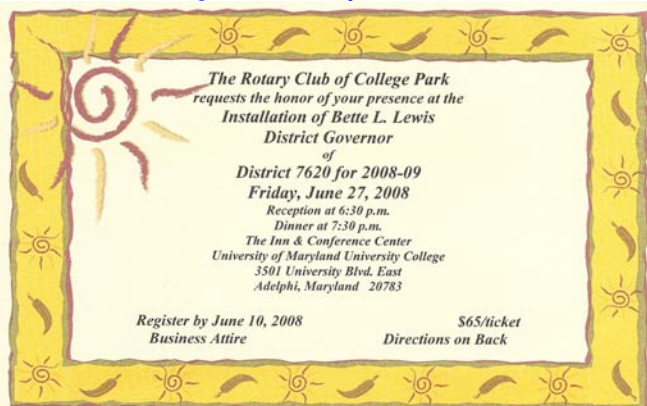


# Potomac-Bethesda Rotary Club News

## Rotary Calendar

- June 5 - 6:30pm Social - Hunters Inn  
Hors doeuvres, wine and cheese
- June 10 - 7pm Manna Food Center  
**Need volunteers for about one hour to pack food boxes at 614 Lofstrand Lane, Rockville**
- June 10 - 6:30pm Charter Night  
Upper Montgomery Rotary Club  
Café Mileto, 18056 Mateny Road,  
Germantown MD 20874  
RSVP to Anila Pahwa 202-288-0854 or  
anilapahwa@comcast.net Cost: \$33
- June 12 - 6:30pm Meeting - Hunters Inn  
Eolia Sibila and Ann Dorough  
"Improve Literacy in our Community."
- June 19 - 6:30pm Meeting - Hunters Inn  
Dr. Peter Rumm "Rotary Involvement in  
Disaster Preparedness"
- June 26 - No Meeting
- June 27 - Governor Bette Lewis Installation  
See Page 2 for complete information



- June 28 - Installation of Officers for 2008-09  
At President Elect Todd Nitkin's Home  
15008 Whitetail, North Potomac
- July 3 - No Meeting
- July 8 - 7pm Manna Food Center
- July 10 - 6:30pm Meeting - Hunters Inn  
Robbi Cohen, Solar Cooker Project in Darfur

## May 22 Meeting Report

Our speaker was lawyer Paul Samakow who has been in practice for 27 years and resides in Avenel. His wife had been the victim of Identity Theft and he now gives seminars to inform the public of the magnitude of the problem now estimated to have a \$50B impact with costs of \$5B to remedy. He urged everyone to check their credit report that is free once a year from three different credit bureaus (e.g. annualcreditreport.com). If there are troubles on the report, you can file a fraud alert and a police report. Even children can be victims since they usually receive a Social Security number at an early age. Paul described five areas of identity theft: financial, medical, criminal/character, social security number and driver's license. More information is available at [www.ftc.gov/idtheft](http://www.ftc.gov/idtheft).



We welcomed back **Klaus Ordermann** from his trip to Peru. **Dick Gordon** reported that former Potomac-Bethesda Rotarian **Myint Lwin** is now out of Burma and is staying in London.



**Noel Howard's** son-in-law is doing well after having a dissection of an aortic aneurism and recovering for ten days at Johns Hopkins. **Scott Janco** gave five happy bucks since his former Rotary Club in Elgin

# Potomac-Bethesda Rotary Club News

Illinois was featured in the newsletter that he had forwarded to Elgin. **Fritz Cineas** is still working in Santo Domingo. **Phil Meade** said that he had car troubles when he returned from his vacation in Denmark. The car wouldn't start and had water damage, and it was estimated that it would cost \$2000 to repair. After it sat for a few more weeks awaiting insurance adjustments, the estimate was boosted to \$12,000. The insurance company finally decided to "total" the car and Phil is receiving \$32,415. President **Don Smith** gave a happy dollar that **Todd Nitkin** is going to be President.



## ***Bette L. Lewis to be Installed as District 7620 Governor for 2008-09***

The Rotary Club of College Park invites all Rotarians and their spouses and guests to attend the Dinner and Installation of **Bette Lewis as District Governor** on **Friday, June 27**. The reception begins at 6:30 p.m. with dinner at 7:30 p.m. All events are being held at the University of Maryland University College Inn and Conference Center in College Park, Maryland.

Tickets are \$65.00 per person. Checks should be made payable to the Rotary Club of College Park. Mail reservations and payment to:

**Anna-Mae Kobbe**  
**4312 Woodberry Street**  
**University Park, Maryland 20782**

Reservations should be postmarked by June

10. For additional information call 301-277-0414 or e-mail [amkobbe@aol.com](mailto:amkobbe@aol.com).

## ***Rotary District Office Relocation***

Later this month, we will be moving the district office to its new location in Millersville, under the care of Denise Patterson, Rotary Club of Glen Burnie, who will be succeeding me as District 7620 Executive Secretary on 1 July. The contact information for the new office, effective 1 July, is as follows:

**Ms Denise Patterson**  
**Executive Secretary**  
**772 N Mesa Rd**  
**Millersville MD 21108**  
**Telephone: 443-274-2349**  
**Fax: 1-866-241-4708 (toll free)**  
**E-mail: [rotary@district7620.org](mailto:rotary@district7620.org)**

We will be terminating service at the Reisterstown location following the close of business on 19 June, and will be using the remainder of the month to move and reinstall the office in Millersville. Please note that no office services will be available from 20 June through 30 June.

I wish to extend my sincerest gratitude to my fellow District 7620 Rotarians for your support over the past ten years, and for giving me the opportunity to serve our District and its members. Your continuing support and encouragement, now directed toward Denise, will be very much appreciated.

Best wishes to all, and may The Lord richly bless you as you provide Service Above Self through Rotary.

*Yours in Rotary Service,*  
*Edward W Underriner*

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# Potomac-Bethesda Rotary Club News

## **Former Scholar Keeps Vaccine Pipeline Running In Pakistan, Afghanistan**

By Dan Nixon RI News - 3 June 2008  
*Former Rotary Foundation Scholar Farrukh Jamal Syed (right) hands a vaccine carrier to Abdul Haiy Khan, chair of the Pakistan PolioPlus Committee. Photo courtesy of Syed.*

Once an Ambassadorial Scholar, Farrukh Jamal Syed today plays a key role in the battle to end polio. His Pakistan-based company manufactures vitally needed vaccine carriers that are being provided through a PolioPlus Partners grant. Substantial funding for the grant came from Dan Holzapfel, of the Rotary Club of Cleveland, Queensland, Australia.

The Pakistan PolioPlus Committee saved around US\$40,000, thanks to the involvement of this former Rotary Foundation Scholar, says committee chair Abdul Haiy Khan of Syed's contribution to the polio eradication effort. Khan adds that other carriers cost at least three times more than the ones produced by Simcon.

Khan had approached Syed with the committee's need for an easily transportable carrier that would keep vaccines safe in temperatures as high as 115 degrees Fahrenheit (46 degrees centigrade). Syed was up to the task: His firm, Simcon International, specializes in industrial product design, development, and manufacturing.

Since 2006, Simcon has produced approximately 100,000 carriers. "It is a nice feeling of satisfaction and great achievement [to work] for humanity and The Rotary Foundation," Syed says. "Work for the Rotary name has great importance in my life."



Syed has maintained ties with Rotary ever since he studied computer-assisted design and manufacturing as a 1989-90 Ambassadorial Scholar in England. He later joined his sponsor Rotary Club of Islamabad (Metropolitan), but was unable to maintain membership in Rotary after moving his company to a remote area. He has since relocated his business to downtown Karachi and says he would like to rejoin the organization that helped launch his career.

"The experience I gained from the scholarship directly helped me in building the concept for Simcon," he says, adding that it also helped shape his worldview. "Generally, people from any part of the world have the same feelings and the same needs. What matters is how quickly we can understand each other by establishing good communication and giving respect."

*Let us know what's happening with you!  
Send your article and photos to  
[Bob.Nelson@NASA.gov](mailto:Bob.Nelson@NASA.gov)  
for inclusion in the newsletter!*

# Potomac-Bethesda Rotary Club News

## ***Making Fitness A Daily Habit***

By Barbara E. Walters RI News - 29 May 2008

*Participants of Fit 2007, a six-month fitness challenge sponsored by District 6360 (Michigan, USA). Photo courtesy of the Rotary Club of Kalamazoo.*

An emergency room nurse, Diane Froelich was on the road to a possible medical emergency herself: By her own description, she was out of shape and overweight. What's more, she was convinced she didn't have time to exercise.

"My [resting] heartbeat was 117, and I got winded just climbing one flight of stairs," says Froelich, 57.

So she signed up for Fit 2007, a six-month fitness challenge sponsored by District 6360 (Michigan, USA) and local community groups and government agencies. The program, aimed at helping participants develop lifelong exercise habits, not only improved Froelich's health but also helped her realize that she wasn't too busy to take regular walks.

"Now my heart rate is in the mid-60s, and I can climb stairs without getting out of breath," Froelich said during a group walk in Kalamazoo in October, cheerfully keeping up a brisk pace despite a steady rain and puddles on the sidewalk. She lost 20 pounds

during the challenge but noted, "I'm more excited about the fact that I'm fit."



Starting in April, Froelich and about 1,800 others in southwest Michigan committed themselves to physical activities such as walking, mowing the lawn, and biking for at least 30 minutes a day, five days a week.

Participants recorded the number of minutes they exercised each day on the

Fit 2007 Web site ([www.fit2007.org](http://www.fit2007.org)), which also featured tips for increasing activity levels and inspirational stories from exercisers. About 1,000 of the people who signed up recorded more than 4.7 million minutes for an estimated 236,500 miles, according to the program's Webmaster, Bob Brown, who divided the minutes by 20 to calculate the approximate mileage. In a survey conducted after the program ended, about a third of the participants reported improved fitness habits, said Brown, a member of the Rotary Club of Kalamazoo.

Past District Governor Karl Sandelin launched the program in 2006 as a 90-day project. During Fit 2007, Sandelin, 79, logged 750 miles as a member of a team at a retirement center that included a 100-year-old participant.

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# Potomac-Bethesda Rotary Club News

## **Historic Moments – Rotary Convention History In Los Angeles**

Rotary International News - 30 May 2008

In 1922, Los Angeles hosted its first Rotary convention and General Secretary Charles R. Perry stood before a group of Rotarians at the RI Convention in Los Angeles and read a message from President Emeritus Paul Harris:

“It is a wonderful thing to have friends, many good, staunch, and loyal friends. They warm the heart and brighten up life’s pathway. . . . Rotary is the door to friendship. Let us throw it open to every people.”

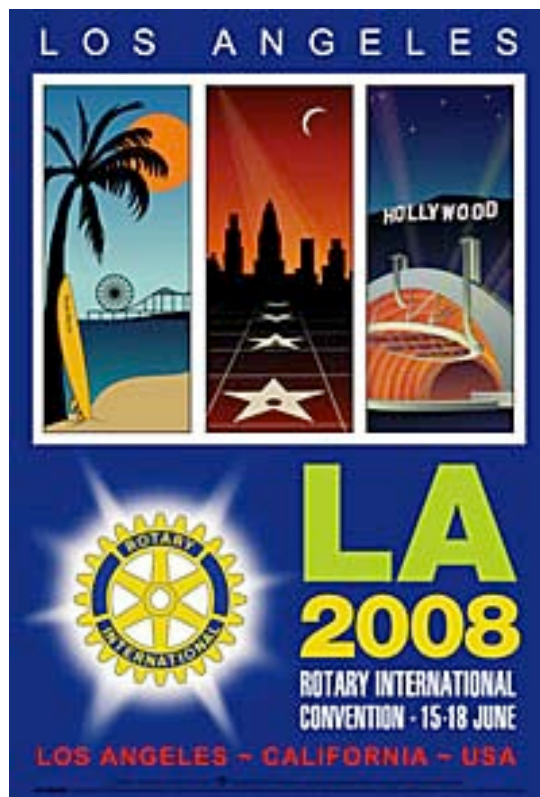
The message was received with prolonged applause.

Approximately 6,000 Rotarians and guests attended the annual gathering that year. They enjoyed a trip to Long Beach Pike and a gathering at the Hollywood Bowl, among other activities.

Along with fellowship, attendees accomplished Rotary business as well, changing the organization’s name from the International Association of Rotary Clubs to its current moniker and unanimously adopting the RI Constitution and Bylaws.

In 1962, Los Angeles hosted more than 22,000 registrants at its second RI Convention. California Governor Edmund G. Brown, the first speaker, recalled the expansion of Rotary in his state since the 1922 convention. “I hope that you continue your great work, not only here in the United States but throughout the world,” Brown concluded.

Though decades have passed between the first L.A. convention and this year’s, how Rotarians feel about fellowship and service hasn't changed. Rotarians share a bond of working together toward a brighter future. From 15 to 18 June, Rotarians are back in L.A. for the 2008 RI Convention.



## **2008 RI Convention Speakers**

**William Asiko *Public and Private Partnerships* Plenary Session 4 • Wednesday, 18 June, 09:15**

William Asiko is Africa Group Director for Public Affairs and Communications and President of the Coca-Cola Africa Foundation at The Coca-Cola Company. He was with The Coca-Cola Company for over 12 years as region counsel for the East & Central Africa Region based in his home country, Kenya. In 2001, Asiko was appointed Africa Group Counsel based in the UK and subsequently in

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South Africa. Asiko holds an LLB (Hons) from the University of Nairobi and an MBA from Emory University's Goizueta Business School in Atlanta, Georgia. He is also admitted to the Kenya Bar.

**Dr. Mouzon Biggs Jr. *Rotary Shares* Closing Plenary Session • Wednesday, 18 June, 15:30 and 19:00**

Dr. Mouzon Biggs Jr. is in his 27th year as senior minister of the 8,000-member Boston Avenue United Methodist Church in Tulsa, Oklahoma, USA. Biggs holds a divinity doctorate from Texas Wesleyan University and a humane letters doctorate from Oklahoma City University. He has received various renowned awards for his work in interfaith and interracial relations. Biggs is a member and past president of the Rotary Club of Tulsa and a Paul Harris Fellow.

**Dr. Margaret Chan *The Rotary Advantage in Polio Eradication* Plenary Session 3 • Tuesday, 17 June, 09:15**

Dr. Margaret Chan, director-general of the World Health Organization, has dedicated her career to preventing the spread of disease and promoting better health. A former WHO assistant director-general for communicable disease, she also served a nine-year term as director of health in Hong Kong, confronting H5N1 avian influenza and effectively managing the SARS outbreak. She is a world leader in fostering health security and implementing improved health practices among disadvantaged and vulnerable groups with little political voice.

**Dr. Julie L. Gerberding *PolioPlus: A Success Story of Public-Private Partnership* Plenary Session 3 • Tuesday, 17 June, 09:15**

Dr. Julie Gerberding became the director of the U.S. Centers for Disease Control and Prevention (CDC) and the administrator of the Agency for Toxic Substances and Disease Registry in 2002. Before joining the CDC, Gerberding was a faculty member at the University of California at San Francisco and directed the Prevention Epicenter, a multidisciplinary research, training, and clinical service program that focused on preventing infections in patients and their health care providers.

The mission of the CDC is "to promote health and quality of life by preventing and controlling disease, injury, and disability." CDC is committed to achieving true improvements in people's lives by accelerating health impact and reducing health disparities.

**Michael Josephson *Ethics: A Core Value* Plenary Session 2 • Monday, 16 June, 09:15**

One of the most respected ethicists in the United States, Michael Josephson developed the nation's most widely used character-education program, CHARACTER COUNTS! He is the founder of the nonprofit Josephson Institute of Ethics, through which he has conducted over 1,000 programs for more than 100,000 leaders across nearly every spectrum of society. His commitment to promoting ethical behavior and his engaging oratory have motivated audiences in the government, law, education, military, sports,

# Potomac-Bethesda Rotary Club News

and nonprofit fields. He's also an award-winning radio commentator, with a daily broadcast on ethics and character that airs on KNX-1070 in Los Angeles.

## **Philip Lader** *Reflections of a Rotary Scholar* Plenary Session 2 • Monday, 16 June, 09:15

Philip Lader, former U.S. ambassador to the Court of St. James's, is chair of WPP Group plc, a worldwide advertising/communications firm; a Charleston, South Carolina, partner in the Nelson, Mullins law firm; and a senior adviser to Morgan Stanley. Lader is also a director of Lloyd's of London, Marathon Oil, RAND and AES Corporations, and the Smithsonian American History Museum. A former Rotary Foundation Ambassadorial Scholar, he was the recipient of Rotary's 2007 Global Alumni Service to Humanity Award.

## **Stephen Lewis** *Health Needs in Africa* Plenary Session 2 • Monday, 16 June, 09:15

Stephen Lewis is the co-director of AIDS-Free World, an advocacy organization that grew out of his conviction that the AIDS pandemic can be defeated with better leadership and more urgent and effective responses from the United Nations, wealthy nations, and the governments of the most affected countries. Lewis was the United Nations special envoy for HIV/AIDS in Africa from 2001 to 2006. His career in the fields of diplomacy, politics, activism, and humanitarian work has included roles as deputy executive director of UNICEF and Canadian ambassador to the United Nations.

## **Dalton McGuinty** *Literacy Today* Plenary Session 4 • Wednesday, 18 June, 09:15

Dalton McGuinty was elected premier of Ontario in 2003 and led his party to a historic second straight majority in 2007. McGuinty has represented the riding of Ottawa South since 1990, taking over the seat from his father, Dalton Sr. He believes that education is not only the ladder to opportunity for young people and the basis of a strong economy, but the means to a compassionate and cohesive society.

## **Ann M. Veneman** *The Global Legacy of PolioPlus* Plenary Session 3 • Tuesday, 17 June, 09:15

Ann M. Veneman is the executive director of UNICEF, a global agency of more than 10,000 staff and annual total resources of about \$3 billion funded entirely by the voluntary contributions of governments, businesses, foundations, and individuals. As the children's agency of the United Nations, UNICEF works on the ground in more than 150 developing and transitional countries to help children survive and thrive. The world's largest provider of vaccines for poor countries, UNICEF works to advance the Millennium Development Goals by supporting child health and nutrition, quality basic education for all boys and girls, access to clean water and sanitation, and the protection of children from violence, exploitation, and AIDS.

Before joining UNICEF, Veneman served as the 27th secretary of the U.S. Department of


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Agriculture. She is an honorary member of the Rotary Club of Modesto, California.

Dr. Tadataka Yamada  
*Investing in a Winner*  
Plenary Session 2 •  
Monday, 16 June, 09:15

As president of the Global Health Program, Dr. Tadataka Yamada leads the Bill & Melinda Gates Foundation's efforts to help develop and deliver low-cost, life-saving health tools for the developing world. He oversees the foundation's global health grant portfolio and Global Health Advocacy.

Before joining the foundation, Yamada served as chairman of research and development at GlaxoSmithKline and was a member of its board of directors. Prior to that, he was chairman of the Department of Internal Medicine at the University of Michigan Medical School and physician-in-chief at the University of Michigan Medical Center. Yamada is a past president of the American Gastroenterological Association and the Association of American Physicians, a



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master of the American College of Physicians, and a member of the Institute of Medicine of the National Academy of Science in the United States and the Academy of Medical Sciences in the United Kingdom.

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