

# Potomac-Bethesda Rotary Club News

## Rotary Club Calendar

October 30 - 6:30pm Meeting—Hunters Inn  
Steve Naron on Biking the Entire C&O Canal  
November 6 - 12:30pm - Dictionary Project at  
Seven Locks Elementary School  
November 6 - 6:30pm Meeting—Hunters Inn  
November 11 - 7pm Manna Food Center  
November 13 - 6:30pm Meeting—Hunters Inn  
Zoltan Feher, JD, Chief Creative Officer  
Press and Media Attaché, Embassy of Hungary  
November 15 - Hunger Summit at BWI Ramada  
Steve Naron speaking on the Manna Food Center  
November 20 - 6:30pm Social—Hunters Inn  
November 21 - 2pm - Dictionary Project at  
Poolesville Elementary School  
November 25 - 2pm - Dictionary Project at  
Bells Mill Elementary School  
November 27 - No meeting  
December 4 - 6:30pm Meeting—Hunters Inn  
December 10 - 6pm Feeding the Homeless  
at Sophia House  
December 11 - 6:30pm Meeting—Hunters Inn  
Hilltop Micro-finance Initiative  
December 18 - 6:30pm Meeting—Hunters Inn  
December 25 - No meeting

## Club Supports Orphanage in India



elephant for **President Todd Nitkin**. **President Todd** presented George with a \$250 check to continue the fine work at St. Teresa and Sirumular Carmel Homes for children in India. The homes provide shelter, education and life to over 200 abandoned, destitute and needy children. A complete report on the homes is on page 3 of the October 16 Potomac-Bethesda Rotary Club News.

### George Mattamal

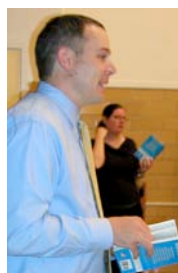
returned from India with a book on the history of the local Rotary Club and a hand carved



## Dictionary Project Report: Class Is In Session



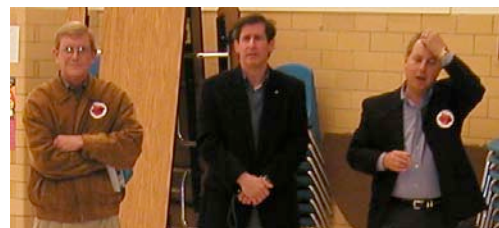
**Alan Grant** instructs third graders on the use of their new dictionaries at Potomac Elementary, the fourth school visited by Rotarians this month. **Steve Naron**



knew first hand that this school was excellent because his three children went to Potomac Elementary. **Bob Nelson** visited the same meeting room many times as it was his voting location. **Jason Hamel** reviewed some of the words in the Four Way Test such as "beneficial". **Tom Leuchtenburg** and

others distributed dictionaries. Sometimes the students stump the Rotarians with words and countries that don't

appear in the dictionary (e.g. "sassafras" and "Taiwan").



Come join the fun at the remaining Dictionary Project events listed in the Rotary Club calendar on November 6, 21 and 25.

## October 23 Speaker: Rotary Ambassadorial Scholar Kanae Tsutsumi from Handa, Japan

Kanae Tsutsumi made a PowerPoint presentation describing her Rotary Club in Japan and her studies at George Washington University in tourism. Her complete two-page report appeared in last week's Potomac-Bethesda Rotary Club News.

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Alan Cookson introduced the club to guest Tim Clarke on October 23. Tim is an attorney specializing in criminal, DUI, divorce, business, wills and estates. Welcome, Tim, to the Potomac-Bethesda Rotary Club!



## Interact Club of The Rotary Club of Potomac

### Sessions:

1. Oct.8 - introduction
2. Oct.22 - prepared speeches
3. Nov.5 - impromptu speaking
4. Nov.19 - speech organization
5. Dec.3 - listening
6. Dec.17 - gestures in speaking
7. Jan.7 - voice & vocabulary
8. Jan.21 - show your skills

## Rotary District 7620 Speaking Programs

By Steve Naron

A couple of months ago we asked what interest existed in Rotary District 7620 clubs for public speaking education for our youth programs. We received a good deal of interest. We even got a significant number of Rotarians asking about these programs for themselves.

Since then we started a fall semester communications program (8 1-hour sessions) for the Wootton HS Interact Club (sponsored by the Potomac Rotary Club) which is going well. I have included the last session's agenda in this note. We are hoping to spread out this effort to some other Rotary youth programs in the spring semester. We also are now prepared to give a short (i.e., 30 minute) program on public speaking training resources available (with support of trained Toastmasters).

If you are interested in scheduling a presentation to your club, or a training program with your Interact or Rotaract club, please contact me.

- Steve Naron (301)346-1505

## Session 2 – Prepared Speeches

**Date:** Wednesday, October 22, 2008 2:30pm-3:30pm

**Goal:** To show value of speech preparation, practice, and evaluation.

**Word of the day:** feedback – a reaction or response to a particular process or activity: *He got very little feedback from his speech*

**Theme:** The value of effective evaluation

- Toastmaster of the Day - Diane DePew
- Establish meeting officers for next session: (TOD, Table Topics Master, General Evaluator, Timer, Grammarian/Ah Counter)
- Appoint evaluators for this session and explain role

Prepared Speeches – “about yourself” 4-6 minutes

Speaker 1 – Arushi Bhalla

Speaker 2 – Maddy Harding

Speaker 3 – Paxton Misra

Speaker 4 – Lois Yeom

Speaker 5 – Diana Mendoza

Speaker 6 – Shawn Bhalla

- General Evaluator - Steve Naron
- Evaluators Reports: Timing, Grammarian/Ah Counter
- Meeting Evaluation
- Preparing for the next session

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## **RI To Be Inducted Into Polio Hall Of Fame**

By Dan Nixon RI News – 27 October 2008  
Dr. Jonas Salk, whose birthday was 28 October, made a lasting impact in the fight against polio. He was successful in developing a vaccine using a mixture of the three types of polio virus, and mass testing began in 1954. Dr. Albert Sabin began testing a live, oral form of vaccine in 1957, which became available for use in 1963.

In 1958, the United States was well on its way to winning the battle against polio. Mass immunization using the Salk vaccine had succeeded in decreasing the number of cases by more than 90 percent from the peak of 58,000 cases in 1952. Field trials of the Sabin oral vaccine had just begun.

The same year, the Polio Hall of Fame was established by the Georgia Department of Labor's Roosevelt Warm Springs Institute for Rehabilitation. Seventeen pioneering heroes in the early battle against polio were inducted into the hall, including former U.S. President Franklin D. Roosevelt and vaccine inventors Jonas Salk and Albert Sabin.

To commemorate its 50th anniversary, the Polio Hall of Fame will induct as members the four spearheading partners of the Global Polio Eradication Initiative: Rotary International, the World Health Organization, the Centers for Disease Control and Prevention, and UNICEF.

The induction ceremony will take place on 14 November at 3:30 p.m. in the institute's quadrangle, featuring special guest speakers Dr. Peter Salk, eldest son of Dr. Jonas Salk, and Missouri Congressman Ike Skelton, a former Warm Springs polio patient.

Representatives of the new inductee organizations and family members of the original inductees will attend the ceremony, and the public is also invited. Rotary Foundation Trustee John Germ, who chairs Rotary's US\$100 Million Challenge Committee, will represent Rotary International.

The inductee organizations will be honored on a large bronze plaque detailing their contributions to ongoing polio eradication efforts, and the contributions of the

original inductees will be highlighted with a matching plaque. Both plaques will be permanently displayed in front of the Polio Hall of Fame's monument outside Founders Hall, which was unveiled by Eleanor Roosevelt in 1958.

*The Polio Hall of Fame monument honors pioneers in the battle to eradicate polio. Photo courtesy of Roosevelt Warm Springs Institute for Rehabilitation.*



Following the ceremony, attendees are invited to a reception at 18:30 and a Franklin D. Roosevelt's Founders Day Dinner at 19:00 in the institute's Georgia Hall. Cost of the reception and dinner is \$175 per person, with proceeds benefiting the Roosevelt Warm Springs Development Fund.

"It promises to be a great day and a great way to recognize what the four global partners are doing," says

Greg Schmiege, executive director of the institute. "The fact that polio was pretty much eradicated in this country 50 years ago doesn't change the fact that it is still an ongoing problem in many parts of the world, and what Rotary and the others have done and continue to do remains a tremendous example that deserves to be honored."

For more information on the institute, go to [www.rooseveltrehab.org](http://www.rooseveltrehab.org). For reservations to attend the dinner, call 706-655-5669 by 3 November.

## **Restoring A Lake Decimated By Flooding**

By Diana Newton RI News – 23 October 2008  
Rotarian J.B. "Ben" Hobbins imagines the day when a fisherman trolling Lake Delton, in southern Wisconsin, USA, will turn to a buddy and say, "Let's try Rotary Reef."

The right to name a reef is one part of the fundraising efforts underway as Hobbins and Dan Small, host of Outdoor Wisconsin and a writer and radio show host, seek support for an ambitious project to restore fisheries to Lake Delton.

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On 9 June, massive downpours caused the lake to burst open, its water draining into the Wisconsin River. Several homes, as well as the fish population, were wiped out.

Noting that Lake Delton is critical to Wisconsin's multibillion-dollar tourism industry, Hobbins says, "I knew I had to do something." Hobbins, who is a member of the Rotary Club of Madison, launched the Lake Delton Fisheries Restoration Project in late August.

"His work on the Lake Delton restoration project is an outstanding example of what one Rotarian's service can mean for the larger community," says Bob Dinndorf, president of the Madison club. "J.B. recognized how he could fill a gap in the project that could not be done by the Department of Natural Resources or other agencies."

The Wisconsin DNR has said it can restock northern pike and walleye, but that it needs help to restock other species. Hobbins and Small established [www.restorelakedeltonfisheries.com](http://www.restorelakedeltonfisheries.com) to rally support and raise funds.

As CEO of Lake Resources Group/IronClad Lures, a fishing tackle and outdoor products manufacturer, Hobbins has connections with outdoor enthusiasts and is optimistic that the broader Rotary community also will appreciate the project's value.

"This project is an opportunity for Rotary to show leadership," Hobbins says. "We can hold Rotary up to the world as a steward."

Hobbins and Small hope to raise \$300,000. Virginia-based FishAmerica Foundation, the conservation and research foundation of the American Sportfishing Association, has already pledged up to \$10,000 a year for three years.

"If all of our [Rotary clubs] did just one small fundraiser—a fish fry, for example—that could really add up," Hobbins says. "Everyone can be a part of the success."

Hobbins learned about service from his grandfather, Delbert Forsberg, the 1963-64 president of the Madison club and a Paul Harris Fellow. Forsberg often

brought home foreign cash and coins for Hobbins from travels he made as a Rotarian.

"I still have those coins in a cigar box," Hobbins says.

"His travels and that pocket change sparked my own interest in living abroad and in the wonder of this planet's cultures and religions."

Hobbins lived for 18 years in Europe, where he was active with the American Chamber of Commerce in France. He only recently moved back to the United States, immediately joining Rotary.

"Rotary goes hand in hand with everything else I do," Hobbins says.

"It's internal to me to help, and our Rotary network is so strong."



*Hobbins (left) and Small at the launch of the Lake Delton Fisheries Restoration*

*Project. Photo courtesy of J.B. Hobbins*

## **Water RYLA Focuses On Conservation In India**

By Ryan Hyland RI News -- 21 October 2008  
Work on several health-related club projects in western India gave Rotarian Bal Inamdar a firsthand view of the plight of villages that lack usable water.

So, aiming to improve health, hygiene, and cash crops for farmers through cleaner water, Inamdar in August convened the first water-themed Rotary Youth Leadership Awards (RYLA) workshop.

"Today's youth needs to be made aware of water-related problems," says Inamdar. "They need to be stimulated to think about solutions. Water RYLA has opened the minds of our future leaders about the importance of clean water and created an opportunity for a hands-on experience."

During Water RYLA, held 22-24 August, 160 participants from District 3140 were divided into four groups to develop water-harvesting projects in villages of Kelva Beach, Palghar, India.

Each year, thousands of young people ages 14 to 30, who are chosen for their potential as leaders, attend an all-expenses-paid RYLA seminar, camp, or workshop to develop leadership skills.

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*The Alaknanda group built a rooftop water-harvesting system (top) for a local school during Water RYLA 22-24 August, in villages of Kelva Beach, Palghar, India. (Bottom) The Ravi group completes a reservoir dam. Photo courtesy of Water RYLA*



RYLAs that focus on a theme or world issue such as safe water, poverty, or global climate change, are becoming more popular according to the RI Programs Division. The benefit of thematic RYLAs is twofold: They tend to appeal to a broader age range than a RYLA that covers basic leadership skills, and their themes encourage participants to focus their ideas of leadership, citizenship, and responsibility.

"This is a qualitative addition to the existing structure of RYLA," says Inambar. "The goal is to have a sustainable impact on communities."

Three weeks before the RYLA workshop, participants were divided into four groups, each named after a river in India—Ravi, Yamuna, Luni, and Alaknanda (R.Y.L.A.). Each group researched and conducted a water project that had to be completed in a single day.

Two groups, Ravi and Luni, created reservoir dams along rivulets. The Yamuna team constructed a contoured embankment to catch rainwater running from the mountains and hills. And the Alaknanda group, made up of 28 hearing-impaired students, built a rooftop water-harvesting system for a local school.

On the last day, the projects were judged by two water scientists from Eureka Forbes, a water purification company based in Mumbai, that also gave the teams free technical support.

Inamdar, a member of the Rotary Club of Mumbai West Coast, Maharashtra, says the training will enable participants to help Rotary clubs in their own communities launch water projects. He estimates that 15 to 20 projects will be developed this year by District 3140 clubs because of Water RYLA.

"Thematic RYLAs are a way forward for many underdeveloped areas," says Inamdar. "Participants

leave RYLA as theme experts and are able to exchange ideas with leaders in their community."

To learn more about organizing a thematic RYLA on one of the presidential emphases, contact your Resource Action Group zone coordinator.

## **Declaration of Rotarians in Businesses and Professions**

As a Rotarian engaged in a business or profession, I am expected to:

1) consider my vocation to be another opportunity to serve;

2) be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;

3) do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;

4) be fair to my employer, employees, associates, competitors, customers, the public, and all those with whom I have a business or professional relationship;

5) recognize the honor and respect due to all occupations which are useful to society;

6) offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;

7) adhere to honesty in my advertising and in all representations to the public concerning my business or profession;

8) neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

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