

Potomac-Bethesda Rotary Club News

Rotary Club Calendar

May 28 – 6:30pm Meeting–Normandie Farm

Albrecht Brodhun



Rotary Ambassadorial Scholar

Albrecht is from Oberlungwitz, Germany, and is studying law at New York University. He attended last month's Potomac-Bethesda Rotary International Night at the Austrian Embassy. We welcome him to our regular Thursday evening meeting. Albrecht's hobbies include hiking, skiing and opera.

May 28– 8pm Board of Directors Meeting

June 4 – 6:30pm Meeting–Normandie Farm

Len Sirota, NASA Headquarters Safety & Assurance

President Obama just appointed Charles Bolden as NASA Administrator. Bolden is the first black man and the second former astronaut to lead NASA. Len will give his long-time perspective on NASA's past, present and future.

June 9 – 7pm Manna Food Center

May 21 Meeting Report

President Todd Nitkin reported that Treasurer **Alan Cookson** was suffering from severe back pain and



would be undergoing surgery next Thursday at Suburban Hospital. We wish Alan a speedy recovery. **Nabil Bedewi** introduced his good friend from childhood, **Amgad Fayad**, who works for MITRE, a private, not-for-profit corporation providing

engineering and technical services to the federal



government. Amgad introduced his topic, "Information Security: What You Should Know at Home," by describing a physical security incident at his sister's home. The alarm system monitoring company called him to notify of a break-in and when he got to the house only a mile away the alarm had been turned off and the police had already arrived. He noted that the alarm company doesn't guarantee that the home won't be broken into, and this is also true of the IT world where there is always a risk of being compromised. Amgad used the acronym **CIAN** in defining security. **CIAN** = Confidentiality, Integrity, Availability and Non-Repudiation. Confidentiality is to protect private documents and papers such as health information. Integrity is similar to someone breaking into your home and replacing your valuables with



fakes. Availability is analogous to someone breaking into your home and moving in. Non-repudiation is similar to proving that you did not authorize cutting a check for criminals. Security is not about prevention, it is about balancing risk with



desired activity. For example, if you want to prevent

attacks on your online bank account, don't bank online. To balance your desire for the convenience of online banking with the risk of being attacked by a hacker, choose a long password. Bank online using your trusted computer, not a public computer. We use computers to process plenty of sensitive and valuable information (e.g. file taxes, pay bills). Most



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users are not aware of what is happening. 50% of computers have backdoors (covert means for a hacker to access your computer) and Trojans (hidden malicious code). 11% of the computers are owned by "botnets," a collection of software robots, or bots, that run autonomously and automatically. 93% of email is SPAM. If your computer is unprotected, the current survival time is under five minutes. This compares to 40 minutes back in 2003. What can you do about these threats? You can install protection software, personal firewalls and use encryption. Educate your family about protections and don't click on email attachments if you don't know the sender. Watch for security announcements and be extra vigilant whether there is an infection outbreak. On the internet, everyone lives in a bad neighborhood. Thanks, Amgad, for a very important and informative presentation.



This 1965 Jaguar parked in front of Normandie Farm is available for \$39,950.

Keep the Stove Project on the Front Burner

For a donation of only \$35 by Potomac-Bethesda Rotary Club members, the club has matching funds available to build a stove in a needy home in Honduras. Rotarian Larry Heilman described the project to the club on May 7 and photos are included in the May 14 newsletter. Thanks so much to the ten Rotarians who are already supporting the project: President Todd Nitkin, President Elect Noel Howard, Caesar Kavadoy, Steve Naron, Phil Meade, Alan Grant, Bob Nelson, Dick Gordon, Alan Cookson and Jerry Gross.

*Please send news articles and photos
to Bob.Nelson@NASA.gov
for inclusion in the newsletter*

Foundation Honors Mittal For US\$1 Million Donation For Polio Eradication

RI News – 20 May 2009

Usha and Lakshmi Mittal (center) were inducted into the Arch C. Klumph Society during a reception at the House of Lords in London. Also present were Rotary



Foundation Trustee Chair Jonathan B. Majiyagbe (left) and Rajashree Birla, a friend of the Mittals. Photo by Raymond Thatcher

The Rotary Foundation has honored Usha Mittal for her US\$1 million contribution to Rotary's polio eradication efforts.

In a reception at the House of Lords in London, Foundation Trustee Chair Jonathan B. Majiyagbe presided as Usha and Lakshmi Mittal were inducted into the Arch C. Klumph Society, which honors people who give at least \$250,000 to the Foundation.

"It seems fitting," remarked Majiyagbe, "to convene in the House of Lords, the seat of such a proud tradition of leadership, to recognize the future unfolding before us – a future where our world is polio-free, a future where peace is possible."

Mittal and her husband, Lakshmi, chairman and CEO of ArcelorMittal, the world's largest steelmaker, are originally from India but now live in London, where the company is based. Those attending the reception included Rajashree Birla, another major supporter of Rotary's polio eradication efforts.

In May 2008, Birla arranged a meeting with Mittal to discuss polio eradication. Mittal responded with a \$1 million contribution to the Foundation in support of Rotary's US\$200 Million Challenge. Rotary has committed to raising \$200 million over the next three years in response to \$355 million in grants from the Bill and Melinda Gates Foundation for polio eradication.

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"Polio is a devastating disease which still continues to cripple children in some vast populated areas of the world – namely India, Pakistan, Afghanistan, and Nigeria, the four remaining countries where the virus is still endemic," said Mittal. "It is a disease for which there is no cure, yet a child can be protected for life with oral vaccine drops."

"I hope that my contribution to The Rotary Foundation will help their tremendous challenge to end polio worldwide, and that one day we will be able to live in a world where lives are no longer ruined by this terrible disease," she said.

Majiyagbe said the gifts from Birla and Mittal reflect the strong support the polio eradication initiative has received over the years from Indian Rotary clubs and from the country's government, general public, and private citizens.

"I am privileged to be able to recognize Mrs. Mittal for her outstanding contribution to global polio eradication," said Majiyagbe. "Through her dedication, we are one step closer to a polio-free world."

How Will You Raise Awareness And Money For Polioplus In Your Community?

RI News – 5 May 2009

Welcome to Rotary International's problem-solving forum. Each month, Rotarians are asked for their ideas and strategies to address challenges they deal with every day.

Problem: Increasing contributions to PolioPlus

Your club has set a fundraising goal for PolioPlus in support of Rotary's US\$200 Million Challenge. You would like to involve the community in this fundraising effort. How will you raise awareness and money for PolioPlus in your community?

Ten Comments from Rotarians Around the World:

Terry Ziegler wrote: A Rotarian in our District 5890 owns an iron lung which we will be displaying in our community July 4 parade and picnic. Our club

members will collect donations from the public for Polio Plus on the parade route and at the picnic.

Susy Sanders wrote: Our club President has been hand-carving walking sticks with symbols of children being able to walk and asking for a donation of a minimum of \$20 each. They are worth far more and are collecting far more. He brings in a new one each week.

Tracy Carroll wrote: My daughter's Interact Club had a unique way to earn funds through Pennies for Polio. They brought in a Polio survivor to speak at an assembly to the high school, then set up four large containers for the 4 grades. As a competition among the classes with the reward of a day out of uniform, each grade brought in as many pennies as they could find to fill their class container. Yet members of the

other classes could sabotage their efforts by placing silver coins into the containers of those in the lead, a dime negating ten pennies from the count. The Interact Club of St. Edwards School succeeded in earning over \$300 in a week for Polio Plus!

Mir Mohammad Qazi wrote: We do buy many medicines and give them to the poor, suffering ones without any cost. I advise you to open several camps for the treatment of several diseases. RID.3270

Rtn Paul Agbroko, D9140 Nigeria wrote: Polio Plus awareness has improved very remarkably in Nigeria at the moment and this can only help if there is a well planned fund raising drive. A fund raising dinner where prominent members of the community and friends of the club are invited can easily raise \$10,000 minimum

Dr. Manju Gupta wrote: I am a Professor in a college. I found it more useful to involve youths financially and physically to make them realize that the young force can get victory over Polio. Youths are more committed (sometimes) if given the responsibility. I personally use NCC cadets, NSS students and my teacher training college students to aware the community by organizing rallies, road shows, street plays. Dr. Manju Gupta



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PDG William Crawford wrote: I am often invited to speak at Rotary clubs in this district. At each and every club, I talk about PolioPlus, no matter what my invited subject may be. At every club, I lay a \$10 bill out as I speak and I challenge every Rotarian present to match it. I actually have raised as much as \$340 at one club. I think it really boils down to a willingness to ask.

Rachel Kozlowski wrote: Our club is going to have a pennies for polio pancake breakfast at our upcoming Strawberry Festival. Then later in the day we are going to have Rotary and Interact volunteers collecting loose change from the watching crowd as our Rotary float goes down the street.

Marie Peasley wrote: I have been a triathlete and a member of the Marquette West Rotary Club in Marquette, MI for the past three years. As the incoming president of my club, I have decided to dedicate my entire 2009 racing season to raise money and awareness for the Polio Plus campaign. I'm competing in 21 different races in 3 different states (Wisconsin, Michigan and Minnesota), a combination of triathlons, decathlons, runs and bike races, between early May and mid-October. My club has supported me with donations and race clothes with the Polio Plus logo. My club's fundraising goal for the 09/10 year is \$5800. My goal is to match that. The local media has picked up my story. I am also working other clubs in my district in the cities where I am racing to help promote my cause. I started campaigning in April, and to date, have raised over \$600. I have set up a website to raise money, with a blog documenting my race experiences. <http://www.raceforpolio.com>

Dan Herbert wrote: Our club is running a program that involves selling End Polio Now - car magnets to Rotarians. When displayed on Rotarian's vehicles, the magnets not only raise money for Polio Plus, but they also help raise awareness in the community. Rotary clubs have been quick to get on board by placing orders and then selling them to their members. We are now working on our second batch of 5000 magnets. Our goal is to raise \$10,000 for Polio Plus. www.washagorotary.ca

You may post your own comment at Rotary's website, www.Rotary.org.

Leaving Their Mark

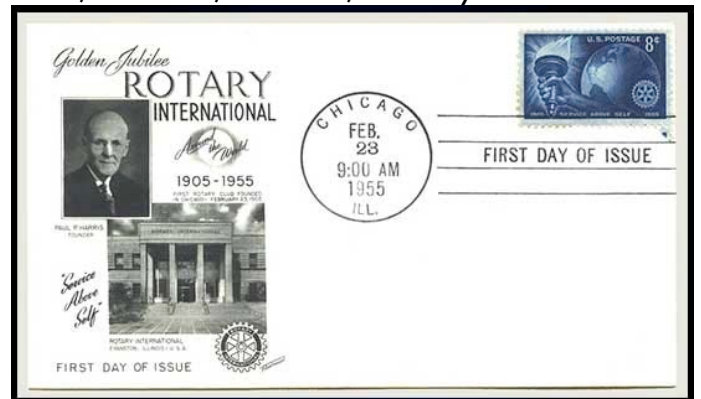
By Susan Hanf RI News – 21 March 2009

For more than 75 years, countries around the world have honored the work of Rotary with commemorative stamps. The first appeared in 1931, when Austria created an overprint – a later printing over an officially issued stamp – in honor of the RI Convention in Vienna.



Commemorative stamp issued by Cuba for the 1940 RI Convention in Havana. In 1955, Cuba issued two stamps for Rotary's 50th anniversary.

Other RI conventions have been commemorated with stamps, including those held in 1940, in Havana, Cuba; 1961 and 1978, in Tokyo; 1981, in São Paulo, Brazil; and 1987, in Munich, Germany.



Postcard featuring the U.S. commemorative stamp for Rotary's 50th anniversary – the only Rotary stamp ever issued by the United States.

For Rotary's 50th anniversary in 1955, 27 nations issued commemorative stamps. Many featured familiar Rotary imagery such as the gearwheel, which a Greek stamp incorporated along with the number 50. Images

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of Paul Harris and common scenes from the issuing country also were popular.



Stamp issued by Niger for Rotary's 65th anniversary in 1970.

Rotary's 75th anniversary was honored with commemorative stamps from Benin, Cyprus, Djibouti, Dominica, Ghana, Iran, and others. The postal service of the Netherlands Antilles issued several postcards and stamps as well as a postage cancellation stamp in the shape of the Rotary emblem. The Maldives issued a series of stamps based on Health, Hunger and Humanity Grants.



One year after Rotary's 75th anniversary, Belize issued a set of seven commemorative stamps and two souvenirs. The stamp here features symbols of The Rotary Foundation's Health, Hunger and Humanity Grants program.

In 2005, Rotary's centennial inspired stamps from nations including France, Ghana, Peru, and Togo.



Colombian stamp commemorating Rotary's 100th anniversary in 2005.

Stamps have also marked the anniversary of Rotary in individual countries and depicted projects and humanitarian activities. A 1960 Bolivian stamp bears the Rotary emblem and commemorates a children's hospital sponsored by the Rotary Club of La Paz. A 1976 stamp honors 40 years of Rotary in Fiji by highlighting a cub project that raised money to purchase an ambulance.

Many Rotarians collect commemorative Rotary stamps. Since 1955, a group now known as the International Fellowship of Rotary on Stamps has collected and researched Rotary-related philatelic material.

Rotary Rose Blooms in Bob Nelson's Garden

The Rotary Rose received in 1990 from then Governor Richard Angus is still thriving in the Nelsons' garden. The photo taken this week shows that the wet spring is very helpful in producing multiple blooms. The red Rotary Rose is so perfect that when Bob brought one to an earlier club meeting, some thought it had to be artificial.

